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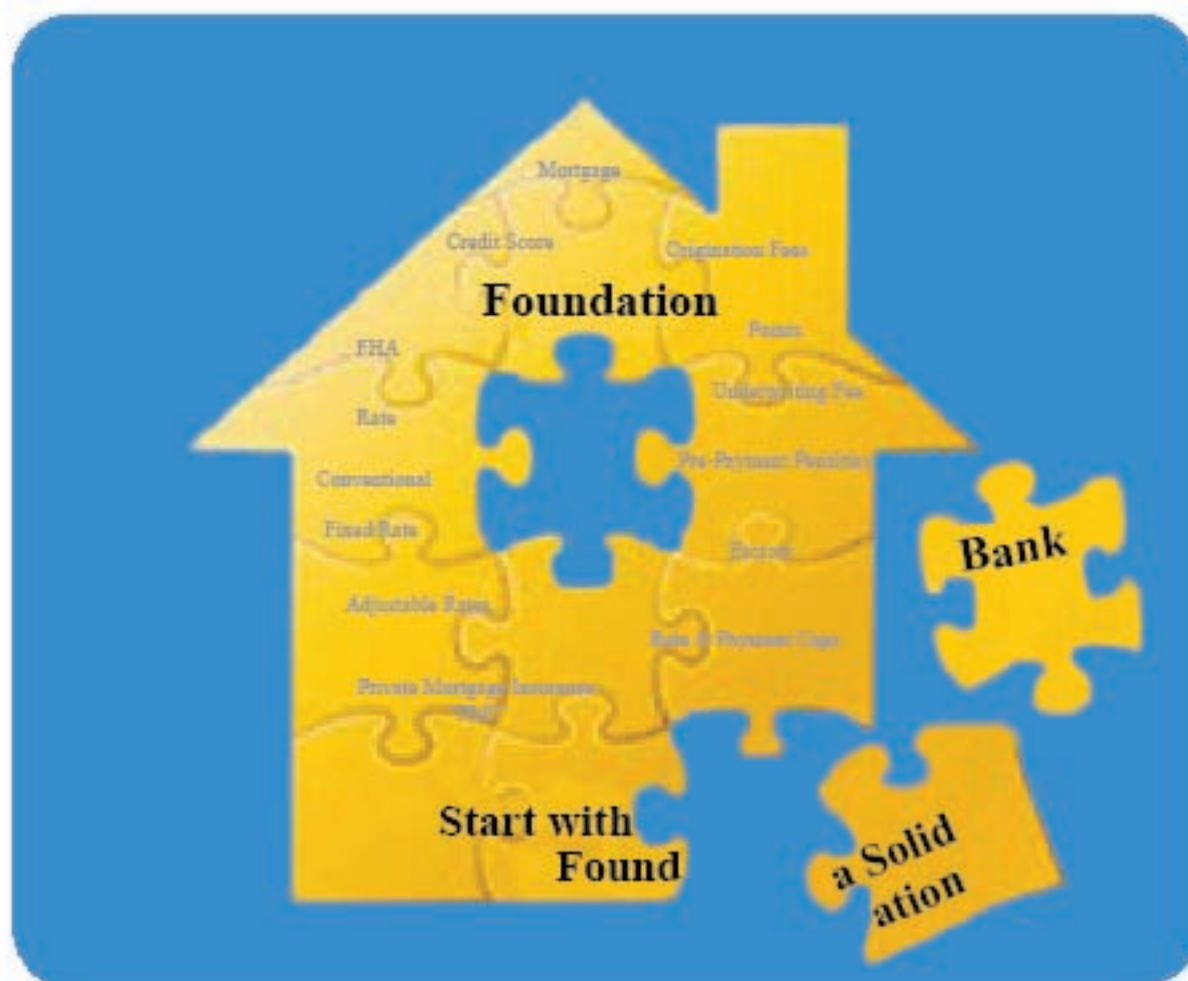
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## Editor's Notes - Ringin' It In!

PARIS! magazine's publishing schedule means thinking and writing about the New Year long before my family and I have carved the Thanksgiving turkey. But that's OK, because I love a fresh start.

Going into 2010, I am reminded of the memorable Henry Countians who won't be with us this year. It will be difficult to move forward without the leadership, hard work, jokes and smiles of John Burnett, Bill Caldwell, Jim Cox, Fugate Redmon, Bryant Williams and others, too numerous to name. These individuals were devoted to this county, and they would encourage us to continue bettering our community and ourselves.

These fellows would love the thought of Helping Hand rolling back around for its 31st year. The idea that our little county can raise upwards of a quarter of a million dollars, one cake and one casserole at a time, is mind-boggling, but it works, thanks to donated items, dedicated bidders and dozens of volunteers. So



heat up your ovens and open your pocket books January 11 - March 3 for this one-of-a-kind project that assists 60+ local non-profit organizations.

While Helping Hand is a delicious winter diversion, there are other fun ways to affect change during the cold winter months. The Optimists would appreciate a big

crowd for their Trivia Night series, January through April. Proceeds fund their work with young people.

Speaking of young folks, the new Boys and Girls Club of Henry County will open its doors this year. We can put them one step closer by donating time or money. Contact Steve Gallimore at 731-641-8822 to see how you can best serve the youth of this county.

Finally, don't forget to do something for yourself in the New Year. Whether it's water aerobics at the Civic Center, watercolor classes at Lee Academy, Lunch and Learn at Henry County Medical Center, guitar lessons at Leach's Music, volleyball with the church leagues or learning about nature at the Refuge Discovery Series, there's plenty to do in Henry County. Check the calendar on page 38 or visit our online calendar at [MyParisMagazine.com](http://MyParisMagazine.com).

## On the Cover



*Susan Jones*

Photographer Al Gengler of Puryear caught this hearty little bluebird during last year's ice storm. Visit Al at [agengler@wk.net](mailto:agengler@wk.net).



Henry County and the Lake Area  
**PARIS!**

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# THE CIVIL WAR'S SESQUICENTENNIAL

*a Tourism Opportunity*

## Part II By Jennifer Wheatley

*2010 marks the 150th anniversary of the Civil War. Locally, it will be marked in part by efforts to draw and educate visitors about the impact of the war on this region and vice versa. This is the second in a two-part series on preparations for sesquicentennial tourism. Part I can be found archived in PARIS! for the Holidays 2009 online at [www.MyParisMagazine.com](http://www.MyParisMagazine.com).*

history. Mark Tubbs, president of the Historical Society in Decatur County, kept keys to the library tucked in a pocket as they walked through rows of tombstones telling stories to historians and camera operators, ready to check a fact in ten minutes if necessary.

"The Decatur County Historical Society felt

### Part I synopsis

Part I discussed the importance of being prepared for the onslaught of visitors who will come to this region in 2010, thanks to heavy promotion on both the state and national levels. A tourism coalition called "The Tennessee River Runs Through It" is working with the Renaissance Center media team in Dickson. Together they will create a DVD and CD to promote the Tennessee River as a corridor for increased visitation, recreational and historical opportunities.

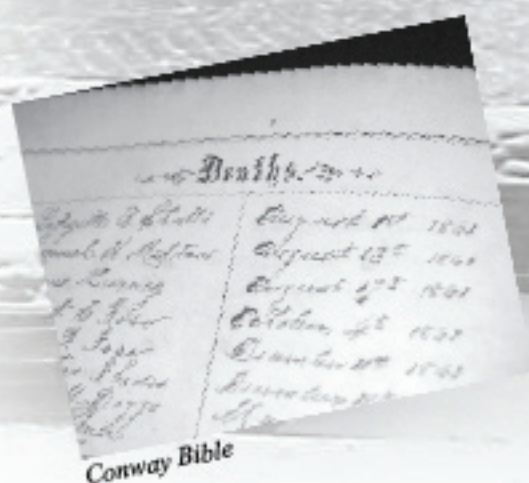
### Folks in the know

Sending out a camera crew with the Renaissance Center's media equipment meant volunteer tour guides had to be found in every town - folks who knew all about their local cemeteries and

*Doe Creek School*







Conway Bible



Conway Bible

it was our responsibility to ensure our county's inclusion in the DVD project," said Tubbs. "Even though there were no major battles fought in Decatur County during the Civil War, the geography here provided a gateway to Forrest and his troops for his West Tennessee Raid. Local family histories also tell of how his troops were fed from the kitchens of the residents in the area."

