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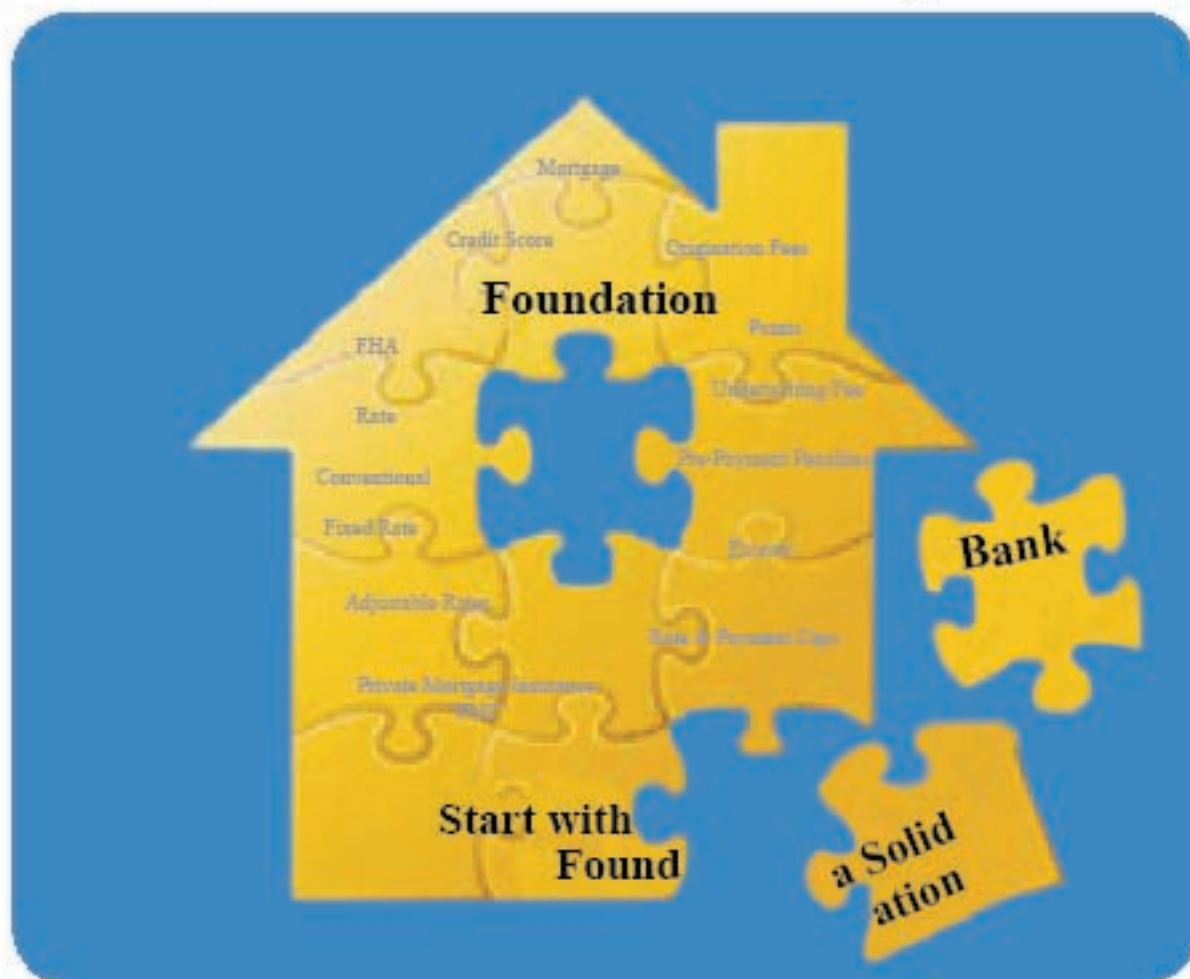
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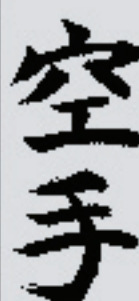
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in Henry County.*
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*One Henry Countian turns
a shed into a perfectly
appointed tea room.*
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Editor's Notes



Spring means digging in the dirt as the soil warms up, jumping on my bike to ride to work or watching the trees and flowers burst into bloom. But above all, spring means the World's Biggest Fish Fry, or as some natives say, "The Fry."

It's hard for those new to Henry County to understand the enormity of Fish Fry, but they too will soon use this event as a calendrical reference point. "Is Uncle Bill coming to visit before or after Fish Fry?" "Let's get our new deck built before Fish Fry."

One gal who loves The Fry as much as any native is Department Editor Jasmine Sterling. In this issue she shares ideas for becoming "Fish-abulousSM." Jasmine knows about Fish Fry fashion because she attends

every event. You, too, can hit them all by checking out our Calendar of Events (page 14), as well as the Official Fish Fry Schedule (page 48).

Also in this issue are enlightening features including Mary Will Gardner's reminiscences of growing up in Maplewood Cemetery; Tom Sinnema's early days in occupied Holland and his eventual move to Henry County; afternoon tea with Marge Chelberg in her Mad Hatter Tea Room; and an upcoming fundraiser, The Ambassador Bobby Jones Community Service Awards and Musical.

Our readers will notice something new with this issue. Instead of Susan Burton of the Henry County School System penning an article for the department,

School of Thought, we decided to bind the school system's newsletter in PARIS! magazine to help them increase circulation, as well as shelf life. As the school year winds up, it's gratifying to read about the marvelous things that have been happening in our county's classrooms.

There are lots of other fun reads in this issue, don't miss them. Enjoy PARIS! magazine and enjoy spring.

Susan Jones

On the Cover



Henry County photographer Jean Owens spent a successful day chasing butterflies last spring. This beauty was shot at her mother's home on Bucy Lane.

Henry County and the Lake Area

PARIS!

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Cover Courtesy of

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Printing

West Tennessee Printing, Paris, TN

PARIS! is published five times annually by Nellen/Jones Public Relations for Paris, Tennessee and the surrounding communities. All contents copyright 2010 by PARIS! Reproduction or use of the contents without written permission is prohibited. Comments written in this magazine are those of the authors and do not necessarily reflect the opinion of the ownership or management of PARIS!

All subscriptions, advertising inquiries, remittances or reader inquiries should be made to the editor:

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Gospel Icon Dr. Bobby Jones Highlights Home

Each week, Henry County Native Dr. Bobby Jones is welcomed world-wide into millions of homes via his gospel music television programming. In April however, the tables will be turned as Henry County welcomes this amazing minister, gospel singer, educator, businessman, author, television show host and ambassador back home.

Fundraising and recognition

On Thursday, April 22, Jones will tape a portion of four television specials at the Krider Performing Arts Center. "Bobby Jones Returns Home" will be a combination of music and visits to area locations that are meaningful to the man who put gospel music on the map. Five local organizations that offer youth programming have been tapped to receive funds raised by the event. As part of the celebration, Jones will honor Paris Mayor Sam Tharpe and a dozen churches for their community service and local outreach programs. The programs will be aired world-wide on Jones' gospel programming. Jones plans for this taping to be an annual event. "Next year I want to come back and honor educators," he said.

The list goes on

For those unfamiliar with one of Henry County's favorite sons, Jones' list of awards and accomplishments are many. From a Dove Award to a Grammy, from two doctorates to a presidential commendation and an appointment as an ambassador, Jones has left his mark on a number of



disciplines. A graduate of Tennessee State University, he recently donated 30 years of recordings and exclusive rights of his performances and television programs he hosted on BET cable network. Jones sees the Henry County taping as a gift as well.

Highlighting home

The gospel music icon has performed in Paris several times, but those presentations were "nothing of this magnitude," he said. This time he will be showing the world the area that provided his start in both education and gospel music.

"I want to come back to Paris and highlight the city where I graduated from high school. It will be around Fish Fry time, so I will promote that in my show. I'm going to Henry to film where I was born and went to school, as well as the current school."

Education first

Jones, who has been an instructor at Nova Southeastern University since 2007 considers himself an educator first, and a gospel/TV producer and host second. "I taught for 37 years; my skills are in education. I use those skills in my work, which includes making speeches everywhere," he said.

Ambassador Jones

Indeed, Jones does make speeches "everywhere." A brief look at his upcoming itinerary at the website BobbyJonesGospel.com shows events from Chicago to New Orleans to St. Thomas. Jones has been traveling even more since being selected as a goodwill ambassador for the country of Dominica. "I've been given the opportunity to travel to China, France, Brazil, all over."

Bringing it home

The idea to return home for a special TV taping at the Krider Performing Arts Center started when Rev. Arthur Lodge attended Jones' birthday celebration in Nashville. "He was so excited about the music," said Jones. "He said, 'I never heard music like this. Why can't we do this in Paris?'"

The rest, as they say, is history, and on April 22, Jones hopes to make even more history. "I want to see folks running out of the roof of the Krider. I want folks to get excited and celebrate what brings us together." Jones plans to have a mass choir representing Henry County's churches, as well as the Henry County High School Madrigals and other musicians with him on stage. At the end of the day, Jones wants Paris and Henry County to be a living example.



Shining example

"The viewers who see these shows will know that it's important to never forget the bridge that brought you over," said Jones. "They will be able to see black and white and whoever lives in Paris coming together. That will be an inspiration to other small towns around the world."

Tickets for the taping can be purchased at Albert Ross Tharpe Services at 105 Fentress Street, the Paris Civic Center, Jack Jones Flowers & Gifts and Foundation Bank, both locations. For more information, call 731-642-3955 or 731-642-4329. Proceeds will benefit the Boys and Girls Club, Lee School, Paris-Henry County Arts Council, Positive Club, and Friends of the W. G. Rhea Library.

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This is Bobby Jones

The BobbyJonesGospel.com website describes Jones as "a simple country boy that loves the Lord, his family, his friends, his fans, and his supporters." He has "tremendous love for gospel music, television, radio and stage." Below are just a few of his accomplishments.

"Bobby Jones Gospel", highest rated show on BET. The longest running show in the history of cable television, host and performer. 1980-current

Producer and host of "Video Gospel", second highest rated show on the BET for 18 years, the second longest running show in the history of cable television, 1986-Current

Producer and host of "Bobby Jones Gospel Classics" and "Bobby Jones Presents" on The Word Television Network, 2001-current,

Host of The Gospel Channel's "Gospel Vignettes" (2006) and "Bobby Jones Next Generation", 2008-current

The BET Gospel Network, "Let's Talk Church", 2002-current, producer and host

Radio shows - "The Bobby Jones Gospel Countdown" and "Bobby Jones Radio Show"

Author of Touched By God and Make A Joyful Noise, My Twenty Five Years In Gospel Music

Stage and film roles - the movies Sister, Sister and Dirty Laundry and the play Joyful Noel.

President Bush citation, "Revolutionized the Gospel Music Industry" 2001

The Gabriel Award, "Make a Joyful Noise" first Black Gospel Opera, 1980

The International Film Festival Award, 1980, "Make a Joyful Noise"

Grammy Award and Dove Award, "I'm So Glad I'm Standing Here Today", 1983

Cape Town, Johannesburg, South Africa, "Christians Against Apartheid", 1984

The Ivory Coast, Africa, Gospel Music Tour, 1992 and 1993

Fez, Morocco, The World Sacred Music Festival, 2000

Tokyo, Japan, The Japan Gospel Star Tour, and fifteen cities, 2001

Barcelona, Madrid, Spain, The Spanish Gospel Special, 2001

Turks and Caicos Islands, Goodwill Recognition, 2002

Three Stellar Awards, 1996, 1998, 2005

The Full Gospel Baptist Convention, "Trailblazer Award", 2003

Dominica, appointed "Ambassador at Large", 2005

Melbourne, Australia, Umbria Jazz Festival, 2005

Anguilla, British West Indies, "Gospel Radio Live", 2005

Jerusalem, Israel, International Television Promotions for Israel for 96 countries, featuring twenty-six Holy sites.

