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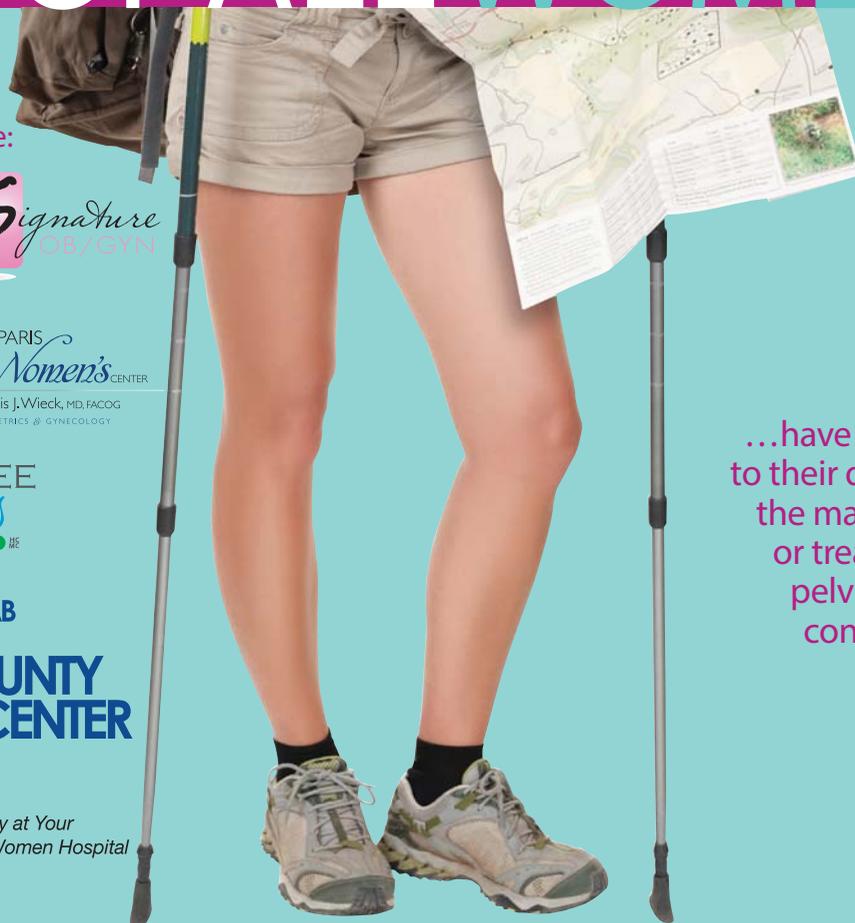
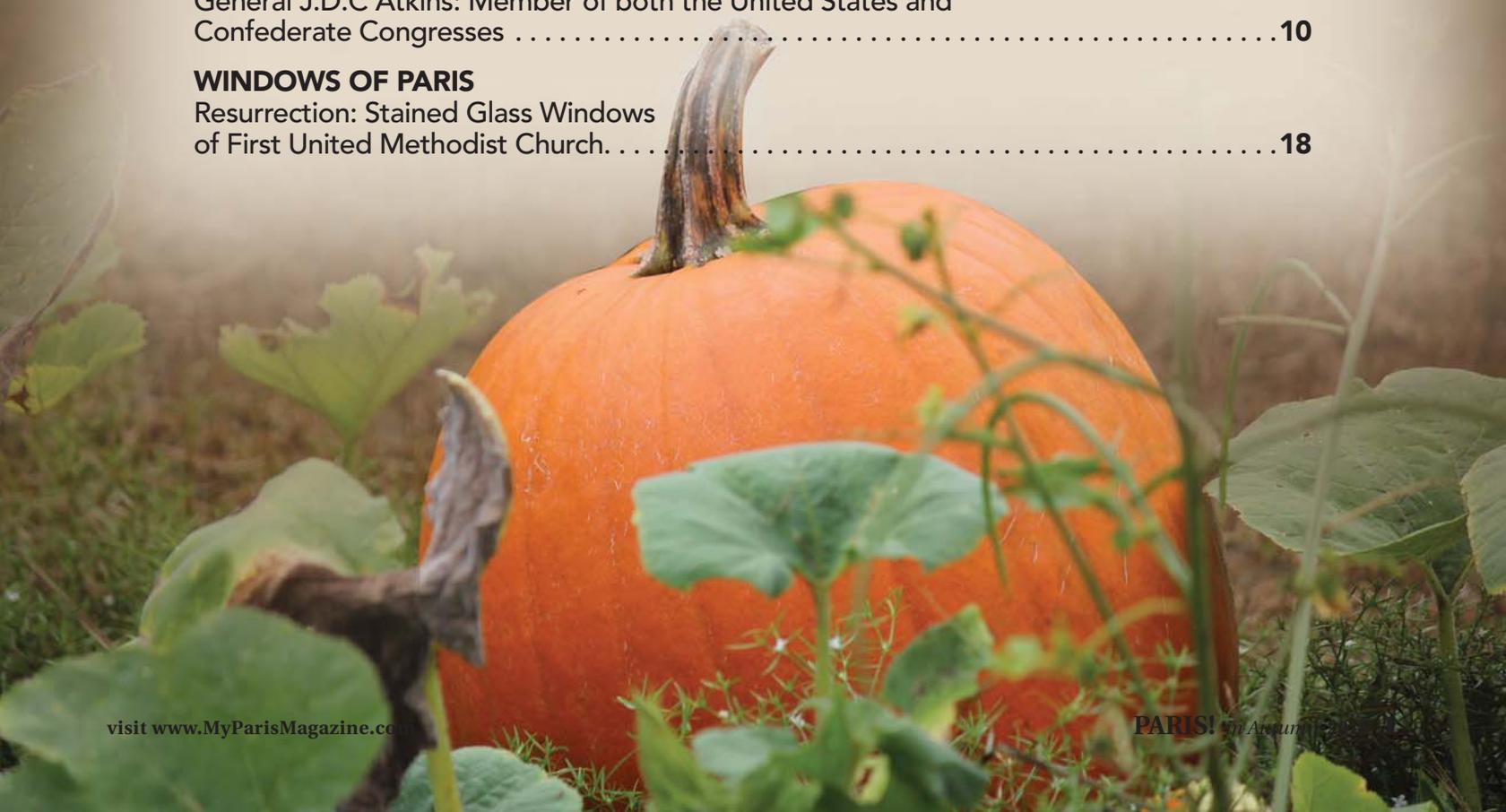


TABLE OF CONTENTS

ALL ABOUT PETS The Life of Booger	6
ARTS & ENTERTAINMENT Forged Partners: Smithsonian Commission Brings Local Metal Artist and TCAT-Paris Together	20
AROUND OUR TOWN It's Coming Again: Rest For The Soul	28
BACK IN THE DAY When I Was A Boy	3
CALENDAR OF EVENTS	40
DINING GUIDE	43
FACES & PLACES	12
FEATURE What I Did On My Summer Vacation	8
FEATURE Cavitt Place Celebrating 100 Years	15
FEATURE College Presidents from Paris	26
HEALTHY IDEAS Breast Cancer: Not Just A Woman's Disease.....	31
IN THE GARDEN The Science of Gardening	36
JUST FOR FUN	39
PARIS CUISINE The Power of Food.....	34
SPOTLIGHT Chamber of Commerce Person of the Year: Jerry Pearson.....	23
WHEN BULLETS FLEW General J.D.C Atkins: Member of both the United States and Confederate Congresses	10
WINDOWS OF PARIS Resurrection: Stained Glass Windows of First United Methodist Church.....	18



Henry County and the Lake Area

PARIS!

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My girls have started their school year. Football is in full swing. And my youngest is already talking about Halloween! Wow, it must be Autumn!

In the spirit of heading back to school, this issue highlights a collaboration between metal artist Stephanie Dwyer and TCAT welding instructor, Keith Townley. They added some top-notch students and the outcome was worthy of the Smithsonian Institution.

Keeping with the “back to school” theme, Shannon McFarlin educates us on the five college presidents from Paris, and Larry Ray chimes in with history on J.D.C. Atkins for whom Atkins-Porter was named.

Two folks who deserve our admiration are highlighted in this issue. First, we turn the spotlight on Jerry Pearson, the 2016 Chamber of Commerce Person of the Year. If you’ve never met Sergeant Pearson, do yourself a favor and make the acquaintance of this man who has had a profound impact on our community. In the second article, writer Karen Geary introduces us to a

youngster who recently raised \$1,700 for Henry County’s Darkhorse Lodge – a peaceful retreat for combat veterans.

With this issue we are excited to announce a new series entitled “Back in the Day,” by Bill Neese. As Neese edges closer to retirement from his law practice, he has begun writing personal stories, and they are a hoot. An added perk, I’ve found that his tales spur memories of my own childhood; I’ll bet they have the same effect on you.

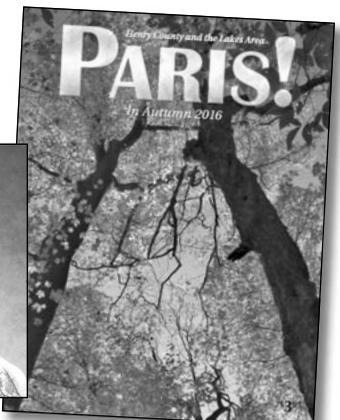
As usual there’s lots more to enjoy. We’ll find out about a weekend retreat for women, the science of gardening, and the power of food, as well as a hilarious story about a local dog who was an heir to quite an impressive inheritance.

Enjoy autumn and thank you for reading **PARIS!**

Smantha

On The Cover

Vickie Miller captures Autumn in all its majestic beauty with this photo of tall trees in the Puryear area. She is an avid photographer and the secretary for the Paris Photography Club.



When I Was A Boy

By Bill Neese

Bill Neese is a local attorney, a sportsman, a youth shooting team coach and a newly minted grandfather. He recently began writing stories about his family, work, community and coming of age in the South. While composed primarily for his grandsons, his hope is "that these little stories will bring a smile to those who might read them."

King & The Garden Plow

When I was about eight years old, there was a stray dog that adopted the farm. He was a large mixed breed and looked sort of like a heavy-set Collie with a square face, if you can visualize that. My cousins, Kenneth and Steve, and I gave him the grand name, "King." King was a friendly old dog except to any other big dog that came around, and then he was a ferocious fighter. We could do anything to him as could the little yard dogs, and he just wagged his tail.

My grandmother, who we called Ruchie, always had a big garden – too big in her grandsons' estimation. We were charged with keeping the weeds out. Ruchie had an old-fashioned hand plow. It had two handles, a big steel wheel and a set of tines. The idea was to push it between the rows of vegetables, corn, and the like to rid the "middles" – an area of weeds and grass. It was faster than hoeing.

We were always looking for ways to make life easier and chores go faster. We had often rigged a harness for King to pull our wagon, which he happily did, for a while anyway. Why not make King a "plow dog?" Why not indeed?

We quickly converted the harness so it would attach to the garden plow. Now the physics of a garden plow work like this: when the tines are not in the ground, it rolls along with complete ease; when the tines are in the ground the effort varies depending on the soil

and vegetation. The technique was to push it forward a foot or so, back up and push it forward two feet or so. Kenneth and Steve took a handle each, and I pushed lower down in the center being a good foot shorter than either of them.

King was okay with his new job at first. He was getting lots of praise, petting and snacks. We were working out the forward and back part when we flushed a rabbit out of the corn and squash rows.

The rabbit was too much for King; he took off after it, plow laying on its side in tow. The rabbit beat a diagonal path across the garden while we watched in amazement as the plow swung from side-to-side, cutting a ten-foot-wide swath of destruction across Ruchie's garden.

King's excitement at chasing a rabbit quickly turned to abject terror as the plow now became a monster that was relentlessly chasing him. The rabbit was forgotten; King was running for his life. The faster he ran, the faster his terrifying pursuer ran, matching his every evasive maneuver. He would have made a second devastating pass through the garden had the plow not become wedged in a gate, bringing the whole calamitous race to a halt.

By this time, our loud exhortations to King to stop and his hysterical yelping had brought our grandmother to the garden to see King, trembling, yelping and whining, tied to her plow

which was wedged in the gate, one handle missing and a ten-foot strip across her garden devoid of crops. She just turned around and went back inside thinking, no doubt, that any explanation would be anticlimactic and that the passage of time might lessen the chance that she would do serious bodily harm to her grandsons.