### Making it work

Recreating a scene with children at Doe Creek School in Henderson County played out more like a situation comedy than a documentary. MTSU's Heather Bailey researched games children would have played during the time and props were found or made. Costumes were sewn and donated by Betty Hughes, a member of the local preservation group. While the behind-the-scenes work was happening, word spread that children were needed for a video, so parents just showed up on the taping day with their kids: no preparation or period clothing, but lots of kids. Van Hooser rewrote his script on the spot to include children in modern dress, so no families went home unhappy.

The laughter of happy children in a schoolyard almost seemed contradictory to the stones which stand as monuments to two sons who never came home. The Doe Creek property is also the location of the Doe Creek Cemetery, resting place of the community's best-known Civil War-era soldiers. Two young men, James Kennedy and Bill Nails, went off to fight for the Confederacy, only to be murdered by Northern sympathizers upon their return. The passionate retelling of the story by local citizens makes it seem more like today's headline than 150-year old history.

### Henry County's Conway Bible

Henry County's present and past stories were well-represented, not only by good folks like Gary McEntire and Joan Williams at Paris Landing State Park, but also Norma Steele at the Heritage Center who donned her white gloves and turned the pages of the Conway Bible. Presented to the troops of Captain Thomas Conway as they were departing Henry County by the women of Paris, the Bible contains a complete listing of the roll of the people who were going off to serve, lovingly placed between the Old and New Testaments. Their service, their promotions and the deaths of those who would not be returning are written as well.

"The Conway Bible is a significant piece of Civil War history and the Heritage Center welcomes the opportunity to share it," said Steele. "Having it included in this project will bring many visitors to Paris and the Heritage Center who would not normally include us on their travel stops."

### Benton County neighbors

Bill Kee, director of the Benton County Chamber was a happy participant. "This area's rich Civil War heritage makes it extremely attractive to history enthusiasts and this DVD project will allow us to place a 'road map' in the hands of those who want to experience first-hand all that we have to offer."

### Cooperation is key

Cooperation abounded across the seven counties and two states to create this project. Humphreys County's local tourism and Chamber had already contracted with the Renaissance Center to shoot a similar documentary





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*Jerry D. Smith, CPA  
Member/Partner*

on Civil War era gunboats. They allowed the producers to share footage, reducing both cost and time.

"The video project, 'The Tennessee River Runs Through It,' is exciting to work on because it's going to do for Tennessee travelers what it has already done for me and other production folks from The Renaissance Center – which is expose them to some of the great tourism treasures around the Tennessee River," said Van Hooser. "Until I began working on this video, I had no idea of the incredible parks and sites on and around the Tennessee River. The place is rich in recreation and history."



*Jennifer Wheatley is the executive director of the Paris-Henry County Chamber of Commerce.*

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# Catching a Broadway Show

## — Easier Than You Think

By Arthur Lodge

For folks who love the thrill of a Broadway musical, Henry County may seem a little off the beaten path. But that's not really the case, thanks to the Paris-Henry County Arts Council's popular bus trips for the Broadway at TPAC (Tennessee Performing Arts Center) series.

Each year, three bus trips are scheduled by Executive Director Mary Lodge and council member Karen Sinn who choose from TPAC's Broadway lineup months in advance. "Each spring TPAC hosts a big unveiling of their new season," said Lodge. "Karen and I go to Nashville and decide that night what we think Henry Countians would enjoy the most; we

block off our tickets on the spot." The 2009-2010 trips included the musicals *Wicked*, *Little House on the Prairie* and *Mamma Mia*.

"Because blocks of tickets are bought early, our group always has excellent seats," said Lodge. Lori Ward, TPAC's vice president of communications and community relations explained why group trips are so enticing. "The bus trips give people time together. They talk about the performance on the way home and the experience of attending TPAC builds community." While the performance is the main draw, it's just part of the



Theatre patrons await a visit with a cast member.





*Participants in the Paris-Henry County Arts Council's bus trips for Broadway at TPAC experience more than just a great show—they visit area attractions and hear from the stars of the shows they see.*

overall experience which includes lots of advantages that regular ticket holders don't have.

Lodge and Sinn think of themselves as flight attendants, making sure everyone on the bus is having a good time. Wielding dozens of impressive prizes from local and area sponsors, Lodge shouts, "How many want to play bingo!" as the bus weaves its way to the capital. After bingo, it's trivia time with questions about the upcoming performance. Before the group arrives at TPAC's Jackson Hall, Sinn has passed out prizes including dinner for two at an area restaurant, delicious candies from a local confectioner, and mini-dessert trays from a Paris caterer.

If that's not enough, each trip includes a surprise perk. On one jaunt, City Manager Jack Tarkington arranged a personal tour of LP Field, home of the Tennessee



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Titans. Another excursion included a backstage tour of TPAC. Several times the cast of various shows have boarded the bus for a Q and A session, combining a little education with great entertainment.

On a recent excursion to see *Little House on the Prairie - The Musical*, Melissa Gilbert, the female lead, came out to the stage area and answered questions from Parisians after the show. Her son Michael Boxleitner, who played Willie Olson, also fielded a few questions. "Sessions like that don't happen by accident," said Lodge. "We had been working with TPAC and the production company for six months to put that exciting and educational bonus in place."

The big news for the 2010-2011 season is that the opening of the *9 to 5* tour will be in Nashville, marking the first time that a national tour has opened at TPAC. Dolly Parton, who wrote sixteen new songs for the musical comedy is actively involved in its development. "*9 to 5* will definitely be on our bus trip list," said Lodge.

So give up the hassle of driving, finding a parking space and trying to score tickets. A wonderful day of games, a special event, great seats, a Dutch treat supper and plenty of fun with hometown friends awaits you during the new season of Broadway musicals at TPAC. Log on PHCArts.com this spring to view the new season, because when it comes to a Broadway show, Paris isn't off the beaten path after all.



*Arthur Lodge is a retired Presbyterian minister, a root beer connoisseur and the Exalted Grande Ruler of the Thirsty Thursday Coffee Klatch at Jack's Java.*



Participants tour the locker rooms at LP Field in Nashville.

Melissa Gilbert and her son Michael Boxleitner with their dog during Q&A after 'Little House On The Prairie.'

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# When Free Isn't Free



By J.C. Ramos

I repair a lot of computers that have one thing in common. In fact, it's the number one reason folks bring their computer to my store - spyware.

Wikipedia describes Spyware as "a type of malware (malicious software) that is installed on computers and collects information about users without their knowledge. The presence of spyware is typically hidden from the user."

Lately, the free screen savers are the number one culprit; by downloading these, spyware is secretly installed on the user's PC. Before installing any free software, the screen saver agreement should be carefully read. Once this malicious

software is installed, it will create and invite even more spyware to the computer.

Not only does spyware slow down the PC, the threat of identity theft comes along with sending personal information out to the World Wide Web. The hidden programs installed on your computer along with the "free" screensavers and "free" games send information back to their servers constantly while you are online. This information varies from just a simple search word to perhaps your credit card type or even your credit card number. What they do with this information is completely in their control. Even if these companies are legitimate and morally correct,

the threat is compounded by the fact that a simple virus placed in the right place could potentially redirect your personal and private information into the hands of an awaiting hacker.

There are products currently on the market to prevent spyware and adware. If spyware has already invaded your computer these products may not install properly, since most spyware protects itself from being uninstalled. Bottom line, prevention is best.



*J.C. Ramos owns and operates Computer Help in downtown Paris.*



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# Winterize Your Vehicle

## ...and Have One Less Worry

By Dan Townsend

When the thermostat drops, we start wearing coats to protect ourselves from the cold, but most people don't realize that their vehicles also need some extra protection during the winter. A few quick steps are all it takes to help your vehicle perform its best this winter.

"Here in Henry County we face rough weather conditions for at least part of the winter," said Mike Weatherford of Mike's Mufflers. "The thought of a breakdown, an engine not starting or being stranded is bad enough, but those things happening in the freezing cold just adds a level of stress."

According to the Car Care Council, an investment of an hour or so to have your vehicle checked is all it takes to have peace of mind and

help avoid the cost and stress of a breakdown during harsh weather.

### Battery

Very cold temperatures will reduce a vehicle's battery power so it's important to keep the connections clean, tight and corrosion-free. Unfortunately, batteries don't always give warning signs before they fail completely. If your vehicle's battery is more than three years old, it's wise to replace it. When choosing a replacement, make sure the new one has adequate capacity for your exact make and model.

### Antifreeze

While the owner's manual will have usage specifications for antifreeze, the mixture of antifreeze (coolant) and water inside your vehicle's radiator is typically 50:50. When properly mixed, antifreeze and water provide excellent anti-boil, anti-freeze and anticorrosive properties. As a reminder, don't make the mistake of adding 100

percent antifreeze; full-strength antifreeze actually has a lower freeze point than when mixed with water. Coolant should be flushed and refilled at least every two years in most vehicles.

