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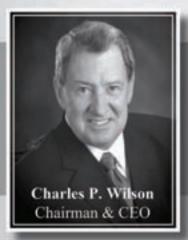
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Bank Chairman /CEO Charles P. Wilson said that he is pleased that Chad has assumed the responsibilities of the position and looks forward to the coming years. "Chad has the heart of a teacher and works with a unique perspective on helping others be good stewards of their resources." Wilson has no plans to retire at this time and plans to continue to serve as CEO of McKenzie Banking Company/Foundation Bank.

FOUNDATION BANK











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Editor's Note



By all these lovely tokens
September days are here,
With summer's best of weather
And autumn's best of cheer.
--Helen Hunt Jackson, September, 1830-1885

It's true. Fall really does sport the best summer weather. It's what we all wish June, July and August could be: hot without the humidity. Throw in an ample supply of amazing light, crisp breezes, and leafy trees with splashes of color. I say, "Bring it on, and bring on PARIS! in Autumn with articles galore."

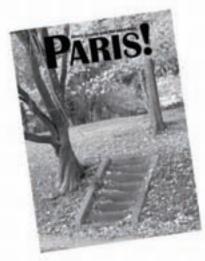
This issue boasts pages of new information, like the article on GreenFest 2010, a video competition, or the Q and A with the recently hired director of schools for

the Henry County School System. This issue's Spotlight is shining on Lauren Stamps, the first woman in the U.S. to receive a fishing scholarship. PARIS! Cuisine is focused on fall's bountiful harvest, and Reminiscence pays a visit to Glover Springs, home of delicious water and fond memories.

If you're already gearing up for Halloween, there's plenty of information on Downtown's upcoming Spooktacular and for lovers of youngsters and football, there's a great feature on Upward Bound Flag Football. Even our Calendar of Events is inspiring with dozens of activities including Eye Full of Paris Weekend, Octoberfest and Refuge Discover Series events.

We offer several healthy ideas in this issue, some gardening tips and a few

On the Cover



With an amazing twisted tree and steps to a house that used to be, this lot on the corner of Dunlap and Flower Lane caught the eye of PARIS! Publisher Susan Jones on a crisp autumn day.

fun, yet inexpensive ways to "shoot away" an afternoon. Finally, who knew that six restaurants had opened here in as many months? PARIS! knew, and now our readers can get the skinny on who's serving what.

Whether you're dining, hiking, watching football or just trying to finish reading this issue of PARIS!, come on out and enjoy autumn in Tennessee.... With summer's best of weather, And autumn's best of cheer.

Swan goner

PARIS!

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A Culinary Boom Town

By Drew Wheatley

In a culinary boom, our community saw six new eateries open in the first six months of 2010, and what a diverse six they were. PARIS! magazine has gathered some tasty dining info, so hold onto your napkins, here we go!



Windfall Trading Post is one of the two new restaurants downtown, and it is down-home delicious. Featuring country food as good as Grandma's, Windfall is a favorite among lovers of the classic meat-and-three. The plate lunch never disappoints with favorites like country fried steak and gravy, sweet potatoes, field peas, corn, fried apples and cornbread. All-you-can-eat ribs night is Thursday; catfish is frying on Friday and Saturday. What's owner Ed Markin's favorite dish on the menu? "The fried bologna sandwich with mustard and tomato," he said. "We never outgrow our roots, and it's nice to have something familiar." Formerly Lewis and Williams Grocery, Windfall also offers an eclectic collection of antiques for sale. See the Eateries section on page 10 for more info.

Meo Mio's is a New Orleans/Cajun restaurant with Mardi Gras flair and French Quarter charm. Located beside Fishtale Lodge near Kentucky Lake, Meo Mio's is quickly becoming a destination in its own right. The Cajun-style cuisine is described by Chef Davin Roberts as "not hot, but with a little kick." Their Bayou Buckets, flavorful seafood served in galvanized buckets are popular, as is their other authentic New Orleans fare which includes muffulettas and po' boys. There's even an opportu-

nity to dine al fresco on Meo Mio's screened patio, a real treat with cooler weather on the way. The Voodoo Lounge, a bar area separate from the dining room offers beer. wine, and spirits. See the Eateries section on page 10 for contact information.



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Lalo's Mexican Bar and Grill, a splash of color on East Wood Street, is an authentic south-of-the-border restaurant with excellent service and delicious food. Owners Rey and Helena Garcia opened their restaurant with a ribbon-cutting followed by a complimentary lunch that received rave reviews. What's the Garcias' favorite dish at their restaurant? They love the enchilada suizas, but said their customers' favorite selections are failtas and Lalo's signature dip. The restaurant has a wide selection of authentic Mexican cuisine, as well as a bar for beers and top shelf spirits. If the parking lot is any indication, Lalo's has been well-received in Henry County. There's more information in the Eateries section on page 10.

Pi Pizzα, another downtown eatery, is a fun establishment that welcomes youngsters and the young at heart with crayons and paper

tablecloths for colorful artwork. Head cook and owner Ben Monck creates a variety of pizzas, flinging dough into the air as a Hot Chick, a Sweet Chick, a Meat Head or a more traditional pepperoni pizza begins to take shape. Monck said he has abandoned the classic Chicago vs. New York-style pizza argument, striving instead "to make a Tennessee-style pizza tailored to local taste." Along with a superthin pie served as chips with pesto, there is the potato skin-inspired appetizer pizza. Monck welcomes special requests from his customers and stays in contact mainly through his Facebook page, PiPizzaKitchen. Check out their information on the Eateries section on page 10.





inside Paris Winery opened in the spring and is our community's second Italian eatery. Open only on Saturdays and for pre-arranged groups, this fare is created by Roger Ciarrocchi, a first-generation American. Serving traditional Italian meats, cheeses and pastas with bold spices and unique salads, the only thing that can match the food is the service. Roger's wife Lisa thinks of every customer as family and "can't stand an empty glass or a plate without food brimming over." Several tourists who recently dined at Ruggero's were especially enamored of the cheesecake drizzled in blackberry wine. The kitchen also prepares food for weddings, parties and murder mysteries hosted at the winery. Pairing luscious food with local wine is part of the bistro's appeal; Lisa, Roger

and daughter Diana can advise which dish is best with Tower

Red or Vino Rosso. There's more

information on page 10, the

NYC Dogs - With the variety of eateries in Henry County, one is most unique: Brian Shaw has opened a New York-style hot dog

stand on the courthouse lawn. Shaw serves different "breeds of dog." The Dalmatian - a "spicy but not hot, sweet but not too sweet, tangy hot dog covered in a special sauce" - is a Paris favorite. Shaw also "grooms" his dogs with a variety of condiments. Shaw's hot dogs and sausage dogs are available with chips and drinks. This outdoor entrepreneur keeps customers engaged with his entertaining patter, keeps tourists informed with Downtown Paris brochures and keeps everyone in his path well-fed.



Normally written by Chamber Director Jennifer Wheatley, this issue's Around Our Town was written by PARIS! magazine's talented summer intern, Drew Wheatley. In classic chip-off-the-old-block fashion, Jennifer and Drew are mother and son.



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Eateries page.

Eateries, Etc.

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Ann & Dave's 2613 East Wood Street 731-641-1334

B&D's* 125 Cypress Road, Buchanan 731-232-8300

Beck's Oyster Bar* 5960 Hwy. 79 North 731-644-9720

Carmack's Fish Barn 2165 Hwy. 140 N, Cottage Grove 731-782-3518

Paris Donut 1015 Mineral Wells Avenue 731-407-7300

Eaker's Cafe 1880 Hwy. 69 South 731-642-9236

El Vallarta* 1055 Mineral Wells Avenue 731-642-3626

El Vaquero* 600 Spruce Street 731-641-0404

4-Way Grill 6121 E. Antioch Road, Springville 731-641-0100

Fresh Market*
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731-644-1900

Golden Dragon 602 North Market Street 731-644-3288 There's no shortage of delicious food in our area. Please peruse our restaurant guide and drop in for a meal.