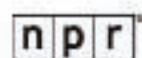
Beijing, China, attended the 2008 Olympics on behalf of Dominica

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Put a Festival

Catfish Races are among the more unusual events of Fish Fry in Paris. Sponsored by the Paris Post-Intelligencer, the proceeds benefit the Literacy Council. ▼

on your Spring To-Do List!

By Arthur Lodge

When the grass returns to a vibrant green and birds are building their nests, spring has arrived to our little corner of Tennessee. Catfish, the wearin' of the green, teapots and more are celebrated with festivals from March until May. Here's a rundown of the fun, all located an hour or less from Henry County.

MARCH

Wearin' of the Green Irish Day Parade and Arts and Crafts Festival - A statue of a leprechaun dressed in railroad garb welcomes visitors to the picturesque town of Erin, Tennessee, nestled in the hills of Houston County. A parade, antique car show, arts in the park, street entertainment and food await festival-goers on the third Saturday of March each year.

A century ago, when the railroad was being built, this area reminded the town's Irish railroad workers of their homeland. According to legend, they took a "wee drip too much" and let out the ancient rallying cry, "Erin Go Bragh". The celebration began in 1963 to focus on the town's Irish heritage.

The Houston County Chamber of Commerce said this is one of the largest St. Patrick's Day celebrations south of Chicago. Be sure to wear green when mingling among the roaming leprechauns. Call

Members of the Houston County Recreation Club put the finishing touches on their "Got Green" float for the annual Irish Day Parade in Erin, Tennessee. ▼

◀ The Small Fry Parade brings out plenty of cute kiddos.

(931) 289-5100 or log on www.houstoncochamber.com for information.

APRIL

The World's Biggest Fish Fry - A month later, Paris, Tennessee swings into full-festival mode with the World's Biggest Fish Fry, held the last full week of April each year. (See schedule, page 48.)

"Paris is the most joyous place in the world to be in the spring of the year," said Mayor Samuel Tharpe who added that "families and friends from across the world come together to eat the finest catfish to be found anywhere."

Back in 1938, Mule Day was a celebration of mules and farming. Eventually, that event gave way to a celebration of nearby Kentucky Lake's delicious catfish.

Over five tons of catfish are cooked and served during the World's Biggest Fish Fry which spans more than a week. The entire community and thousands of tourists enjoy the Grand Parade, Small Fry Parade, IPRA Rodeo, 5K Hush Puppy Dash, carnival, dances, concerts, Junior Fishing Rodeo, mule pull, arts and crafts, hushpuppy eating contest and catfish racing. Yes, visitors and locals alike scream like banshees as their team's fish swims through a long, clear plastic trough to the finish line. For more information call 731-642-3431 or log on www.WorldsBiggestFishFry.com.

The following week is a festival double-header.

Trenton Teapot Festival - "This festival brings out all that is great about Trenton. Everyone goes out of his or her way to make Trenton even more special than it is," boasted Mayor Tony Burris. "If you have never been to Trenton before, the Teapot Festival gives you the perfect excuse to visit."

The weeklong festivities begin with the Ceremonial Lighting of Teapots. There is everything teapots from a Teapot Trot, which is really a three-kilometer run to an exhibit of the most beautiful and unusual teapots.

The festival is an outgrowth of a citizen's collection. Dr. Frederick Freed collected porcelain *veilleuses*, which are often referred to as teapots. These are not what we'd call teapots today, but rather food warmers with a bowl used for porridge or soup. The valuable collection is on display at Trenton's City Hall.

Also on display during the festival are large teapot signs in yards, rides for children and a pet show. Don't miss the lunches hosted by the local churches, espe-

Hundreds of teapots create the centerpiece of the Teapot Festival held each spring in nearby Trenton, Tennessee. (Photo supplied by Tony Burris.) ▶



▶ *This hip strawberry mascot leads the West Tennessee Strawberry Festival Royalty float. (Photo by John Nichols.)*



◀ *Irish Day, a celebration of Erin, Tennessee's Irish heritage, includes a parade, arts and crafts, food, and lots of green.*

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cially when they are serving bar-
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Trenton, I can attest to this wonder-
ful food.

Trenton Teapot Festival takes
place from April 25 through May
2. For more information call 731-
855-2030.

Dresden Iris Festival – In Dres-
den an Easter Parade that began
almost thirty years ago has grown
into the Iris Festival, a weeklong
event that brings visitors from
across the state and beyond. Activi-
ties kick-off with a citywide yard
sale followed by a Bicycle Rodeo,
an entertaining event for the chil-
dren.

During the week there is every-
thing from bingo to a baking con-
test to a community gospel sing.
Of course, there is a juried flower
show sponsored by the Ken-Tenn

Iris Association where the halls are
filled with the wonderful scent of
magnificent flowers. After taking
in the show, enjoy the 5K run or 2-
mile walk or 1 mile fun run. There
is a carnival, parade and an arts and
crafts marketplace to complete the
event, which runs from April 24
thru May 1 this year.

MAY

**The West Tennessee Strawberry
Festival** – More than 100,000
visitors flock to enjoy the straw-
berries in Humboldt, Tennessee
each May. The West Tennessee
Strawberry Festival was founded
in 1934 to promote the change
from cotton farming to fruits and
vegetables. This year, folks will
gather in Humboldt to celebrate the
strawberry and its contribution to
the economy May 2-9.

"A Berry Festive Afternoon"



Little kids and big kids, like Sheriff Monte Belew, enjoy the carnival rides
at Puryear Day. (Photo by Mike Wilson.)

begins the festivities on Sunday as children visit Berry Land, a petting zoo that features storytelling and games. There are food vendors offering every variation of food made of strawberries. Taste the fantastic chocolate covered berries, and buy a gift shaped like a strawberry for a friend.

On Thursday watch the Junior Floats Parade, claimed to be the largest non-motorized parade by children. There's also a double-points horse show and a Christian concert. The huge parade on Friday is followed by delicious, West Tennessee barbeque. There's lots more; find out at www.wtsf.org or call 731-784-1842.

Puryear Day - The city of Puryear, Tennessee wraps up festival season with a charming event that's sure to please. The third Saturday in May, Puryear is brimming with folks who are ready to enjoy the parade, music, carnival, delicious food, square dancing and arts and crafts.

This year, there's something new in store - Puryear Night. On Friday, May 14 the Community Center in Downtown Puryear will host Nashville Recording Artist Jason Layne Wrye. A free cookout begins at 6 p.m. followed by the free concert.

"This will be our first ever Puryear Night," said Mayor Kenny Paschall. "We're happy to have a local artist join us, and we invite everyone to come out Friday and Saturday to enjoy the fun." For more information call Town Hall at 731-247-5362.



Arthur Lodge is a retired Presbyterian minister. He plans to attend every spring festival within reach this year.



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Calendar of Events

On-Going Spring Entertainment

Paint Ball - Dodge those bullets at Radical Paintball, 2nd floor of the Old Shirt Factory, 205 E. Washington Street in Downtown Paris. Open Thursday 4-8 p.m., Friday 4-10 p.m., Saturday 10 a.m.-10 p.m., Sunday 1-6 p.m. Call 731-407-4910.

Get Out and Ride - The Bike Club rides every Saturday and Sunday. Contact Brian Roosa at 731-644-0693 for times and locations.

Play Frisbee Golf - It's free, it's fun, it's at Memorial Park. Disks are available at the Paris Civic Center on Volunteer Drive. Call 731-644-2517.

Paint Pottery - Paint pottery at "Studio J" upstairs at Jack Jones Flowers in historic Downtown Paris. Call 731-642-LALA for information.

Pump You Up - The Paris Civic Center on Volunteer Dr. has an indoor pool, track, weights and machines. Call 731-644-2517.

Skateboard heaven - the 3rd floor Indoor Skatepark in the Old Shirt Factory, 205 E. Washington Street, offers skateboarding every Saturday from 5 - 11 p.m. Live band every third Saturday. Call 731-644-0400.

March 15 to March 25 - Paris-Henry County Arts Council hosts the **25th Annual Community Artist Showcase** at W. G. Rhea Library. Call 731-642-3955 or log on www.phcarts.com.

March 17 - Celebrate St. Patrick's Day at **First Christian Church's annual St. Patrick's Day Luncheon** starting at 11 a.m. in downtown Paris. Call 731-642-3181.

March 17 - Enjoy an **Irish Supper** at the Oakland Fire Department Community Center. Corned beef and cabbage, potatoes, rolls and dessert from 5:30-8 p.m. Contact Patrick Petronico at 731-363-0033.

March 18 - **Paris Elementary's 3rd Grade Swim Program**, Civic Center, 6 p.m. Free admission. Contact Sarah Luffman at 731-642-3675.

March 20 - **Bethel University Renaissance Choir performs at the Krider** at 7 p.m. Tickets are \$10; available at the Paris-Henry County Arts Council Office inside City Hall, www.phcarts.com.

March 23 - HMC Women's Health Advisory Council hosts **Diabetes Alert Day at Paris Convention Center**. Tickets required; free tickets available at Peebles, the Chamber and Jack Jones Flowers. Call 644-8266.

March 27 - **Breakfast with the Easter Bunny** from 8 a.m.-noon at First United Methodist Church. Call 731-642-4764.

March 27 - **World's Biggest Fish Fry Headquarters opens**, 10 a.m. on E. Wood Street. Call 731-644-1143 or visit www.worldsbiggestfishfry.com.

March 27 - Lions Club "Fantastic Four" race and walk. Call 644-1600.

March 28 through April 29 - **The 17th Annual Photo Showcase** at the W.G. Rhea Library features local photographers. Reception 2-4 p.m., March 28. Call 731-642-3955 or log on www.phcarts.com.

March 29 - **Holy Week Services begin** in Downtown Paris. Check MyParisMagazine.com for times and location.

March 29-30 - **The Paris Post-Intelligencer sponsors Taste of Home Cooking School**. \$15 tickets on sale at the P-I. Call 731-642-1162.

March 31 - **Athena Delphian Club Spring Bake Sale** is 8-10 a.m. on the courthouse lawn with goodies for the Easter weekend. Proceeds benefit the club's scholarships and charitable donations.

April 1 - **Lifeline Blood Mobile** visits First United Methodist Church in downtown Paris, noon-5 p.m. Call 731-642-2941.

April 1 - **First United Methodist Church Maundy Thursday Service** at 7 p.m. Call 731-642-4764.

April 1 - **Holy Cross Catholic Church Mass of the Lord's Supper** at 6:30 p.m. Call 731-642-4681.

April 2 - **Good Friday**. No school for Paris or Henry County.

April 2 - **Holy Cross Catholic Church Stations of the Cross** at 2:30 p.m., **Novena of Divine Mercy** at 3 p.m., and **Celebration of the Lord's Passion** at 6:30. Call 731-642-4681.

April 3 - **Holy Cross Catholic Church Easter Vigil Mass** at 8 p.m. Call 731-642-4681.

April 3 - **The Jimmy Church Band performs at Paris Convention Center** to benefit the PML Relay for Life Team, \$20 per person.

April 3 - The last of this year's **Optimist Trivia Nights** at First United Methodist Church's Christian Life Center, \$5 per person. Game begins at 7 p.m. Call 731-642-5915.

April 4 - **Happy Easter!** He is risen, indeed.

April 4 - **Holy Cross Catholic Church Easter Sunday Mass**, 8 and 11 a.m.; 1 p.m. in Spanish.

April 4 - **First United Methodist Church Easter Sunrise Service** at 6:45 a.m.; **Easter services** at 8:30 and 11 a.m. Call 731-642-4764.

April 5-9 - **Spring Break** for all schools in Paris and Henry County.

