#### Henry County and the Lake Area

#### For The Holidays 2014

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#### Robert W. Hamm, MD **Psychiatry**

As a regional community hospital, we are committed to providing the best in care to our neighbors. Dr. Hamm, our newest neighbor, has joined the medical team at Henry County Medical Center, serving as our newest Psychiatrist at Lake Haven Behavioral Center and opening his own practice, Paris Mental Health, to serve outpatient psychiatric needs.

Dr. Hamm received his undergraduate degree from the University at Buffalo in Buffalo, NY, studying Biology and Psychology. He received his medical degree from Ross University School of Medicine in the Dominica and then completed his residencey at East Tennessee State University Quillen College of Medicine in Psychiatry. He has worked in Panama City Beach, FL as well as Knoxville, TN. He is currently accepting new patients. To make an appointment, contact Paris Mental Health at 731-644-8441.

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#### **EDITOR'S NOTES**



#### Community Blessings

OK, I admit it. This is my favorite time of year. Sure the parties and presents are great, but this is the season to adopt an attitude of gratitude, and I love that.

Gratitude is pretty trendy these days. There are Gratitude Challenges online, as well as a host of books about gratitude. My favorite is *Thanks! How the New Science of Gratitude Can Make You Happier*. Really?

Here in Henry County some things may still be a mystery, but gratitude is not one of them. In fact, our entire holiday edition is filled with community blessings. Many are things that other towns take for granted or perhaps don't even have access to. For example, Arts and Entertainment features

#### On The Cover



Mary Lodge captures the warmth and joy of the Christmas holiday in our cover photo. She is a member of Paris Photography Club.



many of the fun, free children's events in Downtown Paris. For a beautiful, historic, safe downtown where our children can enjoy Christmas activities in a community setting, I am truly thankful.

For Paris Cuisine's Editor Cindy Snyder's delicious take on a holiday brunch, for access to fresh food and water, and for all of those loved ones who will gather together this season, I am truly thankful.

The older I get, the more thankful I become for the history of our community and for people like Larry Ray (When Bullets Flew, page 35), Shannon McFarlin (Reminiscence, page 7) and others who have and are preserving our stories.

And for folks like Randall Perry and Jonathan Lodge who have formed PerryLodgic Brewing Company. These entrepreneurs are gutsy, energetic and passionate about what they do. I'm thankful that they live here and are willing to share their talents.

We can never be grateful enough. But reading through these pages made me realize that when giving thanks, our community, our people, our heritage and the ties that bind us to one another are blessings that should never be taken for granted.

Happy Thanksgiving and Merry Christmas,



Henry County and the Lake Area

**PARIS!** 

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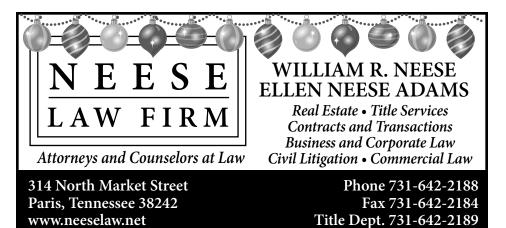
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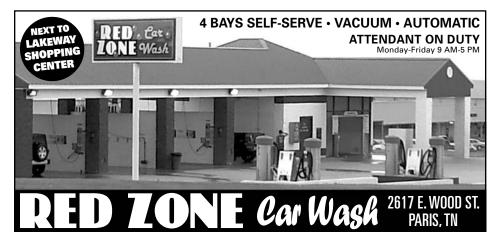












# Christmas in Paris No Storefront, No Problem

ow days more and more small business owners are thinking outside the storefront.

In Henry County, many of those "outside-of-the-box-thinkers" are showcased each year at the Christmas In Paris Shopping Extravaganza at the Paris Convention Center. This year's seventh annual event will be held November 22 and 23 and will feature 60 vendors from Henry County and beyond.

Organizer Megan Amburgey said she and her sister Jennifer have been spearheading the event for the past three years and have watched it grow. "Now the show has extended into both of those big rooms at the Convention Center," Amburgey said. "And it's packed with people all the time."

Just as the Christmas In Paris event has grown in size, so have the number of local vendors who do not use storefronts to do business. In today's world, many business people sell their goods online, through Facebook or home delivery.

#### **Origami Owl & Scentsy**

Amburgey knows a lot about that since she is one of them herself. For

five years, she has been a local distributor for the popular Scentsy products and she also sells Origami Owl custom jewelry. Scentsy is designed to make the world



By Shannon McFarlin

smell a whole lot better with a line of fragrances, candles, warmers, sprays and other creative and attractive products.

Amburgey said her sister signed up to sell the products first "and it just steamrolled. She did really well with it, so I got started. Jennifer has been doing it for seven years and I saw how successful of a business it was."

Scentsy utilizes the method of home parties as well as catalogs, online sales and its distributors, like Megan and Jennifer, who also sell their products at trade shows, arts and crafts shows, and fairs.

Origami Owl Jewelry is a relatively new business, selling personalized jewelry through over 60,000 distributors across the country. "There are 100 charms to choose from and you can tell your own story with your jewelry," Amburgey said.

#### Wags Barkery

Other local entrepreneurs start with a talent or love they have and showcase it through their business.

Such is the case of Wags Barkery, which began in Paris by AJ Wimberley and Sarah England through a shared love of animals.

It had been a dream of Wimberley's to open a store which sold gourmet dog treats, but she said she really didn't have the baking skills. As fate would have it, Wimberley met England, who was a long-time baker.

They set about to come up with a name and a logo for the business and first opened Wags Barkery as a storefront operation on North Poplar Street. While popular and successful there, the overhead associated with operating a store became too much and a few months ago, the two closed the shop and operate Wag's now exclusively online, with home delivery to the local area.

"Our online business is going great," Wimberley said. "So much so, we often wonder why we didn't do it this way to begin with." She said she is



happy that they began first as a storefront, though, since the two developed a loyal customer base which has followed them to their online sales.

"Facebook has been a huge thing for us and we already had a lot of customers on our mailing list. We send out our emails to all of them, telling them about new products we have," Wimberley added.

Wimberley and England still sell their products at events such as Christmas In Paris, too, which keeps them in personal contact with their old customers and helps create new ones.

"We have more products and more ways to sell them," Wimberley said. "We have the 'Happy Mail' where our customers can sign up to be the first to see our new products. They can sign up to receive a box of products every week, every other week or every other month."

Because their products are baked fresh they have to be delivered fast. "Everything we make is fresh per order," she said, "and shipped out right away or we deliver it right to your house if you live locally."



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#### Gio Bella Gourmet Toffee

Nina Owen utilized her talent (and patience) for making toffee into the popular Gio Bella gourmet toffee business, which she and her husband Scott have been operating for seven years. It's named for their two daughters, Giovanna and Isabella.

Owen learned how to make toffee from her grandmother. "My whole family has always made it. It's just butter and sugar, but it's time-consuming to make and no one wants to do that anymore," she said. "I never thought in a million years I could make money doing something that we always had around the house."

Owen and her husband also put a lot of thought into the design of their product, the labeling, the logo and just the whole look they wanted to project. "I came up with the idea for the label in the middle of the night one night and got up and drew it on paper right then," she said.

"I realized fairly quickly after we started selling that we could make a success from it," Owen said. "We've targeted our sales from the beginning to gift shops and we do take it to craft shows. It's a specialty item."

Locally, Gio Bella's is sold at Jack Jones, My Favorite Things, the Paris Winery, and through Facebook and word of mouth. Gio Bella's candy, which also includes Rocky Road, is a much sought after item for door prizes and gift boxes for clubs and organizations.

"Gio Bella's keeps growing," she said. "I've shipped as far away as California, Texas and Chicago. It seems like all the way through this, when one door closes, another door opens and it just keeps growing steadily."

#### Uggi Bugg

Angela Dortch started her Uggi Bugg business in much the same way, capitalizing on the talents of she and her mother, Marie. Uggi Bugg sells personalized clothing, towels, scarves, dish towels and more and they are all homemade.

Uggi Bugg "isn't a real big business right now, since we both have jobs. It's something we do on the side but it's becoming really popular," Dortch said.

"Mom has been sewing her whole life and she makes clothing from scratch," Dortch said. "I make the appliques and do the monograms on all the items."

Their business has branched out into flower dish clothes; baby sets, which include bibs, baby clothing and



more that are personalized and also children's clothing, including the ruffled pants and dresses that little girls wear nowadays. "I do the monogramming and my sister makes really good bows for them, so it's

really become a family operation," she said.