We were afraid to approach King to free him until he calmed down, which he eventually did. After the plow was repaired and the damaged garden rows replanted, we forsook labor saving devices, for the rest of that summer at least.



The Battle of Whitlock Field

To understand little boys, it helps to know that in their minds they are really and truly knights, cowboys, pirates, frontiersmen or whatever they may choose to be. They are as real as any ever was and when they have the tools of a trade, all trace of make believe is gone and theirs is the real world. He is King Arthur, Roy Rogers or Black Beard. He really is.

In Whitlock we had real horses and lots of open fields and woods. We had castles and towers, though to an adult they looked like barns and silos.

Tobacco farmers used four-foot long one-inch square sticks to hang tobacco on to cure and these swords served us well.

Cattle feed was stored in 55-gallon drums with metal lids. Each lid had a handle in the center. Used as a shield, they could deflect a mighty blow.

A strong cane grew by creeks and



marshes and served as lances and spears, as well as the real thing. Thus armed and mounted, we were a formidable fighting force.

Picture a group of little boys with rubber swords running and playing knights in a park or lawn, a typical suburban scene. Now, picture two "armies" of five boys each armed with swords, lances and shields, mounted on fierce prancing chargers (maybe

docile saddle horses or ponies, but still) facing one another across a forty-acre field. They slowly advance toward one another and as they get closer, Sir Gary blows his kazoo and they charge. The battle is joined.

Blood is drawn. Horsemen are unseated. How we kept from killing or maiming each other, I will never know.

When they realized what we had been doing, all of the parents and assorted adults were appalled, except for my Grandmother Ruchie. During the "100 Summers' War" she had been sitting on her porch cheering on her favorite army and laughing hysterically every time a warrior was unhorsed and hit the plowed ground.

When we were found out, our swords were returned to tobacco sticks, shields to feed barrel lids and lances to creek banks and we returned to...cowboys and Indians with horses and...BB guns!



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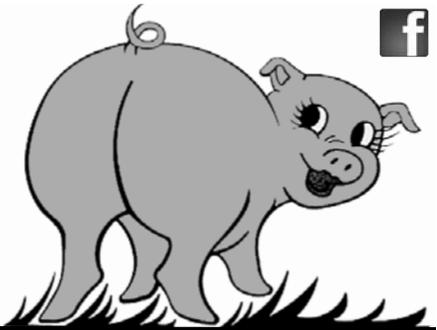
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The Life of Booger

By Shannon McFarlin

POOCH HAS A HOWLING GOOD TIME LIVING ALONE IN SIX-ROOM HOUSE

Booger the dog rolls out the welcome mutt when human friends stop by

It's anything but a dog's life for Booger the pooch — the 15-year-old mongrel has free run of her own three-bedroom house!

Booger has been the home's only resident since last August when her master Samalone Ramsey of Paris, Tenn., passed away.

"People around here think it's hilarious that a dog has her own six-room house," said Leon Ridgeway, who owns Booger's house and was Ramsey's landlord. He and his son Brad keep an eye on their four-legged tenant.

Said Ramsey's son Jack Brown, 69: "I loved my mama, and it was Mama's last wish that Booger be taken care of."

Brown wasn't able to take in the old dog because he doesn't have enough room in his home in St. Albans, W. Va. And he wasn't about to have her put to sleep.

"If I did that, Mama would come back to haunt me," he quipped.

Instead Brown arranged to keep Booger right where she had been since puppyhood, thanks to the generosity of Ridgeway, who also owns a funeral

Fast Facts

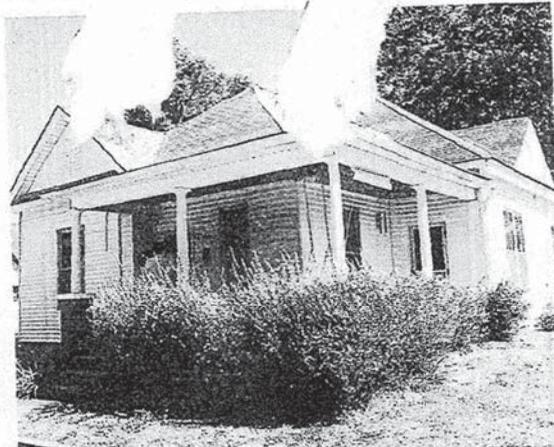
The largest legacy ever for a dog was the \$15 million New Yorker Ella Wendel left her poodle Toby in 1931.



FUR-REAL PALS: Booger gets a lift from landlord's son Brad Ridgeway.

ment doesn't concern me at all because she's very well taken care of," said Dr. James Lyons, Booger's veterinarian in Paris since 1990. "She probably gets more attention than a lot of dogs who live with families!"

— GWEN CARDEN



NICE DOGHOUSE: Booger lives alone in this spacious home in Paris, Tenn., but gets lavish care from friends.

home next door to the "doghouse." "I didn't have any immediate plans for the house, so I didn't mind," said Ridgeway. Booger's expenses —

which include \$50 a month for utilities, \$20 a month for food and \$150 annually for vet and grooming bills — are paid for out of funds left to Brown by his mother.

Booger can go out of the house into the fenced backyard through a doggie door. And she has plenty of company.

Brown's sister-in-law Kathryn Overcast, who lives nearby, comes by twice a day to walk and feed Booger. Ridgeway stops in once a day to pet and play with the dog.

Ridgeway's grown sons, his grandsons, funeral home employees and even their dogs lavish daily attention on Booger, who sleeps on a mattress in one of the bedrooms.

"Booger's living arrange-

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Happiness is being with good friends and laughing until it makes your whole body ache.

— Chrissi Mangrum, New Carlisle, Ohio

To me, happiness is doing something nice for others that makes you feel good about yourself.

— Tina Givens, Redondo Beach, Calif. 39

NATIONAL ENQUIRER

Yes, there once was a dog named Booger who lived in a six-room house all by herself. Yes, Booger was the only canine from Paris to ever be featured in *The National Enquirer*. So sit back and enjoy the tale...or should we say "tail"?

Booger was a "Heinz 57" doggie who belonged to the late Samalone Ramsey of Thompson Street in Paris. Samalone loved dogs and to her, Booger was family. As Samalone began declining in health, she worried about what would happen to Booger.

Booger was used to the good life. She had a fenced-in yard and two doggie doors that allowed her free access to her back porch and then into the backyard. A short, squat dog, Booger was obviously well-fed by Samalone, and she was used to being loved.

Leon Ridgeway, director of Ridgeway Funeral Home, picks up the "tail": "Samalone was in bad health in her declining years and our funeral home was across the street from her house. She expressed her desire that we take care of the house and she left a lifetime dowry to Booger so that Booger could continue living there with no expenses. So we purchased the house."

Samalone's son, Jack Brown, of St. Albans, West Virginia, said, "I loved my Mama and it was Mama's last wish that Booger be taken care of."

After Samalone died, Brown asked Ridgeway if Booger could stay in the house if Brown paid the utilities so Booger could be comfortable. "I said,

'Sure enough,'" Ridgeway recalled.

The Ridgeways purchased the house and after Samalone went to the nursing home and then later passed away, "that left Booger living there by herself," Ridgeway said.

That doesn't mean that Booger was lonely. Brown's sister-in-law, the late Kathryn Overcast lived on Aden Street, the next street over, and she visited Booger twice a day for extended periods, feeding her and sitting with her in the mornings and afternoons.

"I remember one day Kathryn was upset because Booger wasn't feeling well, so she sat with her for hours, reading newspapers and just watching over Booger," Ridgeway recalled.

Ridgeway, his son Brad, and the other Ridgeway employees also were frequent visitors to Booger's "palace."

Within the six-room home, Booger slept on a mattress and blanket that was placed in one of the bedrooms, and she always had a supply of food and water. She could spend the day sitting on the back porch or in the yard. "Booger had chairs in the backyard she could sit in anytime she wanted," Ridgeway said.

"Booger never attempted to get out of the backyard," Ridgeway said. But then, why would she? She had all the comforts of home.

How did Booger's story make the pages of *The National Enquirer*?

Ridgeway said at the time there was a mysterious man who lived in the neighborhood. "We kind of thought he

might have been in the witness protection program," Ridgeway laughed.

The man was very intelligent and talented, living in a basement apartment in the neighborhood. He showed up suddenly, never said where he was from and did odd jobs. Then just as suddenly, disappeared.

But before he left, he said he wanted to write a story about Booger. The man took several photos of the dog inside and outside of the house and one of Booger with Brad Ridgeway. He interviewed the Ridgeways, Brown and Booger's veterinarian, Dr. James Lyons, and sent off the story and the photos to *The Enquirer*.

And lo and behold, the article appeared in the June 29, 1999 edition of *The National Enquirer*, complete with photos of Booger in all her glory. They had fun with the article, giving it the headline: "Pooch Has A Howling Good Time Living Alone In Six-Room House."

Because the photo of Brad Ridgeway cuddling Booger was published, Brad then became the only man from Paris ever to appear in *The National Enquirer* as well.

"I can tell you this, that was the only time that *The National Enquirer* ever sold out in Paris," Ridgeway said. "And Brad got all kinds of calls from his college friends all over the country."

When Booger died, Ridgeway said, she was buried in the backyard of her home "and got the biggest funeral. We had three funeral directors there."

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What I Did On My Summer Vacation



By Karen Geary

School has begun for Henry County students and for many that means writing the dreaded essay assignment, “What I Did On My Summer Vacation.”

Some students write about summer camp, others describe their road trip to the beach or amusement park, while others find it difficult to put into words playing in the backyard with their friends or sleeping late. But for one industrious young lady, her essay will be an interesting read.

Allison Carter, an eight-year-old third grade student at Paris Elementary, had a lemonade stand. That may not seem unusual because lemonade stands are synonymous with kids and summer, but Allison had a special purpose for her “Allison’s Old-Fashioned Lemonade Stand” – raising money for Darkhorse Lodge, a retreat for combat veterans.

Allison, the daughter of Jana Ferguson and Chris Carter, got her idea for the lemonade stand from con-

versations at home. “Our family has had several members in the military,” Ferguson said. “We take a special interest in our military, and we had talked about the Darkhorse Lodge at home. She overheard us talking and started asking questions.”

Allison got on the computer and looked up the lodge on Facebook. On the page she read about United States Marine Lance Corporal Alec Catherwood who died in combat fighting in Afghanistan. She decided then she wanted to do something to help out.

“She’s a good kid with a good heart,” Ferguson said about her daughter. “I’m so proud of her. She’s always wanting to do for others.”

Allison and her mother called and met with Kirk and Gretchen Catherwood, Alec’s parents and founders of the Darkhorse Lodge, in their home and discussed the plans for the fundraising event.

“I was so humbled by her and her desire to help,” said Kirk about his

visit with the little fundraiser. “It was all her idea.”

Gretchen echoed her husband’s opinion, “For such a young child to do such a grand gesture for our veterans and first responders, I think she is a very special girl. Everyone could follow her example.”

The patriotic lemonade stand was set up on the Trolinger’s parking lot on East Wood Street during the Memorial Day weekend. High traffic to the business and numerous Facebook posts brought 300+ thirsty visitors to the stand. Allison also had donated baked goods for sale which were a big hit.

“Allison made the lemonade herself with a little help from me,” said her mother. “She and her brother manned the tent all day.”

Her brother, Brycen, had his tenth birthday shortly before the event, and he wanted to help his sister out. “He donated part of his birthday money to his sister’s fundraiser,” Ferguson said. When asked what she thought about

her brother's generosity, the quiet spoken Allison replied with a giggle, "It made me happy!"

Her efforts netted more than \$1,700 for the veteran's lodge.

"She even took the money to the bank and deposited it into the Darkhorse Lodge's banking account. She thought that was pretty cool," Ferguson said proudly.

Looking back on the event, Allison claimed that it was "a good idea" and that "other kids should do this, too."

Ferguson reflected, "As a parent, it makes me feel we are doing something right as parents. I hope Allison's lemonade stand will rub off on others and inspire them."

Gretchen Catherwood concluded. "This child gets it – the sacrifice made – and she's so selfless. She is very special and is going places in this world. I can't wait to see what great things are ahead of her."

Karen Geary begins her sixth year designing PARIS! Magazine and enjoys writing the occasional feature story.