April 10 - **Spring Flora Hike** with a master gardener. Britton Ford Hiking Trail on the Refuge, 10 a.m. Call 731-642-2091.

April 10 - **Mystery Dinner Theatre** - Ruggero's Italian Bistro at Paris Winery. Call 731-644-9500 for reservations.

April 15 - **HMC Care Van Screenings** at Wesley Pine Ridge from 9-10 a.m. Call 731-644-8266.

April 16 - **Chronic Disease Management Screenings** from 7-11 a.m. at HMC Cardiac Rehab. Call 731-644-8215.

April 17 - **The 5K Hushpuppy Dash** at HCHS at 7 a.m. \$15 pre-registration; \$20 race day. Log on www.worldsbiggestfishfry.com.

April 17 – The Lee School Association hosts **singer/piano entertainer Sammy Goldstein** at 7 p.m. in the Lunchroom. Tickets are \$15; call 731-642-3411 or log on www.SchoolForTheArts.org.

April 17 – **Knights of Columbus 22nd Annual Indoor Rummage Sale** at Holy Cross Catholic Church, 7 a.m. Call 731-642-4681.

April 17 and 18 – First Baptist Choir and Orchestra present **Sing Praise to the Lord**, a modern musical exploration of the Psalms; First Baptist Sanctuary, 6 p.m. Call 731-642-5074.

April 19 – **HCMC Care Van Screenings** at Grace Episcopal Church at 4:30 p.m. Call 731-644-8266.

April 19 – Kick up your heels at the **World's Biggest Fish Fry Kick-off Dance** at the Fairgrounds, 7-9 p.m. Call 731-644-1143 or visit www.worldsbiggestfishfry.com.

April 19 – **Senior Olympics** kicks off with Bowling at South Lanes, Union City. Come cheer on the Seniors from Henry County! For info on other Olympic events call the Office on Aging, 731-642-2919.

April 20 – **Fish Fry Carnival** opens at 5 p.m. at the Fairgrounds. **Country Dance** from 7-10 p.m., tickets \$5. Call 731-644-1143.

April 21 – Yumm! **The Fish Tent** opens at 5 p.m., \$10 for all the catfish and trimmings you can eat. **Hushpuppy Eating Contest** (entry fee \$5), 7 p.m. **Christian Concert**, 7 p.m. - FREE admission. **Carnival** open, 5-11 p.m. All these events at the fairgrounds. Call 731-644-1143 or log on www.worldsbiggestfishfry.com.

April 22 – **Rhea School students' Field Day and cookout**. Grab your camera for the **Kindergarten Fish Fry Parade**. Call 731-642-0961.

April 22 – **Fish Fry Arts & Crafts Show**, 5-8:30 p.m. **Fish Tent** open with \$10 all-you-can-eat catfish, 5-9 p.m. **Carnival**, 1-11 p.m. **IAPA Rodeo**, 7:30 p.m., tickets are \$9 adult/\$8 child. All events at the fairgrounds. Log on www.worldsbiggestfishfry.com.

April 22 – **The Ambassador Bobby Jones Community Service Awards and Musical at the Krider**. This gospel event and television taping benefits five local youth organizations; 12 local churches will be recognized. Tickets are at Paris Civic Center and Albert Ross Tharpe Services, 8:30 a.m.-2 p.m. weekdays. Call 731-642-3955 or 731-642-4329.

April 23 – **School's out for Fish Fry** in Paris and Henry County.

April 23 – **Fish Fry Arts & Crafts Show** from 8:30 a.m.-8:30 p.m. **Grand Parade** on E. Wood St., 10 a.m. Listen live on WTPR AM710. **Fish Tent** open for \$10 all-you-can-eat catfish, 11 a.m.-9 p.m. **Carnival** open 11 a.m.-midnight. **IAPA Rodeo**, 7:30 p.m., tickets \$9 adult/\$8 child. All above events are at the fairgrounds. Call 731-644-1143 or visit www.worldsbiggestfishfry.com.

April 24 – **Horse & Mule Farm Pull** weigh in 7-9 a.m., competition at 10 a.m., \$5 admission. **Small Fry Parade** at the Court Square at 10 a.m. **PI Catfish Races** at 10:30 a.m. on the Court House lawn. **Arts & Crafts Show** from 10 a.m.-8:30 p.m. **Junior Fishing Rodeo** at Williams Lake from 11 a.m.-1 p.m. The **Fish Tent** is cooking with \$10 all-you-can-eat catfish, 11 a.m.-9 p.m. **Carnival** is swinging from 11 a.m.-midnight. **IAPA Rodeo** opens at 7:30 p.m., tickets are \$9 adult/\$8 child. All events are at the fairgrounds unless otherwise noted. Call 731-644-1143 or visit www.worldsbiggestfishfry.com.

April 24 – **Concert in The Woods** at Paris Winery featuring live music

on the lawn, 4-8 p.m. Bring your favorite lawn chair, picnic and stemware! Call 731-644-9500 or visit www.ParisWinery.com.

April 25 – Paris native/professional NYC organist **David Williams** presents a series of **mini pipe organ concerts** at four Downtown Paris churches. Proceeds benefit the Athena Delphian Club's philanthropies. \$10 adults/\$5 kids. Call Amy Martin, 731-642-4757.

April 25 – Get that last Fish Fry ride on the Tilt-A-Whirl at the **Carnival** from 1-6 p.m. at the fairgrounds. Call 731-644-1143 or visit www.worldsbiggestfishfry.com.

April 29 through May 3 – Good Luck to our **Paris Special School District String Students**, competing in St. Louis, Missouri. For more information call Inman Middle School at 731-642-8131.

May 4 – **Cast your ballot** and be thankful for the right to vote.

May 6 – **Lifeline Blood Mobile** visits First United Methodist Church noon-6 p.m. Call 731-642-2941.

May 6 – **HCMC presents "Shopping Smart"** at Paris Kroger, 5-7 p.m. Free admission, registration required. Call 731-644-3463.

May 8 – **Girl Friends' Hike** at Britton Ford Hiking Trail—just for the ladies. Call the Refuge office at 731-642-2091.

May 7 – **Spring Gathering** at First United Methodist Church. Lunch is served from 11 a.m.-1 p.m. Tickets available at the door, dine in or take out. Call 731-642-4764.

May 8 – **Henry County Healthcare Foundation hosts a show** at the Krider. For time and more information, call the Krider at 731-644-2517.

May 9 – **Remember your Mother** on this, her day!

May 9 – **Mother's Day Mystery Dinner Theatre**—Ruggero's Italian Bistro at Paris Winery. Call 731-644-9500 for reservations.

May 15 – **Tennessee Wildlife Resources Foundation Fishing Tournament**. Entertainment, games and food after the weigh-in. Log on www.twrfnet or call 931-424-3211.

May 15 – **Concert In the Woods** is at Paris Winery, 4-8 p.m. Call 731-644-9500 or visit www.ParisWinery.com.

May 16 – **Youth Orchestra Concert**, Krider Performing Arts Center, 3 p.m. Free admission. Call 731-644-2517.

May 21 – **Congratulations grads! Henry County High School Commencement** at Patriot Stadium. Call 731-642-5232.

May 24 – **Administrative Day** for schools in the Paris Special School District. No school for students. Call 731-642-9733.

May 25 – **Last day of school** for schools in PSSD and HCSS. Yippee!

May 29 – **Paris Opry** is at KPAC at 7 p.m. For more information, call 731-644-2517.

May 31 – **Memorial Day!** Remember our Veterans.

UPCOMING EVENTS:

June 11 – **Relay for Life** will be held at the Henry County Fairgrounds. Opening ceremonies will be at 7 p.m.

Green Tips for Your Vehicle

By Dan Townsend



Alternate-fueled and hybrid vehicles are gaining market share and most divas would love to have their very own, but it's going to be a while before every driving diva has a new car in the driveway. In fact, these vehicles still account for a relatively small percentage of vehicles on the road. Someday all of us may be driving pollution-free, hydrogen-powered cars, but what's a concerned diva to do in the meantime?

Motorists who want to go 'green' can adopt some new habits and begin helping the environment right away. The easiest 'green' ideas for driving divas is to simply practice better driving habits. Here are the top ten habits that driving divas and their men folks, as well, can incorporate into their daily routine.

1. Every diva loves diamonds, so pretend someone is cutting these precious stones in the back seat. In other words, don't speed or accelerate suddenly; both habits guzzle gas.
2. Avoid tailgating by making sure you can see the back tires of the car in front of you. Leaving a good cushion between the two cars allows you to feather the gas pedal to maintain your distance. Not only does it save gas, it's safer to boot.
3. Divas have friends galore, but when it's your turn to drive and they're running late, do yourself a favor and turn off the car. Letting the engine idle for more than 30 seconds is wasteful. The same advice goes for the car line at school or any drive through, be it a restaurant or the favorite stop of all divas, the bank.
4. Consolidate daily errands to eliminate unnecessary driving. This not only saves gas, it saves time, as well.
5. Walk more. (Talk about helping your diva figure and the environment simultaneously!)
6. Whether it's golf clubs, pet food or your child's science project, if it's heavy, take it out of the vehicle; less weight means better mileage.
7. Get in the habit of having simple, routine maintenance performed.
8. Smart divas keep their engines running at peak performance—a misfiring spark plug can reduce fuel efficiency as much as 30 percent.



9. Don't ignore that 'Service Engine' light. It is attempting to alert you that excess emissions may be coming from your tailpipe.
10. Keep tires properly inflated to reduce the engine's effort and gasoline consumption. Your tires will last longer too.



Dan Townsend is a Henry Countian who teaches Automotive Technology at the Tennessee Technology Center's McKenzie campus. Contact him via www.MyParisMagazine.com.



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Faces & Places

HCHS band members Jason Compton, Houston Howard, Taylor Reeves and Adam Rhodes enjoy a little garbage detail during the Band Booster Chili Supper. ▶

Teresa Haley and her four-legged friend enjoy a game of donkey basketball, a fundraiser for Project Graduation. The event raised over \$3,200 for the all-night graduation party. ▶



Robbyn Wilson of the Lady Patriots Basketball Team keeps her eye on the ball in a duel with Dickson County. ▶



▲ Seniors Jay McCadams, Deonte Nored and Shonte Sims are recognized at the 82nd Annual Lions Club HCHS Football Banquet. (Photo submitted by Tim Williams)



▲ Trish Seimo and Pat Johnson smile triumphantly at breakfast at Paris Landing State Park Inn after participating in the Polar Plunge on New Year's Day. The event raised more than \$16,000 for the Boys & Girls Club of Henry County.

A crowd of Henry Countians honor Dr. Martin Luther King, Jr. with a march to the Henry County Heritage Center after breakfast and a program at Quinn Chapel AME Church. ▶





◀ Brian Foster of Landmark Realty & Auction takes a bid at a Tuesday night auction in the Kroger Shopping Center.

Bobby and Joanne Reeves enjoy a cup of coffee during a Chamber Coffee at Tennessee Valley Community Church's new home in the former Elks Lodge on Highway 79. ▼



Tim Williams of the Henry County High School Class of 1979 presents Plus Endowment's William Atchison a check for \$750. Classmates Dale Bell and Donald Dunning look on. The funds were from the class's 30 year reunion. Plus Endowment welcomes donations such as this from class reunions. For more information call 731-641-9137. ▶



▲ Megan Fuller of the American Cancer Society serves at the Sponsorship Breakfast with Relay for Life Co-Chairs Catherine Foster and Pat Webb. Relay for Life is June 11-12.



◀ Alexis Ward, 2nd place winner, performs at Patriot Idol at the Krider Performing Arts Center. The annual event is sponsored by the Henry County High School Student Council. (Photo by Mike Wilson)

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in the spring

One Ride at a Time

There was a day, in the not so distant past, when motorcycles were equated with rowdy teenage boys who had a need for speed. Eventually, those youngsters grew up, and while they never outgrew their love of motorcycles, they did discover a new way to use their bikes: fundraising.