A new item for them is the infinity scarf, which can either be crocheted or rope infinity scarves. With cold weather coming, Uggi Bugg has been producing personalized crocheted hats and scarves.

Their business is promoted through arts and crafts shows, Facebook and personalized emails. And the name Uggi Bugg? Dortch said, "I used to have a rat terrier named Derby and my sister always called her Uggi Bugg. She was the love of my life and when I started the business I knew I wanted to name it for her."

To see these local entrepreneurs and many more, visit the Christmas In Paris Shopping Extravaganza Saturday, November 22, 9 am to 5 pm, and Sunday November 23, noon to 4 pm.

#### (X)

Shannon Mcfarlin is a freelance writer and author of an upcoming book about the former Camp Tyson.

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Minnie Bess (front) and her fellow sewers at Salant & Salant.

t was a loud, bustling place, with industrial-size sewing machines clicking away. Three floors of intense activity, people hard at work for three shifts every day. It was Salant and Salant, one of Henry County's major employers for many years, a place where hundreds of men and women produced top-quality shirts that were sold in the best stores across the country.

With no air-conditioning, it could be a hot place, especially in the heat of a Tennessee summer, and the commotion was fierce at the machines.

"The lint would fly in there", Minnie Bess Williams recalled of her years working there as both seamstress and supervisor. "When I was in the sewing room, your shoulders would be white from the lint when you left work."

Founded in 1893 by Russian immigrants, the Salant Company expanded into Tennessee from New York at the height of the Depression. Its first plant in the state was opened in Lexington in 1933, followed by Paris in 1934 and in Parsons in 1938, which became its largest plant here. The company also opened plants in Lawrenceburg, Union City and Henderson.

At its height, the Paris plant employed some 350 people and brought many folks to the area for jobs.

#### By Shannon McFarlin

"Salant is the reason our family moved to Paris," Robin Hickman said. "Asa Giles was my grandfather and he was a troubleshooter for the Salant Company, so they moved from town to town. He started at Lawrenceburg as a 'bundle boy' and moved his way up to management. He became plant manager here, and once they moved to Paris, this is where they stayed."

With the Salant family being Russian Jews, it was a bit of culture shock, especially in the isolated South of the Depression years.

"The big shots from New York used to come down here and my grandparents would entertain them and cook for them. They just loved that, biscuits and gravy and fried chicken. They'd never had anything like that before," said Hickman.

Williams, who dealt with the Salant management closely during her years as supervisor, remembers them as being fair and respectful of employees and quite fascinated with Southern accents.

"They liked hearing us talk," she said. Long-time supervisor Joseph Lipshie was so fascinated that he married a Paris girl, Mildred Wright.

The first manager in Paris was Fred Shoemaker who initially hired seven people to learn the operation. Located on East Washington Street, the plant was huge, three stories marked by large windows with industrial-sized fans for ventilation.

NTIME

A STITCH

People who worked there, including Norma Steele, whose father, Foster Brown, was a long-time plant manager, remember photographic details of the plant and its operation.

"It was our lives," Steele said. "That's why we remember it so well."

The third floor was the cutting floor; the second floor was for sewing; and the first floor was the finishing floor and also included payroll, human resources and other offices and the shipping department. Most of the building is still there, although a large section that stretched into what is now the parking area was torn down after the plant closed in 1980.

Williams was the second floor supervisor, a rarity for a woman at that time. Her first job there was sewing collars on shirts.

"When the shirts came to us, they would already be done and all we did was attach the collars. There were 22 pieces to each dress shirt and that meant each shirt was turned out by 22 different people."

Her first days were frustrating, she said. "I was young and thought this was the hardest thing I ever tried to do and I made several mistakes. I was crying and said I'd never come back, but the boss sat down and said, 'Bess, your employment test showed you could do any operation in this plant. I know you can do this.' He said there are a lot of jobs here and someday you can have those better jobs. I promise you that, if you just stay with me,'" Williams said.

She learned that job and moved up through the other jobs, too, eventually becoming sewing floor supervisor, overseeing 270 people. "Some people didn't like a woman doing it, but I told everybody when I started, 'You think that men can do this better, but I think I can do this job. I'll be as fair to you as you are to me."

Williams stayed at the plant for 44 years, eventually moving downstairs to the human resources office. "I stayed there until it closed. I was the second to the last person to walk out the front door."

The work at the plant was "labor intensive", Steele said, "That's why so many people worked there." Steele can recall every detail of the operation, from the size of the tables to the



shades of fabric, to the way the bolts of fabric were sorted.

"Everything was professionally done and very precise," Steele said. The bundles were sorted by shade and included plaids, wools, nylon and cotton "with lots of color". Salant shirts were distributed to companies like Montgomery Ward, J.C. Penney's, Sears, and King Cole, which was a specialty shop. "They always got the brightest and the prettiest," Steele said. "When the shirts were finished, they were pressed and pinned and inspected."

Steele still has a box used to store shirts and Williams still has the first shirt she ever made. "These are things you want to keep," Steele said.

Among the employees of the plant were many members of the same families, which lent to the feeling of it being "one big happy family" as Jan Foy remembers.

"It was fun, but hard work," she said. That feeling was helped by the regular newsletter "Shirt Clippings" and the dances and banquets held at the plant.

The feeling of family was necessary, Steele said. "You had to have that feeling. Everybody had to work together to get that much work done."





8 PARIS! For The Holidays 2014

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# Paris' Best-Kept

#### very artist uses a different medium to convey their message. A potter starts with a lump of clay and turns it into a beautiful vase or gorgeous art piece. A painter uses a completely blank and stark white canvas then applies paint and well-positioned brush strokes to pull from their minds eye a work of art. Jennifer Nina Evans is every bit an

#### By Ali Grace Davis

artist of exceptional quality, but her medium is often overlooked as art in everyday society. Evans is a top-notch fashion designer and is, arguably, Paris, Tennessee's best-kept secret. Her talent and artistic passion deserve a long and lingering spotlight.

Evan's medium is fabric. Her artistic tools are mostly scissors and a sewing machine. The end result is a wearable

work of art that will stand out from any designer's work currently seen on New York's runways.

Growing up in Paris, Evans always knew she loved to draw. Her parents, Daniele and Chris, were supportive of her talent. The walls of their home were lined with her artwork. Evans' grandmother was one of her biggest influences. She would give her grand-



### FASHION DESIGNER Secret Fashion Designer Jecret Jennifer Nina Evans

daughter scraps of fabrics and show her how to stitch the pieces together.

After high school Evans attended the O'More College of Design in Franklin, TN. During her senior year she received the Distinguished Designer Award at the 2012 Eloise Fashion Show.

During her time at O'More, she also studied under designer, Manuel Cuevas, as a design intern. Working alongside Manuel, Evans helped to create garments for clients such as Brad Paisley and Merle Haggard. During this time, Evans also created hard rock embroidered dresses embellished with rhinestones for the Spring Los Angeles Fashion Week.

Most emerging designers only dream about the opportunity to participate in any type of renowned fashion show, but Evans' "laundry list" of recognition is remarkable, emphasizing her undeniable talent.

She debuted her first collection at the Emerging Designer Showcase at Nashville Fashion Week. That show sparked so much interest that she was invited to create yet another collection for the Mercedes Benz Fashion Week in New York City.

Evans' latest creation is her most unique to date. Her inspiration came from observing the glamour and ugly truths of horse racing, and she titles the collection "Racing to the Grave." She parallels soft feminine styling with harsh textures and lines. The collection flows from ready-to-wear items to couture avant garde show stoppers and is a refreshing combat of dark and light hues and textures.

Evans boldly showcased this 20

plus outfit collection at both Birmingham and New Orleans fashion weeks, which further promoted her skillset and potential.

What can be most appreciated about Evans is her respect and passion for the craft. She is courageous in pursuing a dream that can be uniquely challenging when growing up in a small town.

She embraces this challenge and is a new spark in an ever-changing industry. Her work ethic, raw talent, and kind spirit make her a true contender in the world of fashion.

"As a designer 'Jennifer Nina Evans' is my outlet to put my take on what is considered 'ugly' by society's standards. By seeing what is beautiful in the most unlikely of places, I'm able to blur the lines between art and fashion, creating thoughtful collections with underlying meaning in the inspiration," said Evans.

"Many of my inspirations come from obsessing on dark harsh emotions and turning them into attention grabbing works of art. It's a process of creating looks that really come to life on the stage," she continued. "I thrive on the chance to show my designs on stage. Through design I believe if I stay true to myself, others will see the beauty and passion in my need to express something greater."

