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**TABLE OF CONTENTS**

**A COUPLE OF TRAVELERS** | *Rock Island State Park: Where Waterfalls, The U.N. and Stars Collide* ........ 6  
**ARTS & ENTERTAINMENT** | *An Artistic Trifecta* ....................................................... 22  
**AROUND OUR TOWN** | *On A Steel Horse He Rides: Henry County Sheriff’s Video Goes Viral* .......... 8  
**BACK IN THE DAY** | *Where to Park a Horse in Whitlock* ....................................................... 4  
**CALENDAR OF EVENTS** | ............................................................................. 38  
**DINING GUIDE** | ............................................................................. 37  
**FACES & PLACES** | ............................................................................. 26  
**FEATURE** | *County Home: A Shelter in the Storm* ....................................................... 13  
**FEATURE** | *Our Place in History* ............................................................................. 17  
**HEALTHY IDEAS** | *Lupus: More Common Than You Think* ....................................................... 35  
**IN THE GARDEN** | *The Nonchalant Gardener: A Perennial Favorite* ....................................................... 29  
**JUST FOR FUN** | ............................................................................. 21  
**PARIS CUISINE** | *Paris Winery: Celebrating Community, Family and Cuisine* ....................................................... 32  
**REMINISCENCE** | *Everyone Loves A Parade: A Decade of Poms, Festoon and Fun* .................. 10  
**SPOTLIGHT** | *Rhonda Stanton: New KPAC Director Loves “Making It Work”* ............ 24  
**WHEN BULLETS FLEW** | *James Henry Hooper: Witness to Peace* ....................................................... 19  

MyParisMagazine.com
SPRING IS FINALLY HERE!

There’s something about living in this part of the world in the spring. The winter wheat is as green as any Irish hillside, and folks are anxious to get their tomato plants in the ground.

Spring also brings out a host of writers and topics, both of which are all on display in this issue. Fish Fry is top of mind with an article on Staci McGrady, float builder extraordinaire. Meanwhile, Garden Guru John Watkins has plenty of seasonal information hilariously dispensed to help us put the right plant in the right place in “The Nonchalant Gardener.”

While your funny bone is being tickled, Sheriff Monte Belew relates how his viral video came to be thanks to a calf, who jumped ship on the Lake Highway. Who knew that a stray calf could inspire worldwide attention?

There’s plenty of art talk in this issue, too. Rhonda Stanton, the head of the Krider Performing Arts Center and Arts Council Director Amy Jones cover everything from performing arts at KPAC to visual arts at Lee Academy.

Our community is steeped in history, and this issue rounds up several interesting tales from Larry Ray’s look at a local who was at Appomattox with General Lee, to Shannon McFarlin’s tales of the old County Home, to Bill Neese’s hilarious recollection of the day he learned where NOT to park a horse in Whitlock.

Finally, this issue introduces a new series entitled “A Couple of Travelers.” Written by Susan Jones and John Nichols, the two are visiting out-of-the-way places, as well as some large attractions within a few hours of Paris. Their goal is to encourage Henry Countians to discover the nearby gems that are often are overlooked.

Enjoy this lovely spring and enjoy PARIS!

P.S. Please like and follow us on Facebook at MyParisMagazine.com.
Whitlock was once a small Tennessee town. It’s no longer a town, but it’s still a community. At one time, it had a first through eighth grade school, a physician, post office, telephone office, flour and corn meal mill, railroad station, mule barn, two or three stores, several sweet potato warehouses, a clay processing plant served by a small railroad and a residential area known as Tater Town.

The main transportation in and out was by train, which could take you north to Murray, Kentucky, or ten miles south to Paris. As modern highways were built and people started working in factories in those towns, Whitlock began to dry up. People still lived there, but more and more folks shopped in Paris or Murray.

My mother went to Whitlock School and then to E.W. Grove High School in Paris. By the time I came along, the school was long closed and the potato houses were abandoned. I don’t think any passenger trains ran after the 1950’s.

My first memory of Whitlock consists of the telephone office, post office, clay plant, flourmill and abandoned depot, the Church of Christ and two stores.

On one side of the main street was an old wooden general store. It was a two-story affair with a wide covered porch sitting several feet above street level. This porch served as a community center of sorts, especially at lunchtime when the clay workers and farmers came there to buy bologna sandwiches and discuss the news of the day.

The neighborhood kids fancied that the store looked like the towns in the movie westerns we’d watch at the Capitol Theatre every Saturday. The store
across the street was a squat one-story block and brick structure completely devoid of romance. The whole scene was an inviting backdrop.

The Smith boys and I liked to ride our horses the four miles from home to the store. We called it “riding into town.” We’d purchase essentials like cold drinks and snacks. One day, we ambled into town, imaging ourselves looking like pretty tough hombres in an old black-and-white western. We rode up to the store and tied off our horses to the porch posts. There were just a few loafers sitting there, enjoying their lunch. The boys and I said, “Howdy,” and went inside.

As we came out of the store with our RC Cola bottles filled with peanuts, we looked around for one of the cane-bottomed chairs so we could tilt back like the older fellows and enjoy our snack. We took note of a man near the porch who was actually working. He rolled a tractor tire off his truck and over to the air compressor.

In hindsight, we all should have seen it coming. As the air compressor came on, the horses got skittish. But when the air hose blew off the tire with a loud pop and a screaming hiss, the horses bolted backwards. Fear is a good defense mechanism, but in this case, it caused our trusty steeds to pull out three of the six porch posts, causing all hell to break loose.

All the boys and I could do was crawl down between the roof and front wall toward daylight. We eased off the end of the porch and headed out in pursuit of our panic-stricken mounts.

When we returned to the scene of the crime, some of the adults were laughing and some were cursing, depending on their proximity to the porch roof when it had fallen. The store’s owner was simply dumb struck.

In the spirit of Southern community, after everyone had calmed down and decided there were no serious injuries, we had the first-ever “porch raising.” With all hands pitching in, we were finished in no time.

From that day forward, all of those men called us the “wrecking crew.” The owner said we were still welcome, but showed us an iron post on the side of the store and suggested that from then on we should “park” our horses there. And we did.
Too often, travelers overlook extraordinary attractions, which are just a few hours away from their homes. We hope this series encourages you to occasionally take a day or two and visit some of our nearby jewels. – John Nichols & Susan Jones

I recently got on a waterfall kick, and that meant that my long-suffering husband had to get on one, too.

While Niagara Falls, 800 miles to the north, is the granddaddy of all falls, Rock Island State Park is home to two waterfalls with several more nearby. Approximately three hours from Paris, it stood out as the better idea.

The park is a short 50 miles east of Murfreesboro, Tennessee, where the landscape begins to take a distinctive rugged turn. Located in northeast Warren County, it lies on the banks of the Caney Fork and the Collins Rivers, which empty into Center Hill Lake.

At Rock Island, John and I met up with friends from East Tennessee. They ranged from three years of age to 66. They all love to cook, eat, play outside, explore and visit. This was the perfect park for our crew.

First impressions are important and Rock Island’s Visitor’s Center made a great one. With a knowledgeable, attentive staff, it also sported clean restrooms (even on a busy holiday weekend) as well as plenty of souvenirs and my personal favorite, maps.

A drive around the park helped us get our bearings and revealed a swimming area that was like no other. First, a stunning, craggy bluff created an expansive, weathered backdrop for the swimmers, kayakers and paddle boarders below. Second, the swim beach was covered in natural sand, not mud, but sand buffeted by comfy, cool grass. Finally, there were people of so many races and ethnicities enjoying this gorgeous spot, it felt like the United Nations. Impressive.

At 883-acres, Rock Island is larger than many Tennessee State Parks, yet it seemed almost intimate, like a personal playground. The park doesn’t have a marina, golf course or lodge, which may explain the manageable number of people onsite throughout the holiday weekend. (Note: There are several, nearby lodging options, marinas and other amenities.)

The highlight of the trip was our hike down to the Great Falls Gorge where the view of both Great Falls and Twin Falls was outstanding. A bad knee pre-empted me from hiking all...
the way to Great Falls, but when the going got dicey on the slippery rocks, I waded into the water and swam among the enormous boulders toward the tumbling water. As the daredevils in our group leaped from the falls into the tempting pool of water below, I had a front row seat. We then dried out on the warm rocks where we devoured our picnic lunch.

Twin Falls is the other big hike at Rock Island and no one was more awed with it than the 20-somethings. They described the falls as massive and the fact that the water gushed out of the rock, instead of over the top, piqued their interest. As it turns out, Twin Falls is not a natural falls. It was created by the dam, in concert with Mother Nature.

The 20-somethings also took note of the park’s inky darkness at night. With very little light pollution, they found an open view of the sky and enjoyed a little stargazing.

We parked the coffee table (aka our tiny, 44” x 66” pop-up) into the campsite which we would share with friends. The main campground holds 50 trailers, RVs and some tents, and offers all of the expected amenities, including free Wi-Fi. The space was plenty for our two families. Two bath houses and a playground for the little ones were just a few steps away.

The rest of our crew were a two-minute walk down a paved road at one of Rock Island’s ten, beautifully designed, fully-equipped cabins. With three bedrooms, two baths, back porch, picnic table, grill and fire ring, the cabin became homebase.

This was the park’s handicapped accessible cabin, and it did not disappoint our friend who is wheelchair bound. He and his wife say that “handicapped accessible” does not always mean true accessibility, but this cabin was outfitted with everything to make their visit easy. They also noted the park’s handicapped friendly overlooks, sidewalks and restroom areas.