Generous enthusiasts

On many spring and summer Saturdays, the roads of Henry County carry hundreds of bikers who are out for more than a weekend ride; they are helping to raise thousands of dollars for non-profit programs. Charitable organizations including Relay for Life, the Paris-Henry County Jaycees, Cottage Grove Fire Department, Damascus Road and others have been wowed by the amount of money donated annually by generous motorcycle enthusiasts.

What's your game?

Some of these groups simply offer organized rides, such as last year's Rumblin' for Relay event sponsored by Trinity United Methodist Church's Relay for Life Team. Riders made a donation to the cause, enjoyed a lovely ride through the countryside and returned for a delicious meal, hot off the grill. Other events offer Trivia Runs or Poker Runs, which entail donations to ride, cards at each stop and a chance to win a portion of the kitty. In short, rides are fairly simple to orga-



nize, don't take a lot of manpower, have loyal supporters and are loads of fun.

This fundraising model is so popular that a group of businesses near the lake hosts a ride each month between March and October. Dubbed "The Shortest Motorcycle Run in Henry County," the sponsors (Matt's Pub, Pit Bull Motorcycles, Cedar Ridge Winery and Hidden Creek Campground) rotate the proceeds among their favorite charities. According to Matthew Guinn, owner of Matt's Pub, each ride raises between \$300 and \$500.

Community Developmental Services

One of the newest groups hoping to turn a love of biking into cash for a cause is Community Developmental Services. This private, non-profit community based agency has served area adults with intellectual

disabilities for 35 years. It serves approximately 150 individuals in northwest Tennessee, about a third of whom are from Henry County.

Helping intellectually disabled adults improve their situation is neither high profile, nor glitzy. Based in Martin, many CDS clients receive employment training and are placed in paying jobs. Others attend workshops and classes where they learn life skills. Many participate in contract work from area companies. There also are outings to help hone social skills. But helping people create a better life is hard work and it's expensive; CDS struggles with funding.

A new ride in town

When CDS realized the success of "The Shortest Motorcycle Run in Henry County," they decided to organize a longer ride which will

take place on May 15. Because Matthew Guinn's older brother Jim is served by Community Developmental Services, the younger Guinn has always been happy to help fundraise and has signed on as a sponsor.

"I was excited that Jim Bo is the face of this year's ride and raffle, but folks should know that one hundred percent of the proceeds go to Community Developmental Services," said Guinn. "If CDS chooses to do this next year, there will be another CDS client from Henry County who will serve as the honorary spokesperson."

"This is going to be a great ride for a great cause," said Guinn.

The good news is, they are all great rides for great causes, thanks to a combination of beautiful scenery, warm weather, kind sponsors and big-hearted bikers from Henry County and beyond.

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Keep on the Sunny Side All Year

By Pat Terrell, R.N.

The transition of seasons from winter to spring to summer brings about uncertain feelings for those who struggle with long-term light, time, temperature and activity changes. Whether it's the familiar Seasonal Affective Disorder (SAD) or the more rare condition known as "Summer SAD," authorities emphasize that getting out and taking on a sun-filled activity is a good way to pull out of an ill mood.

With Henry County's bountiful outdoor offerings, it's not hard to combat the condition, according to Penny Snow, Licensed Clinical Social Worker at Spectrum Counseling in Paris. "There are several ways to deal with it," she said. "Staying busy is a good thing. The worst thing people can do is isolate themselves."

Mild symptoms can be curtailed by spending some time outdoors during the day or arranging your home or workplace to receive more sunlight. One study found that an hour's walk, even in winter sunlight, was as effective as two and a half hours under bright artificial light. Usually the low feelings will go away by early summer. While many symptoms can manifest, watch out for extremes in behavior, according to Snow.

Other symptoms can include:

- Increased craving for sweet or starchy foods



- A feeling of heaviness in the arms or legs
- Poor energy or fatigue
- Poor concentration
- Irritability or increased sensitivity to comments of others

Don't be fooled

Many symptoms of "Summer SAD" are similar; however the unfortunate people who suffer often attribute their feelings to the summer heat, not the amount of light usually present in the summer months. Relief is sometimes obtained by staying indoors and keeping cool or taking regular cold showers.

Depression: seasonal vs. major

An important distinction to make is the difference between a seasonal depression and major depression. "It's major depression if it occurs

from one season to the next," said Snow. "If it clears up with light, then it's seasonal." Snow knows about extended seasonal darkness after a stint in the "land of the midnight sun." "I lived up in Alaska for two years," she reported. "A lot of people there have to have a special high-intensity SAD light to survive. Twice a day, an hour at a time with those lights helped a lot."

Positive lifestyle

An overall good rule of thumb to fight any type of depression is to make a concerted effort to keep a positive mental outlook and lifestyle. It's important to consume foods that include essential vitamins and minerals, try to eat more healthy food, and break those surly bonds of dark indoor life for exercise and light.

"If you're depressed, you can tend to overeat," said Snow. "And

if you eat junk food, you can feel worse."

So as spring rolls into Paris and Henry County, make a concerted effort to set aside time for hiking, canoeing, fishing, swimming, or other fun in the sun activities. Make specific plans to soak up more rays and make more time with friends and family members you enjoy. Find laughter throughout your day.

"As spring warms up, people who suffer from SAD usually get better," said Snow. "Along with that, seeking counseling, visiting with friends and talking are key."

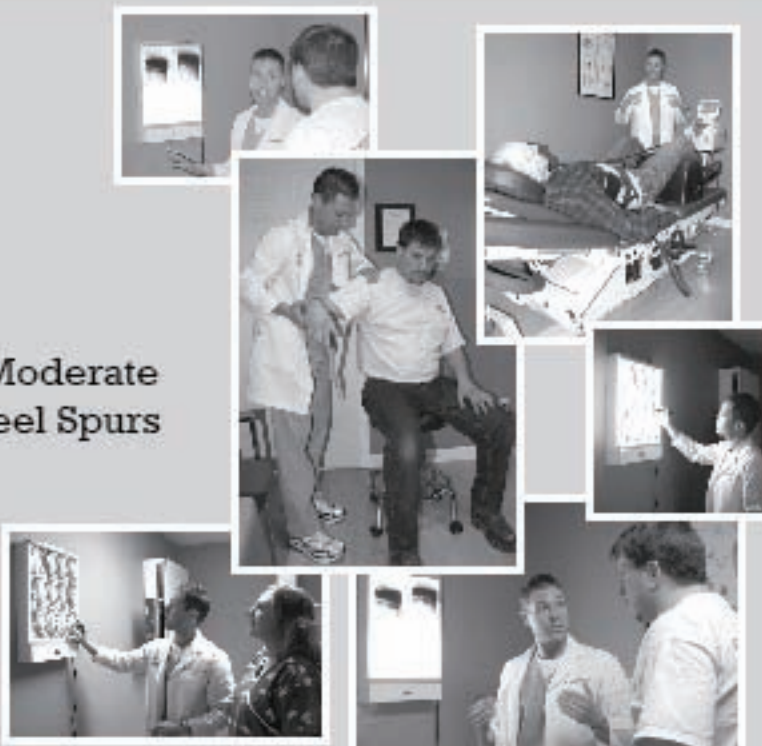


Pat Terrell is a registered nurse who lives and works in Henry County. His two bearded collies ensure that he gets plenty of exercise and sunlight.

Neck Pain
Low Back Pain
Migraines
TMJ Disorder
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Henry County School System Service-Learning Newsletter

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—MLK, Jr.

Monday, March 15, 2010

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For more information about Service-Learning, please contact:
Susan Burton, Ed. D
Service-Learning Coordinator
Henry County Schools
731-642-9551 ext. 132

This newsletter was created by the Document Formatting Class taught by Pam Nelson as a service-learning project entitled *Patriot Designs*, funded by a Learn and Serve America grant.

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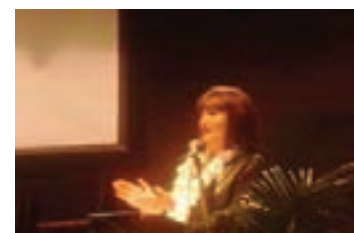
Henry County Theater Wall of Fame

Henry County High School Speech and Theater Wall of Fame Award Ceremony was held in the Little Theater on the night of October 10 in front of a full house. Honorees included Colonel Daisie Wheeler Boettner, Bart Herbison, Cherry Jones, Ronnie "Night Train" Lane, Summer Crockett Moore, Tammy Lyn Plantinga, and Douglas Rogers.

During the ceremony, Linda Wilson Miller acknowledged HCHS Principal, Lennies McFerren, for brainstorming the idea for the Wall of Fame. Although Miller, Speech and Theater teacher for 40 years, honored and remembered her former pupils and the late Mrs. Ruby Krider, the Honorees praised and recognized Miller for her hard



work, commitment, and dedication to her passion for teaching and inspiring confidence in her students. *Inductees Continued on page 2.*



Bobbie Fazzini, Master of Ceremonies, announced to Miller that the National Forensic League had recognized HCHS with the Leading Chapter Award for this year.



Banquet Held for Wall of Fame Ceremony



A reception followed, catered by Kyla Parker's Culinary Arts III class and funded by a Learn and Serve America grant. The Culinary Arts class planned for 350 people, figuring cost, supplies, and time needed to prepare the reception food, punch, tables, and decorations. Students served guests punch, kept the

food trays full, and made sure all guests were well cared for throughout the evening. The staff of students were also responsible for clean-up after the reception. Before leaving for the night, students discussed areas in their performance that needed improvement as well as those that went well.

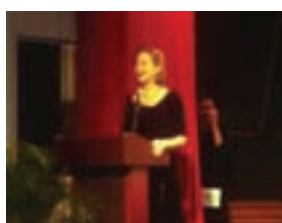
In addition, Angela Yearry's Multi-media class designed professional quality programs for the evening. Overall, the event was a success for the Service-learning project involving Theater Arts, Speech Team, Multi-media, and Culinary Arts students.

Speech & Theater Wall of Fame Inductees



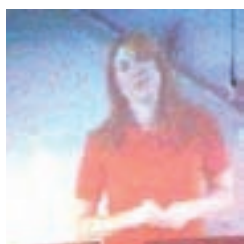
HCHS theater and speech students were on hand to introduce the Honorees. Carrie Dean

introduced Boettner who spoke highly of Miller, stating she gave her students confidence and compassion.



Cherry Jones was introduced by student Madison Boyd. Jones remembered that their speech team always competed against

"hot shot schools but we always had confidence because of Linda."



Hailey Townsend introduced the absent Moore but showed a video "thank you" speech to the crowd. Moore said Miller "toiled away with

us each year" and called her an "exquisite gem" of a teacher.



Plantigna mirrored the statement, calling Miller a "great mentor" and "smart, beautiful, sophisticated" woman who put time and

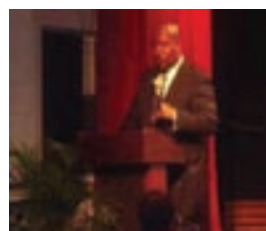
energy into her students. Plantigna was introduced by student Kelsey Collins.



Student Jacob Montgomery introduced Bart Herbison who stated Miller

believed he could be

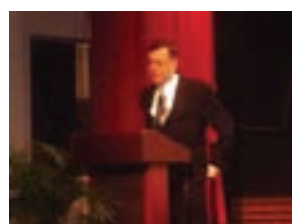
successful in speech and he knows now that he has the best job in the world, thanks to her help.



Patrick McEntire introduced Lane who stated he believed

every student in the

school should take speech and drama because of the importance of effective communication in everyday life.