### Oil

The Car Care Council recommends changing to low-viscosity oil in winter, as it will flow more easily between moving parts when cold. Drivers in sub-zero driving temperatures should drop their oil weight from 10-W30 to 5-W30 as thickened oil can make it hard to start the car.

(A)

*Dan Townsend is a Henry County resident who teaches Automotive Technology at the Tennessee Technology Center's McKenzie campus. Email him via [MyParisMagazine.com](http://MyParisMagazine.com).*







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# I am Happiest When...

British philosopher and Nobel Prize Winner for literature, Bertrand Russell once marveled - "Every time I talk to a savant I feel quite sure that happiness is no longer a possibility. Yet when I talk with my gardener, I'm convinced of the opposite."

Happiness seems to come naturally to Henry Countians. During a recent event, we asked folks who stopped by the PARIS! booth to fill in this blank: I am happiest when...

A great number of Henry Countians are happiest when they are with their friends and family. Ethel Rose Paschall went a little farther, explaining that, "Sunday is my favorite. All of my family goes to church with me, then home for dinner with us." Other friends and neighbors had a variety of responses.

Pete Burns of Paris is happiest when "I am in Paris." We're with you, Pete. We hope the other observations on happiness brighten our readers' winter as much as they did ours.

I am happiest when....

...I sit astride a great horse.  
*Jan Foy, Puryear*

...I am wrapped in my new blanket.  
*Misty Sinclair, Springville*

...I am busy.  
*Nancy Hopkins, Paris*

...I sit in the yard with my dogs.  
*Betty Mackey, Paris*

...I'm outside in God's beauty.  
*Kristi Warman, Cottage Grove*

...I am with my boyfriend.  
*Janice Brown, Paris*

...my kids smile.  
*Tonya Hoggard, Paris*

...I'm fishing.  
*Chris Hoggard, Paris*

...we're farming.  
*Jeff and Kathy Silvers, Henry*



...I'm outside.  
*Regina Allen, Henry*

...I'm traveling and exploring.  
*Lisa Wyatt, Paris*

...I'm on the lake with my family.  
*Angela Davis, Paris*

...I'm cuddling with my children.  
*Josie Callahan, Puryear*

...I'm working in the garden.  
*E. Nellis, Paris*

...I'm with my honey.  
*Bernice Hart*

...I'm with my children - especially  
at the carnival.  
*Valorie Adams, Paris*

...I'm making photos out in nature.  
*Beverly Hicks, Camden*

...I'm with the love of my life.  
*Christina Milam, Paris*

...I'm shopping.  
*Wanda Burke, Paris*

...I'm with my daughter.  
*Gina Moody, Paris*

...I'm creating something.  
*Karen Sinn*

...I'm swinging on the porch.  
*Dana Horvath, Paris*

...I'm sleeping.  
*Sam Watson, Springville*

...I'm in my vegetable garden.  
*Brenda Paschall, Paris*

...the day is through and all is well.  
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# FLU 101

**early detection,  
quick action,  
common sense**

By Pat Terrell

With jobs to do, bills to pay and family to tend, it may be tempting to request that your physician prescribe more medication than is needed to recover from the flu. The trend toward the overuse of antibiotics by the general public has not been curtailed, according to Paris physician Dr. Stephanie Dunagan. "Despite information out there, patients are slow to accept that antibiotics aren't always needed in illness," she said. "We're seeing colitis frequently as well as an increase in community-acquired MRSA (Methicillin-resistant *Staphylococcus Aureus*)."

## **Too much of a good thing**

One result of taking antibiotics for every flu or cold outbreak is that your body's ability to use the drug is weakened the next time it's needed. As in the case of well-publicized MRSA, many microscopic invaders have the ability to develop genetic resistance to the antibiotics which formerly were effective

against their multiplication.

Another bad side of the overuse of antibiotics is that helpful bacteria present in and on our bodies can be eliminated and allow bad bugs to expand their realm, such



as the microorganisms that cause enterococcal colitis and clostridium difficile colitis.

## **Ounce of prevention**

Instead of requesting more anti-

biotics to treat the flu, the best idea may be to prevent the spread of pathogens such as H1N1 or even regular old influenza A.

"Good hygiene is what I suggest," said Dr. Dunagan. "Hand sanitizer, wash your hands frequently, good rest and a healthy diet."

H1N1 spreads person-to-person much the same way that the traditional seasonal flu virus hitches a ride. To help stem the tide, the Centers for Disease Control recommend washing your hands frequently with soap and water or using an alcohol-based rub. Avoid touching your eyes, nose or mouth, and of course stay away from folks who are complaining of flu-like symptoms.

## **Still infectious**

But what if you have fever, cough, sore throat, runny or stuffy nose, body aches, chills or fatigue that herald a personal flu outbreak? The CDC recommends staying at



home at least 24 hours after the fever is gone, except to seek medical care. Remember, you can spread both the traditional flu and the H1N1 virus and easily infect others anywhere from one day before getting sick to a week after your illness.

While most people who are infected get better without requiring medical treatment, some populations are at increased risk. Those 65 years of age and older, children under 5, women who are pregnant and people with chronic medical conditions that compromise their immune system are more likely to require medical assistance. "If you have shortness of breath or a fever that won't go away or goes up, you may have a secondary infection which requires antibiotics," explained Dr. Dunagan. "You should seek help right away."

### 'Tis the season

The precautions for avoiding the current pandemic can be simple: get your flu shot early, if possible. "The CDC has advised that anyone who tests positive for influenza A should be considered an H1N1 case. We don't test specifically for H1N1," Dr. Dunagan said. Common medications that help prevent the replication of flu viruses include Tamiflu and Relenza, according to Dr. Dunagan. Both help in type A and H1N1 situations.

Stay healthy by using early detection, quick action and common sense - advice that applies to influenza as well as many medical situations. The flu is no fluke.



*Pat Terrell is a registered nurse who lives and works in Henry County.*

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# Making the Cut



By John Watkins

Pruning is one of the most basic components of any landscape maintenance program and almost all ornamental plants will respond positively to some sort of pruning. However, it seems to be the one job that terrifies most people. Pruning is both a skill and an art. The skill is in making cuts that will heal properly with little chance for disease or decay. The art is in making cuts in the right places to promote new growth or shape the plant into its correct form. The key to remember here is that no matter how little or how much you prune, you should be modifying the plant's growth for one of the following reasons:

- To maintain plant health by removing dead, diseased, or injured wood.
- To control or direct growth.
- To increase flowering or fruiting.
- To train young plants for ultimate form and strength.

So in order to properly maintain the plants in your landscape, let's start off by discussing the basic three T's of pruning: Tools, Techniques, and Timing.

## Tools

Like any other product on the market today, there is a plethora of pruning tools that vary by brand name, style and price. Most pruning can be done with just the basic tools like hand pruners, loppers, pruning saws and hedge shears.

Hand pruners and loppers most often employ a scissor-like action which provides a smooth and close cut. There are some anvil-type pruners out there but they generally don't make as clean a cut. Use the hand pruners for smaller twigs and branches up to  $\frac{1}{2}$ " diameter and the loppers for larger  $\frac{1}{2}$ " to  $1\frac{1}{2}$ " material.

Pruning saws are used for branches of trees and larger shrubs with diameters of  $1\frac{1}{2}$ " and up. They will have coarser teeth than a normal saw and many have a curved blade that creates an easier cut on the downstroke.

Hedge shears also work with a scissor-like action but are used to make a very neat clipped hedge and shouldn't be used to cut larger twigs or branches.



Sketches by Staff Artist



## Techniques

Every plant in the landscape has a unique growth pattern, so it is important to have a little botanical knowledge in the principles of pruning. Contrary to most people's thinking, pruning actually promotes growth. By cutting off terminal leaders or buds, new growth is directed to the lateral buds, often making the plant fuller. Cutting off lateral buds or stems can promote more upright growth.

Two of the most common pruning techniques are shearing and thinning. When plants are sheared on a routine basis they tend to produce a lot of dense, thick, new growth on the outer portions of the canopy. While this may look nice and neat on the outside, it actually shades the interior of the plant resulting in a sparse or hollow look. It can also lead to disease and insect problems down the road. Thinning cuts, on the other hand, actually promote growth from the interior resulting in a healthier, fuller, and more attractive plant. Thinning is accomplished by selectively cutting branches back to a lateral branch, a lateral bud, or to the main trunk. While this may take a little more time, it will ultimately improve the looks and health of the plant.

