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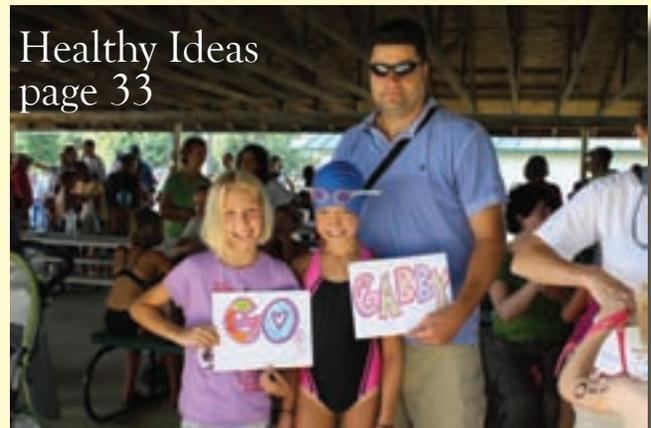
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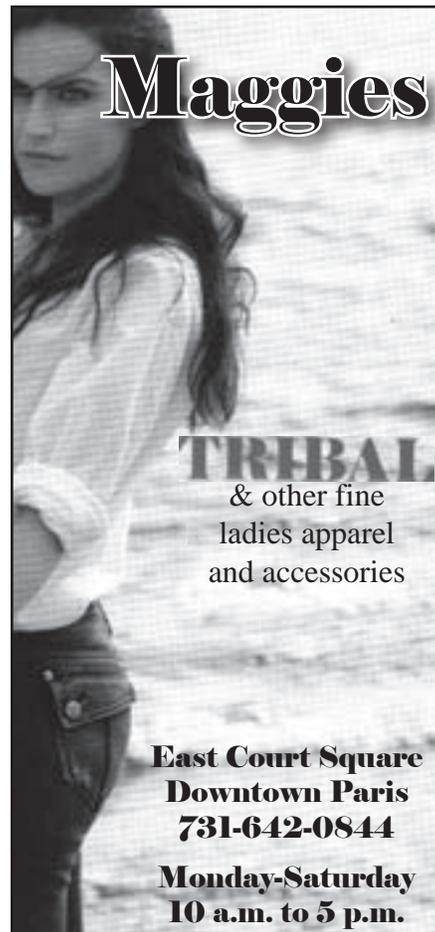
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From Paris to Paris



As I write this edition's Editor's Notes, my sister and I are in the throes of packing up our homeplace. On June 25, after everything has been auctioned and we've sent our treasures off to be treasured by others, we will move into a smaller, 80 year-old home in the historic Atkins-Porter neighborhood.

This new chapter in our lives is bittersweet, so I was a bit blue when I called the moving company. The young lady on the other end of the phone asked where we currently lived and the location of our move. When I replied, "Oakwood Lane to Walnut Street," she responded brightly, "Oh, you're moving

from Paris to Paris." I'm not sure what it was about her observation, but it cheered me to no end. We may be moving from the house that we've called home for more than 50 years, but we're not leaving Paris and Henry County.

Looking over the table of contents for this issue, I wonder why anyone would ever consider moving from Paris. Locals and visitors alike are wowed by what our area has to offer, especially in the summer. From Camp Hazelwood (page 10) to the Eiffel Tower Triathlon (page 33) to dozens of fun-filled family events (page 14 and page 16) it's time to get outside and play.

Of course, there's no better place to play than the Tennessee River, and Shannon McFarlin's article, *Tennessee Valley Ho!* (page 29) describes some folks who knew how to play on our waterways in style. But you don't have to be part of a flotilla to enjoy some of the best fishing, swimming, skiing, kayaking, camping, stargazing, wildlife viewing and picnicking in the country. Thankfully, it's all here for the taking... just like PARIS! magazine.

Susan Jones

On the Cover



Photographer Jean Owens caught her five-year-old friend, Carson Tucker wettin' a line at his favorite fishing hole on Granny Lane in Puryear.

Henry County and the Lake Area
PARIS!

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Dr. Sandlin received his medical degree from Northeastern Ohio Universities College of Medicine and did his residency at the Medical University of Ohio in Toledo. He is a fellow of the American Academy of Orthopedic Surgeons. HCMC is pleased to welcome Dr. Sandlin and his wife, Dr. Renee Sandlin, an Emergency Physician, to Paris. HCMC is excited to expand our Orthopedic Surgery Services in the community. To make an appointment, call 731.644.2271 or 1.800.726.6379.



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The Old 23rd and a Mississippi Jaunt

By Tim Check

Along for the Ride includes bicycling opportunities in the local area, as well as great rides within a day's drive of Paris. This issue features The Old 23rd in Henry County and Longleaf Trace in Mississippi.

Just Down the Road - The Old 23rd, Henry County, TN

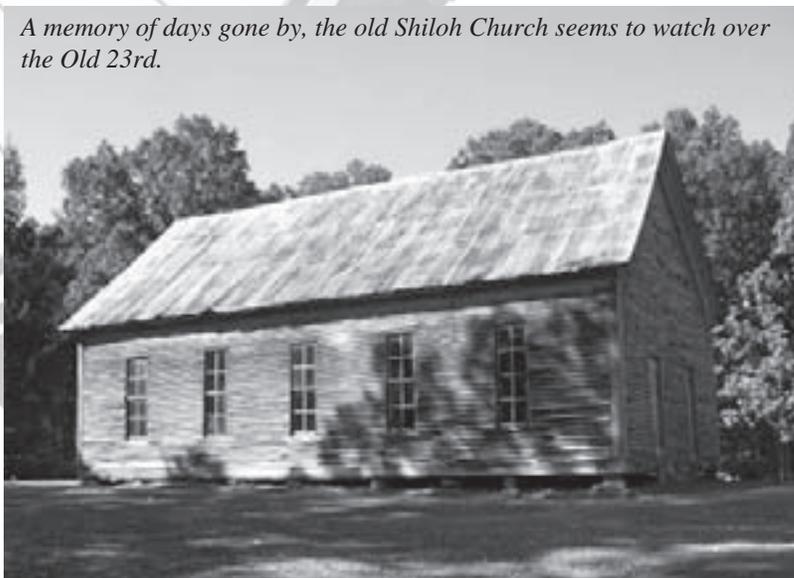
One of the most pristine bicycling adventures in Henry County can be found in the Old 23rd District. This area is now the Big Sandy Unit of the Tennessee National Wildlife Refuge, 12 miles north of the Benton County town of Big Sandy. In the 1940's when TVA created Kentucky Lake this area was essentially cut off from Henry County.

This is a great area for "fat tire" biking, wildlife viewing, hiking, and exploring. It is most easily accessed by starting at Big Sandy and getting on to Lick Creek Road. Here, travelers will see the old W.C. Rushing homeplace on which the restored Christopher Manor stands. Continue north on Lick Creek, cross a small concrete bridge and continue until wildlife refuge signage comes into view. Welcome to the Old 23rd.

Here, the roads are hard-packed gravel and sand, which is no problem for leisurely cycling. The main refuge road is flat and continues up to Pace Point. Along the way riders will pass Mt. Zion Church and cemetery. There are numerous stands of trees, old farm



A memory of days gone by, the old Shiloh Church seems to watch over the Old 23rd.



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fields, small lakes, and single track hiking trails. Riders are essentially on Bennett Creek Road, which winds through bottom land where tobacco, wheat, corn and cotton were grown. There are numerous old cemeteries, some of which were moved when the area was flooded.

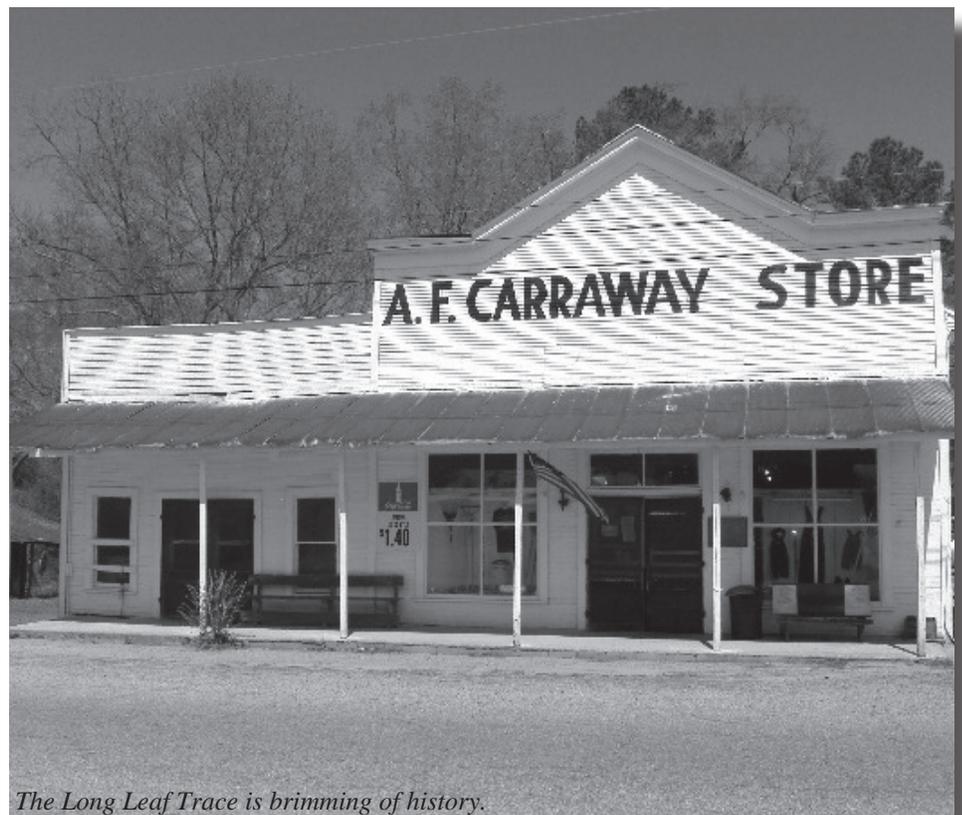
Bikers who take the obvious left fork will travel westwards to the Big Sandy River, passing Lashlee Springs. The spring water is clear, safe, and refreshing. There are numerous Indian points to be seen around the spring, which also has an abundance of delicious watercress. At the end of the road is an old cemetery. Through the cemetery and down the hill to the Big Sandy River there is an area along the shoreline that has shelved rock which locals use for noodling, grabbing catfish with their hands.

Seasonally, cyclists can eat their way through blackberries, wild strawberries, nuts, fruit trees and greens. They should also be aware

of the occasional sinkhole. Right after turning west off Bennett's Creek road, on the left is a pond with a great nature hike that loops through the woods. Hikers will find an old, hand-dug well and can view the remnants of an old homeplace. Continue on through the woods for more pristine viewing.

A number of old towns were flooded including Old Springville, Mouth of Sandy, Sip Community and Sulphur Resort and there are several books available on the subject, including *South of the Mouth of Sandy* by Chris Evans.