The last recipient, introduced by Jason Wade, was Rogers who shared his

memory of watching

Cherry Jones as she came to Grove to act and recruit for the theater and speech class. "I couldn't wait to get to Henry County High to be on the speech team." He also remembered a competition where HCHS came in second place to Beverly Hills High School, California. He said Miller instilled confidence in them to let them know they could compete with anyone.



Lessons From 9/11 Leaders

At Harrelson School, Lee Sapp invited Sgt. Kenneth Woods of the 1174 Transportation Company, Memphis, TN, to speak to his 7th and 8th grade Social Studies classes about his experiences in the military. Sgt. Woods has been serving his country for the last 20 years in the Army and National Guard. He has been in Desert Storm and Iraqi Freedom wars and is scheduled to return to Iraq in several weeks. His advice to students looking at the military for a career was to obtain as much education as they could before they join and to take advantage of the education the military would provide for them.



The students have been studying a 09-11 history lesson, watching the video, *In Memoriam New York City 09/11/01*, discussing and writing reflections on feelings about what they remember on the day, implications for today's society, and keeping history from repeating itself. They have written letters of encouragement to Sgt. Woods' soldiers for him to take back to Iraq. They hope to hear from the soldiers and continue their correspondence. (Also pictured are HCHS students from Diane McCord's class; see page 4.)



What is service-learning?

Service-learning is a teaching and learning strategy that integrates meaningful community service with instruction and reflection to enrich the learning experience, teach civic responsibility, and strengthen communities.

What are the goals of service-learning?

Service-learning combines service to the community with student learning in a way that improves both the student and the community. As they participate in their community service projects, actively meeting the needs of communities, youth develop practical skills, self-esteem, and a sense of civic responsibility

How does service-learning differ from community service or volunteering?

Community service is volunteer action taken to meet the needs of others and better the community as a whole. Service-learning is integrated into and enhances the academic curriculum of students engaged in service, or the educational components of the community service program in which the participants are enrolled. Service-learning provides structured time for thoughtful planning of the service project and guided reflection by participants on the service experience. Overall, the most important feature of effective service-learning programs is that **both** learning and service are emphasized.

Who are the partners with the community in service-learning?

Service-learning partners can include elementary schools, secondary schools, institutions of higher education, community service programs, government agencies, non-profit organizations, faith-based organizations, and tribal nations.

The distinctive element of service-learning is that it enhances the community through the service provided, but it also has powerful learning consequences for the students or others participating in providing a service. Service-learning is growing so rapidly because we can see it is having a powerful impact on young people and their development. It is a dynamic process, through which students' personal and social growth is tightly interwoven into their academic and cognitive development.

Service-Learning Mini-Grants

Learn and Serve America: \$9987.00
Coordinated School Health: \$2287.00

	Grove	Harrelson	Henry	HCHS	LWE	LWM	ALC
	\$142	\$500	\$150	\$400	\$220	\$250	\$100
	450	388	100	150	500	300	
	160	100	100	150	250	100	
	75	400	100	150	314	100	
	100	300	360	300	200		
	300	500	300	100	545		
	237	100	100	100			
	250	150		450			
	436	200		100			
	200			363			
	100			500			
	115						
	375						
Total	\$2940	\$2638	\$1210	\$2763	\$2029	\$750	\$100





Lakewood Starts Peer Help Early

Lakewood Elementary School 3rd grade student, Taylor Petty, guides kindergartener Wade Tucker in a reading and writing assignment. "We're their teachers and teach them how to spell. They need help sounding the words out and we help them read," said Taylor.

This service-learning project of Ms. Kimberly Troutt's 3rd

grade students provides a teaching and learning experience for both her students and Mrs. Kristy Williams' kindergarteners.

The 3rd grade students wanted to be of service to younger children and decided they could visit kindergarten students in their own school. The goal is to give the younger students a mentor to look up to scholastically so they will want to achieve in reading. The older

children are able to practice new communication skills, spelling, and social skills. The lesson plans change from week to week which allows students to teach and learn their reading curriculum together. The students meet on Tuesday and Thursday of each week. Every age of student agrees; it is a fun way to learn!

Henry Helps Make Bags for New Students

A Henry School 5th grade student helps a new student feel at home with a "Welcome Bag" filled with donated school supply items.

The service-learning project, funded by a Learn and Serve America grant, helps students meet the needs of incoming students as well as help established students recognize the

needs of new-comers to the school community. Parents new to the community also feel relieved knowing their child will begin the day with appropriate school supplies.

The project is from Henry Elementary School's 5th grade Social Studies classes. Teachers, Colleen Twilbeck and Andrea Greer, stated that many times new students arrive to school the first day not knowing what

supplies to bring to class and not knowing any students. "We made 30 bags that are grade specific in school supplies and range from Kindergarten to 8th grade." This project helps make it a little easier to be in a new school and enhances Henry School's positive school climate.



Memorial Service for 9/11

Criminal Justice III class holds a memorial service at Henry County High School for the victims of 09-11. Diane McCord's class used this opportunity to invite the men and women who serve our community to a reception held in their honor. Students from the class served their guests refreshments and thanked them for risking their lives to protect the community. Students talked with the guests about their careers in the criminal justice field and asked for advice about their education. This service-learning project, funded by a Learn and Serve America grant, gave elected officials, community service agencies, and school officials a time to reflect about our own community needs with the students.

E.W. Grove Students “Beautify” Community

Jim Cloar’s Principles of Agriculture students, from E. W. Grove School, work on a service-learning project to beautify the community. Students are studying soil formation and are seen here fertilizing, weeding, and mulching the flowerbeds at the entrance to the Henry County fairgrounds. Continuing study will include proper soil management practices including surveying a hillside at Grove campus, planning with maintenance and land surveyors, laying soil liners and rip-rap to control and prevent further erosion.



Henry County High School Helps Rolling Hills Humane Society



A HCHS student from Ascenith Luker's class hammers the last shingle in place on one of nine doghouses the class is building for the Rolling Hills Humane Society (RHHS). The Service-Learning project, funded by Learn and Serve America, began on August 31 with animal safety lessons. The project will continue until March and will also include a visit to an animal clinic (job

explorations skills), lessons on the cost of owning a pet (mathematics), a visit from a RHHS employee (job skills), making nursery boxes and animal blankets (Industrial job skills, reading, mathematics), making a flyer for a RHHS fund raiser (computer skills), and weekly visits to the RHHS site (job skills). Students will reflect on their learning by writing about their experiences in a portfo-

lio. They will also be performing a play for elementary school children, teaching children what they have learned about animal safety and responsibility. A celebration of their accomplishments will be held at the RHHS when students will give food treats to the animals they have helped house and keep healthy.

This service-learning project is an example of students connecting their academic curriculum with real world service experience. The Rolling Hills Humane Society is a non-profit organization and relies on community support to help feed the animals and maintain basic operations. The Society also relies on the community to volunteer time to help with the animals and their needs.



Building Bridges



Henry County High School International Business and Marketing class students discuss an anti-bullying poster with Mrs. Cunningham's 4th grade Paris Elementary School English class. The 4th grade students have completed the novel, *Welcome Home, Jellybean*, about a student who is bullied because he has a sister with special needs. Candi Agee's

marketing students helped the 4th graders create an advertising slogan and poster to stop bullying at PES. Several slogans were created during the project, such as "Build Bridges, Not Walls," and PES---be Patient with Every Student. HCHS students returned with some of the posters and will use them to create a bulletin board in the front hallway of the high school.

Harrelson "Plays" with Fire



Hope you didn't miss the Christmas play at Harrelson School on December 7 in the Harrelson Multi-Purpose Room. The 2nd grade students presented a musical in honor of the local Puryear Volunteer Fire Department. The students wrote personal invitations to all of the firemen

(formal letter writing) and extended an invitation to the community to attend their upbeat attempt to get a hound dog to sing.

The Harrelson 2nd grade teachers, Julie Akers, Sandy Borst, and Sandra Paschall, sent home needs assessments during October's Fire Prevention Month, to determine if smoke detectors were needed in homes. Local firemen taught students that prevention is the key to safety; therefore, students wanted smoke detectors in as many 2nd grade homes as possible. Teachers stated that the fire department is instrumental in helping with fire prevention awareness and the importance of smoke detectors in the

home.

Donations were taken at the door to buy batteries for the smoke detectors and remaining funds were donated to the Puryear Volunteer Fire Department. The Henry County Safe and Drug Free Task Force funded the purchase of the needed smoke detectors for this service-learning project.

Curriculum objectives include fire prevention awareness; effective communication and social skills; reading and writing.

HCHS Banking Students Teach to Save Money

Learning to save money isn't very hard when students teach students using games and prizes. Henry County High School banking students traveled to Grove School's Personal Finance classes with an array of teaching strategies to engage the ninth grade students in thinking about the importance of saving money, spending responsibly, and investing wisely. HCHS teacher Angela Yearry and her class asked Grove students, taught by Bob Tyler, to complete a worksheet to get an idea of what a typical teen may earn in a month (\$600.00) and what they would do with the money. Students were encouraged to save a percentage of their earnings for emergencies and miscellaneous items.

The game, "To Save or Not to Save," created by the HCHS students was played by the class and each team was given a task of spending, saving, or investing their winnings. The different groups discussed all options available to them and presented their reasons for using their money as they did. The "spending" group used their money for education, transportation, recreation and included a charity donation in their task; the "savings" group used a money market account which provided a larger interest for their savings; and the "investors" invested in companies



such as Google, Dollar Store, and Hollister as they used these services regularly and believed they were a safe investment.

In another activity, students were allowed to "spend" or "save" a money ticket they were given at the beginning of class. Students choose to use their money ticket at the end of class to purchase books, pencils, Patriot items, and candy, or save it. Those students who chose to save were able to participate in a drawing for a Patriot t-shirt and purchase an item. The lesson was, "It pays to save in the long run!"

Grove students presented each HCHS student-teacher with a piggy bank as a "thank-you" gift and also use these banks themselves as reminders to save over the year and deposit in the Patriot Bank. Grove students were given information on the HCHS Patriot Bank for when they use it next year while attending HCHS. All money is FDIC-insured through their com-

munity partner, First Bank of Paris. One can earn an impressive 3.25% interest on a savings account. Students were also given the following saving tips:

- Consider needs versus wants
- Direct deposit into savings if possible
- Pay your bills on time
- Use a checking account versus check-cashing stores
- Save extra money from raises and bonuses
- Keep making loan payments to yourself
- Save cash gifts
- Pay yourself first to increase your savings

This Service-Learning project has been a semester-long project of Tyler's Personal Finance classes and was funded by a Learn and Serve America grant and a Plus Endowment grant. Yearry's Banking students have (pardon the pun) "piggy-backed" and created a Service-Learning project to complement both Banking and Personal Finance curriculum. The HCHS students have provided a teaching service that was well received by the Grove students. In turn, they stated they are excited and motivated to learn their curriculum in order to teach it to others. What a great time to be an educator in Henry County when we have the opportunity to witness our students learning to serve others!



Grove Gets Fit

When students in John Wilkins' Wellness classes read an article stating Tennessee ranked 4th in adult obesity, the students became concerned about their parents and wanted to do something about it. **Grove Gets Fit** was the result.

Students planned and prepared their service-learning project by researching how much and what types of exercise are recommended for adults, amount of calories based on height and age, and the amount of calories in the foods at local restaurants. For the action component, the students practiced the exercises in class, modeling for one another, so they could teach their parents during the **Grove Gets**

Fit night at Freedom Fitness Center. Participants exercised in groups and students led the exercise routines and educated parents about the research findings. Reflection components of the continued throughout the project, but the students' discussion about the event were most meaningful. For example:

Bradley Polanco – "I was really excited with our service-learning project. I was not very happy with the number of people that came. I wish more people would have come. I would like to do this again, and hopefully more people will come. Obesity is a problem with our adults and this was an opportunity to teach them that

there is always time to work out, and you do not need equipment to work out. I want to do this again!"