Great Wall Buffet 1055 Mineral Wells Avenue 731-642-7778

Henry Station Cafe 9 Main Street, Henry 731-243-3630

Hoofman's BBQ Hwy. 79 South 731-642-9941

Hong Kong 1021 Mineral Wells Avenue 731-644-1810

Huddle House 1502 East Wood Street 731-644-1515

Hungry Wolf 1401 E. Wood Street 731-642-3766

Lalo's Mexican Restaurant 1123 East Wood Street 731-642-0894

Lepanto Steak House 1305 East Wood Street 731-641-1791

Matt's Pub* 11180 Hwy. 79 North 731-642-6085

Meo Mio's* 130 Tate Drive, Buchanan 731-407-4926

Mr. Garfield's 6425 E. Antioch Road, Buchanan 731-644-7519 NeNe's Doughnuts 1321 East Wood Street 731-644-1919

Oak Tree Grill 785 Buchanan Resort Road, Springville 731-642-2828 (seasonal)

The Olive Pit 905 Mineral Wells Avenue 731-642-5030

Paris Deli 204 Dunlap Street 731-641-6577

Paris Landing State Park Inn 400 Lodge Road 731-642-4311

Pi Pizza 105 S. Brewer Street 731-924-2384

Pizza Hut* 915 Mineral Wells Avenue 731-642-1308

Paulette's 200 South Market Street 731-644-3777

Tom's Pizza/Steakhouse 2501 East Wood Street 731-642-8842

Trolinger's BBQ 2305 East Wood Street 731-642-8667

Windfall Trading Post 220 N. Poplar, Downtown Paris 731-407-4861

* Beer and/or other alcohol available.



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"Caring Today for a Greener Tomorrow"

Arts & Entertainment

A Photo Safari...

...in your own backyard

By Mike Wilson



Want to do something fun, feel a little artistic, entertain yourself and create some long-lasting memories? Want to accomplish these goals without great expense? The increasing popularity of digital cameras and mobile phones featuring digital camera technology makes this a snap.

One enjoyable activity on a next-to-nothing budget is what I call a backyard photo safari, which simply means creating wonderful memories from landscapes, objects and everyday items from the backyard or your community. The safari can also be a family event with a picnic lunch. Take the kids to a park or hike a trail through the woods and go discovering as a family.

The subject matter doesn't have to be out of the ordinary to make a stunning or memorable photo. In fact, the ordinary is sometimes more fascinating than the unique. A well-framed shot can transform the mundane into a memory.

I usually enjoy photographing objects and nature more than people. The great thing about an object or landscape is that it can't talk, blink or have "red eye."

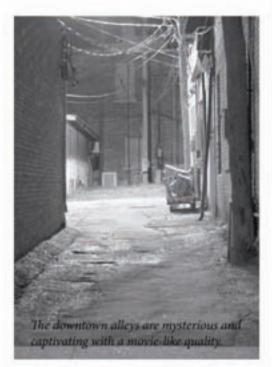
Driving recently, looking for something to shoot, a yard sale caught my eye. While checking out the bargains, I noticed a clothesline. Something about it was pleasant and nostalgic. The shots from that morning have become some of my favorite photos of the summer.

Later that day the larger-than-life flag at 'Trolinger's captured my attention; it looked amazing waving in the breeze against a brilliant blue sky. The wind was gentle but sufficient to keep the stars and stripes rolling just enough to create a constant wave of red, white and blue that culminated in several inspiring frames.

The afternoon sun soon faded



from good light to no light, but the photo shoot continued with an interesting mix of the courthouse and retail business district. What caught my eye was the mystery of the downtown alleys and their captivating, movie-like quality. Some of the alleys were cluttered; many had multiple utility lines running here and there, but most offered a sense of intrigue. To keep the police from questioning my motives, I passed on the tripod and chose instead to shoot from the vehicle.





The long, narrow shots seemed to capture the essence of what an alley represents. I had never stopped to notice what "lives" in our alleys. Fire escapes, dumpsters, recycling bins, signage and power lines compose these normally ignored passages. All that was missing was a black cat, which was okay with me. The elements blended well to create photo keepsakes.

Most folks are not professional photographers. Like me, they probably think of themselves as simply



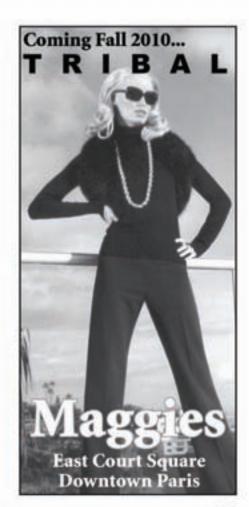


casual photographers. Whatever the moniker, most anyone can find a subject of interest and snap a shot that can tell a story and create a digital souvenir.

So grab a camera or even a cell phone, and don't go anywhere on purpose. Instead, just allow yourself to go wherever you might go on a regular day but step back and take a different look. That's when the mundane is transformed into a keepsake.



After a long tenure as the Department Editor of Arts and Entertainment, Arthur Lodge has passed the torch to Mike Wilson, whose sense of fun and frolic will serve this space well. Thank you, thank you, Arthur. Your articles on the Henry County art and entertainment scene will be sorely missed.



Driving Divas

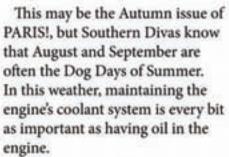


Beasy Ways to Stay Cool

during the

Dog Days

By Dan Townsend



When cooling system maintenance is overlooked, you can bet it will rear its ugly head at the worst time, probably at 5 p.m. on Mineral Wells Avenue when the thermometer reads 96 degrees. Here's the worst part of that scenario: when a car begins to overheat, the air conditioner must be turned off, the windows rolled down and the heater turned on high to cool the engine.

A lot of cooling system problems start off as small leaks. Be proactive and get in the habit of checking the ground beneath the car as you approach it. Teach your little divas and other family members to do this, too. Remember, the air conditioner will leave clear water on the ground, but the cooling system will leave a greenish yellow puddle. This not only signifies impending trouble, but it also is poisonous to pets.

Make certain to have the coolant level and condition checked when having your car serviced. While this should be routine, it could accidentally get overlooked. As always, ask that other fluids, belts and hoses are checked, too.

Last but certainly not least, your owner's manual will recommend a coolant flush periodically. This may seem like an unnecessary expense, but like so many routine maintenance items, it is actually the lack of regular flushing that leads to unnecessary expenditures.

As reliable and durable as cars are these days, when it comes to catching a problem early there's no substitute for paying attention. So remember, in the interest of being cool, a smart Driving Diva is attentive to her car's cooling system by:

- checking the ground around the car before she takes off;
- having her technician check the coolant each time the car is serviced:
- having the cooling system flushed at suggested intervals.



Dan Townsend is a Henry Countian who teaches Automotive Technology at the Tennessee Technology Center's McKenzie campus. Email him at dan.townsend@ ttcmckenzie.edu

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Faces & Places



▲ Cassie Clayton was a mini-Minnie Pearl and the winner of the Best Small Float at the Puryear Day Parade.

> Amanda Jones frightens both the audience and the puppies during her performance as Cruella DeVil in the Children's Theater production of "101 Dalmatians" at the Krider.

(L-R) Former
City Manager
George Moore
stopped in to
offer retiring
Paris Police
Chief Tommy
Cooper a few
tips during
the chief's
retirement
party at City
Hall.





▲ A dedicated group of youth bowlers take a break from washing cars and selling rib-eye sandwiches in front of Carter Lanes. They were fundraising for a trip to a prestigious tournament in Indianapolis.



▲Oma Bass (left) and Donna Winders (right) were on hand to help Director of Adult Education Sue Quinn (center) welcome guests to the Central Community Building when their department hosted a monthly Chamber Coffee.



Bob Leonard puts his name on the dotted line during the R.E.A.L. Hope volunteers' reception at the center's new home, Central Community Building. For information call 731-333-1320.





▲(L-R) Missy Moody flashes a smile as daughter Madison Moody accepts a \$2,000 scholarship from Henry County Medical Center Volunteer Auxiliary Scholarship Committee members Jacque Veazey and Carnell Browning. (Submitted by HCMC)

Festival.



Zachary Ayers accepts a \$2000 scholarship from Marjorie Blackwood of the Henry County Medical Center Volunteer Auxiliary Scholarship Committee. His parents, Steve Ayers and Andrea Tucker enjoy a proud moment. (Submitted by HCMC)▶

WORLD

Carol Olive, Restaurant Manager at Paris Landing State Park and General Manager Gary McEntire have a little fun while catering the Collegiate Bass Fishing Open tournament at Kentucky Lake. ▼

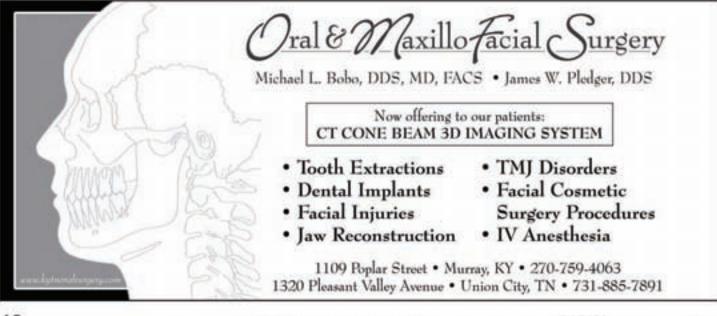
> ▲ Justin Brown offers his patrons a little help picking out homegrown tomatoes and squash during the Farmers Market. The market continues at the Fairgrounds each Tuesday morning and Friday afternoon through September.



