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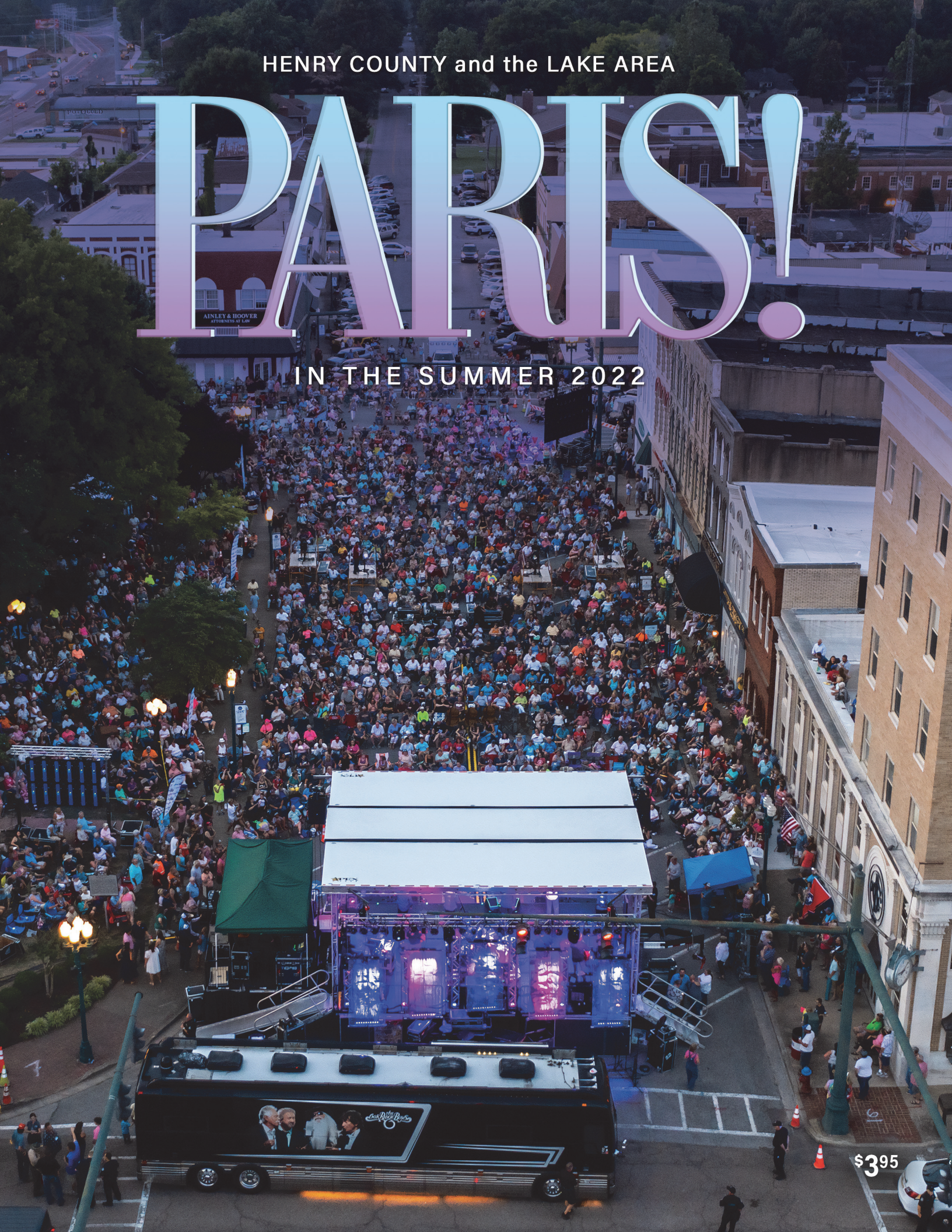

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PHOTO BY MIKE WILSON

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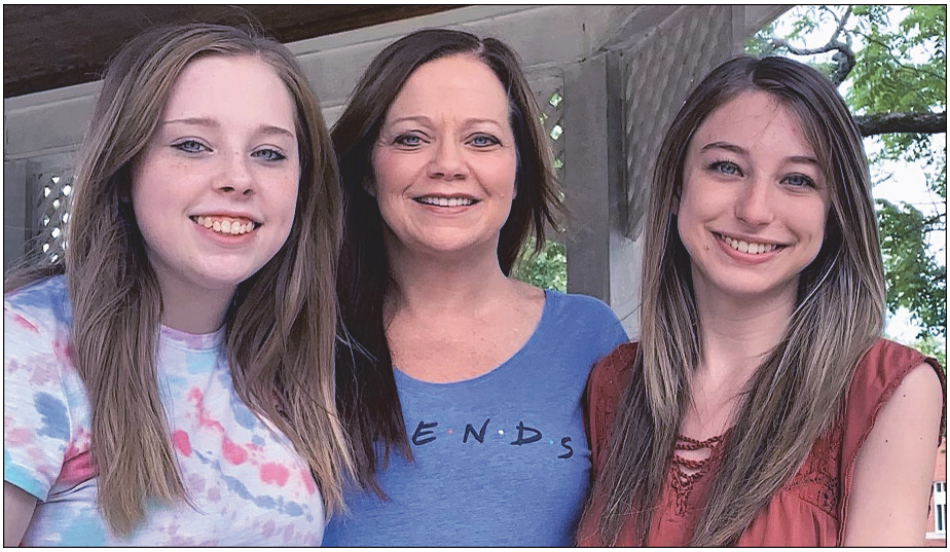

"Summertime and the livin' is easy..."

As I write, summer lies ahead of us like a blank notebook waiting to be filled. Whether you enjoy the lake, the garden, bucking bulls or live music, PARIS! in Summer offers the chance to peruse this season's fabulous offerings.

Start your deep dive with some belly laughs from Bill Neese's, "Blue Lake, Red Bottom." Follow it up with John Watkins' "Gimme that Old-Time Gardening" where our garden guru gives old-timey plants their due, plus a few new names!

Learn something interesting about your neighbors with a piece on one my favorite Henry Countians, the legendary Steve McCadams. Find out how local theatre paved the way for lighting designer Haley Northington, and discover a group of young ladies who are molding their love of dance into a sisterhood in Our Neighbors.

When the days get long, it's hard to resist the stalwarts of summer like baseball or camping, but those activities have some stiff competition in this neck of the woods.

"Sweet, Sweet Summertime" and "Let's All Go Out to the Fair" highlight our community's biggest events, many of which are free of charge. These include shows with thousands of people, such as the Tennessee River Jam, Allegro Professional Bull Riding (PBR) or the Water Fun Run, as well as more intimate events, like hiking at the Tennessee National Wildlife Refuge, shopping in Downtown Paris, a day at the Splash Pad, or live music beneath the Eiffel Tower. And what can we say about the Henry County Fair except "bigger and better than ever!" Don't miss it!

And don't forget the enlightening history pieces, the great cucumber recipes in Paris Cuisine and an article about a pet fox...yes, a pet fox!

You never know what you'll find in PARIS!, so keep reading and enjoy your summer!

Smantha

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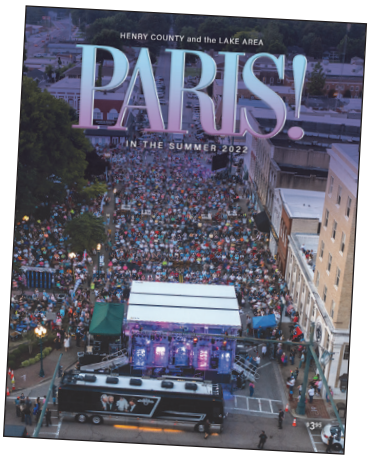
ON THE COVER

Sam Hutson of Crove Media and his drone captured the massive crowd in Downtown Paris attending the Oak Ridge Boys concert, the opening act for last summer's Tennessee River Jam, sponsored by the Paris-Henry County Chamber of Commerce.



Henry County and the Lake Area

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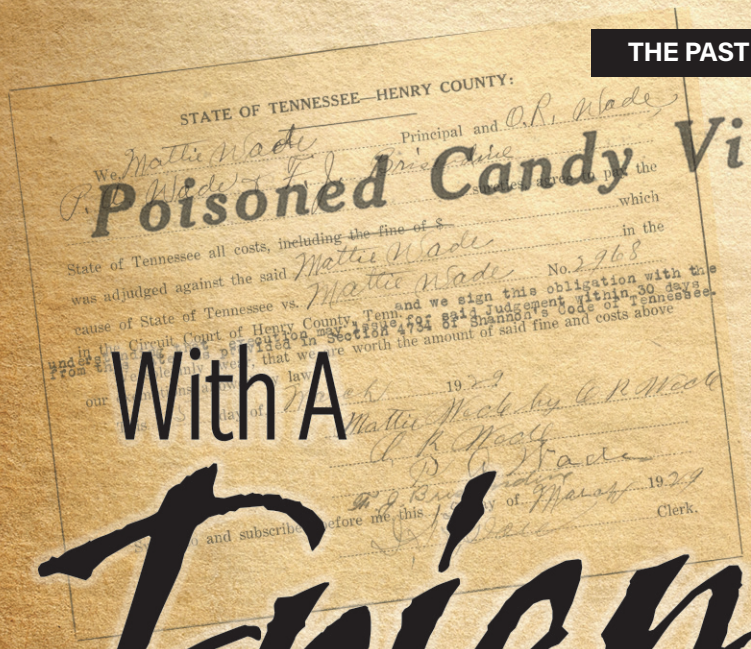

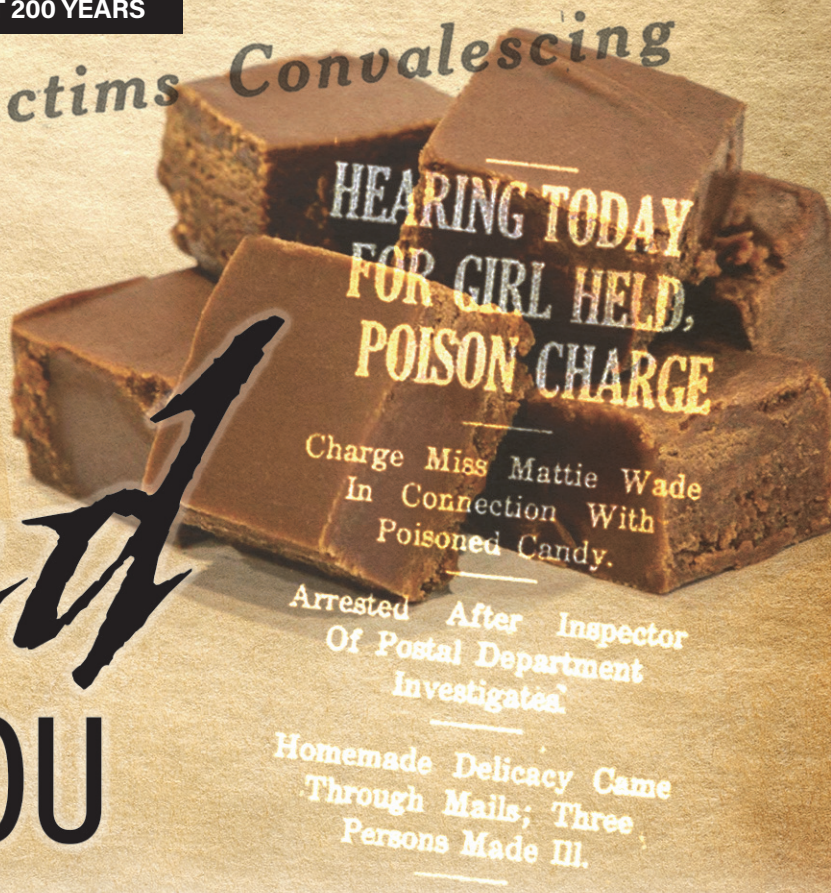

With A Friend Like YOU

BY BETH FAY

On Sunday, December 4, 1927, Miss Annie Salmon of Paris fell deathly ill and was hospitalized. Doctors and family feared for her life and she remained in critical condition for over a week.

Miss Salmon had received a gift of homemade fudge from an unknown admirer in the mail the previous day and had shared the candy with two of her friends, Mr. James Gross and Mrs. George Dolson, at Mr. Gross' home on North Poplar Street where Miss Salmon boarded. Mr. Gross and Mrs. Dolson also became violently ill after eating the candy.

After intensive investigation, it was determined that the cause of Miss Salmon's illness was arsenic poisoning and that the homemade fudge mailed to her home had been laced with the toxin.

The evidence collected led Chief Deputy Sheriff Alf Caldwell to obtain a state warrant for the arrest of Miss Mattie Wade on the charge of attempted murder. Miss Wade was released on $2,500 bond secured by her brother, Owen Wade, and was ordered to appear in court for a hearing.

LAFAYETTE "FATE" CHERRY

Miss Wade, daughter of Thomas Rucker Wade and Mattie Jones Wade and granddaughter of Jimmy S. Jones of the Jones Mill community, insisted that she had no connection with the candy, had known Miss Salmon for four years, and bore her no ill will.

The County Grand Jury issued a true bill of indictment against Miss Wade on March 12, 1928, for attempt to commit murder in the first degree. A trial was called on Monday, March 19, and the evidence obtained by the prosecution was presented to the jury. Miss Salmon had been employed at National Toilet Company prior to the incident, but she had left that position and was unemployed in early December.

On the Saturday before Miss Salmon received the poisoned fudge, she and Miss Wade had been taken for a drive by Mr. Lafayette "Fate" Cherry, a prosperous local businessman. Miss Salmon was employed by Mr. Cherry at the Rison Street Standard Oil tank

office which Mr. Cherry owned and operated. Mr. Cherry and Miss Salmon testified at the trial that during the outing, Miss Wade inquired of Mr. Cherry if he would hire her to take Miss Salmon's position in the event that the latter became ill.

Ross Rogers, assistant postmaster, and Alex Irion, route mail carrier, testified that they saw Miss Wade in the post office on the day the candy was sent and saw her mail the package to Miss Salmon. Mr. A. A. Mester, post office inspector of Jackson, identified the handwriting on the package as being similar to a specimen he obtained from Miss Wade after she was arrested.

Tom White, Jr., chemist at Golden Peacock, Inc., testified that he analyzed the candy and found that it contained a minimum of 10% arsenic. Dr. J. H. McSwain and M. C. Wiggins testified that they attended the three sick patients and both said that the illness was caused by arsenic poisoning.

Pharmacist, I. Marvin McSwain, and assistant pharmacist, James Puckett, of the McSwain Brothers Drug Store told the jury that Miss Wade had been in their store on the morning the package was mailed attempting to purchase arsenic. They said that she told them she wanted the arsenic to kill rats, but they refused to sell it to her.

The defense did not introduce Miss Wade on the witness stand but produced a number of witnesses to testify regarding her mental state and history. No testimony was offered by the defense regarding the facts of the case other than to cross-examine the prosecution witnesses.

The jury deliberated over two days and the case was dismissed by Circuit Court Judge W. W. Bond after the jury reported that it could not reach agreement – 10 voted for acquittal and 2 voted for conviction.

After two continuations, the case was "nollied" on March 15, 1929. The legal term *nolle prosequi* means that the prosecution had decided to proceed no further. Miss Wade's brothers Owen Rucker Wade and Pleasant Allan Wade and her grandfather's niece's husband, Frank J. Brisendine, agreed to act as sureties and pay all costs of the State.

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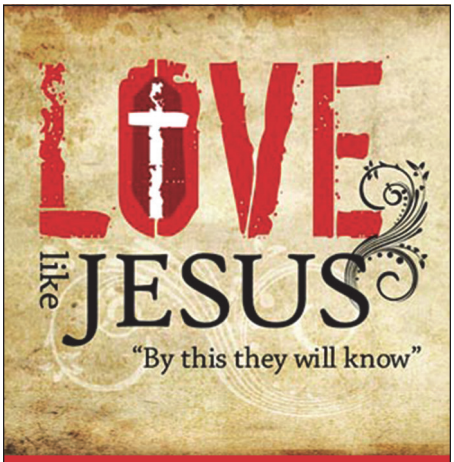

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BLUE LAKE, RED BOTTOM

BY BILL NEESE

Bill Neese is a local attorney, a sportsman, a youth shooting team coach and a grandfather. He began writing stories about his family, work, community and coming of age in the South. While composed primarily for his grandsons, his hope is "that these little stories will bring a smile to those who might read them."

The Whitlock area of Henry County was a ball clay producing area. In fact, most of the ball clay mined in North America is mined in Henry and Weakley Counties. Ball clay is, along with kaolin clay and silica, a major ingredient of ceramics.

As open pit mines were depleted, the clay companies let them fill with water and make lakes. These lakes were deep and clear. The clay made a perfect seal. No vegetation could grow in the lakes until silt covered the hard clay bed of the lake. Today, there are strict regulations governing the reclamation of the abandoned pit mines, but years ago, there was no "reclamation."

The clay pits were not huge areas like coal strip mines. They usually covered a few acres and, therefore, so did the lakes. Back then, the lakes could be dangerous because of the steep sides and considerable depth. A swimmer would need to know his exit points because the wet clay banks were amazingly slippery.

As one might expect, these clay pit lakes with their clean, blue water were irresistible magnets for the local boys. Parents were constantly warning us of the dangers of these lakes and, as one might also expect, these warnings fell on deaf ears. We were all absolutely forbidden to swim in these lakes which made them all the more irresistible. Besides, there was no place else to swim except muddy stock ponds or the snake infested Obion River.

The nearest clay pit lake was a few miles from the house, but then, we had horses. I remember my last swim in Blue Lake, so called because back in the day it was a fairly new lake and the water was crystal clear and blue. As the newest lake, it was the most dangerous of the several dotting the countryside. The banks were steep and slippery and there was only one place to easily get out.

Two of my cousins, two neighbor kids, and a friend from Memphis who was visiting were hanging around the farm on that hot summer Saturday. The lure of Blue Lake was becoming more and more irresistible.

The hotter we got playing baseball or riding horses, the more our conversations turned to how cool and refreshing that blue water would feel. Temptation finally overcame good judgment and fear of retribution.

My cousins, the neighbor kids and I saddled up and announced we were headed out for a "ride." My friend didn't ride so he stayed behind. We were gone a long time. My mother felt bad for our guest so she sent Dad out to look for us. Either Dad suspected where we would be, my guest "ratted" us out, or he tracked the horses down a gravel road. We suspected we were "ratted" out, but odds are, Dad knew exactly where to look.

So, when Dad arrived, he found the horses tied out and calmly grazing and the five of us swimming, laughing and having a great time until we saw Dad walking out of the woods.

A belt on a bare bottom hurts. For some reason, a belt on a wet bare bottom hurts a lot worse. I believe that flaying his way through all of my cousins and me was the hardest Dad had ever worked. He was out of breath by the time he was done. Needless to say, we felt little sympathy for him. (The neighbor kids got the same when they got home.)

We scurried around, got dressed and headed for home. Those saddles sure were hard and the ride back seemed a lot longer than the ride there. Well, as I said, that was our last swim in Blue Lake. The ride home was also the only time the other four who were riding quarter horses didn't make fun of my smooth gaited walking horse.

So you see, contrary to what you may have thought from the title, "Red Bottom" is not part of the Obion River Watershed at all.

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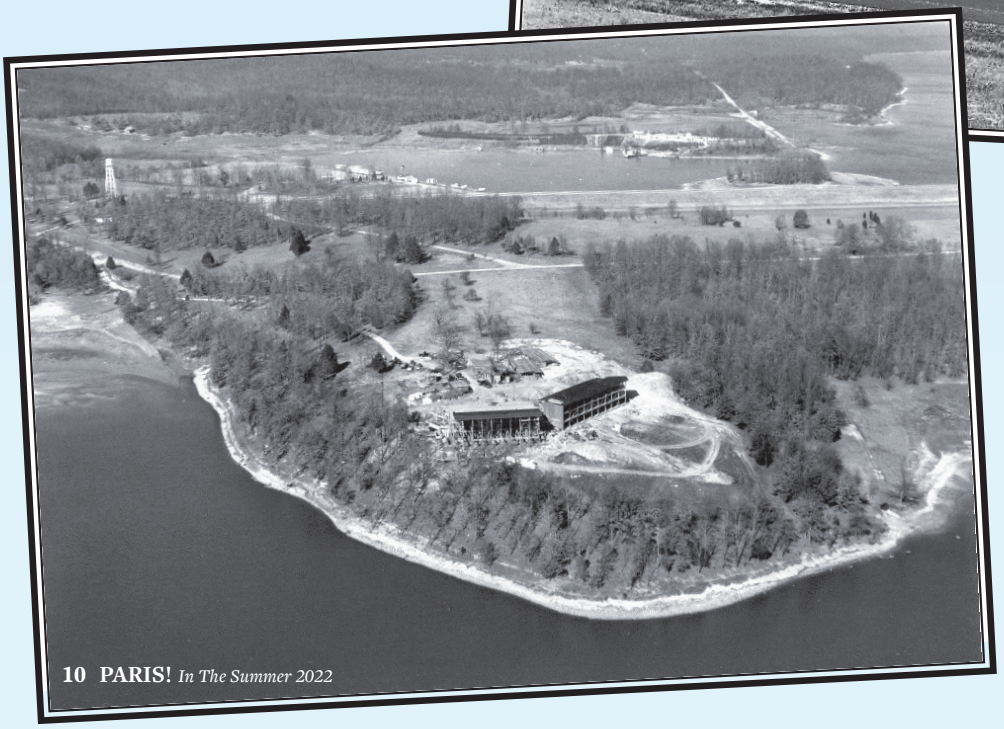
Henry County's first tourist attraction, Sulphur Well, was created by accident in 1821, when an artesian well of sulphur water was struck in an attempt to locate a large salt bed on a former Chickasaw reservation. Eventually a summer resort was erected at the site to accommodate the large numbers of people who came to drink the water, which was believed to have health benefits. Many sought refuge at Sulphur Well during the 1837 yellow fever epidemic.

Do you remember when the marina at Paris Landing State Park looked like this? It's changed quite a bit since 1968, when this photo was taken.



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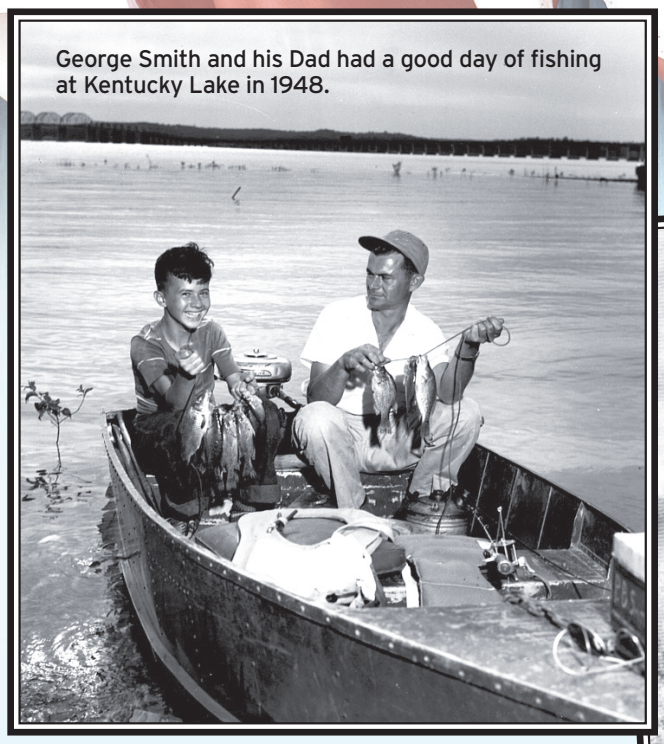
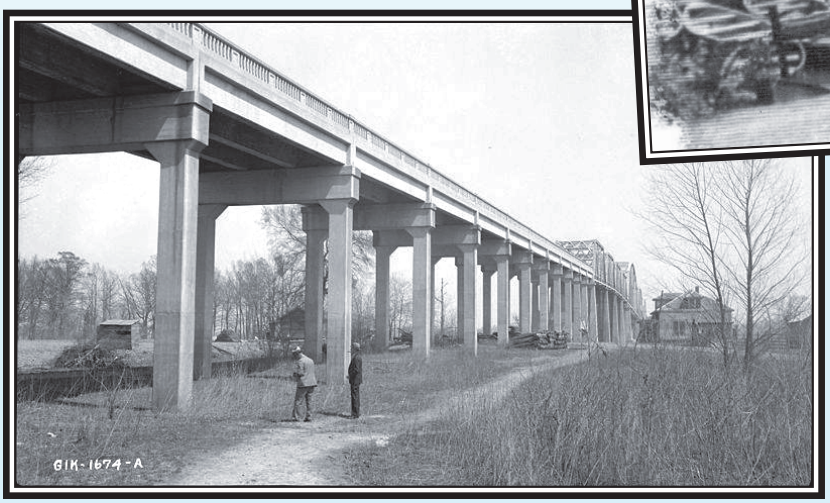


George Smith and his Dad had a good day of fishing at Kentucky Lake in 1948.

Do you remember when Buchanan Resort looked like this? This is a photo of the first dock built at the resort, which now is one of the most popular destinations on Kentucky Lake.



From TVA records in the National Archives and Records Administration. Photo from 1937 as old Scott Fitzhugh bridge was being built. You can still see a house standing in the background.

FEATURE

STEVE McCADAMS

Living The Outdoor Life

BY SHANNON MCFARLIN

Steve McCadams knows the outdoors like the back of his hand. He's a wordsmith and personable, equally at home surrounded by people or wildlife. So, his lifelong vocation as a hunting and fishing guide and outdoors writer is just perfect. "Lots of folks tell me I'm lucky to have had a career doing something I truly enjoy," McCadams said. "I agree as I've been quite blessed."

McCadams is a familiar voice on WTPR with his weekly outdoor reports. He writes a weekly column in *The Paris Post-Intelligencer* and writes regular reports for several websites, including "Explore Kentucky Lake." He couldn't resist offering a pun in relating how he has come so far in the outdoor writing business, noting his first exposure was *Outdoor Life Magazine* in 1978.

"They ran a full-page photo of me with a story on Kentucky Lake crappie, and I got calls from all over the country. From there things started blossoming. In the coming years, I was in all the major regional and national magazines and it was 'wonderfowl' exposure and the kind you couldn't buy," said McCadams.

It was also the product of hard work that began when he was a student at Bethel College. A McKenzie native, McCadams was working on a degree in biology and likes to point out that he did manage to get the degree! McCadams said, "I thought I wanted to be a wildlife officer as I didn't really start out to be a full-time professional guide. I got to liking the people and already loved being in the great outdoors so it sort of stuck, and I look around and 46+ years have gone by somewhere!"

In the "olden days" – way before social media – he started getting exposure in newspapers and magazines and that led to national television shows. Tommy Akin who was with the Northwest Tennessee Tourism paved the way for McCadams in the regional and national media which led to the *Outdoor Life Magazine* cover story.

As more and more outdoor writers would pay visits to him, he said he used to pick their brains about writing and photography. Several introduced him to state and regional writer organizations where a network of writers, authors, and national editors worked together.

"Outdoor stories and photography came naturally to me, but I wish I had paid more attention to English" in college, he said.

He kept plugging, reading a lot, and learning in the process. McCadams first got his start in the print media by writing columns for *The McKenzie Banner* "and things took off. It hasn't been easy, as it takes a lot of time and hard work" to build an outdoor writing career.

"A life in the great outdoors is not all cake and ice cream," as he put it. "It's very demanding both physically and mentally. However, I've been blessed."

McCadams caught his first fish when he was five or six years old under the shady beech trees at Carroll Lake. "The trees are still there and I sometimes go back, sit a spell and reminisce, wondering where the time went," he said. The outdoors – and the love of outdoors – was woven in the fabric of his family from early on, as his father took him fishing and hunting at a young age. His father "helped plant the seed" of outdoor life, along with his grandfather.

"My grandfather on my dad's side took me fishing in farm ponds and at Carroll Lake when I was young, and we really bonded," he said. "They

taught me a lot about the great outdoors, patience, ethics and respect of my fellow man."

Their influence was deep, he said. "They introduced me to fishing, dog training, God, and all the majestic things nature has to offer. I was lucky in that my dad always took the time to share his outdoor experiences with me. Uncles helped, too. We just had an outdoor family atmosphere that was ingrained in my soul."

In his four decades-long career, McCadams has rubbed elbows with many famous people. "I've had a lot of politicians and celebs share the boat and duck blind."

He took Lamar Alexander out several times when he was Governor, President of the University of Tennessee, and then U.S. Senator. He has become good friends with Hank Williams Jr. through their outdoor experiences together and he has hosted Travis Tritt, Grandpa Jones, Porter Wagoner, Little Jimmy Dickens, Jim Ed Brown, Mike Snider, Jimmy C. Newman, Jerry Reed, Merle Kilgore, Ed Bruce, and other Grand Ole Opry stars.

Steve McCadams fished with Gov. Lamar Alexander, Bill Dance, and Hank Williams Jr. many times.

"I've met a cross section of America, you might say, but it's the average everyday sportsman that has really kept it going," he said.

Since the 1990s, McCadams has been known as much for his founding of the "Casting For A Cure" program as for his outdoor career. A cancer survivor himself, McCadams has raised some $100,000 over the years for cancer research and is still going strong.

While he was undergoing chemotherapy he said he asked the Lord to get him through it, and if He did, McCadams said he would do something to help others. The "Casting For A Cure" program benefits the American Cancer Society. He started the annual fishing rodeo at his old stomping (and fishing) grounds of Carroll Lake.

With the damage caused at Carroll Lake due to the flooding destroying the flood gates in recent years, the rodeo was switched to the McKenzie City Park. The COVID pandemic caused a pause in the rodeo for a couple of years, but McCadams said they hope to restart June 5 this year. The fishing rodeo is a popular event, drawing kids and their parents from all over. McCadams said, "We've sure helped fight fish and cancer at the same time."

And always remember, McCadams said, "Take a kid fishing. It's something they'll never forget."

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Sweet, Sweet SUMMERTIME

BY TRAVIS McLEESE

As we embark on another summer at the Chamber of Commerce, we anticipate this one to be our most unique to date. As of May 1, visitors have purchased tickets for the Tennessee River Jam from 11 different states. The PBR in Paris is gaining national attention from its 2021 debut. The Water Fun Run looks to break the 1,000 participant mark. In addition to these staple events, we plan to welcome guests from all over the country who will be enjoying everything our community has to offer.

TENNESSEE RIVER JAM: JUNE 16-19

With four days, nine venues and 35 artists, this three-year-old festival looks to attract anyone looking for a unique combination of music, outdoors, food and fun! Headliners for the festival include The Marshall Tucker Band, Big and Rich, Darryl Worley, and the Kentucky Headhunters.

ALLEGRO'S PBR IN PARIS: JULY 1 & 2

On July 1 and 2, Paris will welcome some of the top professional bull riders from around the world. In addition to first-class riders, there will be bull-fighting, mutton bustin', a mechanical bull, fireworks, cornhole, and other fun festivities. VIP tickets allow for a meet-and-greet with riders and an up close and personal view of the arena.

At the Allegro's PBR Rodeo, top-rated professional bullriders will guarantee excitement for all.

WATER FUN RUN: JULY 16

One of the largest fundraisers for the Chamber of Commerce promotes Kentucky Lake and its variety of marinas. As participants visit each marina, they collect stamps which are later returned as poker cards at the end of the event. The best poker hand dealt wins! This year the group anticipates 1,000 participants from across the region.

LOOKING FOR MORE?

Enjoy the variety of activities at Eiffel Tower Park, which includes the largest non-commercial splash pad in the state. Maybe you are looking for a date with nature? Henry County is home to the Tennessee National Wildlife Refuge Visitors Center. In addition to breathtaking views with miles of walking trails, this refuge is home to two-thirds of the state's birding population. Looking for shopping? Our historic Downtown Paris has a wide variety of unique boutiques, antiques, sweet treats, and more.

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Tennessee River Jam

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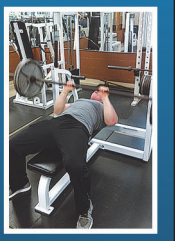

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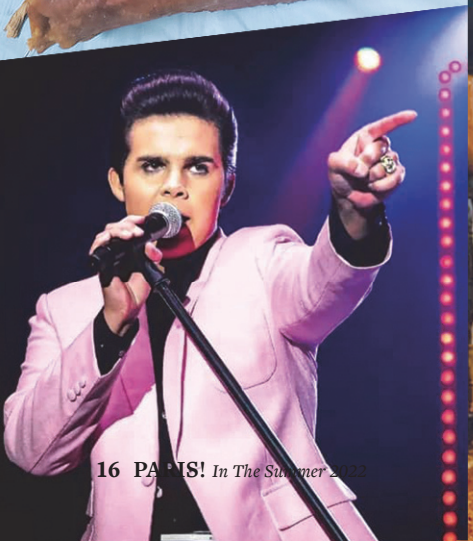
LET'S ALL GO OUT TO THE Fair!

BY KAREN GEARY

HENRY CO. TENNESSEE FAIR



The Henry County Fair, scheduled for August 19-27, is returning bigger and better than ever this year. According to Deneicia Gregson, treasurer of the Fair Board, many new activities have been added to the roster and others have been brought back with changes. So, grab your family and enjoy the fun.

"We have something for everyone," said Gregson. "The fair is about agriculture and the community. Agriculture is an extremely imporant industry in Henry County. The total market value of ag products exceeds 95 million dollars. The fair gives us an opportunity to see and learn from different sides of our county."

During her visit with PARIS! Magazine, Gregson was excited to reveal some of the new or expanded events during the Fair Week.

High energy flips and close calls of the Shamrock's Ultimate Bullfighters will keep fairgoers on the edge of their seats in this new arena event sponsored by Shamrock Dirt and Forestry.

NEW EVENTS & CHANGES

The first notable change in the schedule begins with the **Henry County Fair's beauty pageants** being moved to July 30-31 at the Fairgrounds. This allows the royalty to be available to promote the fair in advance. If you see these beauties around town, give them a wave and say hello.

New this year is a **"Take Your Child To The Fair" photo opportunity**. Simply take your child's photos during Fair Week and email them to HCFair517@gmail.com or #HCFairTN on Facebook by 10 pm, Friday, August 26. A prize will be awarded to the most fun photo.

FRIDAY, AUGUST 19

After the BBQ Cookoff in the morning, get ready for the all new **Mooovin' It Dance with Rockin' Randall French** at 7 pm in the Pavilion. Returning this year is the **Boot Strut**. At 8 pm, participants will show off their cowboy or cowgirl boots during the Boot Strut for prizes.

SATURDAY, AUGUST 20

Get your running shoes ready for the first **Hoofin' It 5K Run** at 8 am. Contact Jay Hosford at 731-707-2580 for more information or check the fair's website.

Help us kick off the new arena event – the **Shamrock's Ultimate Bullfighters** at 6:45 pm. These professional competitors will test their courage and agility with high-energy tricks, flips, and close calls while being just arms-length away from charging bulls. "We are excited to bring such a unique event to West Tennessee," said Michelle Hopkins, fair board member. Ticket and other information will be available at a later date, so refer to to the social media or website for updates on the event.

MONDAY, AUGUST 22

Not everyone can visit the fair, but this year the fair is coming to those individuals. While the adult department entries are being accepted this day, the new **"Senior Days of Grace" entries** will also be coming from the county's nursing homes and assistant living facilities. Arts and crafts made by their residents will be on display during the week.

The **Grand Opening** of the Henry County Fair will occur at 6 pm with the presentation of the colors, National Anthem, opening remarks by local dignitaries, and a ribbon cutting by the Paris-Henry County Chamber of Commerce. Free hot dogs will be given out to the first 200 people.

At 6 pm, the wives of the Henry County Sheriff's Department will head up the multiple **free children activities** at the arena.

Visiting the fair for the first time will be The **Tennessee Twister** and he will be demonstrating his amazing balloon artistry at the Pavilion.

TUESDAY, AUGUST 23

This day will be very active with new events. Beginning at 5:30 pm in the Commercial Building, Sweet Jordan's will sponsor the **Junior Miss Fair Sweetheart Pageant** and the **Miss Fair Sweetheart Pageant** for young ladies with disabilities.

Like to sing **karaoke**? At 6 pm, the fair will be seeking vocalists at Big Ed's Porch. "We've never had karaoke at the fair before," said Gregson. "But this year, Tom Evans will host the singing event." Evans will be also conducting karaoke on The Porch Thursday night and Friday night in the Commercial Building at 6 pm.

Get your throwing arm ready! **The Skillet Toss** is returning with an expanded format beginning at 6:30 pm at the arena. At 7 pm, the tasty new **Cornbread Contest** takes place. There will be several age classes for bakers and two types of cornbread will be accepted — traditional and Mexican. Participants may enter in either or both categories. Bakers should bring their unsliced cornbread from home to be judged on presentation and taste.

WEDNESDAY, AUGUST 24

After the **Chamber Coffee** in the morning and livestock shows in the afternoon, the **Bicentennial Celebration** will be the highlight of this evening, beginning at 6 pm.

Some of the activities include early farm family activities, wagon rides, storytelling by Bob Valentine, music by Mark Johnson, clogging and buck dancing by The Wade Family, kids games, history presentations by local communities, beard contest, and more. At end of the Bicentennial events, a time capsule will be buried at the Fairgrounds.

Also new to the evening, **Hank Ivey of Fancy Firewood Carving** will demostrate his amazing chainsaw talent. Ivey is planned to appear Thursday-Saturday at 6:30 pm at the Commercial Building.

THURSDAY, AUGUST 25

After a day of more livestock shows and various demonstrations, get ready to groove when **The Barons** return for a rousing show on the Commercial Building stage at 6:30 pm.

SATURDAY, AUGUST 27

Show your farming pride and participate in the new **"Drive Your Tractor To The Fair" Day**, starting at 9 am. It will be a great time for kids and adults alike. Safety skills will also be tested in the lower parking lot.

At 6 pm, in the Commercial Building, **ELVIS! Riley Jenkins** will sing some of The King's greatest hits during his high energy show.

FOR MORE DETAILS

For more information, like the fair's Facebook page, Henry County Fair, TN, or visit their website at www.henrycountytnfair.com. The fair books will be out in the community by July 4.

Let's all go out to the Fair and support the hardworking agriculture community along with the local organizations, sponsors, and volunteers that put on this 68-year tradition.

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FEATURE

BY THE GRACE OF GOD

Holy Cross Catholic Church Celebrates Its Centennial

BY KELLY McENTIRE

As most everyone in the *PARIS! Magazine* reading area is aware by now, this year marks the bicentennial of the founding of Paris and Henry County. Coincidentally, another significant milestone is also being celebrated in June – Holy Cross Catholic Church will mark its 100th anniversary.

Parishioners at the church felt the need to commemorate its "birthday" in a significant way, and a Centennial Committee was formed to do just that. Committee members decided on a year-long celebration with at least one significant event highlighted each month, beginning in June 2021, the anniversary of the laying of the cornerstone, and ending on June 18, 2022, the 100th anniversary, to the day, of the first Mass celebrated in the church.

Mr. and Mrs. James M. Dean's home – site of the first Mass celebrated in Paris.

Rose Cunningham, co-chair of the committee, remarks that the goal of the year-long festivities was not only to mark the centennial but also to celebrate the people of Holy Cross and to reunify the parish after COVID-19's interruption. To that end, care was taken to include as many demographic groups as possible.

The June 2021 event was tailor-made to that wish when Bishop David Talley came from Memphis to confer the Sacrament of Confirmation on the eighth-grade students. He also consecrated the recently completed Memorial Rosary Garden, the result of years of prayer and campaigning by a

group of dedicated senior members of the parish.

July saw the unveiling of the Holy Cross timeline, a remarkable, interactive display that included photographs, documents, and artifacts gathered by parishioners over the decades. Included in the display were the nearly 150-year-old Stations of the Cross that had been imported from Europe and hung in the original church on West Wood Street, as well as the modest table that served as the first altar in the home of Mr. and Mrs. James M. Dean, beginning in 1901.

The timeline remained in place until after the August event. Parish picnics had been held in the past, but this one became a celebration of origins and ethnicity. In addition to the prerequisite Southern cuisine, people prepared meals from their native countries. Picnic-goers were treated to meals from Mexico, the Philippines, Vietnam, and Nigeria, among others.

In 2003, Alyssa Nunes was hired as the director of religious education. When she left in 2005, it was to enter the convent of the Franciscan Martyrs of St. George. Since that time, she has traversed the country, inspiring thousands through her talks and retreats. In September, Sister Mary Karolyn, as she is now known, returned to Holy Cross for a three-day retreat that culminated on September 14, the Feast of the Exultation of the Holy Cross.

Since 1982, Holy Cross has celebrated Octoberfest with a public festival of games, crafts, vendors and authentic German (later Mexican) cuisine. Naturally, the Centennial Committee had planned on this day as its October event. Unfortunately, for the second year in a row, the COVID outbreak dictated otherwise.

Instead, because October is the Month of the Rosary, parishioners were encouraged to pray the rosary every day. "People who participated kept tallies and turned their final numbers in at the end of the month," states Cunningham. "We were astounded at just how many prayers were offered up."

In the spirit of Thanksgiving, parishioners thankful for their personal blessings paid it forward by collecting donations for The Shed during November. December's celebration included a multicultural Mass and reception celebrating Our Lady of Guadalupe. In addition, children from the religious education classes made paper chains, each link containing the private prayer of its maker, which decorated the Christmas trees adorning the altar.

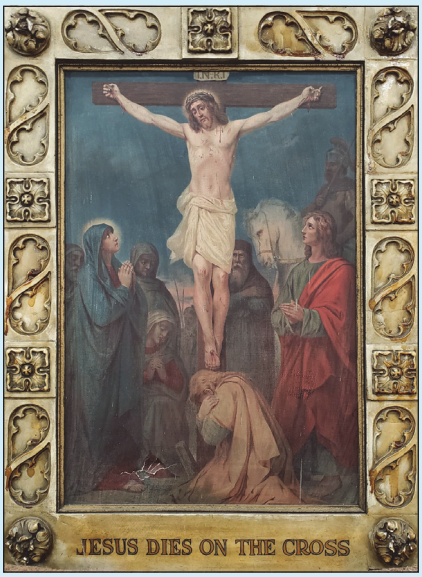
In January, the front lawn of the church was decorated with 100 white crosses symbolizing not only the church's anniversary but that of the passing of Roe vs. Wade. Once again, parishioners collected and donated items, this time for Tomorrow's Hope Pregnancy Care Center.

In addition, congregation members actively participated in the Helping Hands Auction (and yes, Holy Cross won first place for monies raised this year, but that's another story). In February, valentines were sent to shut-ins and to parishioners who might need encouragement.

Lent began in early March. On that first Friday, the committee teamed with the Knights of Columbus to sponsor a fish fry for parishioners. In April, a dogwood sapling was planted to commemorate the anniversary year. May's events included the May Crowning ceremony and cookout, as well as an outdoor movie night.

Anniversaries are meant to be celebrated, and the culminating event for Holy Cross's 100th will reflect the scale of its importance. On Saturday, June 18, Bishop Talley will return to concelebrate Mass with Rev. Martin Orjianioke and other former pastors. Following Mass, a dinner/reception will be held for current and past parishioners to reunite and reminisce.

By the grace of God, in just 100 years, Holy Cross has expanded from its modest beginnings into an actively contributing member of the Paris and Henry County community. Octoberfest's proceeds fund many local charities, and the Holy Cross preschool has consistently earned the state's highest ratings since its opening in 2004. The parish's Hispanic population is thriving and, through its involvement in the parish, actively assimilating into the local culture. The future looks bright for both Holy Cross Catholic Church and Henry County as each moves on toward its next 100-year milestone.



One of the 14 Stations of the Cross, imported from Europe, that hung in the West Wood Street church (below). John Gorman purchased and donated the land, and the cornerstone of the new building was laid in 1921. It was formally dedicated on June 18, 1922.

The church is more than a building; it's the members who bring it to life. Fellowship, like this parish dinner, bring people together at Holy Cross Catholic Church.

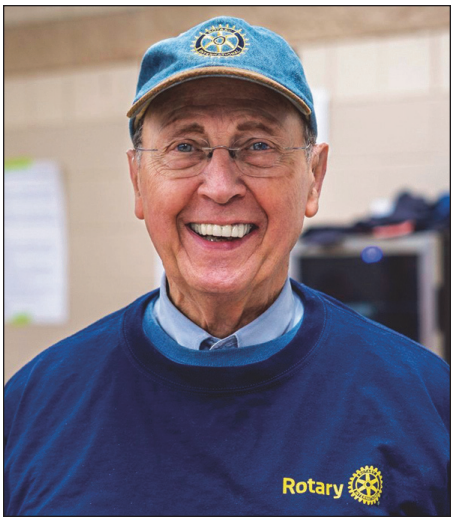
Paris Rotary 100 YEARS YOUNG!

BY SHANNON McFARLIN

For being 100 years old, the Paris Rotary Club sure seems young. Maybe that's because of how active the organization is and how it keeps growing.

Ironically, the Paris, Tennessee and the Paris, France Rotary Clubs received their charters on the same date: April 1, 1921. In all, the Paris Rotary –Tennessee, that is – has had 104 presidents, with J. T. Porter as its first president and David Jackson currently serving in that capacity.

The club has met in several locations in Paris. On February 18, 1921, its first meeting was held at the Caldwell Hotel with a total of 16 charter members. The club then moved across the street to the elegant Greystone Hotel, where it met for many years, before then moving to the former Hampton Inn convention center, and now at the Paris Academy for the Arts. The Paris Rotary just keeps growing and growing and now has 70 members.



Leon Ridgeway, longtime Rotarian

At the group's popular annual Country Ham Breakfast, Paris Rotary members wear t-shirts that say "Service Above Self," and they do mean that. According to the club history, its early focus was helping crippled children when polio was an epidemic. In those early years, the crippled children were sent to Campbell's Clinic in Memphis, providing treatment, and buying braces for them. The focus later shifted to helping crippled adults.

"Rotary International entered a campaign in 1986 to rid the world of polio," according to the history. "During that year, the Paris club raised $26,000 to contribute to that campaign. In 2021, there have been only two new reported cases of polio in the world. In 1948 the club raised $3,000 to build a Boy Scout house in the old City Park on East Washington street and at the same time sponsored Boy Scout troops."

Over the years, the Paris Rotary has organized nine new Rotary Clubs in

West Tennessee and West Kentucky, including our neighbors of McKenzie, Martin, Dresden, Gleason, Erin, Dyersburg, Fulton, Mayfield and Huntingdon.

In 1951, the Paris Rotary organized a show to entertain wounded combat veterans of the Korean War at Fort Campbell, Kentucky. And in 1977, Rotarian Jim Adams headed a campaign that raised $65,000 to put lights on at Patriot Stadium at Henry County High School, and from 1966 through 1974, the Paris Rotary Club was instrumental in having a joint civic club banquet once a year including Rotary, Lions, Optimist, Kiwanis, Civitans and Jaycees.

Speaking of HCHS, long-time Rotarian David Flowers said over the last four decades the Rotary Club's emphasis has been on providing scholarships to students graduating from Henry County High School. The Bill Rhea Rotary scholarship was endowed by Rotarian Doctor Bill Rhea.

In 1979, the Bill Caldwell Good Citizenship Scholarship was named in honor of the late Rotarian Bill Caldwell, and in 1997, Doctor Robert Richardson endowed the Richardson Family Henry County Educational Scholarship Fund through the Rotary Club.

"Collectively," Flowers noted, "these funds have provided $365,000 to Henry County students."

A watershed moment for Rotary International occurred in 1989, when women were admitted into all Rotary clubs. Up until that point, the Rotary clubs had been strictly men-only. It may have been slow to catch on, especially in the Rotary clubs in smaller towns, but the women in the Paris Rotary play an active role. It was especially fitting, then, that during the 30th anniversary of women being able to join Rotary, Tory Daughrity was elected the first Paris Rotary female president in 2018-2019.

A hundred years is a long time, but with steady growth and the community's support, the Paris Rotary Club looks forward to many more years of continuing to put "service above self" and helping the people of Henry County.

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He made it! Henry County Mayor John Penn Ridgeway runs to catch up with the other county officials on their truck in the Puryear Day parade. John Penn was announcing the start of the parade in front of the Methodist Church when the parade started.

Little Hadley Kate Paschall was stylish as she won Best Costume/Character at the World's Biggest Fish Fry Small Fry parade with her dad, Griffin Paschall.

The Paris Rotary Club Country Ham Breakfast was back on this year, and everyone was all smiles – Cash Caldwell, Bo Caldwell and Jeff Carnes.

Due to the TSSAA Sub- State Track Competition that was held at the same time as the HCHS graduation, Senior Dinah Winders was unable to attend the graduation. A special ceremony was held at the high school the next morning to celebrate her graduation. The Madrigals recorded 'Pomp and Circumstance' for her to march in to and she threw her mortar board into the air.

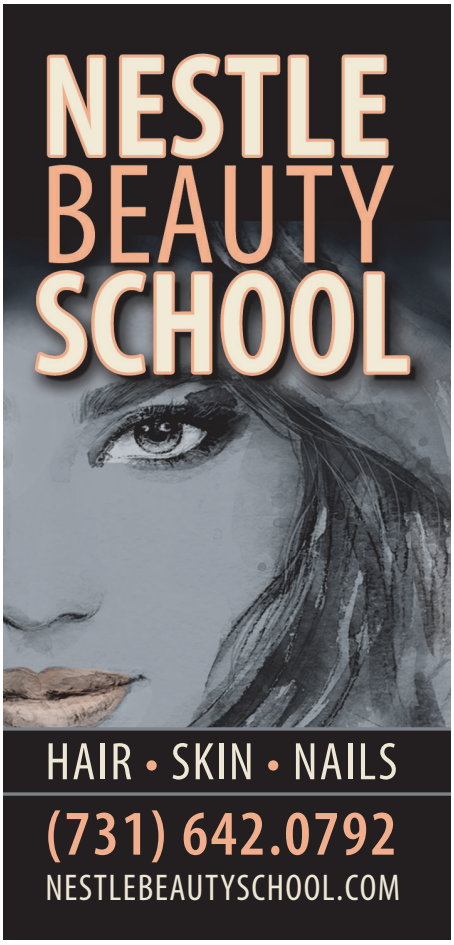
Rhea School teacher Lynette Travis with a group of especially well-dressed students at this year's Elegant Dinner.

The Paris Rotary Club awarded the prestigious $10,000 Richardson Family Scholarship to HCHS Senior Jamie Underwood. She is this year's HCHS Salutatorian. In the photo are Paris Rotary Club's David Flowers, Emily Richardson Gerrell, Dawn Ricardson, this year's recipient Jamie Underwood and her parents Chris and Misty Underwood.

The late Henry County Schools Teacher and Coach Roddy Adkisson was honored at the county school board meeting. In photo, School Resource Officer Sgt. Rodney Littleton displayed a shadow box with Roddy's original football jersey to Adkisson's family at the meeting.

Happy faces after the Henry County 4-H horse judging team recently traveled to Triple P Arena in Decaturville to compete in the regional judging competition. Advisor Staci Foy said Henry County had a young team of first-time competitors: Ava Myrick, Eva Myrick, Sophie Staggs, and Madilyn Bitner and Grayson Morgan. (Staci Foy photo)

University of Tennessee-Martin Police Chief Monte Belew and his dog, Morton, draw a crowd during the campus' "I Heart UTM" week. (Steven Mantilla)



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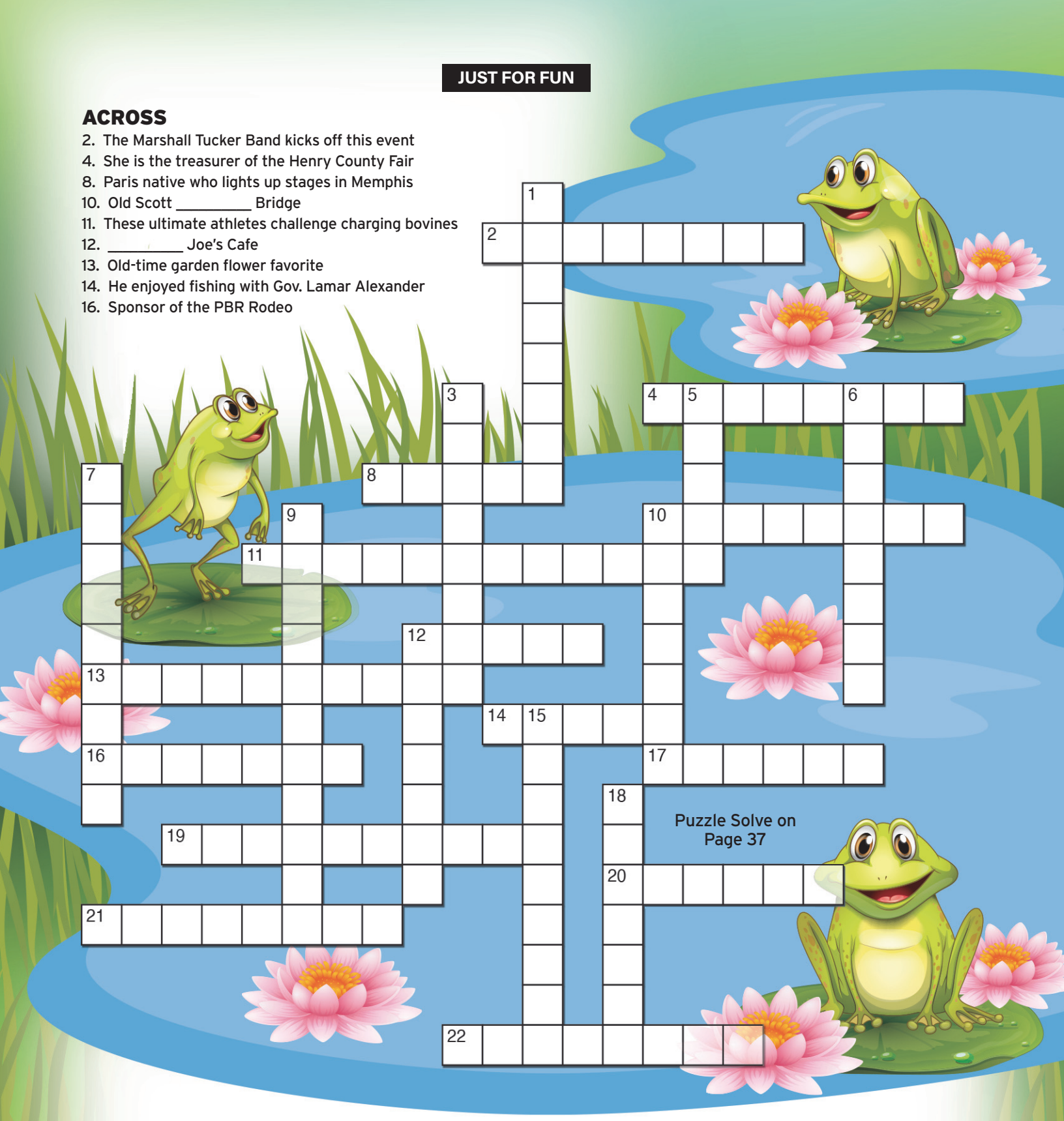
JUST FOR FUN

ACROSS

2. The Marshall Tucker Band kicks off this event
4. She is the treasurer of the Henry County Fair
8. Paris native who lights up stages in Memphis
10. Old Scott _____ Bridge
11. These ultimate athletes challenge charging bovines
12. _____ Joe's Cafe
13. Old-time garden flower favorite
14. He enjoyed fishing with Gov. Lamar Alexander
16. Sponsor of the PBR Rodeo



Puzzle Solve on Page 37

ACROSS

17. Club celebrating 100 years
19. Ingredient mixed with feta cheese
20. Aurora is this type of fox
21. Holy Cross _____ Church
22. _____ hearts are a delicate perennial flower

DOWN

1. Longtime Rotarian
3. Director of choreography
5. Riley Jenkins impersonates this performer
6. Summer vegetable that is 95% water
7. Cool off place on a hot day in Paris
9. Henry County's first tourist attraction
10. Farm where Aurora was born
12. Toss this at the Henry County Fair
15. _____ Real Estate Co.
18. _____ PariLettes love to dance!

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FEATURE

HALEY NORTHINGTON

Lighting Up Stages From Paris, To Nashville, To Memphis , And More!

BY RHONDA STANTON

Haley Northington, as a young child, was drawn to two things: the imagery of art and the imagination of stories. She drew and painted and, through literature, explored this wide world and fanciful worlds that were born in the minds of authors. Those foundations took root when a family trip to the Tennessee Performing Arts Center (TPAC) in Nashville showed the combination of imagery and story alive on the theatrical stage.

In high school, Haley took more steps that would lead to her life's work. She joined the cast of a summer production at Krider Performing Arts Center and became active at KPAC. She also joined the speech and debate team at Henry County High School, which led her to the drama department and productions at HCHS.

Haley enjoyed performing in a few shows but discovered that the backstage and technical work of making a show happen was more rewarding for her. Then she was asked to come up to the production booth at KPAC to learn about stage lighting, and a career path was born.

Haley credits her teacher, Linda Wilson Miller, at HCHS with developing a strong foundation of general theatrical knowledge. Her early lighting mentor was former KPAC lighting designer, Greg Weber, about whom Haley states, "Greg curated a love for lighting in me and helped me to learn a lot to prepare me for college."

After graduating from HCHS in 2015, Haley continued her education at Trevecca Nazarene University in Nashville, spending most of her freshman year lighting university shows. By her second year, however, she began branching out to work in other venues including Nashville Children's Theatre, TPAC, the Nashville Opera and Dark Horse Theatre. She also worked at McLeod Summer Playhouse in Carbondale, Illinois, and at venues in Cincinnati, Ohio.

In 2019, Haley attended the Southeastern Theatre Conference where she made the connection and landed a lighting design position at Playhouse on the Square in Memphis where she now resides. The active Memphis theatre scene keeps Haley busy with her primary position at Playhouse on the Square and allows her to work part-time as a stagehand at the Orpheum. As time permits, she volunteers for small theatres and does freelance work. For other artistic pursuits, she does artwork by commission and runs her own sticker shop.

Currently she is working on the lighting design for *Smoky Joe's Café*, while the last year alone had her working on *Torch Song*, *May We All*, *Little Shop of Horrors*, *The Goodbye Levee*, and many more.

She states her favorite musical was *Songs for a New World* by Jason Robert Brown, a song-cycle with beautiful lyrics. *Torch Song* was her favorite play with its deep poignancy and the challenges of lighting two very different locations between the two acts.

To a lighting designer, the almost tangible senses of slight, darkness, shadow, and color are all-important tools of the trade. "Color plays such a strong role in affecting people's moods and can entirely affect how the audience perceives a character or a scene," Haley states.

She jokes that she never stops being a lighting designer as her apartment is filled with smart light bulbs controlled from her phone, so her home life is filled with color as well.

When asked about where she is artistically at this point, she replies, "Some days, I can see how far I have come as an artist and it's a wonderful feeling. Other days, I see how much more I still have to learn. My knowledge of lighting and electricity is ever-expanding. I'm incredibly proud of where I am, but I know that I still have so much more to do."

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When Your Passion Is Dancin'.... Dance!

There is a group of young ladies in Paris who gather afterschool to study, to learn life skills, to practice etiquette, to discuss their joys and challenges and to enjoy their passion - dancing, dancing and more dancing. Now known as the Diamond PariLettes, these students, ages 5-18, recently appeared in front of an estimated 25,000 spectators during the World's Biggest Fish Fry Grand Parade.

"No one was nervous, because they were well prepared," says Jessica Hilliard, leader of the dance team. Clad in black and gold sequined leotards, this was only the second time the group had performed in public. "They were ready to show the crowd who they were and what they could do," says Hilliard.

Hilliard admits that it is sometimes a challenge to guide a group of girls who are exploring who they are, what they want to become and how to make it happen. "Our goal is to keep them positive. And when they can't be positive, then we want them to learn how to 'agree to disagree' and come back together as one," she says.

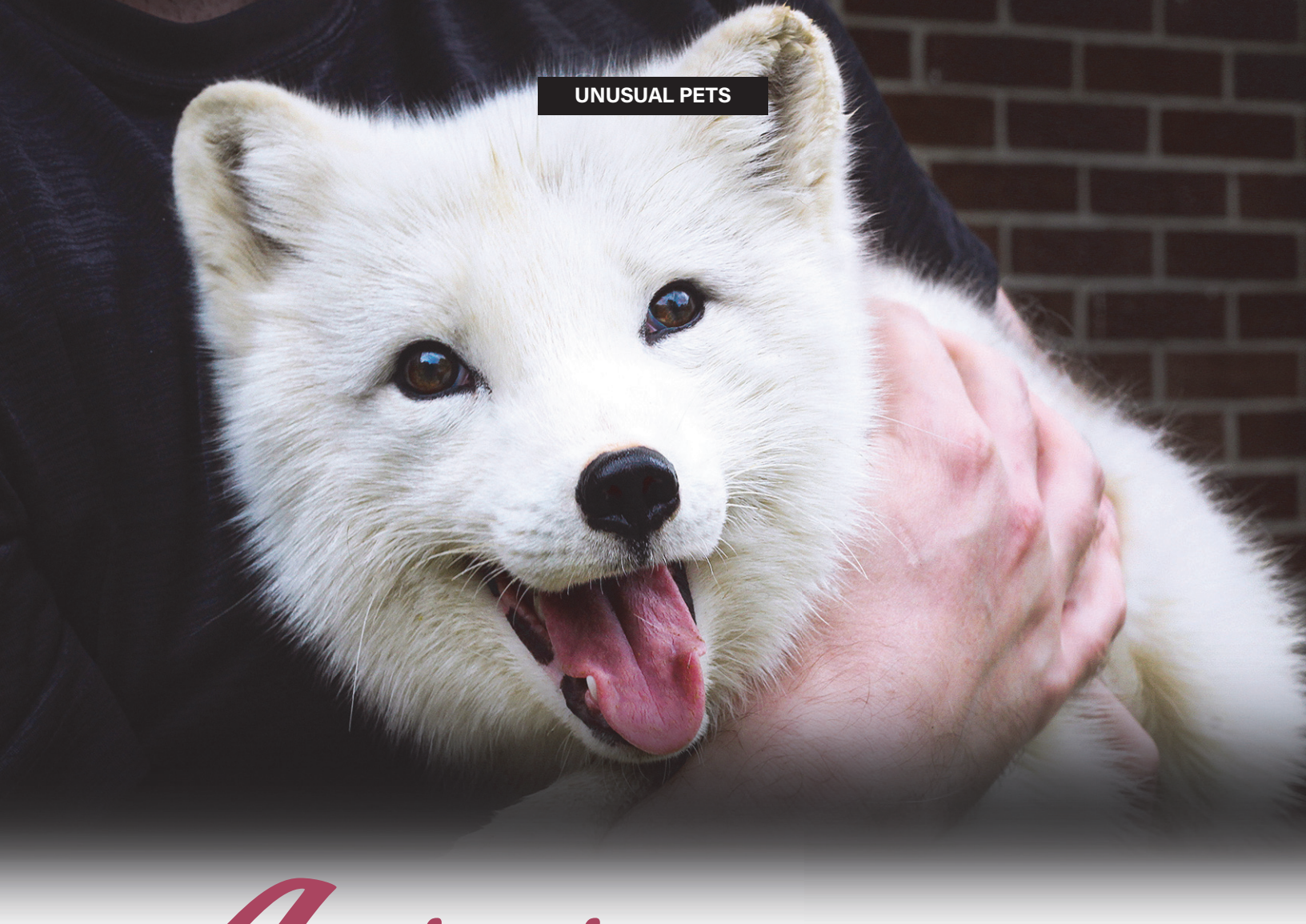
The Diamonds meet at the Central Community Center three days a week from 5:30-8:30 pm. If that sounds like long hours, consider that another goal is for the girls to develop and keep a bond. "We want them to know that whatever they are going through, they don't have to do it alone, they have a sisterhood," explains Hilliard.

Not surprisingly, the girls are held to an academic standard. They must have a C average in order to perform. If their grades drop below that, there is a probation period to help them focus on academics and bring up their grades.

Hilliard is just one of many individuals who have helped move the Diamonds from an idea to a viable group of girls who are not only dedicated to hard work but are dedicated to each other. Martha Cowan serves as compliance officer and treasurer; