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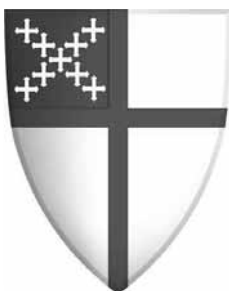
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## It's a New Year with New Stories!

**A**s we roll into a New Year, resolutions are important, but so is a review of 2016. As I look through the past year's issues, I'm proud of our community and its direction. For example, there have been new initiatives, such as Preserve Paris, which are steadily improving our community.

Several books were published that highlighted our county. Several hardworking, charitable organizations raised record-breaking amounts of money to aid their good causes. A new Downtown App turned heads as our community used technology to improve commerce and tourism. And finally, inspiring individuals continue to push us onward. And now, 2017, here we come!

With this issue we offer a fond farewell to a woman who has been a fixture at our public library for three decades. Our spotlight is on Freda Reddick, who offers a glimpse into her life at the library and beyond.

We drop in on Tommy Scarbrough, who offered up a unique item at Helping Hand last year. Discover how this auction item turned out in Arts and

Entertainment. Speaking of folks with a charitable nature, readers will enjoy meeting Michelle Brewer, whose shed is an answer to many a prayer.

We bid farewell to Annie Mayoza Holmes who inspired food lovers with her delicious recipes in Paris Cuisine. She'll tempt your taste buds one last time with her fabulous pork chops in this issue. We'll miss you Annie, and we appreciate you!

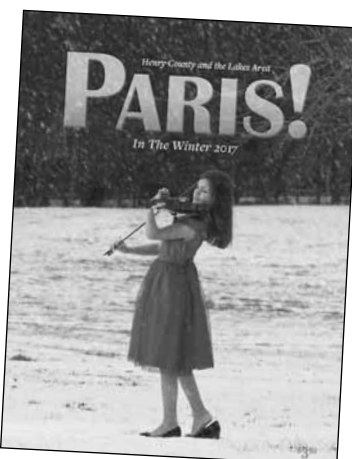
Meanwhile, Bill Neese tells us about a New Year's to remember. Angie Dotson debunks some health-related wives tales. Parisian Theatre owner, Larry Smith discusses the Oscars, and a touching tribute to Dr. Ted Callicott. Our gardening guru, John Watkins shares a little garden trivia, while Larry Ray and Shannon McFarlin recount some amazing history.

Have a happy, healthy New Year!

*Smantha*

## On The Cover

As winter's snow swirls all around her, Iris Shepherd plays beautiful music on her violin. Her mother, Traci Shepherd captured the moment.



Henry County and the Lake Area

# PARIS!

**Editor and Publisher**  
*Smantha Parker*

**Contributing Editors**  
*Angie Gregson Dotson,  
Annie Mayoza Holmes,  
Larry Ray,  
John Watkins*

**Contributors**  
*Susan Jones, Shannon McFarlin  
Kathy Ray*

**Editorial Advisory Board**  
*Noragene Harding, Mike Key,  
Mary Kate Ridgeway,  
Tim Williams*

**Creative Design**  
*Karen Geary*

**Printing**  
*West Tennessee Printing,  
Paris, TN*

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**PARIS!**  
230 B Tyson Avenue, Suite 134  
Paris, TN 38242

parker@MyParisMagazine.com  
731-363-8992  
www.MyParisMagazine.com

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# NEW YEAR'S DAY FISHING

BY BILL NEESE

*Bill Neese is a local attorney, a sportsman, a youth shooting team coach and a newly minted grandfather. He recently began writing stories about his family, work, community and coming of age in the South. While composed primarily for his grandsons, his hope is "that these little stories will bring a smile to those who might read them."*

In the late 1970s, the sauger fishing was really good in Kentucky and Pickwick Lakes. There was a fish camp north of the Pickwick Dam right on the Tennessee River. It was built out of old barges converted to motel rooms with a large lounge and restaurant. It was called the Bill Bellis Boatel and was an ideal destination for winter sauger fishing.

We put together a New Year's fishing trip at the boatel with eight or ten guys and four or five boats. After

arriving, we fished a while before tying the boats up for the night.

The dam was discharging water at a heavy rate and the river was swift in front of the boatel where the dock was located. That evening, the temperature dropped and it got well below freezing. This trip was to be eventful.

My boat had an intermittent leak that I could never find. Only when I drove it at speed did it take on water. The next morning it was sitting low in the river. As I got closer I could see

that it was over half full of water. I jumped on the seat and turned on the bilge pump. I should have started the engine first.

At least now I knew the source of the leak. It was a hairline crack that only leaked under the pressure of running water. The bilge pump soon had most of the water out and I got my gear ready to go.

My fishing partner and I got in the boat, started the engine and untied the boat whereupon the engine died.

We started downstream with the very swift current. After pumping out the boat, the engine battery was dead and we were drifting rapidly toward Paris Landing some 70 miles north.

I put the electric trolling motor in the water – it had its own battery – and steered out of the current behind a small island. A friend rescued us, towing us back to the dock where our companions were laughing hysterically. With a new battery we were finally off to the dam and a day of fishing.

We caught a lot of fish jigging in the frigid water and throughout the day, the temperature kept falling. Ice would form on our fishing rods, and we would dip them in the current to wash it away.

Finally, I looked up and saw an old-style Bayou Bass Buggy motoring towards us. The Bass Buggy was a low sitting, double-ended boat that looked like a kayak. The two occupants were wearing Eskimo-style parkas with fur around the opening and Alaskan style fur gloves. I decided that if it was cold enough to bring the Eskimos south, I was heading to the boatel. Everyone else did, too.

I was the last to leave the dock and was walking up the hill toward the boatel, pondering my fiasco from earlier in the day when a fellow arrived in a new special edition Ford Bronco which was towing a shiny new bass boat.

They say you never have to look far to find someone in worse straits than

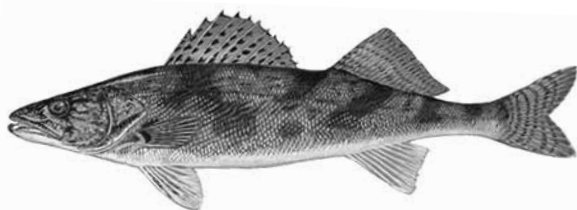
yourself, and this soon proved to be the case. People had been launching and retrieving boats all day so there was water on the ramp. By late afternoon, the ramp was covered in ice.

As the man started backing down, I saw disaster pending. Running toward the truck, I waved my arms, but it was too late. The rig started to slide. The brakes were of no use. All four wheels began to spin as first the boat and then the truck skid into the swift water.

The boat was strapped to the trailer and both floated. The truck skid until its tires reached the part of the ramp that was far enough underwater that it wasn't frozen and there the truck stopped. Water was in the truck's cab, and until the ice melted, that truck wasn't going anywhere on its own.

Fortunately, several of the guys in our group had wenchers on their trucks and were able to pull the truck up a ways, unload the boat from the trailer and get the truck far enough up the ramp so it could drive away. It could have been a lot worse, but that truck would never be the same.

It just seems like some trips are not destined to come off smoothly, but that's how memories are made. As I recall, the guys enjoyed a good laugh at my expense. And we all stifled a chuckle as that nice truck slid down the ramp into the water. And to this day, I think about those Eskimos and wonder how they got all the way down here in that kayak.