■Joe and Shirley Casey along with two dozen other canoeing and kayaking enthusiasts enjoy a Refuge Discovery Series event at Duck River Bottoms, For information on other events call 731-642-2091 ext. 302.











Photos by Laura Dougherty

A Field, a Flag and a Group of Caring Adults

To enjoy the sport of football, some folks require a skybox at the Titans' stadium in Nashville. But for a growing number of Henry County youngsters, their only requirements are a field, a flag and a group of caring grownups.

Upward Flag Football kicked off last fall under the direction of Mickey Lovett and primary sponsor First Baptist Church. "The response from the community was excellent for a first-year youth sports league," said Lovett. "More than 100 workers from several churches in our Paris-Henry County community invested hours of prayer, planning, coaching, and teaching," he said. Two hundred players and cheerleaders met weekly for twelve weeks to learn and practice sports techniques.

"Volunteers and participants from 26 community churches participated in the league last year," said Lovett. "It was truly a community-wide effort and a great way for participants and spectators to spend time with family and friends." The familyfriendly schedule keeps practices to a minimum:



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Upward Flag Football is under the umbrella of Upward Sports, a national organization based in Greenville, SC. A Christian sports program, Upward leagues are designed with an emphasis on the child, not the game score. Hence Upward games include a fixed schedule that rotates everyone in and out of the game ensuring that every child plays, including a sprinkling of girls who enjoyed last year's season. "The competitive emphasis is on skill development and not on 'win at all costs," said Lovett.

Coaches teach sports plus
Bible lessons about Jesus Christ
at each practice. The goal of Upward Sports is twofold: excellence
in sports and excellence in the
knowledge of Christ. This is an
instructional league, K through
5th grade (as of fall 2010) designed
for all knowledge and skill levels in
both sports and Christ.

"Our workers are mostly from our primary sponsor, but other volunteers from the community, both men and women, are encouraged and welcomed," said Lovett. All coaches work in teams of two or more and go through background checks. "It really is more than a game," he said. "Without exception, every worker from 2009









expressed gratitude and joy at being part of Upward."

Most teams practice on either Tuesday or Thursday after school at Memorial Park. The games take place there as well on Saturday mornings from 8 a.m. until noon with three divisions: K-1st grade, 2nd-3rd grade, 4th-5th grade. Cheerleader teams have a wider age range and cheer for various different football teams each Saturday. While the cost per player or cheerleader is minimal, scholarships are available.

Spectators are encouraged to grab a chair, come to the park and enjoy Upward Flag Football from the sidelines. Lovett described it as "fun, fast, and exciting." Teams begin practice in mid-August with the first game day on September Everyone takes a breather during fall break, October 23, and finishes the season at an Upward Celebration on October 30.

Lovett cited Tony Lawrence and the City of Paris Parks Department for "their great cooperation with Upward in maintaining fields, facilities, and schedules. Jason McCord and his city crew do an outstanding job of setting up the fields," he said.

The work of the program's many supporters appears to be paying off, "Overwhelmingly kind" is how Lovett described the written, end-of-season feedback from parents and friends of participants. "The surveys were informative and inspirational to read," he said.

For more information, call Lovett at 731-336-8558, email him at mickey_lovett@hotmail.com or call First Baptist Church of Paris at 731-642-5074.



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Lauren Stamps

By Shannon McFarlin

Lauren Stamps has fished since she was "old enough to hold a fishing pole," one-and-a half to be exact, yet she is amazed to find herself as the first woman in the United States to receive a college scholarship for bass fishing.

"It's something I've loved all my life," said Stamps. "It's my get-away, my passion, but I never imagined I'd be able to go to school because

Stamps is attending Bethel University this fall and is achieving an automatic berth on its bass fishing team thanks to a \$4000 scholarship. She also will be one of just a handful of females to compete in the mostly-male collegiate fishing circuit.

Does that faze her? "Not really; the guys have accepted me. We've spent a lot of time fishing together, practicing for the team. We've all gotten along really well."

Stamps and Bethel University are at the forefront of a burgeoning movement in the United States which spotlights the growth of college bass fishing tournaments. Realizing that a strong bass team would be a good tool for recruiting, Bethel officials first recognized it as a sport and then began offering \$1,000-\$4,000 scholarships.

For Stamps it was a dream come true. She attended Jackson State last year, but had her eye on Bethel. "I always wanted to go to Bethel, but I couldn't afford it. This way I can."

The lady angler picked up fishing skills early from her parents. "I can remember fishing when I was two, but Mom said my first time fishing was when I was one-and-a-half. She said she had to help me, but that I reeled it in by myself."

Fishing "always came naturally to me. I've always liked being outside. It was like a game to me," she said. "I didn't really like dolls; I loved the water and I loved nature. It was a natural thing for me to do."

She said that she and her dad, Randy Stamps, have spent a lot of time fishing. Kentucky Lake and creek fishing have been their spots of choice, especially a creek by Dover. "That's our secret spot. We've been going there since I was a little girl. When I was a girl I loved going for catfish, but now we're into bass fishing."

For someone who loves to fish, it might be surprising that Stamps doesn't really like to eat fish that much. "I catch and release. I always kiss my fish before I let them go. I believe it makes them bigger next year," she said. "I don't really eat fish. I just like to catch them."

Stamps and her dad have mostly fished with live bait. "Crickets, worms, minnows," she said. "I never really used artificial lures until I was out practicing with the Bethel team. I've learned a lot from those guys"

The Bethel team received national publicity when a New York Times article was published about them in June 2010. The reporter went



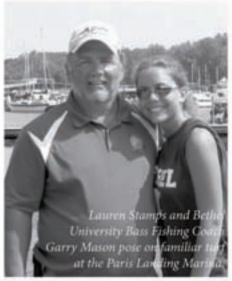
fishing all day with Stamps, Bethel Coach Garry Mason and members of the team in early May.

Reporter James Card spent a full five hours with the group. "He was a pretty cool guy and he knew how to fish. He hung in there with us. I didn't know he was from the New York Times until afterwards. That was good, because it probably would have made me nervous."

Stamps graduated in 2009 from Christian Gateway Academy in Paris and will pursue a degree in business at Bethel, "Coach Mason told me that my life is getting ready to be very busy. So I assume we'll be practicing a lot."

Her parents--Jennifer and Tom Mikeska and Randy Stamps--are excited about the opportunity the scholarship will afford her. "Everybody is really into it."

"What really amazes me is that this opportunity found me," she said. "I didn't really go looking for



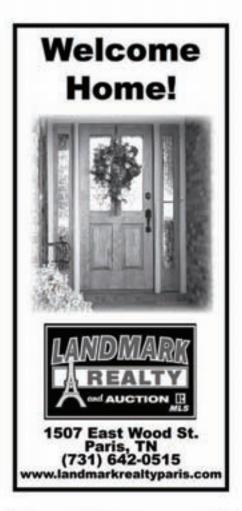
it. My uncle had heard about these scholarships and told my dad, who told me, and I applied. It's like it was meant to be."

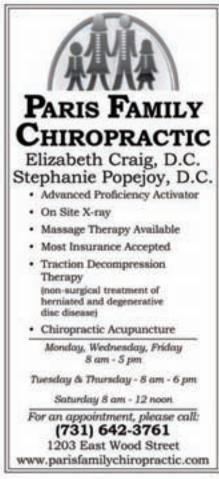


Shannon McFarlin is a freelance journalist who resides in Henry County. She is currently writing a book about the history of Camp Tyson.









Calendar of Events

On-Going Autumn Entertainment

Fresh as it Gets — Through the last of September, the freshest fruits and veggies are at the Farmers Market at the Fairgrounds. Hours are 6:30 a.m. Tuesdays and 3 p.m. Fridays until sold out. Call 731-642-2941.