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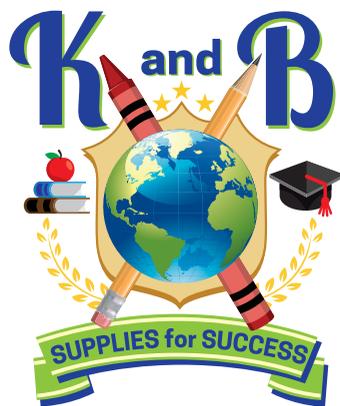
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DARKHORSE LODGE is a non-profit organization with 501(c)(3) recognition. This will be a retreat for combat veterans of all branches to come to rest, relax, fish on Kentucky Lake, enjoy area activities and communicate with others who have walked in their boots. There is no cost to guests.

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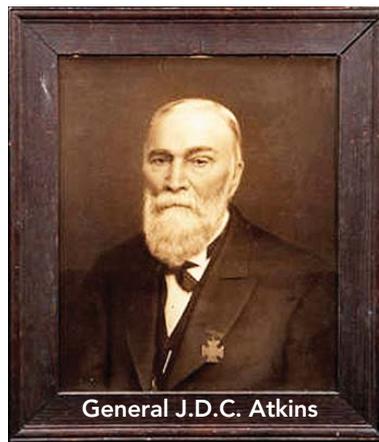
By Larry Ray

As part of his quest to help save our forgotten and often ignored history for future generations, Larry Ray is compiling a number of articles detailing the history of some local families during the Civil War. This is the twenty-fourth in the series.

Previous articles can be read online in the archives of MyParisMagazine.com.

A native of Paris, John DeWitt Clinton Atkins was an American politician who had a long and unusual career. He is credited by historians with being the only man in the 13 Southern States to have first served in the U.S. Congress prior to the Civil War; then served in the Confederate Congress at Richmond during the war; and then to have served several terms in the U.S. Congress following the Civil War. Before the war he also served in both houses of the Tennessee Legislature, having been elected to the House of Representatives and the State Senate.

Atkins was born at Manly's Chapel in Henry County, the son of John Atkins and Sarah Manly Atkins. He attended a private school in Paris



and graduated from East Tennessee University at Knoxville with honors in 1846. He studied law, and was admitted to the bar, but he did not practice, instead engaging in agricultural

pursuits. He married Elizabeth Bacon Porter on November 23, 1847. She was the daughter of Colonel William Porter. They had six children and belonged to the Cumberland Presbyterian Church, the forerunner of the present First United Presbyterian Church in Paris. After Elizabeth's death in 1887, he married Flora Crawford on June 24, 1890.

Manor House

The beautiful home of J.D.C. Atkins on Hudson Avenue in downtown Paris was built around 1854. It was called the "Manor House" and became known for entertaining on a grand scale. The home still stands and is one of the most prominent homes in Paris. It is presently owned by Fiona and Jim Jackson, who have done a wonderful

job of restoring it to its former glory. Atkins' daughter Clintie was married in the home to Dudley Porter, the son of Governor James D. Porter. As mentioned in a previous article, Dudley was killed in a pistol duel on the Court Square in 1888. Five years later, Dudley's widow married a Mr. L. Mathews in the same parlor of the home.

Before the war, Atkins was appointed a Brigadier General in the State Militia. For all his life he was referred to as General Atkins as a sign of respect.

From war to politics

J.D.C. Atkins volunteered for service at the opening of the Civil War and was elected Lieutenant Colonel of the Fifth Tennessee Regiment in 1861, which he helped to raise and organize. He was soon named as a delegate to the Confederate Provisional Congress in November 1861. He then was elected to the First Confederate Congress and was reelected in 1863 to the Second Confederate Congress. General Atkins remained in Richmond until a few days before the surrender, leaving on one of the last trains going south.

Just after the war ended, General Atkins became associated with *The Weekly Intelligencer* in Paris as the editor in December 1866. The paper soon became known as *The Paris Post Intelligencer*, and he remained as editor until 1870, when he and a man named Hamby became proprietors of the paper. He left the field of journalism in 1872 to re-enter politics when he was elected to Congress.

Atkins was elected as a Democrat to the 43rd and the four succeeding Congresses by Tennessee's 7th Congressional District, and then by the 8th Congressional District after reappointment. He served a ten-year period from March 4, 1873 to March 3, 1883. For eight years, General Atkins was a member of the Committee on Appropriations and four years as chairman, the place of responsibility second only to the Speaker of the House.

Atkins was not a candidate for re-nomination in 1882 and again engaged in agricultural pursuits near Paris. He was appointed United States Commissioner of Indian Affairs by President Cleveland on March 21, 1885, and served until June 13, 1888

when he resigned. During his tenure as commissioner, Atkins forbade use of Native languages in reservation schools, stating in 1887 that "instruction of the Indians in the vernacular is not only of no use to them, but it is detrimental to the cause of their education and civilization".

He was an unsuccessful Democrat candidate for U.S. Senator in 1888. He returned to agricultural pursuits and retired from active politics in 1898.

Admired and respected

Atkins lived in Paris after his retirement until his death on June 2, 1908 (age 82 years, 364 days). He died in his home after years of feeble health. His body was taken from the home in a grand procession to the City Cemetery where a large obelisk was later erected. His death was a sad shock to Paris, where he had lived so long and was greatly admired and respected.

All the businesses in Paris closed during the funeral and burial as a mark of respect. Several Confederate soldiers were pallbearers including Governor James D. Porter and Dr. Samuel



Inscription on J.D.C. Atkins' obelisk

H. Caldwell. There were also many distinguished guests in attendance including Dr. E. W. Grove.

General Atkins was always proud of being from Paris. He and his family made a significant impact on the community and several of his descendants still live in Henry County.

Larry Ray has had a lifelong interest in the Civil War. He is Executive Director of the Henry County Fair Association and past Executive Director of the Paris-Henry County Chamber of Commerce and Economic Development.



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Elizabeth Cronin watches as the balloons release at this year's Relay for Life event.



Governor Bill Haslam announces the 170 job expansion at Euro Group in Paris-Henry County. Mayor Brent Greer looks on. Photo courtesy Paris-Henry County Chamber of Commerce



Izzy Arthurs helps the kids with their 3-D art projects at the Lee Academy Art Camp conducted by Maggie Reynolds.



Ray Harding of Paris giving tours of the many historic sites in downtown Paris during Downtown Paris Week.

RIGHT: Members of the American Heritage Girls place flags at veterans' graves at Hillcrest Cemetery.





Little Dallas Bomar waves to the crowd as he drives an old International Tractor in the 41st annual Cottage Grove Freedom Festival parade. Photo courtesy Mike Wilson



John Bucy, Don Lancaster, and Don Ridgeway were all smiles at the 50th Reunion for Grove High School. Photo courtesy of Jean Owens



Chad Howard dishes up some "green eggs and ham" ice cream at the Downtown Paris Association's Ice Cream Social and Antique Car Show.



Kroger gas station attendant Bobby Barker played patriotic songs for grocery shoppers during the July 4th weekend.



Ethan Thompson, Avery McKee, and Samari Rack were recently picking up their class schedules at the Henry County High School open house.

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Cavitt Place

*Celebrating
100 Years*

By Shannon McFarlin

To say that Cavitt Place – the Italian Renaissance Revival mansion which now houses the Paris-Henry County Heritage Center – has seen a lot of living is an understatement.

As the home of Paris' first millionaire and his family, it has seen fancy teas, luncheons and properly-dressed servants serving dinner in the formal dining room. It has also been trampled through by soldiers and Camp Tyson contractors and pioneering workers with the Tennessee Valley Authority. And, as the home of the county health department, it was permeated with the smell of antiseptic and the sound of children receiving their shots.

This year the elegant mansion, one of the finest in Paris, if not the finest, is 100 years old. It clearly does not look it. The building has been well cared for through the decades. To commemorate the centennial of Cavitt Place, the Heritage Center plans a commemora-

tion in October with exhibits spotlighting the mansion's uses over the years. County Historical Society President David Webb said the commemoration will begin Sunday, October 23 with an opening of the exhibits, which will be on display for several weeks. Historical Society members and donors will be invited to a private preview on Saturday the 22rd.

The Cavitt Place that we all know and love is actually Cavitt Place II. The original structure was a Queen Anne Victorian mansion with a three-story round tower. The home caught fire around 1910 and was replaced, after years of design and construction, with the mansion we see now.

For decades, it was the home to the family of Colonial O.C. Barton, Paris' first millionaire. Barton, born on a farm in Cottage Grove, was an American success story. He was a merchant, owning the former Barton-Lasater Lumber Co., and invested his money

well. He was an early and prime investor in Grove's Chill Tonic and was vice-president of the Paris Medicine Company, which manufactured the tonic.

Barton also was a two-term mayor of Paris, a vice-president of Commercial Bank and Trust Company and a member of the board of trustees of Union University in Jackson. He was president of the Paris School Board, a member of the Board of Trustees at Baptist Memorial Hospital in Memphis and the Board of Trustees of the Southern Baptist Theological Seminary at Louisville.

When the original Cavitt Place burned to the ground, Barton was appreciative of the work the Paris Volunteer Fire Department did to try and save it. He bought each fireman a rubber coat, rubber boots, gloves and hats. Henry County Archivist Stephanie Tayloe said the items were the first pieces of equipment the volunteer firemen had owned.

Barton and his second wife, Tillie Cavitt, were philanthropists, building the former Cavitt Hall (the girl's dormitory at Grove School); Barton Hall at Union University; the Barton Building at the Baptist Orphan's Home in Franklin. And because they donated the land to the school, Barton Field was named for them.

When the present Cavitt Place was built, it was a real marvel, being fully electrified way back in 1916. It was built to include a formal dining room, library, study, sunroom, servants' quarters, a breakfast room, vestibule, butler's pantry, outside portico for carriages, and a carriage house. And rare for the time, it included one downstairs bathroom and three upstairs bathrooms. When the home was built, it was not considered good manners to use the bathroom when visiting someone, but the downstairs bathroom was installed, just in case someone needed one in an emergency.

The mansion was built with unique features: hand-painted murals on the walls in the dining room and wallpa-

per shipped from Europe. And one of the most interesting: the windows in the kitchen were placed high so that the servants could not waste any time looking out of them when they were supposed to be working.

Since the Heritage Center has been located in the mansion, many of its rooms are now named in honor of some of Paris' finest citizens, such as the VanDyck Gallery, Kesterson Hall, the Jelks Room and more.

After the deaths of both O.C. and Tillie Barton, the mansion was given to the Paris Ladies' Club. In 1941, the Women's Clubs of Paris petitioned the city to take over the maintenance of the building, but with the local economy still reeling from the Depression and WWII just beginning, the city rejected the offer.

During the war years, the Cavitt Place became headquarters for the contractors who were building Camp Tyson in Routon, which was America's only barrage balloon training camp. Over time, Cavitt Place also became the office of the Tennessee Valley Au-

thority in its early years, the health department and Carey Counseling until the title was turned over to the Heritage Center in the 1990s.

Restoration and repair work is ongoing now, thanks to a \$21,000 grant received through the Tennessee Historical Commission and fundraising by the Heritage Center. New signage has been placed in front and back, repair work has been completed to the historic front iron fence and gate, and a new handicapped-accessible entrance has been completed. Interior and exterior painting, and repairs to windows and front tiles also has been done, all of which is ensuring that Cavitt Place will continue to look good beyond its 100 years.

A special thanks to David Webb and Stephanie Tayloe for sharing their knowledge of Cavitt Place.

Shannon McFarlin is a freelance writer and author. Her book about the history of Camp Tyson has been published and is for sale locally and on the Internet.