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<b>JANUARY 8</b>  <b>AUCTION PHONE</b> <b>644-1695</b>	<b>JANUARY 9</b> <b>LAKEWAY KIWANIS</b> Fred McLean 642-3273 <b>PARIS LIONS CLUB</b> Chip McLean 642-3273 <b>PARIS LIONESS CLUB</b> Polly Gallamore 642-1145	<b>JANUARY 10</b> <b>PARIS OPTIMIST CLUB</b> Chris Mooney 642-5779 <b>MARTHA CHAPTER OES #155</b> <b>PARIS LODGE #108</b> <b>BUCHANAN LODGE #772</b> Ethel Emerson 642-3697 <b>MASONIC LODGE #109</b> Freddie Wade 642-0926 <b>FOREVER FRIENDS ANIMAL SANCTUARY</b> Teri Graziano 644-1508 <b>HENRY CO. FAIR ASSOC.</b> Linda Mangrum 642-4522	<b>JANUARY 11</b> <b>MEDICAL COMMUNITY</b> Elizabeth Craig 642-3761 <b>HENRY CO. ORTHOPAEDIC</b> Jeanette Triplett 644-2271 <b>PARIS SURGICAL SPECIALISTS</b> Stacia Puckett 644-3211 <b>WEST TN BONE &amp; JOINT CLINIC</b> Chip Anderson 644-0474 <b>EAST WOOD CLINIC</b> Janet Jane 642-2011 Marilee Hart 642-2011 <b>KY LAKE UROLOGY CLINIC</b> Leigh Ann Horton 642-8884	<b>JANUARY 12</b> <b>WOODMEN OF THE WORLD</b> Debbie Sneed 731-415-9178 <b>CIVITAN CLUB</b> Joanne Cox 642-2001 <b>DOWNTOWN PARIS ASSOC.</b> Kathy Ray 653-7274 <b>QUOTA</b> Jane Sinnema 642-3341 <b>KY LAKE CHAPTER - QUAIL FOREVER</b> Charles Jones 782-3591	<b>JANUARY 13</b> <b>PARIS ROTARY CLUB</b> Darin Thompson 615-866-7420 <b>OSAGE/AIRPORT COMMUNITY</b> James Williams 642-1139 Nancy Allen 642-6175 <b>PARIS POST-INTELLIGENCER</b> Evonne Williams 642-1162	<b>JANUARY 14</b> <b>AUCTION BEGINS AT 12 NOON</b> <b>PLEASANT HILL COMMUNITY</b> Fay Turner 642-0159 Carol Norwood 363-408
<b>JANUARY 15</b> <b>OFFICE PHONE</b> <b>644-1833</b> <b>Office Hours: 7 AM until 30 minutes after auction ends</b>	<b>JANUARY 16</b> <b>QUINN CHAPEL</b> John Dandridge 642-8445 Wanda Todd 642-8445 Freddie Williams 642-8445 <b>CIVIL AIR PATROL</b> Ben Wainscott 363-1418 <b>INMAN BETA CLUB</b> Becky Wilson 642-8131	<b>JANUARY 17</b> <b>SECURITY BANK WHITE &amp; ASSOCIATES WIMBERLEY AGENCY</b> Traci Templeton 642-6644	<b>JANUARY 18</b> <b>COMMERCIAL BANK</b> Clint Davis 642-3341 <b>FOUNDATION BANK</b> Kaley Ballou 642-8958 <b>REGIONS BANK</b> Rena Barker 642-3825 <b>FIRST BANK</b> Scott Morrison 641-6400 <b>CARROLL BANK &amp; TRUST</b> Justin Oliver 642-6363	<b>JANUARY 19</b> <b>OAKLAND COMMUNITY</b> Randy French 642-6633 John/Sue Krezinski 642-4623 Randy Canady 336-6042 <b>JUNIOR LIVESTOCK</b> Brenda Ables 782-3244 <b>W. G. RHEA LIBRARY</b> Connie McSwain 642-1702 <b>LEE SCHOOL ASSOC.</b> Ray Harding 642-7463 <b>RAY OF HOPE FELLOWSHIP</b> Lauren Steele 336-2544	<b>JANUARY 20</b> <b>PALESTINE COMMUNITY</b> M/M Jerry Bridges 642-2805 Marvin/Karen Klopfenstien 243-7167 Beth Greer 336-0135 <b>CENTRAL POINT COMMUNITY</b> Peggy Veazey 642-6095 Melanie Townsend 642-5288 Elizabeth Craig 642-4986 <b>FIRST CHURCH OF THE NAZARENE</b> Mary Bright 644-1995 <b>BRIDGE OF HOPE CHURCH</b> Ruth Woodard 642-0670	<b>JANUARY 21</b> <b>AUCTION BEGINS AT 12 NOON</b> <b>WHITLOCK COMMUNITY &amp; VOLUNTEER FIRE DEPARTMENT</b> Judy Paschall 642-1933 Freddie Wade 642-0926 Larry & Sue Carol Nichols 642-3909 <b>RADIO NIGHT AUCTION BEGINS AT 6:30 PM</b>
<b>JANUARY 22</b> <b>Ring Those Phones for HELPING HAND!</b>	<b>JANUARY 23</b> <b>HENRY COUNTY EMPLOYEES</b> Brent Greer 642-5212 Debbie Simmons 642-5212 <b>TRINITY UNITED METHODIST</b> Harry Vollen 644-9355 <b>MASTER GARDENERS</b> Victoria Ard 731-352-5192 <b>ARTS COUNCIL</b> Amy Jones 642-3955	<b>JANUARY 24</b> <b>COTTAGE GROVE COMMUNITY</b> JW & Carolyn Akers 782-3390 Marilyn Brown 571-6435 <b>CENTER COMMUNITY</b> Andy/Becky Paschall 782-3606 Mike/Pam Hutson 782-6166	<b>JANUARY 25</b> <b>JONES MILL/HICO COMMUNITY</b> Bobby/Brenda Owens 782-3554 Regina Veazey 247-5581 <b>MORNINGSIDE OF PARIS</b> Barbara Baggett 644-9680 <b>HENRY CO. YOUTH ORCHESTRA</b> Julie Williams 336-4792 <b>TN RIVER FINE ARTS LEAGUE</b> Doreen Bates 644-1217 <b>KROGER</b> Teresa Shepherd 644-1075	<b>JANUARY 26</b> <b>PURYEAR COMMUNITY</b> Don Jones 247-3338 Beth Taylor 247-3784 <b>HARRELSON BETA CLUB</b> Holly Thompson 247-3152 <b>CASH SAVER</b> Linda Brown 642-2464 <b>OFFICE ON AGING</b> Reginald Caldwell 642-2919 <b>NORTHWEST NUTRITION</b> Deb Snow 642-3139	<b>JANUARY 27</b> <b>CLIFTY COMMUNITY CLIFTY VILLAGE</b> John/Lisa Childers 642-4984 Stephen/Kim Watson 333-6048 Jim & Anita Breeding 363-3803 <b>RESCUE SQUAD</b> Diamn McGuire 642-3162 Carol Tedford 336-3802 <b>DIALYSIS CLINIC</b> Sarah Scott 644-0763 <b>RELAY FOR LIFE</b> Alonna Tosh 243-2231	<b>JANUARY 28</b> <b>AUCTION BEGINS AT 12 NOON</b> <b>EDUCATOR'S DAY</b> Danny Veazey 642-8131 Lynette Smith 642-3675 Lisa Williams 642-3675 Rebecca Peale 642-0961 Lisa Hart 247-3152 Natalie Norwood 243-7114 Felicia Bates 644-1600 Lynne Green 642-4586 <b>RADIO NIGHT AUCTION BEGINS AT 6:30 PM</b>
<b>JANUARY 29</b> Broadcast daily over <b>WTPR - AM 710</b> 12:30 PM til... Weekdays 12 Noon on Saturday Listen to <b>KQ 105.5</b> for Saturday Night Auctions <i>(Check Calendar Time)</i>	<b>JANUARY 30</b> <b>NEW HARMONY BAPTIST</b> Joel York 593-3876 <b>HERITAGE CENTER</b> Sandee Green 642-1030 <b>SPARKS STREET CHURCH OF CHRIST</b> Theresa Howard 407-4857 <b>HCHS BAND BOOSTERS HCHS COLOR GUARD</b> Dana Capps 336-5404 <b>INMAN BAND</b> Julie Williams 336-4792	<b>JANUARY 31</b> <b>FIRST PRESBYTERIAN CHURCH</b> Diane McDowell 642-2962 <b>NEW BOSTON COMM.</b> Kathy Stiles 782-3161 Vester/Blanche Brown 782-3464 Angie Leach 782-3138 <b>SEVENTH DAY ADVENTIST</b> Anita York 408-528-5001 <b>JOE MAHAN FORD</b> Joanna Stone 642-4711	<b>FEBRUARY 1</b> <b>MANSFIELD COMM.</b> Linda Faye Neal 644-9031 Earl & Erline Williams 642-5200 Judy Sutton 642-6045 <b>CHRIST LUTHERAN</b> Lori Taylor 642-4025 <b>CARL PERKINS CTR</b> Carly Wheat 642-8455 <b>JOHNSON CHAPEL</b> Christi Cross 336-7874 Renae Peale 642-1081	<b>FEBRUARY 2</b> <b>BUCHANAN COMM.</b> Gail Scarbrough 247-5851 Judy Beasley 644-3625 <b>LAKEWOOD BETA CLUB</b> Mary Ashlock 644-1600 <b>HENRY CO. DEMOCRATIC WOMEN</b> Karen Hehn 641-0064	<b>FEBRUARY 3</b> <b>HOLY CROSS CATHOLIC CHURCH</b> Leila Kackley 642-4681 <b>CHAPEL HILL/GUTHRIE ROAD</b> Mary June Sinnema 642-1794 <b>LAST MANGO IN PARIS PARROTHEAD CLUB</b> Carol Mannon 707-2095 <b>T.A.R.P. CENTER FOR IND. LIVING</b> Denise Wardle 644-0026	<b>FEBRUARY 4</b> <b>AUCTION BEGINS AT 12 NOON</b> <b>FIRST BAPTIST CHURCH</b> Anita & Don Peale 336-2042 <b>RADIO NIGHT AUCTION BEGINS AT 6:30 PM</b>



