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### Pausing for Autumn...*worth your while*

It seems that no sooner do we roll in from a pleasant day at the lake and tumble into bed than we wake up and it's autumn. Grown-ups trade their lawnmowers for rakes while kiddos hand over their swimsuits for school books. But take heart!

Henry County is a sight to behold when the sun's rays pierce their way through autumn trees bathed in gold and red. In fact, when I chat with newcomers, our four distinct seasons are part of what they love the most about their new home. Who knew full gutters could be such a draw!

Seriously, along with the colors and cooler temperatures come plenty of Henry County autumn traditions including Friday night football and the marching Patriot band, Eye Full of Paris Weekend in September (article on page 16), Commercial Bank's Noon on the Square each Friday in September, Oktoberfest, Boss Hoss at Paris Landing and lots more.

Believe it or not, this issue of *Paris!* is nearly as full as the fall calendar of events on pages 42-43. Find out great lunch box suggestions in Cindy Snyder's "What's for Lunch?" on page 34.

With longer nights approaching, Tory Daugherty of Henry County Medical Center wants to make sure we all get a good night's sleep (article on page 9).

Readers can also catch up on young Henry County gymnasts who are going airborne, and Paris' own John Watkins tells us all about his dream job at the exciting Discovery Park of America.

There's plenty more, but you'll have to read about it for yourself. So find a bit of dappled sun and prop up with *Paris!* Trust me, the raking and gutters will wait...pausing for autumn is worth your while.

Enjoy!

*Samantha Parker*



### On The Cover

*Azure skies and a landscape dotted with multicolored trees can only mean autumn has arrived to Henry County. This scene was captured by photographer Al Gengler.*

Henry County and the Lake Area

# PARIS!

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# TABLE OF CONTENTS

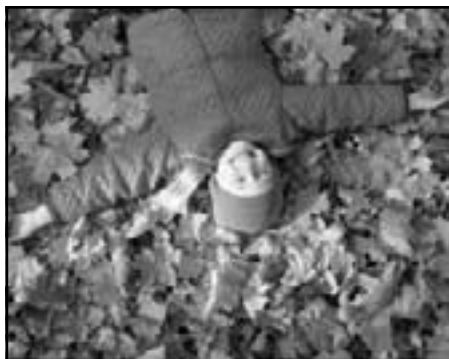
Around Our Town <i>Why Act Like a Revolutionary When You Can Dress Like One Instead</i> . . . .	11
Arts & Entertainment <i>An Artsy Autumn Ahead</i> . . . . .	16
Calendar of Events . . . . .	42
Church Spires <i>Antioch Baptist Church: Get Serious or Get Out</i> . . . . .	32
Dining Guide . . . . .	41
Faces & Places . . . . .	22
Have Dog Will Travel <i>Sydney Goes Mile High</i> . . . . .	25
Healthy Ideas <i>Are You Sleeping</i> . . . . .	9
In the Garden <i>Good Plant, Bad Name</i> . . . . .	37
Just For Fun . . . . .	36
Paris Cuisine <i>What's For Lunch</i> . . . . .	34
School of Thought <i>E. W. Grove: Generosity and Vision</i> . . . . .	5
Spotlight <i>Kathy Ray: Community Cheerleader</i> . . . . .	19
When Bullets Flew <i>Jack Hinson's Revenge</i> . . . . .	30

## Feature

*Going  
Airborne* . . . . .14

## Feature

*Watkins'  
WOW Factor* . . . . .28



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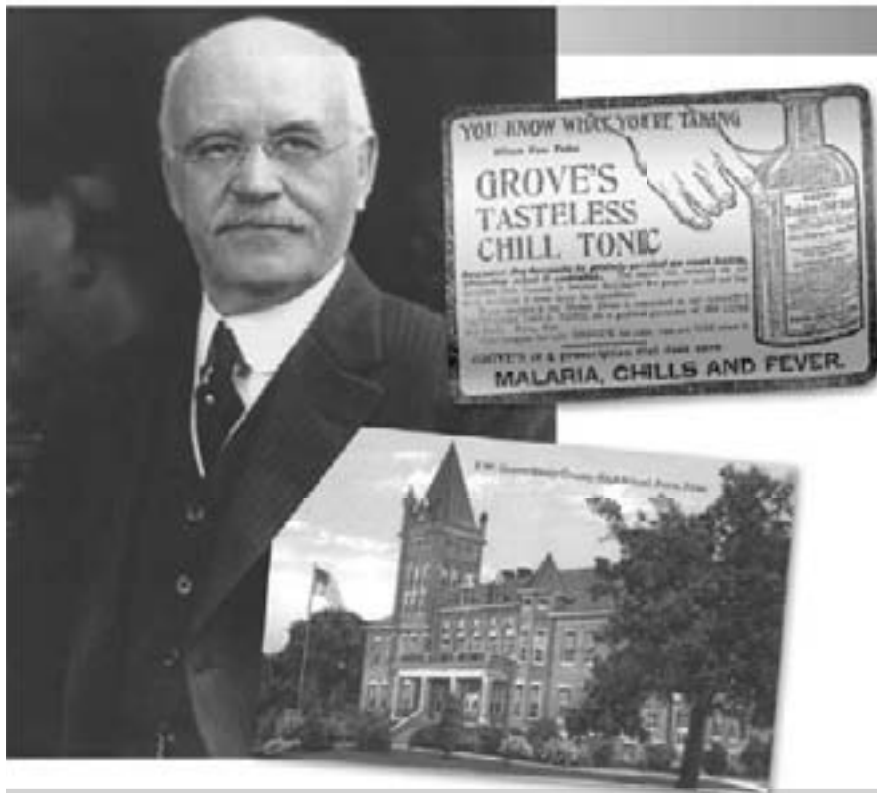
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# E.W. Grove

## Generosity and Vision

by David Webb



**E**very autumn for more than a century, students have ridden on mules, in automobiles, in buses or simply trudged up Grove Hill to attend school. After all those years, the campus still hums with the sounds of teachers and teens.

*E.W. Grove was a mythical figure in Paris for several reasons. For readers who know it by heart or for those who are new to the area, County Historian and Henry County High School history teacher David Webb offers a brief version of the tale of E.W. Grove, businessman and philanthropist who has left an indelible mark on every student in the county.*

### The early years

E.W. Grove was born on December 23, 1850, on a farm near Whiteville, Tennessee. He moved to Paris in 1874 to improve his circumstances after his family had experienced the hardships of the Civil War and Reconstruction.

Trained as a pharmacist, Grove became a clerk and apprentice in Dr. Samuel Houston Caldwell and Albert Boyd Mitchum's drug store.

As a young clerk, Grove's salary "was a mere pittance," but he persevered and experimented with chemical compounds in the pharmacy's back rooms.

Grove was quickly made a partner in the pharmacy after gaining the attention of his employers with his inquiring mind, business sense, and patience.

After Dr. Caldwell retired, Grove bought the drug store in downtown Paris (where Antiques on the Square is located) and became the sole owner of Grove's Pharmacy.

### Paris Medicine Company

Quinine was the only known treatment and preventative for malaria, and Grove believed that if he could produce a tasteless quinine, his fortune would be made.

In 1887 Grove founded the Paris Medicine Company to produce, package, advertise, and sell quinine products. Grove's first preparations were manufactured in an old 20-foot by 15-foot building with a dirt floor located by Russell's Lake on Porter Street.

The first employee of the Paris Medicine Company was A. Burchard Frazier, a sickly boy who suffered from malaria's effects. He was paid fifty cents a day to grind up cinchona bark in the afternoons after school and on Saturdays. Frazier recounted,

*"I was in bad health as a boy... Dr. Grove... told my father that if I would come to work for him he could cure me of the chills without any medicine.... Dr. Grove had found an old stove and coffee mill in a trash dump. He would*

*dry out the Cinchona bark, which he got in bags from Peru, in the old stove and my job was to grind up the bark in the coffee mill. I absorbed enough dust from the grinding operation to completely cure me of the chills."*

### Tasteless (maybe) chill tonic

Grove extracted quinine from the powdered cinchona bark and made it into a syrup. He then reduced the product's bitter taste and manufactured Feberlin, a liquid prescription-only tasteless quinine product. From there, he produced his soon-to-be-famous, over-the-counter product, Grove's Tasteless Chill Tonic.

Those who took the tonic disagreed with the tasteless claim. One user described the product as looking "like muddy creek water with large pieces of dirt floating around in it."

### St. Louis-bound

The tonic's sales increased so dramatically that Grove moved the

entire operation to St. Louis to take advantage of rail and river distribution systems. There, his company invented Grove's Laxative Bromo Quinine – the world's first cold tablets.

By 1900 the Paris Medicine Company declared itself "the largest medicine plant in the west." The company grew to include offices in London, Toronto, Paris, Sydney, Buenos Aires, and Rio de Janeiro.

### Generosity and tenacity

Of all of his significant business accomplishments, Edwin Wiley Grove's longest-lasting and what he considered his most important contribution to society was the creation and continued financial support of a model, free public secondary school in Tennessee – Grove High School.

Known as "the school that came from a bottle," it was the first privately endowed public high school in Tennessee and the second in the nation. Even today, the school system continues to benefit from a trust fund created by Grove over a century ago. The story is one of generosity and tenacity.

### The offer

In 1902, E.W. Grove asked O.C. Barton, Grove's principal financial backer, to make a proposal to the Henry County Court on his behalf. Grove offered \$20,000 to build and furnish a school. The magistrates publicly thanked Grove for his "high and philanthropic motive," but rejected his offer in part because of recent smallpox epidemics that had left the town reeling.

Undeterred, Grove came personally to the Court in 1905. He proposed that if the city and county would provide \$40,000 to purchase the land and erect a suitable high school building, he would set up a perpetual endowment of at least \$50,000. His endowment initially provided a minimum of \$4,000 each year.

### Location, location, location

Atop one of the highest elevations in West Tennessee, E.W. Grove stood on the crest of the hill that overlooked downtown Paris and said, "this is where the school is to be." But there was a hitch. Thomas Priestly Jernigan,

Sr., a prosperous farmer and an original stockholder in the Paris Medicine Company, owned the property and planned to build his house on that very spot. Eventually, with Grove's persuasion, Jernigan donated 17.5 acres of land on Jernigan Heights for the school.

### A temple to education

Noted Chattanooga architect Reuben Harrison Hunt, who had built the Henry County Courthouse a few years earlier was commissioned "to design a temple of education ... that could be seen throughout the city." That building came to be known as Grove Tower. The impressive groundbreaking ceremonies took place on June 26, 1906.