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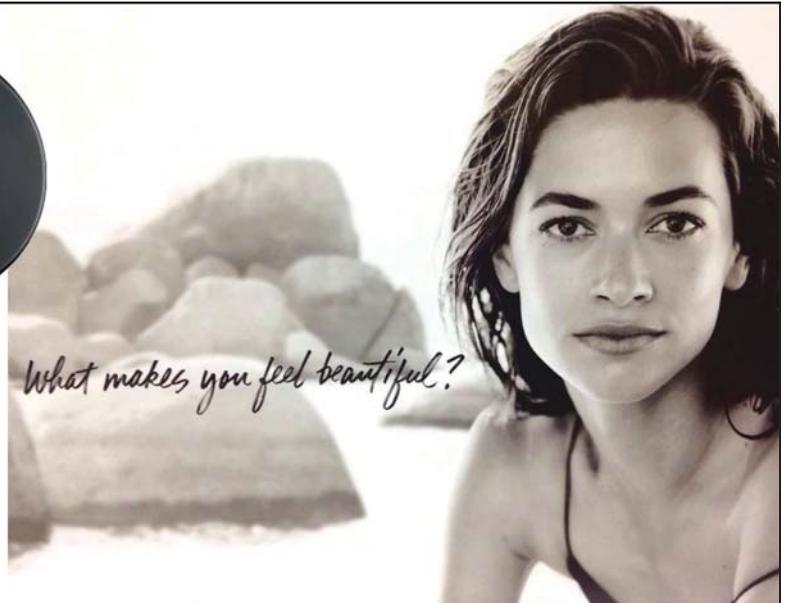


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WINDOWS OF PARIS



Resurrection

Stained Glass Windows of First United Methodist Church

By Shannon McFarlin

First United Methodist Church was reknown for its beautiful stained glass windows at its former location on Ruff Street. Today, the original stained glass windows are on display in various locations throughout the present day church on Blythe Street. The unique creations – three circular windows seven feet in diameter and several rectangular windows – were the centerpiece of the church.

They were resurrected from storage, with most in poor shape. Through painstaking efforts, the Laukhauff Stained Glass Studio of Memphis, the oldest glass studio in the Mid-South, restored them to their original beauty.

The windows took a circuitous route to their new home. They were located in the church's original two-story brick edifice in the early 1900s. In 1924, the church became property of the Church of Christ and the windows stayed with the building. The building was sold to the Elks Lodge in 1954.

The Elks Lodge moved to a bigger location several years later. Finding it difficult to maintain the building, the Elks members voted to demolish the building. Thankfully, the stained glass windows were placed in storage.

Meanwhile, the First United Methodist Church built its present facility in 1926, with woodwork constructed in the sanctuary by Clem Krider and Guy Presnell and with beautiful stained glass windows decorating the church.

The grandsons of Rev. Robert W. Cole, who was pastor of the church in the 1840s, donated the large stained glass window, "Christ, The Good Shepherd" over the entrance of the sanctuary in memory of their mother Mrs. Fannie Cole. The huge stained glass masterpiece depicts Christ in a beautiful garden surrounded by sheep with the open Bible at the top.

The bell from the original church on Ruff Street also was secured and is located inside the fourth floor entry.

The windows that were built into

the new building also have a story, patterned on French stained glass with certain colors standing for human qualities, according to sermons on the history of the windows that were prepared by Dr. Joseph Geary, former pastor of the church.

Like French cathedrals, the stained glass in the new church uses muted colors "to promote gentleness, peace, meditation and serenity", according to Dr. Geary. In the center of each window is a Christian symbol framed by a piece of Heraldic art: the lyre, the cross, the anchor, the grapes, the jar, the Ten Commandments, the palms, the Ark of the Covenant, and the dove.

Meanwhile, the original stained glass windows remained in storage.

Dr. Clarence Hare Jr., who was pastor in the 1980s, learned that the original windows were still being stored and became interested in finding out their condition and retrieving them.

Mary Alice Campbell, former church administrative assistant, said, "All of them were in pretty bad shape, some better than others." A decision was made to restore those unique windows to their former glory.



“Some of the windows were beyond repair, but parts of those were used to restore the windows that still could be saved,” Campbell said. The Laukhauff company was contracted for the restoration and their delicate work began, beginning with transporting the windows to their studio in Memphis where they could work on them. “They had a special truck they put them on,” for the round trip to Memphis and back to Paris, Campbell said.

The original windows were dedicated to members of the church. The large circular windows depict Biblical images:

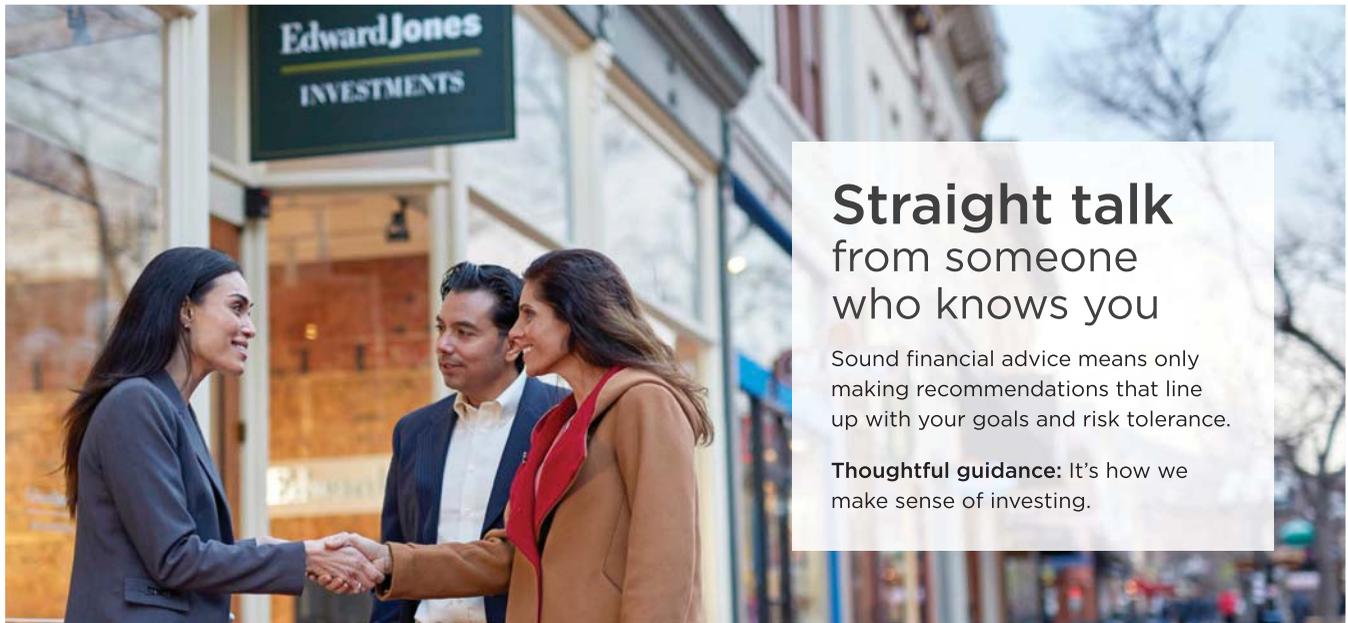
- The Easter Lilies, dedicated in appreciation of Dr. and Mrs. Clarence Hare, Jr. by Mr. and Mrs. Jim Adams, Mrs. Mary Alice Campbell, and Mr. and Mrs. Ken Morgan is located in the east vestibule of the sanctuary.
- Jesus Calming The Storm, dedicated in loving memory of The Rev. and Mrs. Edwin Sidney Harris by Mrs. Wayne Cox and Mr. and Mrs. Edward Nicholas in the sanctuary narthex.
- The Garden Of Gethsamane, in honor of Mrs. Barton E. Travis and



memory of Mr. Barton E. Travis by the Dr. David B. Travis family, in the west vestibule of the sanctuary.

- The rectangular windows were dedicated in honor of Franklin Goldston, Mrs. Virgil Garrett, Mrs.

Pansy Mayo, Mrs. Pauline Brown, Mr. and Mrs. Alex Irion, Sr., and Judge Ardell and Dorothy Cole. And, the Jim Cloar family dedicated one of the windows “In Memory of Those Past and In Honor of Those to Come.”



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Smithsonian Commission Brings Local Metal Artist and TCAT-Paris Together

By Susan Jones

In a shop building south of Paris, metal artist Stephanie Dwyer and a helper move a 12-foot long, iron rod from the forge to a workbench. At 2500 degrees, the metal glows red-hot leaving no room for error. Standing on the workbench, her assistant bends the rod ever so slightly and peers toward the artist. She tilts her head to the left in a gesture, which he has learned to interpret. He bends it a fraction more. Dwyer smiles and nods as he quickly begins to work another section before it cools and becomes rigid.

To the artist this was not merely a piece of metal; it was one of dozens of tree limbs that soon would be transported to the National Museum of African American History and Culture, the newest addition to the Smithsonian Institution in Washington, DC. The final product? An enormous bottle tree that “reaches out to visitors like a big hug,” said Dwyer.

Once popular in African villages, superstition held that evil spirits were enticed into the bottles at night and forever trapped. That belief made its way to this country with slaves who continued to create the eye-catching designs.

Evolution of the bottle tree

“That’s the beauty of this tree,” said Dwyer. “It’s a historic icon. Instead of being in a garden, it’s in a place of great importance that acknowledges where it came from.” The artist’s 14’ tall by 12’ wide interpretation of this art form graces the entrance to the museum’s

cultural exhibit, which is slated to open in mid-September.

The project took six years from Dwyer’s first meeting with the original curator to its installation in late June of this year. But the artist didn’t create this piece alone; she took friends along on her journey, including Keith Townley, general metals instructor at the Tennessee College of Applied Technology (TCAT) and several of Townley’s students.

Dwyer formed a relationship with the TCAT soon after she arrived in Henry County in 2014. “My plasma cutter was on the fritz,” she said. “I thought it was too bold to ask

to use their equipment, but I called anyway. They invited me to come to the school and cut what I needed,” she said. But they weren’t ready for what they saw.

“After watching Stephanie, we were all amazed,” said Townley who has taught for 12 years and welded professionally for 36 years.



Stephanie Dwyer

Keith Townley



TCAT student Trevor Phillips applies finishing touches to a branch of the bottle tree.

“We deal in precise measurements and detailed drawings. Stephanie draws her plans out with soapstone and starts cutting,” he laughed.

The Smithsonian project was of special interest to Townley, who felt it was not only great training for his students, but also brought his career full circle. In 1989, he designed and built a pair of spiral staircases at the Smithsonian’s Air and Space Museum. He also built the Flag Display and the Eternal Flame Display for the Holocaust Museum.

Exceptional partnership

Dwyer and Townley make an exceptional team because one possesses the creative vision while the other is skilled in the technical aspects that are required for a project of this magnitude. “The folks at the Smithsonian are very detailed,” said Dwyer, who admitted that the job had been a nightmare early on because her brain “had to keep switching modes. Meshing art and the technical part is terribly difficult,” she said. And that’s where Townley and TCAT-Paris came in.

“Keith was the interpreter who could talk to the museum’s structural

engineer about how the tree would be installed and supported. I told him, ‘I’m on the tree, Keith. You speak the engineer’s language so you take care of that part.’” But Townley did Dwyer one better.

When the Dwyer asked for help from Townley’s class, the instructor handpicked her welders. Tyler Pole was one of those students, and he found the job to be unlike anything he had ever experienced. “I’ve worked on cars all my life, and I can do some little stuff without plans, but she makes something that is huge without even figuring it out first.”

As he spoke, a sly smile broke on Dwyer’s lips. “I figure it out, but it’s not on paper; it’s up here,” she said, tapping her head.

Not only were the students amazed that she could create designs in her head, they were astonished at the process. “I had never tried forging until I worked on that first tree. But over time, I got to watch that tree come into form. I watched raw material turn into art,” said Pole.

Student James Thompson also helped on the project. He thought he understood Dwyer’s work, but

soon realized that was not the case. “I knew the principal behind forging, but I’d never done it. I’d seen a farrier make a horseshoe, but I’d never seen anyone forge a 12-foot long trunk for a tree that’s curved everywhere.” But Thompson said that he went to Dwyer’s shop with an open mind, “because that’s how you work good with others. You have to adapt.”

Making a difference

“They had a lot of patience and they were open to everything,” said Dwyer, who sounded like a proud parent as she discussed the TCAT students and their participation in this significant project.

For Townley, that was perhaps the most important feature of the partnership. “We couldn’t see what Stephanie was doing because it was art, so it was in her head, but that’s what made it such good training for my students. I’m 99 % sure that these guys won’t be metal artists, but they’ve learned a lot from her, plus they can put on their resumes that they worked on a Smithsonian project,” said Townley. “She’s taught us all a lot of things; I’m glad we got on board.”

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Chamber of Commerce
Person of the Year

Jerry Pearson

By Shannon McFarlin



Whenever someone is named Person of the Year at the annual Paris-Henry County Chamber of Commerce banquet, there usually is a good backstory about how his or her loved ones were able to wrangle them to the banquet – and keep it a secret in the process.