Riders who are directionally challenged will have to work hard to get lost on this trip. The Big Sandy River is on the west, the Tennessee on the east and Pace Point, as well as the Governor Ned Ray McWherther Bridge are to the north. For more information contact the Tennessee National Wildlife Refuge at 731-642-2091 or visit them at fws.gov/tennesseerefuge.



The Long Leaf Trace is brimming of history.

Long Haul: Longleaf Trace Rail-Trail, Hattiesburg, Mississippi

The featured long distance ride takes cyclists to the beautiful and historic Magnolia State of Mississippi. Hattiesburg is the trail head of the Longleaf Trace rail-trail. The Longleaf Trace is 403 miles or seven hours from Paris on all interstate roads.

The Longleaf Trace was constructed on the old Mississippi Southern Railroad. Construction began in 2000 on this 41-miles of flat, wide-paved surface that features a number of trail heads from Prentiss to Hattiesburg. The Trace traverses landscapes ranging from the rural farmland to wetlands to quaint little 150-year old rural towns and is the longest paved trail in the South Central United States.

This trail is among the cleanest, most beautiful and best -maintained trail we've had the pleasure of riding. All restrooms are equipped with water, flush toilets, covered picnic areas, shade trees and snacks. Towns along the old railroad bed include Prentiss, Carson, Bassfield, Sumrall, Clyde Depot, Epley Station and Jackson Road Station.

The conversion of old railroads into biking, walking, roller blade and equestrian trails offers the user a perfect opportunity to enjoy the splendor of Southern Mississippi. The horse trail runs parallel to the paved bikeway for 23 miles between the historic communities of Carson and Epley Station.

For more information on the Longleaf Trace, contact Mr. Herlon Pierce at 601-450-5247 or www.longleaftrace.org.



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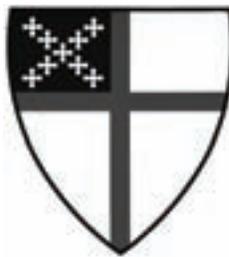
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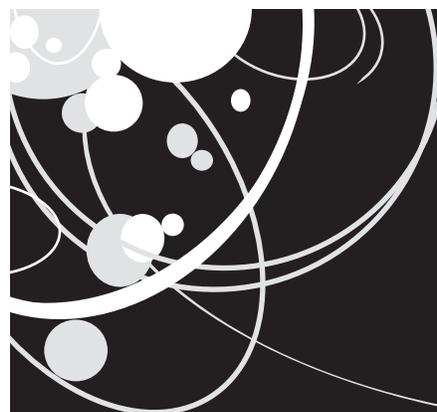
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Camp Hazelwood's New Mission: Every Child Outdoors

By Jennifer Wheatley

*Lakewood fourth grader
Jaden Wimberley learns
about different types of soil
at Camp Hazelwood. ▼*

Long-used by area Girl Scouts, the beloved Camp Hazelwood property near Buchanan Resort on Kentucky Lake had been the victim of neglect and too-little use. The decision was made to sell the camp, requiring the Girl Scouts of America's Reelfoot Council to seek just the right buyer.

Buyer found

The State of Tennessee purchased the 322 acres of property for \$1.5 million dollars using the Tennessee Land Acquisition Fund, Heritage Trust Fund and Federal Land and Water Conservation Funds. The purchase was supported by Henry County, the Tennessee Valley Authority, US Fish and Wildlife and the Friends of Paris Landing State Park and was declared part of Paris Landing State Park after the purchase. Let the re-inventing process begin.

The troika

The task of bringing a piece of property back to life and turning it into a ground-breaking educational experience for young and old in Henry County and the region required many hands, but Joan Williams, Carl Holder and Dawn Gale led the charge.

Joan Williams is the head ranger at Paris Landing State Park. She is part of the management team that includes Gary McEntire, the inn manager; Terry Williams, Joan's husband and harbor master; and Keith Hickman, manager of the golf course. Adding Camp Hazelwood to her responsibilities at the 841-acre Paris Landing State Park did not bring any additional funding for full-time employees, but she is optimistic and would like to see "up-to-date facilities, with classrooms for environmental education."



Paris City Manager Carl Holder is former CEO of the Henry County Alliance and administrator for the Tennessee River Resort Act funds. Discussing how various partners had a stake in the revitalization of Camp Hazelwood, Holder said “Henry County is primarily interested in promoting eco-tourism. The Henry County School System is interested in incorporating ‘outdoor classroom’ experiences into its science curriculum. The Tennessee Valley Authority is concerned with their traditional mission of

protecting the development of Kentucky Lake’s shoreline and educating the public concerning TVA’s history and resource management. The Federal Fish and Wildlife have an interest in pursuing educational opportunities to promote resource conservation, and the Friends of Paris Landing State Park perceive the opportunity to expand the recreational and educational mission of the Park through development of the property.”

Tennessee’s first ECO Center

Holder sought assistance from Mark Fly, University of Tennessee, Knoxville Professor of Wildland Recreation and Environmental Psychology in writing a master plan for redeveloping the property. In addition to making Camp Hazelwood fit into the state’s recreation plan, they had a vision for Camp Hazelwood as a unique learning experience and using the property to blaze new trails in education and healthy living. They went to work to create Tennessee’s first ECO (Every Child Outside) Center.

Holder and Fly identified the problem as: “Children today are spending less time outdoors, particularly in unstructured play, and are less connected to nature and wildland than a generation ago. Concurrently, there is increasing concern about children’s health - especially obesity, diabetes, vitamin D deficiencies and attention deficit disorders.” The two decided to turn Camp Hazelwood into “a national demonstration and training site for ECO facilities and programs.”

New Alliance CEO Larry Crawford said, “Camp Hazelwood is an exciting opportunity to showcase Henry County while serving as a pilot project for the State of Tennessee.”

Good ink

The project was featured in UT’s *Land Life & Science*, where Fly said the site “will be specifically dedicated to teaching children, parents and volunteer trainers outdoor recreation skills and knowledge.... If children and parents learn skills and the enjoyment of outdoor recreation, they are more likely to spend more time outdoors and connect with nature.”

Digging in

While Fly and Holder were putting pen to paper, Williams and Dawn Gale were getting their hands dirty. Gale is a planner with Tennessee Department of Environment and Conservation, but what her business card does not say is that she is a master of making-do, repurposing and digging up every grant dollar she can.



▲Fourth graders Jaden Wimberley and Clay Durham of Lakewood School create a worm farm.



◀Caroline Singleton and Graci Ellis, fourth graders at Lakewood propagate plants inside the greenhouse at Camp Hazelwood.

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Needed: drive and skill set

Speaking recently to the Paris Rotary Club, Gale passionately described the need for children to engage their minds and bodies in outdoor activities, citing fewer disciplinary problems and better problem-solving skills along with leaner bodies as the outcomes of unstructured play. She clearly sees the potential of the property, not only for local children, but as a teaching facility for other communities who want to emulate the formula. Her vision for Camp Hazelwood is “families and kids everywhere enjoying things together” and she has the drive and skills to make it happen.

A visionary

Combining her formal education (which includes degrees in education and organizational leadership) with an unstoppable work ethic, Gale is bringing the

property back to usefulness one little project at a time. On a recent tour, she headed out across a former softball field, pointing out barren patches of ground that in her mind are already an outdoor classroom surrounded by blueberry bushes or a full orchard. An Eagle Scout is coming soon to build a shed for a lawnmower she has yet to own.

Gale prioritizes by need and then sets out to find money. The grant she wrote focusing on childhood diabetes has led to a 36’ by 72’ foot hydroponics greenhouse where she plans to grow vegetables all year long, but no project is a separate island. All of them work in unison. For example, Rope-topia is a fundraiser for W.G. Rhea Library that is currently on the drawing board; it will include a salad lunch grown in the greenhouse.

Volunteers needed

Gale is not a one-woman show

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and gladly accepts all kinds of assistance - from pulling weeds to teaching children to planting vegetable beds. Williams could use volunteers for landscaping and trail work. She sees the camp as a "work in progress" and hopes everyone understands that it is not yet open for people to drive through "because we can't protect everyone or everything" without rangers.

There are so many activities Gale can imagine happening, from family and group activities to individuals kayaking or birding. Ever the realist, Gale fears that we have become too comfortable experiencing life through our television and computer screens. She is willing to teach people how to set up a tent or cook in a Dutch oven, including an entrée, bread and dessert.

When asked how the community could contribute to this project, her

answer was unexpected. Despite grant funding that will expire soon, she didn't mention money, people, or even building materials as her number one request: she wanted to "know what would encourage people to get back outdoors."

Interested? Contact Gale at 731-449-2679 or the camp office at 731-642-6276 to become part of what she sees as an "evolution from children who don't like dirt to a little girl who brought me a dead fish because she believed it was a fossil!"



Jennifer Wheatley is Executive Director of the Paris-Henry County Chamber of Commerce.

Photos courtesy of the Henry County School System.

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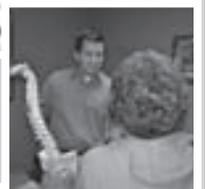
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The Gorgeous, the Patriotic and the Decadent

By Mike Wilson and Shannon McFarlin

With school out, summer is the perfect season to enjoy events throughout the countryside. Three of our favorite events are, in order - gorgeous, patriotic and downright decadent. Check out other summer happenings on the PARIS! Event Calendar on page 16.

The Gorgeous

Craig and Allison Harris offer a peek at Mother Nature's best during

the Open Garden at Mole Hill. With their vast knowledge (Allison holds a degree in horticulture from North Carolina State, and Craig holds a degree in plant and soil science from Tennessee Tech) this couple enjoys growing, showing and selling a vast number of plants, especially perennials.

"If this year is like past years," said Craig, "folks can expect to see in the neighborhood of 200 varieties of daylilies, as well as Japanese and Siberian iris and an amazing number of other perennials."

Along with a lovely array of plants, there are plenty of inspiring garden ideas plus good, solid advice from the experts. All of the proceeds from the Mole Hill Open Garden go toward mission work in third-world countries. Now that's putting your money where your morning glory is.

What: Open Garden at Mole Hill
When: Sat., June 25, 9 a.m.-1 p.m.
Where: 300 Wildwood Lane, off Gate 3 Road
Why: Fundraiser for missions
Contact: 731-642-6543; hemnut@gmail.com

The Patriotic

Far from any main highway, the tiny town of Cottage Grove hosts the Annual Freedom Festival each year on the Fourth of July. This event is pure Americana.

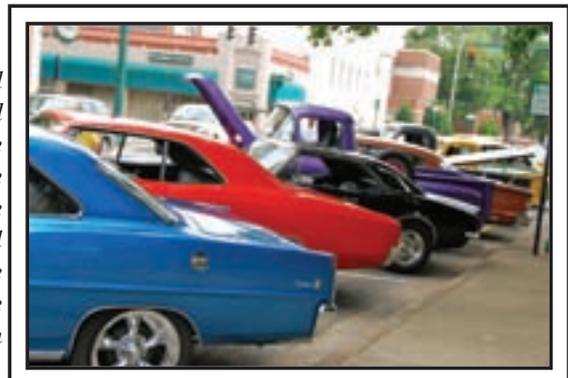
"I give all the credit to the fire department," said Mayor Machelie Operia. "They're the ones who keep it going year after year and they're the reason it's a success."