### Asheville, North Carolina

Grove would become a land baron with holdings in seven states and Mexico. He purchased coal mines, owned a cattle company, developed subdivisions, recreational centers and more. But his best-known real estate developments occurred in Asheville, North Carolina where he built the Grove Park Inn.

E.W. Grove died on January 27, 1927, in the penthouse of the new Battery Park Hotel overlooking the construction of his Grove Arcade in Asheville. Following the service, Grove's casket was placed in the drawing room of a private railroad car bound for Paris.

### Home once more

The funeral car arrived on January 30. Grove's service was held the following morning in the First Presbyterian Church. Downtown Paris was shut down as hundreds of people, including Grove High School students, lined the streets to view the procession to the Paris City Cemetery. Today, the Grove family plot is easily spotted in the front of the cemetery, an impressive reminder of a great philanthropist who founded "the school that came from a bottle."



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# are YOU sleeping?

by Tory Daugherty

**T**he childhood tune “*Are you sleeping, are you sleeping?*” may be running through your head now. Hopefully, it won’t keep you awake at night. As children and adults get back into the routine of school, this becomes an important question.

Many Americans don’t sleep well or aren’t sleeping enough. It is estimated that two-thirds of children do not receive the amount of sleep they need. According to the Centers for Disease Control and Prevention, about 41 million American workers sleep less than the average recommended seven to nine hours a night.

“As we live our lives, sleep is frequently the first thing we cheat when we have anything going on,” said Joseph Ojile, M.D., a sleep specialist and board member of the National Sleep Foundation. “Over time you accumulate a sleep debt, and you can’t make it up all in one night.”

Although some people have genuine sleep disorders, many others have developed bad habits. Would you agree or disagree with these statements below? Your answers might help determine if you have poor sleep hygiene that’s keeping you from having restful nights.

**I usually get seven or eight hours of sleep at night, but I rarely go to bed and wake up at the same times.**

This is one of the biggest sleep myths there is, Ojile said. Think about how jet lag throws your body clock out of sync. The same thing happens if you dramatically alter your sleep schedule night after night. “You can have some variability, but you should only shift the times you go to sleep and wake up by an hour or two,” he explained.

**I like to lull myself to sleep by watching TV in bed.**

If you need to wind down, a little TV in the living room is OK, but avoid anything too compelling or action-driven, Ojile advised.

Ideally, don’t have a TV in your bedroom, but if you must, watch from a chair and turn it off when you go to bed. The problem isn’t just that you might get too engrossed in what you’re watching. It’s also the issue of the light given off by the TV, which tells your brain it’s not time to sleep.

**I like to read on an e-reader or tablet device before bed to help me fall asleep.**

Although devices that aren’t backlit are less likely to keep you awake, those that put off more light are fine too as long as you don’t hold them too close to your face, Ojile said. Also stick to calming reading material. If your device has email and Internet connectivity, shut it off or at least resist the temptation to go online.

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The same is true for smartphones, which should stay out of the bedroom anyway, especially if you get regular alerts of incoming texts or emails.

### When I can't sleep, I get up and play around on the computer to help me relax before going back to bed.

"Once you start doing that occasionally, you'll begin to develop the habit of waking up," Ojile said. "Your brain will think, 'Oh, it's two in the morning. It's time to get up and work on my computer.'" A better option? Listen to soothing music instead. Other people find gentle yoga, meditation or prayer to be helpful in getting to sleep or back to sleep.

### I exercise right before bed so it wears me out and I can sleep better.

Exercise helps promote better sleep – especially if you could use a hand with stress reduction – but do it at least four hours before bedtime. "Exercise increases your heart rate and hormones like adrenaline, which is counterproductive to getting to sleep," Ojile explained.

It's worth noting, though, that your body cooling down after exercise has a sleep-inducing effect, much like taking a bath or drinking a glass of warm milk. "Grandma and Mom really did know best," Ojile said.

### I often eat dinner close to bedtime.

Heavy late-night meals, particularly those high in carbohydrates or sugar, can be quite disruptive to your sleep. If you really need to eat something, opt for a light meal or snack.

### Could It Be More Serious?

Everyone has an occasional sleepless night. But if you have trouble falling asleep or staying asleep, or are extremely tired during the day even if you've had a full night's sleep, you might have a sleep disorder. Here are the most common types:

- Insomnia: An inability to fall or stay asleep.
- Sleep apnea: Breathing interruptions characterized by periodic gasping or momentary suspension of breathing.
- Restless legs syndrome: A "creeping" or tingling sensation in the legs.

- Narcolepsy: Daytime sleepiness combined with sudden muscle weakness.

The lack of restful sleep can affect your ability to concentrate and may keep you from being able to perform daily tasks. There are treatments for most sleep disorders. If you think you have a sleep disorder, talk to your healthcare provider to discuss being evaluated.

In August, Henry County Medical Center opened its newly-expanded Sleep Disorders Center. This expansion is allowing the Sleep Disorders Center to handle more patients and reduce wait times for those needing testing.

"When we first started this service in 2006, we had two rooms, one technician, and were booked 6-8 weeks out," said Tony Fry, director of the Sleep Disorders Center. "We now have four rooms, three technicians, and are better equipped to reduce the wait time for our patients, who are very important to us."

The goal of the HCMC Sleep Disorders Center is to help patients understand their sleep problems, the impact those problems have, and what they can do to help solve those problems in a comfortable testing environment. With this new expansion, they will be able to do all of this a little quicker.

The Sleep Disorders Center is located on the ground floor of the Henry County Medical Center, next to Cardiac Rehab. If you have any questions about sleep disorders or if you need a sleep study, please contact Tony Fry, RRT at 731-644-8274. If you need to schedule a physician referred test, call 731-644-8486.

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*Tory Daugherty, MS is the Director of Marketing and Public Relations at Henry County Medical Center.*

# WHY ACT LIKE A REVOLUTIONARY

## *When You Can Dress Like One Instead?*

By Shannon McFarlin

**S**harp-eyed residents and visitors to Paris have wondered about them for years. They are the stenciled images of a 1950's era young girl wearing a hat and knee-length winter coat. In the images, she is carrying what could be a handbag or a spray paint can, depending on the interpreter. Best of all, she has a big grin on her pretty face, making the images cheerful and jolly.

They were visible on several back doorways in the city's alleys. From their old-fashioned look, they could have been decorating the alleyways for decades, yet they only began appearing in the past 10 years.

Sadly, there are only two left: one on a E. Blythe Street door of Greer and Greer Attorneys and the other in the alley next to the Board of Public Utilities. The others have been painted over.

Most of the stencils merely depicted the girl alone, but the stencil on the Greer and Greer doorway has something extra. It includes this message: *Why Act Like A Revolutionary When You Can Dress Like One Instead?*

### Origins

But what do the images represent? Are they old stencils from advertisements for some bygone product or store? Or are they whimsical, hand-made art intended to surprise the viewer?

Seemingly, those who have viewed them have their own theories. Kim Parrish said that her mother believes they are an advertisement for a clothing store that was in the area years ago.

Chuck Raymer became interested in the images and began investigating their origins a few years ago. He decided they were not images from an advertisement, but rather one of many images that were randomly scattered around the country.

Kim Patterson said she also was intrigued when she started noticing them years ago and posted photos on her Facebook page. One of the responders said they were created by an artist who was traveling around the United States doing graffiti art.

Paris Attorney Lee Greer said the image "just appeared. We didn't know it was coming. People do comment

to me about them, wondering what it means. I don't consider the door to be defaced. There's no harm in it at all. It is more than passing strange, though."

### Using technology

Downloading a photo of the stenciled image to the new "Google Image" application found no other images to match it.

A query by *PARIS!* on the Facebook page "You KNOW you grew up in Paris, Tennessee, if..." drew lively discussion, but no definitive answers. However, inquiring minds definitely want to know.

### Banksy

It appears that the images are prime examples of street art. And when talking about street art, one name is spoken of more than anyone: Banksy.

Banksy is an elusive and mysterious British artist who is a painter, filmmaker, activist and graffiti artist. *Time* magazine described him as a provocateur naming him as one of the world's 100 most influential people in 2010. Asked

by *Time* to supply a photo, he sent a photograph of himself with a bag over his head. Very few pictures exist of Banksy; most are from the back.

Like the stencils in Paris, much of Banksy's artwork appears stenciled. Frequently in black and white, the images are evocative and memorable.



As spearheaded by Banksy - and copied by others since - street art is a visual art developed in public spaces. It is always unsanctioned art - in other words, not paid for nor requested by any entity. It just appears.

#### Pros and Cons

Of course there are always detractors. Some consider it graffiti and vandalism, but many more do not. Many consider the works to be hidden gems that draw attention to downtown areas.

#### No clues

So what does Banksy himself say about our little stenciled girl? Is he the culprit? Contacted at his "Pest Control" organization website which authenticates the real Banksy artwork, Banksy's 'representative' replied: *Thanks for taking the time to write to Banksy, who is currently too busy doing charity work/helping the sick/drunk out of his mind to reply in person. The*

*work in the image provided isn't by Banksy, hope you find out who did it. Regards and good wishes.*

Who, then, is the elusive artist with the spray paint and stencil who left the mystery illustrations in our alleyways? A Banksy-wannabe who just traveled through Paris one night? A local artist with a giant secret?

Whoever you are, we thank you.