Yes, there are a few things that detract from this park. Water enthusiasts need to remember that they are down river from a dam and should leave the water if a siren sounds. In addition, parking seems to be at a premium. Other than that, a visit to Rock Island State Park makes for a fabulous trip. Don’t miss it.
Just a couple of days into the new year, Henry County Sheriff Monte Belew received a call on his police cruiser’s radio about a loose calf in the road. Living in a rural area, the call wasn’t unusual. Occasionally, farm animals – cows, horses, and other livestock – escape their enclosures and wander onto roadways. Little did Belew know, a little black calf running down Highway 79 and the actions he took that day would turn into an overnight internet sensation.

Recalling the event, Belew said, “This calf was stubborn; it just wouldn’t move over. We tried to ease him off the road but he wasn’t having anything to do with it. You just can’t have a 500-pound calf running down the highway where cars are traveling at 65 MPH. It was a dangerous situation and we had to get him off the road before someone got hurt.”

The calf was one of a pair that tumbled out of a cattle trailer as it traveled toward Paris. A broken latch opened the trailer’s door, and the calves went on the adventure of their young lives. Local veterinarian, Chuck Lyons, helped wrangle one of calves while Belew and his deputies tried to corral the other.

Luckily, Belew saw his long-time friend, Buchanan native David Bevill, driving in the opposite direction of the road. Using his PA system, Belew called for his friend to stop and assist with the efforts.

“I was just going down the road when I saw all the blue lights flashing. Then I saw the calf,” Bevill said. “Monte flagged me down and asked if I had a rope with me, which I did. He told me to get on the front of his car; we were going to rope this calf. It prob-
ably wasn’t the smartest thing I’ve ever done, but off we went.”

As Belew eased up on the calf with his cruiser, he got the idea to grab his smartphone and start videoing. “It just hit me; this was crazy. I needed to record this.”

On the video, Bevill can be seen riding on the car’s hood with a rope in his hand. Belew is heard narrating the action. As the sheriff’s vehicle drove closer to the trotting calf, Bevill swings his loop, capturing the calf on the first try. Belew’s excited voice can be heard laughing and saying, “We got him, we got him!”

Meanwhile, Bevill can be seen being dragged down the road by the calf. “I look back and Monte is just laughing while he was videoing.” Bevill said. “I heard him hollering, ‘Tie him to the front of my car’ while the calf was pulling me.”

“That’s when I put my phone down and helped him out,” Belew said with a laugh.

After the roping, the calf was returned to its owner safe, and Belew continued with his duties. Later that day, he looked at the video and decided to upload it to his personal Facebook page. “I had to laugh; it was funny,” Belew said smiling.

What Belew recorded soon became a Facebook trending story. Overnight, the video gained traction and obtained over 135,000 views on social media.

For several days after the posting, Belew and Bevill were bombarded with interview requests by local and regional media. “I think we heard from every news outlet in the area,” Belew said. “I did phone interviews, Face Time, Skype — they were calling non-stop.”

Once the regional television affiliates ran their stories, national news services picked it up. “I know it was on Good Morning, America and CBS This Morning,” Belew chuckled. “Charlie Rose (CBS anchor) said he liked my voice.” Shrugging his shoulders, Belew confessed, “I know, I’m country as cornbread.”

Another well-known individual voiced their compliments of the video. “Speaker of the House, Beth Harwell, was in Paris recently,” Belew said. “She told me she liked it.”

Both men have been dumbfounded by all the attention, and truth be told, they will be glad when all the joking ends. “I’ve been kidded — a lot,” Belew sighed. Bevill agreed, “Yeah, it’s been rough in the duck blind.”

From Paris, Tennessee, to hundreds of cities across this country, who would have thought a video of a calf being roped from the hood of a sheriff’s car would capture so much attention. Internet news sites, major newspapers, and international wire services have carried the story to England, Brazil, Croatia, Australia, Ireland, and points beyond. Currently, the video has obtained 3.3 million views on Facebook.

To deal with the demands, Belew has signed the video’s rights to Junkin Media of Los Angeles, California. The company is promoting the clip to interested news media and entertainment outlets. All proceeds from its distribution will benefit the Henry County Sheriff’s Office Animal Shelter.

To view the video, visit Belew’s personal Facebook page, Junkin Media’s website (www.junkinmedia.com), or various YouTube links.
REMINISCENCE

Wether it’s the Macy’s Thanksgiving Day Parade in New York City or Henry County’s own World’s Biggest Fish Fry Grand Parade, there’s nothing like marching bands, pretty girls, and excitement in the air. But the real showstoppers of any parade are the creative, colorful floats topped by waving royalties or members of clubs or organizations.

Beautiful parade floats do not come easy, and Staci McGrady knows well the effort it takes to create award-winning artistry. For 20 years, she designed and decorated over 50 floats that appeared in area parades, most for the World’s Biggest Fish Fry.

McGrady is co-owner of Queens of Paris, a shop specializing in prom and pageant fashions. She had to retire her staple gun and cap the glue when her business left little time for a float building career.

Her interest in floats began simply. When her children began participating in pageants, she wanted to help. Her first float was for her children to ride on in the Small Fry Parade.

“I liked coming up with ideas and seeing the kids’ faces on the day of the parade,” McGrady recalled.

Like any major project, there is a concept and a plan. “The first thing you need is a trailer and a place to build the float,” McGrady explained. “A 12-foot hay wagon is best and you need a place with no sunlight to build.”

One year, she constructed six parade floats. Depending on size, each cost an estimated $1,500 to $3,000 to construct.

Sometimes, if a building spot was not ideal, the whole float was constructed on the day of the event.

To begin the building process, a float theme and color scheme had to be selected and sketches created. “I’m a visual person,” McGrady said with a smile. “Visualizing the float comes easy for me.”

Float essentials are not commonplace in this region. “There’s no one place to buy the supplies and everything has to be shipped in,” McGrady explained.

A solid frame is important for the safety of the float riders. That task was handled by local building contractor Eddie Reagor. McGrady supplied the float’s sketch to Reagor and he began the magic. “You have to think about where the safety straps go, where
Once the forms were created, she began the “poofing.” Each pom (poof) consisted of a four foot square of brightly colored tissue paper, crumpled into a ball, that McGrady glued meticulously onto the forms. Approximately 3,000 poofs decorated a typical float to dazzle the crowds on parade day.

Her designs have won several general manager trophies and she contributed that success to one important factor. “Everything has to work around the theme,” she said pointedly. “If you don’t have that, it won’t work.”

One of her favorite themes was a memorial to the space shuttle Challenger. Others were a “favorite things” cherry theme, an Eiffel Tower, a peace symbol, and a VW Beetle car.

When asked if she could be coaxed out of retirement to build floats again, McGrady confessed, “I still love it. And when my kids have kids, and if they want to be in pageants, I will build floats for them.”

Pretty in Pink: This award-winning VW Beetle was one of Staci McGrady’s favorite floats to construct.

Finished: Complete with baby swings, the Tiki Tots entry was constructed in a large outbuilding to accommodate its size.
COUNTY HOME
A Shelter in the Storm

BY SHANNON MCFARLIN

With old fashioned hard work and perseverance by a small group of women, the names of the 58 people buried at the former County Home Cemetery are forgotten no more.

The cemetery was neglected for decades and efforts are underway to honor it and the people buried there. Residents of the County Home who died while there were buried in the cemetery adjacent to the home in unmarked graves.

Land for a County Home was first purchased in 1837 with the acreage located where the Old Paris-Murray Road is now. It was used until 1873, when the county purchased a 243 acre farm from James A. Porter, who later became governor of Tennessee, on what is now County Home Road and that is where the County Home remained until it closed for good in the 1940s–1950s. “It closed when public assistance began,” County Archivist Stephanie Tayloe said. “It was considered not necessary after that.”

In archival records, the facility was called an “asylum” and its residents were called “inmates.” Another common reference was “the poor house.”

“It was the end of the road for many,” Tayloe said. “It was where the indigent or feeble minded or people with no family to take care of them ended up. It was a shelter in the storm for many people.”

Tayloe said when the Henry County Cemetery Committee was formed, County Mayor Brent Greer asked the committee as its first task to work on identifying the people who had been buried at the County Home.

It was a major task. Research began in 2015 by the nucleus of Tayloe, Susan Stewart and Melissa Key, who pored over old census records, death certificates, funeral home records, obituaries in old newspapers and every other bit of information available to them. The Henry County Archives has a vast amount of data with over 200 books on county history stored there.

Tayloe, Stewart and Key were assisted by others, such as Susan Pembroton and Wayne Webb. Two local citizens, Reed Shepherd and Dillard Castlebury, have been clearing the old cemetery grounds and placed a white cross to mark the site.

Greer said a monument and plaque which contains all 58 names of those buried there will be placed at the site in late spring and a dedication ceremony will be held.

The oldest burial at the cemetery recorded was in 1909 when a woman named Martha Latta was buried there at the age of 75. The most recent burial at the cemetery was in May of 1941.

Key said she, Tayloe and Stewart would work together at the County Archives many nights, poring over the records. “We would get so excited when we found someone who we could identify as being buried there. You’d hear someone shout, ‘I found one!’”

The research was fascinating for the women. Lorene Miles, age 92, whose father was the overseer at the County Home for years, came to speak to them.
and shared a lot of her stories about the home. Her parents were Lillie Belle and Wiley Owen.