The Freedom Festival has two big attractions: a parade through town in the morning and fireworks after dark. This leaves lots of time for visitors to enjoy an old-fashioned cake-walk; an increasing number of kids' games; a toe-tapping, mini-bluegrass festival; a motorcycle rally; an auction; hayrides; a car show and delicious concessions, including what many attendees say is "the best soft-serve ice cream in West Tennessee."

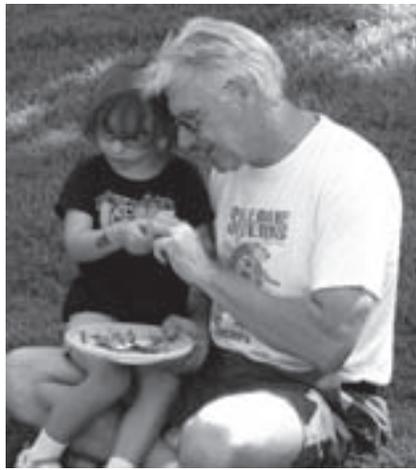
The parade has grown in recent years, with numerous and creative entries. Who can forget the Yoder Brothers bringing a dairy cow along the parade route and offering fresh-squeezed milk to delighted spectators? Or Tammy Bowden



The cars and trucks rolled in by the score during the Downtown Ice Cream Social and Antique Car Show the last Saturday in July.



Photographs by Al Gengler and Shannon McFarlin



(Clockwise from upper left) Craig Harris wheels plants out during Open Gardens at Mole Hill.

Chris Northam and daughter, Amelia look over the candy she collected during the Freedom Fest Parade.

Dozens of participants prepare to stop behind the winning chair during the cake walk at Freedom Fest.

Alethea McClain does a little hula dance in front of one of the many booths serving ice cream and other assorted desserts at the DPA Ice Cream Social and Car Show.

...serving at every booth goes to two great causes: the W.G. Rhea Library and Downtown Paris Association. This year, Committee Chairperson Kathy Ray is touting “fabulous, frozen competitions with impressive prizes.” Note to self - wear mittens.

While the booths, games and varieties of ice cream are refreshing on a hot summer day, the antique cars are a huge draw. The only thing more interesting than the museum-quality, vintage vehicles is chatting with their fascinating owners, most of whom refurbished their vehicles themselves. Spectators can even vote for their favorites with a donation to the fundraiser.

What: Downtown Ice Cream Social and Antique Car Show

When: Sat., July 30, 3-6 p.m.

Where: Historic Downtown Paris

Why: Fundraiser for W.G. Rhea Library & Downtown Paris Assoc.

Cost: \$10/adults, \$5/children

Contact: Kathy Ray, 731-642-8000; kray@firstbankonline.com



After more than four decades, Arts & Entertainment Editor Mike Wilson found the woman of his dreams and convinced her to marry him. The staff of PARIS! wishes Mike and Cheryl happiness and joy.

Wood and her colorful, entertaining clowns?

Once the day cools and the shadows fall, it’s all about the food and the fireworks. Cardinal Park becomes packed with spectators as adjoining roads fill with folks who drive out to see a spectacular fireworks show that rivals larger towns.

What is the secret to the Freedom Festival’s success? “We’re persistent,” said Committee Chairman Larry Niemi. “And we have a lot of community pride here.”

What: Cottage Grove Freedom Festival

When: Mon., July 4, 10 a.m.-10 p.m.

Where: Cardinal Park, Cottage Grove, TN

Why: Fundraiser for the Volunteer Fire Department

Contact: 731-782-3657

The Decadent

Okay, maybe it’s not really decadent to spend an afternoon gorging on ice cream around the town square and dreaming about old cars, but it’s pretty darn close. Fortunately, all of the money from the coveted armbands that allow ice cream lovers a generous

The Cottage Grove Freedom Fest Parade kicks off with the Stars and Stripes.



Jonathan Miller (left) and Ernie Diggs have some fun milking during the Freedom Fest Parade.



Ongoing Fun

Summer in the Park - Enjoy an eclectic mix of live music Saturday nights at the Paris Landing State Park amphitheater at 7:30 p.m. Bring a lawn chair or blanket. Call 731-641-4465 for information

Swim in the Shadow of the Eiffel Tower – The pool at Eiffel Tower Park is open Monday - Saturday from 10 am – 6 pm; Sunday from 1 – 6 pm. Call 731-644-2698.

Come play inside – The Paris Civic Center has an indoor pool, track, weights and fitness machines. Pay by the visit or become a member. Located on Volunteer Drive. Call 731-644-2517.

All Skate – Paris on Wheels is open and fun! Call 731-642-2245. The Third Floor Indoor Skatepark invites skateboarders on Saturdays from 5-11 p.m. Call 731-644-0400.

Pickin' n' Grinning – Jam with fellow country music lovers or just listen in. These pickers play country favorites (50 years or older) at the Civic Center on Volunteer Drive. Call Bob Perry at 731-641-7577 or Austin Cain at 731-641-0562.

Let's Dance - The Henry Civic Center is the best dance spot in the area each Thursday when Shiloh offers up country tunes mixed with a little rock n' roll from 7-10 p.m. Call 731-336-7071.

Modern Muses Writing Group - Open to all ages and all writing genres, this writer's group meets the first Saturday of each month at 9 a.m. For more information, call 731-642-7238 or lcorn@beasleywireless.net

Eat Your Veggies – Delicious, seasonal produce is waiting on you at the Farmer's Market. Call 731-642-2941 for locations and hours.

June – Check out the Paris Landing State Park Fishing Tournament Schedule; for more information, call 731-641-4465.

June 1-4: Triton Boat Owners; 30+ boats
June 11: ABA; 30-40 boats
June 25: Paul Steele Memorial; 60 boats
June 27: Collegiate World Series; 50 boats

June 2 – Summer vacations mean blood shortages. Give blood, from noon - 6 p.m. when the Lifeline Blood Mobile visits First United Methodist Church in downtown Paris. Call 731-642-2941.

June 2 - Considering joint replacement surgery? Total Joint Replacement Class is at 5:30 p.m. at Henry County Medical Center. Free. Register at 731-644-3464 or online at www.hcmc-tn.org.

June 3 - Caring Hearts Fundraiser featuring Trifekta, Paris Convention Center at 6 p.m. Advance tickets are \$10; \$12 at the door. Benefits Caring Hearts Fund for local cancer patients. Call 731-644-3464.

June 4 – Trinity United Methodist Church hosts the annual "Rumblin' for Relay" at 409 N. Wilson. Registration at 9 a.m.; ride leaves at 10 a.m. All bikes welcome; donations only. Concessions available. Call 731-336-8946 or 731-336-3500 for information.

June 4 –Enjoy fabulous wine and delicious food for a great cause. It's Grapes & Gourmet at the Heritage Center, 6 p.m. Call 731-642-1030.

June 6-10 –Big Apple Adventure: Where Faith and Life Connect - First Baptist Church Vacation Bible School, 9 a.m. until noon. Call 731-642-5074 for information. All children are welcome.

June 10 – Join hundreds of Henry Countians as the community raises money to help wipe out cancer. **Relay For Life** is an all night party at the Henry County Fairgrounds that celebrates survivors, remembers the victims, offers great food, fun booths, crazy games, live music, an all night relay and a moving luminaria ceremony. Gates open at 4 p.m. and the fun lasts till 6 a.m. For more information, call 731-707-0506 or email jbass50@hotmail.com. Get your luminaria form in the insert in this issue of PARIS!

June 13-17 –Vacation Bible School at First United Methodist Church, 101 E. Blythe Street, 9 a.m. – noon. All children welcome. Call 731-642-4764 for information.

June 14 – Can I eat this plant? Friends of the Refuge Discovery

Series. Postponed until further notice. Call the Refuge Office at 731-642-2091.

June 16 – Care Van Screening at Paris Civic Center; 10 a.m. until 12 noon. Call 731-644-3464 or visit www.hcmc-tn.org.

June 18 – Children's Theater auditions, ages 9 – 12 for the summer musical production "Blue's Clues", are from 9 a.m. - noon at the Krider. Call 731-644-2517.

June 19 – Remember your wonderful father on his day!

June 20 and 21 – Grove Rocks! Freshman Orientation. Call 731-642-4586.

June 24 and 25 – The Children's Theater presents "High School Musical" at the Krider at 7 p.m. Tickets are available at the Civic Center. Call 731-644-2517.

June 25 – Concert in the Vineyards at Paris Winery at 7-10 p.m. featuring 27 B Stroke 6. Bring a lawn chair or blanket for an evening under the stars. Bistro is open late on concert nights! Call 731-644-9500.

June 28 - Cardiac Rehab Nutrition Class, 11:30 a.m. - 2 p.m. at HCMC. The class is free, but pre-registration is a must. Call 731-644-3464 or visit hcmc-tn.org.

July – Enjoy Paris Landing State Park Fishing Tournaments; for more information, call 731-641-4465

July 9 – Bassmasters "Weekend Series"; 100-125 boats
July 16 – Fishers of Men; 30 boats
July 17 – TNT Trails; 20 to 25 boats
July 22-23 – Tentative; approximately 200 boats

July 4 – Celebrate our Independence!! Fly that red, white, and blue with PRIDE.

July 4 - Freedom Festival 2011 is in Downtown Cottage Grove's Cardinal Park, sponsored by Cottage Grove Volunteer Fire Department. (See article on page 14) For information, call 731-782-3657; 731-642-8270 or 731-782-3559.

July 4 – Paris Landing is full of fun, food and music throughout the day. When night falls, fireworks over the lake are spectacular. Call 731-642-4311 for more information.

July 7 – Real patriots give blood! The Lifeline Blood Mobile is

at First United Methodist Church from noon - 6 p.m. Call 731-642-2941.

July 16 - Come Canoeing on the Refuge at 10 a.m., Cross Creeks National Wildlife Refuge in Dover. Part of the Refuge Discover Series. Call the Refuge Office at 731-642-2091.

July 22 and 23 - Children's Theater presents the musical, "Blue's Clues", 7 p.m. at the Krider. Tickets on sale at the Civic Center. For information, call 731-644-2517.

July 27-30 - Campin' in the Cool is from 8 a.m.-noon at First United Methodist Church for K-6th graders. Register at 101 E. Blythe Street. Call 731-642-4764. All children welcome.

July 28 - E. W. Grove School Open House begin at 6 p.m. All incoming students and parents are encouraged to attend. For information, call 731-642-4586.

July 30 - You scream. I scream. We all scream for ice cream. Downtown Paris Association's **Ice Cream Social and Antique Car Show** is from 3 - 6 p.m. For information, call 731-642-9271 or go to VisitDowntownParis.com.

July 30 - Tower Youth Triathlon will be held at Eiffel Tower Park. (See article on page 33) Contact Tony Lawrence for more information; 731- 644-2517.