*Shannon McFarlin is a freelance writer and author of upcoming history book about the former Camp Tyson.*



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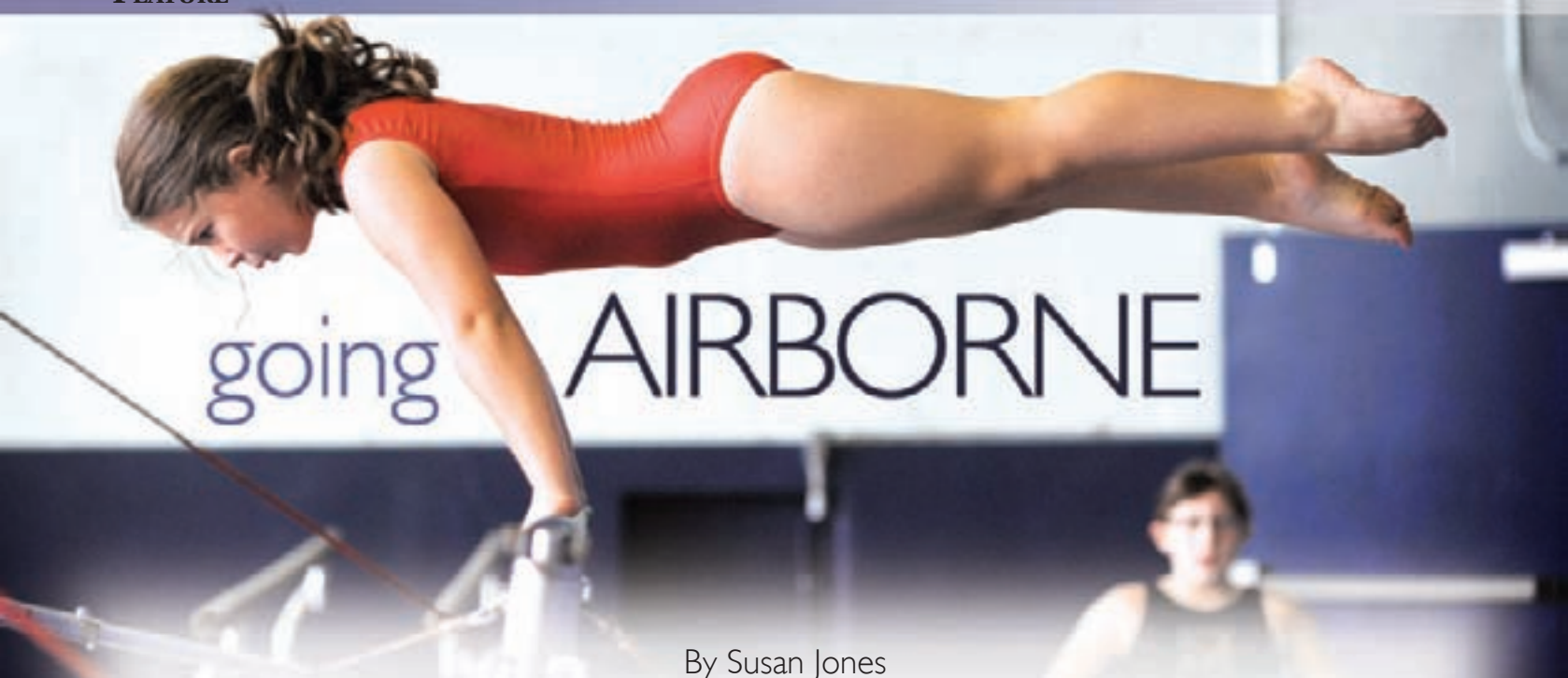
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# going AIRBORNE

By Susan Jones

**H**earing the words, “I was thinking the same thing!” can be a thrilling moment. But that moment is often followed by the question, “What the heck do we do now?”

That’s the predicament that Rhonda and Ray Compton and gymnastics coach Sara Burdoine found themselves in back in 2010. The Compton’s daughter Bailey was entrenched in the world of gymnastics, taking classes four nights a week for three or four hours in Murray, Kentucky.

“We were tired of the drive, plus Bailey’s coach, Sara, was about to graduate from Murray State,” said Ray. “Rhonda and I started thinking about opening a gym in Paris. One evening I broached the subject with Sara who said she’d been thinking the same thing.”

## A trio

The three formed a partnership, but they had no equipment, no facility and no students, except Bailey. They soon found a gym that was going out of business in North Carolina. “We bought them out,” explained Ray, storing the acquired mats, ropes, balance beams, vaults and uneven bars for nine months while they searched for a location.

Ray Compton is a surgeon, Rhonda is a pharmacist and Sara was a 23-year old with a decade of coaching

experience and a college degree in pre-physical therapy and therapeutic sciences.

While the three would agree that they didn’t know a lot about starting a business, they knew how to work hard and they knew how to network.



**SARA BURDOINE**

were walking around the old Grove Gym.” The rest is history. Airborne opened in the late summer of 2011.

## Fast-forward

On any given day, a visitor to Airborne can see everyone from pre-school to adult students. “It’s amazing to see the little ones develop upper-body strength that they wouldn’t ordinarily develop from just playing around,” said Rhonda. “You can see a big difference,” added Bailey, who sometimes teaches preschool classes. “They become strong, motivated, good listening little kids.”

That’s an intentional part of the Airborne program according to Coach Sara. “When a youngster starts with us our goal is to give them a base of knowledge about the sport of gymnastics and also to instill self-confidence and pride in what they are doing,” she said. “Not only will gymnastics help them with any sport they choose in the future, it also gets them moving and helps them understand the benefits of exercise at an early age.”

## Innate ability

Burdoine seems uniquely qualified for this job. Along with her lifelong training in gymnastics and college work, she described her personality as “loud and crazy. I think it makes all the kids feel like they can be themselves in the gym,” she laughed. “In gymnastics you try and fail, try and fail, try and fail, then eventually you try and succeed. A lot of times, kids, parents and coaches can get frustrated, so keeping the mood in the gym light helps kids know it’s OK if they’ve failed, because they can always try again.”

## Pleasant surprise

As they celebrated Airborne’s second anniversary during the summer of 2013, no one seemed more surprised than the Comptons and Burdoine with their success. At the end of the school

year, Airborne Gymnastics Academy, a USA Gymnastics club, had more than 200 students enrolled. Their competition team had grown from seven to 27 members and they had a dozen coaches on staff.

They credit their success to a variety of circumstances. "I think Airborne



Gymnastics helps children understand the benefits of exercise at a young age.

caught on so quickly because the kids in Paris have wanted gymnastics a long time and we finally have it for them," said Burdoine. She also credited the staff who "works hard to make sure each one of our gymnasts feel like a part of our Airborne family."

Rhonda added that their timing was pivotal with the lead-up to the 2012 Summer Games coming on the heels of Airborne's opening. Once again, networking came into play. "We've developed a relationship with coaches and other gym owners," said Rhonda. "We can call them up and say, 'What do you do about this or that?' We've been blessed with resources."

#### Down the road

What's Airborne's long-range plan? "There have been talks with Bethel University about starting a collegiate scholastic team that would practice at Airborne," said Ray. "I'd also like to see a multi-sport complex, but so far, those are just dreams."

Burdoine dreams big as well. "I would love to have every kid in Henry County involved in our gym in some way – tumbling, preschool gymnastics classes, recreational or competitive gymnastics," she said. "But at the end of the day, in five years I want to still have a gym that kids can call home."

Contact Airborne at 731-363-2207 or visit [www.airbornegymnastics.net](http://www.airbornegymnastics.net).



Sara Burdoine: *In gymnastics you try and fail, try and fail, try and fail, then eventually you try and succeed.*

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During Arts 'Round The Square, Martin Paschall throws a pot while festival goers watch.

# An *Artsy Autumn* Ahead

**M**ove over summer! Henry Countians are ready for some cooler temperatures and the fun arts and musical events that come with autumn. From fine art to theatre, the Paris-Henry County Arts Council (PHCAC) has an array of activities.

## Eye-Full of Paris Weekend

The PHCAC is calling artists for the annual Arts 'Round the Square (ARTS) on Saturday, September 28. Part of the "Eye-Full of Paris Weekend," this event features artists from near and far displaying and selling their work, and often demonstrating the process.

"The variety of work is overwhelming," said the council's executive director, Kat Tolley. Artists compete for prize money in one of nine different categories: oil / acrylic, watercolor, wood, fiber, jewelry, pottery, sculpture, mixed media and photography.

Now in its seventh year, ARTS continues to grow. Last year there were more than 35 artists on the shady courthouse lawn, according to Tolley, many of whom created their artwork onsite to the delight of the event-goers.

"Because this is a juried show," said Tolley, "we can assure both our artists and the public of quality work." For application information, details and rules log on [www.phcarts.com](http://www.phcarts.com), stop by the arts council office in Paris City Hall.

Children are a focal point at this event. "There's nothing like interaction to foster a love of the arts among the younger set," said Tolley. "ARTS caters to youngsters with a KidZone featuring children's music, games and crafts for them to enjoy.

There's plenty for adults to enjoy, as well. The main stage hosts a variety of acts while local food vendors fill Washington Street with delicious treats, including rib eye steak sandwiches, bar-

becue, hamburgers and baked goods. Last year over 3,000 visitors enjoyed ARTS exploring the creativity and talent on display. The event is from 9 am - 4pm, Saturday, September 28.

Other fabulous events of "Eye-Full of Paris Weekend" include:

• **Noon on the Square** – Friday, September 27 on the courthouse lawn: Bring a chair, purchase lunch on the square and enjoy an hour of live music courtesy of Commercial Bank and Trust Company. Call 731-642-3341 for more information.

• **Wildlife Awaits** – Friday evening, September 27, 6-8 pm, sponsored by Friends of the Refuge. Drop in at Lee Academy for the Arts to view this exhibit, enjoy refreshments and see the winners announced in this impressive show. Youth and adults may compete in 2D, 3D and photography. Visit [www.visitwww.MyParisMagazine.com](http://www.visitwww.MyParisMagazine.com)



With all the music, crafts and vendors, it's not hard to get into the rhythm of Eye-full of Paris Weekend.

tnwrfriends.org for information and entry forms or call 731-642-2091.

• Paris Winery presents **Concert in the Vineyards** from 6-10 pm. Call 644-9500 for more information.

• **Downtown Churches Rejoice**, Sunday, September 29. Come out to First Baptist Church's Christian Life Center from 12:30-2:30 pm and enjoy a wide array of performances as musicians of all ages lift their voices. Call 731-642-5074 for more information.

#### All the world's a stage...

While still in the planning stages, The Paris Players will be holding auditions for their fall production. Auditions are open to all actors; backstage helpers are needed as well.

The Arts Council is proud to help sponsor these talented hometown thespians, directors, designers, musicians and other volunteers. Stay in the loop on this and other projects. Like us on Facebook, call 731-642-3955 or email [phcarts@gmail.com](mailto:phcarts@gmail.com) to be added

to our weekly online newsletter.

#### Travel theater

Speaking of plays, fall is the time to purchase tickets for two Broadway show bus trips at the Tennessee Performing Arts Center in Nashville – *Sister Act*, Saturday, March 15, 2014, and *Million Dollar Quartet*, Saturday, May 10, 2014. Both are matinee performances and only \$80 dollars reserves great show seats as well as a comfortable bus ride to and from TPAC with no worries about traffic or parking. Contact the council's office at 731-642-3955 for tickets and more information.



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# KATHY RAY

## *Community Cheerleader*

By Jennifer Wheatley  
and Larry Ray



There's a routine that accompanies the presentation of the "Person of the Year" award each year at the Paris-Henry County Chamber of Commerce's annual membership banquet. The previous recipient introduces the new honoree, using generic pronouns and references to "this person." The intent is to keep his or her identity a secret for as long as possible into the biography, surprising the selected person.