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<b>FEBRUARY 5</b>  <b>AUCTION PHONE</b> <b>644-1695</b>	<b>FEBRUARY 6</b> <b>FIRST CHRISTIAN CHURCH</b> Pam/Rick Conger 621-7425 Gail Muller 642-3591 <b>HABITAT FOR HUMANITY</b> Bill Williams 642-5915	<b>FEBRUARY 7</b> <b>VETERANS ORGANIZATIONS</b> <b>VFW POST 1889 &amp; LADIES AUXILIARY</b> Ann Smith 270-293-2705 <b>AMVETS POST 45</b> Glenn Taylor 336-1751 <b>AMERICAN LEGION POST 89</b> Gerri Ann Meketi 644-1922 <b>PARIS ELKS LODGE</b> Robbie Miller 363-7751 <b>MOOSE LODGE 1915</b> Fred Lindahl 847-533-1352 <b>UNFORGOTTEN MOTORCYCLE CLUB</b> Ronnie Tyler 641-9015	<b>FEBRUARY 8</b> <b>TOMORROW'S HOPE</b> Cheryl Conner 642-0600 <b>TN VALLEY ASSOC. OF REALTORS</b> Jennifer Owen 336-7844 <b>WAL-MART SUPERCENTER</b> Jeri Irby 644-0290 <b>HCHS THEATRE DEPT.</b> Holly Todd 363-0986	<b>FEBRUARY 9</b> <b>FAIRVIEW BAPTIST CHURCH</b> Betty Chrisman 642-3147 <b>CAREY COUNSELING</b> Dale Mathis 642-0521 <b>PLUS ENDOWMENT</b> Susan Hayes 731-431-8640 <b>HISTORIC ATKIN-PORTER NEIGHBORHOOD ASSOC.</b> Susan Jones 731-693-2696 <b>COVENANT RANCH</b> Jon Paul Moody 336-4617	<b>FEBRUARY 10</b> <b>HOOF BEATS OF HOPE</b> Jan Foy 782-3205 <b>WESLEY PINE RIDGE</b> Dawn Greenhill 641-0864 <b>TRAIL LIFE USA AMER. HERITAGE GIRLS</b> Carlton Gerrell 693-3333 <b>HENRY CO. GENEALOGICAL SOC.</b> Jean Peterson 642-3638 <b>HENRY CO. CEMETERY COM.</b> Susan Stewart 336-9764 <b>HENRY CO. ARCHIVES</b> Stephanie Tayloe 644-3489	<b>FEBRUARY 11</b> <b>AUCTION BEGINS AT 12 NOON</b> <b>FIRST UNITED METHODIST CHURCH</b> Jim & Jackie Bundy 336-0455 Bruce & Rita Reed 642-6516 <b>IN-HOUSE NIGHT AUCTION BEGINS AT 6:00 PM</b>
<b>FEBRUARY 12</b> <b>OFFICE PHONE 644-1833</b> <b>Office Hours: 7 AM until 30 minutes after auction ends</b>	<b>FEBRUARY 13</b> <b>HENRY COMMUNITY</b> Alonna Tosh 243-2231 Dede Wyatt 363-0568 <b>HENRY BETA CLUB</b> Amy Williams 431-8574 <b>BUNNS COMM.</b> Linda & Lee Roy Hamlin 243-4376 <b>UT SUPPORTER</b> Margaret Weeks 642-2616 <b>SENIOR CITIZENS CTR</b> Ann Smith 270-293-2705	<b>FEBRUARY 14</b> <b>SUNNYSIDE/COUNTRY WOOD</b> Penny Lancaster 336-7372 Janette Weng 641-0282 Rhonda Compton 644-9903 <b>SCENIC HILLS/CASTLETON COVE</b> Rose Cunningham 336-0220 <b>FOOD BANK</b> David Flowers 676-0156 Carlton Gerrell 693-3333 <b>EXTENDICARE OF W. TENNESSEE INC.</b> Debra Hardwick 644-9925 <b>LADIES WITH SWAG</b> Roberta Taylor 731-415-5249	<b>FEBRUARY 15</b> <b>PARIS LANDING COMM. &amp; RESORT AREAS</b> Reggie Coles 644-9360 Peggy Werz 232-6146 <b>COUNTRY CLUB ESTATES/NELSON/SHADY GROVE</b> Bettye Paschall 676-0145 Teresa Barnhill 642-6618 <b>SALVATION ARMY</b> Tina Matthews 642-4105 <b>FRIENDS OF McNEIL PARK</b> Andy Collins 336-7559	<b>FEBRUARY 16</b> <b>ELKHORN COMMUNITY</b> Dottie & Baker Kendall 642-7238 Bob Palmer 644-0419 Josh & Erin Coleman 642-7007 <b>FRIENDS OF TN WILDLIFE REFUGE</b> Linda Fields 363-2856 <b>CHHAMPS</b> Paulette Dunlap 210-241-4267 <b>HENRY FARMERS CO-OP</b> David Keal 642-1385	<b>FEBRUARY 17</b> <b>REAL HOPE YOUTH CTR</b> Linley White 33-1320 <b>WORLD'S BIGGEST FISH FRY</b> Loria Plunk 225-1897 <b>HC PREVENTION COALITION</b> Stephanie Winders 336-0792 Devonte Dawkins 336-2250 <b>ST. JOHN'S - CDS</b> Cynthia Guinn 642-3646 <b>LITERACY COUNCIL</b> Reginald Caldwell 642-2919	<b>FEBRUARY 18</b> <b>AUCTION BEGINS AT 12 NOON</b> <b>HENRY CO. MEDICAL CENTER EMPLOYEES &amp; AUXILIARY</b> <b>HC HEALTHCARE CTR AMBULANCE SERVICE HOME HEALTH &amp; HOSPICE</b> <b>WELLNESS CENTER OUTPATIENT DIAGNOSTIC TESTING CENTER OUTPATIENT SURGERY CENTER</b> Judy Farris 644-8283
<b>FEBRUARY 19</b> Broadcast daily over <b>WTPR -AM 710</b> 12:30 PM til... Weekdays 12 Noon on Saturday Listen to <b>KQ 105.5</b> for Saturday Night Auctions <i>(Check Calendar Tim</i>	<b>FEBRUARY 20</b> <b>POINT PLEASANT BAPT. CHURCH</b> Ginger Crouch 336-9080 <b>4-H CLUBS OF HENRY CO.</b> Staci Foy 642-2941 <b>4-H HENRY CO. NO-FLY ZONE</b> Drew Williams 695-7615 <b>IEFFEL GARDENS</b> Patti Grantham 642-7545 <b>HCHS MADRIGALS</b> Terry Wimberley 336-9326	<b>FEBRUARY 21</b> <b>PARIS CITY EMPLOYEES</b> MJ Stancock 641-1402 <b>COMO COMMUNITY</b> Ethel Emerson 642-3697 Tom Winchester 642-7231 <b>PARIS BOARD OF PUBLIC UTILITIES</b> Terry Wimberley 642-1322 <b>PROJECT HELP</b> Dan Dziekonski 642-1860	<b>FEBRUARY 22</b> <b>VAN DYKE/ROUTON COMMUNITIES</b> <b>SPRING HILL BAPTISTCHURCH</b> <b>VAN DYKE CHURCH OF CHRIST</b> Gail/Alex Bomar 642-9309 Johnny/Kay Foust 642-9267 Judy Steele 336-9755 Peggie Sudberry 644-3200	<b>FEBRUARY 23</b> <b>MAPLEWOOD BAPTIST CHURCH</b> Nola Barrett 642-5860 <b>GRACE EPISCOPAL CHURCH</b> Traci Smith 571-0052 <b>PEPPERS AUTOMOTIVE</b> Noel Hatman 642-5661	<b>FEBRUARY 24</b> <b>SPRINGVILLE COMM.</b> Bob McDowell 336-5989 <b>PARIS HEALTH CARE</b> Kaci McMillin 642-2535 <b>HENRY COUNTY REPUBLICAN PARTY</b> Gary Phillips 407-4521 <b>HENRY COUNTY REPUBLICAN WOMEN</b> Rebecca Griffey 407-8181 <b>DOGHOUSE RESCUE</b> Fern Thompson 644-9216	<b>FEBRUARY 25</b> <b>AUCTION BEGINS AT 12 NOON</b> <b>TENNESSEE VALLEY COMMUNITY CHURCH</b> Carlton Gerrell 693-3333
<b>FEBRUARY 26</b> <b>ONLY 3 DAYS LEFT CALL &amp; BID!</b>	<b>FEBRUARY 27</b> <b>OPEN DOORS COMM. CHURCH</b> Trish McClure 715-514-0020 <b>HENRY CO. GIRL SCOUTS</b> Jennifer Starks 676-1303 <b>PARTY BOUNCE &amp; JUMP</b> Lee/Jeff Whitehead 336-3328 <b>HENRY CO. SADDLE CLUB</b> Angela Wilson 431-8857 <b>WRAP</b> Brancy Patton 731-343-5217	<b>FEBRUARY 28</b> <b>INDIA COMMUNITY</b> Linda McCadams 642-0360 Carla Anderson Gurton 336-9933 Jimmy/Linda Green 642-3055 <b>LAKEWAY VILLAGE</b> Jeremy Lindsey 642-1252 Cindy Snyder 407-7700	<b>MARCH 1</b> <b>OPEN TO ANYONE DAY</b> Sharon Kummerow 593-0077 <b>PLEASE CALL TO BE ADDED TO THIS DAY</b>	<b>AUCTION HEADQUARTERS</b> <b>Located At The Enoch Community Building</b> <b>At The Henry County Fairgrounds</b> <b>★ Handicap Accessible ★</b> Auctioneers: Fred Mclean, Cindy Snyder, Gayle Griffith, Bill Williams, Bill Mccutcheon, Doug Taylor, Ray Compton, Noel Hatman, Junior Staggs <b>Donated Items Accepted Until 9:00 AM!</b> <b>Label All Items With Community Or Group, Name Of Donor, And A Description Of Each Item !</b>		



# HELPING HAND DONOR gets *Creative!*

With the New Year comes the question that Henry Countians have been asking each January for more than three decades, “What should I make for Helping Hand this year?”

For the uninitiated, Helping Hand is a radio auction that takes place during a seven-week stretch in January, February and early March. Proceeds help fund more than 70 local non-profit organizations. The auction began airing on WTPR in 1979. Last year’s total was a staggering \$350,000.

As large as that total is, the bulk of it was raised one pie, one cake or

one quart of homemade chili at a time. But last year, Tommy Scarbrough of Buchanan wanted to try something different. Fortunately, he’s a man of many talents, and one is cooking.

A veteran of the World’s Biggest Fish Fry cooking crew, Scarbrough also is a fixture in the kitchen at the annual Sulphur Well Church of Christ Fish Fry, as well as the church’s big game supper. He and his wife, Alice, know a thing or two about catching and preparing a meal, which is a lucky coincidence, because Helping Hand bidders love to eat.

The menu was right out of the Scarbrough family cookbook: fried

catfish straight from Kentucky Lake, homemade hushpuppies, french fries, white beans, homemade slaw and two kinds of pie, lemon icebox and blackberry. And just to make folks’ ears perk up, Scarbrough added fried alligator. “It was a little something different,” he laughed. “A buddy of mine from Louisiana gives it to me.”

The meal was cooked and served in the host’s shop building, which may be one of the top ten man caves in the Southeast. Situated behind the couple’s home, the shop featured several picnic tables as well as a full kitchen. There was also a fishing boat to which the diners owed a debt of gratitude as



they devoured one piece of perfectly fried fish after another.

Like any good host, Scarbrough had the meal timed so he could sit down and visit. He said that he was “proud for Helping Hand. It does such a good thing for the community, and it’s an easy way for everyone to get involved. You can cook a pie or cake or come up something sort of different, like this.”

It may have been something different for the guests, but Scarbrough was clearly in his element. “Any time I’m cooking, I’m having a good time,” he said. “When you cook for a big event like the wild game supper and fish fry at church, it involves anywhere from one to two weeks of prep work. It’ll wear you out, but it’s absolutely worth it.”

Is Scarbrough going to offer another fish dinner with all the trimmings at this year’s Helping Hand? There’s only one way to find out. Stay tuned to WTPR 7.10 AM. For more information check out the Helping Hand calendar on pages 6 and 7. And don’t forget to bid often and bid high!



Above: Take your pick – ‘gator on the left and catfish on the right.

Previous page: Tommy Scarbrough (left) visits with the happy Helping Hand bidders, Rick and Jean Owens (right) and John Nichols (left).

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# THE SHED

BY SHANNON MCFARLIN

*"It may look like a tiny shed, but it helps a lot of people."*

That one simple sentence from Michelle Brewer says it all about the haven for many Henry Countians that is known simply as "The Shed".

The tiny shed brings a lot of smiles to young and old people who are down on their luck. The shed and the smiles it brings is what keeps Brewer going on nights when she's bone weary from her job as a Henry County Sheriff's Deputy and School Resource Officer.

The Shed was Brewer's brainchild, but she doesn't want the credit for it. "It's really something that belongs to everyone," she said. "It's not my shed. It's everybody's."

There's a little of everything in The Shed: clothing of all sizes for babies, children and adults; hygiene products like soap, toilet paper, shampoo, and detergent; items for new mothers; sheets, comforters, blankets; children's

toys and books; shoes – you name it. And the important part, it's all donated.

If you need any of those things, you can get them at The Shed – for free, no questions asked, as much as you need.

"I don't have to worry about anybody," Brewer said. "I have families come here and their eyes just light up. You see the kids get excited, not at the toys, but because they're getting some underwear or clothing. There was one little boy here one night who was just so excited because he was getting new underwear. The people who come here just take what they need, even the kids. They're not just grabbing everything. They're going through what we have and only taking what they need because they know when they need more, it will be here."

Brewer said the families – especially the mothers and the kids – who come to The Shed sometimes start crying when they see what has been donated for them. "Most everybody lives from

paycheck to paycheck and it's really expensive bringing up kids, especially if you don't have a good job," Brewer said. "The elderly who are on fixed incomes, they don't have money to buy clothes or shampoo or basic things they need a lot of the time."

The idea for The Shed began with Brewer's job as a School Resource Officer. "As a deputy, of course, I'd always seen people in need, but it really started hitting home to me working in the school and seeing so many of these kids without things they needed," she said.

One day she said to her friends, "Can you imagine if we had a place to store things to give to people and we could help people that way?" Brewer began collecting donations of clothing and other items and giving them to people she knew were in need.

Meanwhile, her friends began collecting money to buy her a shed to store everything. Stacy and Matt Hayes and Lindsay Driscoll were instrumen-



tal in getting the word out to all their friends, and the donations started rolling in. Brewer said, "I don't even know who all donated!"

Stacy Hayes said soon, enough money had been donated to buy a shed. "We put out a lot of feelers, looking for a deal and found a good one for sale at a great price."

Meanwhile, Brewer began looking around for a location for The Shed. Sheriff Monte Belew agreed that The Shed could be placed on the grounds of the sheriff's department. "He said, 'Absolutely,'" she said. "He saw us here last week giving out a few things to some families and he thought we would need a bigger shed soon."

Thanks to Stacy Hayes, now there is a Facebook page for The Shed and its gaining popularity all the time. Brewer said, "It's just amazing. It's all been word of mouth. Other deputies and police officers see people all the time who need help, they tell them about it, and other people have been spreading the word, too." Brewer uses The Shed's Facebook page to let people know when she's having a work night there.

Brewer and her friends spend a lot of time at The Shed, sorting and organizing the clothing and items so that everything looks neat. People have also been donating plastic bins for Brewer to use to keep things organized.

"The first time a couple of my friends came here helping me hand out things to people, they started crying," Brewer said. "They told me, 'We got it before, but now we really get it.'"

The Shed is making a difference in other ways, too. For his birthday party, Colson Edwards, son of Cole and Bethany Edwards, recently asked his friends to donate items for The Shed instead of giving him presents. "That boy is so precious," Brewer said. "He was so excited to bring the items here. That was a real blessing."

Brewer said she accepts most everything that is donated to her. "People have been donating really good things, some of it is even new, with the price tag still on it. As long as it's gently used, I'll take it."

The Shed will be especially needed in the coming months, as holiday time and colder weather is upon us. "One

thing that is very important: I never question anybody that comes here. If they need something, I'll give it to them. No questions asked."

One thing she's had to learn to do is ask for help when she needs it. "Sometimes I'm so worn out from working and organizing all the donations, but when I see how happy it makes people, that cheers me up."

People have been donating their time to help her, too. "I've even had high school students out here volunteering with me," she said.

The Shed is located in the back parking area of the sheriff's office. Anyone in need can call the sheriff's office and leave a voice message for Sheriff Monte Belew, and he will get the message to Brewer. The phone number is 642-1672.

*Shannon McFarlin is the news editor for WENK/ WTPR radio. Recently, she has published two books - "As If They Were Ours: The Story of Camp Tyson - America's Only Barrage Balloon Training Facility" and "Images of America: Camp Tyson."*



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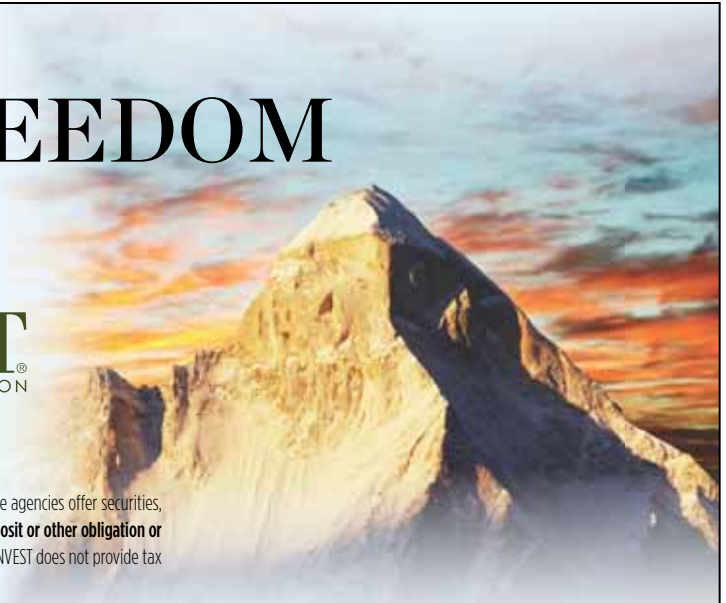
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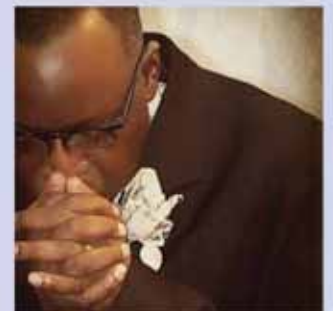
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# Freda Reddick: READ-TIRING

BY SHANNON MCFARLIN

For book lover Freda Reddick, the past 30 years have been a dream. She's had a job many people would envy – working with and being surrounded by books.

Reddick is retiring as Assistant Director at the W.G. Rhea Library, a job she has loved. "I feel good. I feel great. I have no regrets. I loved it. Loved helping people, but now it's time to get to some of my goals on my bucket list."

Hired first in August 1986 to work part-time at the front desk, Reddick was promoted to full-time desk responsibilities and bookkeeper a year later. Over time, she was promoted to the position of assistant director.

"I've really found true joy in helping people find things, especially if the things they were looking for were kind of hard to find," she said.

Reddick graduated with a bachelor's degree in business from the University of Tennessee at Martin and had a job waiting for her in Atlanta. "But even

before I graduated, my father got sick with cancer and my Mom needed help. So I put my life on hold and stayed in Paris."

She found herself at the library a lot. "I loved books, so I would come to the library and sit and read. I told one of the ladies one day that I couldn't find a job around here. The director, Franklyn Thompson, came over to me one day after that and asked if I would consider working at the library. I said I hadn't considered it, but I'd do it!"

Thompson told her the only position available right then was as a substitute one day a week. "I told him that was no problem. I'd start at the bottom! I remember my first day was pay day, so I got a check for five hours of work on my first day on the job."

Reddick said at first she planned to use the library job "as a stepping stone to other things, but I began to enjoy it. I found I really enjoyed helping people."

The library has been through many changes since Reddick started working there, including a huge addition and the dawning of the computer age. "I remember when they were building onto the library. The work was started in the winter, and it was so cold, we all wore coats to work."

When Reddick began, libraries still worked with card catalogues stored in drawers and organizing the books was a time-consuming affair. "We had to count the cards every day and alphabetize them – every card every day," she said. "We had no time to do that during the day, so we did it at the end of our shifts. It was pretty tedious."

In those "olden" days, Reddick said, "The primary objective was books. Now, libraries do so much more than supply books."

Becoming computerized was the biggest change for the library and its employees. "I remember we used to get all these reference books, and we'd



get them as soon as they were published because people really needed them. We don't get reference books anymore because they're outdated by the time we get them. Everything is on the internet now."

Reddick said she already had some computer training from her time at UT Martin, and she quickly caught on to the new computer age. "I took classes at the tech school here in Paris because I wanted to keep abreast. Some of the older ladies who were working here then did have trouble and I think I was able to help them. Mary Ashley Morris was someone who really took me under her wing when I first started, and I felt like I was returning the favor when she need-



ed help with the computers. It was a major change for everybody."

Reddick's father was Thirfield Reddick, who was called "T.K." by every-

body. Her mother, Elsa Reddick, will be 100 years old in January. Reddick and her sister, Ava, are already planning her party.

When asked what she was looking forward to in her retirement, she replied, "I'm going to take three months off, just for me to stay home and be around the house. I'll be happy to spend more time with my mom and I want to do more church work."

Two 'bucket list' goals she plans to accomplish are traveling on a train and taking a cruise. "I've never ridden on a train and I'd love to do that, and I really want to take a cruise to Alaska."

Whatever she does, she said. "You're not going to find me just sitting around."

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# OLD WIVES TALES REGARDING HEALTH

## Fact vs Fiction



BY ANGIE GREGSON DOTSON, RN BSN

**M**any of us heard from our mothers the famous warning, not to go outside in winter with a wet head. “You’ll catch your death of cold or pneumonia.” While other old wives tales provide entertainment today, such as suspending a wedding ring attached by a piece of thread over an expectant woman’s belly to determine the sex of the baby. An ultrasound reading may not be as much fun, but the test results are certainly more accurate. There are many old wives tales regarding health, some are based in truth and facts while others are just simply false.

### Cold Air and Illness

The root of the cold air myth most likely stems from the fact people tend to spend more time gathered indoors during the cold winter months. Air temperature actually has little impact on the ability of pneumonia or cold-causing bacteria to spread from one person to the next.

A laboratory study published by the New England Journal of Medicine states that getting chilled does not cause a cold. The study compared two groups of people who were exposed to viruses that cause the common cold. One group was exposed to the germs in a chilly 41°F/5°C room; the other group, in a balmy 86°F/30°C room. Interestingly, both groups caught colds at about the same rate.

While many continue to support the claim that going outside during winter with wet hair or being cold directly correlates with catching a cold or pneumonia, this is false. Cold air doesn’t cause pneumonia or colds, viruses or bacteria do.

In fact, the majority of pneumonia infections occur in countries with tropical climates. Frequent hand washing is the best defense and keeping hands away from the face.

Another common myth about colds is to feed a cold and starve a fever. This is false. In fact, both colds and high

fevers can cause fluid loss resulting in dehydration. Drinking plenty of liquids can help prevent dehydration. Regular meals should also be consumed. Missing nutrients provided by meals can actually make one sicker.

### Eye Problems

There are several wives tales surrounding the eyes. Some examples are “Sitting too close to the TV is bad for your eyes,” or “if you cross your eyes, they’ll stick that way” and finally, “You will hurt your eyes reading in a dim light.” All of these are false.

The fact is, watching television will not hurt your eyes, no matter how close you sit. However, research has shown television can be bad for children who watch more than 10 hours per week as they are more likely to be overweight, aggressive and slower to learn in school.

As for reading by a dim light, it will not harm your vision, however, it can lead to eye fatigue.

Finally, strabismus is a disorder in which the eyes are misaligned, giving the appearance of being “crossed” or looking in different directions. Approximately 4% of children in the United States are diagnosed with strabismus but crossing one’s eyes does not cause the condition.

### Cracking Knuckles and Broken Bones

Finally, there are a couple of wives tales that must be clarified. First, “cracking your knuckles will cause arthritis.” Personally, I heard this one a lot growing up. Although it is a bad habit which can cause hand swelling and decreased grip strength, which can in turn lead to functional impairment, cracking your knuckles does not cause arthritis.

Secondly, and my personal favorite, “If you can move it, it’s not broken.” Sometimes it can be difficult to know if a bone is broken. Movement results from joints and muscles working together, so it’s definitely possible to move a body part even with a broken bone. Swelling, tenderness, stiffness,



X-ray shows a fracture proximal phalange. It is possible to move a body part with a broken bone.

increased pain with movement, or anything that seems out of position could possibly indicate a broken bone. An x-ray is the most common tool used to diagnosis a break.

### Old Wives Tales vs. Modern Medicine

Old wives tales are perhaps as old as language itself. More than traditions, they are handed down from

generation to generation, which continue to be in some cultures, accepted as fact. However with technology and modern medicine, they are becoming more folk lore and entertainment than fact. Although there remain some which hold truth – chicken soup really does help when one is sick and cranberry juice or cranberry tablets aid in prevention of urinary tract infections by preventing some forms of bacteria from sticking to the wall of the bladder – most are false.

For best results this winter season to stay healthy, follow these steps: Wash hands thoroughly and frequently, keep hands away from the face, and stay hydrated.

If you think you may have an infection and/or a fever, call or visit your primary care provider. If you suspect you may have a broken bone, seek immediate medical attention.

And just for good measure, don’t go outside when it’s cold with wet hair.

*Here’s to Your Health!*

Angie Gregson Dotson, RN BSN, is employed at West Tennessee Bone and Joint Clinic in Paris.