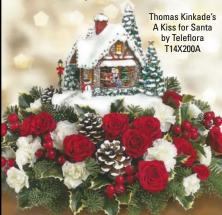
#### (A)

Ali Grace Davis, a 2014 graduate of Henry County High School, worked as an intern and model for Jennifer Nina Evans. She is currently attending UT Knoxville. PHOTOS BY: B. PHOTOGRAPHY OF PARIS, TN



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#### ARTS & ENTERTAINMENT

## Downtown Paris Christmas Events Receive Five-Candy Cane Rating

By Elfie Elf

ello to all you kiddos in Henry, Springville, Buchanan, Cottage Grove, Puryear, Paris and Paris Landing. Yep, I know every town in your county. Why? Because I'm Elfie Elf! I'm in charge of helping Santa get to every good little boy and girl in Henry County on Christmas Eve.

This summer, I was contacted by the NPEA (North Pole Elf Association) about all of the fun, kid-friendly activities that were held last Christmas in downtown Paris. Since I attended

every one of them (I was the one whose shoes curled up at the toes) the NPEA thought I should write a review of these events.

Here's how the rating system works. If I liked it, I gave it one candy cane. If the children I met there liked it, it got another cane. If moms and dads seemed to be enjoying themselves, it got another cane. If it was free, it got a fourth cane, and if there were cookies or candy involved it received five candy canes.



NOVEMBER 28 • 10 am – 2 pm Sponsor: Downtown Paris Association (DPA) FREE!

This is one of my favorite events for several reasons. It takes place the day after Thanksgiving, which means Christmas is officially just a few weeks away. Santa (with plenty of help from me) rolls in that morning on the big, red fire truck with a few of my elf pals and Rudolph.

There's fun stuff to do, like riding a trackless train, visiting with the critters at the petting zoo, listening to live music, making crafts at the 4-H tables, listening to The Polar Express at Vicky Muzzall's old depot and more. Plus, when you visit with Santa, he gives you candy.

#### VISITS WITH SANTA



NOVEMBER 28 – DECEMBER 21 Saturdays 10 am – 2 pm, Sundays 2 – 4 pm Sponsor: Downtown Paris Association (DPA) FREE!

Here's what's cool about visiting with the big man in his gingerbread house. First, he's here practically the entire month. So let's say you forget to mention something to Santa earlier, even something small, like Silly Putty. You can go back and tell him.

Plus, depending on which day you're there, you may get to hear some great, live Christmas tunes.

Finally (I love these two) most of stores are open so your folks can shop AND you can have your photo taken with Santa. I think that costs a few bucks, but the rest is FREE! Did I mention candy from Santa? Yep, this gets five canes from ol' Elfie.

#### DOWNTOWN CHRISTMAS FESTIVAL & ELECTRIC HOLLY JOLLY CHRISTMAS PARADE

Rating:



Saturday, December 13 • 2 – 6 pm Downtown Paris Association (DPA) FREE!

I cannot say enough about this afternoon party that goes into the night. Last year when I was making s'mores with the firemen, they gave hats to a bunch of us! S'mores AND fire hats! On top of that, there were games to play, visits and pictures with Santa, riding in a really neat carriage pulled by a real horse (no reindeer for these wheels), snuggling with lots of different animals, and getting to ride the little train.

Then, after it got dark, the marching band came stepping down North Poplar Street wearing hats just like Santa's. Behind them were lit up floats and trucks and golf carts. After all, it IS an ELECTRIC PARADE, right?

I'm giving it five canes and crossing my fingers for a fireman's hat!





December 9 – 22 Tuesday-Saturday 11 am – 5 pm, Sunday 1–4 pm Sponsor: HC Heritage Center and Downtown Paris Association (DPA) \$1 suggested donation

I like this event because it combines Christmas trees and Christmas music in a big, ol' timey house that's decorated by real Christmas professionals.

The Festival of Trees is open every day, so it's easy for you and your family to get there after school, after church or on Saturdays. There are all sorts of trees there, and you get to vote for your favorite, even if you're a kid or an elf. A place that lets kids and elves vote gets five candy canes!

IyParisMagazine.com

POLAR EXPRESS AT THE W.G. RHEA PUBLIC LIBRARY Rating:



Friday, December 19 • 5:30 - 7:30 pm Sponsor : Friends of the Library FREE

I know you think I give out a lot of five cane ratings, but this is another deserving event. Last year I had a ball watching The Polar Express and drinking hot chocolate. We even got red bandanas, train caps and whistles as party favors.

We got to do crafts, decorate cookies and ride on The Polar Express lighted train that went all the way to Lee Academy. And of course, we got photos made with the big man and got to eat our decorated cookies. I'm saying five canes.



Tell your folks that all of these events are a good fit for kids, but there are plenty of other activities that grownups will love.

Check the calendar on page 42-43 to discover more about the Candlelight Advent Walk, the Holiday Bazaar at Lee Academy, the Sketch Crawl, the Community Christmas Concert and Christmas Eve Services.

You know, this is a special time of the year. So spend lots of it with family and friends. Help some folks who are in need. And count your blessings. You Henry Countians are well blessed. Take it from Elfie.







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HAVE DOG WILL TRAVEL

By Jesse Burns

heads home

for the

Holida

Jesse Burns, a local RN, has been seeing the country as a traveling nurse. She shares her experiences of roaming the United States with Sydney, her four-legged companion.

hrough rain, sleet, snow and fog we have traveled. Driving and flying hours, sometimes days at a time, all in that mad race to be home for the holidays.

Fortunately for us, we have been afforded the opportunity to spend each Christmas at home during our traveling years. Sydney looks forward to family, friends, sleeping the days away and extra treats and presents while I am enthralled simply with being in the comforts of home.

Honestly, the majority of our trips home have been uneventful. As you all know, Syd sits in the passenger seat in the back and navigates on the rare instance that she wakes up for longer than five minutes.

One time we drove through a Wisconsin snow storm, but for the most part, we have had good luck. Our last trip home ended up being a little more work than what was normal for us. I knew we would eventually make it home, but the amount of prep for this trip had Syd and I both at our wit's end.

#### Flying the pet-friendly skies

Weeks before we were set to head home, the work began with finding an airline that was pet friendly. Southwest airlines afforded us the best opportunity. I was not willing for Syd to be in cargo and they give you the option of having your pals in the cabin with you. A fee is involved and there are some stringent rules to go along with the travel, but the gist is that pets get to travel with you and are never out of your sight. They have to be in an approved size pet carrier and sit under the seat in front of you on the floor for the duration of the flight.

Our next task was finding a crate for Syd, and this was easier said than done. I will simply say that Syd was not a happy camper after two hours at the pet store putting her in and out of crates to find one that would work.

Finally, the day of travel arrived. You folks who brave the airports understand all the hustle-and-bustle at holiday times. People running this way and that, trying desperately to make their last minute flights. Imagine in the midst of all this craziness, a tiny Boston Terrier prancing along the hallways, weaving herself around people, and stopping occasionally for a sniff.

Phoenix International Airport just so happens to be pet friendly for those of you who have the occasion to travel that way, even going so far as to offer your furry friends a pet package and areas to do their "business" after getting off the plane. And after all the work and worry wondering if she would be safe during this whole ordeal, little Miss Burns promptly fell asleep at my feet before we even taxied to the runway.

#### **Coming home for Christmas**

I wouldn't say that we have traditions per say, but there are always some favorite things to do at home when we get back.

Coffee with Granny, for instance, is a must. Syd joins me on these trips and gets whatever Granny has in the cabinet for a treat. A trip to the Atkins Porter dog park is always on her list as long as the weather permits. Syd gets all wrapped up in some clothes and runs around like a wild woman until she wears herself out.

We were so pleased to find that recently, the good folks who manage the park had separated the area into two sections, those for large dogs and small dogs as well. This makes for a safer dog park all around and more comfortable for little ones like Syd.

Shopping is never ending for us and one of my favorite places is the bustling downtown of Paris. Those of you who don't afford yourselves the opportunity to shop here are missing out. There are so many wonderful shops and I can always find something I feel I cannot live without.

The Burns Christmas revolves around family and friends, baking treats, wrapping gifts, spoiling dogs



and finally having the famous Christmas Day breakfast that we all love so much. Bacon, sausage, ham, biscuits, eggs cooked to order, two kinds of gravy...oh we do it up right. And yes, the puppies of the house get their very own cooked to order eggs too.