Kathy Ray of FirstBank knew within the first paragraph – not because Sue Quinn didn't do a handy job of burying specific references – but because Ray's early career in management with Maybelline in Memphis is so unique.

The rigors of being one of the first female executives in such a large company helped define her and teach her how important personal integrity is and the difference one person can make; but despite her positive experiences, she was always headed back to Paris and Henry County.

The impetus to move back was to care for her elderly grandmother, Levona Key, affectionally known as "Mudd" – a young child's attempt to say "mother." Kathy describes her now-deceased grandmother as the



Kathy Ray receives a hug from Charles Hopkins after being named Person of the Year by the Paris-Henry County Chamber of Commerce.

"teacher of all lessons." When asked who she thought would be proud of her recognition as Henry County's Person of the Year, Ray immediately named her grandmother. "She instilled her values in me," she said.

Values are no doubt what makes other people want to single one out to be recognized, to be told she has done a good job, served her community and been noticed for it.

The nomination letter received at the Chamber for Ray said, "This person, who is always positive and has never met a stranger, became heavily involved in supporting and promoting the city, county and chamber, in addition to our beautiful downtown Paris. As a result, this person is well-known by many for being one of our community's best cheerleaders."

Serving as president of the Downtown Paris Association is certainly a big job and a way for Ray to assist our community as a whole, but she is known as much for her personal touch

as her civic commitment.

The nomination went on to say “I have witnessed people hugging this person’s neck for saving them from being financially devastated by a scam artist or tenderly helping them with their personal financial solutions.”

Helping people with their financial situation is what bankers do, and Ray sees her behavior as part of the larger FirstBank model. “We are a community bank. We believe in our employees being involved. Jim Ayers, our owner, is philanthropic with his time and his resources and it trickles down.”

Ray’s devotion to community has also trickled down from her father, Dr. Ted Callicott, who was snuck into the banquet to surprise her during the award presentation. Kathy described the dentist as “the president of everything. He was my leader. He taught that when you get involved, you do it with all your heart.”

She has certainly followed his example with her dedication to the Downtown Paris Association, which has grown during her leadership, be-

cause she believes “our Downtown belongs to everybody.”

Perhaps it’s that word “tenderly” used earlier that really begins to describe Kathy Ray, who loves people in all stations of life, sees no flaws or personal failures, makes room for everyone at the table and speaks with her heart first.

When asked what description she would find flattering, she struggled with her response, praising the membership of DPA, the community and FirstBank. She finally came back to the answer, saying that she would be flattered if other people saw her as “a faithful, prayerful Christian,” or if anyone “saw God in me.”

The nomination letter also referred to her as a devoted and loving wife, a mother and a grandmother. Her community sees her as a leader: an example to follow and part of why Henry County is such an extraordinary place to live and work.



Ray participates in the Halloween costume contest during downtown’s annual Spooktacular!

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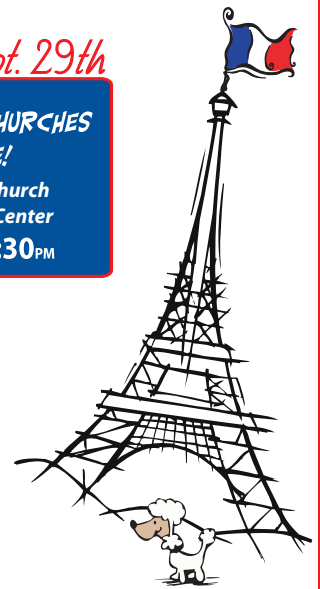
*Saturday, Sept. 28th*

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Paris Winery presents  
**CONCERT IN THE  
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6:00PM - 10:00PM

*Sunday, Sept. 29th*

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Mark and Rosie Johnson belt out a song during Downtown Paris Week's Songwriters' Night. *Photo by Susan Jones*



Fun was had by all at the 38th Annual Freedom Festival at Cottage Grove. Pictured here are David and Michelle Cain Webb with their nephews, Caleb and Bennett Cain. *Courtesy of Shannon McFarlin*



Always there with a helping hand, and a smile no less, Jennifer Wheatley and Tim Alsobrooks are pictured at the Chamber of Commerce's Membership Banquet.



First Christian Church has a new pastor, Rev. Cory Glover, who has been in full-time ministry for 15 years. He, along with his wife, Marlene, and 3-year old daughter, Jade, are happy about their move to Paris.



"One fish, two fish, red fish, blue fish," said Cat in the Hat played by librarian Connie McSwain at Family Movie Night downtown.



These ladies proudly display their jars of fruit and vegetables after taking a recent canning class at the UT Extension Office. *Courtesy of Phyllis Lemonds*



Paris! Magazine Team glow after finishing a 5K Color Run in Indianapolis, Indiana.



It's hard to decide "who" was more startled. Chris and Cheryl Busuito stumbled upon these baby owls abandoned in a shed on their family's land. They looked after them for several weeks before releasing them into the wild. *Courtesy of Matt Byars*



This fine group of young men from Henry County High School represented Henry County well during a week in Nashville at Boys State. *Courtesy of Rhonda Green*



Belle and The Beast dance as Mrs. Potts sings in the Children's Theatre production of *Beauty and the Beast* at Krider Performing Arts Center.



Helping out at this year's Water Fun Run, sponsored by the Paris-Henry County Chamber of Commerce, are long-time volunteers Sue and Dale Quinn.

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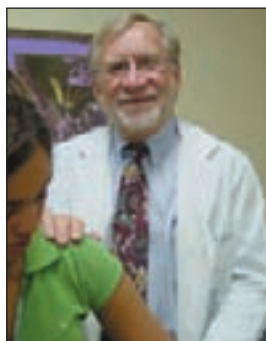
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# Sydney goes MILE HIGH

By Jesse Burns

*Jesse Burns, a local RN, has been seeing the country as a traveling nurse. She will be sharing her experiences of roaming the United States with Sydney, her four-legged companion. This is the second in the series. The previous article can be read in the online archives of MyParisMagazine.com.*

Those mountains don't look any bigger than ours at home do," I thought as we headed towards the famed Colorado Rockies. Little did I know that we were still 50 miles away. Eventually, we would reach elevations of about 11,000 feet on our journey to a small town called Grand Junction.

## Quirky and Cool

We arrived after a two-day trek to a small but popular downtown packed with quirky shops and unusual eateries. Art and sculptures adorned both sides of Main Street.

After checking in at the pet-friendly Fairfield Inn and Suites, we took off on our first of many downtown area walking tours. I was pleasantly surprised at the popularity of Syd, the new face on the main drag who would eventually go on to make an appearance in the local newspaper.

## Food and fun

Greeted by locals, fellow tourists and dogs alike, Syd took time to stop and give a lick to anyone who paid her a slice of attention. We found a couple of places that we visited frequently over the next three months.

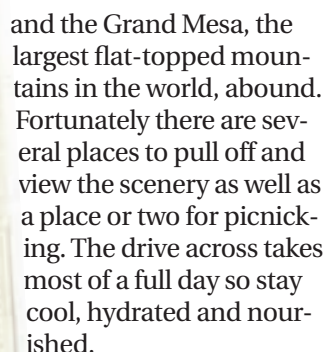
The Dream Café boasts one of the best brunches I have run across. Pancakes, fish tacos and excellent coffee are all there for the taking as patrons dine under umbrellas, watching passersby. Syd was allowed to come too, but the rule is that pets have to stay outside the eating area. We would simply choose a table near the outside and hold her leash through the fence. As long as Syd was in the shade and knew she was going to get a bite, she was content. Syd thought the Dream Café was truly dreamy when she received her very own dish of water and treats.

At the end of the street was the Blue Moon Bar and Grill, home to the

finest crusted steak I have ever had the pleasure of eating. As with several places along the strip, Syd was allowed in as long as she was outside the eating area. She was always provided lots of attention by fellow diners and staff, a cool drink and a tiny bite of that steak she desperately craved.

## Day trippin'

Our first official tourist stop was just west of Grand Junction. The Colorado National Monument is 32 square miles of Mother Nature at her best with mountains, cliffs, canyons and rock formations. Syd passed on this jaunt, which is a dangerous spot for pets. The viewing areas are not fenced, so pets and owners who are not mindful of their surroundings could get seriously injured. Visitors should pack nerves of steel to travel Rim Rock Drive up and across the Monument. At the top, views of the Book Cliff Mountains



Next up was a day trip to the Grand Mesa which is just east of Grand Junction and tops out at a seriously breathtaking

11,000 feet. Travelers should expect a significant temperature drop and landscape change as they ascend through the aspen and spruce tree wilderness dotted by more than 300 emerald green lakes.

Pets are a common sight but must be leashed and picked up after. Syd enjoyed her respite from the heat of the Grand Valley. Drive across the Mesa and enjoy panoramic views of the Book Cliff Mountains to the north and the San Juan mountains to the southwest. Don't forget a camera to capture some postcard-type scenery.

Travelers who are in Colorado for more than a few days can enjoy day trips such as Glenwood Springs, home to the Hanging Lake hiking trail. The crystal clear lake and falls at the top are worth the sweat on this extreme hike. Trout fishing the Uncompahgre River is another exciting activity, but be prepared for the summertime water temperatures of about 45 degrees, a far cry from Kentucky Lake.

In the event category, the nearby town of Fruita offers the yearly “Mike the Headless Chicken” festival. Downtown Grand Junction has three or four festivals in the summer which pets are sure to enjoy. The best bet is to ask permission for pets to join the fun.

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# Watkins' **WOW** Factor

by Susan Jones

**I**n rural West Tennessee, managing fifty acres of land may not sound like a full time job, but what if that acreage included upwards of 20,000 plants, four themed gardens, numerous water features and 17 miles of irrigation? That's the huge task that lies ahead for Parisian John Watkins, the new grounds director at Discovery Park of America.

Watkins, who writes the popular "In the Garden" column for *PARIS!* began his new job this spring. The multimillion dollar attraction that encourages visitors to "see beyond" is located in Union City, Tennessee.

In a *Commercial Appeal* interview, founder and co-benefactor Robert Kirkland described the endeavor as "a permanent venue to enhance education for children as well as adults... in

an entertaining way for all ages."

## Sneak peek

On a recent tour of the park led by Watkins, he explained that he had been hearing "bits and pieces" about this project for quite some time, but really didn't know the specifics or scope until late last year. "I began digging a little deeper and realized that this was going to be something that I would really like to get involved with." Going past one of the park's two lakes, it was clear that Watkins had found his dream job. "I have a big smile on my face every day on my way to work," he said.