Come see what's under our roof – The Paris Civic Center has an indoor pool, track, weights and fitness machines. Pay by the visit or become a member. Located on Volunteer Drive. Call 731-644-2517.

Upward Flag Football – Games begin on September 11 and continue each Saturday morning from 8 a.m.-noon at Memorial Park. Come watch the fun. Call 731-336-8558 for information.

Play Frisbee Golf - Catch a sunny day and 28 holes. It's free, it's fun, and it's at Memorial Park. Disks are available at the Paris Civic Center on Volunteer Drive. Call 731-644-2517.

Raptors at Dinner - Paris Landing State Park offers an interpretive Raptor Program each Friday night in the hotel lobby until October.

Giddy Up - Shows for the Henry County Saddle Club are the first Saturday of every month at 6:30 p.m. through September in Henry, TN. (Rain Date is the following Friday night.) Call Jerry Rickman at 731-642-7436, or log on to www.henrycountysaddleclub.net.

Pickin' n' Grinning – Jam with fellow country music lovers or just listen in. These pickers play country favorites (50 years or older) at the Civic Center on Volunteer Drive every Tuesday (except the second Tuesday) and every Friday night at 7 p.m. Call Bob Perry at 731-641-7577 or Austin Cain at 731-641-0562. Everyone is welcome to come and join the group or just enjoy listening.

Calendar of Events

August 16 - Parent Orientation at 6 p.m. at Rhea School. For information, call 731-642-0961.

August 24 - Cardiac Rehab Nutrition Class will be held at noon in the Private Dining Room at Henry County Medical Center. For information, call 731-644-8266.

August 26 - Dr. Pam Evans speaks on National Women's Health Month at 10 a.m. at the Henry County Office on Aging. For information, call 731-642-2919.

August 28 — Enjoy a Sunset Canoe trip at LBL. Location TBA as it may take place at one of Lake Barkley's scenic bays. Beginners welcome! Cost is \$25. Reservations and full deposits required. Call 270-924-2020 to reserve space.

August 28 – Paris Parks and Recreation Department hosts the Annual Disc Golf Tournament at Memorial Park. Registration is from 8-9 a.m. Pre-register at www.bluegrassdiscgolf.org. Call 731-642-4591 for more information.

August 28 - TWRA biologist Don Hubb explains all about Mussels and Aquatics during the Refuge Discovery Series at Duck River Bottoms at 10 a.m. Call 731-642-2091 x302 for info.

August 29 - Former "American Idol" and "Can You Duet" contestant Nathan Herron is at First Baptist Church to sing in both morning services. Call 731-642-5074.

August 30 — Henry County School System Professional Development Day — no school for students of the system. For information, call 731-642-9733.

September 2 – Give it up for the Blood Mobile at First United

Methodist Church, 101 E. Blythe Street in Paris, noon-6 p.m.

September 3 – Noon on the Square features the Tommy Akers Band, 12-1 p.m., sponsored by Commercial Bank & Trust Company. Be sure to bring your lawn chair and enjoy this band, concessions, drinks and visiting.

September 6 - Labor Day! Celebrate America's workers.

September 7 – Grandparents Day! Remember your grandparents. Enjoy the Grandparents Day Celebration at 10 a.m. at the Henry County Office on Aging at Central Community Building.

September 10 - Sponsored by Commercial Bank, Noon on the Square features the acoustic duo Lobo and Sheryl from 12-1 p.m. in downtown Paris. Bring a lawn chair, relax, and enjoy the music. Concessions available.

September 11-12 – The Arts and Crafts Festival is at Paris Landing State Park. More than 80 vendors sell their work in the picnic area. Free admission. For information, contact Gary McEntire at 731-641-4450.

September 11 – W.G. Rhea Library hosts Handy Manny Day from 2 – 4 p.m. for boys age 5 to 8. For more information, call 731-642-1702.

September 15 - Craig Perry speaks about Plumley Rehabilitation Center at the Henry County Office on Aging at 10 a.m.; phone 731-642-2919.

September 16-18 – Boss Hoss Mid-South Motorcycle Rally is at Paris Landing State Park. Enjoy demo rides, music, food, BBQ cook-off, vendors, and more. For more information, go to www.midsouthbikefest.com

September 17 – Boss Hoss Motorcycle Rally comes to Downtown Paris at 11 a.m. Come see these amazing bikes, enjoy lunch, do some shopping, and soak up autumn.

September 17 – Noon on the Square features Branded Country band; 12-1 p.m.; sponsored by Commercial Bank & Trust Company. Concessions available. Bring a chair.

September 17 – Paris Special School District hosts parent/leacher conferences. For information, call 731-642-9322.

September 18 — Henry celebrates Pioneer Days. Parade starts at 10 a.m. with cakewalks and bingo to follow. Past celebrations have included a range of games and activities, including a car show, dunking booths and a climbing wall. There's plenty of food and live entertainment. Proceeds benefit the Henry Volunteer Fire Department.

September 18, 19, 24 and 25 – Fishing Tournaments continue each weekend at Paris Landing State Park. Come watch the weigh-in or wet your line at the marina. For more information, call Gary McEntire at 731-641-4450.

September 20 – Henry County School System hosts parent/ teacher conferences. For information, call 731-642-0961 or your child's school.

September 20-24 - Parent/teacher conferences at Rhea School; no school on the 24th. Call 731-642-8131.

September 24-26 - Eye Full of Paris - A Celebration of the Arts, sponsored by the Downtown Paris Association. Log on www. VisitDowntownParis.com or call 731-642-9271.

24 - Noon on the Square, 12-1 p.m. featuring John Austin Mc-Daniel; sponsored by Commercial Bank. Wildlife Awaits, An Art Exhibit and Show at Lee School 6-8 p.m. Sponsored by Friends of the Wildlife Refuge.

25 – Arts Round the Square, 9 a.m.-4 p.m. – Artisans galore demonstrate and sell their wares on the Court House Lawn. Sponsored by the Arts Council. KidZone Live sponsored by Youth for the Arts on the west side of the Court House Lawn. "Tango in Paris" – Dance lessons followed by a ballroom dance at Lee School, 6:30 p.m. Sponsored by Paris Ballroom Dance Club.

26 – Downtown Churches Rejoice! begins at 12:30 p.m. with concessions available. Grand Finale! Concert in the Woods at Paris Winery is 5:30–8:30 p.m. with live music, contests and more. Log on ParisWinery.com for more information.

September 26-29 - First Baptist Church's fall revival. For information, call 731-642-5074.

Oct 1-2 - Bethel University's Renaissance Theatre presents "Godspell" at 7p.m. at the Krider. Tickets are \$10. For more information call the Paris-Henry County Arts Council at 642-3955.

October 2 - Oktoberfest is at Holy Cross Catholic Church from 11 a.m.- 7 p.m. Authentic German or Mexican meal for \$8. Arts, crafts, entertainment and games for the children. Call 731-642-4681 or go to HolyCrossParis.org.

October 7-9 - A.B.A. National Championship Fishing Tournament at Paris Landing State Park. Come on down and watch the fun. For more information, call Gary McEntire at 731-641-4450.

October 7 — Wanted! Donors needed when the Blood Mobile is at First United Methodist Church, 101 E. Blythe Street in Paris from noon-6 p.m.

October 9 - GreenFest 2010 is Paris and Henry County's exciting new event that celebrates and encourages reducing, reusing and recycling. Come to the courthouse lawn from 10 a.m.-3 p.m. to learn more about every aspect of going green. For more information call Solid Waste Director Ron Watkins at 731-641-0018 or email hcsolidwaste@bellsouth.net.

October 9 - Blessing of the Pets is at 2 p.m. on the Court Square. Bring your four-legged or feathered friends to the south side of the square for a special blessing and visit with fellow petlovers along with their lovable pals.

October 9 - March of Dimes/March for Babies is at Paris Convention Center at 10 a.m. Learn more about March of Dimes at www.marchofdimes.com or call Margie Shankle at 731-644-9900 or call Liz McBride at 731-642-2011.

October 9 - Refuge Biologist Clayton Ferrell shares his love for Monarch Butterflies and demonstrates how they are tagged for tracking and research; event starts at 10 a.m. at Duck River. Call the Refuge Office at 642-2091.

October 14 – Henry County Medical Center and the Women's Health Advisory Council present Cancer Prevention Musical Revue by the Vanderbilt-Ingram Medical Center's Cancer Queens at the Krider at 6 p.m. For women of all ages. For information, call 731-644-8269.