Tyler Martinez – "I liked this activity, and I will do this stuff at home! My mom really liked this service-learning project. She said she might try some of this stuff at home as well."

Jarred Thorne – "My dad said he was surprised at all the students trying their hardest, and some of the adults. He also said that the groups were almost at the same time and that it looked cool. Also, that we looked like we had fun and enjoyed it."



Students' Reflect and Celebrate Health



The students celebrated the night of the event as well as the next day in class. After a reflective journal writing and discussion about their experiences, students chose to play volleyball and basketball in the gym. As a continuing reflection and celebration activity, students presented a powerpoint presentation at the November School Board Meeting. One of the

goals the Tennessee Department of Health is emphasizing this year is to educate parents about healthy eating and exercise. With this project, Grove Wellness classes are helping to meet the state goal in our community, as well as completing twenty Wellness state curriculum standards. The Henry County School System's Coordinated School Health Program service-learning grant has helped fund this project.



Contact us if you have an idea for a service-learning project!

Henry County School System

Paris, Tennessee 38242

<http://www.henry.k12.tn.us>

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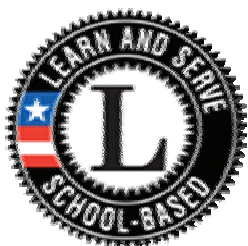
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Learn and Serve America is a program of the federal agency, Corporation for National and Community Service. Created by Congress and the President to promote service-learning, Learn and Serve America engages more than one million young people from kindergarten through college and is the largest supporter of service-learning in the United States. Visit www.learnandserve.gov or the National Service-learning Clearinghouse toll-free at 1-866-245-SERV(7378) or www.servicelearning.org to find out more. *"This material is based upon work supported by the Corporation for National and Community Service under Learn and Serve America Grant No. 09KS0958981. Opinions or points of view expressed in this document are those of the authors and do not necessarily reflect the official position of the Corporation or the Learn and Serve America Program."*

Something New Under the Sun

By John Watkins

As I write this article (yes, it's still January), the temperatures have just gotten above freezing for the first time in about ten days, so the prospect of getting outside and playing in the dirt sounds pretty darn good. To get everyone as excited as I am, here's a little jump-start on some new and exciting plants that are either already on the market or surely will be soon.

Perennials

The number of new perennials introduced each year can be mind-boggling, but here are a few that stand out and show great promise.

- If you don't have a Lenten Rose (Heleborus) in your garden, now's the time to try one. Helebores are a shade perennial with two big advantages: they are evergreen and deer resistant. A new variety called 'Pink Teacup' is being released that has beautiful blush-pink flowers that appear in very early spring. If the pink flower doesn't seem quite manly enough, try the Lenten

Rose with a deep, hearty burgundy flower called 'Winter Jewels'.

- Coneflowers are always one of the hardiest of perennials and show great heat and drought tolerance. They also attract butterflies and hummingbirds. An especially exciting new variety is called 'Pink Poodle'. It looks like a zinnia on steroids. Its giant four-inch, pompom-like flowers make it a showstopper. I love plants that are named after food, and there are two new cone flowers that sound lip smacking good. 'Tomato Soup' is one of the brightest red and longest blooming cone flowers out there. 'Mac 'N Cheese' is a lovely yellow variety that is floriferous and great for cutting. Sounds like a pretty tasty meal.

- I'd be remiss to not include at least one new variety of my favorite plant, the hosta. 'Hanky Panky' is a medium-sized hosta that has showy green leaves with a white border that is outlined in chartreuse. That's a pretty stunning

combination, but as it is actually a sport from another hosta called 'Strip Tease', it's not too surprising. (I wonder if Tiger Woods has these in his garden?)

Shrubs

While perennial flowers usually steal the show on the new plant market, new varieties of some old standby shrubs are well worth looking into.

- One of my new favorites is the 'Incrediball' hydrangea. This improved variety of the 'Annabelle' hydrangea has absolutely huge white blooms. The beauty of this plant is that even with the huge flowers, it doesn't "flop" after a heavy rain like most others.

- A new dwarf oakleaf hydrangea called 'Little Honey' would be another nice addition to a semi-shady garden.

- Another old-fashioned plant with a new twist is the 'Blue Chiffon' rose of sharon. Its exquisite blue flowers have a lacy center of light

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lavender flowers that give it an almost "double" appearance.

- For those who really want something new this year, try planting a blueberry bush amongst your existing perennial border. 'Pink Lemonade' has showy pinkish-white flowers and fruits that turn a striking deep pink color. And yes, either you or your bird friends can eat them.

- Deutzia is one shrub that is often underrated and overlooked when choosing plants for the shrub border. A new variety named 'Spring Sensation' was actually bred for cut flower production. It has profuse flowering with sweet scented, pure white blossoms. It's also disease and pest resistant, so what's not to love?

Trees

Trees seem to be the one category of plants that have the fewest

new introductions due to their slow breeding process. A couple of varieties that are noteworthy include a new dogwood and a form of the European beech.

- 'Karen's Appalachian Blush' dogwood has large, 5" white flowers that appear before the foliage in the spring. It was bred specifically for its amazing resistance to the dreaded powdery mildew disease that can literally defoliate other dogwoods. On top of that, it was introduced by our own fine researchers at the University of Tennessee.

- Looking to plant a legacy tree? A form of the European beech called 'Roseomarginata' would be an excellent choice. It is a slow grower, but its new leaves unfurl to brilliant shades of dark pink with white markings around the edges. These same leaves turn a fiery shade of copper in the fall. It's worth getting

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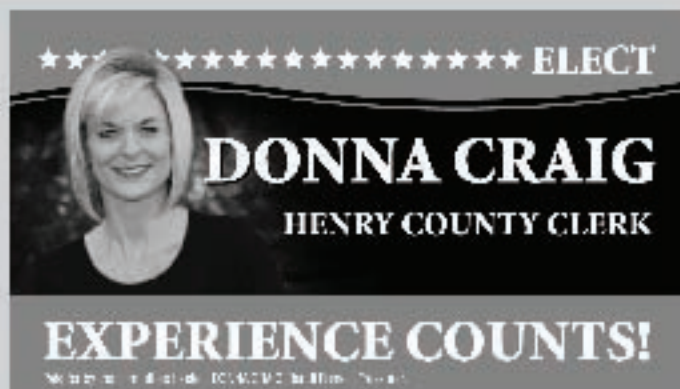
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one just to impress your friends by pronouncing that long name.

So there you have it; a list of some "must have" plants for the coming year. You may have to shop around a little to find them, but the thrill of the hunt will be well worth it.



John Watkins is a landscape designer and Certified Grounds Manager who resides in Henry County. Email him via the "contact us" section at MyParis-Magazine.com.

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For information, see the calendar on page 14.



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Spring Cooking and Cleaning

By Lisa Ciarrocchi

Spring is in the air! While spring cleaning, don't forget the kitchen cabinets; sort out those old herbs and spices that you keep passing up to get to the ones you use all the time. A few spices may be all you need to enhance many of your favorite and new-found recipes. Salt and pepper of course, garlic salt, basil, parsley, oregano and crushed red pepper can meet most of any cook's spice needs. Herbs and spices are still relatively inexpensive, and some fresh herbs are fairly easy to come by. Also, many are easy to grow at home.

When buying and storing herbs:

- Look for an expiration date when purchasing. Most spices will last six months to a year.
- Buy whole if you can, and then crush them as needed with a mortar and pestle, a small food processor or a coffee grinder.
- Store in a cool, dark place in an airtight container. The cabinet over the stove is not the best choice.

Pesto Pasta with Grilled Chicken

½ cup plus 2 Tbsp. prepared pesto (recipe below)

½ cup Italian dressing or extra virgin olive oil & red wine vinegar
1 lb. skinless, boneless chicken breast (optional)
8 oz. of your favorite pasta, cooked as directed.

In a resealable plastic food storage bag, combine Italian dressing and 2 Tbsp. pesto sauce. Add chicken & reseal bag. Refrigerate at least one hour. Grill or broil chicken until fully cooked. Toss hot pasta with remaining pesto sauce. Slice chicken breasts and serve with your favorite pasta. You can add vegetables like spinach or broccoli or substitute any kind of meat or fish for the chicken. Makes 4 servings.

Basil Pesto

1 to 2 garlic cloves
½ tsp. salt
3 Tbsp. pine nuts
3 cups loosely packed fresh basil leaves
½ cup extra virgin olive oil
½ cup parmesan cheese

In a blender or food processor, combine garlic, salt and pine nuts; cover and process until finely

chopped. Add basil and olive oil, puree until smooth. Add cheese and process just until combined. Serve with pasta, grilled meat, or cooked vegetables. For a special treat try it on a warm roll or muffin. Pesto is



Many herbs are easy to grow right in your own kitchen. Fresh herbs add wonderful flavor to these and countless other spring dishes.

so versatile, you can add vegetables such as spinach or broccoli or any kind of meat or seafood. Makes one cup. Any leftover pesto may be frozen in Tupperware or a baggie for at least a month and taken out for a quick pasta treat!

Mushroom and Spinach Toss

½ cup (16 oz) farfalle or bowtie pasta
¼ cup pine nuts
1 (8oz) pkg sliced fresh mushrooms
1/4 cup sundried tomatoes in oil, drained and coarsely chopped
4 garlic cloves, minced
¼ cup dry white wine (Chardonnay or Sauvignon Blanc) or chicken broth
1 (5oz) pkg. fresh baby spinach
2 Tbsp. butter
1-2 tsp. olive oil
¾ tsp salt
½ tsp pepper
½ cup freshly grated Parmesan cheese

Prepare pasta according to package directions. Preheat oven to 350 degrees. Arrange pine nuts in a single layer in a shallow pan. Bake 5 to 7 minutes or until lightly toasted and fragrant. Melt butter with oil in a large skillet over medium-high heat, add mushrooms, and sauté 5 to 6 minutes or until golden brown and most liquid has evaporated. Reduce heat to medium, add tomatoes and garlic. Cook 1 to 2 minutes, stirring constantly. Stir in wine and cook 30 seconds, stirring to loosen particles from bottom of skillet. Stir in hot cooked pasta and spinach. Cook 2 to 3 minutes or until spinach is wilted. Stir in salt and pepper. Sprinkle with Parmesan cheese and toasted pine nuts. Serve immediately. Makes 6 servings.

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Asparagus-Tomato Stir Fry

1 lb. asparagus spears cut into 1 inch pieces. (Look for asparagus spears about the size of your pinkie finger or smaller)
4-6 green onions sliced into 1 inch lengths
1 ¾ cups sliced, fresh mushrooms
2-3 small tomatoes, cut into thin wedges
1/3 cup chicken broth or dry white wine (Chardonnay)
2 tsp. soy sauce
1 tsp. cornstarch
1-2 Tbsp. extra virgin olive oil (add additional as needed)
½ tsp. grated, fresh ginger

The best way to prepare asparagus is to just snap it like you would a green bean, separating the woody stem from the fresh asparagus. Discard the woody end.

Combine broth, soy sauce and

cornstarch and set aside. Pour oil into a large skillet, swirl to coat the pan and preheat over medium-high heat. Stir-fry (stirring while frying) ginger in hot oil 30 seconds. Add asparagus and green onions and stir fry another 3 minutes; add mushrooms and stir-fry another minute or until asparagus is crisp-tender. Push the vegetables out from the center of pan forming an opening in the middle of pan. Stir prepared sauce into the center. Cook and stir until thickened and bubbly. Add tomatoes. Stir to coat with sauce and heat through. Makes 4 servings.

Spring Frittata

Frittata is a versatile choice for breakfast, brunch or supper. The vegetables, cheese, spices and meat can be varied, substituted or added.

2 small zucchini
1 cup ricotta or feta cheese

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2 tsp. minced garlic
 8 large eggs
 3 Tbsp. olive oil
 ½ tsp. salt
 6 scallions, minced (whites and greens)
 1/2 cup minced fresh parsley leaves
 ¼ tsp. freshly ground pepper

Pour 1 Tbsp. olive oil into a large skillet, swirl to coat the pan and preheat. Add zucchini and sauté, stirring occasionally for five minutes or until just tender. Stir in salt and garlic and cook stirring for one minute. Remove from heat. In a large bowl, whisk together eggs; then add sautéed vegetables, scallions and parsley. Add cheese and pepper to taste. Clean and dry skillet and return it to the stove over moderate heat. Preheat broiler. When skillet is hot, add remaining 2 Tbsp. olive oil and swirl to coat the pan. Pour in vegetable, egg mixture and cook undisturbed over moderate heat for 3 to 4 minutes or until eggs are set on the bottom. Transfer skillet to broiler and broil for approximately 3 minutes or until golden brown on top. Reduce heat to 450 degrees, cover loosely with foil and bake for 2 to 3 minutes more or until center is just set. Remove from oven and run a spatula around the edge of pan to loosen the frittata. Slide or invert onto a large round plate, cut into wedges and serve hot, warm or at room temperature. Makes 4 to 6 servings.



Lisa Ciarrocchi and her husband, Roger, own Paris Winery. Email her at www.ParisWinery.com.



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By Jasmine Sterling



Shown on the runways, displayed in stores, worn on the streets—fashion is an interpretation of personal style, preferences and trends, sometimes with grit and always with spirit. We may not agree with, like or understand some fashion choices, but at the very least they make us tilt our heads and smile.

For the World's Biggest Fish Fry, it's fashion savvy to sport Fish Fry worthy, whimsical clothing and accessories. The t-shirts, hats, jewelry and bright ensembles don't even have to match, but they must be fun and above all, fishy, allowing the participants to embrace their inner fish.

Get creative

One fish-abulous[®] idea is to make group or team shirts in your favorite color to wear to the parade, the carnival, Fish Races and other activities. This is a perfect family, friend or office idea.

Recycle old baseball hats into Fish Fry caps. Ladies, turn old hats into one-of-a-kind Fish Fry chapeaux. Tweens and teens, gussy up, deconstruct and reconstruct that pair of jeans in the bottom drawer. Have fun, be creative and add your personal touch.

Locally designed accessories

Many fish-abulous[®] individuals are clients of local jewelry designer, Doreen Bates. With her fishy little heart, she envisions, designs and sculpts fanciful necklaces, bracelets and earrings that capture the essence of Fish Fry.

Bates has been designing jewelry for 10 years and has perfected her process. She carefully hand selects



This fish necklace was a gift to Paris' First Lady Gail Tharpe from her mother. ▶



each color of clay, mindful of the textures for her creative vision, molds each strand and piece, adds secret elements for vibrancy, making each piece unique. "It's a labor of love," she said. "Each piece takes many, many hours, especially since the colors are inlaid clay, not painted."

In the fashion industry these designs are referred to as "one-offs" because they are not repeated or reproduced. For Fish Fry, Bates creates original fish pieces to be worn loud and proud in celebration of spring and beautiful Kentucky Lake. This year, she was inspired to create a fish brooch. Be on the lookout for an interview with Bates on MyParisMagazine.com. Purchase a brooch and be a trend-setter with this new piece.

A visitor's view

A perfect example of the Fish Fry Spirit, is Marty Marbry. "Fish Fry is one of the most important events in my territory and the most fun," said West Tennessee's Regional Manager for Tourism. Marbry has created her own Fish Fry look from capris, jackets and fish jewelry. "I love Fish Fry and dressing in fish attire just makes me feel like a real part of the event."

"Scale" it down

If t-shirts are more your style, and you don't feel creative, there is a fish-abulous® selection from the Jaycees, who sponsor the Fish Fry each year. New designs are created annually to feed the spirit and need of the t-shirt connoisseur. A comfy, ready to wear option is the t-shirt. For ladies, they are perfect with a cute pair of jeans, a statement belt, tennis shoes or sandals. Men can wear t-shirts for almost anything, except a first date. Souvenir T's are great because they become vintage, plus collectors eventually have one to wear each day of Fish Fry. So get those annual t-shirts and let your Fish Fry spirit show.

Even more

In addition to the wardrobe staple of the t-shirt, the Jaycees can get the whole family suited up with accessories and souvenirs from the Fish Fry headquarters on East Wood Street (next to Paint Plus). These goodies include: key chain lanyards, drawstring back packs, Frisbees, canvas totes, patches, aprons, caps, onesies and bibs for the small fries, lapel and hat pins, shot glasses, collector cups, magnets and more.

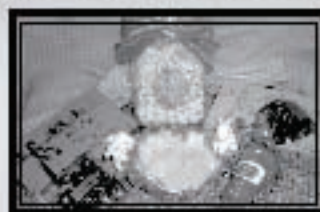
Where to go, what to do

From the tossing of the first hushpuppy to the grand



Rachel Terrell has a variety of Paris and Fish Fry jewelry. Her fish earrings and necklace were created by Doreen Bates. (www.DoreenBates.com)

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parade, to the rodeo, to the last heat of the fish races, real Henry Countians don't miss a single Fish Fry event. Check out the schedule on page 48 or log on MyParisMagazine.com, then mark that calendar and get in the swim.



Jasmine Sterling is a professional fashion designer, costume designer and fashion stylist.



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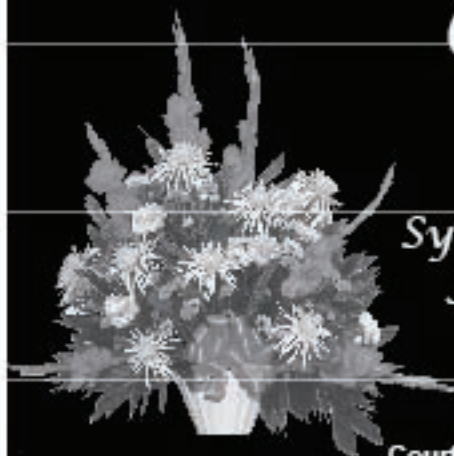
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GROWING UP IN MAPLEWOOD... ...CEMETERY THAT IS

By Shannon McFarlin

Most of us are fearful of spending time in cemeteries after dark, let alone an entire night.

But Mary Will Gardner is different. She has the unique experience of spending many nights in a cemetery—all of her childhood, in fact.

You see, Gardner was raised in Maplewood Cemetery. Maplewood is one of Paris' most beautiful and historic cemeteries, but hardly the place most of us would think of

when we're planning to build a house.

Gardner was raised in the home of her aunt and uncle, Andrew and Mary VanDyke. VanDyke was the caretaker of the cemetery and a foreman for the city's street department.

As caretaker of the cemetery, living in the five-room, one-story home was convenient for VanDyke and his family, which included Gardner and her mother Mattie

after her father Ernest Will died.

When the home was built, it was located at the far edge of the cemetery grounds, but in the years that have passed, the cemetery has grown into the rolling hills that used to serve as the VanDyke's back yard.

Their original home was torn down and another, larger one was built within the cemetery grounds when Gardner was a teenager and she remained there until she married. "So I lived in the cemetery from the time I was a baby until I got married," Gardner said.

Did it ever bother her living in a cemetery? "It didn't ever bother me. Some of the kids that played with me were scared sometimes, but I never was. We used to pretend like we saw a ghost sometime and run off, pretending to be scared. But I never really was scared," she said.

Maplewood Cemetery has many memories for Gardner. The chestnut tree that graced the yard of their original home is still there, by the sharp curve in the cemetery. "That tree has gotten really big," she said on a recent visit.

And the makeshift road where



their second home was built is still there, with its steep incline and deep dips, now paved. Her future husband Oscar Gardner was a soldier at Camp Tyson, and when he would visit her, the bus from the camp would drop him off at the end of the road. "I remember him walking up that hill many times," she said. "He'd be pretty worn out."

VanDyke would oversee burials at the cemetery, assigning grave sites to family members for their loved ones. "They had to get a permit and then he'd take the permit to city hall," she said. For

the most part, she said, Van Dyke "kept it all in his head. He knew who was buried where. He didn't need to write it down."

VanDyke played a significant role for the city during its yellow fever epidemic in the early 1900s, she said. "I remember them saying that a lot of people in town moved out while the yellow fever was around and my uncle and Andrew Thompson kept the town running while everybody was gone."

For Gardner, Maplewood will serve a lasting legacy. A cemetery marker for both she and her husband was erected there several

years ago—just a few yards from the road where Oscar used to walk to visit her.

Her husband was buried there when he died a few years ago. "And that's where I'll be buried when my time comes. Maplewood was my first resting place and it will be my last."



Shannon McFarlin is a freelance writer whose passion is history. She is currently working on a book about the history of Camp Tyson, Tennessee.



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An Invitation to Tea

By Susan Jones

Come and share a pot of tea. My home is warm and my friendship's free.

Author Emilie Barnes wrote those words, but Marge Chelberg of the India Community would agree wholeheartedly with the sentiment. While many backyards in her neighborhood have patios or gazebos, Marge and Bob Chelberg's backyard has a tearoom where Marge entertains frequently, serving afternoon tea to appreciative friends and acquaintances.

Decorated like a tiny cottage with antique wicker, dainty white lace and miniatures galore the room had humble beginnings. "We bought this little building to use as a tool storage shed," said Marge, "but I decided that I'd like to serve tea here."

It might be a stretch to envision an ordinary storage shed finding new life as a beautifully appointed tearoom, but then again, every steaming delicious cup of tea was once just a handful of dried leaves. With an impressive decorator's eye, this retired secretary from Illinois and her husband picked out "a nice Martha Stewart green, and got busy. We painted the interior," she said, "then I began decorating."

Surrounding the white wicker loveseats are aprons, doilies, an assortment of straw hats rimmed with flowers and lamps with soft white cotton shades. Teapots adorn many of the painted tables and shelves, as do vintage birdhouses and small dolls along with their wee belongings. Nearby, strands of pearls, white gloves and tea balls dangle from the soothing pale green walls as subtle reminders of days gone by.

"Most of these items are from yard sales or shops," said Marge, an ardent collector who admittedly



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enjoys the thrill of the hunt at area antique stores and other sales.

In her Mad Hatter Tea Room, named for the Alice in Wonderland character, delicate china cups and saucers are the order of the day. Marge pours carefully from the white teapot where the hot tea has been steeping on a tray. A diminutive round, black and white portrait of a gentleman from an earlier time rests against the wall, watching approvingly. She passes sugar, cream, warm scones and lemon curd. I pinch myself. (See recipes on page 41.)

"I've always loved tea and the things that are associated with it," said Marge, offering more scones. "When I lived in Williamsburg I started buying tea balls. As time went on I enjoyed the fancy teas; it's such a genteel custom."

And so she continues this custom in the little Mad Hatter Tea Room, creating a bright spot in the day of her fortunate guests. "I never let them complain about work or anything. I say, 'We're in the tea room; this is fantasyland.'"

She pours me a second cup and I gaze around the room as she tells stories about a lovely piece of lace or a tiny doll tray. And by the time I stir in a teaspoon of sugar, I am completely transported.

Later that evening, reading up on the revered custom of afternoon tea, I decide that Marge Chelberg and the writer Henry James must be kindred spirits. "There are few hours in life more agreeable," wrote James, "than the hour dedicated to the ceremony known as afternoon tea."



*Susan Jones is editor of PARIS!
and is always appreciative of an
invitation to tea.*



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Marge's Mad Hatter Tearoom Scones

"For the warm scones" said Marge, "which are more like biscuits than the hard dry scones you get served in tearooms. I created the following recipe."