Emerging from the Discovery Center's ten galleries, passing under the park's iconic observation tower en route to a 19th century gristmill, the new grounds director seemed to still

be absorbing the place. "My first reaction is going to be shared by every person who comes to this park, and that reaction was Wow!"

"There are so many facets that will appeal to everyone," he said, driving from the blacksmith shop to the Japanese Garden. "From regional history to interactive spaceships and dinosaurs to live entertainment on the Great Lawn to an ever-changing display in the gardens, this will be a wonderful place for families."

## All in a day's work

When it comes to the gardens, Watkins is laying plans for "seasonal color displays plus educational programs and workshops where people can learn a few things to take home to their own gardens."

The day of our visit, his crew was busy watering newly planted pumpkins for fall visitors. Meanwhile at the computer, Watkins had been designing fountains for the park entrance that will shoot water 20 feet in the air. "It's harder to do than it sounds," he laughed. "It's windy out here and the last thing we want to do is soak our guests."

Ritchie Smith Associates, the Memphis landscape design firm that



This early-1800s settlement is part of Discovery Park of America.

created Paris' Downtown Park, was in charge of the master plan for the park's grounds including installation.

Now that the plantings, streams and ponds are in place, it's up to Watkins and his crew to not only maintain the grounds but continue the design process. "While keeping the grass cut and trees and shrubs trimmed are essential elements of a grounds manager's responsibility, I'll also be designing and implementing new features in the gardens, developing educational materials and programs, working with volunteers and interns, managing budgets and most importantly making sure that everyone who visits with us has a memorable experience."

#### What to expect

An easy hour's drive from Paris, the park features ten galleries that include everything from a planetary tour in the Science/Space/Technology Gallery's Starship Theater to a hologram of an American Indian sharing stories in the Native Americans Gallery.

Other areas feature an interactive turbine, a theater with an earthquake

simulator reproducing the quakes that created Reelfoot Lake, a 20,000 gallon aquarium, a military museum with aircraft, tanks and drones, and an antique car museum.

*My first reaction is going to be shared by every person who comes to this park and that reaction was "Wow!"*

"The variety is seemingly endless inside the 100,000 square-foot, three-tiered Discovery Center," said Watkins. Outside the center is an early-1800s settlement, a vintage depot, a late-1800s area featuring a gristmill, blacksmith shop and one-room school house, a turn-of-the-century chapel surrounded by the American Gardens.

#### Seeing the value

With two teenagers of their own, Alex and Austin, Watkins and his wife Leigh are looking forward to viewing the park with them. "Being a dad has made me committed to this project on a more personal level," he said. "My

children would literally have to travel thousands of miles to see the history, science, nature and technology that have been assembled here in such an interesting and entertaining fashion. The vision and drive that brought this idea to fruition is phenomenal."

#### The pinnacle

Watkins worked on the college grounds at the University Tennessee at Martin while in college and completed a Master's degree in Ornamental Horticulture and Landscape Design at the University of Tennessee Knoxville. He managed public and private gardens, taught on the college level and was the horticulturist for the 28,000 acre Berry College campus in Georgia. Most recently he was a landscape designer in nearby Murray, Kentucky.

How does he feel about this job? "At the risk of sounding corny, I feel like I've been working toward this position my entire life."

Discovery Park of America is slated to open in October 2013. For information visit [www.discoveryparkofamerica.com](http://www.discoveryparkofamerica.com) or call 877-885-5455.



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# Jack Hinson's Revenge



50 caliber  
mini ball

by Larry Ray

*In celebration of the Civil War's Sesquicentennial, Larry Ray is compiling a number of articles detailing the history of his own backyard along the Tennessee River. This is the eighth in the series. Previous articles can be read online in the archives of [MyParisMagazine.com](http://MyParisMagazine.com).*

Jack Hinson's custom-made rifle



**Jack Hinson's One-Man War** by Colonel Tom C. McKenney has been a great research tool in my exploration of a man that is intertwined in much of our area's Civil War history. Special thanks to Col. McKenney for giving permission to briefly retell the story, based on his book.

## Vengeance is Hinson's

The execution and mutilation of his sons made Jack Hinson a silent and deadly enemy of the Union. Hinson swore a vengeance against the men

of the Fifth Iowa Calvary, whom he blamed for his sons' deaths, but his wrath targeted all Union officers.

## The weapon

A wealthy man, Hinson secretly had a custom-made rifle built. He demanded that it be accurate at long range and of such a large caliber that it would inflict a fatal wound almost anywhere above the thighs. It had to be a gun with rifling inside the barrel that would spin the bullet for better accuracy.

Hinson was known to travel the region buying and selling property; he used these opportunities to learn the patterns and routes of Union patrols. During these excursions, he also was looking for long-range firing positions

that gave him protection and concealment.

Between scouting trips, Jack took care of his family business and oversaw the making of his rifle. The stock was to be one piece of flawless maple running the full length of the barrel, carved to match the barrel perfectly. The heavy octagon-shaped barrel was slowly manufactured and rifled to exact standards, then brown-finished with vinegar so that it did not reflect any light that would give away his position.

The barrel was 41 inches long, nearly 1.5 inches in outside diameter, and bored to .50 caliber. He insisted that it be a percussion rifle for quick reloading. With no decorations or frills, it was a deadly precision instrument.



Hinson's kill marks

This rifle weighed 18 pounds, too heavy to accurately hold and fire. It would need to be fired resting on a tree limb or tripod for long-range accuracy. It used a pointed mini ball projectile that would expand and spiral through the barrel. The weapon was state-of-the-art and would provide the greatest accuracy of that time.

### Patience

In the spring of 1863, Hinson began to watch the predictable routes and schedules of the Union patrols, especially the ones close to where his sons had been seized and executed. Unbeknownst to these patrols, they were often under his steady gaze.

Soon Hinson was ready. He wanted the lieutenant who had killed his sons. He waited patiently at a distance along the trail that the lieutenant's patrol would be taking from Fort Donelson. When the patrol appeared, Hinson fired and the lieutenant crumpled, dead.

### Interrogation

Hinson felt that the lieutenant was not the only guilty party, but knowing he would be under increasing suspicion, he had to be patient. With his rifle hidden away he went about his normal activities. While Hinson was questioned, he was not arrested. After all, there were many guerrillas

operating in the area who could have done this. And hadn't Grant stayed in Hinson's home after the Battle for Fort Donelson?

### Two marks

With the lieutenant dead, Hinson hoped to find the man who had delivered his sons' heads to his home. Later, while investigating the daily routines of another patrol, he spied the enlisted soldier he sought. He waited patiently until later in the day when the patrol would be less cautious as they headed back to the fort. Hinson stayed concealed at a distance along the trail until his target came into view. He fired and disappeared into the woods, quietly returning home to Bubbling Springs. Hinson added two marks on the barrel of his rifle, the first of many marks that can still be seen on the historic weapon today.

The next few articles cover the Union's response to Hinson and his Civil War status as a living legend.



*Larry Ray is Executive Director of the Henry County Fair Association and past Executive Director of the Paris-Henry County Chamber of Commerce and Economic Development. He has had a life-long interest in the Civil War.*



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*Julie Travis, CPA*  
[jtravis@atacpa.net](mailto:jtravis@atacpa.net)

*Did you ever pass a local church and wonder, "What's their story?" The next several editions of PARIS! will feature articles on local congregations of long-standing historical significance.*

# ANTIOCH BAPTIST CHURCH:

## *Get Serious or Get Out*

By Carl Holder

In 1858 at the Mount Pisgah Baptist Church in Wake County, North Carolina, my first cousin five times removed was charged with "intemperance." (*For those not into genealogy, that was my great-great-grandfather's first cousin.*) Old Lemuel Holder 'fessed up to his wayward behavior and asked the congregation to forgive him. They kicked him out. I don't know if they simply were not big on grace and forgiveness or they figured Lem's penitence would be short-lived.

Three years later when Lemuel joined the Cedar Fork Rifles, a newly-

formed local unit of the Confederate Army and headed off to war, Mount Pisgah listed him as a person with ties to the congregation. In 1862 Lem was wounded at Antietam, captured at Missionary Ridge, interned in the Point Lookout Federal prisoner of war camp where he died in 1864.

Apparently this sacrifice was enough to get him back in the good graces of the church since evidence suggests that he was posthumously restored to the fellowship. I must say, such a level of sacrifice seems quite extreme!

### **Formation and Disapproval**

It was not unusual for churches in the era from 1800 to the Civil War to employ this level of discipline to members who were perceived as less than vigilant in their thoughts and actions. One such church was Henry County's Antioch Baptist Church.

Located about seven miles northeast of Paris, the church was formed in 1828 in disapproval of the direction of the Baptist Western District Association. The eight founding members perceived the Association as adopting too many improper modernists' in-



All that remains of Antioch Baptist Church is this cemetery.

novations. Among such innovations singled out for disfavor were colleges, bible colleges and seminaries, missionary societies, and of particular infamy, membership in a Masonic Lodge.

### Primitive Baptist Movement

The new church would become part of what was known as the Primitive Baptist Movement: strongly Calvinistic in doctrine, particularly relating to predestination. As to the virulently anti-Masonic stance, it may well be that it reflected what was widely believed by many at the time to be the inordinate influence of the Masons in most established denominations.

Nevertheless, excellent church records provide us with membership lists showing that the congregation went through periods of expansion and contraction until the time of the Civil War. It is noteworthy that the records reflect the membership of eight black slaves during this period.

The records also reveal reasons for the occasional reduction in membership. They include expulsion of at least three persons for overindulgence in



F. M. McConnel's gravesite in foreground.

spirits, fighting, selling the meat of a hog which had died of natural causes, bigamy, doctrinal disputations, and my personal favorite, mistreatment of her husband. Apparently one lady member was accused of "forsaking the sanctity of the marriage bed" and refusing to be obedient to her husband. When admonished by church leaders to correct her behavior, she informed them in no uncertain terms it "was none of their business!"

### Rebuilding and Decline

The church records fall silent during the Civil War, leaving us to assume the War took a toll on Antioch Baptist. We do know the church building was burned and that in 1870 the congregation undertook the task of rebuilding the facility. The congregation then continued on for about 37 years, with a series of ten pastors. Based on the congregational records it appears that the Pillow family supplied most of the leadership during this time.

In 1907, the congregation began to meet irregularly with a declining membership. Finally in 1928, in the centennial anniversary year of the congregation, Steadman Pillow made one last failed attempt to revive the congregation. With this, the Antioch Baptist Church dissolved and disappeared into the annals of Henry County Church history, leaving only a cemetery to mark its former existence.