Afterwards is the opening of Christmas presents and as is customary, Syd sits around looking at us like we have all lost our minds. That is until she gets her presents. I can't possibly tell you all the things she has gotten over the years, but she does indeed open her own presents just like the rest of us and has just as much fun doing it as we do.

Time is spent reading, resting, laughing and visiting. There are more family events than can be counted. Trips to friends' houses are made and football games are watched.

Eventually, though, our time at home comes to an end and the return to work is imminent. Back on the road, back to the grind. Before we leave though, be certain that Syd can be found sleeping soundly in my lap, warm and safe, surrounded by her family, dreaming of her next big adventure as a traveling dog.



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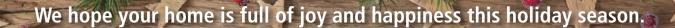
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#### **AROUND OUR TOWN**



n enormous oak tree stands just inside the visitor's center at the Tennessee National Wildlife Refuge in Springville. It's a diorama featuring dozens of plants, animals, birds, amphibians and reptiles.

ennessee

Call it low-tech, but once young people and grownups alike began working on their official Oak Tree Checklist, their cell phones are a distant memory.

"Some of the children have stood here for more than an hour, circling the big oak, searching for that illusive critter to check off their list," said Joan Stevens, refuge ranger.

#### The displays

But few guests can linger long with the other exhibits beckoning at this innovative facility that is part museum, part science class, part history book and 100% fun.

The visitor's center, which opened in July, overlooks the Tennessee River and touts a half-dozen interactive displays, several of which include touch screens. Just as folks can travel on the nearby river, visitors can move from display to display by following a waterway stained into the floor. They can even take a peek at the underwater world via various portals which reveal the unseen habitat of fish, turtles, crawdads and other creatures who call the river their home.

#### What does the duckie say?

One of the larger exhibits highlights fifty species of migratory birds. According to Stevens, there are over 914 bird species in North America. "Of the 409 recorded in the state of Tennessee, 306 of them have been found on the refuge. Now that's significant!" she said.

"This refuge was created for migrating birds," said Stevens. "We try to convey the birds' habitat and life in this exhibit."

On the touch screen, visitors can see a photo of the bird, an explanation of where and how it lives and its migratory path, as well as the sounds it makes.

"When listening to the various calls,

many folks are amazed to learn that most ducks don't go quack-quack," said Stevens. "They make whistling, cooing, yodeling and grunting sounds. "It's one of many surprises that people encounter as they learn more about the refuge and it's inhabitants."

#### Night life

Because it is rarely open in the evening, the visitor's center offers the next best thing, the Night Theatre. Once the audio begins, guests are treated to a conversation between a mother and son who are listening to and identifying nocturnal sounds near the river. Listeners experience the refuge's creatures of the night, such as barred owls, bugs, raccoons, coyotes, bats and more.

Other displays include the touch screen game "Who Am I?" In the game, the contestant must listen to a sound and decide which animal made it. Another popular activity involves climbing in a small aircraft and participating in a simulated bird count as the plane glides over the refuge.

#### **Area history**

Not all of the center's exhibits revolve around nature. Historical timelines with large photos and vivid descriptions give folks a connection to a time and place in areas such as Sulphur Well, Danville and the Old 23rd District before they were flooded as part of TVA's effort to bring electricity to the region.

#### Hands-on learning

Perhaps the most important part of the center is the John Taylor Environmental Educational Wing. Named for the beloved former refuge manager, the Taylor Wing offers free field trip and program opportunities to school children, as well as a training center for teachers, college students and others, connecting people with nature.

Here, among local artist Joe Casey's sophisticated bird carvings and the Duck Stamp Hall of Fame winners, visitors can view a movie about the refuge and its mission.

Next door is a program room with a mobile white board and digital microscopes. "But the real teaching aid," Stevens said, "is out the back door where a path leads to the woods and the beach. We can host a classroom full of kids here, then take what they've just studied straight outside for some real hands-on learning."

The best view

Around the corner of the building,



Children enjoy the multi-sensory displays at the Tennessee National Wildlife Refuge.

a back patio overlooking the bay and the river offers two commercial spyglasses and one telescope.

Combined with the fireplace and rocking chairs the area has the feel of a back porch that doubles as an outdoor science center. Look for plenty of bird watching, stargazing, storytelling and music here.

#### **Raising money**

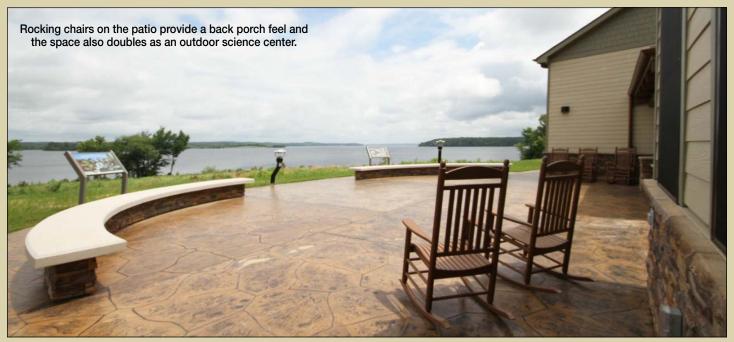
Back inside at the Blue Heron Bookstore, the shelves are chock full of items that range from whimsical to exquisite. Operated by Friends of the Refuge, proceeds benefit this group whose mission is to raise awareness of and support the Tennessee National Wildlife Refuge.

#### Hours, etc.

Because this area of the refuge is open year round, visitors are welcome Monday through Saturday from 8 am to 4 pm.

For more information on the refuge, group visits or volunteering, call 731-642-2091. Visit them online at www.fws.gov/tennesseerefuge or on Facebook at Friends of Tennessee National Wildlife Refuge.





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# The Brew Boys of Perrylodgic

By Susan Jones

assion is a funny thing. For some folks it's sports. For some it's cooking or bird watching or woodworking.

But for a select few it's taking barley and hops, adding know-how and creativity and brewing a beer that, as the Perrylodgic guys say, "not only pleases the palate, but the mind as well."

That is the essence of the partnership that formed Perrylodgic Brewing Company, the brainchild of co-owners Randall Perry and Jonathan Lodge.

Recently, we stopped in at the brewery to ask a few questions about the creative process.

#### **PARIS!** – How did your individual love of beer making begin?

**Perry** – I started with just wanting to make something myself. I made wine and beer and it was something cool to do.

**Lodge** – My mother-in-law bought my wife a wine making kit that sat in our basement for a year. After I watched a TV show about making beer, I asked if I could use her kit to make beer. When I made the first batch, I was hooked. PARIS! – Was it fabulous? Lodge – No, it was terrible, but it was so much fun. Since then Randall and I have made beers that have astounded us and our friends and distributors. People say, "I can't believe you two made this!" Of course, that's both wonderful and a little insulting.

#### **PARIS!** – What has been your biggest challenge so far? **Perry** – Paperwork.

**Lodge** – Cutting holes in the concrete. This is what makes our partnership so great. When he thinks something is Mount Everest, I think it's an anthill. When I think it's Everest, he thinks it's an anthill.

#### **PARIS!** – Randall, you're 50 and Jonathan's 28. How did this unlikely partnership begin?

**Perry** – We became friends in the spring of 2013 when I started taking guitar lessons from Jonathan. We discovered that we both loved to brew beer and started brewing together. I brought up the idea of opening a brewery, and a year and a half later Perrylodgic is opening its doors. **PARIS!** – What did you two do to prepare for this new venture?

Lodge – We did 18 months of research and development before we stepped out and applied for a business loan. We were working 20-40 hours a week outside of our day jobs. I was managing Leach's Music and Randall was managing the manufacturing arm of World Aircraft Company at the airport. Perry – One of the first things we did was find out how brewers like us failed. Aside from bad management, the reason was they grew too fast. They weren't able to keep up with demand.

**PARIS!** – *What's your flagship beer?* **Lodge** – I say Smoked Apple Porter. **Perry** – I say Chocolate Mousse.

#### **PARIS!** – How do you decide what kind of beer to make? How does that work creatively between you?

**Perry** – We think about it a lot. I like a porter, so one day I was smoothing concrete here at the brewery thinking about fall coming on and I told Jon I



Mad Hops is one of the beers brewed by Randall Perry and Jonathan Lodge.





had an idea - a smoked apple porter. We made it and we love it! **Lodge** – We've both had dreams of beers, awakened in the middle of the night, written them down and made them. When my wife was having our son at the hospital, I got the idea for our brown ale. It was written two hours after our son was born. **Perry** – He actually texted it to me from the hospital.