July 30 - "Concert in the Vineyards" at Paris Winery; 7-10 p.m. featuring Scott Myatt/British Invasion. Call 731-644-9500 or visit ParisWinery.com.

August - Fishing tournaments continue at Paris Landing State Park; ABA; 30 to 40 boats. For more information, call 731-641-4465.

August 2 - In-Service Day for the Henry County School System. No school for students. For information, call 731-642-9733.

August 2 - HCMC sponsors Shopping Smart from 5-7 p.m. at Paris Kroger. Free, but must pre-register. Call 731-644-3464 or go on line to www.hcmc-tn.org.

August 3 - Administrative Day for Henry County School System. No school for students. For information, call 731-642-9733.

August 4 - It's a great day to save a life! Lifeline Blood Mobile visits First United Methodist Church from noon until 6 p.m. Call 731-642-2941.

August 4 - Administrative Day/Registration Day for Henry County School System. Call 731-642-9733.

August 4 - Total Joint Replacement Class, 5:30 p.m. at HCMC Central Registration. Free, but must pre-register. Call 731-644-3464 or register at hcmc-tn.org.

August 4 and 5 - Administrative Days/teachers only for the Paris Special School District. For information, call 731-642-9322.

August 5 - In-Service Day for Henry County School System. No school for students. Call 731-642-9733.

August 5-7 - Hummingbird Festival - Woodland Nature Station at Land Between the Lakes. Adults \$5; Youth \$3, includes Nature Station admission. Call 270-924-2000

August 8 - First Day of School for all students in Paris and Henry County School Systems.

August 11 - Fair Day for students in the Henry County School System. Call 731-642-9733 for information.

August- FAIR WEEK! - This schedule is **tentative**. Changes may be made before the Fair begins. Call 731-642-2941.

August 6: 10 a.m. - Dairy Cattle Show
12 p.m. - BBQ Cook Off and Tractor Show
2 p.m. - Tractor Parade Begins
4 p.m. - Judging of Cook-off
5 p.m. - Opening Ceremonies and Band
6 p.m. - Mini Tractor Pull
6:30 p.m. Royalty Revue; Miss Teen (ages 13,14,15); Fairest of the Fair (ages 16-21)
8 p.m., **\$500 cash drawing**

August 7: 1:30 p.m., Baby Barnyard Contest
August 8: 3-7 p.m., Adult, Youth, and Adult & Youth Horticulture & Field Crops entries accepted
6 p.m., Carnival Opens; \$10 one price
6:30 p.m. Royalty Revue; Jr. King & Queen (ages 4,5,6); Little Miss (ages 7,8,9); Miss Pre-Teen (ages 10,11,12)
6:45 p.m., Kiddie Tractor Pull
8 p.m., **\$500 cash drawing**

August 9: 9:30 a.m.-noon; Judging-Horticulture & Field Crops, Adult & Youth-areas closed
12-8 p.m., Viewing-Adult and Youth Entries
5 p.m., PAY ONE PRICE NIGHT \$10
5:30 p.m., Heifer Grooming demonstration
6 p.m. Carnival opens-rides free with gate admission \$10; Canine demonstration; DARE Mascot; Commercial Heifer Show
7 p.m., Mud Wrestling, Tug of War
8 p.m., **\$500 cash drawing**

August 10: 8-9 a.m. Chamber of Commerce Coffee
9-11 a.m. Flower Basket Entries accepted
12 Noon, Flower Basket judging
5-8 p.m., Pre-4-H & Junior Market Hog Entries accepted; Junior Market Lambs entries accepted; Junior Market Steer entries accepted.
5:30 p.m., Century Farm Celebration
6 p.m., Carnival opens-Armbands \$20

Food Bank Night ****Bring 4 cans of food for \$5 off armband****
August 11: 8 a.m., Pre 4-H Lamb entries accepted; Jr. Market Steer weigh-in
10 a.m., Junior Market Hog Show; Pre 4-H Hog Show
1 p.m., Junior Market Lamb Show; Pre 4-H Lamb Show
2 p.m. Jr. Market Steer Show
6 p.m., Carnival Opens; Woolies Revenue
School Night ****Armbands \$15****

August 12: 7 p.m., Jr. Livestock Sale
8 p.m., Bull Riding
3:30-4:30 p.m. Henry Co. Retiree Ice Cream Social
5-7 p.m., Snowbird appearance
5 p.m., Beef Cattle Show
6 p.m., Carnival opens; Armbands \$20
7 p.m., Powder Puff, 80 & up, and Crazy 8 Demo Derbies
8 p.m., **\$5,000 cash drawing**

August 13: 10 a.m., Henry County's Got Talent - pet version
11 a.m., Beef Cattle Show
12-1:30 p.m., check out time for Adult & Youth entries
1 p.m., Country Ham Sale
2-5 p.m., Friends on the Farm
4 p.m., Carnival opens - Armbands \$20
5 p.m., Small Girl Doll Show, "Tea for Dolly & Me"; Small Boy with a Toy Show, "Mad Tea Party"

August 16: 7 p.m., Demolition Derby
6 p.m., Junior Livestock Buyers' Meal

(Calendar information is subject to change. Please contact event organizers for details.)

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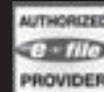
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Divas Beware of Summer Surprises

By Dan Townsend

It's summer - time for divas and their families to hit the road on vacations, visits to family far away or short weekend jaunts to the lake. Unfortunately, some highways and byways come with a few surprises. The past winter's freezing weather has taken a real toll on some roads in the form of potholes.

Hitting a pothole can damage tires, wheels, suspension systems, wheel alignment and more. Divas who experience any of the following warning signs after hitting a pothole need to have a professional technician take a look at their car. Divas (and their driving age family members) who haven't encountered a pothole should know that hitting a curb has the same effect as a pothole. Below are the telltale signs that a visit to a repair shop is in your immediate future.

- Steering response seems different, steering wheel seems to be positioned different, bottoming-out on city streets or bouncing excessively on rough roads. These are indicators that the steering and suspension may have been damaged. The steering and suspension are key safety-related systems. Together, they largely determine the car's ride and handling. Key components are shocks and/or struts, the steering knuckle, ball joints, the steering

rack/box, bearings, seals and hub units and tie rod ends.

- Pulling in one direction instead of maintaining a straight path, and uneven tire wear. These symptoms mean there's an alignment problem. Proper wheel alignment is important for the lifespan of tires and helps ensure safe handling.

- Low tire pressure, bulges or blisters on the sidewalls, or dents in the rim. These problems will be visible and should be checked out as soon as possible. After all, tires are the only connection between your car and the road. Make sure those connections are good ones.



Dan Townsend is a Henry County resident who teaches Automotive Technology at the Tennessee Technology Center's McKenzie campus.

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Beck's Oyster Bar*

5960 Hwy. 79 North
731-407-4891

Carmack's Fish Barn

2165 Hwy. 140 N, Cottage Grove
731-782-3518

Eaker's Cafe

1880 Hwy. 69 South
731-642-9236

El Vallarta*

1055 Mineral Wells Avenue
731-642-3626

El Vaquero*

600 Spruce Street
731-641-0404

Eagle's Nest Marina*

500 Eagle Nest Road, Buchanan
731-642-6192 (seasonal)

4-Way Grill

6121 E. Antioch Road, Springville
731-641-0100

Fresh Market*

2255 East Wood Street
731-644-1900

Golden Dragon

114 West Washington Street
731-644-3288

Great Wall Buffet

1055 Mineral Wells Avenue
731-642-7778

Henry Station Cafe

9 Main Street, Henry
731-243-3630

Hoofman's BBQ

3750 Highway 69A
731-336-0845

Hong Kong

1021 Mineral Wells Avenue
731-644-1810

Huddle House

1502 East Wood Street
731-644-1515

Hungry Wolf

10 Fairgrounds Road
731-641-7500

Judy's Kitchen

1875 Hwy 69 South
731-407-4777

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1123 East Wood Street
731-642-0894

Lepanto Steak House

1305 East Wood Street
731-641-1791

Lighthouse Buffet

1025 Mineral Wells Avenue
731-407-7200

Matt's Pub*

11180 Hwy. 79 North
731-642-6085

Meo Mio's Cajun Restaurant*

130 Tate Dr., Buchanan
731-407-4926

Mr. Garfield's

6425 E. Antioch Road, Buchanan
731-644-7519

Oak Tree Grill

785 Buchanan Resort Road, Springville
731-642-2828 (seasonal)

The Olive Pit

905 Mineral Wells Avenue
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204 Dunlap Street
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731-642-8842

Trolinger's BBQ

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Windfall Trading Post

220 N. Poplar, Downtown Paris
731-407-4861

* Beer and/or other alcohol available.

Faces & Places

The Disco Divas (L-R) Krislen Sherrill, Alex French and Lydia Shoemaker entertain the crowd at the Annual Gong Show.▶



Nathan Foster and Beth Operaia perform *Anna and August*, the District Champion One-Act Play during the Henry County High School Speech Team's Award-Winning Showcase.▶



At the 26th annual WMUF/WLZK Easter Egg Hunt, Debbie Taylor holds grandson Jimmy Taylor, while big brother Ashton Taylor peeks around her shoulder.▶



Banjo player Dan Knowles and fiddler Tyler Andell entertain the crowd during a performance at Windfall Trading Post.▼



▲Kaylee Roberts shows off her winning entry in the R.E.A.L. Hope Youth Center and Carl Perkins Center "Children for Children" poster contest.

Getting a bite to eat before the demolition derby (L-R) are Hostess Princess Morgan Todd and a member of her court, Darian French.▼





◀John Stillwagon of NYC Hot Dogs shows off his snappy hot dog hat.



(L-R) Chris Townes and County Maintenance Supervisor Kenneth Charles spruce up court square for spring. ▶

David "Tater" Hayes is overcome with emotion as it is announced the World's Biggest Fish Fry (WBFF) souvenir book is dedicated to him. From left are Jaycee President Micky Eaton, Tater with his son Christian.▶



Adult Learning Center Director Sue Quinn proudly displays a \$3,000 check to her organization from Helping Hand. More than \$260,000 was distributed to 73 Henry County organizations thanks to the 2011 Helping Hand Radio Auction. ▼



◀Juanita Sparks, who has been a teaching assistant for more than 35 years was honored as grand marshal of the Rhea School Kindergarten Fish Fry Parade. She's being pushed along the route by Assistant Principal Gerald Howard.

The Henry County High School Engine Performance classes recently completed their service learning project, Spark, Ignite and Fire Up Learning! Students from Jeremy McCord's class visited Harrelson School where they taught 6th, 7th and 8th grade students how to disassemble and reassemble a 6.5 HP overhead valve engine. ▶



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--Aouna Booth

THE AMAZING RACE

- Paris Style

By Shannon McFarlin

Three weeks before the 2010 Hillin Family Reunion, the phones of all of the Sam's in Paris--all 321 of them--started ringing off the hook.

Receiving more than his fair share of the phone calls was Paris Mayor Sam Tharpe. And why not? The clue that the Hillin family was trying to track down asked them to find "Sam," who goes to work every day on the court square in Paris and who brings a smile to all who know him.