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# Dr. Ted Callicott

## MY DAD, MY HERO

BY KATHY RAY

**D**r. Ted Callicott, lifelong Henry County native, is the first-born son of Hunter Wesley Callicott and Jewell Brannon Callicott, born September 1, 1926. In those years, the doctor came to the home to deliver children.

### Growing Up in Henry County

Life on the farm in the Osage community, just north of Paris, was not easy. Everyone in the family had daily chores which took place before and after school. Getting to school was another task when the transportation was a pony.

Churches were the center of life and Ted Callicott grew up attending Cottage Grove Baptist Church where his mother played the piano and he often sang solos during the church service. Singing was his passion and he spent hours practicing and studying music in hopes of becoming a professional singer. He sang in many local

churches, quartets, and later each week on WTPR radio.

### War and Dental Career Years

However, World War II changed the ambitions of many young men. After graduating from E. W. Grove High School, he enlisted in the U.S. Army Air Force in 1944 during World War II and was a radio repairman on B-52 bombers. After a year of basic training in the United States, he served for eleven months in Okinawa and with the ending of the war, returned to Henry County in November, 1946.

He graduated from Murray State in 1949 and received his Doctor of Dental Surgery degree in 1952 from the University of Tennessee Medical Units in Memphis.

Local dentist Dr. David Travis said, "Dr. Ted was my first dentist and our families have remained lifelong friends. He inspired me to become a dentist. I have the utmost respect for him. He

was my dentist and now I am his. It is the circle of life."

Dr. Callicott is a member of the American and Tennessee Dental Associations. He holds the longest service record with 64 years of service in the association, as well as the oldest practicing dentist in the state of Tennessee.

### Local, Regional and National Elk Leader

Dr. Callicott has been active in affairs of the Benevolent and Protective Order of Elks with a very impressive record of service spanning a period of 61 years. He joined the Paris Elks Lodge #816 in 1955, occupied all offices of the Paris Lodge, was Exalted Ruler in 1958, served on the board of directors for many years, and holds an honorary life membership in the Paris Lodge.

In 1972, he was elected president of the Tennessee Elks Association. During his tenure, he published a com-



mittee chairman's and Exalted Ruler's manual to help direct his state programs – a manual that was distributed to 35 other state presidents on request.

As state president, he initiated programs which have been continued. Among them are the Tennessee Elks Hall of Fame, naming a Tennessee Elk of the Year, designating Elks National Foundation awards and giving state awards for net gains in membership.

He took a special interest in ritualistic work of the order. He has served as chairman of the state Ritualistic Committee and formulated and published a manual to assist Tennessee lodges in initiatory work. His manual was later used in formulating the Grand Lodge manual.

He was named Grand Exalted Ruler in 1987, Elkdom's highest national office. In 1986, Dr. Callicott said, "I consider it a great honor to be asked to become the leader of the largest fraternity in the United States, and I'm very grateful for the opportunity to serve. It is also with a deep sense of humility and responsibility to realize that I have been chosen by 1,560,000 members to be endorsed for the top position in Elkdom. The purpose of any Elks Lodge is to render valuable service to the community in which it is located. This will be one of my primary aims."

Since 1988, Ted Callicott has served the Grand Lodge in many capacities, made many friends across the country, has served as sponsor of several states, and is currently the sponsor of the

Lodges in Iowa and Missouri.

In 2013, the History of the Order of Elks 1988-2008, written by Ted Callicott (Fifth Edition) was published. This was one of many accomplishments that will forever establish his name in the Order of the Elks. In 1989, 40 years after graduation, Callicott was honored as a Distinguished Alumnus at Murray State University.

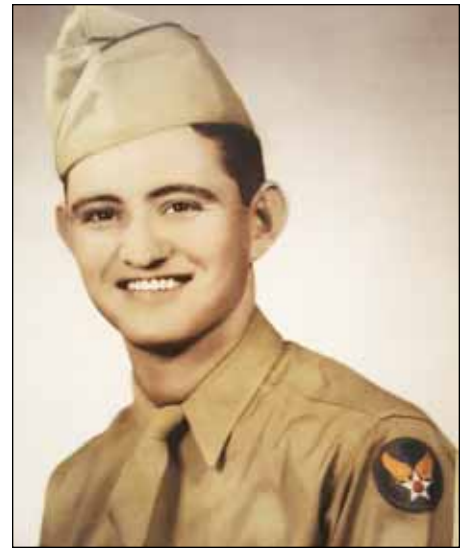
#### Personal note

Dr. Ted Callicott has had many accomplishments as a lifelong Henry Countian, a Paris dentist, and a very prominent member of the Order of Elks, but his greatest accomplishment is his role as my father. I have written this article with pride in all my father has achieved in his life. He has been my mentor, voice of reason, and advisor in important decisions.

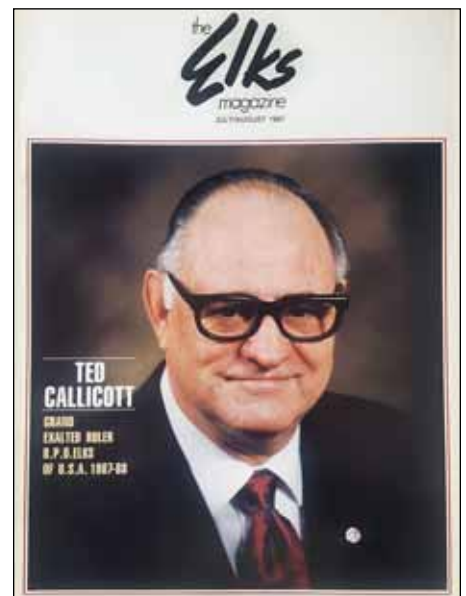
He has taught me the values and skills of a strong leader and to work hard to exceed goals. As a member of the First Baptist Church in Paris, he made sure I was well educated in religion. He gave me every opportunity as a child and young person. He exemplifies unconditional love and has supported me in all I do. I am so proud to be his daughter.

He may be Dr. Callicott or Dr. Ted to many, but to me, he is Daddy, my hero.

*Kathy Ray is Executive Director of the Downtown Paris Association and retired VP and Branch Manager of the Downtown Paris Branch of FirstBank.*



Ted Callicott served in the U.S. Army Air Force during World War II.



Grand Exalted Ruler of United States, 1987



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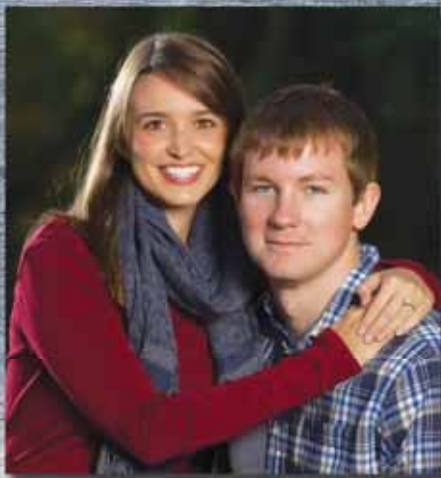
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# HAPPY HEARTS



BY ANNIE MAYOZA HOLMES

**Y**ou know those memories that are so dear to you they make your heart happy? You know what I mean, the kinds of memories you find yourself actually smiling about because they hold so much joy?

One of my favorite memories is right before my husband and I officially started dating. We were in high school, and he sat behind me in economics class. We had been passing notes and using every opportunity we had to talk to each other. Our teacher, Mr. Barge called us out for “pitching woo” during class. In case you didn’t know, “pitching woo” is what old Southern men call flirting.

A few weeks of this went by and I mentioned I was cold one day. He immediately offered me his jacket. “No I am fine,” I said. He looked at me a little dumbfounded. “Oh...okay.”

I never gave it a second thought until that afternoon. You see, I spent my afternoons working as a runner for a law firm. So, I would race to the office after school and run documents to the courthouse and other offices. I had taken it upon myself to get to know everyone along my little route. I stopped and talked to anyone I could find. I loved it, and I told them all about my day.

I walked into one of the offices and they asked me if I had anything new to report about “that boy.” I shrugged my shoulders and said “Oh not really” and went on to tell them about my

day. Then I casually mentioned that he offered me his jacket.

“Wait, did you take it?” one of the ladies asked.

“No, why?” I said, really confused. “YOU ALWAYS TAKE THE JACKET!” they all yelled at me in unison.

It was not until then that I realized my mistake. He had been flirting...and I turned him down. I was mortified.

It was not until many dates and several years later that I confessed this to him. As soon as I brought up the story he said, “You mean that time you shot me down?”

Yep. That time.

When I think about that I can’t help but smile. We were so silly and so young, and I had no idea that every move, every word that was being said would end up as part of our story.

Fast forward ten years later, we were watching a movie and one of the characters was asked what he wished he could go back and tell his younger self. I turned and said, “Do you know what I would tell my younger self?” He looked at me, smiled and said, “Take the jacket.”

I grinned. Yes, always, always take the jacket.

*This is the last column by Annie Mayoza Holmes for PARIS! She is the gluten-free blogger behind the website Maebells. She is a Henry County native who has a passion for revamping classic Southern dishes into lighter, healthier, gluten-free fare. To see more from Annie, visit her website, [www.maebls.com](http://www.maebls.com).*



## Garlic Herb Pork Medallions with Tuscan White Beans

### INGREDIENTS

- 1/2 pound Smithfield Marinated Roasted Garlic & Herb Pork Tenderloin, cut into 1/2" pieces
- 1/2 cup frozen bell pepper and onions
- 2 teaspoons minced garlic
- 2 (15 ounce) cans white beans, drained and rinsed
- 1/2 cup water
- 1/4 teaspoon garlic powder
- 1/4 teaspoon crushed red pepper
- 1/4 teaspoon dried rosemary
- salt and pepper to taste
- 1/2 cup cherry tomatoes, halved

### INSTRUCTIONS

1. Heat large skillet over medium heat.
2. Add 1 tablespoon olive oil and sear sliced pork medallions for 2 minutes on each side.
3. Add peppers, onions and garlic. Cook 1-2 minutes until softened.
4. Remove pork from skillet and set aside.
5. Add beans, water and spices and bring to simmer.
6. Place pork back into skillet and add cherry tomatoes.
7. Cover and reduce heat to low for 15 minutes.
8. Garnish with parmesan and fresh herbs if desired.





### One Pan Crispy Pork Chops & Ranch Roasted Veggies

#### INGREDIENTS

- 1 pound Boneless Pork Chops
- 2 cups small red potatoes, cut into small pieces
- 2 cups sliced brussels sprouts
- 2 cups whole baby carrots
- 2 tablespoons olive oil
- 1 egg white, beaten
- 1 packet ranch dressing seasoning (1 tablespoon reserved for breading)
- 1 cup gluten-free bread crumbs

#### INSTRUCTIONS

1. Preheat oven to 400°F degrees
2. Line a large baking sheet with parchment paper or aluminum foil and lightly spray with cooking spray.
3. Combine the potatoes, brussels sprouts and carrots in a mixing bowl. Drizzle with oil and the ranch dressing seasoning (reserve 1 tablespoon for pork chops)
4. Stir well until veggies are completely coated, set aside.
5. Crack egg white into a shallow bowl and beat lightly.
6. In second shallow bowl combine breadcrumbs and remaining tablespoon of ranch dressing, stir.
7. Dip pork chops into the egg white and dredge in the breadcrumbs.
8. Place the pork chops and vegetables on sheet pan and bake for 30 minutes.
9. Be sure to check dish at 15 minute mark and flip any vegetables that might be too brown on one side.



### Garlic Pepper Pork Tenderloin with Green Chili Grits

#### INGREDIENTS

- 1 pound Smithfield Roasted Garlic & Cracked Black Pepper Tenderloin
- 2 cups gluten-free chicken stock
- 1/2 cup yellow corn grits (not instant grits)
- 1 ounce cream cheese
- 1/2 cup sharp cheddar cheese, shredded
- 1 (4 ounce) can green chilis

#### INSTRUCTIONS

1. Preheat oven to 425°F.
2. Unwrap the Smithfield Roasted Garlic & Cracked Black Pepper Tenderloin and place on baking sheet or roasting pan.
3. Bake 30 minutes.
4. While tenderloin is cooking bring chicken stock to low boil over medium high heat in a sauce pan.
5. When stock is boiling reduce heat to low and stir in the grits, cover and allow to cook 5 minutes.
6. Stir in cream cheese, cheddar cheese and green chilis and remove from heat when all the liquid has absorbed.
7. Remove Smithfield Roasted Garlic & Cracked Black Pepper Tenderloin from the oven and allow it to rest at least five minutes.
8. To assemble, place grits in bowl and top with sliced tenderloin and garnish with additional green chilis and cheddar, if desired.

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Downtown Paris ministers began the 12th Annual Advent Walk with carols at the Henry County Court House. Left to right: Dr. Rob Martin, First United Methodist Church; Dr. Scott Shepherd, associate pastor, First Baptist Church; Dr. John Dandridge, Quinn Chapel A.M.E. Church; and Dr. Trent Bullock, First Baptist Church.



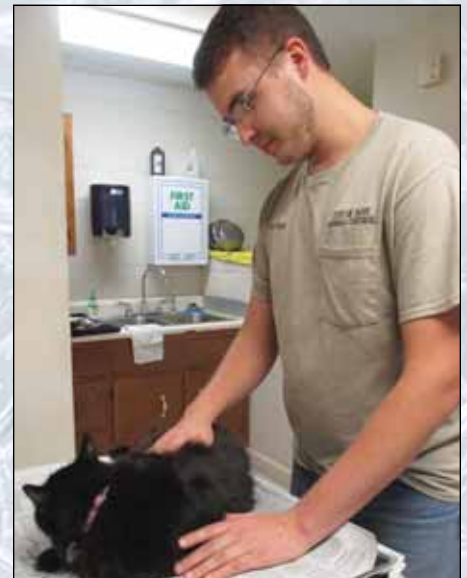
Amber Upton and the Paris-Henry County Youth Orchestra perform at the Lee Academy for the Arts Christmas Bazaar.



The ladies from the Civitan Club can always be found volunteering at the annual Special Olympics bowling field trip: Alice Webb, Jan Doll, Joann Cox.



Dalton and Lacy Watson celebrate with their baby following the promotions ceremony at the Henry County Sheriff's Office. Dalton returned to Paris to become a deputy.



Matthew Paschall loves on the house cat, Sassy, during the open house at the Paris-Henry County Animal Shelter. Matthew is one of the staff at the shelter.



Gospel Legend Bobby Jones greets Sam and Gale Tharpe before his performance at the Krider Performing Arts Center.



HCSO's Amy Davis serves pancakes at the Carl Perkins Pancake Supper.



Santa Claus, Mrs. Claus, Rudolph, and a couple of Santa's elves rode the City of Paris's big red firetruck to kick off the North Pole Family Fun Day in Downtown Paris.

# The Trivial Gardener

BY JOHN WATKINS



I love trivia. The fact that I know that an average size tree can provide enough wood to make 170,100 pencils and yet I can't remember what I had for dinner last night probably says something about my personality. But there are some pretty amazing facts out there in the plant world that are just too good not to pass along.

I would venture to guess that only 20 percent of people would know about 50 percent of the following facts. *(On a similar note, did you know that 26.7 percent of all statistics are made up on the spot?)*

So sit back and absorb some of these nuggets of plant triviality that are bound to amaze your friends and impress your neighbors. *(Or at least serve as ice breakers during that next awkward and boring cocktail party.)*

## Concerning Trees

- The tallest tree ever recorded was an Australian eucalyptus – in 1872, it was measured at 435 feet tall. *(People*

*were much shorter back then so the tree probably looked even taller!)*

- The Ginkgo is one of the oldest living tree species, dating back to about 250 million years ago. *(Roughly as old as some of my jokes)*

- Oak trees are struck by lightning more than any other tree, while beech, birch, and horsechestnut receive the fewest strikes.

- One large tree can absorb up to 100 gallons of water out of the ground and discharge it into the air in a 24-hour period.

- An average tree is made up of 99 percent dead cells. The only living parts are the leaves, root tips, and phloem.

- In 1973, the world's most isolated tree was hit and destroyed by a drunk driver, despite the fact that it was located 250 miles from any other tree.

- Bamboo (actually in the grass family) is the fastest growing woody plant in the world. It can grow as much as 35 inches in a single day. *(Kind of like my waistline on Thanksgiving day.)*

## Roots

- The roots of a single ryegrass plant when added together can extend for a total of 372 miles and have over 6,123 miles of root hairs. *(Almost as many hairs as you could find on an old brush at the Kardashian house.)*

- A South African fig tree holds the title of having the longest and deepest root system, reaching more than 400 feet deep into a system of caves below.

- More than 50 percent of all tree roots are found in the top 6 inches of the soil.

## Flowers

- During the 1600s, tulips were so valuable in Holland that their bulbs were worth more than gold. (Of course, the Dutch also wore wooden shoes, soooo...)

- The largest unbranched flower in the world belongs to the Titan arum. It can reach up to 15 feet tall and stretch as much as 3 feet across. Unfortunately, the bloom produces a smell like that



of rotting meat, giving it the common name of "Corpse Flower"

• One ragweed plant can release as many as one billion. (Yes, that's "billion" grains of pollen. Now that's nothing to sneeze at, well actually it is!)

#### Fruits

• 84 percent of a raw apple and 96 percent of a cucumber is nothing more than water.

• A pineapple is actually a berry.  
• The largest fruit comes from a tree known as jackfruit. The fruits can weigh as much as 100 lbs, reach 35 inches in length, and be more than 20 inches in diameter. (Word to the wise, never park under a Jackfruit tree.)

• Strawberries are the only fruit with seeds on the outside.

So there you have it, a list of positively presumptuous and perplexingly pointless posits to pontificate at your next precocious party. No need to thank me and certainly no need to fact-check me. Just take good ole John's word for it and help spread the word of the wonderful world of plants.



John Watkins is the grounds director at Discovery Park of America and resides in Henry County.

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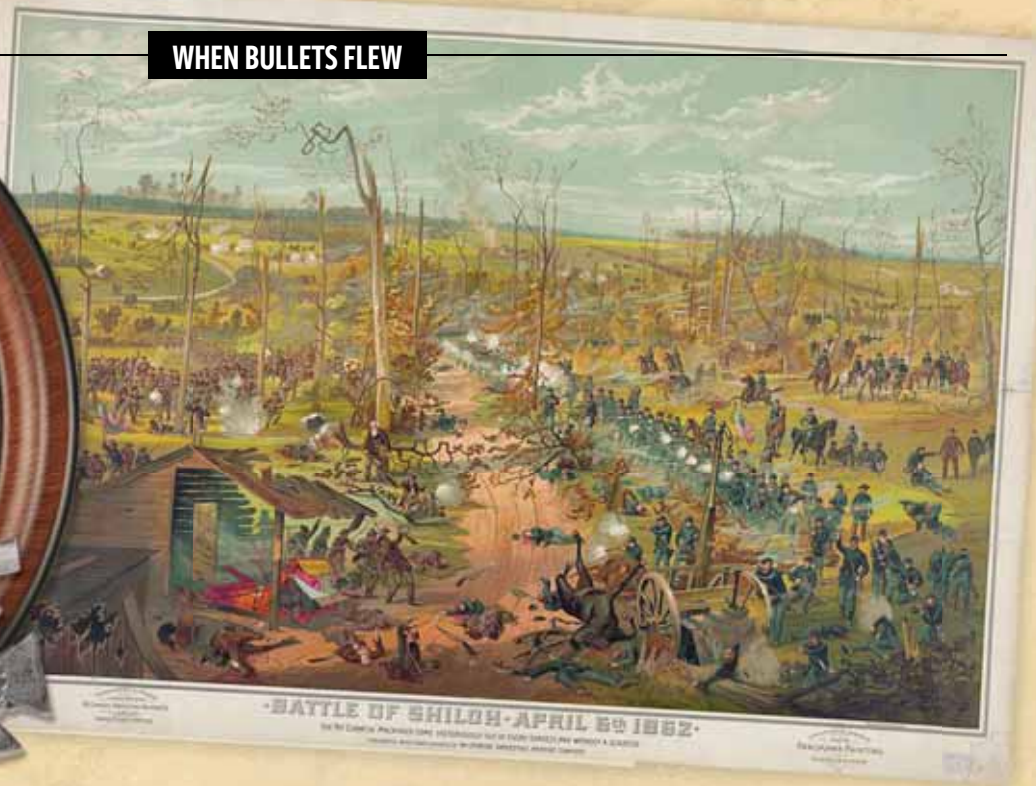
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# CAPTAIN D.D. BRISENDINE

## A Local Civil War Hero

BY LARRY RAY

*As part of his quest to help save our forgotten and often ignored history for future generations, Larry Ray is compiling a number of articles detailing the history of some local families during the Civil War. This is the twenty-sixth in the series. Previous articles can be read online in the archives of [MyParisMagazine.com](http://MyParisMagazine.com).*

In my previous article, “Fighting Paschall Brothers,” I told the story of Edwin Paschall and his brothers who fought in the Civil War. This story is about Edwin’s brother-in-law, Captain D. D. Brisendine, who was one of the most famous local Confederate soldiers at the time.

David Dickenson Brisendine was born on October 10, 1836, in Henry County. He was the son of William D. Brisendine and Julia F. Dickenson. His father, William was the son of Dan-ister and Tabitha who were the first known Brisendines in Henry County. They came to Henry County from Franklin County Virginia in 1835 and purchased land about 10 miles south of Paris. It is thought that they were cotton growers.

David, known as D.D., was mustered into the Confederate Army in Paris on April 25, 1861, when he joined the 154th Tennessee Volunteer Infantry, Company F as a First Corporal. Shortly afterwards, his unit was part of the Confederate victory during the Battle of Belmont, Missouri. After General Grant’s Union forces were scattered in retreat, D.D. and James Wash captured 14 Federal soldiers including 13 that were hiding in the loft of an old house.

It is rumored that he was nearly captured at nearby Fort Donelson when his horse was shot out from under him. There he received his only wound of the war. It is said that he was riding with forces under General Nathan Bedford Forrest at the time.

### Hero of Shiloh

Shortly after the battle at Fort Donelson, Brisendine led the successful assault at Shiloh Church against Union General Bankhead on April 7, 1862.

In his journal, he described forming hundreds of men under his command to attack the Union forces.

*“I moved down Pittsburg Road until we reached a point near the encampment of the enemy. I moved to the left to an open field near Shiloh Church. I promptly moved my command past Shiloh Church and formed my command immediately in front of a very large force of the enemy. It was for four hours the most hotly contested action I have ever witnessed. My own command fought with coolness and desperation and for two hours I drove the enemy from his position*

*and though constantly reinforced with heavy odds in his favor at the beginning, he failed utterly in accomplishing anything."*

Brisendine was captured the following day. He must have been exchanged or escaped as he was soon able to rejoin his regiment.

### **Captured several times**

After joining the 10th Cavalry under Forrest, Brisendine was captured several more times during the war but managed to rejoin the fight each time by parole, escaping, or being exchanged.

At the Battle of Parker's Crossroads in December 1862, he was captured but escaped and rejoined his regiment at LaGrange. In the Battle of Mossy Creek in December 1863, he was captured again but returned to battle.

### **The Battle of Chickamauga**

In September of 1863, the 10th Cavalry was the first Confederate unit to engage Union troops in what would be the second bloodiest battle of the Civil War, Chickamauga, near Chatta-

nooga. They fought most of this battle dismounted, which was a favorite tactic of Forrest. The battle was the most significant Union defeat in the Western Theater of the American Civil War and resulted in the second-highest number of casualties in the war (34,574), following only the Battle of Gettysburg.

Another example is in the book, *Henry County Commands*, where it describes the sinking of an old leaky ferry boat in August 1863 on the Holston River near Kingston in East Tennessee, but Brisendine was able to swim to shore and survive.

Brisendine survived many famous hard-fought, war battles with a staggering amount of casualties, but he was obviously destined to survive this bloody war.

### **The War Ends**

On May 20, 1865, Brisendine surrendered in Jackson, Tennessee, and was taken to Paducah, Kentucky, to be paroled. He returned home with the rank of Captain and after the war he was awarded the "Southern Cross of Honor."

This coveted award was given to Confederate veterans who served with distinction. This Cross along with his revolver and many hand-written documents still survive in the possession of his descendants.

After returning home, Captain Brisendine settled in the Hico Community, near Martins Mill, and made a living as a sawmill operator. In 1866, he married Isadora Wade, and they had five children.

Some of their descendants still live in Henry County including Charles (Charlie) Brown and his son, Mike Brown who were helpful in my research. Mike's sons, Austin and Matt, make the eighth generation of this family to live in Henry County.

At age 77, D.D. Brisendine died and was buried in Walkers Cemetery on March 27, 1913. His life was hard at times, but he left a legacy to his family of hard work and endurance.

*Larry Ray is Executive Director of the Henry County Fair Association and past Executive Director of the Paris-Henry County Chamber of Commerce and Economic Development.*



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Larry Smith

# The Winner Is...

Larry Smith reflects on the movie business

Some people call it winter, but in the movie business it's Oscar Season. In Henry County, the person who is most affected by the Oscars is a man who owns not one, but six silver screens.

In his office at the Parisian Theatre, Larry Smith sits behind a desk that is surrounded by movie memorabilia. From *Animal House* to *Gone with the Wind*, it's clear that Smith has been a fan of film for a long time. "When I was twelve, my folks

purchased a drive-in theater in Selmer, Tennessee. With the exception of a few years right after college, I've worked in this business since 1963," he said.

It was the old Sky-Vue Drive-In that brought him and his wife, Jeannie to Paris in the spring of 1976. "Customers were asking us to build an indoor theatre," said Smith. So in 1988, he sold the drive-in to Jerry Lewis, who built the Hampton Inn and Paris Convention Center on the property.

About that time the original Paris Wal-Mart was being built where

Lowe's is today. "The contractor had some land on the end, where CVS now stands," said Smith. That became the home of the Paree Twin Cinema, which operated until 2002 when he opened The Parisian Theatre on Jim Adams Drive.

Smith is proud of the films that he is able to acquire for the Paris market. "Not all Oscar nominated films come here, but the majority do."

Not surprisingly, he handpicks every film. "I talk to people in the business, other theatre owners and read reviews online." After four decades in Paris, he has a "good feel for what sells in this community."

Expertise aside, does an Oscar nomination help a film's chances of coming to Paris? Conventional wisdom says that an Oscar is prestigious for the studio, can vault an actor to stardom, and take a director's career to new heights. It also can help promote a film that has gone to DVD, especially overseas. But locally, not so much.

"Unfortunately, there are a lot of movies that the Academy likes that don't perform well in smaller communities," said Smith, who explained that these awards are voted on by the nominees peers. Actors vote for best actor, directors vote for best director, and so on.

"Best Film" is the only category voted on by the entire Academy. "Oscar voters select what they think is a great film, but it may be slow as molasses and not what the average movie-goer enjoys. That's not just us here; it's nationwide," he said.

As a theatre owner Smith looks at the Academy Awards from "a business

perspective more than a personal one," he said, noting that an Oscar may or may not help create a commercial success.

A good example is *Rocky*. "Years ago *Rocky* won three Oscars; it was a huge box office hit across the nation. Then *Twelve Years a Slave* comes along in 2013 and wins 9 Academy Awards, yet very few people came to see it."

This season, Smith is looking for Mel Gibson's *Hacksaw Ridge* to do well with the Academy. "There's also

a lot of buzz about *Fences* with Denzel Washington in both the director's chair and the starring role," he said.

Oscar nominations will "ebb and flow," according to Smith. "Sometimes the Academy seems to favor movies that will be popular with the movie-going public, and sometimes it's about more artistic films," he said. "But there are always certain actors that you can depend on to bring in a nomination, like Hanks or Affleck. And there's usually a wild card that nobody sees coming."

Smith discussed the temperature of the movie industry in positive terms. While companies such as Netflix and Red Box have affected the number of ticket buyers, "at the same time these companies put a lot of money into film studios' pockets, which means the studios can make more expensive movies."

Many of those offer great special effects and sound that are designed for a theatre. "You'll never want to watch *Star Wars* on your iPad™, you'll want to see it in a theatre, surrounded by movie-goers who love an exciting film on the big screen."



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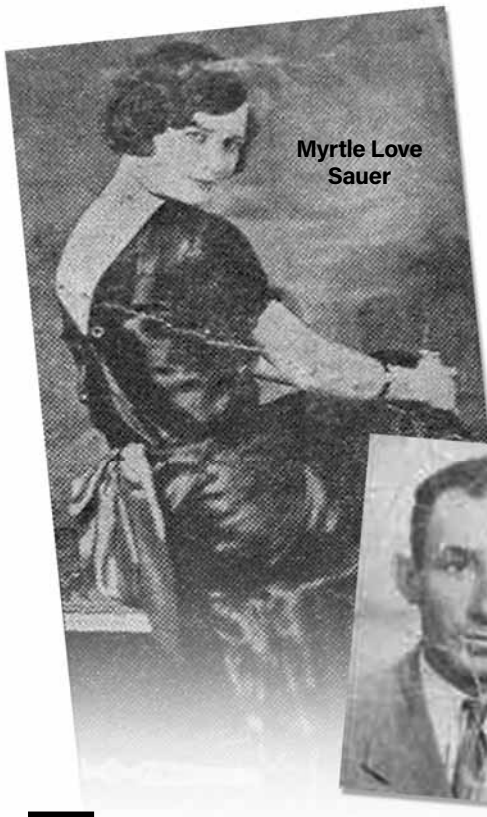
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# LOVE SCANDAL

BY SHANNON MCFARLIN

Their grave stones rest side by side in Maplewood Cemetery in Paris: Albert Daniel Sauer, 1899-1955 and Myrtle Love Sauer, 1897-1974. Seemingly, it would appear to be a picture of marital bliss and devotion. But few today know that the couple was embroiled in a scandal that captured the attention of the nation in the 1930s, a scandal that involved a love triangle and attempted murder.

Myrtle Love was the older sister of the silent film star Ula Love, and both Myrtle and Ula grew up in Paris. Each attracted attention throughout her life for her beauty. Who would have thought that Myrtle – and not the film star sister – would be the one with the scandalous past?

The headline in the *Salt Lake Tribune* of April 17, 1932, tells the story: “Weird Mystery Of A Pretty Wife And A Trusting Husband on A Lonely Mississippi Highway.” Yes, the headline was that big, stretching across all eight columns of the newspaper, complete with photos of all the principals. Newspapers across the country followed the story for months with their own purple prose and blaring headlines.

Some say it was Myrtle’s ambition to be a movie star like her sister that drove her to it. Whatever the cause, she ended up being arrested by

police in Brookhaven, Mississippi, for conspiring with a boyfriend to kill her husband to collect insurance money.

Henry County archivist Stephanie Tayloe said the gossip in Paris was that Myrtle wanted the money to travel to Hollywood with hopes she would also be discovered and become a star.

Myrtle was a daughter of prominent Paris dentist, Dr. C.A. Love. Sauer was a photographer of some note, having come to Paris from his home in LaGrange, Kentucky. While in Paris, he worked with local photographer Sue Fox in her studio for over a decade, married Myrtle, and together they moved to Brookhaven where he operated a photography studio of his own. He was also a civil engineer for the Illinois Central Railroad.

It was a scandal rich in all the elements that make for newsworthy gossip – beauty, sex, betrayal, violence and money, and ultimately, forgiveness.

Myrtle had just recently met Brookhaven taxi driver Ralph Greenlee when they became romantically involved – she even bought him a Christmas present, which was mentioned in more than one newspaper article.

It began one night when Sauer was attacked as he worked in his studio, just a few yards away from their home in Brookhaven. Myrtle was accused of

hitting her husband in the head with an iron buggy spoke. With Greenlee, she was accused of then placing him in their car and driving out into the country where an accident was staged.

Their car plunged into a ravine. Albert was critically injured, in a coma and not expected to live for weeks on end. Myrtle miraculously suffered only a black eye and bruises.

To police, something didn’t seem right. Neighbors told investigators they heard Sauer holler twice and then saw Myrtle walk back and forth from his studio to their home twice without turning on the outside light. Then they saw the car back out of the Sauer garage without the car lights turned on and drive onto the highway. One neighbor swore Myrtle was the driver.

It was an easy car to spot since it was lavender in color with advertising on it. People in town had seen Myrtle driving the car with Greenlee as her passenger earlier in that afternoon.

According to the case’s court ruling, which outlines the evidence, Greenlee was also seen in Paris and visited Myrtle’s family “some time before the assault.” The couple, along with Myrtle’s children, spent the night in Memphis and attended a theater performance on the way back to Brookhaven.

And there’s more – the iron buggy

spoke was found buried under the porch of the Sauer home.

Myrtle testified that her mother had come from Paris and was visiting their Brookhaven home at the time of the accident. She claimed her mother was taking care of the children when she and Albert went for a drive, and the accident occurred because her husband was driving too fast.

The trial played out for weeks in newspapers around the country, nowhere more so than in Paris. Albert recovered and filed for divorce shortly after his wife testified in court. According to *The Parisian* newspaper headline of January 22, 1932, Sauer accused his

wife of a murderous assault and unfaithfulness. Myrtle plead no contest.

Both Myrtle and Greenlee were convicted of attempted murder and sentenced to prison. Myrtle, however, would only serve a few weeks of her three-year sentence and that was spent in the Brookhaven jailhouse.

According to *The Parisian* on March 4, 1932, Albert had decided to intercede on Myrtle's behalf. He was reportedly sad at the thought of living without his wife and asked the Mississippi governor to intervene. At a hearing, their three-year-old daughter, Jean Love Sauer, made her plea to the governor, "Please don't take my muvver off."

After three extensions while he reviewed the case, the governor finally agreed to clemency for Myrtle.

Myrtle was free from jail, but never made it to Hollywood. Her sister, Ula Love, continued her silent movie career. On return trips to Paris, both sisters were still the talk of the town. Both were known for their beauty and for Myrtle, the stares from her old hometown neighbors were caused by even more than her beauty.

Today, the entire Love family – Ula, Myrtle, their parents and other relatives – are buried in Maplewood Cemetery in their own section. Finally, resting in peace.



Grave markers for Myrtle Love Sauer and Albert Sauer located in the Maplewood Cemetery



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# GOT A MINUTE?

BY SUSAN JONES

*Every minute starts an hour.*  
– Paula Gondola

**T**his quote is almost too straight forward, but it's true. With 1,440 minutes in each day, the opportunity to change the way we spend time comes along frequently.

The New Year is an appropriate period to think about time. And there's wisdom in contemplating its value, because time slips away in, well, no time! Doesn't it seem like we were just celebrating the New Year about a month ago? And doesn't it seem like you were just baking for Helping Hand last week?

Time perception is a field of study. And while answers can be elusive, we know for certain that the perception of the passage of time is subjective. It's different for all of us based on our ongoing individual experiences.

Benjamin Franklin said, "Dost thou love life? Then do not squander time, for that is the stuff life is made of." Franklin clearly had little patience for folks who wasted time. After all, we're

talking about a renaissance man who was a husband, father, businessman, inventor, diplomat and a founding father of our country.

So how did ol' Ben have time for all of this? For starters, many of our modern day, time suckers had not yet been invented. Still he knew that squandering time was a bad habit in the 1700s and was likely to be counterproductive in the future.

Perhaps Franklin was familiar with a Thomas Fuller quote from 1600s. The English churchman and historian warned that "what a day may bring, a day might take away."

Agreed. We should take nothing for granted and be grateful for the here and now. But that still doesn't address the question of the fleeting nature of time.

Sir Osbert Sitwell, 20th century English writer, put a gloomy spin on things when he wrote:

*In reality, killing time  
Is only the name for another of the  
multifarious ways  
By which Time kills us.*

Yikes! Such doom and gloom. And while time ultimately gets the last laugh, perhaps Sir Sitwell had a point. We should never seek to kill time. Instead, Sitwell would have us embrace it by spending it on something that we value. But what is it that we value?

And that's the crux of the matter. *The Franklin Planner* (named for Ben Franklin, by the way) has long touted itself as a system that guides us to "identify values, create successful habits and track and achieve our goals." Ahh, if it were only that easy.

This habit of identifying values and tracking goals is apparently so challenging that the *Franklin Planner* folks offer training sessions, as does the Dale Carnegie organization, along with a host of others. But for giggles, let's just say that we've got that part figured out. We're able to get our jobs done in a timely fashion. Now we still have 16 hours to fill each day plus weekends.

So what is your passion? Do you want to spend more time camping? How about hanging out with your folks

or your siblings? Want to grow a fabulous garden? Have more adventures with your kids on Saturdays? Visit elderly friends? Become more active at church? How about reading more books or going to the movies more often? Doing a good turn for someone you hardly know? Tutoring a child? Helping a non-profit? Will you figure out how to make your dream vacation happen? Learn to play the guitar? Go back to school? Meet a friend for coffee? Paddle the Tennessee River?

If the dawn of a New Year teaches us anything, it's that fresh starts are possible. But if history teaches us anything, it's that change takes, you guessed it, time.

So before Baby New Year turns into a teenager, take some time to reflect on what is important in your life and how much time it will take to enjoy it more often. And perhaps next January you can wave goodbye to Old Mister 2017, knowing that you've been deliberate about how you spent the last 12 months of your life.



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**January** – Need something to do in the New Year? Make volunteering a New Year's resolution. Call the Volunteer Center at 731-642-3431 and volunteer for one of the many opportunities that could use you.

**January 1, 2017 – Happy New Year!**

**January 1** – Kick off your New Year's Day in Kentucky Lake with the eighth annual **"Shiver on the River"** at Paris Landing State Park Marina. For more information call Becki White at 731-333-1320.

**January 1 – First Day Hike** at Paris Landing, 7 – 9 am. Meet up at the Conference Center Parking Lot and take a 3.2 mile hike on the newly reconstructed trail. This hike is open to all and sure to work up

an appetite. Stop by for a leisurely lunch at The Riverboat, known for its southern style cuisine. For information contact Gina Lowry at 731-281-6611 or call 731-641-4465.

**January 4** – Students in the Paris Special School District and Henry County School System head **back to school today!**

**January 5** – Give the "Gift of Life" at the **Lifeline Blood Drive**, Paris First United Methodist Church, Blythe Street, from noon to 6 pm. Call Tammy Hurst at 1-800-924-6572 for more information.

**January 9** – The Helping Hand Radio Auction is back! Now through March 1. Auction begins at 12:30 pm. Check the calendar on pages 6 & 7 of this issue.

**January 16 – Martin Luther King Jr. Day!** No school in Paris and Henry County. Start with a special breakfast at Central School and then a march downtown in honor of Dr. King. For more information contact Brother Joe Rawls at 731-644-9520.

**January 20 – Relay for Life Gospel Showcase**, 7 pm at the Krider Performing Arts Center. Tickets will be \$8. For more information call 731-644-2517.

**January 21 & 22** – The Paris-Henry County Jaycees host the **World's Biggest Fish Fry Pageants** at the Krider Performing Arts Center. Call 731-644-2517 or visit [www.worldsbiggestfishfry.com](http://www.worldsbiggestfishfry.com) for information.

**January 26** – Paris-Henry County Arts Council is having a delicious Pancake Supper starting at 5 pm. For more information call 731-642-3955.

**February** – Been fishin' lately? Head out to one of the Paris Landing State Park Marina Fishing Tournaments. For information contact Rob Markum at 731-641-4475.

**February 1 - 28** – Continue to support our **Helping Hand Radio Auction!** See the schedule on pages 6-7 of this issue.

**February 2 – Happy Groundhog Day!** How many weeks until spring?

**February 2 – Lifeline Blood Drive**, First United Methodist Church, Blythe Street, from noon to 6 pm. Call Tammy Hurst at 1-800-924-6572 for more information.

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## CALENDAR OF EVENTS

### February 17-18 – KPAC Young Artists

ages 8-12 present "The Drum" and ages 13-18 present "Sketches" on Friday at 7 pm and Saturday at 3 pm at the Krider Performing Arts Center. Tickets: \$5 for children, \$8 for adults, \$10 reserved. For more information call 731-644-2517.

**February 20 – President's Day!** No school in the Paris Special School District or the Henry County School System.

**February 25** – The Paris-Henry County Arts Council Youth For The Arts presents **Krider Idol**, 7 pm at KPAC. Tickets this annual youth talent show are \$5. For more information call 731-644-2517 or contact Amy Jones at phcartsg@gmail.com.

**February 28** – Yummy, yummy! **Lion's Club Chili Day** at First United Methodist Church, 11 am - 7 pm. For more information call 731-642-4764.

**March** – Head out fishin' at one of the Paris Landing Marina Fishing Tournaments. For more information contact Rob Markum at 731-641-4475.

**March 1** – Last day to bid high and bid often! Call 731-644-1695 to scoop up one last goody from the **Helping Hand Radio Auction**.

**March 2** – Help save a life at the **Lifeline Blood Drive**, First United Methodist Church, Blythe Street, from noon to 6 pm. Call Tammy Hurst at 1-800-924-6572 for more information.

### ONGOING EVENTS

**Popcorn Anyone?** – Enjoy a night out at the Parisian Theatre with nightly shows on six screens and matinees on Saturday and Sunday. For information and movie schedules call 731-642-7171.

**Pickin' N Grinnin'** – Jam with fellow country music lovers or just listen in at the Civic Center on Volunteer Drive. Call Bob Perry at 731-641-7577 for more information.

**No Ice, Just Wood** – Enjoy skating at Paris Wheels Skating Center. Call 731-642-2245.

**Henry County Medical Center** – Free seminars/screenings including Shopping Smart, Chronic Disease Management, Childbirth Education and more. To pre-register call 731-644-3463.

**Lee Academy for the Arts** – Learn to play an instrument, sing, paint, create pottery and more. Visit [www.schoolforthearts.com](http://www.schoolforthearts.com) for schedule of classes.

**Play Inside** – The Paris Civic Center has an indoor pool, track, weights, and fitness machines. Pay by the visit or become a member. Call 731-644-2517.

**STRIKE!** – Grab a bowling ball at Gary Center Bowl, located on North Market St. Call 731-642-3838 for more information.

**Warm Up with a Good Book** – W.G. Rhea Paris-Henry County Library always has something going on. Internet/phone classes, children's and teens' craft sessions and movies, and books galore. Call for more information 731-642-1702.

**March 4** – Come out to the **Mardi Gras Ball** with proceeds benefitting the Paris-Henry County Heritage Center. Dinner and entertainment begins 6:30 pm at the Paris Convention Center. For information or to reserve a table call 731-642-1030.

**March 5 – April 1** – The **25th Annual Photo Showcase**, free to the public and open to all ages to enter photography, at Lee Academy. For more information call 731-642-3411.

**March 10** – **Runway for a Cure** benefiting Relay for Life will be at the Krider

Performing Arts Center. Doors open at 5 pm for hors d'oeuvres and to view silent auction items. Auction begins at 6 pm followed by the fashion show at 7 pm. For more information call 731-644-2517.

**March 11** – **Arts Council's Mystery Desert Theater** at 6:30 pm. For tickets and more information call 731-642-3955.

**March 12** – Don't be late! Spring Forward. **Daylight Savings Time** begins.

**March 15** – Spring issue of **PARIS!** Magazine is out!

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