As far as making the cut, always cut a branch back to a bud or secondary branch and avoid leaving a "stub." These stubs will either heal slowly or not at all and leave an entry point for insects or diseases. They also look unsightly.

## Timing

The question I probably get asked the most about pruning is "When is the best time to prune?" I usually like to prune around 9:15 a.m. on Thursdays, but that's just me.

The real truth behind that question is a little trickier since flowering ornamentals set their flower buds at different times of the year. However, there is a general rule of thumb to go by. For the most part, shrubs that normally flower before May are considered spring-blooming and should be cut after they bloom. Shrubs that bloom after May are considered summer-blooming and can be cut just before spring growth. While there are some exceptions to this rule (such as Oakleaf Hydrangea which flowers in the summer but sets its buds the previous season), it will hold true for the majority of flowering shrubs. If in doubt, it always pays to do a little research. Ornamental plants that aren't grown for their showy flowers can be cut back at almost any time during late winter, spring, or summer. Avoid cutting plants back severely in the fall if possible. Remember, pruning promotes new growth and this tender new growth may be hurt if it doesn't have sufficient time to harden off before winter.

Pruning doesn't have to be a frightening experience. Actually, it's quite therapeutic. So get out there and take some of your aggressions out on your plants and make your landscape look better in the process.



*John Watkins is a landscape designer and Certified Grounds Manager who resides in Henry County. Email him via the "contact us" section at [MyParisMagazine.com](http://MyParisMagazine.com).*

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# He's a D-D-D-D-D-D-D- Dancing Machine

By Shannon McFarlin



*Granville Cooley shakes a leg with Ellen Wynn at Noon on the Square.*

"Do you want to dance?"

Granville Cooley has probably said those words more than anyone else in Henry County. At last count, he has danced with 1,260 ladies.

Yes, that's right; Cooley knows exactly how many ladies he has danced with, as well as most of their names.

Whenever there is music, Granville Cooley is dancing. And since he made dancing his favorite pastime, he has been keeping a log of all the women he has danced with, where they danced and their names—"That is, if they tell me their names; and they usually do," he said.

Cooley didn't always love dancing. In fact, he said if his classmates from Arkansas could see him now, they wouldn't believe it. "They'd remember me as introverted. I stuttered a lot and never had a girlfriend in high school, never

went to the prom."

You see, Cooley is something of a late bloomer. He didn't start dancing until 1999; he was 65 and it was pretty much by accident.

In his younger years, his former wife suggested they learn to dance. "I thought that was just a good excuse for hugging a lady, so I said yes," he said. But they only attended a half-dozen dances. He was admittedly still quite shy and didn't care for it.

He didn't dance again for 25 years; but when he moved to Henry County he became buddies with John Reynolds, who played in local bands. "One day John asked if I would help with his equipment and I said yes. I took my book, my pipe, and I was patting my foot to the music, bored out of my gourd. I couldn't wait for it to be over."

A lady asked him if he was there to dance. He said no. "But I could see she wanted to dance, so I said,



"Well, if you want to, I'll give it a try."

Cooley said that he wasn't much good, but danced at the band's next venue, too. "Then a lady at the Henry Civic Center told me I was a good dancer and that's what got me. It started feeding my ego," he said. "It also became a game—to see how many ladies I could get to dance with me."

And the dancing became a part of the journal that Cooley has kept since 1969. "I started writing my daily thoughts on typewriter; now I do it on computer," he said. Eventually, he started keeping a separate dancing log.

"Talk about someone coming out of his shell," he said. "This did it for me."

For a while there, he was a whirling dervish. With all the dances in Henry County and nearby towns, he was dancing three times a week with four, five, sometimes 10 or 12 ladies a night. "Bands started asking me to come because they knew I'd dance with every lady there and women really like to dance. They don't want to just sit there."

Then he met Donna Caldwell. Her first husband liked to dance, but when he died, she thought her dancing days were over. Her friends took her to a dance and Cooley said the magic words: "Do you want to dance?"

She did. They danced a waltz and she became No. 417 on his dancing log.

They married October 28, 2001. "She's not jealous," Cooley said. "I told her, I may dance with others, but I always go home with you."

What's the highest number of ladies he's danced with in one evening? "I went to Trezevant one night. Actually, it was February 3, 2001. I've got it right here in my

log. That night I danced with 42 ladies. And they only played 60 songs that night!"

But the Cooleys are slowing down. "We don't go far and wide anymore. We stay close to home. I've got a bad back, but I'll tell you, when that music starts, I just shoot out of my chair."

And his next goal? "I want to live long enough to dance with 2000 ladies."



*Shannon McFarlin is a freelance writer who resides in Henry County. She is currently conducting interviews for a commissioned book on the history of Camp Tyson.*

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# Cookin'

## the Slow Food Way

By Lisa Ciarrocchi



Slow food doesn't mean all day in the kitchen slaving over a hot stove. This is the perfect time of year for the slow-cooker. I keep mine on the counter year-round as it makes an easy dinner anytime. Everything is better when it is slow cooked like Grandma used to do. We even have our Spiced Apple Wine warming in a crock pot at the Winery!

### Italian Chili

½ cup chopped red onion  
3 minced garlic cloves  
4 Tbsp. olive oil  
15 oz. can tomato sauce (I prefer Hunt's - it's not as sweet)  
15 oz. can black beans  
15 oz. can northern beans, drained  
15 oz. can Italian green beans, drained  
Sm. can diced green chili peppers  
1 Tbsp. balsamic vinegar  
½ cup liquid (Paris Chardonnay, water or broth)  
½ cup sliced pitted olives  
3 Tbsp. fresh, chopped cilantro (optional but wonderful)

Saute red onion and garlic cloves in olive oil in slow cooker on high for approximately 10-15 minutes while preparing additional ingredients. Add remaining ingredients, reduce to low heat, cook at least 3 hours. Enjoy a hearty dish!

### Old Fashioned Slow Chili

½ lb. dry pinto or kidney beans-cleaned and sorted (pick out any rocks or debris)

Simmer in water three times their volume for 30 minutes-let stand covered for an hour and a half then drain. \*See note for canned beans.

2-1 lb. cans tomatoes  
2 lbs. coarsely ground chuck (browned)  
2 medium onions, coarsely chopped  
1 green pepper, coarsely chopped  
2 cloves garlic, crushed  
2 bay leaves  
2 to 3 Tbsp. chili powder  
1 ½ Tbsp. salt  
1 tsp. pepper  
1 tsp. cumin (optional but wonder-

ful) or 1 tsp. chili seasoning mix (optional) 1/4 to ½ tsp. cayenne pepper may also be used to spice it up!!

Place drained beans in slow cooker then additional ingredients in order listed. Stir once. Place a layer of foil directly on top of the mix. Cover and cook on low for 10-12 hours. (high 5 to 6 hours)  
\*Note: 2 - 1 lb. canned beans drained may be substituted for dry beans. Reduce cooking time to 3-5 hours on low temperature.

### Time-Saver Chili Seasoning Mix

This can be made ahead and stored in an airtight container for time-saving suppers. Use when seasoning pork, beef, poultry or seafood. To use omit all other spices and replace with equal amounts of seasoning mix.

¾ cup chili powder  
2 Tbsp. ground cumin  
2 Tbsp. dried oregano  
2 Tbsp. dried minced onion



## Tis the season

Yes, the holidays are over but this is the perfect time of year to season those old cast-iron skillets. I have been fortunate enough to acquire one of every size over the years. Cast-iron skillets are easy to find cheap at flea markets and thrift stores. Not everyone knows how to season them. Not seasoned or cured properly they can be ugly, heavy, gruesome pans. Believe it or not they are easy to care for and will become your first choice for many dishes.

### Seasoning Your Cast-Iron Skillet:

Wash with soap and water. Turn your oven on to 350 degrees. Rub skillet with a thin coat of Crisco on a paper towel. Vegetable, canola, coconut oil, even butter may be used. Line the bottom of your oven with aluminum foil to catch any drippings, and place skillet upside down on oven rack for 45 minutes. This process may be repeated to further "season" your skillet.

For everyday maintenance wash with soap and water, place on stovetop burner, lightly coat with oil and cook for a few minutes to dry. Don't soak your skillet for very long - especially with soap - as this tends to eat away at the seasoning. It should clean fairly quickly if properly seasoned.

2 Tbsp. seasoned salt  
2 Tbsp. sugar (may be omitted and/or replaced with crushed cayenne pepper)  
2 tsp. dried minced garlic

Stir together all ingredients. Store at room temperature in an airtight container up to six months. Shake or stir well before using.

### Split Pea Soup

Soak 1 lb. dry green split peas (sort through peas to remove any rocks or debris) covered in water overnight - drain.