But the Sam in question here was Sam, the little dog that belongs to Victor and Jennie Baldwin, owners of The Iron Place.

That clue kicked off the Hillin reunion, which this year followed the theme, "Somewhere in Paris." The brainchild of organizer Jerry Hillin of Wentzville, Missouri, the reunions are patterned after "The



Sam at the Iron Place.

Amazing Race" television series, only on a smaller scale.

In the dozen years the Hillins have been holding their reunions here, Jerry's clues have taken them throughout Paris and Henry County. Even people who have lived here all their lives might have trouble winding their way through the maze of clues that Jerry comes up with each year.

But how does a man from Missouri develop such intricate clues about a county where he has never lived? "I spend a lot of time on the Internet," Hillin chuckled. "This year when I was planning the reunion, I went to the Downtown Paris Association website and found Lee Owenby's 'Windows on the Square' photos. That was my starting point this year."

The Hillin family reunions bring dozens of people here from Missouri, Wisconsin, Florida, Georgia, Mississippi, Indiana and other parts of Tennessee. Why did they pick Henry County for their gathering? "It's centrally located to our family and it's just a lovely area," Hillin said. "And, there's a lot of history here I can use for our races."

While here, the family rents out the entire Pleasant View Resort in Springville, with some members staying at the nearby Mammy and Pappy's Bed and Breakfast.



Jerry, left, goes over a clue with a green team member while a videographer captures it.

The annual contests have grown in scope and scale and have taken Hillin family members to the National Wildlife Refuge, onto Kentucky Lake, to Maplewood Cemetery and even the middle of farm fields. One memorable summer found family members searching for clues under hay bales. "They got kind of mad at me for that one," Hillin said. "I've done a little of everything to them," he said. "I've made them use a GPS to find clues using latitude and longitude. They didn't really care for that, either."

Family members agreed this year's race was more elaborate than any before, involving a lot of preparation on Hillin's part, as well as a lot of help from people in Paris, including Skip and Deb

Carothers, Norma Steele, Jim Kirk, Jack Tarkington, the Baldwins, the Print Guy and downtown merchants.

“Deb helped me find the places that were depicted in the ‘Windows on the Square’ so I could develop the clues, and she helped me

contact the shops that came up with the gift baskets that also became part of our clues,” Hillin said. “We divided the family into four teams--green, blue, purple and red--and each team had to find their color-coded gift basket in different shops and then have their picture taken with it.”

An elegant aspect of this year’s race was that each team was ferried around town in four stretch limos provided by The Print Guy, as Hillin family members scattered about town in search of the Crete Opera House, Davy Crockett’s son’s grave and other clues.

“Our family is really smart and they all have palm pilots and cell phones and this year I allowed them to use ‘lifelines’,” Hillin said. “So they could call people who had access to the Internet to help them with their clues.”

After an exhausting and hot few hours of “The Amazing Race-Paris Style”, the green team won both the race and the grand prize for most points accumulated. Consisting of members from Missouri, Indiana and Mississippi, the green team was elated to have won, but mostly just happy it was over.

“Jerry really likes to make it hard



One team member counting rungs at the Heritage Center.

and this year was more challenging than any,” laughed Lynne Chapman of Fishers, Indiana. Pat Hillin of Moscow Mills, Missouri agreed, “We’re all very close, but we’re also very competitive. That’s why we work so hard at this.”

And for all that hard work, what does the winning team win? A \$5 gift card.

“It’s for bragging rights, pure and simple,” Jerry Hillin said.



Shannon McFarlin is a freelance writer whose passion is history.

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Each team had to round up as many people as they could for a photo on the courthouse steps. Each team had to get different people for each photo, though.

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TENNESSEE VALLEY HO!

By Shannon McFarlin



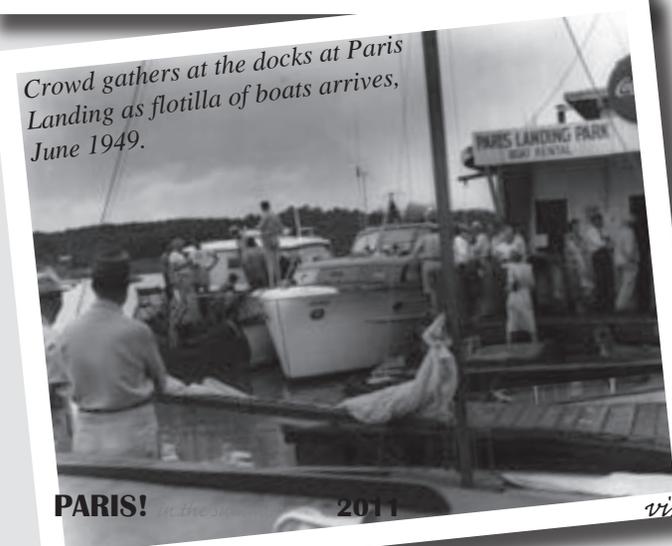
A group crowds around dinner at Paris Landing.



Gov. Gordon Browning landing at Paris Landing, June 14, 1949.



The Tennessean Lady with the Gordon C. Greene behind.



Crowd gathers at the docks at Paris Landing as flotilla of boats arrives, June 1949.

Today we take Kentucky Lake and its beauty for granted. We also take for granted the electrical power we enjoy today and being able to navigate through the waterways of the South.

But in the 1940s, all that was new. Kentucky Lake was created with the construction of the Kentucky Dam, a massive project that took from 1938 to 1944 to complete. It was the last in a chain of projects that were the brain-child of President Franklin D. Roosevelt's "New Deal."

Under the umbrella of the newly-created Tennessee Valley Authority, it improved the economic outlook of the South by providing flood control, electricity and navigation by water to regions that previously could not be reached.

Tennessee Valley Ho! cruises were organized to spotlight the TVA and the new waterways. With these cruises—which included massive flotillas of both public and private vessels—citizens were able to see the beauty of this region for the first time.

With the first cruise in 1948, flotillas consisting of as many as 200 boats traveled together, starting at the Ohio River in Paducah and navigating to numerous historic and cultural areas including Shiloh National Battlefield and beyond.

One of the sponsors of the cruises was the Nashville *Tennessean* newspaper. Its *Tennessean Lady* was one of the main vessels, as was the steamboat *Gordon C. Greene*. The *Tennessean's* late publisher, Silliman Evans, was a huge proponent of the TVA in addition to regional tourism. His son, Amon Evans of Springville, also a former *Tennessean* publisher, remembered that his father "went all out" for the cruises each year.

Some of the main beneficiaries of the cruises have been the Paris Landing, Kentucky Lake and Lake Barkley areas. "We went through the Corps of Engineer locks at various stages on the Tennessee River and that was an

experience for everyone,” Evans said. “From start to finish though, the route was quite long and took at least two weeks if you stayed on from Paducah all the way to Alabama. A lot of people brought their own boats.”

A teen at the time, Evans recalled the cruises as “a lot of fun” even though one of his jobs was to get up “at the crack of day every morning” and help deliver the *Tennessean* to all the boats. “My father wanted everyone to have a newspaper to read every morning, so he got a seaplane that would take the papers directly from the presses in Nashville and fly to wherever we were stopped. It wasn’t cost-effective, but it was important to him.”

“We would anchor at night,” Evans said, “and have barbecues or dinner of some sort and socialize. Often the band from the steamboat would play for everyone.”

A commemorative book published by the *Tennessean* in 1949 belonging to the late Jack Hay of Paris includes the itinerary for the cruise, as well as photos of the *Tennessean Lady*. Well-known people would often come on the cruises, as reflected by the signatures that Hay gathered in his book.

Among the guests on the *Tennessean Lady* were Governor Gordon Browning, *Atlanta Constitution* publisher Hodding Carter and nationally-syndicated columnist Bascom Timmons. Local people on the trip included Bill Caldwell, Phillip Dinwiddie, Fleetwood Lowe and State Senator William McSwain.

Ann Caldwell of Paris said she remembered going on one of the cruises with her husband Bill. “Bill’s first job after we married was as Gordon Browning’s campaign manager in Henry County and he just loved the water, so he was in his element on those trips.” The evening festivities could be rather fancy, she recalled. “I remember we wore long dresses, but the women did that more in those

days.”

After the Fish Fry in Paris was organized, Evans said his father would take time during the local leg of the cruise so that the cruisers could travel into Paris and eat catfish. “They also used to have speed boat races at Paris Landing at the time of the Fish Fry event which everyone enjoyed.”

The Valley Ho! cruises were instrumental in putting Paris Landing and Paris on the map, according to Evans, who would like to see the return of this floating public relations program. “This is really something that we still should be doing today because it promotes tourism and our area.”

As PARIS! went to press, Amon Evans passed away. His smile, enthusiasm and can-do attitude will be greatly missed.



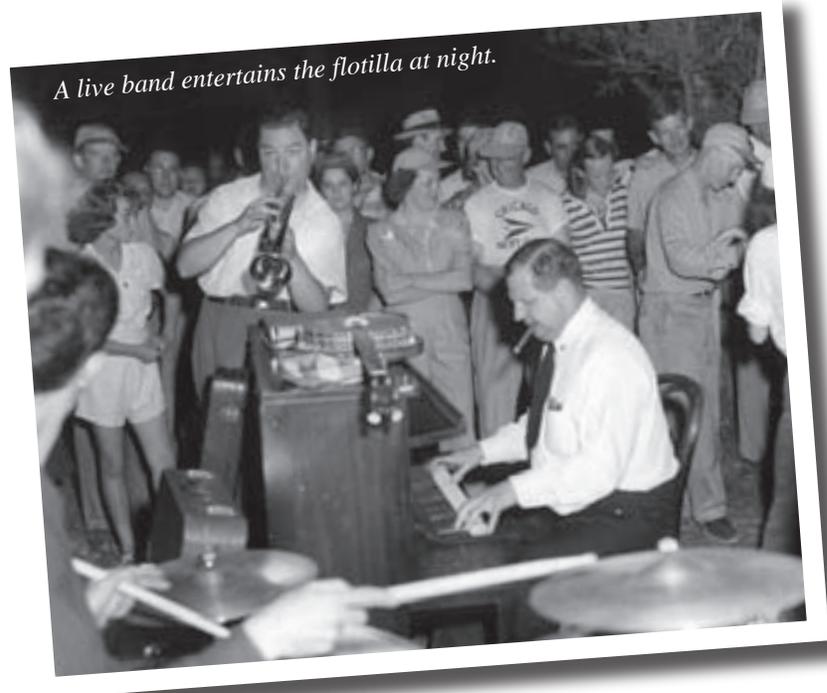
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TRIATHLONS' TRICKLE-DOWN EFFECTS

Healthy Ideas

Photos courtesy of Paris Tri-Effeletes

These days there are untold numbers of programs designed to get children off the couch and onto a walking track, bike path or even a swimming pool. But few programs pull these components together like the Paris Tri-Effeletes. With a nod to the three competitive events and to their hometown's Eiffel Tower, the Tri-Effeletes bike, run and swim in triathlons in a 150-mile radius of Henry County.