Paris! – Do you have a daily number of beers that you'll keep in the tap room? Lodge – There are successful brewers out there who make only five beers. We're starting with nine, plus we'll have nano brews, which are beers made in small batches. You'll only be able to get them at the tap room.

PARIS! – Tell me about the reception of this project in Paris and Henry County? Perry – It's been overwhelming. Lodge –I was at the gas station today and a guy I'd never met came up and said, "How much longer?" I wasn't sure what he meant. Then I remembered I had on my Perrylodgic hat. So I got out my cards and started shaking hands. We've had a bunch of people just dropping by to help, and working with us to help us get open.

#### **PARIS!** – Do you see this as a tourist destination?

**Perry** – Absolutely. We have a great location here on the lake highway and terrific products that will appeal to locals and tourists alike.

Lodge – But at the end of the day, no matter who comes, we just want to make beer. We don't want to get rich. We just want to feed our families, do what we love and love what we do.

Visit Perrylodgic at 3465 Highway 79N in Paris, call 731-407-7100 or visit them on FaceBook or at www.perrylodgic.com.

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# Christmas BRUNCH

Reaceful moments in the rush of all things holiday. These are a few of my favorite things. Whether you are spending your holidays in the midst of a large family, entertaining an intimate group or just enjoying some quiet time, be sure to include some fun foods.

We are a brunch family, because that includes just about any food group. This year, our menu offers a new take on an old recipe. We are serving Eggs Benedict Tennessee style, sour cream biscuits, banana bread and orange fruit cups. Add country ham, bacon or sausage patties and you truly have a feast. The nicest thing about this menu is that all of it can be made ahead of time, except for poaching the eggs. We also included our sour cream biscuits and super easy cheese straws, which are great to have on hand for company.

From all of us at the catering company, we wish you the happiest of days and a peaceful new year. — *Cindy* 

#### SOUR CREAM BISCUITS

1 cup self rising flour 1 cup butter, softened ½ cup sour cream

Mix together thoroughly. Roll out and cut with small biscuit cutter or drop by tsp. onto greased baking sheet. Bake at 375 for 15-20 minutes. Cool and fill with pre cooked country ham or bacon.

#### Serves 4

8 eggs 4 cornbread muffins 2 cups cheese sauce

#### **CORNBREAD MUFFINS**

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½ cup self rising flour
½ cup white cornmeal mix
2 eggs
½ cup buttermilk
½ cup butter, melted
Mix together. Makes 9 muffins.
Bake at 375° about 20 minutes.

#### EGGS BENEDICT TENNESSEE STYLE

#### CHEESE SAUCE

1 tbsp. butter 1 tbsp. flour 1 cup chicken stock 1 cup of your favorite cheese Heat skillet. Add butter and melt. Stir in flour for one minute. Slowly add chicken stock and stir till smooth. Add cheese, stirring till melted.

Can be made several days ahead of time. Reheat in the microwave.

#### POACH EGGS

Split corn muffins, butter and toast in oven.

Top muffins with eggs and ladle desired amount of sauce over eggs.

#### **BANANA BREAD**

4 very ripe bananas <sup>3</sup>⁄<sub>4</sub> cup butter, melted <sup>1</sup>⁄<sub>3</sub> cup sour cream 2 cups flour 1 tsp. salt <sup>1</sup>⁄<sub>2</sub> tsp cinnamon

#### 1 cup sugar 2 large eggs 1 tsp. vanilla 1 ½ tsp. baking powder 2 tsp. sugar



#### Pre-heat oven to 350°F.

Grease a 5x9-inch loaf pan. Mash 2 bananas in a bowl and set aside. Place remaining 2 bananas in a mixer bowl with 1 cup sugar and beat 3 minutes. Beat in melted butter, eggs, sour cream, and vanilla extract until thoroughly combined.

Whisk flour, baking powder, and salt together in a bowl and stir the flour mixture into banana-sugar mixture. Fold in mashed bananas. Pour batter into prepared loaf pan and tap the pan on the counter several times to remove any air pockets. Stir sugar and cinnamon together in a small bowl and sprinkle over the top of the loaf. Bake in the preheated oven 1 hour and 15 minutes; Cool in the pan for 10 minutes before removing to finish cooling on a wire rack.

*Cindy and Mike Snyder own Cindy's Catering. Call them at 731-407-7700, email them at cindyscatering@charter.net or visit them in the Lakeway Shopping Center.* 



#### Season's Greetings

During this holiday season and every day of the year, we wish you all the best.

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#### Edward Jones

#### **ORANGE CUPS**

2 oranges cut in half Grapes Dried cranberries Vanilla yogurt



Remove orange segments from orange and cut into bite size pieces. Slice grapes. Mix oranges, grapes and dried cranberries together with vanilla yogurt. Return fruit to orange halves. (If you slice a small piece from the bottom of each orange half, it will sit flat on the plate.)

#### CHEESE STRAWS (Makes 8)



1 cup shredded cheddar cheese 16 cheese crackers Place small amount of shredded cheddar on a greased cookie sheet, making 8 mounds.

Crush 2 cheese crackers over each mound. Bake at 350° for 10 minutes. Let cool 3 minutes in pan and remove to wire rack.



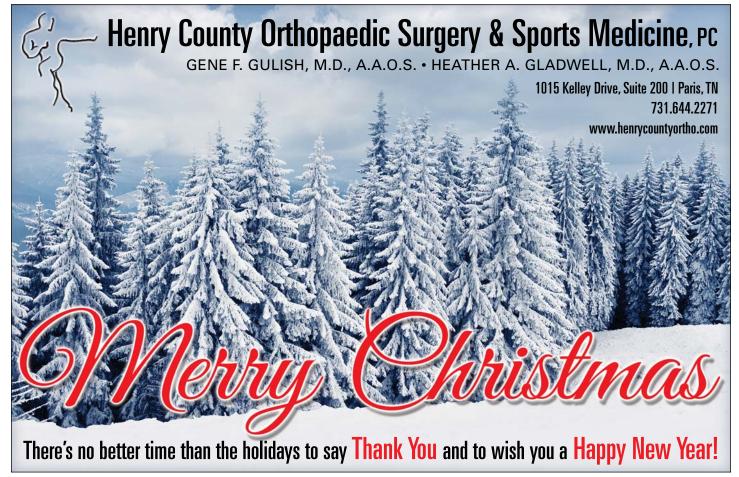
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# A Month of Gratitude

A Grateful Heart is the Key to Happiness and Better Health

#### By Tory Daughrity

Month of Gratitude provides the positive mental, physical, and emotional benefits attributed to thankfulness Thanksgiving is the time of year when our hearts and minds turn to that gentle recognition, rediscovery, or remembering of the simple abundance around us – gratitude.

Age-old wisdom has taught us that a grateful heart is the key to happiness. Gratitude can be good for you, and now science backs it up.

According to studies at the University of California at Davis, there is scientific proof that people who adopt an attitude of gratitude are not only happier, but are also healthier.

Here are examples of how being grateful can improve health, mentally and physically:

- Boosted immunity
- Relaxed brain
- Recharged heart
- Improved fitness
- Positive marriages
- More optimistic
- Less materialistic
- Emotionally resilient

"Gratitude is a choice to focus on the good instead of the negative in our lives," says Cathy Gniewek, Director of Lake Haven Behavioral Center. "For Thanksgiving and in the coming months, we hope this will inspire others to take action to create the health they want, both physically and mentally."

Does this mean that you can give up on striving for a healthy lifestyle by eating well, exercising, and partnering with your healthcare provider to prevent disease? Of course not!

What it does mean is rejoicing in the small steps that you take each and every day will lead you to better health more swiftly than dwelling on what you did not do.

Gratitude is a choice to focus on the good instead of the negative in our lives. How can you make a choice for better health?

#### Are you trying to get to or maintain a healthy weight?

Rather than focusing on your end goal, celebrate the healthy food choices you made today to nourish your body.

#### Are you trying to stop smoking?

Rather than beating yourself up for lighting up, feel good that you have talked to your healthcare provider or have a plan in place to help you quit.

#### Are you trying to make exercise part of your daily life?

Rather than stressing that you did not get to the gym today, pat yourself on the back for taking the stairs, cleaning your house, or anything that you did to move your body.

#### Are you recovering from an injury?

Rather than getting upset about everything you cannot do, rejoice in the little things that you can do today or the progress you have made over the past few days or weeks.