2 quarts water  
1 lb. meaty ham hock or jowl  
5 whole peppercorns or ½ tsp. pepper  
½ cup celery leaves - chopped  
1 large onion - chopped  
1 tsp. salt  
2 bay leaves (optional but wonderful)  
¼ to ½ tsp. cayenne pepper may also be used to spice it up!!

Place drained split peas in slow cooker. Add additional ingredients. Place a layer of aluminum foil directly on top, cover and cook on low for 10-12 hours (high 5 to 6 hours)

### Fresh Pea Soup

3 cups shelled fresh peas (approximately 3 lbs. garden peas) or frozen peas thawed and rinsed  
3 shallots-minced  
2 ¼ cups water  
1/2 tsp. salt  
¼ tsp. pepper  
3 Tbsp. butter  
3 to 4 Tbsp. whipping cream (optional-but beautiful)  
Croutons (optional garnish) See homemade croutons below

Melt butter in a heavy-bottomed saucepan. Add shallots and cook for about 4 minutes, stirring occasionally. Add the peas, water, salt and pepper. Cover and simmer about 12-15 minutes for young peas and 18-20 minutes for older peas, stirring occasionally. When the peas are tender, ladle them into the blender or food processor, with a little of the cooking liquid and blend until smooth. Strain the soup back into the rinsed saucepan and heat through without boiling. Add additional salt & pepper, if desired. Barely swirl in whipping cream to garnish and top with a few croutons in the middle. Voila!!

### Homemade Croutons

2 cups 1 to 1 ½ inch cubes French or Italian bread  
1 Tbsp. cooking oil  
1 Tbsp. margarine or butter  
2 large cloves garlic, minced  
1 tsp. dried seasoning such as (Italian Herbs, Ruggero's Herbs, Greek Seasoning or desired spice blend)

Place bread cubes in a bowl. In a large skillet heat oil and margarine or butter over medium-low heat. Add garlic and desired seasoning. Cook and stir 30 seconds. Drizzle over bread cubes, tossing to coat well. Pour cubes into skillet. Cook, stirring occasionally over medium-low heat for 6 to 8 minutes or until cubes are lightly brown and crisp.

### Good Ole' Cornbread

2 cups yellow or white cornmeal  
2/3 cup flour  
4 tsp. baking powder  
1 ½ tsp. salt  
1 ½ tsp. sugar (optional)  
1-2/3 cup buttermilk  
4 eggs, well-beaten  
6 Tbsp. butter - melted



Preheat oven to 400 degrees. Mix together cornmeal, flour, baking powder, salt and sugar in a large mixing bowl. Add buttermilk and eggs and beat with wooden spoon until thoroughly mixed. Add butter and stir until just mixed. Pour batter into a buttered cast iron medium size skillet or baking dish, let sit 5-10 minutes and bake until golden, firm to the touch and cracked on top, about 30 minutes.

### Honey Butter

$\frac{3}{4}$  cup butter softened at room temperature  
 $\frac{1}{4}$  cup honey

Mix together in small bowl with electric blender, until smooth. Store covered in refrigerator. Use on pancakes, biscuits, cornbread--anything you might usually butter.

### Super and Easy Upside Down Pumpkin Pie

1 30 oz. can solid-packed pumpkin  
 1  $\frac{1}{4}$  cups sugar  
 2 tsp. cinnamon  
 $\frac{1}{2}$  tsp. ginger  
 1 tsp. nutmeg  
 1-13 oz. can evaporated milk  
 3 eggs, well-beaten  
 1 box yellow cake mix  
 1 cup chopped walnuts  
 1 cup melted butter

Combine all ingredients except the cake mix, butter and nuts. Mix well and pour into a 13 x 9 x 2 baking dish. Sprinkle the cake mix evenly over the top, sprinkle nuts on top then drizzle the butter over the top. Bake at 350 degrees for approximately 1 hour. Cool and serve warm or cold with whipped topping or ice cream.

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## HELPING HAND FAQ

**Q:** What is Helping Hand?

**A:** An annual radio auction to benefit non profit groups in Henry County.

**Q:** When does it take place?

**A:** Monday-Saturday,  
January 11-March 3

**Q:** Where is it located?

**A:** Enoch Building at the HC Fairgrounds

**Q:** When and where can I hear it?

**A:** WTPR AM 710 at 12:30  
Mon.-Fri. & Noon Sat.



**Q:** How many organizations does it help?

**A:** It varies according to how many apply and their eligibility. Approximately 60 organizations receive checks from HH.

**Q:** How many communities or organizations will participate this year?

**A:** Approximately 130.

**Q:** How much money was raised in 2009?

**A:** \$250,640.00

**Q:** How much are operating costs?

**A:** They average about 2.5 percent.



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# FASHION FRUGALISTAS LOVE NEW YEAR BARGAINS

By Jasmine Sterling



*Julia Williams wraps up in a soft knitted scarf and smart sweater from Maggies.*

Winter is upon us, but we gals can continue that festive holiday feeling with a new look for the New Year at the right price.

Fashionistas enjoy hunting those bargain racks where a variety of accessories add just the right touch to brighten and freshen a wardrobe. Now is the affordable time to add a pop of color, some glitz and glamour or soft, romantic ruffles.

Here are some fashionably fun suggestions to ring in the New Year and a new you.

## **Pop of color**

Purchase from the winter fashion color of purple, from light and lovely lavender to deep eggplant to neon shades. When selecting a shade, it is the fabrics that will make it season-friendly and fashionably appropriate: think wools, warm blends, cable knits, velour and velvet.

## **Soft and fluffy**

Wrap up in a soft, fluffy scarf of poly-blends with a touch of angora



that will keep you warm while adding an air of sophistication. Select a scarf with 20% or less angora to minimize the shedding of the natural fibers and keep clothing looking neat.

### Make it metallic

Sport a pair of fitted metallic leather gloves that glisten in the sun, make a statement and keep hands warm while keeping a clean simple line that retains a feminine side.

### These boots are made for walkin'

Fashion boots are a favorite accessory. High heels and pointed toes are snappy, but for practicality consider a 2" - 3" square, half-square or wedge heel that will



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When selecting a purse, look for one with foot studs on the bottom like this one at Butler and Harbor.



Fashion boots are a must-have for winter.



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wear comfortably in the office or shopping after work. There are beautiful faux leatherettes that look stylish, yet are still durable during the winter weather. For your first pair, select a conservative color of brown, bronze, pewter or classic black. If it is an additional pair, punch it up with purples, blues, metallics of any color, sequins or a "must-have" style.

### It's in the bag

A handbag, satchel or clutch should never make a gal look frumpy by being cumbersome, adding bulk or weighing down the shoulder. Select an alternate bag that is a different shape, size or color for a midweek jolt of fun, lunch with the girls, a special evening out or to compliment your new scarf, boots or gloves. When selecting a purse, purchase one with foot studs on the bottom to save wear and tear and to help maintain the shape.



*Jasmine Sterling is a professional fashion designer, costume designer and fashion stylist. A Paris resident, she works on both coasts and volunteers her design talents to non-profit theaters and fashion shows nationwide.*



*Showing off a purse from Paris on the Square, Julia's black and white herringbone scarf tops off of her solid colored vest.*

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"Calendar of Events" on  
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# All Skate!

By Mike Wilson

Too often we think that only the AARP crowd likes to reminisce. But a newcomer to the "Fifth Decade Club" remembers the best place to be on weekends as a youngster in the late eighties and early nineties.

"ALL SKATE!!!" As a teenager nothing was more exciting than those two words - and if you're at least forty you know what I'm talking about. During the days of cruising Kroger's parking lot, eating at Greg's Diner, buying gas at Farris Amoco and eating ice cream from Uncle Lee's, roller skating was my all-time favorite social activity.

Even before I laced up my first skate, I knew this was important stuff. Medlock's Skating Rink at the corner of Ogburn and Locust Streets was a popular hangout for my sister. I couldn't wait until I was old enough to go to that teenage hot spot.

Unfortunately I never got to experience that skating rink. It closed and a new, state-of-the-art

rink opened. Magic Wheels Skating Rink brought Paris up-to-date with roller fun. Magic Wheels had disco lighting, smooth hardwood flooring, video games, a snack bar and the loudest sound system I had ever heard.

In the 80's and 90's you went skating to socialize and hang out. It was the melting pot for city and county kids. For some it was the

only time they got to see their peers from other parts of town. There was no Internet, email, cell phones, Facebook or MySpace. It was a time of rotary dial telephones, CB radios and console televisions without remotes. You needed to know how to skate and find a ride to town on the weekends or you were out of the social networking as we knew it.