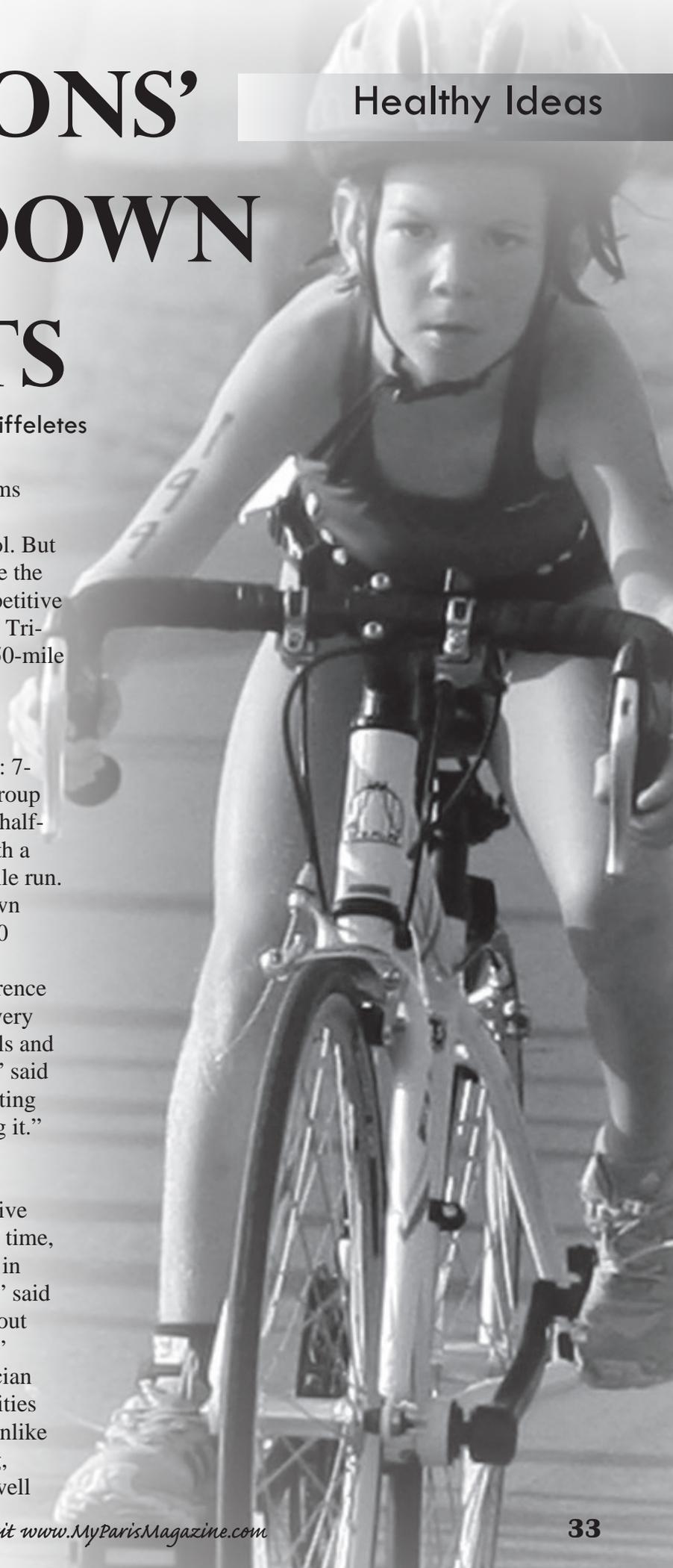
The Breakdown

Competitions are broken down into two groups: 7-10 year-olds and 11-14 year-olds. The younger group must swim 100 yards, bike three miles and run a half-mile. The older participants must double that, with a 200-yard swim, a six-mile bike ride and a one-mile run. Now in its second year, the organization has grown from a dozen participants in 2010 to more than 40 children in 2011.

Paris Parks and Recreation Director Tony Lawrence appreciates the inclusiveness of triathlons. "At every event, there are kids out there with training wheels and kids who are really heavy-set. It's a lot like golf," said Lawrence. "The youngsters are really just competing against themselves, and having a great time doing it."

Three Healthy Bonuses

- As with many activities, triathlons offer positive trickle-down effects. One of these is more family time, a great healthy bonus. "I've seen a huge increase in the number of bike racks on vehicles in our area," said Lawrence. "That's because families are figuring out that biking is something they can enjoy together."
- Another healthy bonus, according to pediatrician Dr. Debra Selby, is that triathlon events are activities that children can enjoy throughout their lives. "Unlike contact sports, the youngsters who are swimming, biking and running in competitions today could well



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be enjoying these same activities fifty years from now. Simply put, triathlons help create a love for staying active," said Dr. Selby.

• Another healthy bonus is the kids' positive involvement with their teammates," said Lawrence. "As the Tri-Effeletes complete their runs, they wait around the finish line to cheer in their teammates. The same thing happens at the pool or at the end of the bike ride. Completely unaware of their actions, they are helping build one another's self-esteem. That's a big deal."

A triathlon of their own

After participating in triathlons in Nashville, Murfreesboro, Germantown and Paducah, the Tri-Effeletes were ready to host an event of their own. "Clint Davis wanted to do one really early on," said Lawrence, "but we held off until we could pick the brains of folks who had been involved in triathlons before. Now we're ready to go." Even with the information that's been gathered and "the amazing support from parents and volunteers," Lawrence described the Tower Triathlon as "very ambitious."

Dates and course

With dozens of children already signed up, the Tri-Effeletes Kids' Tower Triathlon will take place July 30 in and around Eiffel Tower Park (formerly Memorial Park). The biking segment will go from the park down Volunteer to Jim Adams Drive then onto Commerce Street and back. "The younger kids will do it twice and the older ones will do it four times," explained Lawrence. The run will take place on the park trails and the swim will be in the park's pool.

"It's not too often that you get to compete in the

shadow of the Eiffel Tower,” said Lawrence. “It’s a cool stage set. I think that’s going to be a fun component for our out-of-town competitors.”

The event is open to all

youngsters between seven and 14 years of age. The cost of the event is \$25 prior to July 22 and \$30 afterward. The group hopes to draw around 100 participants this year. Those interested in competing or

volunteering can contact Lawrence at tony.lawrence@parisssd.org or call 731-644-2517.



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What's Bugging Your Plants?



By John Watkins

Summer is in full swing and you've done all you can to make the garden look its best. Then, out of nowhere, it happens. It may start out slow. A yellow leaf here, some wilting there. Then before you know it, whole plants are dying, the leaves look like Swiss cheese - how cruel! Take a deep breath. All is not lost. With some good planning, a little spraying, and some sound cultural practices, you can avoid and correct almost all of your insect problems.

The key to any "near" pest-free landscape begins with proper planning. Proper plant selection and placement can save a lot of headaches down the road. Certain plants do better in certain locations. However, sometimes bad things just happen to good plants. Here are some specific examples and solutions for what's bugging you.

Insects are an integral part of the garden and of course, not all insects are bad. Most are beneficial and play a key role in making your garden thrive. So it is important to know the good guys from the bad guys.

In our area there are several species of insects that we can expect to see on a regular basis. Aphids are small, soft-bodied insects that usually feed on the underside of leaves by sucking juices from them which causes yellowing or curling.

They can occur on indoor plants as well as outdoor plants. Spider mites are pests nearly impossible to see with the naked eye but can still cause extreme damage to a number of plants. They tend to strike during extremely hot and dry conditions and can cause bronzing or needle-drop. Bagworms are caterpillars that make very distinctive spindle-shaped cocoons that I'm sure we've all seen. They can attack both deciduous and evergreen plants. They are voracious feeders and can literally strip a tree in a few days. If you've gardened in the south, I'm sure you're familiar with the ever-dreaded Japanese beetle. These hard-shelled gremlins can attack and make Swiss cheese out of almost every plant in your garden but seem especially attracted to roses, Japanese maples, crape myrtles, and hollyhocks. Because of their mobility and feeding habits, they can be a bit harder to get rid of.

There are a number of control measures for insects. The first step in controlling insects in the garden always begins with correctly identifying the pest in question. With that information, you can then proceed to selecting the best method for controlling it. There are many effective pesticides on the market today and with the growing "green" trend, they have

become increasingly safer for the environment. Aphids, beetles and bagworms can all be effectively controlled with carbaryl (Sevin), acephate (Orthene), or malathion. These may need to be reapplied often as the rain tends to wash away their effectiveness. Spider mites are trickier to get rid of. However, special chemicals known as miticides can be used to control infestations. As always, read labels before buying or using any pesticide and follow directions.

One question that always arises concerning the control of Japanese beetles is the use of Japanese beetle traps. Japanese beetle traps use a lure (either a food scent or a sex pheromone) to bring the little critters to their ultimate demise. While they are effective killing agents, it has been shown that the traps actually draw in a larger number of beetles to the area than would normally inhabit it. So you may actually be doing more damage than good!

Do your best to keep your garden healthy and keep it looking beautiful.



John Watkins is a landscape designer and Certified Grounds Manager who resides in Henry County.



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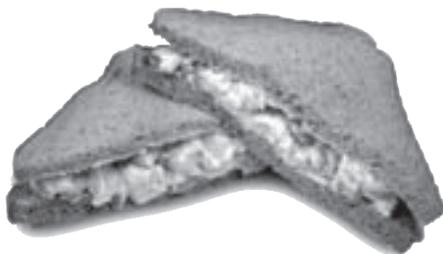
Recipe for a Great Summer Picnic!

By Lisa Ciarrocchi

A picnic! What a great way to spend a beautiful day. And where better to enjoy a summer picnic than Paris? A picnic in the park doesn't have to be a lot of work. A few essentials, some good food, a nice spot and you have everything you need for a great picnic in Paris.

Picnic Essentials

Picnic basket
Table cloth
Paper or plastic plates
Plastic silverware or flatware
Napkins and/or paper towels
A protected sharp knife
Wine, wine glasses and corkscrew
A picnic blanket



Chicken Salad Sandwiches

2 cups cooked diced chicken or 1-16 oz. can of chicken, drained
½ stalk of celery, diced
2 scallions, thinly sliced or 1/8 cup sweet diced onion
1/4 cup prepared herbed mustard* or 1/4 cup bottled bacon & tomato dressing & 2 Tbsp. southwest mustard

1 Tbsp. adobo chilies, chopped
1 tsp. lemon juice
Salt & pepper
Optional: avocado, tomato, lettuce, cooked bacon
Stir together chicken, celery, scallions and herbed mustard. Place on your favorite bread or tortilla wrap. For picnics, wrap in aluminum foil or saran wrap.

Herbed Mustard*

¼ cup herbs, ground. You may use any or all of the following: tarragon, thyme, parsley, rosemary, basil or oregano
1 ½ cups Dijon mustard
1 ½ Tbsp. white wine

Stir all ingredients together and store up to 3 months in the refrigerator.