#### Are you on a mission for overall health and wellness?

Rather than worrying about unhealthy behaviors of the past, congratulate yourself on making a commitment for your future and make sure to engage your healthcare provider in making a plan tailored just for you. In the spirit of Thanksgiving, A Month of Gratitude provides the positive mental, physical, and emotional benefits attributed to thankfulness. The science of being grateful is supported by tips on how to appreciate



An attitude of gratitude can lead to a lifetime of wellness and health.

the small steps that lead to a lifetime of wellness and vibrant health.

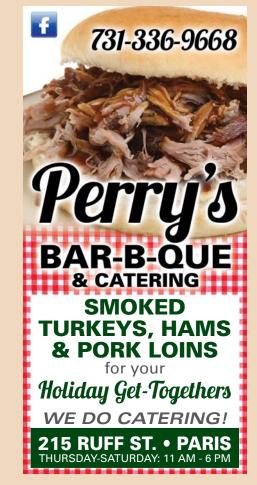
As you reflect on the people and the abundance in your life with gratitude, put yourself on the list. Make a choice for better health. If you have not been to your healthcare provider in the past year, call to schedule an appointment today. Be sure to share your overall health and wellness goals and make sure you are up-to-date on the screenings and immunizations that are right for you.

For more information on A Month of Gratitude, check out the Henry County Medical Center Facebook page and website. Tips as well as contests will be held during the month to help you focus on improving your mental and physical health.

To learn more about HCMC physicians, call 731-644-3463 or go to our website at www.hcmc-tn.org.

#### **(**)

*Tory Daughrity is the Director of Marketing and Public Relations at Henry County Medical Center.* 



#### from everyone at Moody Realty

Moody Realty would like to express its appreciation to all who helped make 2014 successful. We are truly blessed to have made so many good friends over the past 58 years and thank you for the opportunity to have served you. We wish you and your family a warm and safe Holiday Season and a Healthy and Prosperous New Year.

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#### IN THE GARDEN

# The GRUMPY Gardener

Warning: Not to be read by the sarcastically impaired!

By John Watkins

While we are in the middle of the holiday season with another year of gardening behind us. While most people are busy compiling their lists for Santa and spreading good cheer, I thought I might put on my best Ebenezer Scrooge impression and address a few ghosts from gardens past. I mean it can only be healthy to get these things out in the open so I can move on to the coming year with a clear conscious, right? Auld Lang Syne and all that. So here we go...

First of all, I'm about fed up with all the pests I had to deal with this year (and no, I'm not talking about those pesky telemarketers).

To you moles: a curse upon you and your frenzied attack on my poor, defenseless lawn. What did it ever do to you to deserve those volcanic eruptions in what once used to be a level surface for grass to grow? I guess no one ever mentioned to you that you're not supposed to make mountains out of mole hills because my yard now resembles the southern Rockies! I mean, just what are you looking for down there? Maybe I can lend you a hand. We'll go Dutch and spring for a big backhoe and be done with it! Of course, your friends, the deer, have a special place in my heart as well. I know I'm probably going to get bashed for slandering "Bambi", but my hostas certainly won't complain (may they rest in peace)! Sure, you're cute and furry, but if I want to get up close and personal with nature I'll go to the petting zoo.

Can't you guys go back to woods and be content with eating berries and grass? Since when did the main staple of your diet include impatiens, begonias, and Japanese painted ferns? I've never seen those things growing in the wild. It seems the only thing you wouldn't eat this past year was the crabgrass that so generously decided to fill in for the flowers you ate!

Don't even get me started on the bugs. Spider mites, bagworms, armyworms, leafhoppers, azalea lacewings, aphids...the list goes on and on.

"Bah Humbug" takes on a whole new meaning here. To Japan, a special note: thank you for giving us a great many wonderful things like Geisha girls, Godzilla, and sushi, but the Japanese Beetle was not one of your more favorable introductions to the United States.

To the floral industry as a whole, thanks for trying to make me feel

guilty about all the flowers I didn't send when you said I should. Because to me, nothing says "I Love You" or "Get Well Soon" like chopping up a live plant and shoving it in some water just so you can watch it fade, turn brown and be tossed in the trash a few days later. (Sorry honey, I'll stop by and pick up a dozen roses on the way home!)

To all of you who have ever given me a house plant, please, for the love of nature, stop!

It seems my thumb only stays green when it is outdoors and I am running out of excuses why I can't keep an indoor plant alive for more than a weekend.

To the magnolia trees in my yard: I know you are a gardening icon in the South and I can't bear to cut you down, but would it hurt you to stop dropping leaves for at least one or two days out of the year?

I mean, those things are like Twinkies. They never break down and might just outlast us all! And what's up with being so stingy with your surroundings? You've got more than enough room under your branches to share the ground with some companions. But no, you won't spare even the hardiest of plants a square inch to grow.



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To all the weeds who invaded my garden this past year (and you know who you are), what makes you feel so entitled? I worked hard to prepare the soil to provide a safe haven for those expensive and exotic annuals with the big bright flowers and here you come along and just plop down wherever you feel like!

And then you have the gall to invite all your friends over even after I kicked them out numerous times. I've got a special present for you next year: can you say "pre-emergent"?

Finally, a tip of the hat to all the home improvement shows out there who specialize in making the world of landscaping look so easy.

For now we all know that that patio project we've been planning for the past five years can easily be accomplished on a Saturday afternoon over a couple of beers!

WHEW! I don't know about you, but I feel like a giant weight has been lifted off my shoulders, but maybe that was just that fruitcake I've been lugging around. At any rate, who's up for some eggnog? Happy Holidays everyone and "God Bless Us Every One"!

**(**)

John Watkins is the grounds director at Discovery Park of America and resides in Henry County.



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# Jack Hinson Final Days

#### Pictured is Cane Creek Cemetery, the resting place of Jack Hinson.

In celebration of the Civil War's Sesquicentennial, Larry Ray is compiling a number of articles detailing the history of his own backyard along the Tennessee River. This is the fourteenth in the series. Previous articles can be read online in the archives of *MyParisMagazine.com*.

#### By Larry Ray

The book, "Jack Hinson's One-Man War" by Tom C. McKenney is the basis for some of this article.

fter Nathan Bedford Forrest departed the area, Jack Hinson returned to his ridge and cave on the east side of the river and continued with his attacks on Union shipping and adding kill marks on his rifle. The war was slowing down but Jack was determined to continue his one-man fight.

He identified some of the worst criminals and thugs in the area who had been victimizing his friends and family as well as defenseless farm families and they began to disappear. He considered them unworthy and did not include them in his record of legitimate kills. As a result, he earned the appreciation of both pro-Confederate and pro-Union families. He continued to take out selected targets on the river and land patrols, but with less and less interest. It was the closing days of the war and Jack had lost two more of his sons fighting with the Confederacy. He was getting older and weary and it was time to stop. His one-man war with Grant's army and navy was coming to an end.

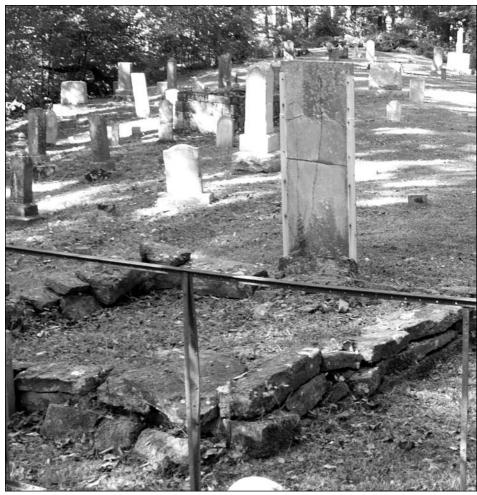
#### Laying his rifle down

The reluctant warrior could finally lay his special rifle down. Jack's unusual weapon could be used to identify him as a wanted man so he gave his rifle to an old fellow soldier, Nathan Bedford Forrest.

Forrest probably did not need such an unusual rifle and gave it to his Adjutant, Major Anderson who was also with Hinson at Fort Heiman and the Battle of Johnsonville. This famous old rifle has been passed down through Major Anderson's family and survives today. The present owner of Hinson's rifle also has an excellent set of Major Anderson's cavalry horse pistols that were issued in pairs of connected holsters designed to be draped over the pommel of a saddle.

#### Wanted man

Hinson was a man with a price on his head, and he still had to be careful to protect himself and his family. Fort Heiman and Camp Lowe had been abandoned, but the Union Occupation would still be very dangerous to him with patrols coming out of Fort Henry and Fort Donelson. He could not go back to his home Bubbling Springs and felt he needed to keep a low profile. He decided to stay in the area near his cave on the ridge, close to





Hinson Monument and Jack Hinson's headstone.

friends and family who had protected him. He would put down new roots on White Oak Creek just south of the present Danville Ferry.