Miles told them about her mother and some of the residents working for hours, canning corn that had been grown there. When once overnight, every can blew up and there was corn all over the kitchen because the jars had not been prepared correctly.

The main house at the County Home was a large two-story brick building with a long hall along the middle and rooms on both sides. A large kitchen and dining room was in the back. The overseer’s wife was in charge of the kitchen and was tasked with preparing meals for the residents, which could be as high as 30 at one time.

When it was in operation, the County Home was surrounded by gardens and much of the food served at the home was home grown. It was also a working farm, with hogs, chickens and other animals. “There were rabbit hutches there, too, and the residents tended to them,” Tayloe said.

The overseer and his family lived upstairs with the residents living downstairs. Women were separated in one area; the men in another. Families who were residents live together.

An old clipping was found in The Parisian newspaper from February 1, 1924, tells of a destitute family consisting of two women and four children who were admitted to the county home. The article states they had been staying at The Willard Boarding house on East Wood Street before the County Judge ordered them to stay at the home.

When there was contagious illness at the home, such as consumption, those residents who were ill were isolated from the others in separate cabins. Residents of the home were expected to work for their stay by cleaning, tending the gardens, cooking, and some were ‘farmed out’ to local farmers and homeowners and worked for them while on the county dole.

“They were expected to work while they were there, unless of course, they weren’t able to physically,” Tayloe said.

“It wasn’t a permanent home for all who stayed there,” Key added. “Some were there only temporarily, but some were there most of their lives.”

Being an overseer was a political appointment and those who served in that capacity changed over time. “We figured out who the overseers were and looked for those names on the old records. Also we knew to look for Dr. Oliver because he was the County Health Officer and his name is on several of the death certificates for people who died there,” Stewart said.

Identifying those buried at the County Home Cemetery was often sad, especially when they discovered two infants buried there. But Stewart, Tayloe, and Key said they feel good about their research which finally brings recognition to those who otherwise would be forgotten.

Greer said, “It’s important for the county to recognize the people buried there. We’re planning to put all 58 names on the monument. It will cost less than $2,000 and it’s appropriate for the county to do so.”

The committee’s research on the County Home, along with all the names of those buried at the cemetery, is now at the County Archives, located in the former Weston Hall on Grove Hill in Paris.
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Your Town Made History – that’s what the displays around Paris say about the newest book by Shannon McFarlin, a contributor to PARIS! Magazine. The new book is a pictorial history of Camp Tyson, located in the tiny town of Routon, Tennessee, and the site of the only World War II barrage balloon training camp in the United States.

The book is published by Arcadia Publishing and is part of their “Images in America” series. It features some 160 photos, most of which have never been published before, along with text that explains for the reader the significance of Camp Tyson.

The book is being marketed heavily by Arcadia Publishing, which sent one of its representatives, Bob Marquart, to Paris for a week in January. While in Paris, Marquart visited with several local gift shops and other sites which were eager to sell the book in their stores. The book is being sold locally at My Favorite Things, Lura Lee’s Gift Shoppe, Dixieland Antiques, Promise Land book store, and the Henry County Archives. In McKenzie, Tennessee, books can be purchased at The McKenzie Banner and the Gordon Browning Museum.

Shop owners have said the book is selling exceptionally well locally, with most people who purchase it buying more than one at a time. A book signing by the author at My Favorite Things in late January was crowded with local history lovers and other book signings are set for Promise Land and the Gordon Browning Museum.

Arcadia Publishing has utilized its resources to provide posters, flyers, and other materials to market the book nationally and it is available at book stores across the country, bringing national attention not only to the history of Camp Tyson, but to Henry County as well.

Last year, McFarlin published As If They Were Ours about Camp Tyson, which told the story of the camp which included over 100 interviews and U.S. Army documents that had been recently declassified about Camp Tyson and its purpose. That book was published by Merriam Publishing.

Both books speak about the excitement of Henry Countians when Camp Tyson was located here and how the camp was instrumental in pulling the county and its people out of the Depression. Most everyone in the county was employed by Camp Tyson or the businesses that grew out of the camp operation while it was open.
The 2,000-acre camp was opened in 1941, and over the course of the war, grew to 6,000 acres and included 450 buildings – barracks, churches, a hospital, theatre, hydrogen generating plant, industrial-sized laundry, service clubs, amphitheatre and more. It was a training facility for 25,000 servicemen and a POW camp for both Italian and German prisoners.

McFarlin dedicated both books to her mother, grandmother and great-grandmother, whose stories about Camp Tyson inspired her to write the books. “My family housed construction workers and soldiers, as did everyone in our neighborhood – everyone in Paris, really,” she said. “You could see the barrage balloons from our house and my aunt and uncle used to work there. I used to hear stories from my family about the camp as I was growing up and I became fascinated by it.”

McFarlin said although the research she did for the first book was more rigorous – which included searching out all the people she interviewed, maintaining records of all the interviews, utilizing a Freedom of Information Act request to obtain the old government records and searching Library of Congress and state archives for material – the second book was actually more difficult to write.

“Arcadia Publishing wanted all the photos to be ‘first generation’, meaning original, but they also had to be of exceptional quality. It’s not easy to find that many original photos from the World War II era that are of good quality,” McFarlin said. “Since the book is part of its Images of America series, I had to follow their style, with a certain number of chapters, each of a specific size and cutlines of a specific size, too.”

As in the first book, the new book looks at the whole Camp Tyson story. It details why Henry County was chosen, how the city of Paris and Henry County opened its doors to the soldiers in both the local black and white communities, the operation of the camp, and how the grounds of the camp were utilized by the Carothers’ family for a cattle and horse ranch and a clay mining business after World War II.

Both books spotlight the achievements of the 320th Barrage Balloon Battalion, the only all-African American unit to hit the beaches on D-Day. McFarlin said she is most proud of bringing attention to the black soldiers who served at Camp Tyson and giving them recognition for their service.

A second printing of As If They Were Ours is planned and that book will be available locally soon. Both books are also available on Amazon.com and on the websites from the publishers.

“I’m really happy about the job of marketing that Arcadia has done on the book,” McFarlin said. “All the materials they’ve used in their campaign are attractive and eye catching and give a real excitement to the whole experience.”

More books are in McFarlin’s future. Arcadia Publishing has already asked McFarlin to write another local history book for their Images of America series.
The State of Tennessee was the last to join the Confederacy and may have been the most divided state in the Civil War because of its different regions and competing ideologies. Due to this division in the state, Tennessee furnished more soldiers for the Confederate Army than any other state, and also more soldiers for the Union Army than any of the other Southern states combined. Even though Tennessee was heavily divided, Henry County was very loyal and supportive of the Confederacy. As a result, there are numerous local families with Confederate ancestors. Very few chose to join the Union cause.

This is the story of James Henry Hooper (1844–1942) who had a very unusual history for this part of the country. He was born and raised in North Carolina and quickly joined the Confederate Army there at the beginning of the war. Unlike many of the local veterans here in the west, he served throughout the war in the eastern part of the country under the famous Confederate General Robert E. Lee.

JOINS THE ARMY OF NORTHERN VIRGINIA

The 13th North Carolina Infantry Regiment, formerly the 3rd Volunteers, was organized in 1861 with 1,100 men. Ordered to Virginia, it shared in the many campaigns of the Army of Northern Virginia from Williamsburg to Cold Harbor, endured the battles and hardships of the Petersburg trenches, and took part in the Appomattox operations. This regiment was involved in numerous hard fought battles with staggering numbers of casualties including Bull Run, Yorktown, the Maryland Campaign, Fredericksburg, Chancellorsville, and even the Battle of Gettysburg, which had the largest number of casualties of the entire war with around 51,000 on both sides.

Hooper managed to survive all these major battles.

SURRENDER AT APPOMATTOX

After the fatigue and stress from all these battles, Hooper personally noticed the worried lines in General Lee’s brow become more and more distinct. He also saw tears in Lee’s eyes when hungry, hurting men asked for food, clothing and bandages. With his army surrounded, Robert E. Lee realized there was little choice but to consider the surrender of his Army to General Grant. After a series of notes between the two leaders, they agreed to meet in the village of Appomattox, Virginia.

Finally on April 9, 1865, at Appomattox, a tired and worn line of proud Confederates with Hooper among them, watched the dignity and grandeur of the two opposing generals, Lee and Grant, ride through the lines and enter the home of Wilmer McLean.
Treaty papers were signed and hands were shook – the war was finally over.

Hooper was soon paroled at the Appomattox Court House and returned to his home in North Carolina. But once there, he became restless when he recalled the stories he had heard about the fertile soil in West Tennessee.

COMES TO HENRY COUNTY

Mr. Hooper came to Henry County in 1870 at the age of 26 to make his new home. He was a farmer’s son and proud of his heritage. He loved the soil and dreamed of how he could use his knowledge to make a better life for his future family on the rich farmland that was available here.

He met and married the pretty Mary Martin in 1874. She was the daughter of Walter Martin, one of the largest land owners in Henry County. The Martins also had migrated here years earlier from North Carolina. They had five children: Emma, Robert, Will, Sallie, and Lucy. After Mary died in 1919, James lived for another 23 years. He stayed active in the community and was well respected.