Broccoli Salad

1 head broccoli
8 slices bacon, cooked and crumbled
1/2 cup chopped red onion

8 ounces sharp cheddar, cut into small chunks
 1 cup mayonnaise
 2 Tbsp. white vinegar
 1/4 cup sugar
 1/2 cup cherry tomatoes, halved
 Salt and freshly ground black pepper

Trim the leaves from the broccoli stem. Remove the tough stalk at the end leaving about 3-4 inches of stalk, wash broccoli head thoroughly. Cut the head into flowerets and the stem into bite-size pieces. Place in a large bowl. Add the crumbled bacon, onion and cheese. In a small bowl combine the remaining ingredients, stirring well. Add to broccoli mixture and toss gently.



Potato Salad

4 to 5 cups diced potatoes
 1/2 cup chopped celery
 1/2 cup chopped red onion
 3 hardboiled eggs, chopped
 2 Tbsp. chopped dill or sweet pickle
 2 tsp. pickle juice
 1/2 to 2/3 cup mayonnaise
 1 to 2 tsp. prepared mustard
 2 to 3 Tbsp. Italian dressing
 1/4 to 1/2 tsp. salt
 1/8 tsp. pepper
 1/8 tsp. garlic salt

Place potatoes in a saucepan and cover with water. Bring to a boil, cover and continue cooking 12 to 15 minutes, or until tender. Combine all ingredients in a bowl and stir gently to combine. Refrigerate until serving time. This is always better the next day!!

Potato Salad On the Lighter Side

1 1/2 pounds small red-skinned potatoes, diced
 1 1/2 cups frozen peas and carrots or mixed

vegetables, cooked and drained
 1/2 red bell pepper, chopped
 1/2 cup chopped red onion
 1/2 tsp. chopped fresh freeze-dried dill
 1 tsp. snipped chives
 A pinch of dried thyme
 4 Tbsp. olive oil
 Juice of 1 lemon
 1 1/2 Tbsp. spicy brown mustard
 Salt, pepper and garlic salt to taste

Place potatoes in a saucepan and cover with water. Bring to a boil, cover, and continue cooking 12 to 15 minutes or until tender. Drain and let the potatoes cool completely. In a large bowl combine the cooled potatoes, vegetables, dill, chives, and thyme. In a cup combine the olive oil, lemon juice, and mustard. Drizzle the oil mixture over the potato salad and gently toss until combined. Add salt, pepper and garlic salt to taste.

Italian Bread Pudding

3 cups sugar, divided
 6 large eggs, beaten
 2 cups milk
 4 tsp. vanilla extract, divided
 3 cups Italian bread, staled overnight
 1 cup packed light brown sugar
 1/4 cup butter, softened
 1 cup chopped pecans
 1 cup chopped raisins
 1/2 cup butter, melted
 1/4 cup rum or brandy

Preheat oven to 350 degrees. Grease a 13x9x2 inch pan. Place stale bread cubes in pan and flatten. Mix together 2 c. sugar, 5 eggs and milk in a bowl; add 2 tsp. vanilla. Pour over bread cubes and let sit for 10 minutes. Meanwhile in another bowl, mix and crumble together brown sugar, 1/4 c. butter, pecans and raisins. Sprinkle brown sugar mixture over the bread mix and bake for 35-40 minutes, or until set. Remove from oven.

For The Sauce, mix together 1c. sugar, 1/2 c. butter, 1 egg and 2 tsp. vanilla in a saucepan over medium heat. Stir together until the sugar is melted. Add the rum or brandy, stirring well. Pour over bread pudding. Serve warm or cold, with or without whipped cream or ice cream. Enjoy!



Mimosas and Memories

By Shannon McFarlin

Mimosa trees are unmatched for their delicacy and fragrance. With their feathery appearance and pink puffy pom-pom blooms, the mimosa calls out for attention.

Imagine then, some 3,000 mimosa trees lining the 17-mile highway from Paris to Paris Landing State Park. Planted in 1958, the “mimosa trail” was intended as a living memorial to the late Christine Reynolds of Paris, former State Commissioner of Public Welfare and the first woman in Tennessee to be a member of the governor’s cabinet.

Henry Countians of a certain age recall the trail as a sight to behold. Thousands of mimosas lined both sides of the former two-lane highway that rumbled down to Kentucky Lake. “It was very pretty and there were just an enormous number of them, so it made for an impressive display. I was just a kid, but I remember it well,” Jimmy Williams of Paris recalled. “With the windows down, you could smell the fragrance all the way down to the lake.”

Over time, and especially after the creation of the new four-lane highway, the trees have all but disappeared, replaced by a few seedlings of the originals that keep blooming.

The trail was planted to honor Reynolds on her retirement from the cabinet post and it was the brainchild of employees of the Henry County welfare office. “Christine just loved mimosas,” according to Val Routon, a former employee and close friend

of Reynolds. “All of us employees at all the offices in West Tennessee got together and donated money to get the mimosas for her. We thought that would be something she appreciated more than anything, and I remember her excitement when she was notified.” Routon said the trees were delivered by the truckload.

Reynolds herself planted the first tree at the entrance to the state park in a ceremony on February 8, 1958. Her nephew, John Sheeley of Nashville, was a small boy at the time but remembers, “It was a cold day and my sister Susan and I were shivering. I can vividly remember the gold shovel she used to plant that first tree.”

Cold or not, the ceremony was well-attended, with state and local dignitaries and employees of welfare agencies from all over the state there.

W.T. Watson, who worked for the maintenance crew at Paris Landing as a youngster, recalls that the trail lasted for several years “and some of those trees got to be good-sized. The trail fell into disrepair because it wasn’t maintained--because mimosas spread out so far, you can’t mow under them--and then when they widened the highway, most of them got mowed down.”

A gardening expert, Williams echoed Watson’s comments. Mimosas are fast-bloomers, he said, but only live for 15-20 years. “Mimosas were popular in the 50s and 60s; one of the most popular ornamental trees



Christine Reynolds, circa 1940s.



at that time.”

Mimosas don’t last long, but they do seed prolifically, Williams said. “The mimosas that you still see along the highway today would be the seedlings of the originals.”

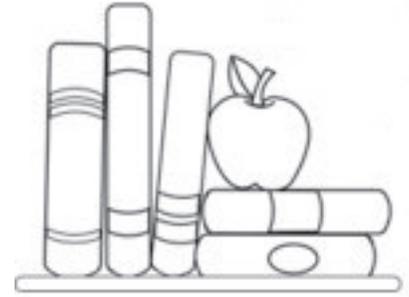
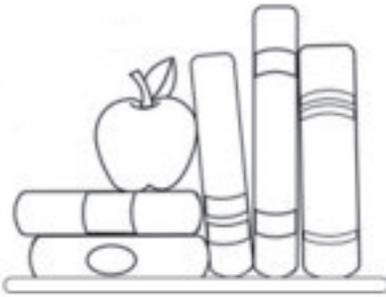
The demise of the trail was lamented by the late Bryant Williams in one of his post-mortem columns for *The Paris Post-Intelligencer* from Oct. 21, 1991. “Progress has its price,” Williams wrote. “Today, the mimosa trail is no more. There are mimosa sprouts here and there along the highway, but barely noticeable among the pines and hardwoods that have grown up... The once large mimosa branches that waved a pink-blossomed greeting to passing motorists have disappeared--dug up, cut down, victims of disease and finally removed to make way for a modern and much-needed highway.”

But for the decades that the trail lasted, Routon said, “Christine loved it and people appreciated it. They enjoyed seeing that beauty as they drove down to the lake. It was a living memorial to Christine and it served its purpose.”

Photos courtesy of the Tennessee State Library and Archives.

Kindergarten Academy

Promotes Success



By Dr. Norma Gerrell

Do you recall your first day of school? For some, these memories are vivid and filled with color and creativity. For others, they are fuzzy and best left alone.

Entering the doors of a school building for the first time is challenging for everyone – parents, students, and teachers. Those first few days and even weeks are tougher for some than others. Kindergartners are thrust into new roles and responsibilities, often in unfamiliar settings with unfamiliar people. No matter how prepared children come to Kindergarten, all need extensive support for success.

In the late 1990's, Dr. Hilda Nason (former Supervisor of Instruction), Mary Lynn Summers (former family enrichment and preschool coordinator), and Fran Jenkins (current Kindergarten teacher) developed a concept of an intro-

duction into the world of Kindergarten. These educational experts in early childhood instruction knew that

children, who have had high-quality preparation through PreK programs, are more familiar with the culture of school. The three wanted all students to be unafraid on the first days of school, not just those who had some type of preschool experience.

PSSD Kindergarten Academy, in the early years, was focused on those students who had no preschool experience in order to give them a positive feeling toward school. The experience included a bus ride to and from school, a snack in the cafeteria, visits to the school playground, story time, and activities to develop socialization skills. The number of students ranged from 20-25 each summer for



the half-day, two-week program.

Knowing that children's adjustment in the first years

of school often forecasts their later achievement, it was our desire to expand the PSSD Kindergarten Academy to include more students. Dr. Norma Gerrell (current Supervisor of Instruction) and Donna Vaughn (current family enrichment and preschool coordinator) worked with teachers to brainstorm ways to expand the program in 2005. Scott Owens, principal at Rhea, selects four Kindergarten teachers to spend two weeks in July leading the Kindergarten Academy. Vaughn coordinates the bus transportation, parent contacts, and other details supporting the teachers. Gerrell has been able to reconfigure funding in order to pay the teachers a stipend, provide materials and supplies, snacks, and other necessities. Local funding is utilized for bus drivers, fuel, and transportation costs.

This has been a real team effort over the years. We have been able to expand from 20 students to 80 each July. Our hopes are to take it to another level in the very near future. PSSD has served between 750-800 students in the last 15 years through this summer enrichment program.

Three strategies can help ease students' transition in the early months of school: developing positive relationships with other students and teachers, learning to regulate their own behavior through specific roles or jobs in the classroom, and being exposed to rich learning environments. Children learn through play at this age. Participating in acting out stories, playing academic games, conducting "scientific" experiments outside and so on helps students to expand their own thinking.