In 1867, Jack and his wife, Elizabeth chose the village of Magnolia, on White Oak Creek, as the place to live out the rest of their lives. They bought 294 acres of land with an excellent water-driven mill as well as two dwellings. They called their new farm, Magnolia Hill. It would become their home until they died.

Jack and Elizabeth with the increasing help of their son Ab operated Hinson's Mill, the adjacent shops and general merchandise store, and farm on White Oak Creek. Due to Hinson's precarious position during the Union occupation, all the property would be kept in Elizabeth's name.

#### The end for a living legend

In the closing years of his life, Hinson enjoyed one thing that was definitely reminiscent of the war years, he participated in turkey shoots and



other forms of rifle marksmanship. In these matches he was the grand old man, the living legend.

Even in the closing months of his life, the threat of a federal trial and execution still hung over him. His weary, one-man war with the Union was finally over.

Jack Hinson is buried appropriately in the very back of the oldest part of Cane Creek Cemetery on a high bluff that overlooks the Tennessee River at the mouth of Cane Creek.

The site is very similar to his old cit-

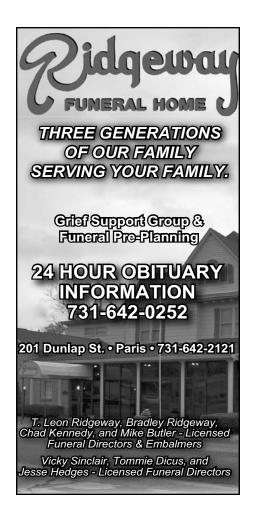
adel and cave which is only two miles away at the mouth of Hurricane Creek over "Towhead Chute." Jack's son, Ab had a large Hinson family monument erected in the cemetery close to Jack's grave and headstone.

I encourage anyone interested in the story of Jack Hinson to visit Cane Creek Cemetery to see where he is buried. His life story and much of our local history can be read in detail in Tom C. McKenny's excellent book, *Jack Hinson's One-Man War*.

In the next issue, we will return to Fort Heiman, where we started this journey. Fort Heiman, the "Forgotten Fort" will fortunately return to life again and this time for good.

### (Å)

Larry Ray is Executive Director of the Henry County Fair Association and past Executive Director of the Paris-Henry County Chamber of Commerce and Economic Development. He has had a life long interest in the Civil War.





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Mike & Cindy Snyder

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#### FACES & PLACES



At the Ice Bucket Challenge in honor of Jenny Griffith, Paris Fire Chief Michael Williams and Paris Police Chief Mike Elizondo pour water on Building Inspector Mike Brown.



Members of the Paris Photo Club ham it up at their photo booth during Arts 'Round The Square. Pictured clockwise: Dola Beaty, Richard Graves, Victor Brown, Del Ezell, Vickie Miller, Mel Cummingham, and Deborah Reynolds.



Gayle Griffith and Fred McClain at the annual Paris Lakeway Kiwanis Mexican Dinner Fundraiser which was started by Griffith 15 years ago.



Doreen Bates and Gail Perkins learn how to weave baskets at Lee Academy Celebration of the Arts. *Photo submitted by Shannon McFarlin.* 



Toni Gordon, Kayla Vasser, Twila Rose and Rhonda Coffelt from Henry County Medical Center are all smiles at their booth set up recently at the annual Holy Cross Catholic Church Oktoberfest.



Henry County First Responders Randall Jones, Chris Fletcher and Randy Jean at the 9/11 remembrance ceremony at Henry County High School.



The very talented Ken Alexander enjoys painting a portrait at the Eye Full of Paris weekend in downtown Paris. *Photo submitted by Larry Ray.* 



Kaniya Adkisson reads to Paris-Henry County Chamber of Commerce Executive Director Jennifer Wheatley during a recent visit to REAL Hope.



Register of Deeds Pam Martin and Arrowhead's Loria Plunk get photobombed by BPU GM John Etheridge at the Chamber Coffee at the Henry County Fair. *Photo submitted by Jennifer Wheatley* 

Don't Miss CE Dh 99.3 KF99 and 105.5 KQ105 Monday - Friday 5 - 9 a.m. www.kf99kq105.com











visit www.MyParisMagazine.com

#### **DINING GUIDE**

#### There's no shortage of delicious dining in our area. Please peruse our restaurant guide and drop in for a meal.

ACE'S RESTAURANT\* 1516 East Wood Street 731-644-0558

ANN & DAVE'S 2613 East Wood Street 731-641-1334

**B & D'S \*** 125 Cypress Road, Buchanan 731-232-8300

EL VALLARTA MEXICAN RESTAURANT \* 1113 Mineral Wells Avenue 731-642-3626

EL VAQUERO MEXICAN RESTAURANT \* 600 Spruce Street 731-641-0404

EAGLE'S NEST MARINA \* 500 Eagle Nest Road, Buchanan 731-642-6192 (seasonal)

**4-WAY GRILL** 6121 E. Antioch Road, Springville 731-641-0100

GOLDEN DRAGON CHINESE RESTAURANT 114 West Washington Street 731-644-3288

**GREAT WALL BUFFET** 1055 Mineral Wells Avenue 731-642-7778

HONG KONG CHINESE RESTAURANT 1021 Mineral Wells Avenue 731-644-1810

HUDDLE HOUSE 1502 East Wood Street 731-644-1515

HUNGRY WOLF 10 Fairgrounds Road 731-641-7500 KENNY'S MEAT MARKET Highway 79 South 731-644-1123

LEPANTO STEAK HOUSE 1305 East Wood Street 731-641-1791

MATT'S PUB \* 11180 Hwy. 79 North 731-642-6085

MEO MIO'S CAJUN RESTAURANT\* 130 Tate Dr., Buchanan 731-407-4926

MISO JAPANESE RESTAURANT\* 915 Mineral Wells Avenue 731-704-6030 / 731-407-6029

OAK TREE GRILL 785 Buchanan Resort Road, Springville 731-642-2828 (seasonal)

THE OLIVE PIT 905 Mineral Wells Avenue 731-642-5030

PARIS LANDING STATE PARK INN \* 400 Lodge Road 731-642-4311

PARIS WINERY & RUGGERO'S ITALIAN BISTRO \* 2982 Harvey Bowden Road 731-644-9500

PAULETTE'S 200 South Market Street 731-644-3777

**PI PIZZA** 105 S. Brewer Street 731-407-4950

**PIZZA HUT** 1055 Mineral Wells Avenue 731-642-1308 PIZZA PRO OF PARIS/ SUB CITY 14244 Hwy. 79 N., Buchanan 731-642-2246

PRATER'S TATERS 1055 Mineral Wells Avenue 731-642-7224

**SOUTHSIDE CAFE** 1875 Highway 69 S 731-407-4694

**SPANKY'S COUNTRY KITCHEN** 9505 Hwy 641N, Puryear 731-247-5527

STEAK 'N SHAKE 1036 Mineral Wells Avenue 731-407-7341

TAKE ME BACK CAFE 302 West Wood Street 731-642-1952

THE BREAKERS MARINA & GRILL \* 526 SHAMROCK ROAD, BUCHANAN, TN 731-232-8299

THE FRESH MARKET RESTAURANT \* 2255 East Wood Street 731-644-1900

TOM'S PIZZA & STEAK HOUSE 2501 East Wood Street 731-642-8842

TROLINGER'S BBQ 2305 East Wood Street 731-642-8667

\*Beer and/or other alcohol available.

#### ONGOING HOLIDAY ENTERTAINMENT

VISIT WITH SANTA – Stop by and let Santa entertain your wee guests at his gingerbread house in downtown Paris on the square November 28-December 21 on Saturdays from 10am-2pm and Sundays from 2-4 pm.

**PLAY INSIDE** – The Paris Civic Center has an indoor pool, track, weights, and fitness machines. Pay by the visit or become a member. Located on Volunteer Drive. Call 731-644-2517.

JUDY AND THE GUYS rock it out each Tuesday night at Central School starting at 7pm. Come out and enjoy the music. For more information call 731-336-0952.

LEARN ABOUT YOUR HEALTH – Henry County Medical Center offers monthly seminars including Chronic Disease Management Screenings, Childbirth Education, and many more. All are free but you must pre-register by calling 731-644-3463.

**PICKIN' N GRINNIN'** – Jam with fellow country music lovers or just listen in at the Civic Center on Volunteer Drive. Call Bob Perry at 731-641-7577 for more information.