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— Georgia Smyth

Friday night was the big night when most everyone went to Magic Wheels. Saturday night was a bonus, and if you were able to go both evenings, you really scored. Diehards like myself tried to pull off a trifecta by going Friday night, Saturday afternoon and again Saturday night, but there were times I went on Sunday afternoon to complete a marathon weekend.

There was a protocol that dictated how the place functioned. Beginners stayed at the end, away from everyone else. The rest of the crowd skated on the main floor. There was a video game area and snack bar for taking a break or flirting, depending on your reason for coming to the rink in the first place.

Those who were learning to skate really needed to come during the afternoon; the evening skaters were more fast-paced. A newcomer to the sport could wind up in a pile on a Friday night, but of course that didn't stop "Joe I-Can't-Skate-Without-Holding-the-Rail" from showing up and getting in the middle of it all. In about thirty minutes that guy looked like he'd been on Mineral Wells Avenue riding a pogo stick.

Like a television sitcom, there was the cast of favorites each week. There was the guy that was too old to be there but wouldn't give it up. There was "Mr. and Miss Look-At-Me-Because-I'm-Popular" from each school, the out-of-towners, the mishaps and the regulars.

Backwards skating was what separated the girls from the boys. Most girls could skate backwards fairly well, but a lot of boys couldn't, so guys who could were in. When the DJ announced, "The next skate is couples and backwards only," the boys had better either have a girl, or know how to skate backwards so



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they could get a girl.

Regardless of what else was going on, the assembled youngsters could not wait to hear those two thrilling words – ALL SKATE! It was like a battle cry. It was the official notice that the special skate had ended and everyone could take to the floor. Even those of us who could skate pretty well welcomed the time when everyone could skate; that way we could all socialize and show off our skating prowess – not that any of us would show off.

Oh, what I would give for a late-skate pass and an afternoon of racing on the old quads. For now I guess I'll just settle down with my iPod, touch-screen phone, watch an instant on-demand movie, send a text and order a home-delivered pizza. My, how times have changed.



*Mike Wilson is a native Henry Countian who at the young and tender age of 41, already enjoys reminiscing.*

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# Calendar of Events

## On-Going Winter Entertainment

**Paint Pottery** – Paint pottery at “Studio J” upstairs at Jack Jones Flowers in historic Downtown Paris. Call 731-642-LALA for information.

**Latest Films** – Baby, it’s cold outside, so come inside to the Parisian Theatre on Jim Adams Drive. Info line is 731-642-7171.

**Pickin’ n’ Grinning** – Join in or just listen to old country favorites at the Civic Center on Volunteer Drive each Tuesday (except the second Tuesday) and every Friday night at 7 p.m. Call Bob Perry at 731-641-7577 or Austin Cain at 731-641-0562.

**Learn to Play an Instrument, Sing, Paint, Create Pottery and more** – Call Lee Academy for the Arts at 731-642-3411 and sign up for classes. Visit [www.schoolforthearts.com](http://www.schoolforthearts.com).

**Boxing** – Watch boxing practice or work out with the coach at Atkins-Porter Recreation Center Tuesdays and Thursdays, 4:30 to 6 p.m. Senior Citizens programs available. For information, call 731-642-3340.

**Play Frisbee Golf** – Catch a sunny day and 18 holes. It’s free, it’s fun, it’s at Memorial Park. Disks available at the Paris Civic Center. Call 731-644-2517.

**Come play inside** – At Paris Civic Center’s indoor pool, track, weights and fitness machines. Pay by the visit or join. Located on Volunteer Drive. Call 731-644-2517.

**Get Out and Ride** – Embrace winter...the Bike Club rides every Saturday and Sunday. Contact Brian Roosa at 731-644-0693 for times and locations.

### January 1 – Happy New Year!!

**January 1 – Polar Bear Plunge** is at 10 a.m. at Paris Landing State Park. Proceeds benefit the Paris/Henry County Boys & Girls Club. \$25 includes plunge, t-shirt and brunch at Paris Landing Inn. For information, call 731-644-9926 or 731-641-8822.

**January 4 – Administrative Day** for all schools in Paris and Henry County.

**January 4** – Classes for adults, young adults and children begin at Lee School Academy for the Arts in everything from pottery to photography. Visit [www.schoolforthearts.org](http://www.schoolforthearts.org) or call 642-3411 for details.

**January 5 – Students return to school** in Paris and Henry County schools.

**January 7** – Give the “Gift of Life” at the Lifeline Blood Drive, First United Methodist Church, Blythe Street. For information, call Mary Kate Ridgeway at 731-642-2941.

**January 9** – Enjoy the Refuge Discovery Series’ first adventure of the New Year, **Let’s Meet Our Visitors** at the V. L. Childs overlook, 9 a.m. Learn about our winter waterfowl visitors and view them up close. Call the Refuge Office at 731-642-2091 or log on [fws.gov/tennesseerefuge/ThingsToDo08.htm](http://fws.gov/tennesseerefuge/ThingsToDo08.htm)

**January 9** – Join the Optimist Club of Paris at the First United Methodist Church for **Trivia Night**. Eight, ten-question-rounds, \$5 per player, eight people maximum per table. Proceeds go to the Optimist Youth Fund. Doors open at 6:30 p.m.; game begins at 7 p.m. Call 731-642-5915.

**January 9, 10, 18, 23, 24 and 31** – Land Between the Lakes offers guided eagle-viewing cruises on the CQ Princess. Reservations and full deposits are required. Call 270-924-2020.

**January 11** – You’ve waited all year, now **Helping Hand Radio Auction** is back through March 3! Auction begins at 12:30 each weekday, noon on Saturdays at WTPR AM 710. Check the

calendar at [MyParisMagazine.com](http://MyParisMagazine.com). Then BID!!!

**January 18 – Martin Luther King Day** – No school in Paris and Henry County.

**January 19 – Professional Development Day** for Henry County School. For information, call 731-642-9733.

**January 19** – Henry County Medical Center’s “Lunch and Learn” at noon features information on the SILS Procedure by Dr. Jason Harper. Event is free, reservations a must. Call 731-644-3463.

**January 26 – Cardiac Rehab Nutrition Classes** held at noon featuring Kim Dempsey, RD, Clinical Dietitian at Henry County Medical Center. Call 731-644-8266.

**February is Black History Month** – Be on the lookout for special events.

**February – The Volunteer Income Tax Assistance** program held each Tuesday at the Atkins-Porter Recreational Center, 500 Walnut Street, (February 2-9-16 and 23) from 9 a.m. until 5 p.m. For appointments or info, call Carole Walsh, 731-642-4178.

**February 1-28** – Continue to support our **Helping Hand Radio Auction!** See the special on back page or visit [www.MyParisMagazine.com](http://www.MyParisMagazine.com).

**February 2 – Groundhog Day** – How many weeks until spring?

**February 4** – Lie down, give blood, eat a snack, save a life. **Lifeline Bloodmobile** is at First United Methodist Church, Blythe Street from noon - 6 p.m. For information, call Mary Kate Ridgeway at 731-642-2941.

**February 6 – The Healthcare Expo** is at the Paris Civic Center Gym 8 a.m. - noon. FREE to the public. Call 731-642-3431.

**February 6** – Join the Optimist Club of Paris at the First United



Methodist Church for **Trivia Night**. Eight, ten-question-rounds, \$5 per player, eight people maximum per table. Proceeds go to Optimist Youth Fund. Doors open at 6:30 p.m.; game begins at 7 p.m. Call 731-642-5915.

**February 6 – Fort Henry Anniversary Walk** will be held from 1 - 4 p.m. at Land Between the Lakes. Dress for the weather, waterproof footwear recommended, and moderate walking required. Call 270-924-2020.

**February 7 – “Everything Eagles”** van tour at LBL, 1 - 4:30 p.m. Reservations and deposits required. Call 270-924-2020.

**February 9 – One word...YUM! Lions Club Annual Chili Day** to benefit sight preservation from 11 a.m. – 7 p.m. at First United Methodist Church. Tickets are \$8. Call 731-642-1145.

**February 9 – Henry County Medical Center CareVan Screening** at Morningside Village from 9 - 11 a.m. offering blood pressure check, cholesterol (total and full lipid panel), and blood glucose screenings. Call 731-644-8266.

**February 9 – Bring the kiddos to the Refuge Office** at 6:30 p.m. for **Build A Home For A Friend**, part of the Friends of the Refuge Discovery Series. Learn about bluebirds and build them a house to put up at home. Call 731-642-2091.