In 1937, James was interviewed by a Paris newspaper when he was one of only two local Confederate veterans that were still living. During the interview, he said, “I would like to challenge anyone, young or old, to a pie eating contest.” The interviewer questioned as to what kind of pie. Mr. Hooper responded, “Any kind of pie, hot or cold! Pie is tops with me!” James said he remembered when he was mustered out of the Army, that he was given just three ears of corn to last him three days. He obviously learned during the war to appreciate things like pie.

GETTYSBURG REUNION

In 1938, James, who was then 94, was sent a special invitation from the United States government asking both Union and Confederate veterans of the Battle of Gettysburg to attend the 75th anniversary of the Battle with all expenses paid by the government. He wanted to make the trip but was unable due to his health at the time.

I do not know for sure, but I hope that James was able to proudly join about 750 local citizens at the L&N train station to wave at the other aging veterans as they traveled through Paris on their way to Gettysburg, Pennsylvania. These old soldiers on the train ranged in age from 87 to 103. As this special train was pulling into Paris, the Paris School band played “Dixie,” and when it departed about 20 minutes later, a lone bugler played “Taps” because many of these men were making their last trip.

DEATH AND LEGACY

James Henry Hooper died on April 23, 1942, at age 98 and was buried next to his wife, Mary in Mill Creek Cemetery. He was an elder of the Mill Creek Cumberland Presbyterian Church for 50 years and not only lived a long life but a quality life according to the many that knew and respected him.
ACROSS
1. SPONSORS THE PHOTO SHOWCASE
4. BUILT FLOATS FOR 20 YEARS
5. LIVE LIFE OUTSIDE
7. NAME FOR CORAL BELLS
9. DOES YOUR SMALL _____ NEED BIG IDEAS?
12. _____ _____ STATE PARK
15. THREE ARTIST SHOWCASES
16. Closes a deal every 30 seconds
18. MURDER MYSTERY ITALIAN CHICKEN _____
20. SEE THESE AT THE GRAND PARADE
21. He roped calf off hood of sheriff’s cruiser.
22. He was with Robert E. Lee at Treaty Signing.
23. Rhonda _____, KPAC Director

DOWN
2. CASUAL, CALM, AND RELAXED
3. NEW RESTAURANT ON MINERAL WELLS AVE.
6. AUTO IMMUNE DISEASE
8. SHERIFF BELEW’S VIDEO WENT _____.
10. WORLD’S BIGGEST _____ _____
11. PUBLIC MEDIA THAT MATTERS
13. LOCAL SHELTER FOR PEOPLE IN NEED.
14. CONCERT IN THE _____
17. THEATRE WHERE NEESE WATCHED WESTERNS
19. CAMP TYSON WAS LOCATED IN THIS TOWN.
From February until the close of April, the Paris-Henry County Arts Council offers three showcases that impress even the harshest critics. PARIS! recently caught up with Director Amy Jones for her insight on the council’s increased focus on children, the 25th Annual Photo Showcase and the annual artist showcase.

PARIS! – In the late winter and early spring, the arts council offers back-to-back showcases at Lee Academy for the Arts. Tell me about the three events?

Jones – The Arts Council has a long tradition of hosting showcases for the artists in our community. These serve as venues for local artists and photographers to gather for juried events and welcome the community to view the work happening in Henry County. March marked our 25th Annual Photo Showcase and April marks our 32nd Annual Artist Showcase. This year we added the Young Artist Showcase in February.

PARIS! – In 2017 was the first year for the Young Artist Showcase. What prompted you to bring youngsters into the mix?

Jones – We have always had a youth category in both the Photo Showcase and the Artist Showcase. Being a mom, I interact with kids of all ages in the community, and I knew there was talent that wasn’t being recognized. I also knew that the visual arts were not being taught in some of our local schools. This led the Arts Council to not only create the Young Artist Showcase, but to also offer eight, free workshops leading up to it.

PARIS! – What surprised you the most about bringing children on board?

Jones – The enthusiasm. We sent information about the workshops out to the schools, and within three days I had waiting lists. The desire to learn and create art was even stronger than I anticipated. We are already discussing ways to serve more children next year.

PARIS! – This is the silver anniversary of the Photo Showcase, which Dr. Danny and Martha Jo Kimberlin have sponsored from the beginning. How have they affected photography in Paris and Henry County?

Jones – This community has a very active interest in photography, and the Kimberlins have played a huge part in driving that interest. Looking at the body of work that Dr. Kimberlin has amassed, it’s easy to see his passion.

Dr. Kimberlin has encouraged so many local individuals that an interest in photography has grown exponentially. One example is the Paris Photography Club, which Dr. Kimberlin helped found. Members of this club taught workshops in our Young Artist series and so the love of the art continues to grow.

PARIS! – In the photo case, there were pictures taken by award-winning actress and Paris native, Cherry Jones. How can people view and bid on these?

Jones – Cherry’s photographs are on display at Lee Academy for the duration of the Photo Showcase. During the opening reception on March 5, we took silent auction bids on 12 ready-to-frame photos. After the reception, the photos moved to two online sites.

AN ARTISTIC TRIFECTA
for the remainder of the auction. Four photos went onto eBay. The remaining eight will continue at silent auction on our website, www.phcarts.com. The auctions will end at midnight on March 31st.

Cherry has generously donated these beautiful photos, and the Arts Council’s goal is to raise $2,000 with them at auction.

**PARIS!** – What can art lovers expect to see at the Artist Showcase?

**Jones** – We will have art on display in numerous categories, from paintings to pottery. In this show in particular, the artists often offer their work for sale, so individuals have an opportunity to dress their home with fine art.

**PARIS!** – Why is it important for individuals to take time out of their day to see these showcases?

**Jones** – Jamee Yung, Education Coordinator at Weisman Art Museum says, “Art gives us an experience like nothing else can, a chance to connect, understand, and explore perceptions, feelings, and innovative thoughts.”

Come see these showcases with your friends, bring your children, discuss the work, learn and grow together.

**PARIS!** – If a local philanthropist wanted to sponsor an event, how would he or she go about getting in touch with you?

**Jones** – I am always thrilled to speak with individuals who want to support the arts in our community. Call the Arts Council office at 731-642-3955 or email me at phcarts@gmail.com. Visit phcarts.com to become a member. We depend on the generosity of everyone in our community to continue to promote the arts in Henry County.
Rhonda Stanton is an accomplished and rare individual. She possesses a combination of organizational skills and artistic prowess that doesn’t come along often. It’s this coupling of abilities that recently prompted the City of Paris to move her to full time status as the Director of the Krider Performing Arts Center (KPAC).

A graduate of Camden Central High School in Benton County, Stanton graduated from Bethel University in business management and organizational development. She is also an accomplished pianist, vocalist and music instructor.

Stanton’s first brush with the Krider was in 2003 when she volunteered as the musical director for The Wizard of Oz. Within a few years, KPAC Manager Ken Alexander asked her to be part time director of the Children’s Theater. It was a perfect fit for someone who loves “dreaming things up, then pulling threads from here and there and making it work.”

Under Stanton’s leadership, with others lending their talents, the children’s theater flourished. In 2013, Alexander retired, and Stanton added the title of “part time KPAC director” to her resume.

One of the first things she did was rebrand the children’s theater to KPAC Young Artists. “Teens don’t want to be under the umbrella of children’s theater. But more importantly, the group was beginning to do more than just theater,” she said.

By 2014, KPAC Young Artists had branched out. KPAC KIXX, a hip-hop dance program was the first addition. “This cool, dance program is offered during spring break for a week, and then for six weeks in the summer,” she said. “Next came the summer chorus for kids who love to sing. We also host a middle school band camp where young city and county musicians come together. These groups get to meet other students from their community who love to play and sing. And in a few years, they will be playing and singing...
together at the high school level,” she said. Now that strings are offered at the high school, she also is considering a summer strings camp.

Stanton pointed out that the return on the money spent is impressive. “Traditionally, our students get lots of college scholarship money in the performing arts. The impact of this program is rather long lasting,” she said.

Yet another program in Stanton’s ever-expanding bag of tricks is KPAC Players, because “grownups like to act, too,” she said. Open to the community, this program has dual thrusts. “The first is to produce daytime shows for public school children,” said Stanton.

The troop has done four free shows for area schools at the Krider with the largest attendance topping 1,600 students. Shows target different grade levels. “For example, Harriett Tubman: An American Moses was for fifth through eighth graders,” said Stanton. “I particularly liked that one; it spoke to lots of important issues.”

The second thrust of KPAC Players is to do community performances. The troupe performed the musical, Yes, Virginia, at Christmas in 2015 and The Velveteen Rabbit last year.

Although her schedule is hectic, Stanton is happy in her work. She especially enjoys working with kids who grew up in the program and come back from college to help. “Brook McCord and Mallory Sellers, for example, are both tremendously talented. They write, they direct here, they sometimes get college credit for their work with us, and it helps advance their careers,” she said.

Then there’s Rachel Allison. “Rachel loved costuming. She volunteered here and at The Dixie in costuming. Rachel has now graduated from the NY Institute of Art and is costuming Off Broadway shows. Things like that make me happy.”

Like any good director, Stanton sees growth as key. “I want to offer more to our special needs population.” She launched a special needs program that morphed into the Paris/Henry County Buddy Ball program. “It’s a great activity, but we can do more,” she said. Stanton also plans to add more instrumental programming. “Maybe we’ll call it Krider Pops and add the occasional community choir.”