October 16 - The Art Council's Youth for the Arts Committee sponsors Krider Idol at 7 p.m. at the Krider. Admission is \$5.00. Contact the Arts Council office at 731-642-3955 for information.

October 19 – Small Business Expo is from 10 a.m.-5 p.m. at the Paris Convention Center. Free admission. For more information, call the Paris Chamber of Commerce at 731-642-3431.

October 21-22 - Fall Break in Paris Special School District and Henry County School Systems. Enjoy!

October 23 – It's more fun than a bag of candy! Spooktoculor is from noon-4 p.m. on the Court Square from 12 – 4 p.m. Win prizes, trick or treat with merchants, enjoy free activities. Call 731-642-9271 or log on VisitDowntownParis.com.

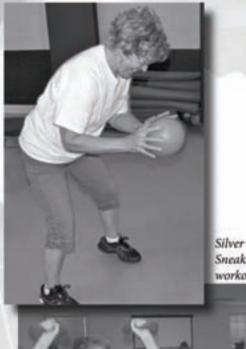
October 26 - Learn to protect yourself during the Office on Aging presentation from the Paris Police Department. For information, call 731-642-2919.

Coming up!

November 5 – First Presbyterian Church French Bazaar is from 7 a.m. – 1 p.m. at the church. Purchase delicious baked goods, casseroles, soups, candies, cakes, cookies, chili and craft items. For more information, call Beverly Wood at 731-642-2825.

Looking Forward to Fall

By Pat Terrell, R.N.



Sneakers workout

You feel it - temperatures are dropping, the kids are back in school and your tomatoes have all been canned. What to do now? How about taking time to concentrate on your health? Whether improving your diet, looking for ways to de-stress your life or finding new ways to keep fit, opportunities abound.

A favorite daily routine of many Henry Countians is the Silver Sneakers program at the Paris Civic Center. Designed for those who may not have worked out in a while, it's a good inexpensive way to get fit, according to Silver Sneaker program advisor Annette Johnson.

Despite the name, "it's not just for senior citizens," said Johnson. "Anyone can participate in the 45 to 60 minute sessions; there are no qualifications." Many supplemental insurances such as AARP will cover the cost, but fees are a nominal \$2.00 per session. There is no attendance requirement, which gives participants a great deal of flexibility with their schedules.

"We do slow step aerobics, chair and rubber ball exercises and more," said Johnson. "It's a good way for folks to loosen up. All they need is a T-shirt, shorts, and sneakers, plus we recommend bringing a bottle of water."

Silver Sneakers sessions are at the Paris Civic Center Mondays and Fridays at 10:30 a.m., Tuesdays at 8:45 a.m. and Wednesdays at 8:00 a.m. Group size varies from 15 to 30 members who are led by ACE Certified Personal Trainer and Group Fitness Instructor Loral Burke. "One hundred percent of our participants say that this class helps them in their daily living," said Burke. Stop by the Civic Center on Volunteer Drive for more information or contact Johnson or her assistant Melanie Mitchell at 731-644-2517.

Although a new fitness regimen is a fantastic way to face fall, there are other ways to renew your health as the year transitions to a new season. Consider taking a few of the following ideas:

 A fine-tuned sleep schedule –To adapt the body and mind to the changing fall time, enjoy a bit of daylight each morning shortly after waking up. Conversely, in the evening decrease the amount of light (no matter the source) to which you are exposed within a few hours of going to sleep.

 De-stress with friends - You've had a busy year and a hectic schedule.
 Maybe it's time to reconnect with an old friend or family member. Chances are you'll feel better, increase some positive emotions and loosen the grip stress may hold on your life.

 Appointment time – Stop putting off those appointments to have your eyes checked, get your teeth cleaned or see your medical doctor. Get all of that done now before the holidays come and the snow flies.

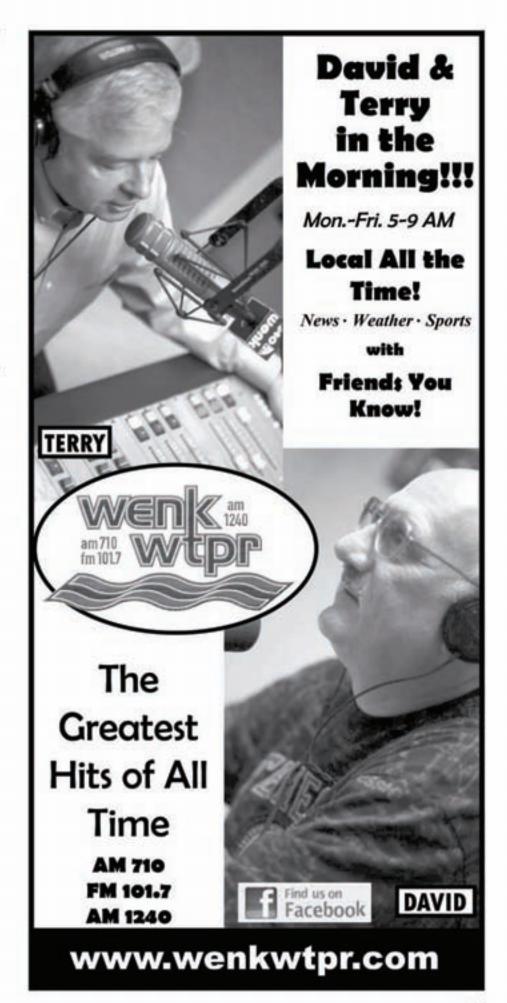
 Do something new – Use the calendar on page 24 or the events link on MyParisMagazine.com to find out about lively area activities that may be new to you and your family.

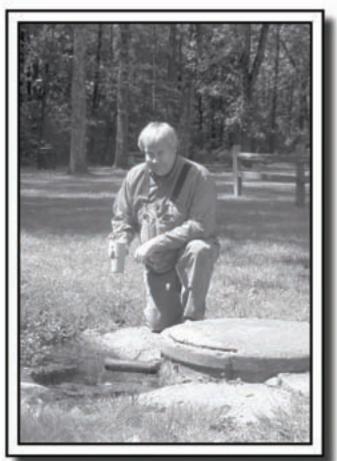
 Use your noggin - Tackle your seasonal chores with common sense.
 Whether it's raking leaves, clearing debris or just picking up those prized gourds and pumpkins, there's a right way to do it. Remember to wear good shoes, dress in layers, wear gloves, wait for the leaves to dry before raking and lifting, and be alert to hazards such as holes, roots and rocks hidden by fallen leaves.

Fall can present challenges, but it can provide many opportunities for improved health. Open your eyes, ears and mind to the changing world that abounds in Paris and Henry County; chances are you'll be renewed, recharged and ready for the fun times ahead.



Pat Terrell is a registered nurse who lives and works in Henry County.





Alden Dasis

It's cold. It's fresh. It's the best water around.

And it comes from a pipe in the ground.

It's the former Glover Spring, which is now the rest area named for Representative Willie "Butch" Borchert on Highway 79N, the Lake Highway. On any given day, passersby can spot folks hunched over by the spring, gathering water in jugs and bottles.

The spring has been one of Henry County's hidden treasures for decades, a location long-time residents of the county have frequented for good, fresh water.

By Shannon McFarlin

There are no signs along the highway or at the rest area itself pointing out the hidden oasis. It's just something that people seem to know. Many folks swear by the water for their brewed coffee or tea. But mostly, the water just tastes good.

The spring flows from an unassuming pipe in a rest area that was created when the Tennessee Valley Authority (TVA) acquired the property back in the 1940s. After a period of neglect, the rest area was cleaned up, thanks to the efforts of Rep. Borchert and is now wellmaintained by the state. The spring's recorded history dates back to 1841, when the Glover family bought the property and turned it into their homeplace and farm. That was way back before there was a highway--just farmland that stretched for miles.

"That spring has been there a long time," Thelma Glover, 92, said. "The Glovers didn't dig that well, either. It is just a natural spring."

Records at the Henry County Register's office show the 200-acre property was deeded to Phineas T. Glover March 20, 1841, and according to Thelma, "was never supposed to be sold. It was supposed to be passed down from generation to generation."

Until the TVA involvement, the property did just that.

Thelma remembers the spring well when she was a young bride of Phineas Caldwell Glover, who acquired the land when it was passed down to him. "People would come through there with their mules and use the water more or less for their stock," she said. "Daddy always wanted me to use it because it was a natural spring. But it wasn't really my habit to walk over there because we had a good well at our house."