The ultimate goal is to facilitate a smooth transition and avoid possible conflicts for students and their

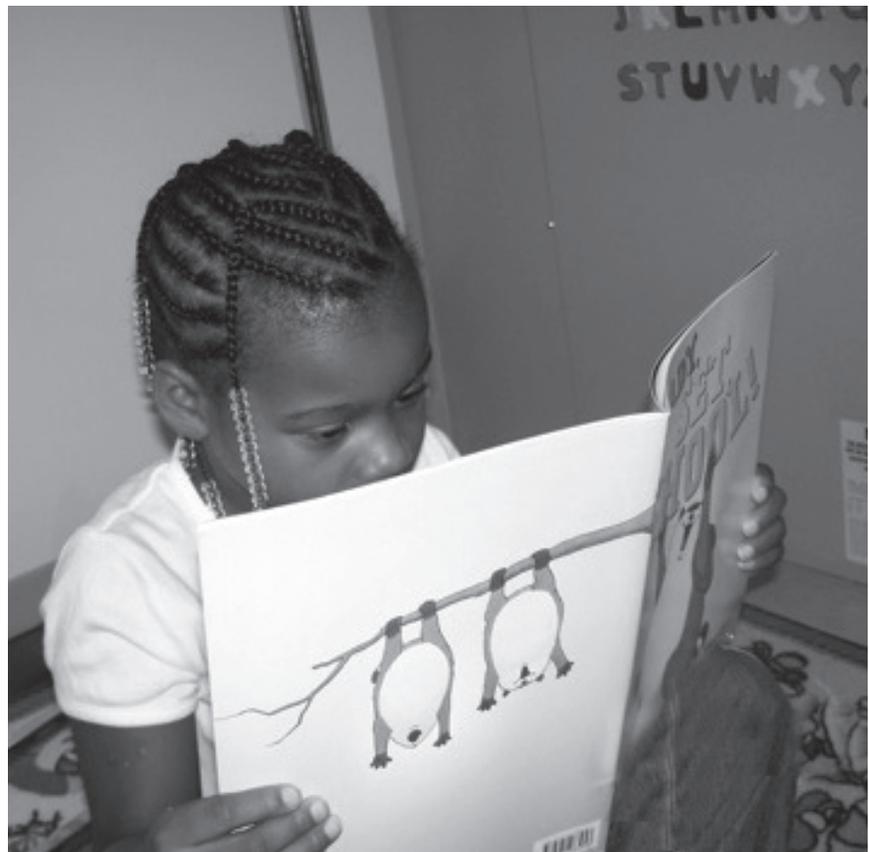
families. In recalling past Kindergarten Academy experiences, I remembered a little fellow who came in wailing to the top of his lungs that his mother had left him. He was convinced that he would not make it through the day...this was 5 minutes into the experience. Crouching under the table in a ball, he screamed and cried for his mother. It was not long until a teacher got under the table with him and asked if he needed her to cry along with him, if he just wanted her to sit there, or if he would like to go in the room and find a new friend.

Momentarily, the tears dried up, the nose was wiped (on his shirt sleeve of course...he was a five-year-old boy), and off he and the teacher went...hand in hand...to find a new playmate. That student had a great two-week experience. He never feared school from that time forward.

This program has proven to be highly effective in getting students ready for a school environment. Children who have not been exposed to early childhood environments learn basic day-to-day skills that help them be successful when they enter kindergarten. The program also helps children become familiar with Rhea School. Parents of participating students have been very pleased with the progress their child makes from participating in the program. There is only one "first day" of school, and the goal is to make it as protected and productive as possible.



Dr. Norma Gerrell is Supervisor of Instruction for the Paris Special School District. She shares the School of Thought column with Dr. Susan Burton of the Henry County School System.



Photos courtesy of the Paris Special School District.



Jimmy Williams: Everything Has a Season

It's June. Jimmy Williams' garden is bursting with color and a group of ladies from Memphis are touring his four acres of heaven. Stopping every few feet, they pepper him with questions. Williams is in his element, but it hasn't always been this way.

There was a time in the early 70s when the plot of ground at 1315 East Blythe Street was void of plants and Jimmy Williams, gardener extraordinaire, did not exist. He was a passionate hunter with only a passing interest in the garden. But everything has its season.

"About the time we moved to Blythe Street in 1973, the hunting got bad," he said. "The ducks quit flying. I slowly stopped going down to the blind and freezing

to death and getting water in my boots," he laughed. Something had to fill the void.

Williams' grandmother, Lucy Cowan Williams wrote the *Paris Post Intelligencer's* garden column, 'The Garden Path,' and his mother was a charter member of the Chickasaw Garden Club, so he had been exposed to gardening for years. His wife Peggy remembered the first time he showed an interest in design and plants. "I was in the garden club and enjoyed doing small plots," she said. "The first time Jimmy came behind me and redid one of my little plantings, I thought, 'Well! So there!'"

And so began more than 35 years of digging, designing, planting, weeding, fertilizing, moving earth,

pruning, relocating plants and trees and laying enough stone to last a lifetime. Although Williams has taken multiple garden tours in the US and abroad and has dozens of gardening books on his shelves, he credits "good old-fashioned trial-and-error" as being the best teacher. A regular presenter with the UT Extension Service Master Gardener classes, this witty gardener with the wily grin also makes a good instructor. Thanks to his writing ability and the Internet, he has followers throughout the country.

"In 1984 I took over 'The Garden Path' column from Granny," he said. The column is published weekly and appears online at Paris-PI.net. There, Williams records his observations and dispenses advice

on everything from specific plants (don't get him started on daylilies or Bradford pears!), to how the current weather will affect plants, to amending garden soil correctly the first time. While Williams probably can't tell his readers how many plants he's lost over the years, he can tell them how not to repeat his mistakes. "I think people appreciate what I have to say because it is all from experience," he said.

Williams seems as proud of the long-running 'Garden Path' as he is of the garden itself. "Granny wrote the column for 17 years; I've been writing it for 27 years, and neither of us ever missed a deadline. I did some research on the column, and she even had a brief piece the week my grandfather died." It's that type of history that has made Williams set a goal for the 'Garden Path.' "I'd like for it to hit the 50-year mark," he said. With only 6 years to go, that's not too much of a stretch.

"It shouldn't be too hard," agreed Peggy, who marvels at Jimmy's talent. "He has such ability, that when he gets a subject on his mind, he can write his article in about 15 minutes without even looking anything up."

"Well," said a self-effacing Williams, "I look up a few things."

Williams' friends, readers and even total strangers have come to depend on his knowledge. It's not at all uncommon for his home phone to ring with a caller who needs to know how to prune a holly or how deep to plant daffodil bulbs. Oftentimes fans show up on the doorstep for a personal audience with Henry County's garden guru. It's the type of celebrity that goes with a garden that was featured in the February 2010 issue of *Fine Gardening*.

The editors of the publication knew Williams to be not only an inspiring gardener but a talented

writer as well. "They came to Paris and took pictures throughout the garden, but when I asked who was going to write the actual article, they said, 'Well, we were hoping you would.'" And so he did.

Williams marvels at the availability and types of plants that can be purchased locally, compared to when he began gardening in earnest. But those were the days before HGTV and P. Allen Smith, when a "good garden" meant straight rows of vegetables with no weeds in between.

At the end of the day, does he think his magnificent garden, his work with the Master Gardeners group, his generous and good advice and his weekly column helped raise awareness of gardening and perhaps helped beautify Paris and Henry County? "Not single-handedly," he grinned, "but I sure would like to think it's made a difference."



Tennessee's Fairest of the Fair Hannah Robison Reflects on Home

Once upon a time, Hannah Robison was a pretty little girl with a bouncing ponytail, working with her family on the docks at Buchanan Resort. These days, she's Tennessee's 2011 Fairest of the Fair, a recent graduate of Henry County High School and a member of the freshman class of Nashville's prestigious Belmont School of Nursing. On a warm spring day, she shared a few of her "thoughts of home."

PARIS! – Unlike many of the folks connected with the fair, you weren't raised on a farm; however, Buchanan Resort has lots of similarities to farm life. Tell us about that.

Robison – I was raised right on Kentucky Lake; to this day it is my very favorite place to be. My great grandfather started Buchanan Resort in 1948, and it has been passed down through our family.

I have grown up working pretty much anywhere I was needed at the resort - waiting tables and washing dishes at the Oak Tree Grille, making reservations at the office, selling tubes and pumping gas at the boat dock. Just like farming, taking care of a business is a lot of hard work.

Growing up at a family-owned resort has been rewarding. I have been fortunate enough to work with various types of people; it's given me a lot of good experience for the real world.

PARIS! – Last year you were crowned 2010 Fairest of the Fair in

Henry County. What are your fondest memories of that event?

Robison – My fondest memory would have to be getting to spend so much time with my best friend, Mary Kate Bell. Getting to be in the court with her allowed us to spend so much time together and make memories that we'll always have.

PARIS! – What has pleasantly surprised you about being the official spokesperson for our local fair and for the Tennessee State Fair?

Robison – There have been times during my fair appearances that girls have thanked me for being a good role model for them. That is the most rewarding experience and the most pleasant surprise that I've had.

PARIS! – In August there will be lots of opportunities for youngsters to participate in the Henry County Fair. Why would you encourage them to take part?

Robison – Participating in the fair is so much fun, plus it allows them to meet so many folks that they otherwise would never get to know.

PARIS! – Your family has deep roots in Henry County. What does that kind of connection mean to you?

Robison – My great-grandfather, John Buchanan, lived in the low lands (where Kentucky Lake is now) before Tennessee Valley Authority



Hannah at the Henry County Fair with Mia Osborn.

flooded the land to make the lake. When they flooded the area, all of the families who owned land there were asked to relocate. John started taking people fishing and renting out boats; that's how the resort was started. It means so much to me because my great-grandfather worked so hard to provide for his family. Without him there is no telling where I would be today.

PARIS! – Parents try to raise their children so they can leave home and do well. How have your folks moved you toward this goal?

Robison – My entire family made a huge decision when I was younger to hire Candise Farmer to home school my two sisters, my cousins, and me



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so that we would be raised and learn in a Christian environment. Mrs. Candise and my parents taught us to always stand for what we believe in, and I believe that I'm stronger for that.

I've also been able to travel outside the United States in Italy and Africa. Witnessing other cultures was an awesome experience.

PARIS! – What are your plans for the future?

Robison – This fall I will be attending Belmont University in Nashville as a nursing major. I recently attended the National Youth Leadership Forum on Medicine in Boston. This gave me a lot of hands on experience in the medical field.

I also plan to continue competing in pageants through the Miss America and Miss USA Organizations. (Robison currently holds the title of Miss Teen Tennessee All American.)

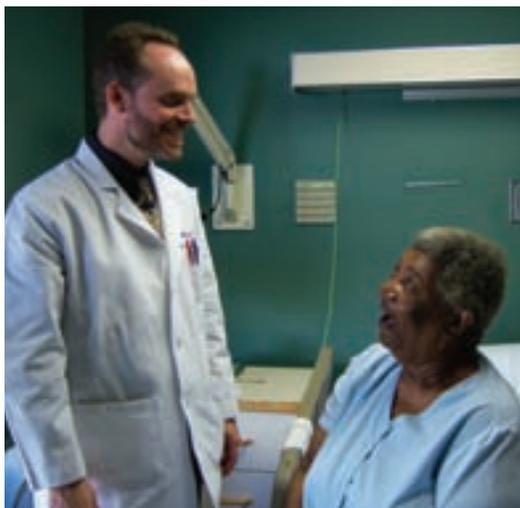
PARIS! – Often when we think of home, we think of family. Can you think of a piece of advice that a family member gave you that would be helpful to our young adult readers?

Robison – My grandmother, Carolyn Williams, once told me to never take life for granted. She always reminds me to take in every moment of my life, and to be thankful for everything that God has given me. She is a very strong, inspirational woman, and I can only hope that one day I will grow up to be like her.



Hannah and her sister, Rachel (left) have enjoyed Kentucky Lake all of their lives.

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