Switching gears, she turned her attention to programming that will appeal to Henry County’s retiree population, empty-nesters and seniors. She’d like to bring the Everly Brothers Experience and other nostalgic acts for that demographic.

“A lot of people view the Krider as the auditorium at Paris Elementary, but it is a community performing arts center. It was named for Ruby and Clem Krider, an iconic couple who lived and breathed the performing arts,” said Stanton. “I want to create programming that reflects their legacy.”
Congratulations to Jasmine Jones! The Henry County High School junior was selected the 2017 World Biggest Fish Fry's Hostess Princess. She is the daughter of Kevin and Melony Jones of Paris.

Left to right: Mark Johnson, Gretchen Catherwood, Jerry Oleson, Kirk Catherwood, and Hope Marr help break ground on the Darkhorse Lodge, a veteran's retreat near Springville. Photo by Paris-Henry Co. Chamber of Commerce

Paris Police Chief Chuck Elizondo was named Kiwanian of the Year at the club’s annual Valentine’s banquet. Presenting him with the award was last year’s recipient, Kate Rhodes. Photo by Jamie Orr

Lori and Remi Claire Patterson head out for their first spring outing in the park.

The National Wildlife Refuge was host to the Tennessee Ornithological Society in February. Photo by Jean Owens

Gaines Hedges, Mary Gail Muller and their leprechaun friend prepare to greet guest to First Christian Church’s annual St. Patrick’s Day Luncheon. Proceeds benefited Real Hope Youth Center.

Mandy and Scott McDevitt admire the photos from actress Cherry Jones during the 25th Annual Photo Showcase. The matted and signed originals were up for auction throughout the month of March.
Taking advantage of several days of unseasonably warm weather, Tiffany Hopkins and Shane Wheeet enjoyed the outdoors by trailriding near Henry.

If you don’t like the weather in Tennessee, just wait! A March snow surprise was a good excuse for Kim Miller to have some creative 4-wheeling fun at his Puryear home.

Young people interacted and did problem solving during the Marshmallow Challenge at the Henry County Youth Leadership Program, hosted by Nobel Automotive.  Photo by Paris-Henry Co. Chamber of Commerce

John and Kristian Elliott were named King and Queen of this year’s Mardi Gras Ball. The annual fundraising event benefits the Paris-Henry County Heritage Center. Photo by Christy Casey

Right: During a Sushi Party fundraiser for Lee Academy for the Arts, Dan Knowles showed how to make three kinds of sushi rolls. Guests learned how to prepare sushi and dined on the Knowles’ creations. Photo by Joan Owens
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like the word “nonchalant.” Basically, it means “feeling or appearing casually calm and relaxed.” I think that kind of fits my gardening style. The thought of having to spend countless hours in the heat and humidity trimming, fertilizing, or watering just doesn’t appeal to my sense of wellbeing. Now while my wife may call this laziness, I like to think of it more as lifestyle choice to spend my time around a pool with a cold drink rather than sweating over the petunias.

So, just what goes into making up a nonchalant garden? Below are a few guidelines for creating a stress-free garden and some of my personal favorites from the wide world of plants.

First of all, creating a low maintenance garden means choosing the right plant for the right place. I know I’ve preached on this subject before, but it just makes sense. Trying to stick a sun loving plant into a shady location is like trying to convince me that kale can actually taste good. You can dress it up, add seasonings, and even wash it down with a good liquid “fertilizer,” but it’s still not going to go down well.

And even when you’ve chosen the right location, a carefree plant still has to have a particular set of characteristics or rules of thumb to make my list.

Rule 1: It’s gotta live, and by “live” I mean more than one year. Now I don’t mind planting a few flowers in containers every year, they are pretty after all. But if it takes more than an entire weekend of amending, tilling, planting, watering, etc., count me out. So we’re basically talking about perennials here. Once they’re in the ground, you just enjoy them, cut them back in the fall, repeat. That’s my kind of plant!

Rule 2: It has to be fairly disease and pest resistant. The planet has enough problems without me adding gallons of bug killer or fungicide sprays to it. If I’m going to spend money on it and take time to plant it, it ought to have the common decency to hold up its side of the bargain and perform well without me hovering over it all the time. Note: this philosophy doesn’t work as well with children, I’ve tried.

Rule 3: Just because I want a plant to thrive on its own doesn’t give it the right to spread uncontrollably. Crabgrass is pretty carefree as plants go, but give it an inch and it’ll take your yard.

Rule 4: The plant has to have some redeemable aspect. They don’t all have to have amazing flowers, unbelievable fragrance, or make the cover of Plants Illustrated, but they should at least catch my eye as I’m walking past them.

OK...on to the lists. Since I mentioned that you should choose the right plant for the right place, I decided to break the list into two very basic categories: sun vs. shade.

I have also narrowed the list to include only perennials. They only give me so much space here, you know.

**SHADE PERENNIALS**

You can’t start a list of shade perennials without including hostas. According to the American Hosta Society, there are more than 3,000 registered varieties in all shapes, sizes, and colors. So enough said and I’ll leave the selection up to you.

Helleborus, or Lenten Rose, is another great carefree plant. Glossy green foliage with many shades of pastel flowers make this an easy choice.

Heuchera, also known as Coral Bells, is rapidly becoming one of my favorites. They have exploded into the market over the past couple of years with foliage colors ranging from deep purples to vibrant orange to variegated white and green that will knock your socks off. While they won’t flower quite as profusely in deep shade, they are still worth trying one or twelve.

Ferns are always a favorite for turning a shady spot into your own tropical...
paradise. Many of the ferns will also tolerate slightly wet feet making them ideal for hard to grow areas. From large royal ferns to delicately colored Japanese painted ferns, there’s a place in every shady garden for you to experiment with a few.

A plant many of you may not be familiar with is Lamium. Having the unfortunate common name of Dead Nettle, this plant is anything but dead. The leaves of its many varieties have a silvery sheen that nearly glows in shade. While they can spread as wide as three feet, they are easily maintained and work great in containers or hanging baskets where they can spill over the sides.

SUN PERENNIALS
The sheer number of perennials out there that perform well in full sun makes it a difficult task to narrow them down to just a few. You may notice that most of these have been around for a while, but the fact that they are tough as nails and twice as hardy may just be the reason they are so popular.

Blackeyed Susans, or rudbeckias, are still one of the best and hardest perennials for full sun. While most of you familiar with rudbeckia probably think of the standard yellow petals with a black center, many new varieties come in shades of orange to purple to even a deep red.

Another staple for long flowering and low maintenance is Echinacea or coneflower. Purple coneflower is one of my favorites, but they also come in yellows, oranges, reds, and whites.

Now if you really want an old time favorite, you can’t do without a peony in the garden. I think the foliage is pretty nice myself, but when you add the size, color, and aroma of the blooms, wow! An heirloom plant that can last for generations.

One of my new favorite carefree plants is Russian Sage or perovskia. This is a superbly-adapted shrub, suited to some harsh conditions where it thrives on neglect. It has fantastic gray foliage and smoky-blue flowers that last almost all summer.

If you’re like me and a bit of a late bloomer, then you’re sure to like sedum. From low and creeping to tall and showy, the available varieties are almost endless.

The old standby ‘Autumn Joy’ still stands the test of time and since it blooms from August to November, makes a great addition to the Fall garden. (Hint: These look great when planted with another carefree perennial, ornamental grasses!)

Wow! I get tired just thinking about all of the possibilities of what I can plant and neglect. Guess I should probably sit down for a while and have another glass of liquid “fertilizer.”

John Watkins is the grounds director at Discovery Park of America and resides in Henry County.
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Saturday, April 29 at 9 p.m. &
Sunday, May 7 at 3:30 p.m.

The 2017 Annual
Tennessee Iris
Festival Parade
Saturday, May 6 at 9 p.m. &
Sunday, May 14 at 3:30 p.m.

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The buzz words for 2017 are Paris Winery! Visiting Paris Winery is like taking a local trip to Italy, complete with Tennessee hospitality and Italian old world charm.

Upon entering through the massive Eiffel Tower gates you are immediately surrounded by fresh grape vines and multiple fruits for Paris Winery's award winning wines. Visitors are invited to have a complimentary wine tasting, stroll the rolling hills, visit one of the koi ponds, picnic at one of the terraces complete with Italian fountains and architecture, or enjoy a glass of wine and relax at a private settee.

Paris Winery is readily preparing fun activities and events for the community's enjoyment throughout the year. The first of many events, Murder Mystery Dinners are a top request and community favorite. Paris Winery's next 2017 Murder Mystery Dinner is slated for May 13. The exceptional evening will include a Murder Mystery performance as the courses of the dinner are served.

Guests are all seated at large tables, and by the end of the evening, they are all one big family who have just been on an adventure with mystery and intrigue filling the air. All guests are welcome to let their inner thespian come out and be a character or participate by dressing to the theme of the mystery.

The specially selected 5 to 6 course Italian feast is prepared by Italian Master Chef Ruggero. The Murder Mystery dinner menu is comprised of an Italian antipasto, Italian salad, angel hair pasta with Italian sausage and meatballs or chicken cacciatore, both seasoned with Ruggero's special spice blend, and seasonal vegetables. A decadent cheese cake will be served for dessert drizzled with one of Paris Winery's award winning wines as the dastardly fiend is uncovered and whoever has discovered the identity may win a prize!

The Murder Mystery Dinner is destined to be a fun filled, 3 to 4 hour evening out with friends. A complete dinner menu, reservation confirmation, character descriptions, and mystery theme will be emailed prior to attending.