Jerry Pearson's story is no exception. Jerry's wife of 42 years, Willie Ruth, achieved it masterfully this year. With the entire Paris Police Department in on the secret, she had a lot of help. As Jerry Pearson said himself, "Willie Ruth pulled it off like a champ."

Anyone who knows Pearson knows that he is a modest, humble man, not given to attention and awards, so the master plan had to be accomplished with kid gloves.

Knowing how busy he was, Willie Ruth had her work cut out for her in getting him to the banquet. She told him that she would be accepting an

award for Commercial Bank and Trust, where she has worked for years, at the event. She also told him that because there would be people there taking photos, she wanted Jerry to dress extra sharp for the banquet.

"She told me that she wanted us to have our picture taken all dressed up, since we don't have many of those," Jerry said. "She always wants current pictures of us, and we hadn't had a dress-up picture taken for a while."

When the Pearsons arrived at the banquet, they sat at a table at the front marked with their last name, but Jerry still thought that was because Willie Ruth was accepting an award. "But then, I saw that Commercial Bank had a separate table and I kind of wondered about that. And Ruth's brothers were at the table with us, but I thought they were there for Ruth."

Most everyone from the Paris Police Department was at the banquet, seated at two tables at the other end of

the room. Police Chief Chuck Elizondo said the department was in on the secret and appeared en masse to show support for Pearson. "I told everyone we had to play it cool when we saw Jerry and not to talk to him too much before it was announced. I didn't want Jerry to get a hint," Elizondo said.

Pearson said he thought it was unusual when he saw so many of his former fellow officers seated together at the banquet, but figured one of them was going to be receiving an award.

He didn't start piecing the pieces all together until last year's Person of the Year, Mark Johnson, began reading his introduction.

"He started talking about the person this year worked at the Paris Police and then he got to the part about youth football and I thought, 'Oh gosh, he's talking about me,'" Jerry recalled. "Then I noticed that Ruth had brought her iPad and she kind of pulled away from the table and pointed the camera

toward me and I really knew what was going on then. The whole thing was a big surprise. It was really, really nice.”

The Person of the Year has been awarded by the Chamber since 1961 and Pearson was added to the long list of distinguished persons at the 66th annual banquet on June 24.

Like most other Persons of the Year, Pearson has a lengthy span of service to the local community. He retired from the Paris Police after 32 years but has continued working – full-time, no less – as the security guard for the Social Security office in Paris. Perhaps his most lasting legacy will be the time he has spent as a coach for the local Youth Football League.

A 1971 graduate of Henry County High School, Pearson worked at Holly Carburetor for a few years and then joined the Paris Police in 1975. Beginning as a patrolman, he was promoted up the ranks to corporal, sergeant, then patrol lieutenant. He also was in the National Guard from 1971-1976.

His biggest passion has been the time he has spent working with the youth football league. Pearson played



Jerry Pearson thanks the audience at the Chamber banquet after being chosen Person of the Year. Outgoing Chamber president Tony Lawrence looks on.

football while in high school and he attends all the Patriots’ football games “I love all sports, but my real passion is football,” he admits.

Pearson became involved with the youth league when their son, Delvin, was nine years old. Pearson started as an assistant coach and is now the head coach of the Raiders Football Team in the Youth Football League. “This is

my 29th season of being involved with that and I just love it,” he said.

Pearson said, “I try to make it fun. It can’t be like a job for them. Hard work will create true and valuable results, but I want it to be fun for them, too.”

Young boys need good role models – especially these days – and Pearson said the coaches really become a part of the kids’ lives. “You have no idea how rewarding it is. We try to make a connection with this kids and I try to teach them life lessons and how it carries them a long way. It’s all about building good character,” he said.

“There is nothing more satisfying than having one of your players come to you as an adult and thank you for everything you did for them.”

Pearson and Willie Ruth were high school sweethearts before they married and their son, Delvin is now 38 and raising his family in Virginia. They have two granddaughters, Iyana, 16, and Laiah, seven.

“I’m not a guy to tear up and I didn’t at the banquet, but if there’s anything that can make me tear up, it’s those grandkids,” Jerry boasts.

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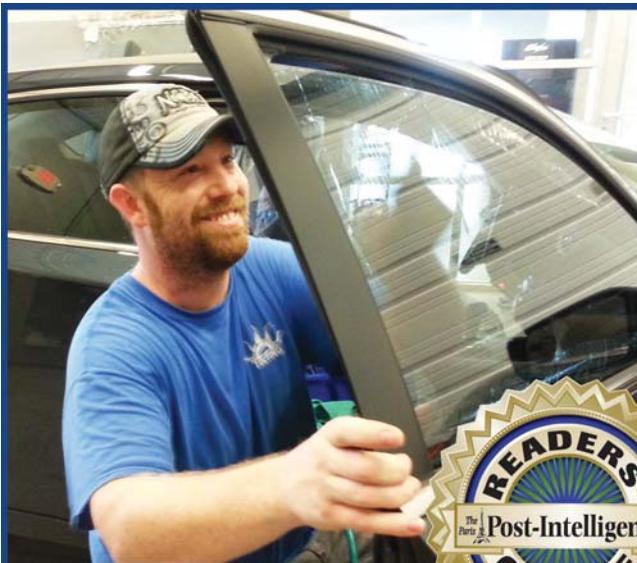
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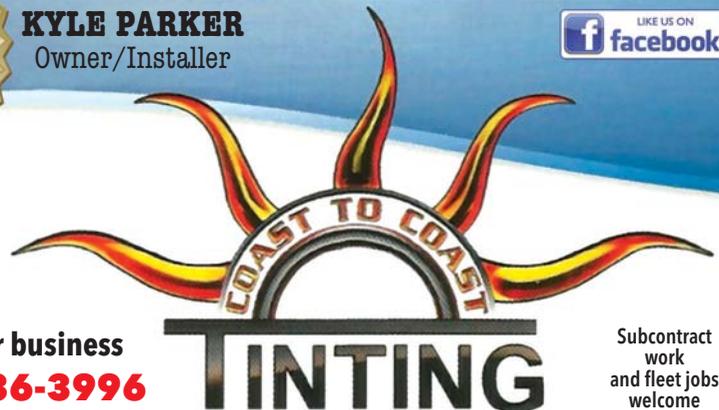
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College Presidents from Paris

By Shannon McFarlin

Many local history lovers know that Paris is the home to three of Tennessee's governors, but how many also knew that we served as the cradle for five university presidents and one chancellor? Their fortunes took them far and wide, but they all had their beginnings right here.

Thomas Dunbar Jarrett became the president of Atlanta University; Mordecai Johnson was the president of Howard University; Joe Morgan was president of Austin Peay University; Cecil "Sonny" Humphreys was the president of Memphis State University and Suzanne Richter was acting president of Florida Gulf Coast University. Then there was Larry McGehee, who served in various esteemed roles for universities, including chancellor at the University of Tennessee at Martin and vice president for Wofford College.



Thomas Dunbar Jarrett

ACTING PRESIDENT
Atlanta University, 1967
PRESIDENT (7th), Atlanta
University, 1967-1977

Jarrett, who was known as "Dunbar," was born in 1912 and was born into a rather illustrious family. His brother, Vernon Jarrett, was a famous journalist, working for both the *Chicago Sun-Times* and *Chicago Tribune*. Vernon also was the former father-in-law of President Obama's advisor Valerie Jarrett.

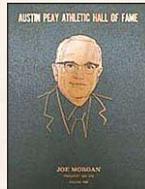
Both of their parents were educators: their father, William Robert Jarrett, was principal at the Henry County Training School and their mother, Annie Sibyl Jarrett, was a third grade teacher at the training school. Both parents are buried in Greenwood Cemetery in Paris. "They were fine

people," according to Roland Atkinson of Paris, who also taught for both the former Training School and in the Paris Special School System.

Jarrett began his tenure at the university in 1947 as a professor of English and steadily progressed to be the chair of the English department, then dean of the School of Arts and Sciences.

Jarrett is credited with expanding the university's academic offerings, with new doctoral departments being established in areas that were important to him including Afro-American Studies, Special Education and Urban Education.

Jarrett received his undergraduate degree from the former Knoxville College, then moved on to Fisk University in Nashville and the University of Chicago for his graduate degrees. Jarrett died in the year 2000.



Dr. Joe Morgan

PRESIDENT (4th)
Austin Peay (College)
University, 1963-76

During a period of student unrest nationally, Joe Morgan guided Austin Peay through local turmoil and did away with many of the restrictive policies the university had for students, especially female students.

Dr. Morgan had been a principal at Buchanan School and superintendent of Henry County Schools. He received his bachelor's degree from Murray State University and his master's and doctorate from Peabody College in Nashville.

Morgan presided over Austin Peay's transition from a college to a university in 1966. He was a leader in the athletic department at both Austin Peay and the Ohio Valley Conference and he was elected to the Ohio Valley Conference's

very first Hall of Fame in 1977.

Under Morgan's guidance, Austin Peay doubled in size, with the faculty size doubling and the budget quadrupling. Most of the buildings on campus today were built during his tenure. The University Center on campus was named for Morgan.

He had an illustrious career, which included a stint as the Tennessee Commissioner of Education before he arrived at Austin Peay. He died in 1988 in Nashville.



Dr. Cecil Humphreys

PRESIDENT
University of Memphis,
1960-72

Dr. Cecil "Sonny" Humphreys had an extremely interesting career. He was a star football player for the University of Tennessee, an FBI agent in San Francisco, a member of the Naval Reserves, university athletic director and an educator.

While a student at the University of Tennessee, Humphreys played football three years in the 1930s under the legendary Volunteer Coach General Robert Neyland and was written about in *Sports Illustrated*.

The lengthy obituary for Humphreys printed in the *Commercial Appeal* in 1995 notes that he guided the University of Memphis through a period of turmoil and riots on campus and in the city. According to the obituary: "The record speaks eloquently. During his 12 years as president of MSU, from 1960 to 1972, the constant theme was growth: the student body, from 5,427 to more than 20,000; the campus, from 56 acres to more than 1,000; the budget, from \$3.4 million to \$31.5 million. He launched the law school, college of engineering and bureau of business

research. Humphreys succeeded because he was deeply committed to the university and its city – and because he was very, very good at what he did.”

Humphreys received an undergraduate and master’s degree from the University of Tennessee and his doctorate from New York University. He was a history instructor at Memphis State and served as a FBI special agent in 1941 to 1944 and 1946-47. Returning to Memphis State, he was athletic director, assistant to the president and coordinator of public relations before being named president in 1960.

Humphreys was considered a possible candidate for governor and was also approached to run for Memphis mayor. He rejected both offers in favor of education.

As the State Board of Regents chancellor, Dr. Humphreys guided six regional universities and nine community colleges, including Memphis State University and Shelby State Community College. He became president emeritus after he left the MSU chancellorship in 1975 and received an honorary doctor of laws from Rhodes College and honorary doctor of philosophy from Christian Brothers University.

Perhaps important to people from Paris, Humphreys was on the Grove High School undefeated football team of 1929. Humphreys was inducted with the first class of the Henry County Sports Hall of Fame in 1994. He died in 1995 and is buried in Memphis.



Dr. Suzanne Richter

ACTING PRESIDENT
Florida Gulf Coast
University, 1960-72

Before becoming acting president, Dr. Suzanne Richter had been the provost of the then-new Florida Gulf Coast University and had helped to make the university a success. That was after she had been the dean of the Wolfson Campus of the Miami-Dade Community College.

The former Suzanne Looney is an alumnus of Grove High School, earned her bachelor’s degree from David Lipscomb College, her master’s from Florida State and her Ph.D. from

the University of Florida. She and her husband, Winston, were both professors at Miami-Dade, and she became dean of the Wolfson Campus, where she worked on the development of the “most significant, truly urban and multi-ethnic and cultural institution in the country,” she said.

She was then recruited to be the academic vice-president (provost) for Florida Gulf Coast University. She was hired at the beginning of the university and her job was to design the curriculum, hire deans, support the hiring of faculty, design classrooms that were the best technologically equipped in the country, build the first buildings, design the athletic program, and connect with the surrounding counties and schools. “It was a very exciting experience,” she said.

Richter said after the president of the university left after five years, she assumed his position as acting president. “I informed everyone that I was not staying and not competing for the job,” she said. “I stayed until a new president was hired.”