The water, she said, "is as clear as can be" and has attracted visitors for generations. "I can remember people with their horses and buggies would come through there and load up with the water. And people used to camp out there, too. I remember one time a family was camped out there and a lady walked over to my house and asked if she could use some of our water. I told her, "Why would you want to do that when you have the best water in the county right where you're camping out?""

The property evolved over the years, as it was divided among family members, and later acquired by TVA. Glover's husband turned over a portion of the property to the state for a highway easement on April 28, 1942, for the phenomenal sum of \$7.86.

Robert Comer, whose mother and Thelma's husband were first cousins, said the TVA made a lot of changes to the property, including placement of a concrete embankment which protects the Glover family cemetery from falling onto the highway.

The cemetery, several yards from the rest area, is hidden from view and overgrown. Several markers remain there, the oldest being for



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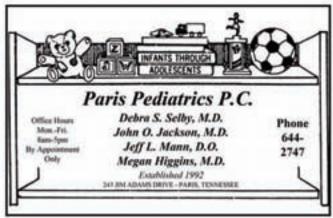
Jesse Glover, 1827-1905, and his wife, T.L., 1829-1912.

No doubt, generations of folks resting in that cemetery enjoyed a cool drink from the spring where, Comer said, "the water was so cold, it would hurt your teeth when you drank it."



Shannon McFarlin is a lover of Henry County history and holds a master's degree in Public History from Murray State University,





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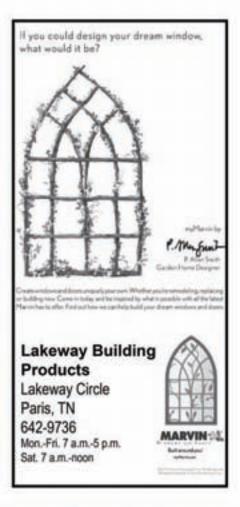
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Costumes, Music an SIPOOK

sit www.MyParisMagazine.com

From politicos stumping for votes to catfish jockeys swimming for literacy, there has always been an interesting assortment of folks drawn to Henry County's Courthouse lawn. No group, however, can beat the collection that assembles there on the last Saturday before Halloween for the Downtown SPOOKtacular.

Once a small gathering of tiny goblins trick-ortreating at shops around the square, this event became super-sized several years ago. "We kicked everything up a notch or two, and we've never looked back," said Mike Key, president of the Downtown Paris Association (DPA), the event's primary sponsor.

Instead of a handful of goblins, SPOOKtacular now boasts hundreds of children, adults and even pets vying for the top costume prize. Merchants, churches, city parks department, children's theater, school clubs, media outlets and local clubs are on hand with free activity booths that include crafts, funny fortunetellers, games and prizes. The fun starts at noon and runs



d Booths are Simply tacular

until 4 p.m. on the last Saturday in October.

"A few years ago the event got too big for the DPA to staff, so we brought in the Henry County High School Madrigal Parents organization," said Key. "They do a great job decorating the stage and providing a Master of Ceremonies who keeps things rolling. They added a lot of fun contests like the Howling Contest, the 'What Would Dracula Say?' Contest and the Scary Squeaking Door Contest that give the little spooks additional opportunities to win prizes."

SPOOKtacular even features live music with the Inman Middle School Band, directed by Lucy Presson, in concert on the Courthouse steps. "It's one of our favorite outreaches for the community and the kids love playing," said Presson. "They take such pride in performing while having fun dressing up."

It seems everyone gets a kick out of the Bulldog Band, including Key. "It's so cool to see a kid with a scary wig and a wild painted face playing the heck out of a horn on some great piece of music."

What's Key's favorite part of SPOOKtacular? "It's a toss-up," he said. "I love to see all of the goblins when they trick-or-treat from store to store. It makes for a hilarious day at Leach's Music when 300 kids stop by dressed up as everything from a Lego" to a princess to Frankenstein. My other favorite thing is the pet costume contest. A couple of years ago there was a donkey that had been made up to look just like a zebra. They used chalk to make his stripes and I thought that was the funniest thing I'd ever seen."

For more information on SPOOKtacular 2010 or hosting a booth, visit www.VisitDowntown-Paris.org or call Key at 731-642-9271.

(A)



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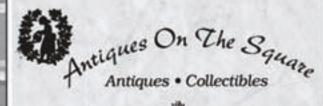


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AUTUMN'S COLORFUL HARVEST By Lisa Ciarrocchi

As the leaves change colors the weather starts to cool, the time changes and we get an extra hour of sleep. It's well-needed in the South as busy farmers and gardeners bring their bountiful harvests into their barns and kitchens. Here's a collection of delicious recipes utilizing some of fall's fresh fruits, nuts and veggies, plus a few extra cooking tips.



Pecan Encrusted Catfish

1 cup chopped pecans 1/3 cup cornmeal ½ cup bread crumbs 2 Tbsp. chopped parsley 4 skinless catfish fillets
1 egg, beaten with 1 Tbsp. water
(egg wash)
Salt and pepper to taste
1 cup flour
Vegetable oil as needed for pan
frying

Place pecans, cornmeal, bread crumbs and parsley in food processor and blend until chopped. Season catfish fillets and dip fillets in flour; shake off excess, dip in egg wash, and let excess drip off. Place fillets in the pecan cornmeal mixture, pat and turn until completely breaded. Heat oil to 350 degrees, pan fry fillets 2-3 minutes on first side, turn over and cook 1-1 ½ minutes more until golden brown; drain on paper towels. Serve warm.

Orange Scented Sweet Potatoes

1 lb. sweet potatoes, washed

2 Tbsp. honey

3 Tbsp. melted butter

1 lightly beaten egg

2 Tbsp. orange juice

1 tsp. orange zest*

¼ tsp white pepper

1 tsp. salt



Preheat oven to 400 degrees.
Pierce sweet potatoes with fork.
Bake 35 minutes or until tender.
Cool potatoes slightly, cut in half lengthwise and scoop out the pulp.
Combine pulp with 2 Tbsp. butter and the rest of the ingredients. Mix until smooth. Reduce temperature to 350 degrees, place mashed sweet potatoes in baking pan and top with remaining butter. Bake 20-30 minutes. Serve hot. Enjoy!

*What is zest?

The zest is the outside colored skin (peel) of citrus fruits. After washing citrus, grate the outside of the peel, making sure to only use the colored part and not the white part. Adding the zest of oranges, lemons and limes to many everyday recipes can really turn the flavors up a notch. The acidity of the zest also can reduce the need for salt, making any dish healthier.



Tomato and Green Bean Salad

Dressing:

1 Tbsp. mayonnaise

1 tsp. Dijon mustard

2 Tbsp. red wine vinegar

1 Tbsp. lemon juice

1 garlic clove mashed with salt

1/2 cup olive oil

salt & pepper to taste

Salad:

1 cup fennel, stemmed and sliced paper thin

1 cup green beans, blanched *

1 1/2 tomatoes, chopped

1 tsp. chives, chopped

1 tsp. basil, sliced thin (try using scissors!)

Place mayonnaise, mustard, vinegar, lemon juice and garlic in a blender. While blender is running, slowly drizzle in oil until the dressing is smooth and thick. Season with salt & pepper. Toss salad ingredients with dressing and serve on a chilled plate.

*Blanching is a very simple process of placing vegetables in boiling water until slightly tender (depending on the vegetable- approx. 2 minutes), removing and placing immediately in ice water.

Autumn Herb Rub

2 Tbsp. extra virgin olive oil

2 garlic cloves, minced

2 Tbsp. rosemary, finely chopped

2 Tbsp. sage, coarsely chopped

2 Tbsp. tarragon, coarsely chopped

2 Tbsp. thyme, coarsely chopped

Combine all ingredients together in a bowl and stir. It's that easy! Use on chicken, turkey, duck, goose and Cornish game hens by rubbing herb mixture on and under the skin if possible. Bake or roast as usual.

Baked Apples

4 apples, Red or Golden Delicious 3 oz. raisins

% Tbsp. orange zest

2 oz. brown sugar

Rinse, dry and core apples. The peels should be scored (cut shallow gashes across the surface) or



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partially removed to allow the pulp to expand without bursting the skin during baking. Plump raisins by soaking them in boiling water for 10 minutes. Drain raisins thoroughly. Combine raisins, zest and sugar. Fill the cavity of each apple with this mixture.