**POPCORN ANYONE?** – It's holiday movie time! Enjoy a night out at the Parisian Theatre with nightly shows on six screens and matinees on Saturday and Sunday. For more information and movie schedules call 731-642-7171. **NOVEMBER 6** – A delicious yearly tradition now known as the **Carl Perkins Flapjack Fundraiser** will be at First Baptist Church, 6 am-7 pm with the same all-youcan-eat yummy pancakes and sausage. Call 731-642-5074.

**NOVEMBER 6 – Lifeline Blood Mobile** is open from 12-6 pm at First United Methodist Church. Call Tammy Hurst at 1-800-924-6572 extension 310 for more information.

**NOVEMBER 7 – French Holiday Bazaar** at First Presbyterian Church 8 am-1 pm. For more information call 731-642-2962.

NOVEMBER 7, 8 & 9 – It's beginning to look a lot like Christmas in festive Downtown Paris! Candlelight Open Houses are Friday and Saturday 6-8 pm and Sunday from 1-5 pm. Call 731-653-PARIS or go to VisitDowntownParis.com.

NOVEMBER 8 – Head to the Paris Winery for the **Beyond Bars Animal Rescue** Fundraiser. For more information contact Kim at 714-330-4706.

NOVEMBER 8 – Cornucopia of Talent Book Signing at W. G. Rhea Library. Come out and meet talented local authors from 1-4 pm. For more info call 731-642-1702.

**NOVEMBER 11– Veterans Day.** Thank a veteran and remember those who fought for our freedom.

NOVEMBER 15 – Wine & Dine With Relay at the Tuscany Room of the Paris Winery. 6-8 pm with music by Judy and the Guys. Tickets are \$10 and are available at Paris Family Chiropractic. For more information call 731-642-3761. NOVEMBER 17 - 23 – Operation Christmas Child Collection Week at First Baptist Church. Kick off the holiday season by giving back. For more information contact Pam Moultrie at 731-642-7893 or 731-642-5074.

NOVEMBER 22 – Homemade soup and sandwiches at the Paris Lioness Annual Soup & Sandwich Luncheon, 11 am - 1:30 pm at Ketchum Hall at Grace Episcopal Church. Dessert and drink included for \$8. Carry outs available. Also a country store with food and craft items. So stop on by or for more information call 731-642-1299.

NOVEMBER 22 & 23 – 7th annual Christmas In Paris Shopping Extravaganza at the Paris Convention Center. Saturday 9am-5 pm; Sunday 12-4 pm. Admission is free! For more information contact Megan Amburgey at 731-363-5170.

**NOVEMBER 22 &23** – The play "Welcome To Our Neighborhood" is being performed at the Krider Performing Arts Center. For more information call Rhonda Stanton at 731-644-2517.

**NOVEMBER 26-28** – Thanksgiving break for city and county schools.

**NOVEMBER 27 – Thanksgiving Day**. Spend time with loved ones as you celebrate all that we have to be thankful for.

NOVEMBER 28 – Downtown Paris Association hosts North Pole Family Fun Day from 10 am - 2 pm. Enjoy Santa, Rudolph and the Elves rolling in on a fire truck, craft booths, readings of *The Polar Express* at the old depot (Vicky Muzzall' s Tax Service) and more. For information, log onto www.VisitDowntownParis.com.

#### NOVEMBER 28 – Downtown Sketch

**Crawl** from 10 am-12pm followed by a Dutch-treat lunch. Go to www. VisitDowntownParis.com for more details.

NOVEMBER 28 - 30 – Christmas by the Lake Arts & Crafts Festival is at Paris Landing Inn from 3-8 pm Friday; 8 am-5 pm Saturday and Sunday. For more details or vendor information call Brandon Williams at 731-641-4465.

**NOVEMBER 30** – Join the fine folks at Paris First United Methodist Church for the 1st Sunday of Advent and the traditional **"Hanging of the Greens"** at 8:30 am and 11 am. For more information call 642-4764.



DECEMBER 3 – Worship in downtown Paris churches during the annual Candlelight Advent Walk at 6:30 pm. For more information call 653-PARIS. **DECEMBER 4 -** Take time out of your busy schedule to give back. Visit the Lifeline Blood Mobile at First United Methodist Church, 12 - 6 pm.

**DECEMBER 6 - Tennessee River Fine Arts League Holiday Arts & Crafts Bazaar**, 9 am - 4 pm at Lee Academy of the Arts. Call 731-644-2056.

**DECEMBER 7–** Get out and enjoy the **47th Annual Community Christmas Concert** at 3 pm, First Baptist Church. Admission is free. Call 731-642-5074.

**DECEMBER 9-22 – Festival of Trees** at the Heritage Center, open Tuesday-Friday, 11 am - 5 pm; Saturdays, 10 am-2 pm; Sundays, 1-4 pm. Call 731-642-1030.

**DECEMBER 12**– Enjoy **Supper with Santa** at Rhea Elementary School, 5-8 pm. Santa arrives at 5 pm. Games, crafts, food and fun! Call 731-642-0961 for information.

DECEMBER 13 – Downtown Paris Association sponsors the Downtown Christmas Festival, 2-4:30 pm; Holly Jolly Electric Parade 5 pm. Awards include Clark Griswold, Golf Cart, Cutest Critter, and Best Decorated. (This event combines the Christmas parade and Santa's Last Blast.) Go to www.VisitDowntownParis.com for details and entry information.

**DECEMBER 14 – "Agnus Dei"** presented by First Baptist Church Choir, Orchestra, Hand Bells, and Graded Choirs at 6 pm in the sanctuary. For info call 731-642-5074. **DECEMBER 19 – Polar Express** at W.G. Rhea Library. So much fun to be had with train rides, crafts, hot cocoa and snacks, cookie decorating, reindeer games, and SANTA! 5:30 – 7:30 pm. And it's all FREE! For more information call 731-642-1702.

**DECEMBER 21** – First Baptist Church's **Candlelight Communion Service** in the sanctuary at 6 pm. For more information call 731-642-5074.

**DECEMBER 22 - JANUARY 2** – Joyeux Noel! **Winter Break** for all schools.

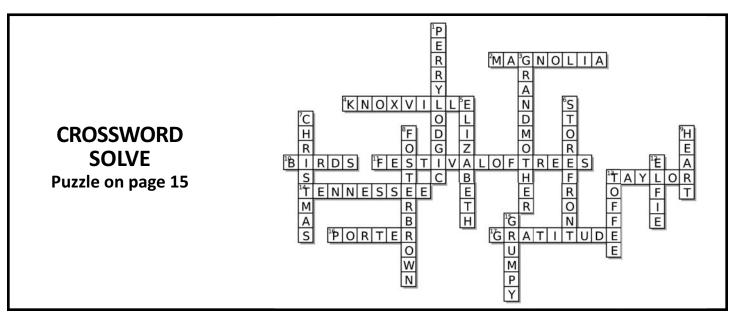
**DECEMBER 24 – Christmas Eve Services** are held at many area churches. Programs include carols, special music, Christmas messages and communion. Call churches for information.

#### DECEMBER 25 - MERRY CHRISTMAS!

**DECEMBER 31** – Friends of Paris Landing host the annual **New Year's Eve Celebration** at the Ridgeway Conference Center at 8 pm. Special packages available. Call 731-642-4311.

JANUARY 1– HAPPY NEW YEAR! Time to make those resolutions for 2015!

JANUARY 1 – Take a cold dunk for a great cause! Shiver on the River is at Paris Landing Marina's boat launch ramp. Your donation includes the official plunge, buffet at the Inn's restaurant, and the official 2015 t-shirt! Proceeds benefit REAL Hope Youth Center. Call 731-333-1320.



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November

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Santa's House is Open November 28 - December 21 Saturdays: 10am-2pm • Sundays: 2pm-4pm

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## DOWNTOWN PARIS ASSOCIATION PRESENTS owntown Unwrapped

Family Events, Fun Shops, Memories & Gifts for a Lifetime

December

**Candlelight Advent Walk** 6:30pm 3 6 9am-4pm Holiday Bazaar at Lee Academy Community Christmas Concert at First Baptist Church 3pm 9 Chamber Coffee at the Heritage Center 8am

> Festival of Trees at the Heritage Center Tues.-Fri.: 11am-5pm • Sat.: 10am-2pm Sun.: 1pm-4pm

**Downtown Christmas Festival** Sketch Crawl Holly Jolly "Electric" Christmas Parade Polar Express at the W. G. Rhea Library

2-4:30pm 2-4pm 5pm 5:30-7:30pm

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