She and her husband already had planned their retirement at that point and the couple settled back in Paris “to begin yet another phase of my life.”

Since returning to Henry County, she has been active in restoration of the Lee School into the Lee Academy of the Arts, as well been very involved with the Paris-Henry County Heritage Center, Henry County Historical Society and other local organizations.



Dr. Mordecai Johnson

PRESIDENT (1st)
Howard University,
1926-60

Dr. Mordecai Johnson, who was featured in an article in the winter 2016 issue of *PARIS! Magazine*, began his life in humble surroundings in Paris. During his storied career, he was featured in *Time Magazine*, was influential in the Civil Rights Movement and an advisor to U.S. presidents.

Before that, Johnson was raised in a small home in Paris and was born to former slaves. His father Rev. Wyatt Johnson was the minister at Mt. Zion Baptist Church in Paris and his mother

was Carolyn Freeman.

With the help of local benefactors, Johnson was sent to Roger Williams University in Nashville at the age of 13. Later, he graduated with honors from Morehouse College in Atlanta. He received his second bachelor’s degree from the University of Chicago, a divinity degree from Rochester Theological Seminary and his master’s degree from Howard University. During his career, Johnson received the NAACP’s highest honor, the Springarm Medal.

Johnson returned to Paris over the years, speaking to local churches and the Paris Civic League. Johnson Park is named for him and his portrait hangs in the Henry County Courthouse. In 1976, he died in Washington, D.C.



Larry McGehee

CHANCELLOR,
University of Tennessee-
Martin, 1962-70

Larry McGehee’s lifelong love affair with words led him to write books and a nationally-syndicated column called “Southern Seen.” McGehee was described by his colleagues as a lover of the classics and received a Bachelor of Arts degree from Transylvania College in 1958.

McGehee was also an ordained minister and received his bachelor of divinity, master of arts and doctoral degrees from Yale University.

His education career began as director and assistant vice president of university relations at the University of Alabama in 1966. In two years he rose to be executive assistant to the president, and finally to executive vice president, a position he held from 1969 to 1971. He left the University of Alabama as the academic vice chancellor to become chancellor at the University of Tennessee at Martin before resigning to become the fourth executive administrator of the University of Tennessee at Knoxville from 1971 to 1979. He left the university in 1982 to become the vice president of planning, marketing, & evaluation at Wofford College in Spartanburg, S.C.

He often returned to Paris to visit and for speaking engagements. McGehee died in 2008 in South Carolina.



It's Coming Again

REST FOR THE SOUL

By Rebecca Griffith

In 2014, Enough Grace Ministries, based in Paris, hosted its first Rest For the Soul Ladies Retreat. In October of this year, the ministry will host its second Rest For The Soul Retreat. Event dates are October 21-22, 2016 at Paris Landing Convention Center.

Candise Farmer, founder of Enough Grace Ministries, recently said, "Many women today find themselves under spiritual attack. Time and time again it seems as if we are fighting a losing battle. Fatigue, discouragement and apathy are plaguing so many women. As a matter of fact, we all are longing and needing to be spiritually recharged and rejuvenated." Farmer added, "I'm very grateful that Jesus, in Matthew 11, promises 'rest for our souls'."

This year's featured speaker will be Stormie Omartian, the best-selling author and speaker whose award-winning *The Power of a Praying* series has sold more than 34 million books worldwide. The series includes *The Power of a Praying Wife*, *The Power of a Praying Parent*, and *The Power of Praying for Your Adult Children*. Omartian's latest book, *Out of the Darkness*, has just been released.

Stormie Omartian states, "I was raised by a mentally ill mother who was very abusive and kept me locked in a closet for much of my early childhood. My dad was gone a lot working long hard hours just to eke out a living. When he was home he was exhausted and passive, and I didn't feel he was there for me as a protector from my

mother. As a result, I grew up with a lot of depression, fear, anxiety, anger, feelings of hopelessness, helplessness, futility, and rejection."

"By the time I was in my twenties, I was still locked in a closet emotionally. I tried everything I knew to get out of that closet of pain. I drank impressive quantities of alcohol, took dangerous amounts of drugs, went deeply into eastern religions, the occult, and unhealthy relationships. But these things gave me nothing more than a temporary relief, after which I was worse off than before."

Stormie prayed to receive Christ in a pastors' office. She says that at that point, "I noticed a difference in my life. I had a feeling of peace, of being cleansed from all my past failure, of

starting over with a clean slate. And I felt love, joy and hope for the first time. I also had a growing sense of purpose, and I began to see a future for my life. As I grew in God's Word, I learned to walk in His way."

Paris native Betsy Craig Caswell will be leading the worship for the retreat as in 2014. Betsy is no stranger to Paris and Henry County. Her musical roots run deep into Western Tennessee, where she sang in her family's band, Special Request, and the Henry County High School Madrigals. Betsy oversees music and worship at Milestone Church in Keller, Texas.

Other speakers will include Nancy Bramlett, whose late husband, former all-pro football standout John "Bull" Bramlett, was known as the meanest man in professional football. Nancy's testimony portrays the amazing grace of God as He sustained her during their turbulent marriage.

Mona Brown will also be taking the platform at this year's Rest For The Soul Retreat. Raised in a preacher's home, Mona developed a sincere love for the church of God early in life. To-



STORMIE OMARTIAN
Featured Speaker

day she travels across Middle America offering a captivating message laced with wit and character.

A mini-conference, SPOKEN FOR, will be offered for gals 13-18 years old. Becky Salinas will lead the sessions. Salinas was born in Cochabamba,

Bolivia. As a young girl, Becky came to know Jesus as her Savior at the age of 12. Salinas claims, "The hardships of moving several times at a young age and challenges in life allowed me to meet God for who He really is." Local praise and worship leader, Lydia Shoemaker, will also be ministering to the young ladies.

"We are certain God's Word is the barometer, instructional manual, love letter, and guide for our lives. Whether we are headed into a storm, coming out of a storm, or can't seem to find our way through the storm we are in, God desires for us to know that peace can be found in Him," Farmer claims.

Enough Grace Ministries invites all women and girls to Rest for the Soul, October 21-22 at Paris Landing Convention Center.

More details and online registration are available at the event website, rest-4thesoul.com.

Downloadable registration sheet may be printed and mailed to Enough Grace Ministries, P.O. Box 502, Paris, TN, 38242. Seating is limited - early registration is encouraged.

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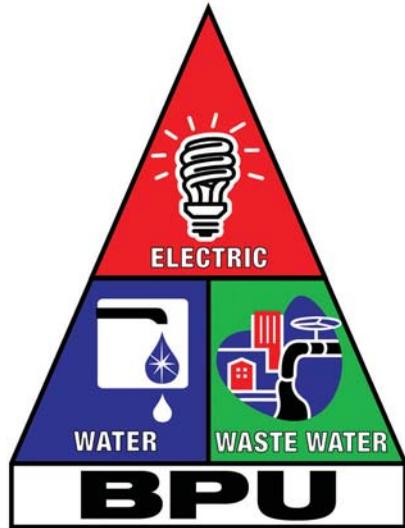
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Breast Cancer

NOT Just A
WOMAN'S
DISEASE

By Angie Gregson Dotson

October of every year is Breast Cancer Awareness Month. There are approximately 207,000 cases of invasive breast cancer in women diagnosed each year. What you might not know, although rare, men develop breast cancer, too. For men, the lifetime risk of getting breast cancer is about 1 in 1,000 according to the American Cancer Society. Breast cancer cases in men have been fairly stable over the last 30 years, yet men often discover the disease at a more advanced stage.

Breast cancer is the most common cancer among women in the United States, other than skin cancer. It is the second leading cause of cancer death in women after lung cancer. It is no wonder that it gets so much public attention and with good reason.

Each year, approximately 40,000 women will die from the disease, according to the American Cancer Society. The Society goes on to say, "The chance of a woman having invasive breast cancer some time during

her life is a little less than 1 in 8. The chance of dying from breast cancer is about 1 in 35. By comparison, the chance of dying in a motor vehicle accident is 1 in 113, according to the National Safety Council. Breast cancer death rates have been going down. This is probably the result of finding the cancer earlier and better treatment. Right now there are more than 2½ million breast cancer survivors in the United States."

Although women are considerably more likely to develop the disease, men have breast tissue that can undergo cancerous changes, as well. Male breast cancer is most common for men between the ages of 60 and 70, according to Mayo Clinic.

The breast is comprised mainly of fatty tissue. Within this tissue is a network of lobes, which are made up of lobules (tiny, tube-like structures) that contain milk glands. Tiny ducts connect the glands, lobules, and lobes and carry the milk from the lobes to the nipple. Blood and lymph vessels

run throughout the breast; blood nourishes the cells, and the lymph system drains bodily waste products. Although women have more breast tissue in general than men, the make up of the tissue is the same.

The main types of breast cancer are the same for men and women. About 90% of all breast cancers occur in the ducts or lobes, with nearly 75% being ductal carcinoma (cancer that begins in the cells lining the milk ducts). Approximately 30% of male breast cancer cases are lobular carcinoma (cancer that begins in the lobules) that is found in both breasts, sites the American Cancer Society of Clinical Oncology.

No matter which type or specific location of the cancer, men often discover the disease at a more advanced stage, due to the smaller amount of tissue as well as the lack of awareness and knowledge about the disease process. Women learn at an early age the importance of monthly self exams and mammograms every year, while most

men are not aware that they could have the disease.

Knowing the signs and symptoms of breast cancer may help save someone you love or your own life. The earlier the disease is discovered, the more treatment options and better chance of recovery there is. The most common symptom for both men and women is a lump or thickening in the breast. Often the lump is painless. Other male breast cancer symptoms include skin dimpling, development of a new retraction or indentation of the nipple, changes in the nipple or breast skin, such as scaling or redness, or discharge from the nipple, according to the Mayo Clinic.

Also, knowing if you are at risk will benefit you. Risk factors include a family member with breast cancer (male or female), chronic liver disorder, alcoholism, obesity, high estrogen levels associated with genetic conditions (such as Klinefelter's Syndrome), or simply getting older.

The diagnosis and treatment process for men and women are also vir-

tuality the same as are the staging system and patterns of how the disease spreads. A mammogram is usually the primary tool for diagnosis. However, if there is a limited amount of breast tissue then an ultrasound could be performed on the area in question. If a tumor is detected, then surgical intervention is the next likely step, possibly followed by chemotherapy, radiation, or hormone therapy. The best treatment plan for each individual will be determined by the patient and his physician.

Breast cancer in men is rare, but it can happen. Make sure you know the warning signs and share the information with the other men in your life, especially those that are at risk. It may seem awkward and uncomfortable, but if you can save a life, it is certainly worth the effort.

Here's to your health!

Angie Gregson Dotson, RN, BSN, is employed at West Tennessee Bone and Joint Clinic in Paris.



Normal male mammogram

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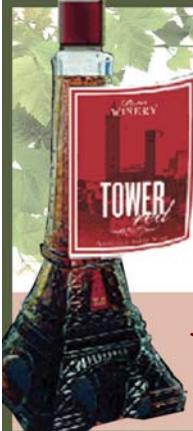
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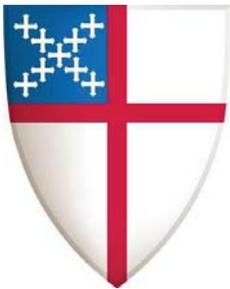
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The Power of FOOD

By Annie Mayoza Holmes

Annie Mayoza Holmes is the gluten-free blogger behind the website Maebells. She is a Henry County native who has a passion for revamping classic Southern dishes into lighter, healthier, gluten-free fare. To see more from Annie, visit her website, www.maebells.com.

I firmly believe in the power of food. I believe food has the ability to change your mood, nourish both mind and body, lift your spirits, evoke memories, and soothe your soul.

We even display our emotions through food. For example, when I make mashed potatoes it is almost always because I am homesick. I miss my mom, so I make her mashed potatoes. It makes me feel better. Or like the way my husband cannot taste chocolate pie without thinking of his grandmother. Food isn't just the components of a meal, it is part of our story.

I am sharing our favorite Cheesy Chicken and Rice with you. This dish is comfort food at its finest. My husband has celiac and has to follow a gluten free diet and for a long time it was very difficult to find foods he really enjoyed.