Stand the filled apples in a shallow baking dish. Add enough water to measure about 1/2 inch deep. Bake at 375 degrees for 15 minutes. Reduce temperature to 300 degrees

and continue baking until apples are tender but still hold their shape, approx. 1 hour. Occasionally baste apples with liquid from the baking dish. Serve warm.



Autumn Sunset

1 tsp. pumpkin puree 2.5 oz. Paris Winery Spiced Apple Wine

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1 oz. brandy ¼ oz. Grenadine splash of club soda cinnamon stick (optional)

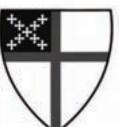
Place all ingredients except grenadine and cinnamon stick into shaker, shake vigorously and pour into a glass. Drizzle grenadine on top so it falls to the bottom of the glass to create the effect of an "autumn sunset." Garnish with cinnamon stick.



Lisa Ciarrocchi and her husband, Roger, own Paris Winery. Email them at www. Paris Winery.com.

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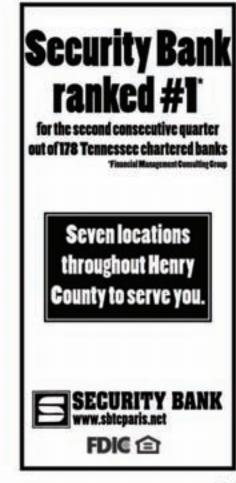
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Gardening 911

By John Watkins

If calling 911 works for a medical emergency, why not a gardening emergency? For this article, we opened up a forum for gardening questions, emergency and otherwise. I appreciate those of you who sent questions via Facebook or anonymously to my email on MyParisMagazine.com.

Ronald Watkins of Paris, wrote:

Dear John, I have a large hydrangea bush in my front yard. Should I prune the older stems down in the fall or leave them for future blooms?

When it comes to pruning, hydrangeas are probably one of the most confusing plants in the landscape.

First, it's vital to know what kind of hydrangea you are dealing with. For simplicity, let's divide the hydrangeas into two groups: Group mopheads, lacecaps, and oakleaf hydrangeas (H. macrophylla and H. quercifolia). The mopheads and lacecaps are the ones that are usually pink or blue and the oakleaf hydrangeas have oak-shaped leaves with whitish blooms. Group 2 - Annabelle and PeeGee types (H. arborescens and H. paniculata).

Group 1 hydrangeas bloom on "old wood" (stems formed from last years growth). It is imperative to cut these types back sometime before August in order to give them time to set buds for next year's flowers. Since they generally bloom in June or July, you're pretty safe if you cut them back shortly after they bloom. Group 2 hydrangeas bloom on "new wood" or current season's growth and theoretically can be cut back anytime as long as you allow sufficient time for new growth to produce blooms. To add just a bit more confusion, there is a small group of mophead hydrangeas that will bloom no matter when they are pruned. "Endless Summer" and "Forever and Ever" are two cultivars currently on the market.











Ashley Smith of Puryear wrote:

Everything I've planted in the past few years has been eaten by moles! The only advice I've gotten to get rid of them is to put chewing tobacco down the hole and when they come up to spit, shoot them. Any real advice to get rid of these beasts would be great.

I haven't heard about the tobacco idea, but it just may be worth a shot (pun intended). The mole generally gets blamed for causing destruction in gardens and lawns, but his smaller cousin, the vole probably causes more damage. So once again, identifying the pest is key in getting rid of it.

Moles produce runs just below the surface known as feeding tunnels. They also produce deeper runs that unite the feeding tunnels. It is the dirt expelled from these deep runs that causes little raised "volcanoes" in the yard. When you see these "volcanoes" it is a sure sign you're dealing with moles and not voles. Voles leave no mounds behind at all. Voles burrow into the root systems of trees and shrubs which can cause dieback or leaning. They will also gnaw on tree trunks, shrub bases or feed on flower bulbs.

So now that you know the difference, how do you get rid of them? If I had a sure-fire answer for this one, I'd be on a beach sipping a cold drink from a coconut, but here are a few ideas. Moles generally feed on grubs found below the soil in lawn areas. Milky spore is a bacterial agent that can be spread on the lawn to lessen the number of grubs and therefore shorten the moles' food supply, sending them elsewhere to look for food. Spring traps have some limited success if placed in the right locations.

Voles are more difficult to oust. Since voles depend on shallow runs or move on top of the ground, keeping your garden free from debris where they can hide is a step in the right direction. Keep mulch pulled away slightly from the base of trees and shrubs to avoid feeding on trunks. There are some poison baits that are fairly effective, but do pose some hazard to non-target animals. It is better to place these in the burrows or better yet, in bait containers. Gimmicks such as sonic or ultrasonic repellents aren't very effective simply because of the vast network tunnels the vole can create.

An anonymous question sent via email:

Does hardwood mulch attract or harbor termites?

The short answer to this question is no. Studies have shown that termites benefit from mulch about as much as they do soil in general. Basically, they can't get much nutritional value from mulch and therefore are not attracted to it. However, it can provide a moist, damp environment in which they may

live. A safe rule of thumb is to just make sure you don't pile the mulch up against any exposed wood on the outside of your house.

Another anonymous reader

When is the best time to transplant trees and shrubs?

Trees and shrubs can be transplanted at almost any time of the year. The key is getting them to live once they are transplanted. For best success, most larger trees and shrubs should be transplanted when they are dormant (winter) or just before they go dormant (late fall). This will lead to less stress on the plants with more natural rainfall, lower temperatures and plenty of time for root development before new growth in the spring.

In conclusion, here are a few random questions that I've heard over the years and the "real" answers I would like to give:

Where do Japanese beetles come from?

A small middle-class suburb just

south of Montpelier, Indiana.

When is the best time to plant annual flowers? Annually. (I prefer Thursdays around 11:15 AM).

What is the best way to prune a barberry bush? I recommend cutting them just below the soil level.

Will my perennial flowers come back every year? Hence the name "perennial"....

Is there a sure-fire way to keep deer from destroying my landscape? Yes. Acute lead poisoning, either the .270 or .30-06.

We'll occasionally be asking for your garden questions online, so make sure and check MyParisMagazine.com on Facebook frequently.



John Watkins is a landscape designer and Certified Grounds Manager who resides in Henry County. Email him via the "contact us" section at MyParisMagazine.com.



Henry County's New Director of Schools



By Susan Burton

After a lengthy interview process, the Henry County Board of Education hired Sam Miles as the new Director of Schools. Miles took the reins in late spring of 2010. On a recent summer morning, Dr. Susan Burton interviewed him for School of Thought.

Burton - What was it like taking charge so late in the school year?

Miles – There were a lot of new things to learn quickly. I could sense we had a caring staff, and that helped make the transition go well.

Burton - Tell us your philosophy on education.

Miles - My basic philosophy is, "All children can learn." And it's the job of the people in education to make that happen. You have to have high expectations for students. You have to have relevance and you have to

make sure that you are communicating your goals to your stakeholders who, of course, are our parents, communities and everyone else involved.

Burton - Can you tell us about your educational background and your experience in education?

Miles – I grew up in a small rural community in Crockett County, West TN. I call it Mayberry, U.S.A. My parents both taught so I grew up in a school building. I thought school was the best place in the world because it wasn't a cotton field, and it had the gymnasium.

I got a great education. Our class was small, but when I think back about the kids who graduated with me, they've accomplished great things. Schools did a lot for kids back then, regardless of their background or where they came from, and always knew the teachers expected a lot out of us. So I think that's really been a great influence on me.

I went from there to Lambuth University, graduated with a bachelors and then I went to the University of Tennessee at Martin and got my Masters in Administration and Supervision. Since then I've gotten my 45 hours above in courses I felt were pertinent.

Burton - What are your duties vs. the school board's duties?

Miles - The school board mainly is in charge of policy making for your system, and policy is important. You have to have rules and regulations and procedures so your organization can run smoothly.

The director of schools is in charge of the total operation of your system. He has to bring focus to the direction that your district is going. Hiring is left to the director of schools; your board hires a director, and that director becomes the "CEO" who is in charge of hiring of other personnel and the operation of the schools.

Burton - What are your goals for the Henry County School System?

Miles - First of all, our goal is to raise academic achievement of our students by supporting our teachers. I think that's got to be the heart of what we're doing in education. At the same time, we want each student to grow as a whole person. That includes helping to instill a work ethic; it also includes making education relevant, so kids can see a future.

Burton - What would you like the community to know about the Henry County School System?

Miles - First and foremost, I think, I hope, that the community sees that we have a lot of teachers who really care about students. That's evident in every school that you go into in the Henry County System.