**February 13 – The W. G. Rhea Library** hosts “**A Fancy Nancy Tea Party**” from 2 - 4 p.m. at the Library. Free of charge to female guardians and little girls ages 4 to 10 years of age. For information, call 731-642-1702.

**February 13 – LBL** will have “**Life Before the Civil War**” at the Homeplace from 10 a.m. - 4 p.m. Call 270-924-2020.

**February 14 – Chocolate, flowers, dinner and a movie?** Remember your sweetheart, it's **Valentine's Day!**

**February 15 – Presidents' Day.** No school in Paris or Henry County.

**February 15 – Presidents' Day Elk and Bison Prairie Tour** at LBL. Reservations and deposits required. Call 270-924-2020.

**February 16 – St. Thomas Cooking School** held at noon at Henry County Medical Center. Call 731-644-3463.

**February 18 – Henry County Medical Center's “Lunch and Learn”** at noon features children's ear, nose and throat issues in recognition of Kids ENT Month. Presented by Dr. Randy Richards. Call 731-644-8266.

**February 18 – Elegant Dinner** is at Rhea School; call 731-642-0961.

**February 19 – Inman Middle School Chorus and Band solo and ensemble competition** will be held at the First Baptist Church in Paris. Free command performance of the top scoring solos and ensembles is at 1 p.m. Call 731-642-8131.

**February 20 – LBL** will have “**Life Before the Civil War**” at the Homeplace from 10 a.m. - 4 p.m. Call 270-924-2020.

**February 23 – Cardiac Rehab Nutrition Classes** in the hospital's Private Dining Room at noon featuring Kim Dempsey,

RD, Clinical Dietitian, at Henry County Medical Center. Call 731-644-8266.

**February 28 – Get your photos ready!** The Arts Council's 17th **Annual Photo Showcase** begins with a reception at the W. G. Rhea Library from 2 - 4 p.m. and runs through March 25. Dr. & Mrs. Danny Kimberlin are event sponsors. Call 731-642-3955 or visit [www.phcart.com](http://www.phcart.com).

**March – The Volunteer Income Tax Assistance program** is held each Tuesday at the Atkins-Porter Recreational Center, 500 Walnut St., (March 2-9-16-23 & 30) from 9 a.m. - 5 p.m. For appointments, call Carole Walsh at 731-642-4178.

**March 1-3 – Enjoy the final days of Helping Hand 2010!** Auction begins at 12:30 each weekday, noon on Saturdays at WTPR AM 710. Check the calendar at [MyParisMagazine.com](http://MyParisMagazine.com). Then BID!!!

**March 2 – Members of the Inman Chorus** perform at the Murray State University **Quad State Junior High Festival** at 6:30 p.m. The concert is free and open to the public. Call Dr. Bradley Almquist at 270-809-4288.

**March 2 – Rhea School** observes “**Read Across America Day.**” Call 731-642-0961.

**March 4 – Saving a life is easier than you think!** Donate blood at the **Lifeline Blood Drive** at First United Methodist Church, Blythe Street. Call Mary Kate Ridgeway at 731-642-2941.

**March 6 – Join the Optimist Club of Paris** at the First United Methodist Church for **Trivia Night**. Eight, ten-question-rounds, \$5 per player, eight people maximum per table. Proceeds go to Optimist Youth Fund. Doors open at 6:30 p.m.; game begins at 7 p.m. Call 731-642-5915.

**March 9 – “Lunch to Learn”** features Dr. Heather Gladwell and Michael Harris on “**Athletic Training**” in recognition of Athletic Trainer Month. Call 731-644-3463.

**March 9 – Friends of the Refuge Discovery Series** meet at Memorial Park at 6:30 p.m. for a **Night Hike**. Discover who's howling at the moon and hooting at his friends. See if you can get an answer when you hoot and howl! Call the Refuge Office at 731-642-2091.

**March 11 – Professional day** for Henry County School System. Call 731-642-9733.

**March 12 – Parent Teacher Conference** for Henry County School System. Call 731-642-9733 or your child's school.

**March 14 – Spring forward! Daylight Savings Time** starts today.

**March 17 – Don't find yourself in a “pinch.”** Wear green and celebrate **St. Patrick's Day.**

**For calendar updates and additions,  
visit the Calendar of Events section at  
[www.MyParisMagazine.com](http://www.MyParisMagazine.com)**



## Faces & Places



(L-R) County Commissioners Dell Carter and Jeff Hamlin talk things over with Henry County School Board Member Don Williams after the Grove construction project groundbreaking. ▼

▲(L to R) Peggy Williams, Susannah Murphy and Sheila Stigall set up the Athena Delphian Club Holiday Bake Sale on the Court House lawn. Proceeds benefit the clubs charitable activities.



Soloist Andrea Archer, Speaker Chick Robinson and Rev. Patty King share a moment after the Veteran's Day program at Krider Performing Arts Center. (Photo submitted by Mike Wilson.) ▼



▲Trees on the Square Volunteer Annette Brewer takes a break from rolling snow around the dozens of Christmas trees at the annual event.



Award-winning singer-songwriter Jimmy Stewart returns to his old stompin' ground for a fundraiser at the Moose Lodge. Proceeds benefited the Jaycees' Christmas Shopping Tour for Underprivileged Children. ►



Friends of the Library Volunteers John Thomas and Jenny Clark stock the Friends Bookstore. The store is open Tuesday, Thursday and Saturday. ►



Ethan Pugh and Kate-Lyn Triplett show off their poster from an exciting night of entertainment with The Nelsons Magic and Illusion Show at the Krider. ►





(L-R) Janice King, Minnie Bess Williams and Earl Shankle share a photo during Williams' 95th birthday celebration. (Submitted by Janice King) ▼



Paris-Henry County Youth Orchestra flute ensemble members (L-R) Carrie Collum, Jason Compton and Taylor Wood perform at Paris Antique Mall during Downtown Open Houses. ►



A group of altos practice *Messiah* under the direction of Todd Hill (foreground). ▼



◀ Santa's elves Mary Kate Bell and Cody Walker hang out with Rudolph (Guillermo Onate) and downtown building owner Davin Roberts on the porch of Santa's new house on the square.

Preston Bradley, bass player for the bluegrass and folk band The Old 23rd, sings during a mini-concert at Leach's Music. ►



Paris Mayor Sam Tharpe and Refuge Manager John Taylor are all smiles at the site dedication of the new Tennessee National Wildlife Refuge office and visitors' center. ►





Spotlight on...

# Tommy Cooper

## Paris Police Chief



*This year, Paris Police Chief Tommy Cooper will retire after 40 years in public safety and service. Cooper shares a few tales and insights on EarBook on MyParisMagazine.com in a funny, straightforward interview with Mike Wilson. Please join us online to hear more.*

"Moma came home from the hospital the same day I was born," said Police Chief Tommy Cooper. "She said she put me in a dresser drawer and we went from there."

That was in a two-room cabin on a sharecropper's farm in McKenzie, Tennessee, in 1950. Just a few years later, the Cooper family moved to Paris where young Tommy attended Lee and Atkins-Porter Schools. He was a member of the last class to graduate from E.W. Grove High School. He also may have been one of the youngest Henry Countians to do time at the Henry County Jail.

In truth, Cooper didn't "do time." It was the mid '50s and his father was a turnkey (described nowadays as an assistant deputy), so their



family lived in the jail. "The sheriff lived downstairs and we lived upstairs just across from the women's cells," he recalled. "My mom was a radio operator during the day and helped the sheriff's wife with meals. During the two years my dad worked there, my playmates were mostly felons, but I can't talk badly about them. They were good guys who made mistakes. I was never fearful of them."

Cooper remembers tagging along with his father and Sheriff Horthy Hudson to "bust up stills. I got to see firsthand what dynamite does to a copper kettle," he laughed. With the wilds of Henry County as his training ground, it's no wonder he turned from electronic engineering to public service.

"I came back from school in Memphis and started working at the ambulance service," said Cooper. "Back then it was located in a house trailer behind the hospital and our ambulance was a remodeled Ridgeway Funeral Home hearse," he laughed. "At that time, all you did was transport bodies. You grabbed them, threw them in the ambulance and got them to the hospital as quickly as possible."

When former Police Chief Richard Dunlap told the young Cooper that there was a job opening for a dispatcher, Cooper jumped on it. "I had extensive training. A gentleman told me, 'There's the phone. If it rings, pick it up and tell them where you work. If you need to talk to somebody on the radio, push that red button there on the console. See you later.'"