*Carl Holder is the Paris city manager. He has a long-time interest in the religious movements in America.*



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# What's for LUNCH?

By Cindy Snyder

*What makes a great box lunch?*

*Has it changed much?*

*Do peanut butter and jelly or banana sandwiches still reign as the number one lunch box entrée?*

*We interviewed an expert whose name is Vivian. She told me what makes a great lunch.*



**Cindy:** *Do you take your lunch to school?*

**Vivian:** *Yeeesssss.*

**Cindy:** *What do you like in your lunch box?*

**Vivian:** *I like boiled eggs...but I don't eat the brown stuff.*

**Cindy:** *You mean the yolk. The stuff in the middle.*

**Vivian:** *No, I like the yellow part. I don't like the brown stuff.*

*(Her dad interjects: the crust on the bread.)*

**Cindy:** *Oh, so you eat hard-boiled eggs on bread?*

**Vivian:** *Well, we cut the egg in half.*

**Cindy:** *What else goes in the box?*

**Vivian:** *Fruit.*

**Cindy:** *I know you love strawberries.*

**Vivian:** *But you have to cut the top out. I like bananas, too. And Cheetos and Oreos and Gummies and Capri Suns.*

**Cindy:** *Vivian, what grade will you be in this year?*

**Vivian:** *Kindergarten.*

Vivian is my nephew John's daughter. Her mom April is one of the best cooks we know and we've included April's chicken piccata. We are pretty sure you know how to make a hard-boiled egg sandwich, so for those who want to go a little farther, tuna and chicken salad can be a treat. We have a new honey pecan chicken salad to share that is great on sandwich bread or served over fresh greens.

Vivian's dad loves salads for lunch and so do we. He likes the variety of

ingredients that turn fresh greens into Greek salads, Japanese salads, chef and fresh fruit salads. We have included a Greek salad and a homemade poppy seed dressing for fresh fruit. Make these at home and you save a lot of waiting in line at lunchtime.

To complete your box lunch, try our brownie recipe. You won't find anything easier. Whether you are headed to the classroom, office or a picnic by the lake, box lunches are delicious and can be a nutritious way to go.

*Thanks for your suggestions and comments! We appreciate them.*

*– Cindy*



*Cindy and Mike Snyder own Cindy's Catering. Call them at 731-642-6110, like them on Facebook or visit them in the Lakeway Village Shopping Center.*

## CHICKEN PICCATA

¼ cup extra virgin olive oil	½ cup white wine
Flour for dredging	½ cup chicken stock (or 1 cup of chicken stock if using no wine)
Salt and pepper to taste	1 lemon (zest and juice)
3 chicken breasts (boneless skinless, pounded to ¼-inch)	½ cup capers
2 eggs plus 2 tablespoons water (whisked together)	6 tablespoons parsley (roughly chopped) or 2 Tbsp. dried parsley
2 garlic cloves, sliced	3 tablespoons butter

Mix flour, salt and pepper. Dredge chicken in flour and dip in egg wash. Heat oil in skillet and fry chicken 2 minutes on each side, until brown. Remove chicken to warm plate.

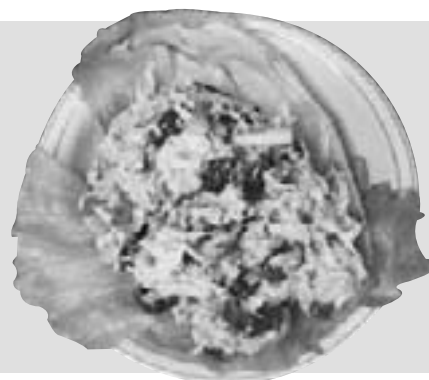
Add garlic and sauté 20-30 seconds. Add wine and/or chicken broth and deglaze pan, scraping bits. When reduced to half, stir in lemon juice and capers and cook 2 minutes. Add lemon zest, parsley and butter and swirl around until incorporated. Plate chicken and top with sauce. This is delicious served over grits.

## HONEY PECAN CHICKEN SALAD (Makes 3 cups)

2 cups chopped cooked chicken	¾ cup mayonnaise
1 ½ ribs celery, finely chopped	2 Tbsp. honey
½ cup sweetened dried cranberries	¼ tsp. salt
¼ cup toasted pecans	¼ tsp. pepper

Combine first 4 ingredients.

Whisk together mayo, honey, salt and pepper. Add chicken to mixture, stirring gently until combined.



## POPPYSEED DRESSING (Makes 2 cups)

¾ cup sugar	1 Tbsp. grated onion
1 tsp. dry mustard	1 cup Canola oil
1 tsp. salt	1 ½ Tbsp. poppy seed
1/3 cup cider vinegar	

Combine sugar, mustard, salt, vinegar and onion juice in a blender or mixer. Gradually beat in oil until mixture is thick and smooth. Fold in poppyseed. Refrigerate.

## GREEK SALAD (Serves 2)

Fresh romaine lettuce and baby spinach leaves, torn into bite-size pieces

¼ cup red pepper, diced	¼ cup red onion rings, diced	2 cup artichoke hearts
2 small pepperoncini peppers	¼ cup kalamata olives	4 grape tomatoes
Black olives, chopped	Feta cheese sprinkles	Bottled Greek dressing



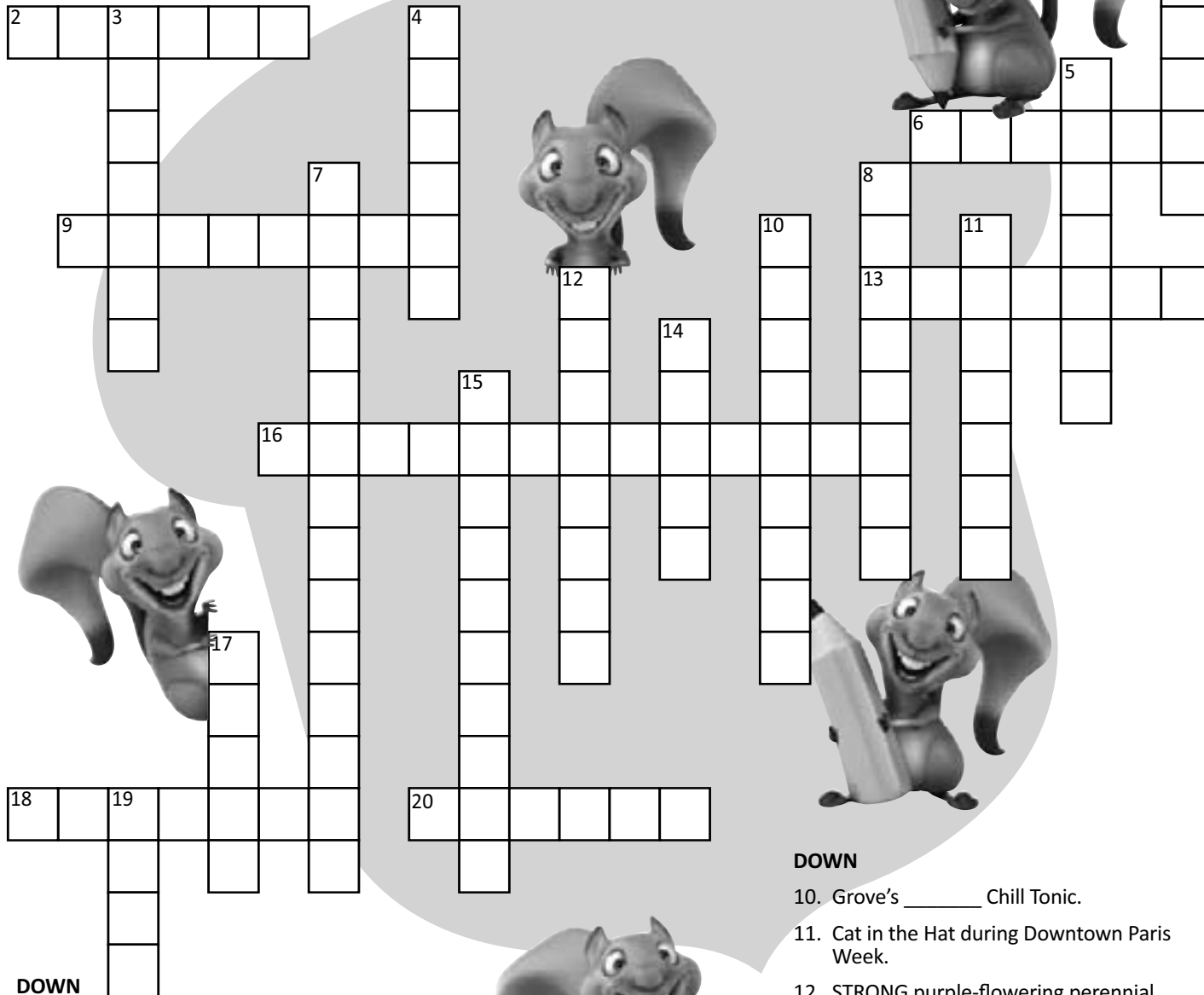
## BROWNIES

4 squares baking chocolate	2 cups sugar	1 tsp vanilla
1 ½ sticks of butter	3 eggs	1 cup flour

Melt chocolate and butter together for 2 minutes in the microwave. Stir and cook 1 more minute (if needed) to melt chocolate. Add sugar and stir well. Add eggs. Stir. Add vanilla. Stir. Add flour. Stir well. Pour into greased 8-inch pan. Bake at 350 for 20-30 minutes.

ACROSS

2. \_\_\_\_\_ Holder died in 1864
6. Kindergartener who loves boiled egg sandwiches.
9. Place for kids to have fun at Eye Full of Paris.
13. Jesse and Sydney traveled high to the Colorado \_\_\_\_\_.
16. Find stenciled art on the door of \_\_\_\_\_ Attorneys.
18. Ray and Rhonda \_\_\_\_\_ along with Sara Burdoine opened Airborne Gymnastics Academy.
20. Famous elusive street artist.



DOWN

1. Stayed at Hinson's home after the Battle of Fort Donelson.
3. Susan Jones and John Nichols got \_\_\_\_\_!
4. Arts Council Executive Director
5. 41 \_\_\_\_\_ American workers don't get enough sleep
7. Sponsors Noon on the Square.
8. With more than 200 students, \_\_\_\_\_ is celebrating their second anniversary.