Burton - How would you like the community to become more involved in education?

Miles - I think that part of getting the community more involved is keeping the community informed. Communicating with parents about what we're trying to accomplish and how we're trying to accomplish it is vital to our success.

Burton - Any ideas on how we can do that?

Miles - One thing that we'd like to see is for schools to have a parent information committee that schools can use to reach out to parents. You have to sit down with those parents and say, "This is what we're doing and why we're doing it. This is the support we need to do it."

And it's not all about money and fundraisers. It's about getting their support when that kid goes home in the afternoon, encouraging them to do things to continue their education in the summertime, picking up a book and encouraging them to read and keeping their minds active throughout the year. All of these things will help advance their education.

Burton - What do you see as your greatest challenge?

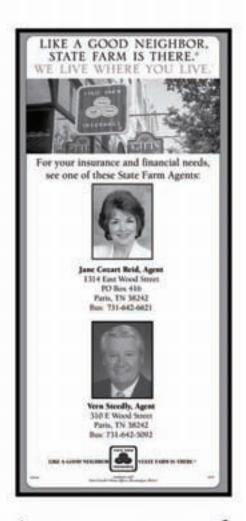
Miles - I think there are several.

One is the economy. When the economy is bad, resources are at risk. So the challenge is how to best use our resources where they will impact the classroom the greatest. That is a huge challenge. Bringing focus and direction to the school system is another great challenge, then communicating that focus to our community.

Burton - You have a budget in the black this year; do you foresee cuts in the future?

Miles - I don't have that crystal ball so I can't tell you, but in Tennessee there are several programs about to be cut at the state level. What I don't want to cut are programs that directly impact the classroom. We need to provide the proper support for classroom teachers.

Burton - Race to the Top rewards states that are leading the way with ambitious yet achievable plans for implementing coherent, compelling and comprehensive education reform. We are eligible for \$701,248





which can be spent over a 4-year period. What are your plans for this funding?

Miles - When you look at the goals that our Race to the Top funds cover, we are focusing on how to structure what we are teaching, how we are teaching, and how to assess what we are teaching. We are creating the structure by putting the new standards together in a form that teachers can organize - put their arms around so to speak - in the form of pacing guides. Pacing guides are flexible, written schedules of what to teach, how to teach, and how to assess.

Taking that a step further, we are also allowing time for educators to meet, plan, and update these guides as well as share ideas about exemplary teaching methods for new standards, resources they can use, and assessments they can use to measure student achievement and teacher effectiveness. This structure is called a Professional Learning Community or PLC. Working together as PLCs we will begin to focus on helping teachers understand how to teach more effectively and how to assist students in their learning. That is a key part in our Race to the Top goals; creating an environment where teachers understand the difference between the assessment of learning and the assessment for learning.

Burton - Will the students and teachers of Henry County see you? Will they know who you are?

Miles - I hope so. I plan on trying to be at every school as often as my schedule allows. I want to meet with the teachers. With Race to The Top initiatives there will be in-service opportunities for me to be with them more.

Student-wise, I think Race to the Top will also provide opportunities for getting into the schools next year to see how well we have accomplished our goals. It's really nice to sit down with the students and read a book or sit in the classroom and see all of the good work that's going on.



Dr. Susan Burton is the service learning coordinator, grant writer, and public relations for the Henry County School System.





"Problems cannot be solved at the same level of awareness that created them." -Albert Einstein

If Einstein's quote is true, then Henry County is on its way to becoming a greener place to live courtesy of GreenFest 2010, an event solely designed to make Henry Countians more aware of reducing, reusing and recycling.

The joint effort among the Henry County Recycling Center, Henry County Litter Program, City of Paris and the Downtown Paris Association takes place on the courthouse lawn Saturday, October 9, from 9 a.m. to 3 p.m.

Goals

Ronald Watkins, director of Solid Waste and the Recycling Center is leading the charge for a greener Henry County. The GreenFest chair outlined four goals for the event. They are to:

- Create and promote a greener face for the city and county that encourages progressive thinking on the part of business and industry and lures those considering relocation to Henry County.
- · Educate school children about go-



ing green and help them to become more actively involved in reducing, reusing and recycling.

- Help improve the adult population's understanding of reducing, reusing and recycling, thus increasing local recycling collection.
- Improve awareness of our Recycling Center in surrounding counties that also make up our trade area. It's one more reason to travel to Paris and Henry County!

Events

As the Recycling Center's director, Watkins oversees the county's only large-scale recycling project. As the chair of the GreenFest 2010, Watkins has been instrumental in organizing the event. Joining him in the GreenFest 2010 effort is Diann McGuire, Henry County's Litter Grant Coordinator. "This is a perfect fit," said Watkins, "since 90 percent of all our county's litter is

What and Where

The Henry County Recycling Center is instrumental in keeping waste from the landfill, and not just newspapers and plastic bottles; it also accepts cardboard, tin cans, types one and two plastics, aluminum, paper and even clean old clothing.

At the Recycling Center, patrons can drop off old appliances, scrap metal, used motor oil, batteries and electronic equipment. Workers from the Henry County Sheriff's inmate work program unload recycling for patrons.

For those who cannot get to the main complex, there are convenience centers throughout the county, including the IGA and PI parking lots in Paris and additional sites in Buchanan, Como and Paris Landing.

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1325 E. Wood St. Paris 642-0451 www.eastwoodpharmacy.com recyclable." McGuire plans to hold a county-wide litter pick up competition. "We'll weigh the amount of garbage collected at the end of the day, award prizes and send everything that is recyclable to the center."

Other tentative events include:

- Workshops on energy conservation.
- Workshops on Henry County's water supply: how it gets here and how to conserve it.
- A recycling collection where the general public brings recyclable materials and learns more about the process by seeing it in action.
- Car Care Month vehicle checkups. This offers an opportunity for motorists to have their cars inspected while learning to make their cars more efficient and green.
- Gardening workshops that offer composting demonstrations and education about lowering our carbon footprints by growing food at home.
- A children's clothing swap, where parents can bring clothes and get clothes for their children. Leftovers will go to Tomorrow's Hope and eventually to recycling.

Competitions

Like any good festival, competitions will abound. Watkins hopes to host a School Recycling Contest in which recycling bins are placed at the various schools. Students will be encouraged to bring recyclable materials for school prizes in this intra-county/city school competition.

There will be a Recycled Materials Art Contest with prizes given to those who create winning art from recycled materials. There will also be an Onsite Recycled Art Construction Project with prizes given to those who create winning art from cans of food plus recycled materials. All of these pieces will be on display during the event. The cans of food will be donated to the Henry County Food Bank following the event.

Finally, an educational/promotional video competition offers more than \$600 in prizes. Videos can feature any aspect of reducing, reusing and recycling. The public will vote for the winners online at MyParisMagazine.com. Sponsors include MyParisMagazine.com, Paris-Henry County Chamber of Commerce and award-winning actress Cherry Jones.

Exhibitors

Watkins said there will be opportunities for non-profit and for-profit businesses to exhibit at this event, although "there will be no selling of merchandise at the booths. Booths will cost \$25, and those funds will go toward event expenses."

"Booth partners would include those wishing to showcase their green technology, from online banking to construction to automotive dealers," said Watkins. "It also would include those with recycling opportunities such as the Friends of the Library who keep magazines and books out of the landfill." In an effort to make things festive and enlightening, booth partners will be encouraged to "educate, demonstrate and decorate."

More information is available by calling Watkins at 731-641-0018 or emailing him at hcema@bellsouth. net



GreenFest



Attention videographers of all ages and skill levels:

PARIS! magazine, www.MyParisMagazine.com, the Paris-Henry County Chamber of Commerce, award-winning actress Cherry Jones and West Tennessee Printing want you to crank up the creativity. As part of the GreenFest 2010 mission, we're looking for videos that will inform and entertain the people of Henry County about living green.

We challenge you to create a short video (three minutes maximum) that promotes a green technology or lifestyle to encourage viewers

to live in a more environmentallyfriendly fashion. Creativity is paramount. Any genre is accepted from a comedy with an educational twist to a serious documentary.

Help make this GreenFest a success by showing off your inner Spielburg. Videos will be submitted to YouTube and judged by popular vote. Winners will receive a cash prize, 3 deep: 1st place-\$300, 2nd place-\$150 and 3rd place-\$50. Links to the winning videos will be posted on MyParisMagazine. com and other local sites. For more information visit MyParisMagazine. com.



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