A staple at the Paris Winery is the Concerts in the Vineyard's series with a Fish Fry kick-off concert, Saturday, April 29, at 6 pm. Grab a partner and put your dancing shoes on for fun nights under the stars. Concerts in the Vineyard's series dates are April 29, May 27, June 24, and an Eyeful of Paris Concert September 23. The series is free and open to the community. We invite you to enjoy the beautiful grounds, great music, award winning wines, and have some fun with everyone at the Paris Winery.

New to the Paris Winery event schedule is a Harvest Festival, August 19, and a Secret Santa Party, December 9. Please watch Facebook, Paris Magazine, local advertisers, or call Paris Winery for future details, 731-644-9500.

Paris Winery thanks their patrons and invite all to join in the 2017 celebration of community, family, and cuisine!
RUGGERO'S MURDER MYSTERY ITALIAN CHICKEN CACCIATORE

INGREDIENTS:
- Ruggero's extra virgin olive oil (available at the winery)
- ¼ pound pancetta (Italian bacon, thickly sliced)
- ½ cup all-purpose flour
- 1 tablespoon Ruggero's Special Spice Blend
- 1 tablespoon red pepper flakes
- 6 chicken thighs with skin and bone
- 1 small green bell pepper, chopped
- 1 small onion, diced
- 1 pound baby Portobello mushrooms, sliced
- 3 cloves garlic, chopped
- 3 tablespoons tomato paste
- 4 large diced tomatoes with juice
- ½ cup Paris Winery Dry Red Wine*
- 1 tablespoon cornstarch (optional)
- 16oz package rigatoni or penne pasta
- Freshly shredded Parmesan cheese to taste
- Salt and freshly ground black or Tuxedo Pepper to taste

*Suggested Paris Winery Wines for the recipe: Cabernet Sauvignon, Red Neck Red (a blend of Red Zinfandel, Merlot, and Cabernet Sauvignon), Vino Rosso, Vino Classico

COOKING INSTRUCTIONS:
Heat Ruggero's Extra Virgin Olive Oil in a large nonstick skillet over medium heat, and cook and stir the pancetta until it begins to turn dark brown, 5 to 8 minutes. Remove the pancetta pieces from the skillet with a slotted spoon and set aside.

Mix the flour, Ruggero's Italian Spice Blend, and red pepper flakes in a shallow bowl.

Press the chicken thighs into the flour mixture, tapping off any loose flour.

Brown the chicken thighs in the skillet with the oil and pancetta drippings, 8 to 10 minutes per side. Transfer the chicken thighs to a platter and keep warm.

Cook and stir the green bell pepper, sweet onion, and Portobello mushrooms in the same skillet until the onion turns translucent, about 8 minutes.

Stir in Ruggero's Italian Spice Blend, garlic, tomato paste, diced tomatoes with their juice, and Paris Winery dry red wine into the sauce.

Bring the sauce to a boil, and return the chicken and pancetta to the sauce. If sauce does not almost cover the chicken pieces, mix in more Paris Winery dry red wine.

Reduce heat to low, and simmer the chicken and sauce until the chicken thighs are tender and no longer pink inside, 35 to 50 minutes.

If you prefer a thicker sauce, whisk cornstarch with water and 1 tablespoon of the sauce, and stir the mixture into the skillet until thickened.

About 15 minutes before serving time, bring a large pot of lightly salted water to a boil.

Stir in the rigatoni/penne and return to a boil. Cook uncovered over medium heat, stirring occasionally, until the pasta has cooked through but is still slightly firm, about 13 minutes; drain.

To serve, transfer the cooked rigatoni to a large platter and top with the chicken thighs.

Generously ladle sauce over the chicken and pasta, and sprinkle the dish with Parmesan cheese, salt, and black pepper. Serve any extra sauce on the side.

Wines to serve with Chicken Cacciatore: Paris Winery dry red wines are generally served with red sauce dishes. However, Ruggero suggests choosing your favorite Paris Winery red wine, even Tower Red, for your dining selection.
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Many people suffer from lupus. It is estimated 1 out of every 250 people may develop the autoimmune disease. According to the Lupus Foundation of America, “approximately 1.5 million people in the United States have lupus.” Although it can occur in both men and women, 9 out of 10 people with lupus are women.

It is also three times more common in people of African, Asian and Native American descent. Interestingly, women ages 14 to 45 years old are most often affected. Yet, there is no cure for this disease.

Lupus is a chronic inflammatory disease, also called an autoimmune disease, that occurs when the body’s immune system attacks its own tissues and organs. Many different body systems, including the joints, skin, kidneys, blood cells, brain, heart and lungs can be affected. Some people with lupus suffer only minor inconvenience, while others suffer significant lifelong disability.

Lupus is a complex disease to which its causes are not fully understood. While researchers do believe genetics play a role in who develops lupus, not all agree genes alone are the only factor.

The National Institute of Health (NIH) says, “Some of the factors scientists are studying include sunlight, stress, hormones, cigarette smoke, certain drugs, and infectious agents such as viruses. Studies have confirmed that one virus, Epstein-Barr virus (EBV), which causes mononucleosis, is a cause of lupus in genetically susceptible people.

Scientists believe there is no single gene that predisposes people to lupus. Rather, studies suggest that a number of different genes may be involved in determining a person’s likelihood of developing the disease and also the severity of the disease.

As varied as the causes are, so are the symptoms. Symptoms may come on over time or suddenly. They may be mild or severe and may be temporary or permanent. They vary from unexplained fever, painful, stiff and/or swollen joints, muscle pain, or a red rash on the face to a sensitivity to the sun, extreme fatigue, mouth ulcers and swollen glands just to name a few. Symptoms will depend on which body system is affected.

Diagnosing lupus can be very difficult. As complex of a disease process it is, so can the diagnosis be, taking months and even years to diagnose. There is not a single test to determine if one has lupus.

The most useful tests identify certain autoantibodies often present in the blood of people with lupus. For example, the antinuclear antibody (ANA) test is commonly used to look for autoantibodies. In addition, a Primary Care Provider (PCP) will obtain a complete medical and physical history along with blood and urine tests, chest x-rays, EKG and possibly skin and kidney biopsies.

Treatment will depend on the symptoms, if organs are involved and if activities of daily life are affected. There may also be a number of physicians and or specialists involved as a team approach.

Although treatment varies from person to person, one common treatment all seemed to benefit from is relaxation therapy and reducing stress. Unfortunately, there is no cure for lupus at this time.

The outlook for a person with lupus is much brighter today than it has been in years past. With advances in research and a better understanding of the disease, it is possible for those affected to live an active and involved life. The research studies of today may bring a cure in the future for a disease that continues to mystify.

Here’s to Your Health!

Angie Gregson Dotson, RN BSN, is employed at West Tennessee Bone and Joint Clinic in Paris.
Classic worship, modern thought, and open arms.

Grace Episcopal Church

www.gracechurchparistn.org
(731) 642-1721
103 South Poplar Street in downtown Paris
Come see us soon!

Welcome to the 2017 World’s Biggest FISH FRY APRIL 22-29

LAKEWAY
2601 E. Wood Street
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642-1252

Cindy’s Catering Company, LLC
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Lakeway Village Shopping Center
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No. 1501231 DOFU 5.18.16

CROSSWORD PUZZLE SOLVE
Puzzle on page 21

ACROSS
1. KIMBERLIN
4. McGRADY
5. TRUGREEN
7. HEUCHERA
9. BUSINESS
12. ROCK ISLAND
15. TRIFECTA
16. REMAX
18. CACCIATORE
20. FLOATS
21. BEVILL
22. HOOPER
23. STANTON

DOWN
2. NONCHALANT
3. YANK A BILLIES
6. LUPUS
8. VIRAL
10. FISH FRY
11. WLJT
13. COUNTY HOME
14. VINEYARD
17. CAPITOL
19. ROUTON
There’s no shortage of delicious dining in our area.

Please peruse our restaurant guide and drop in for a meal.

ACE’S RESTAURANT*
1516 East Wood Street, 731-644-0558

ANN & DAVE’S
2613 East Wood Street, 731-641-1334

B & D’S *
125 Cypress Road, Buchanan
731-232-8300

BLUES LANDING RESTAURANT *
130 Tate Dr., Buchanan
731-407-4926

CARMACKS FISH BARN
2165 Highway 140 N, Cottage Grove
731-782-3518

EL VALLARTA MEXICAN RESTAURANT *
1113 Mineral Wells Avenue
731-642-3626

EL VAQUERO MEXICAN RESTAURANT *
600 Spruce Street, 731-641-0404

EAGLE’S NEST MARINA *
500 Eagle Nest Road, Buchanan
731-642-6192 (seasonal)

4-WAY GRILL
6121 E. Antioch Road, Springville
731-641-0100

GOLDEN DRAGON CHINESE RESTAURANT
114 West Washington Street
731-644-3288

HONG KONG CHINESE RESTAURANT *
1021 Mineral Wells Avenue
731-644-1810

HUDDLE HOUSE
1502 East Wood Street,
731-644-1515

KENNY’S MEAT MARKET
Highway 79 South, 731-644-1123

LEPANTO STEAK HOUSE
1305 East Wood Street
731-641-1791

LINDA’S UPTOWN PIZZA
105 S. Brewer Street, 731-641-1166

LEPANTO STEAK HOUSE
1305 East Wood Street
731-641-1791

LINDA’S UPTOWN PIZZA
105 S. Brewer Street, 731-641-1166

MISO JAPANESE RESTAURANT *
915 Mineral Wells Avenue
731-704-6030 / 731-407-6029

MEO MIO’S SPORTSMAN GRILL *
14275 Hwy. 79N, Buchanan
731-924-5060

MISOS JAPANESE HIBACHI STEAKHOUSE *
1055 Mineral Wells Ave.
731-642-7778

OAK TREE GRILL
785 Buchanan Resort Road
Springville
731-642-2828 (seasonal)

OISHII JAPANESE HIBACHI STEAKHOUSE *
1055 Mineral Wells Ave.
731-642-7778

PARIS LANDING STATE PARK INN *
400 Lodge Road, 731-642-4311

PARIS WINERY & RUGGERO’S ITALIAN BISTRO *
2982 Harvey Bowden Road
731-644-9500

PIZZA PRO OF PARIS/SUB CITY
14244 Hwy. 79 N., Buchanan
731-642-2246

PRATER’S TATERS
1055 Mineral Wells Avenue
731-642-7224

SOUTHSIDE CAFE
1875 Highway 69 S, 731-407-4694

SPANKY’S COUNTRY KITCHEN
9505 Hwy 641N, Puryear
731-247-8527

STEAK ‘N SHAKE
1036 Mineral Wells Avenue
731-407-7341

TAKE ME BACK CAFE
302 West Wood Street
731-642-1952

THE BREAKERS MARINA & GRILL *
(seasonal)
526 Shamrock Road, Buchanan, TN
731-232-8299

THE FRESH MARKET RESTAURANT *
2255 East Wood Street
731-644-1900

TOM’S PIZZA & STEAK HOUSE
2501 East Wood Street
731-642-8842

TROLINGER’S BBQ
2305 East Wood Street
731-642-8667

WOODY’S HAND-TOSSED PIZZA *
849 Volunteer Drive, Suite 10
731-641-2222

YANK-A-BILLIES
1055 Mineral Wells Avenue, Suite 10
731-924-4400

YODER’S COUNTY STORE
75 Anderson Rd, (731) 644-7535

*Beer and/or other alcohol available.
**ONGOING EVENTS**

**Come play inside** – The *Paris Civic Center* has an indoor pool, track, weights and fitness machines. Pay by the visit or become a member. Located on Volunteer Drive, call 731-644-2517.

**Pickin' n' Grinnin’** – Jam with fellow country music lovers or just listen in at the *Civic Center* every Tuesday (except the second Tuesday) and Friday night at 7pm. Call 731-641-7577 or 731-641-0562.

**Get Artsy** – Learn to play an instrument, sing, paint, create pottery and more at Lee Academy for the Arts. Visit www.schoolforthearts.com for information.

**Latest Films** – Enjoy six screens and the latest movie releases at the *Parisian Theatre* on Jim Adams Drive. Info line is 731-642-7171.

**Let’s Dance** – The *Henry Civic Center* is the best dance spot in the area each Thursday night when Shiloh offers up country tunes mixed with a little rock n’ roll from 7-10pm. For more information, call, 731-336-7071.

**Henry County Medical Center** offers FREE monthly seminars/screenings including Cardiac Rehab Nutrition, Shopping Smart, Joint Replacement, Chronic Disease Management, Childbirth, Medicare and more. Participants must pre-register at 731-644-3463 or www.hcmc-tn.org.

**Need a good book to read?** - Head over to the W.G. Rhea Public Library. You can find something to read, check out a DVD, or find something cool for the kiddos to do. Get ready for the summer Reading Program! For more information call 731-642-1702.

**Let’s Go Fishin’** – Paris Landing Marina has lots of Fishing Tournaments coming up! So grab a pole and head out to beautiful Kentucky Lake. For more information contact Rob Marcum at 731-641-4474.

**Wine anybody?** - Make a day of it and go wine tasting at Paris Winery. The scenery is always beautiful and the wine impeccable. For upcoming events, such as Concerts in the Vineyard, log onto pariswinery.com or call 731-644-9500.

**MYPARISMAGAZINE.COM**

**Paris Henry County Arts Council** is presenting the *25th Annual Photo Showcase* at the Lee Academy for the Arts. Admission is free. Call 731-642-3955 for more information.

**MARCH 5 – 31** – Paris Henry County Arts Council is presenting the *25th Annual Photo Showcase* at the Lee Academy for the Arts. Admission is free. Call 731-642-3955 for more information.


**APRIL 2 – 28** - Paris Henry County Arts Council presents the *32nd Annual Artist Showcase* at the Lee Academy for the Arts. Admission is free. For information call 731-642-3955.

**APRIL 6 – Lie down, give blood, save a life. Lifeline Bloodmobile** is at First United Methodist Church from noon – 6:00 pm.

**APRIL 6 – Community Health Screening** at Henry County Farm Bureau from 8:30-10:30 am. HMC staff members will provide free blood pressure checks, blood sugar check and more. For more info, call 731-642-9082.

**APRIL 8 – “Light Up The Night For Easton”** 1 mile glow walk and sky lantern release by Easton’s Angels, kick-off at 5pm, Fairgrounds. Dressed in your best glow attire and enjoy bake sale, games, jumpers and raffle. Perry’s Bar-B-Q and Cash’s Pizza will be on hand as well. Check Easton’s Angels on Facebook for more information.

**APRIL 8 – Bow Wow at the Barn** from 6-9 pm at Dunagan Farms. Sponsored by the Carroll County Humane Society, tickets are $25 and available at the shelter or locally at Paris Vet Clinic. Cash’s Wood Fired Pizza and Perrylodic Brewery will both be on hand, as well as live music, a wine pull and a great live auction. For information call 731-352-9950.

**APRIL 8 – Carl Perkins Center Cast-N-Blast Fishing/Hunting Event** at the Paris Landing State Park Marina. For more information call 731-642-8455.

**APRIL 8 – Spring Yard Sale** in Paris First United Methodist Life Center, 7 am – 12 pm. For information call 731-642-4764.

**APRIL 9 – Palm Sunday**

**APRIL 10 – Lego Free Play** at the W. G. Rhea Library from 3:30-4:30 pm. For more information call 731-642-1702.

**APRIL 10-14 – Holy Week Services** are held each day at noon at Quinn Chapel. Brief services are followed by light lunch. For information, call 731-642-8445.

**APRIL 12 – First Baptist Church’s Children present their spring musical “UNPLUGGED”** at the Krider Performing Arts Center at 6:30 pm. Admission is free. For information, call 731-642-5074.

**APRIL 13 – Teen Glow Easter Egg Hunt** at W.G. Rhea Public Library (ages 11-18) at 7 pm. Registration is required by calling the library at 731-642-1702.

**APRIL 14 – Good Friday!**

**APRIL 16 – Happy Easter!** He is risen!

**APRIL 16 – Easter Sunrise Service** is on the front steps of First United Methodist Church. Breakfast, contemporary and traditional services follow throughout the morning. Call 731-642-4764.

**MARCH 30 – 10th Annual Knights of Columbus Ravioli Dinner** to benefit Tomorrow’s Hope held at Holy Cross Catholic Church. Lunch served from 11:30 am-1 pm and dinner from 5:30 pm-7 pm. Meal includes ravioli dinner, salad, bread, dessert and a drink. For more information call 731-642-4681.

**APRIL 8 – 25th Annual Pho-Ray-oli Dinner** to benefit To-bacco’s Hope held at Holy Cross Catholic Church. Lunch served from 11:30 am-1 pm and dinner from 5:30 pm-7 pm. Meal includes ravioli dinner, salad, bread, dessert and a drink. For more information call 731-642-4681.

**APRIL 8 – Happy Easter!**

**APRIL 8 – 17th Annual Knights of Columbus Ravioli Dinner** to benefit Tobacco’s Hope held at Holy Cross Catholic Church. Lunch served from 11:30 am-1 pm and dinner from 5:30 pm-7 pm. Meal includes ravioli dinner, salad, bread, dessert and a drink. For more information call 731-642-4681.

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**APRIL 9 – Legenda Free Play** at the W. G. Rhea Library from 3:30-4:30 pm. For more information call 731-642-1702.

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APRIL 18 – Movie Night with “ET” sponsored by the Arts Council. Sure to be fun for all! For more information call 731-642-3955.

APRIL 21 - “April in Paris” Fashion Show and Luncheon 11 am-1 pm. $15 donation to the Downtown Paris Association. For information, call 731-653-7274.

April 22 - Enjoy programs on monarchs, bees and pollinators with area experts plus booths and concessions at the Tennessee National Wildlife Refuge Visitors Center. The Henry County Bee Keepers Association will also be on site. 10 am - 3 pm

APRIL 22 – World’s Biggest Fish Fry events – See schedule on the inside back cover! Don’t forget to hug a Jaycees!

April 22 - The World’s Biggest Fish Fry 5K Hushpuppy Dash is at 8 a.m. at Henry County High School. Register at 7 am. Entry fee $20 or $15, if preregistered. Call 731-644-1143 or visit www.worldsbiggestfishfry.com. See complete Calendar of Events on the inside back cover of magazine.

April 22 - The Henry County Fairgrounds is a happenin’ place! Head on out for the Demolition Derby at 7pm. For more information visit www.worldsbiggestfishfry.com

APRIL 26 - The all-you-can-eat FISH TENT OPENS at the Henry County Fairgrounds from 5-9 pm. Adults eat for $12 and children 6-12 years old eat for $8. After you eat, head over and check out the carnival!

APRIL 27 - 29 – IPRA Rodeo at the Henry County Fairgrounds each night at 7:30 pm.

APRIL 28 – No School! Schools are closed to celebrate the World’s Biggest Fish Fry. Parade starts at 10:00 am.

APRIL 29 – Small Fry Parade at 10 am in beautiful downtown Paris, followed immediately by the Catfish Races at 10:30 am on the courthouse lawn.

APRIL 29 – Concert in the Vineyards at the Paris Winery, 6-10 pm. To find out who’s playing and learn more about what’s going this spring at The Winery, call 731-644-9500.

MAY – Public Fishing Derby in Puryear is sponsored by the Tennessee National Wildlife Refuge. Date and specific location to be announced. For more info, 731-642-2091.

May 1 – 5 – Don’t forget to thank a teacher during Teacher Appreciation Week.

MAY 4 – Don’t forget to save a life today! Visit the Lifeline Bloodmobile from noon-6 pm at First United Methodist Church.

MAY 4 – National Day of Prayer

MAY 5 – Spring Gathering Luncheon at First United Methodist Church. 11 am-1 pm, Christian Life Center. Tickets available at the door; dine in or take out. Call 731-642-4764.

MAY 6 – The Rotary Club hosts its annual Country Ham Breakfast in the Paris Elementary School Cafeteria from 6-11 am. Dine in or carry out.

MAY 9 – Mother’s Day Gift Craft at the W. G. Rhea Public Library from 6-7 pm. To register or for information call 731-642-1702.

MAY 12 - Dress up those special little girls in your lives for a special evening with Fancy Nancy. W. G. Rhea Public Library, 7 - 9 pm. Registration is required; call 731-642-1702.

MAY 13 – Mother’s Day Murder Mystery Dinner at the Paris Winery. This will be a fun night out but reservations are required. Call 731-644-9500 for more information.

MAY 14 – Mother’s Day

MAY 19 – Congratulations grads! Henry County High School graduation. For more information, call 731-642-5232.

MAY 23 – Enjoy beautiful cars at the Downtown Cruise In, 5:30pm with Wood and Wire performing. Call 731-653-PARIS or log onto www.VisitDowntownParis.com for info.

MAY 23-24 – Summer break is here! May 23rd is the last day of school for the PSSD; the 24th is the official last day for everyone in the Henry County School System.

MAY 28 – Concert in the Vineyards at the Paris Winery from 6-10 pm. For more information, call 731-644-9500.

MAY 29 – Memorial Day! Remember our Veterans. Be sure and attend the various scheduled events for our heroes around town. For more information call 731-642-5212 or 731-653-PARIS.
INDEX

* Pick up your copy of PARIS! at these locations

Alexander, Thompson & Arnold .......................................................... 12
Attitudes ............................................................................................... 25
Board of Public Utilities ................................................................. 16
Butler & Harber ................................................................................. 34
Cindy’s Catering ............................................................................... 36
Coast To Coast Tinting ...................................................................... 34
Downtown Paris Association ............................................................. 11
Edward Jones* ................................................................................... 7
First Baptist Church .......................................................................... 12
Foundation Bank* ............................................................................. 23
Frame Makers ..................................................................................... 39
Grace Episcopal Church .................................................................... 36
Henry County Medical Center* ....................................................... Inside Front Cover
Henry County Monument Works ....................................................... 5
Invest Financial Corporation ............................................................ 16
Joe Mahan Ford .................................................................................. 9
Lakeway Animal Clinic ...................................................................... 2
Lakeway IGA ....................................................................................... 36
Landmark Realty .............................................................................. 30
Lura Lee’s Gift Shoppe ................................................................. 12
McEvoy Funeral Home .................................................................... 15
Mike’s Mufflers .................................................................................. 34
Mineral Wells Animal Clinic ............................................................. 16
Moody Realty* .................................................................................. 28
Moon’s Jewelry ................................................................................... 5
Neese Law Firm .................................................................................. 2
Paris Civic Center .............................................................................. 5
PARIS! Distribution ............................................................................ 31
Paris First United Methodist Church ............................................. 30
Paris-Henry County Heritage Center ............................................ 31
Paris Insurance Agency ..................................................................... 36
Paris Pharmacy .................................................................................. 34
Paris Veterinary Clinic ..................................................................... 15
Paris Winery & Vineyard .................................................................. 20
Parisian Theatre ............................................................................... 39
Peppers Automotive ......................................................................... 18
Re/Max Cornerstone* ....................................................................... 15
Ridgeway Funeral Home .................................................................. 14
Security Bank ................................................................................... 18
Servall Restoration ............................................................................. 2
Shoemaker Financial ......................................................................... 36
Silverwood Cabinetry ......................................................................... 20
State Farm ........................................................................................ 20
Tennessee Valley Community Church ........................................... 15
The Toggery ......................................................................................... 18
Trolinger’s .......................................................................................... 2
Trugreen ............................................................................................ 30
Twin Lakes Dental Associates ........................................................... 2
Vicky Muzzall Tax Service ................................................................ 2
West Tennessee Bone & Joint* .......................................................... Back Cover
Wimberley Agency ............................................................................ 5
WLJT .................................................................................................. 31
World’s Biggest Fish Fry* ................................................................ Inside Back Cover
SATURDAY, APRIL 1
Headquarters Grand Opening ........... 10 am .............. 1299 East Wood Street

SATURDAY, APRIL 22
5k Hushpuppy Dash ....................... 7 am registration ....... Henry Co. High School
($20 entry fee; $15 pre-registered) ........ 8 am race begins
Bed Races .................................. 11 am registration .... First United Methodist
($50 entry fee; $75 pre-registered) .... Church
Demolition Derby ($40 entry fee) ........ 7 pm ............ Fairgrounds

MONDAY, APRIL 24
Kick-off Street Dance with Ray Lewis Band ........ 7-9 pm .... Downtown

TUESDAY, APRIL 25
Carnival Kissel ......................... 5-11 pm ........ Fairgrounds
Country Dance with The Legends ($5) ........ 7-10 pm .... Fairgrounds

WEDNESDAY, APRIL 26
FISH TENT OPENS ....................... 5-9 pm ........ Fairgrounds
(All-You-Can-Eat / Adults $12, Children 6-12 $8) Sponsored by Holley Credit Union
Carnival Kissel ......................... 5-11 pm ........ Fairgrounds
Christian Concert with
The Brent Perkins Band ($5) ................. 7-9 pm ........ Fairgrounds

THURSDAY, APRIL 27
Arts & Crafts Show ..................... 5-8:30 pm .... Fairgrounds
FISH TENT ............................. 5-9 pm ........ Fairgrounds
(All-You-Can-Eat / Adults $12, Children 6-12 $8) Sponsored by Holley Credit Union
Carnival Kissel ......................... 5-11 pm ........ Fairgrounds
IPRA Rodeo Family Night ($5) ............. 7:30 pm .... Fairgrounds
Sponsor: AT&T

FRIDAY, APRIL 28
Arts & Crafts Show ..................... 10 am - 8:30 pm .... Fairgrounds
Grand Parade ......................... 10 am ............ East Wood Street
FISH TENT ............................. 11 am - 9 pm .... Fairgrounds
(All-You-Can-Eat / Adults $12, Children 6-12 $8) Sponsored by Holley Credit Union
Carnival Kissel ......................... 11 am - midnight .... Fairgrounds
IPRA Rodeo ($10 Adults, $8 Children) ........ 7:30 pm .... Fairgrounds
Sponsor: Charter

SATURDAY, APRIL 29
Small Fry Parade ....................... 10 am ............ Downtown
Arts & Crafts Show ..................... 10 am - 8:30 pm .... Fairgrounds
Catfish Races ......................... 10:30 am ........ Downtown
Junior Fishing Rodeo .................. 11 am - 1 pm .... Williams Lake
Carnival Kissel ......................... 11 am - midnight .... Fairgrounds
FISH TENT ............................. 11 am - 9 pm .... Fairgrounds
(All-You-Can-Eat / Adults $12, Children 6-12 $8) Sponsored by Holley Credit Union
IPRA Rodeo ($10 Adults, $8 Children) ........ 7:30 pm .... Fairgrounds
Sponsor: Charter

SUNDAY, MAY 1
Carnival Kissel ......................... 1-6 pm ........ Fairgrounds
There was a time when Henry Countians who were in need of a top-notch orthopedic specialist or physical therapist were forced to travel far from home. It was inconvenient and expensive.

In 2000, Dr. Blake Chandler became the first Henry Countian to return home to practice orthopedic surgery. Family Nurse Practitioner Clay Nolen soon came onboard, and in 2015, Physical Therapist Shannon Osbron joined forces with them to create West Tennessee Bone and Joint Clinic and Physical Therapy-Paris. Physical Therapist Ben Glover has since become a member this gifted team.

This joint effort from your hometown professionals brings new meaning to the familiar phrase, Be Local, Stay Local – excellent orthopedic and rehabilitation care.

For more information or to schedule a CLINIC APPOINTMENT: 1004 CORNERSTONE DRIVE, PARIS, TN 731-644-0474.

For more information or to schedule PHYSICAL THERAPY: 1006 CORNERSTONE DRIVE, PARIS, TN 731-407-4738.