DOWN

10. Grove's \_\_\_\_\_ Chill Tonic.
11. Cat in the Hat during Downtown Paris Week.
12. STRONG purple-flowering perennial.
14. Number of founding members of Antioch Baptist Church.
15. John Watkins has a Master's degree in \_\_\_\_\_ Horticulture and Landscape Design.
17. Jack Hinson's rifle used \_\_\_\_\_ caliber ammunition.
19. Nickname of Kathy Ray's grandma.

# It's All About Fall!



# Good plant BAD NAME

By John Watkins

I have written before about plant names and why scientific names are important. But for this article we'll look at a few unfortunate souls that got stuck with some really bad names despite being great plants for landscapes. While most of these plants have some strange common names, there are just as many scientific names that border on the questionable side, too.

## Not really weeds

First off, flowering plants with the word "weed" in their names drive me crazy, and there are several of them out there. The word "weed" brings up connotations of some scraggly, unwanted plant growing in a ditch or pulled up and tossed in the compost heap.

So what's the purpose of giving a great flower an inferiority complex? Take for example Ironweed (*Vernonia altissima*). Here's a perfectly beautiful purple-flowering perennial that is tough as nails and can be grown in almost any sunny location, hence the "iron" in ironweed.

At least the orange-flowered Butterfly Weed (*Asclepias tuberosa*) gives the subconscious a break by knowing that it's attractive to butterflies.

I guess both of these plants can consider themselves lucky not to be stuck with a horrible name like

Sneezeweed (*Helenium autumnale*). This poor plant gets a bad rap just because it happens to bloom in late summer or fall about the same time as ragweed (which actually deserves the name weed!)

## Here a wort, there a wort

Another unfortunate group has the name "wort" associated with them. In all fairness the word "wort" comes from the Old English "wyr" that was often used to name plants with medicinal uses. But even though I know this, I still can't help but conjuring up the thought of a hideous witch's nose or worse – that the plants may actually cause warts by accidentally touching one of them.

Think of the pictures that come to mind when you mention Lungwort (*Pulmonaria*) or Bladderwort (*Utricularia*). I'd just as soon not have a wart in either one of those places, thank you very much. And Spiderwort (*Tradescantia*), well that just gives me the heebiejeebies!

## On death and dying

Then there are some plants that have the bad fortune of having names that are just a little morbid or creepy. How about being stuck with a name like Dead Nettle? Dead Nettles (*Lami-*

*um*) are a great group of shade-lovers that have purple or white flowers with the added bonus of being deer-resistant. They actually get their name because they somewhat resemble stinging nettles, but in the case of this plant, "the stingers are dead." Doesn't that just give you a warm fuzzy feeling?

And then there's Love-Lies Bleeding (*Amaranthus*) with its long pendent strings of blooms. I guess if you're an Elton John fan this name might have some appeal, but I get this creepy *Fatal Attraction* feeling. I mean, why not "Overflowing Love" or "Emotional Cascade?"

## Wolf-fart? Really?

Of course there are some scientific plant names that are just as bad. The Latin names of plants are supposed to be somewhat descriptive of the plant itself. So how about the Yaupon holly? Sounds innocent enough. Well, the scientific name for this plant is *Ilex vomitoria*, and indeed this plant was actually used in a cleansing or purification ritual.

How about the common Puffball mushroom? It belongs in the genus *Lycoperdon* which loosely translates to "wolf-fart." (I can't help but snicker a little bit.) And for the sixth-grader still lurking inside me, there is the Rushleaf



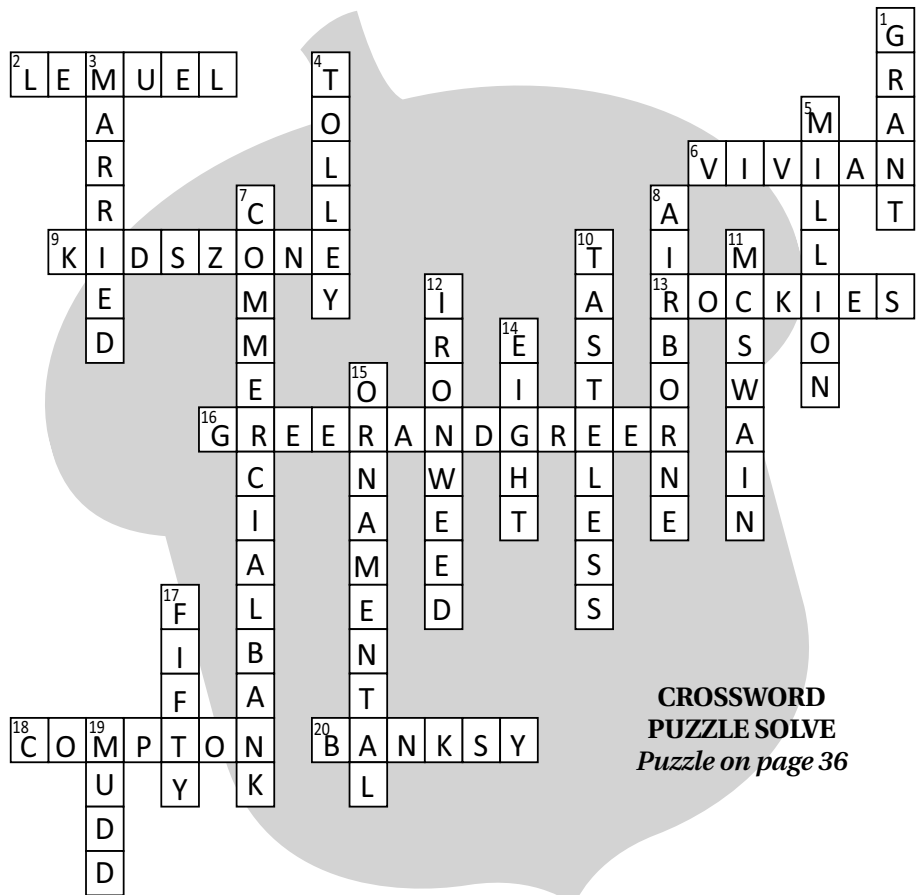
Butterfly rests on some ironweed.

Jonquil, a daffodil found in the deep South, which has the unfortunate Latin name of *Narcissus assoanus*. Makes you want to rush right out and gather a big bouquet doesn't it?

So the next time you're feeling down about the name you've been given, just be happy you don't have to answer to, "Hey Stinkweed, dinner's ready!"



*John Watkins is the grounds director at Discovery Park of America and resides in Henry County.*



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*\* Beer and/or other alcohol available.*

**ACE'S RESTAURANT\***

1516 East Wood Street  
731-644-0558

**ANN & DAVE'S**

2613 East Wood Street  
731-641-1334

**B & D'S \***

125 Cypress Road, Buchanan  
731-232-8300

**COOKIE'S FAMILY DINER**

1880 Hwy. 69 South  
731-642-9236

**DRY DOCK GRILL \***

14120 Highway 79 N, Buchanan  
731-407-7223

**EL VALLARTA MEXICAN RESTAURANT \***

1113 Mineral Wells Avenue  
731-642-3626

**EL VAQUERO MEXICAN RESTAURANT \***

600 Spruce Street  
731-641-0404

**EAGLE'S NEST MARINA \***

500 Eagle Nest Road, Buchanan  
731-642-6192 (seasonal)

**4-WAY GRILL**

6121 E. Antioch Road, Springville  
731-641-0100

**GOLDEN DRAGON CHINESE RESTAURANT**

114 West Washington Street  
731-644-3288

**GREAT WALL BUFFET**

1055 Mineral Wells Avenue  
731-642-7778

**HOOFMAN'S BBQ**

1321 E. Wood Street  
731-336-0845

**HONG KONG CHINESE RESTAURANT**

1021 Mineral Wells Avenue  
731-644-1810

**HUDDLE HOUSE**

1502 East Wood Street  
731-644-1515

**HUNGRY WOLF**

10 Fairgrounds Road  
731-641-7500

**KENNY'S MEAT MARKET**

Highway 79 South  
731-644-1123

**LALO'S MEXICAN GRILL \***

1123 East Wood Street  
731-642-0894

**LEPANTO STEAK HOUSE**

1305 East Wood Street  
731-641-1791

**MATT'S PUB \***

11180 Hwy. 79 North  
731-642-6085

**MEO MIO'S CAJUN RESTAURANT\***

130 Tate Dr., Buchanan  
731-407-4926

**MISO JAPANESE RESTAURANT\***

915 Mineral Wells Avenue  
731-704-6030 / 731-407-6029

**OAK TREE GRILL**

785 Buchanan Resort Road,  
Springville  
731-642-2828 (seasonal)

**THE OLIVE PIT**

905 Mineral Wells Avenue  
731-642-5030

**PARIS LANDING STATE PARK INN \***

400 Lodge Road  
731-642-4311

**PARIS WINERY & RUGGERO'S ITALIAN BISTRO \***

2982 Harvey Bowden Road  
731-644-9500

**PAULETTE'S**

200 South Market Street  
731-644-3777

**PI PIZZA**

105 S. Brewer Street  
731-407-4950

**PIZZA HUT**

1055 Mineral Wells Avenue  
731-642-1308

**PIZZA PRO OF PARIS/  
SUB CITY**

14244 Hwy. 79 N., Buchanan  
731-642-2246

**PRATER'S TATERS**

1055 Mineral Wells Avenue  
731-642-7224

**SOUTHSIDE CAFE**

1875 Highway 69 S  
731-407-4694

**SPANKY'S COUNTRY KITCHEN**

9505 Hwy 641N, Puryear  
731-247-5527

**TAKE ME BACK CAFE**

302 West Wood Street  
731-642-1952

**THE BREAKERS MARINA & GRILL \***

526 SHAMROCK ROAD,  
BUCHANAN, TN  
731-232-8299

**THE FRESH MARKET RESTAURANT \***

2255 East Wood Street  
731-644-1900

**TOM'S PIZZA & STEAK HOUSE**

2501 East Wood Street  
731-642-8842

**TROLINGER'S BBQ**

2305 East Wood Street  
731-642-8667

## ON-GOING AUTUMN ENTERTAINMENT & CLASSES

**Go Teams!**- Support the PSSD's and Henry County School System's talented sports teams. Call individual schools for up-to-date schedules. Don't forget Saturday mornings are "kicking" with sports too! Upward Flag Football at Eiffel Tower Park (731-642-5074) and Paris Soccer at McNeil Park (731-333-9464).

**Come play inside** - The Paris Civic Center has an indoor pool, track, weights, and fitness machines. Pay by the visit or become a member. Located on Volunteer Drive. Call 731-644-2517.