One night, years ago, I made this on a whim. I shredded the chicken, cooked the rice, made a homemade cream of soup, threw in some sour cream and cheese and hoped for the best. My husband took one bite and the smile on his face just grew wider and wider. I will never forget that. Something so very simple, just a meal, a basic casserole that nearly everyone else in this world would take for granted but him – we had struck gold.

That is the power of food.

So, tonight as you rush home to make dinner for your loved ones remember it isn't just dinner. It might be the meal your kids crave when they are homesick or it could be the meal they feed to their kids someday. It could be the meal that becomes part of their story.

And that my friends, is the power of food.

CHEESY CHICKEN & RICE CASSEROLE

INGREDIENTS

- 1 pound chicken breast, shredded (3-4 cups)
- 1 cup uncooked rice
- 3 cups chicken broth
- 1 cup sour cream
- ½ teaspoon garlic powder
- ¼ teaspoon onion powder
- salt and pepper to taste
- 2 tablespoons butter
- 2 tablespoons Gluten Free Bisquick
- 2 cups shredded cheddar cheese

INSTRUCTIONS

1. Preheat oven to 400 degrees.
2. I use my small crock pot to cook my chicken. I just put it on low before work and it is done when I get home. Alternatively, you can bake it on 400°F for 25-30 minutes covered. When chicken is cooked, shred and set aside.
3. In a small saucepan bring two cups of chicken broth to a boil, pour in rice, simmer on low until all liquid is absorbed.
4. In a large mixing bowl combine shredded chicken, rice, spices and sour cream together, set aside.
5. In the same small saucepan you used for the rice, melt two tablespoons of butter over medium heat. When it is completely melted and bubbling, add two tablespoons of flour, stir mixture and let it simmer for about one minute, stirring occasionally.
6. Slowly pour last cup of chicken broth into the flour mixture, stirring as you go.
7. Let your cream of soup simmer for a couple minutes until the mixture thickens. This usually takes me 3-5 minutes.
8. When mixture is thick pour it into the mixing bowl with the rest of your ingredients.
9. Add in ½ cup cheese, stir well and pour into greased baking dish.
10. Top with remaining cheese and bake for 25-30 minutes.

GOUDA GRITS WITH SHRIMP AND CRISPY SPROUTS

INGREDIENTS

- ½ pound peeled and deveined shrimp
- 1 teaspoon garlic powder
- 1 teaspoon oregano
- ¼ teaspoon cayenne
- ¼ teaspoon garlic salt
- 1 cup Brussels sprouts, very thinly sliced (about 6-8 sprouts)
- 1 teaspoon olive oil
- 2 cups chicken broth
- ½ cup yellow corn grits
- 2 ounces reduced fat cream cheese
- ⅓ cup Gouda cheese
- ⅓ cup shredded sharp cheddar
- 2-3 tablespoons chopped green onions
- 2 slices bacon, chopped



INSTRUCTIONS

1. In large skillet, cook two slices of bacon over medium heat until crisp, remove bacon and roughly chop.
2. Wipe skillet clean, add 1 teaspoon of olive oil and add shredded sprouts.
3. Cook, stirring occasionally for approximately 3 minutes until the sprouts are lightly browned and crispy.
4. Remove from heat and set aside.
5. In medium to large saucepan bring chicken broth to boil, add grits and reduce heat to low. Cover and let grits simmer 7 minutes, stirring occasionally.
6. When grits absorb liquid add cream cheese, cheeses and salt and pepper to taste.
7. Stir mixture well, cover and remove from heat.
8. Place shrimp in large plastic bag or mixing bowl, add garlic powder, oregano, cayenne, and garlic salt. Toss until well coated.
9. Heat olive oil in large pan over medium high heat. Add shrimp and cook 3 minutes on each side or until shrimp is pink and tender.
10. To assemble, add heaping serving of grits to two shallow bowls. Top with shrimp, chopped green onions, chopped bacon and additional pepper.



COUNTRY HAM & JALAPENO PUFFS

INGREDIENTS

- 1 cup Gluten Free Bisquick
- ½ cup cornmeal
- 2 teaspoons baking powder
- ¼ teaspoon pepper
- 1 cup diced country ham
- ½ cup shredded sharp cheddar
- 2 eggs, beaten
- 1½ cups buttermilk
- 2 fresh jalapeños, seeded and diced

INSTRUCTIONS

1. Preheat oven to 350°F.
2. Dice country ham, place in small baking pan and put in oven while it is preheating.
3. In mixing bowl combine flour, cornmeal, baking powder, and pepper. Give it a good stir until everything seems mixed well.
4. Add cheddar, eggs, buttermilk, and diced jalapeños.
5. Take country ham out of oven. Drain off any liquid, and add ham to batter. Mix well.
6. Grab two greased muffin tins, put heaping spoonful in each cup.
7. Bake 20 minutes until golden brown.



Does it seem the pace and pressures of life are draining you of your passion and purpose for living? Do you feel as if your spiritual tank is running low? If so, wouldn't you join us, dear friends, for the Enough Grace Ministries Ladies retreat? Renewal awaits you! Jesus promises rest for our souls!

Candise Farner, Founder of EGM



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The Science of Gardening

By John Watkins

Gardening is often described as an “art”. It also takes a lot of sweat, hard work, and dirt under the nails in order to achieve that perfect outdoor oasis. But there is a third element that often gets ignored or is misunderstood, and that is the all important aspect of “science”.

Now I’m sure that many of you are rolling your eyes and saying, “Well my grandmother was the best gardener I have ever known, and she never took any fancy science classes!” Be that as it may, I would be willing to bet that your grandmother knew a thing or two about the science of gardening even without having any formal training.

Often, just the word “science” tends to send shivers up the spine with thoughts of long chemical formulas or dreaded algebraic equations. But the truth is that a few basic understandings of how soil interacts with plants, how plants use the environment around them, and how the environment reacts with your plants can lead you to better success with your garden.

Soil pH

Let’s start from the ground up (literally) and take a look at the soil. One of the more important factors of the soil involves pH. Soil pH is a measure of the acidity or the alkalinity of the soil and is represented on a scale from 0 to 14. On the pH scale, a 7 is considered neutral with anything below 7 being more acidic and anything above 7 being more al-

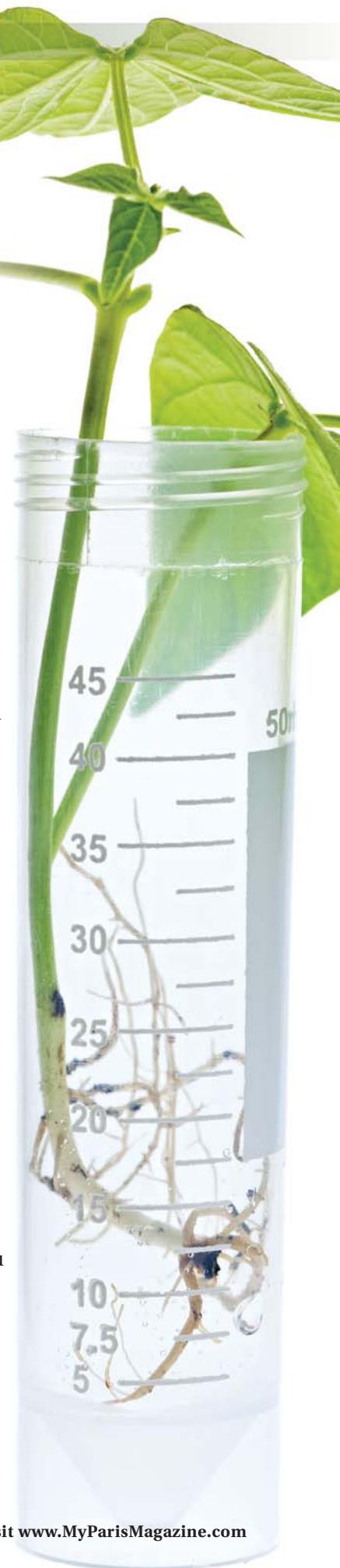
kaline. For most plants, the optimal level is somewhere between 6.8 and 7.2. So, what exactly does that mean to me and why should I be concerned?

Well, my friend, it’s important because soil pH directly influences how easily plants can take up nutrients from the soil. Let’s say your plants are looking a little peaked and you decide to buy some of that expensive fertilizer to perk them up. You know, the one with the big “New and Improved” and “All Natural” plastered all over the label. But you notice that even after applying several times, your plants just won’t respond. If your soil pH is at one extreme or another, the nutrients in the fertilizer may be bound up with particles in the soil that are holding on so tight that your plants can’t absorb them. Aha! Science! That didn’t hurt so bad, now did it? So a soil test to determine pH can end up making both your plants and your wallet happy.

Fertilizer

Since we were just talking about nutrients, let’s take a close look at fertilizers. (Some of you will already know this information and if so may wish to pat yourself on the back and look smugly at the person next to you.)

Have you ever taken a close look at the fertilizer label and notice all the numbers and dashes on there? Some sort of secret enigma code, you ask? Actually, those numbers are pretty important and describe the formulation or ingredients of that particular fertilizer.



There are generally three sets of numbers and represent the “Big 3” of the nutrient world. These are: Nitrogen (N), Phosphorous (P), and Potassium (K) or N-P-K. The numbers given are the percentages of nutrient in that particular formulation. Let’s say you have a bag of 10-10-10. That would mean there is 10% N, 10%P, and 10%K in that bag. If you have a 10 lb bag, it would mean that there is actually only 1 lb of each nutrient per bag and the rest is filler (kind of like cat litter). Look at that, you just did some really advanced math without even realizing it!

Now you’re probably asking yourself, just what makes the “Big 3” so important while all those other poor nutrients get relegated to obscurity? Well basically, and I mean very basically, the “Big 3” perform the following functions:

Nitrogen – promotes rapid growth, also important in chlorophyll which makes the plant green

Phosphorous – aids in plant development, encourages root growth and promotes flowering

Potassium - helps the overall functions of the plant perform correctly

Now, this isn’t to say that the other nutrients and micronutrients aren’t important or play vital roles. Let’s just say it’s kind of like the difference of being Tom Hanks in Forrest Gump versus the guy who sat on the park bench and asked him lots of questions. (Life wasn’t necessarily a box of chocolates for that guy.)

Pesticides & Herbicides

“What about pesticides? You’re not going to leave out pesticides are you, Mr. Watkins?” Why no, child, I’d never do that. As a matter of fact, I was just about to give you a broad definition of a pesticide. A pesticide is a substance used to suppress, destroy, or alter the life cycle of a pest. So if you’re trying to destroy a pest, you better know what type of pest you’re after before just spraying any old pesticide. If you’re looking to get rid of an insect, you need an insecticide. If you want to foil a fungus, you need a fungicide. If you want to whack a weed, you’ll need an herbicide.

And if you want to kill a bill in Washington, you use a “Congressicide” (Just kidding, everyone knows that congress wouldn’t be able to agree on which one to use anyway!)

It’s also important to know the action of the pesticide before spraying. When using an herbicide, you might see the terms selective or nonselective which are pretty descriptive. A selective herbicide will only kill certain types of plants (like grasses vs. broad-leaf weeds). A nonselective herbicide will kill them all and sort them out later. Well ,what do you know, you just passed a short course in organic chemistry!

While I know this may sound like pretty basic science to most of you, the rest of you are now armed with a little knowledge. And you know what they say, “A little knowledge is a dangerous thing.” Oh wait, that didn’t come out exactly right. You might want to study a bit more!

John Watkins is the grounds director at Discovery Park of America and resides in Henry County.



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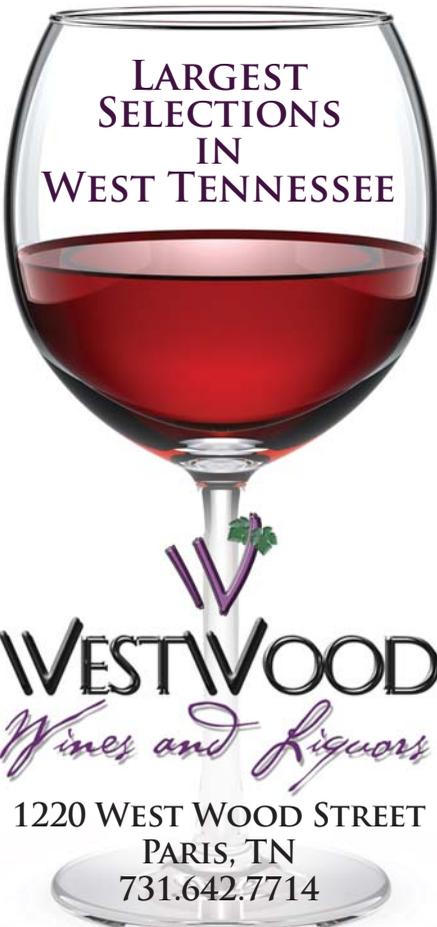
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PUZZLE SOLVE ON PAGE 42

ACROSS

1. _____ inspired debit card
3. Henry County Historical Society president
7. Stephanie Dwyer created this for Smithsonian
8. Fourth president of Austin Peay
9. Can detect breast cancer
12. _____ Stained Glass Studio
15. TCAT general metals instructor
17. Straight talk from someone who knows you
20. Bill Neese's name for his grandmother
21. In-Store _____ Repair
22. Chamber of Commerce's Person of the Year
23. Lived in a six-room house alone

DOWN

2. General Atkins was associated with this newspaper
3. The Battle of _____ Field
4. New pizza restaurant in town
5. Allison Carter sold this in her stand
6. Ridgeway _____ Home
10. Home of J.D.C. Atkins
11. The _____ of Food
13. Boys harnessed dog to this garden device
14. Place celebrating 100 years
16. The National _____
18. _____ Lodge is a retreat for combat veterans
19. K and B _____ for Success

ON-GOING AUTUMN ENTERTAINMENT & CLASSES

Go Teams! – Support the PSSD’s and Henry County School System’s talented sports teams. Call individual schools for up-to-date schedules. Don’t forget Saturday mornings are “kicking” with sports too! Upward Flag Football at Eiffel Tower Park (731-642-5074) and Paris Soccer at McNeil Park (731-333-9464).

Come Play Inside – The Paris Civic Center has an indoor pool, track, weights, and fitness machines. Pay by the visit or become a member. Located on Volunteer Drive. Call 731-644-2517.

Pickin’ ‘n Grinnin’ – Jam with fellow country music lovers or just listen in at the Civic Center on Volunteer Drive. Call Bob Perry at 731-641-7577.

Throw a Pot! – Lee Academy for the Arts has all sorts of classes from painting to pottery to dance. Visit them at www.SchoolForTheArts.org

Eat fresh, eat local – Delicious, seasonal produce is waiting for you at the Farmer’s Market. Head to downtown Paris on Tuesdays and Fridays, 3-6 pm.

Learn about health – Henry County Medical Center offers monthly seminars including Chronic Disease Management Screenings, Childbirth Education and many more. All are free but you must pre-register by calling 731-644-3463.

Popcorn anyone? – Enjoy a new movie at the Parisian Theatre with nightly shows on six screens and matinees also on Saturday and Sunday. For more information and movie schedules call 731-642-7171.



AUGUST

AUGUST 12 – Football Jamboree at Henry County High School, 6 pm. Get your first look at area teams facing off. Call 731-642-9733 for info.

AUGUST 19 – Paris-Henry County Chamber of Commerce Women’s Luncheon being held at the Paris Country Club at 11:30 am with US Airways crash survivor Vallie Collins to speak. Tickets: \$25 includes lunch. For information call 731-642-3431.

AUGUST 23 – Paris-Henry County Chamber of Commerce will host an **Employment Law Seminar** by Wimberley Lawson Wright Daves & Jones, PLLC at 9am. For more information contact Monica Smith, 731-642-3431.

AUGUST 23 – Downtown Cruise-In at 5:30 pm. Bring your classic car or truck and have a good time. For more information log on to www.VisitDowntownParis.com.

AUGUST 26 – Show your BIG RED PRIDE! First home football game of the season at Henry County High School. HCHS vs. Houston, 7 pm. For more info call 731-642-9733.

August 26 – DPA Fall Fashion Friday Luncheon at the Paris Country Club, 11 am-1 pm. For more information, 731-653-7274.

AUGUST 27 – Concert in the Vineyard at Paris Winery, 6-10 pm. Bring a blanket and picnic basket and enjoy the wonderful music and impeccable wine. For more information call 731-644-9500.

SEPTEMBER

SEPTEMBER 1 – Give blood and save a life! Lifeline Blood Mobile will visit First United Methodist Church, noon until 6 pm. For more information call Tammy Hurst at 1-800-924-6572 extension 310.

SEPTEMBER 2 – Noon on the Square, sponsored by Commercial Bank, 12-1 pm. Bring a lawn chair and a friend to beautiful downtown Paris. Concessions available. For information call 731-642-3341.

SEPTEMBER 5 – LABOR DAY! Hats off to our country’s workforce. No school for PSSD or Henry County schools.

SEPTEMBER 9 – Enjoy a little music at **Noon on the Square**, 12-1 pm sponsored by Commercial Bank. Bring a lawn chair and enjoy this autumn tradition. Call 731-642-3341 for information.

SEPTEMBER 11– **Grandparent's Day**, hug your Nanny or Papaw!

SEPTEMBER 12-17 – **Henry County Fair Week!** Get thrilled on a carnival ride, admire a well-groomed steer during exhibition and see who won a blue ribbon. For complete schedule call 731-641-9340.

SEPTEMBER 16 – **Noon on the Square** and **Boss Hoss Cycle Rally**, 12-1 pm, sponsored by Commercial Bank. Boss Hoss participants will bring their beautiful bikes downtown for an impromptu show. Bring a lawn chair and a camera. For more information call 731-642-3341.

SEPTEMBER 17 – Head out to the Henry County Fairgrounds for a rip-roarin' good time! **Demolition Derby** starts at 7 pm. Don't forget to make your way over to the carnival afterwards and have a corn-dog and funnel cake! For information call 731-642-1833.

SEPTEMBER 23-25 – **Tenth Annual Eye Full Of Paris Weekend**, A Celebration of the Arts!

SEPTEMBER 23 – **Noon on the Square**, 12-1 pm, courthouse lawn, sponsored by Commercial Bank. Concessions available. Call 731-642-3341.

SEPTEMBER 23 – **Wine To Share, Water For All**, 7-10 pm, Lee Academy for the Arts. All proceeds benefit East Africa. For more information call First Christian Church at 731-642-3181.

SEPTEMBER 24 – **Arts 'Round the Square**, 9am-4pm, where visual artists, amazing entertainers, and great food converge on Historic Downtown Paris. Artists of all genres showcase their work and hold demonstrations. Children love the FREE interactive **Kids Zone Live!** For information, call 731-642-3955, or log on to phcart.com. Admission is FREE!

SEPTEMBER 24 – **Concert in the Vineyards** at Paris Winery from 6-10 pm. For more information call 731-644-9500 or visit www.ParisWinery.com.

SEPTEMBER 25 – **Downtown Churches Rejoice!** Enjoy a wide array of performances as musicians of all ages lift their voices in praise. Featuring the Bethel Renaissance Choir. First Christian Church, 6 pm. For information call 731-642-5074.

SEPTEMBER 27 – **Downtown Cruise-In** at 5:30 pm. Bring your classic car or truck and have a good time. For more information log on to www.VisitDowntownParis.com.

SEPTEMBER 30 – Last time for **Noon on the Square**, 12-1 pm, on the courthouse lawn. Sponsored by Commercial Bank. Concessions available. Call 731-642-3341.

OCTOBER

OCTOBER 1 – Come out to Holy Cross Catholic Church's **Oktoberfest** is being held at the Henry County Fairgrounds! Don't miss the booths, games, face painting, funnel cakes, silent auction, petting zoo, bake sale, homestyle German meal, authentic Mexican meals and much more. Plenty of parking! For more information call 731-642-4681.

OCTOBER 6 – **Lifeline Blood Mobile** is open from 12-6 pm at First United Methodist Church. Call Tammy Hurst at 1-800-924-6572, extension 310 for more information.

OCTOBER 7 – **Salad Spectacular** sponsored by Friends of the Library, 11 am-1 pm at Ketchum Hall of Grace Episcopal Church. For more information call 731-642-1721.

OCTOBER 8 - Visit **Handy Manny** at W.G. Rhea Library from 2-4 pm. For more information call 731-642-1702.

OCTOBER 10-14 - It's Fall Break for kids in the Henry County School System and the PSSD. For more info, call 731-642-9733 or 731-642-9322, respectively.

OCTOBER 18 - Visit more than 70 booths at the **Paris-Henry County Chamber of Commerce Small Business Expo**. This FREE event is at the Henry County Fairgrounds Event Center. For more information call 731 642-3431.

OCTOBER 22 – Dress up in a costume and come to Downtown Paris for **Spooktacular!**, 12-4 pm. Free events, featuring silly fortune tellers, activity booths, trick or treating with the merchants and costume contests for kids, adults and pets! For information go to www.VisitDowntownParis.com.

OCTOBER 25 – **Downtown Cruise-In** at 5:30 pm. Enjoy classic cars and trucks on the court square. For information, www.VisitDowntownParis.com.

OCTOBER 31 – Watch out for those wee little ghosts and goblins on your way home from work. It's **HALLOWEEN!**





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SOLVE**

PUZZLE ON PAGE 39

ACROSS

1. PATRIOTS
3. WEBB
7. BOTTLETREE
8. MORGAN
9. MAMMOGRAM
12. LAUKHAUFF
15. TOWNLEY
17. EDWARDJONES
20. RUCHIE
21. JEWELRY
22. PEARSON
23. BOOGER

DOWN

2. INTELLIGENCER
3. WHITLOCK
4. WOODYS
5. LEMONADE
6. FUNERAL
10. MANORHOUSE
11. POWER
13. PLOW
14. CAVITT
16. ENQUIRER
18. DARKHORSE
19. SUPPLIES

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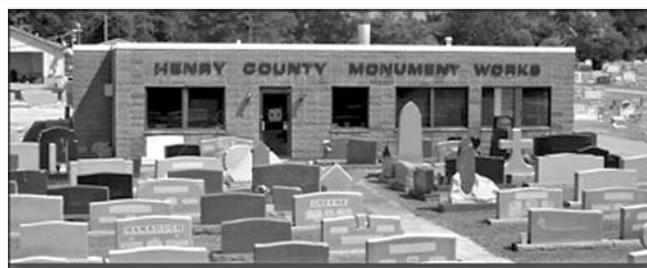
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INDEX

** Find copies of PARIS! Magazine at these locations*

Alexander, Thompson & Arnold ...	29	K and B Supplies for Success.....	9	Rest For The Soul Ladies Retreat..	35
Attitudes	33	Lakeway Animal Clinic.....	5	Richardson's Body Shop.....	30
Board of Public Utilities	30	Lakeway IGA	42	Ridgeway Funeral Home.....	14
Butler & Harber.....	29	Landmark Realty	25	Scotts Lawn Service	37
Cindy's Catering.....	42	Lura Lee's of Paris Gift Shoppe.....	29	Security Bank	11
Coast To Coast Tinting*	25	McEvoy Funeral Home.....	5	Servall Restoration	5
Commercial Bank & Trust Co.	14	Mike's Mufflers.....	33	Shoemaker Financial	33
Downtown Paris Association.....	Inside Back Cover	Mineral Wells Animal Clinic.....	7	State Farm.....	9
Edward Jones*	19	Moody Realty*	22	Tennessee Valley Community Church	25
Family Classifieds *	38	Moon's Jewelry	4	Toggery, The.....	11
First Baptist Church.....	17	Neese Law Firm	5	Trolinger's.....	5
Foundation Bank*	24	Paris Civic Center	43	Twin Lakes Dental Associates	42
Frame Makers	4	PARIS! Distribution.....	17	Upper Level, The.....	17
Grace Episcopal Church	33	Paris First United Methodist Church	42	Vicky Muzzall Tax Service.....	5
Henry County Medical Center*	Inside Front Cover	Paris Insurance Agency	42	Westwood Wines & Liquors	37
Henry Co. Orthopaedic & Sports Medicine*	32	Paris Pharmacy	25	West Tennessee Bone & Joint*	Back Cover
Henry Co. Monument Works	43	Paris Veterinary Clinic	9	Wimberley Agency.....	4
Invest.....	30	Paris Winery & Vineyards.....	33	WLJT	38
Joe Mahan Ford.....	14	Parisian Theatre.....	4	WTPR/WENK.....	38
		Peppers Automotive.....	37		

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