What's the best part about being a police officer? "The stock answer is 'because we get to help people.' And that's true," he said, "but that's not all of it. It's exciting from time to time, but most

of it is riding around and talking to the community. But every now and then someone does something they shouldn't and then there's that adrenaline rush when you try to catch them...it's just like a dog chasing a rabbit."

One such rabbit chase is one of Cooper's favorite tales, the story of the one-legged bank robber. "He robbed a bank at Henry and took off across the county," Cooper laughed. "He almost ran over Sheriff Dickie Bomar on Highway 54 at Cawthron's store. Dickie had just gotten his pilot's license so he made a beeline for the airport and gets in an airplane." Their partner from the force, Mike Snyder, tried to set up a roadblock, but the robber "busted the roadblock and destroyed Snyder's car. We finally got him when he slid off in a soybean field in Hazel. Turns out he was a professional bank robber and had just gotten out of prison. He had a prosthetic limb and could really get around on that thing and man - could he drive."

Cooper credits a sense of humor with getting him through four decades of public service. "There's always a person around who has a story or a joke. In this line of work there are so many things you see that you have to deal with; if you can't turn them to laughter from time to time you will go crazy. You don't make fun of people, but you do make fun of situations occasionally because you've got to laugh; you've got to find the humor."



**Hear more from Chief Cooper  
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# SANCTUARY

By Julie Perry



*Ricky Shankle*



We have all heard the phrase “our home is our castle,” but how many folks take this truism to a deeper level: our home is a durable sanctuary?

A sanctuary is a sacred and protected place, originating from the Latin *sanctum*, which meant an inviolably private place. It is a place of refuge and retreat from our everyday duties and obligations in the world.

As such, a home or room, or small corner in a room, or even a backyard space created as a sanctuary has the potential to give us peace and solace. It can also regen-

erate our spirit from the bumps and grinds of daily activity.

Furthermore, a home sanctuary can create stronger family bonds based on respect for each family member’s need for private space and time. At our wedding, my father advised Cliff and me, “Together you shall be forevermore... but let there be spaces in your togetherness.” We have always taken that to heart. At my house, each of us has created our own sanctuary space. The master bedroom is my retreat. I close the door, read, nap, listen to music or play with one of my cats. My husband Cliff retreats

to the front porch. He regroups there in a rocking chair with a cigar, book, music and wine while he admires the hard work he put into our landscaping. Even my old cat Mia has claimed an antique serving tray on the ottoman. This is her sanctuary spot – no one may move the tray or even pet her when she is lying there. Animals, too, grasp the idea of their own space.

## Man Cave

Ricky Shankle of Paris has created his sanctuary in a classic “man cave” above his garage. “This space sort of evolved as my retreat,” said Shankle. “When we built our home we had originally intended this area for storage, but it ended up being so large that I claimed it for my own. There are three important things it doesn’t have: a television, a computer and my wife,” he joked.

Shankle has filled his cave with cedar paneling, plank floors, musical instruments, family heirlooms, deer heads, and even a Russian boar he harvested on a hunt with his son. Looking around the room, Shankle said, “this says everything that I am, or that I like. My life centers on my family, my church





Shelli Perry and baby Lee



and my music." Taking a break after thirty-plus years of music work in the church, he is now a member of the bluegrass gospel group *Blessed*. He occasionally invites his fellow band members to the man cave for rehearsals, but mainly he retreats to this place alone to pray, play music and write songs. "The Bible says that we should all make a prayer closet. Some closets are just bigger than others."

### Time-Out Corner

A friend gave Shelli Perry of Buchanan a copy of the poem "Babies Don't Keep" when she and her husband Craig were expecting their son, Lee. She has carved out a sanctuary corner for herself based on this wisdom. "My in-laws, Patsy and Austin Perry, gifted me with a wonderful rocker to prepare for the new baby. It's just beautiful, and the perfect item to become a family heirloom. I look forward to passing it along one day for my grandchildren to be rocked." Shelli is like most moms these days: she works full-time, is active in church and community, runs a household and spends a lot of time chauffeuring older daughter Callie. "When everyone's schedule is off and nothing is getting done, or when I'm at my wit's end and exhausted from lack of sleep – this is when I use my sanctuary corner the most. I simply sit in this chair and rock my baby. I get a bit of a rest, and everything settles back into place for me."

(Continued on page 45.)

### Babies Don't Keep by Ruth Hulburt Hamilton

*Mother, O Mother, come shake out your cloth,  
Empty the dustpan, poison the moth,  
Hang out the washing; make up the bed,  
Sew on a button and butter the bread.  
Where is the mother whose house is so shocking?  
She's up in the nursery, blissfully rocking.*

*The cleaning and scrubbing can wait till tomorrow  
But children grow up as I've learned to my sorrow.  
So quiet down cobwebs; Dust go to sleep!  
I'm rocking my baby and babies don't keep.*

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So take a moment and consider  
your needs, and those of your fam-  
ily, for a sanctuary. Create a space,  
and then enjoy the benefits.



Julie Perry is a Henry Countian  
who values her sanctuary space.  
Contact her at [www.MyParisMag-  
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BLIND BOOSTERS TINA PASSMAN 644-1510 MARY ST. CLAIR RAY 641-0585 T.A.R.P. CENTER FOR IND. LIVING BOB LEONARD 644-0026 OFFICE ON AGING SWANNE TRAVIS DATE 642-3166 ROLLING HILLS HUMANITY SOCIETY CAROL BARBER 487-4026 UT ARGO 731-514-1000	INDIA COMMUNITY MICHAEL/BERNADILLE 642-9862 DAN/KATHY TROCCOLA 642-5229 CONNIE GABRIEL 642-3714 LANEWAY TGA JEREMY UNO/SEY 642-1223 PEPPERS AUTOMOTIVE GROUP HOEL HATMAN 642-5661 CINDY'S CATERING CINDY SMYTER 642-6110	OPEN TO ANYONE DAY SHARON KUNMEROW 293-0077	MAPLEWOOD BAPTIST CHURCH MOLA BARRITT 642-5960 GRACE EPISCOPAL CHURCH SALL EAHN ATKINS 642-1129 NETWORK VINE MCKEY MOONEY 642-3779 CHRIST LUTHERAN CHURCH LOIS TAYLOR 642-4025	SPRINGVILLE COMMUNITY ROBERT/BETTY WARELEY 243-2906 HELI/AJUCE ROGERS 336-5834 INTERNATIONAL ASSOCIATION OF ADMINISTRATIVE PROFESSIONALS TERESA REDDEN 642-2982 TN TECHNOLOGY CENTER STUDENTS & STAFF SHERRY WILSON 644-7363	AUCTION BEGINS AT 12 NOON HENRY CO. MEDICAL CENTER EMPLOYEES & AUXILIARY HENRY CO. NURSING HOME HENRY CO. AMBULANCE SERVICE HENRY CO. HOME HEALTH & HOSPICE HENRY CO. WELLNESS CENTER JUDY FARRIS 644-8283	Only 3 Days Left! Call & Bid!
<div> <p><b>MARCH 3</b> OPEN TO ANYONE DAY SHARON KUNMEROW 293-0077</p> </div>						
<div> <p><b>MARCH 2</b> INDIA COMMUNITY MICHAEL/BERNADILLE 642-9862 DAN/KATHY TROCCOLA 642-5229 CONNIE GABRIEL 642-3714 LANEWAY TGA JEREMY UNO/SEY 642-1223 PEPPERS AUTOMOTIVE GROUP HOEL HATMAN 642-5661 CINDY'S CATERING CINDY SMYTER 642-6110</p> </div>						
<div> <p><b>MARCH 1</b> BLIND BOOSTERS TINA PASSMAN 644-1510 MARY ST. CLAIR RAY 641-0585 T.A.R.P. CENTER FOR IND. LIVING BOB LEONARD 644-0026 OFFICE ON AGING SWANNE TRAVIS DATE 642-3166 ROLLING HILLS HUMANITY SOCIETY CAROL BARBER 487-4026 UT ARGO 731-514-1000</p> </div>						
<div> <p><b>MARCH 3</b> Auction Headquarters Located at the Enoch Community Building at the Henry County Fairgrounds ★ HANDICAP ACCESSIBLE ★ Auctioneers: FRED MCGLEAN, CINDY SNYDER, GAYLE GRUFFIN, WILLIAM ATCHISON BILL WILLIAMS, BILL MCCUTCHEON, DOUG TAYLOR, RAY COMPTON, NOEL BATMAN, JIMMY STAGGS DONATED ITEMS ACCEPTED UNTIL 9:00 AM - LABEL ALL ITEMS WITH COMMUNITY OR GROUP, NAME OF DONOR, AND A DESCRIPTION OF EACH ITEM!</p> </div>						



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