**Pickin' 'n Grinnin'**- Jam with fellow country music lovers or just listen in at the Civic Center on Volunteer Drive. Call Bob Perry at 731-641-7577 for more info.

**Throw a Pot!** - Lee Academy for the Arts has all sorts of classes from painting to pottery to dance. Visit them at [www.SchoolForTheArts.org](http://www.SchoolForTheArts.org)

**Eat fresh, eat local** - Delicious, seasonal produce is waiting for you at the Farmer's Market. Call 731-642-2941 for locations and hours.

**Learn about health** - Henry County Medical Center offers monthly seminars including Chronic Disease Management Screenings, Childbirth Education, and many more. All are free but you must pre-register by calling 731-644-3463.

**Popcorn anyone?** - Enjoy a new movie at the Parisian Theatre with nightly shows on six screens and matinees also on Saturday and Sunday. For more information and movie schedules call 731-642-7171.



### AUGUST

**August 16 - Pepsi Mid-America Challenge Football Jamboree** at Henry County High School. Starting at 6pm, get your first look at 8 area teams facing off. For more information call 731-642-9733.

**August 20 - September 17 "Take Charge of your Diabetes"** free class meets each Tuesday from 10 am-12 pm at the UT Extension Office. For more information call 731-642-2941.

**August 23** - Show your BIG RED PRIDE at the first home football game of the season at Henry County High School. **HCHS vs. Liberty High School** from Jackson. For more information call 731-642-9733.

**August 25 - Shepherd Family Adoption Benefit Concert** at First Baptist Church, 6 pm. A great night of music featuring Larry and Elaine Conger, Tabitha Myrick and Mark McWherter, the Shepherd Family and many more! A love offering will be taken to assist the Shepherd's adoption of a little girl from China. For information call 731-642-5074.



### SEPTEMBER

**September 2 - LABOR DAY** - Hats off to our country's workforce. No school for PSSD or Henry County School System.

**September 5** - Give Blood and Save a Life! **Lifeline Blood Mobile** will visit First United Methodist Church from noon until 6 pm. For information call Tammy Hurst at 1-800-924-6572 extension 310.

**September 6** - It's **Noon on the Square** with the **Ray Lewis Band** sponsored by Commercial Bank. Concessions available from Project Graduation. So bring a lawn chair and a friend to beautiful downtown Paris. For more information call 731-642-3341.

**September 13** - Enjoy a little bluegrass music from **Mark McWherter** at **Noon on the Square**, 12-1 pm sponsored by Commercial Bank. Bring a lawn chair and enjoy this autumn tradition. Call 731-642-3341 for information.

**September 20 - Noon on the Square** features **Branded Country** from 12-1 pm, sponsored by Commercial Bank. Many Boss Hoss participants will bring their beautiful bikes downtown for an impromptu show. Bring a lawn chair and a camera. For more information call 731-642-3341.



## Seventh Annual EYE FULL OF PARIS WEEKEND

**September 27-29**  
*A Celebration of the Arts!*

**September 27 - Noon on the Square** features the music of **John Austin McDaniel** from 12-1 pm, sponsored by Commercial Bank. Concessions available. Call 731-642-3341.

**September 27** - Friends of the Refuge sponsor **Wildlife Awaits: An Art Exhibit and Show** at Lee Academy 6-8 pm. Admission is FREE. For more information call 731-642-1702.

**September 28 - Arts 'Round the Square**, 9 am-4 pm, where visual artists, amazing entertainers, and great food converge on Historic Downtown Paris. Artists of all genres showcase their work and hold demonstrations. Children love the FREE interactive Kids Zone Live! For information, call 731-642-3955, or log on [www.phcarts.com](http://www.phcarts.com) or [VisitDowntownParis.com](http://VisitDowntownParis.com) Admission is FREE!

**September 28** - Enjoy **Concert in the Vineyards** at Paris Winery featuring the band **Risky Business** from 6-10 pm. The Bistro will be open late. For more information call 731-644-9500 or visit [www.ParisWinery.com](http://www.ParisWinery.com).

**September 29 - Downtown Churches Rejoice** at First Baptist Church Christian Life Center from 12:30-2:30 pm. Enjoy a wide array of performances as musicians of all ages lift their voices. For more information call 731-642-5074.

## OCTOBER

**October 1 - National Night Out Downtown** 5:30-8:30 pm. For more information log on [www.VisitDowntownParis.com](http://www.VisitDowntownParis.com).

**October 3 - Lifeline Blood Mobile** is open from 12-6 pm at First United Methodist Church. Call Tammy Hurst at 1-800-924-6572 extension 310 for more information.

**October 5 - Oktoberfest** is being held at the **Henry County Fairgrounds**! Don't miss the booths, games, face painting, funnel cakes, silent auction, petting zoo, bake sale, home-style German meal, authentic Mexican meals and much more. Still brought to you by Holy Cross Catholic Church, but now with PLENTY of PARKING! For more information call 731-642-4681.

**October 17-18** Take a break! It's **Fall Break** for kids in the Henry County School System and the PSSD. For information call 731-642-9733 or 731-642-9322, respectively.

**October 26 - Spooktacular** 12-4 pm.

Grab a costume and come to downtown Paris for the FREE Spooktacular featuring silly fortune tellers, activity booths, trick or treating with the merchants and costume contests for kids, adults, and even pets! For information go to [www.VisitDowntownParis.com](http://www.VisitDowntownParis.com).

**October 27 - Community Fall Festival** from 3-5 pm at the Henry County Fairgrounds. Trunk-or-treat, bouncers, food, and cakewalks. Sponsored by First Baptist Church; everyone is welcome. For information call 731-642-5074.

**October 29** - Visit more than 70 booths at the **Paris Henry County Chamber of Commerce Small Business Expo**. This FREE event is open from 8 am-5 pm at the Henry County Fairgrounds Event Center. For information call 731-642-3431.

**October 31** - Watch out for those wee ghosts and goblins on your way home from work...it's **HALLOWEEN!**



# Index

Alexander, Thompson & Arnold.....	31	Friends of Wildlife Refuge .....	33	Paris Winery.....	40
Antiques on the Square.....	39	Grace Episcopal Church.....	12	Parisian Theatre.....	39
Attitudes .....	15	Harrison Eye Clinic.....	12	Perkins Drugs and Gifts .....	7
Audiology & Hearing Aid Clinic .....	18	Henry County Medical Center* .....	Inside Front Cover	Peppers Automotive Group .....	29
Barcroft Automotive .....	27	Henry County Monument Works .....	33	Revolving Door, The.....	18
Bone & Joint* .....	Back Cover	Henry County Orthopaedic Surgery* ...	24	Ridgeway Funeral Home .....	12
Boutique MariMac .....	17	Joe Mahan Ford .....	21	Sally Lane's Candies .....	33
Butler & Harber .....	31	KQ105/KF99.....	13	Scotts Lawn Service .....	29
Coast To Coast Tinting* .....	38	Lakeway Animal Clinic .....	40	Security Bank .....	31
Commercial Bank .....	27	Lakeway IGA .....	6	Servall Restoration .....	7
Cowart, Reese & Sargent .....	18	Landmark Realty.....	10	State Farm.....	10
Downtown Paris Association .....	20	Leach's Music Co. ....	7	Tennessee Valley Community Church... 29	
Edward Jones* .....	24	McEvoy Funeral Home .....	40	Toggery, The.....	17
Escape Day Spa .....	7	Mike's Mufflers.....	7	Trolinger's .....	8
Felix, The .....	17	Mineral Wells Animal Clinic .....	26	Twin Lakes Dental Associates .....	8
FirstBank .....	21	Moody Realty* .....	4	Vicky Muzzall Tax Service .....	7
First Baptist Church .....	39	Moon's Jewelry.....	33	Westwood Wines & Liquors .....	18
Foundation Bank* .....	1	Murray McKenzie Jewelry.....	4	Wimberley Agency .....	39
Frame Makers .....	39	My Favorite Things .....	8	WKMS .....	21
		Neese & Neese .....	6	WLJT.....	40
		Paris Civic Center .....	39		
		Paris Family Chiropractic* .....	8		
		Paris First United Methodist Church....	40		
		Paris Insurance Agency.....	4		
		Paris Karate .....	39		
		PARIS! Distribution Locations.....	13		
		Paris Pediatrics.....	39		
		Paris Post-Intelligencer, The .....	27		
		Paris Veterinary Clinic.....	4		



# IT'S BACK-TO-SCHOOL TIME!

## PARIS SPECIAL SCHOOL DISTRICT 2013-2014 Calendar

September 2, 2013 .....	Labor Day
September 27, 2013 .....	Parent / Teacher Conference
October 17-18, 2013 .....	Fall Break
November 27-29, 2013 .....	Thanksgiving Break
December 20, 2013 .....	Abbreviated Day
December 23, 2013- January 3, 2014 .....	Christmas Holiday
January 6, 2014 .....	Administrative Day
January 7, 2014 .....	Students Return
January 20, 2014 .....	Martin Luther King Day
February 17, 2014 .....	President's Day
March 24-28, 2014 .....	Spring Break
April 18, 2014 .....	Good Friday
April 25, 2014 .....	Fish Fry Day
April 28-May 2, 2014 .....	TCAP Testing
May 23, 2014 .....	Administrative Day
May 24, 2014 .....	Abbreviated Day

## HENRY COUNTY SCHOOL SYSTEM 2013-2014 Calendar

September 2, 2013 .....	Labor Day
October 16, 2013 .....	Professional Development Day
October 17-18, 2013 .....	Fall Break
November 27-29, 2013 .....	Thanksgiving
December 23, 2013 – January 3, 2014 .....	Winter Break
January 6, 2014 .....	Administrative Day
January 7, 2014 .....	Professional Development Day
January 20, 2014 .....	Martin Luther King Day
February 17, 2014 .....	President's Day
March 24-28, 2014 .....	Spring Break
April 18, 2014 .....	Good Friday
April 25, 2014 .....	Fish Fry
May 26, 2014 .....	Memorial Day
May 28, 2014 .....	Last Day of School for Students – Abbreviated Day
TBA .....	Graduation

*We Have Appointment Times Available  
in Paris and Union City.*

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- Knee, Shoulder, and Hip Surgery
- Hand Surgery/Carpal Tunnel
- Arthroscopic Surgery (*including Rotator Cuff Repair*)
- Work Related Injuries

Throughout the treatment process, we focus on your individual needs before and after your procedure allowing for a successful return to your pre-injury lifestyle. Call our office today at **731-644-0474** or **866-470-BONE**, we have appointment times available in Paris and Union City.



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