1-1/4 cups of Loveless Cafe biscuit mix
2/3 cup sour cream
3 tablespoons of sugar
Handful of dried sweetened cranberries

Mix dough together by hand, turn out on a floured surface, pat to about 1/2" thick, then cut out. (I use a heart-shaped cookie cutter, for more interest). I also sprinkle a bit of coarse sugar on top. Place on a parchment-lined cookie sheet in a 400 degree oven for 10-15 minutes until light golden brown.

Marge's Homemade Lemon Curd

In a blender combine 4 teaspoons grated lemon peel, 2/3 cup lemon juice, 5 eggs, and 1 cup sugar; whirl until smooth. With the motor at lowest speed, gradually add 1 stick of melted butter, pouring in a steady stream. Whirl just until blended.

Transfer mixture to a small heavy pan and cook over medium heat, stirring constantly, about 5 minutes or until it begins to bubble and thicken. Remove from heat. Pour into clean jelly jars, put lid on while still warm, and refrigerate. (I use several small jars so that each time I have scones, I open a fresh jar). Makes about 3 cups.



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Tom Sinnema

...from Turnips to Tennessee

By Shannon McFarlin

Going to bed with a slice of turnip, scrounging for food in the fields after dark, standing in line for the main meal of one bowl of potato soup for an entire family—this was the way of life for Tom Sinnema during the German occupation of Holland during World War II.

Sinnema's homeland had been a "land of milk and honey," he said. "Before we were occupied we had plenty of everything." Germany invaded Holland on May 10, 1940, and "hailed off everything in our country. My parents had five children to feed, so it was hard." Sinnema described leaving the house after dark to search for green peas. "There were the big sheafs of wheat in the fields and you could crawl under those and no one could see you."

Sinnema grew up in the northern harbor town of Delfzijl on the North Sea; his father was a customs inspector for the Dutch government and his mother was a homemaker. The German occupiers ordered life to go on as before. "Everyone was supposed to do whatever they had been doing before. My father went to work every day, and we went to school."

But there were soldiers everywhere and intense hunger and fear.

If the Germans had caught him and his brother scrounging for food and coal, "You would end up in their work camps," he said, which was the fate for some of his school friends. "Some of my pals—I never saw them again."

Sinnema and his siblings used to daydream. "We would say, 'Do you remember what an orange tastes like? Do you remember what grapes taste like?'"

Life was that way for five long years, until word came that the Allies were coming. "You could see the red glare on the horizon, as the Allies firebombed Hamburg," he said. The Sinnemas stayed in their cellar for the last ten days of the occupation. "The last days there was shelling all the time, and when it stopped, we knew it was okay to come out."

An "abundance of things we had not seen for years" awaited when they climbed out of their cellar. "Now that was a day. The Allies gave away big loaves of bread, candy, chocolates, chewing gum..."

The Sinnemas made it through the war intact, but Tom had a vision of the "dreamland" of America. Armed with his knowledge of English, German and French he learned in school, an international trades background, and a sponsor



Tom and Mary June, with whom he "teamed up" 51 years ago.

in the U.S., Sinnema arrived in New York City in March, 1955. "I would have done well in Holland, but you always wonder what's on the other side," he said.

He settled in a suburb of Chicago and met Mary June Smallwood of Paris, who was interning at the VA Hospital in Hines, Illinois, with a Presbyterian youth group. "Mary June and I teamed up, and we've been married for 51 years," he said.

With Mary June working as a registered dietician and Tom continuing in international business, the couple stayed in Chicago for 29 years and raised two daughters, Mary Margaret and Mary Jane. "Chicago was a good city for us," he said.

But as retirement drew near, the Sinnemas were pulled by Mary June's roots back to Henry County. They settled on the Smallwood family farm on Guthrie Road, a large and picturesque space that afforded the opportunity to develop new passions.

"I was not a farmer, but I got to like it," he said. He learned how to cultivate vineyards, an orchard, and a pecan grove and became a charter member of the Master Garden-

ers. For the past 15 years, he has opened his farm to an annual field day, where he shares his knowledge. Sinnema threw himself into local organizations such as Project Help, South Paris Water Co-op, and Henry County Forestry As-

sociation. He was director of the Food Bank for many years and has been a deacon, elder and trustee at the First Presbyterian Church.

"I just enjoy people. I have to have people around me," he said. "This community is great, and I

really took to it. Henry County has really agreed with me."

Recently, his daughter Mary Margaret and her family visited Delfzijl, and based on his descriptions of his old neighborhood, were able to find his home. The current occupants invited them in and told them they had something to show them in the cellar. There they found a message carved in the wall by Sinnema's brother on their last day of occupation. "I never even knew he did that," Sinnema said. "It was a message of hope, saying we are free now, and I really loved to hear of it."



Shannon McFarlin is a freelance writer who resides in Henry County. She is currently researching and writing a book on Camp Tyson, Tennessee.

The Sinnema children in 1940 in Delfzijl, The Netherlands: (L-R) Annie, Theun (Tom), baby Grace, Jaap and Bernhard.



Former Henry County Extension Agent Ken Goddard (L) visits with Tom Sinnema at the Annual Master Gardener Field Day at the Sinnema's Smallwood farm.



Tom with his daughters, Mary, Jane and Mary Margaret.



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By Julie Perry

"Paree is where I'd rather stay. I get allergic smelling hay. I just adore a courthouse view. Dah'ling, you're sweet -- but give me Washington Street!"

— Julie Perry's rendition of the "Green Acres" theme song

Take a walk around Henry County's magnificent courthouse to find history preserved right in the middle of a thriving, bustling town square. Take that same walk in the evening and you'll notice lights on in the windows above the stores—evidence that downtown has become more than just a place to shop, eat, worship and take care of business; it's a place that several Henry Countians call home.

Above Wimberley Agency, 124 West Washington Street

Nancy Bane has called the apartment above the Wimberley Agency home for 20 years. "We were the second people to put in an apartment on the square, with Delores Byrd's apartment above what is now Moon's Jewelers being the first."

Bane's parents, Elmore and Vera Price owned the building when the apartment was created. Elmore and son Jerry Price renovated the up-



stairs for living space. "My father and brother decided on the layout and did most of the renovations. They created a living room/kitchen combination, laundry/bathroom combination and two large bedrooms." Jerry then moved into the apartment, followed by a few years of tenants.

When Bane moved downtown in 1990, she added another bedroom, updated the windows and finished out the back of the building. "Our apartment extends the full length of the building. People would be surprised to learn that we have nearly 2,000 square feet of living space up here."

After those final renovations, Bane said that only one thing was missing; she and her husband couldn't grill out. She discovered a solution on a trip to Boston. "I noticed that the residents of the brownstones would open their windows and have a grill on the ledge. Inspiration struck, and we had Bob Cathey construct a small, stainless steel landing," she said. "Now all we have to do is open the window and we can grill." When driving down Market Street, glance up at the side of the Wimberley Agency building to see Bane's small grill perched high above the sidewalk.

Above Maggies, 125 North Poplar

More recently, Maggies owners Randy and Gerry Scholes have renovated the space above their

business. "When we purchased this building we found the original windows on the third floor. It was those windows, more than anything, that inspired me to create the apartment," says Gerry. "It is just a great space. I had visions of New York--and I built it up there."

Gerry worked with local designer Laura Kenworthy to create the apartment. There is now a living room in the front of the apartment, featuring the windows that Gerry so loves. This is connected to the kitchen and to the separate dining room leading into the library, back bedrooms and bath. On a wall in the storage area behind the apartment is an intriguing painting dated 1909.

"At that time the second floor was supposedly a tavern," explained Gerry. "The story is that the painting was the bartender's girlfriend. When an artist patron couldn't pay his bar tab, he settled the debt by painting the girl."

Above Wallin Hardware, 100 North Market Street

The corner of Market and Wood Streets has been a hardware store (Luckey's, then Wallin's) for as long as most Henry Countians can remember. Above Wallin Hardware was the first home of WTPR radio station. These days it's the home of the latest family to move downtown--Davin and Kristen Roberts, along with two-and-a-half year-old Coleman.

1. While the Wimberley Agency enjoys the downstairs of this building, the upstairs has been occupied for more than 20 years.

2. Inside many of the historic buildings of downtown Paris are newly renovated residences.

3. These windows were Randy and Gerry Scholes' inspiration to create a second floor apartment above Maggies.

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Davin has lived in several cities, including Louisville and Daytona. "I enjoyed the hustle and bustle of the cities. There was always something happening. It's the same with downtown Paris—there's just a pulse to it." Having grown up in Paris, Davin said that he was always drawn to the Wallin building. Serendipity led to its purchase.

"I was actually looking at another downtown space and came to borrow a ladder from Mr. Wallin," said Roberts. "He suggested that I take a look at this building. I did and things progressed from there."

"We had to completely gut the upstairs," explained Roberts, who used an ingenious slide descending from the upstairs window on Wood Street down to a dumpster below. "That was the idea of Building Inspector Ida Thornton. Using her idea we removed four tons of debris."

"We kept the twelve foot ceilings and the front of the building was left alone for future use." The 1,000 square foot apartment now looks like a brand new home.

Henry Countians make their homes on the shores of Kentucky Lake, out in the countryside, in a traditional neighborhood or even amid the town's center. The next time you're mailing a letter at the post office, shopping for men's clothing or taking care of court-



The windowsill grill was an idea Nancy Bane saw in Boston and brought back to her second floor, downtown apartment.

house business, take a moment to peek up at the downtown families keeping watch over it all.



Julie Perry and her husband were once "down-towners" themselves, residing as newlyweds in what used to be the Oliver Clinic behind Ridgeways.

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Enjoy the Events of the World's Biggest Fish Fry



Monday, April 19

Kickoff Dance (Fairgrounds)

7-9 p.m.

Tuesday, April 20

Carnival (Fairgrounds)

5-11 p.m.

Country Dance (Fairgrounds)

7-10 p.m.

Wednesday, April 21

Fish Tent-\$10 all you can eat (Fairgrounds)

5-9 p.m.

Carnival (Fairgrounds)

5-11 p.m.

Hushpuppy Eating Contest (Fairgrounds)

7 p.m.

Christian Concert (Fairgrounds)

7 p.m.

Thursday, April 22

Arts & Crafts Show (Fairgrounds)

5-8:30 p.m.

Fish Tent-\$10 all you can eat (Fairgrounds)

5-9 p.m.

Carnival (Fairgrounds)

5-11 p.m.

IRPA Rodeo (Fairgrounds)

7:30 p.m.

Friday, April 23

Arts & Crafts Show (Fairgrounds)

8:30 a.m.-8:30 p.m.

Grand Parade (East Wood St.)

10 a.m.

Fish Tent-\$10 all you can eat (Fairgrounds)

11 a.m.-9 p.m.

Carnival (Fairgrounds)

11 a.m.-midnight

IRPA Rodeo (Fairgrounds)

7:30 p.m.

Saturday, April 24

Horse & Mule Farm Pull Weigh-In (Fairgrounds)

7-9 a.m.

Horse & Mule Farm Pull (Fairgrounds)

10 a.m.

Small Fry Parade (Downtown)

10 a.m.

Arts & Crafts Show (Fairgrounds)

10 a.m.-8:30 p.m.

Catfish Races (Downtown)

10:30 a.m.

Jr. Fishing Rodeo (Williams Lake)

11 a.m.-1 p.m.

Carnival (Fairgrounds)

11 a.m.-midnight

Fish Tent-\$10 all you can eat (Fairgrounds)

11 a.m.-9 p.m.

IRPA Rodeo (Fairgrounds)

7:30 p.m.

Sunday, April 25

Carnival (Fairgrounds)

1-6 p.m.



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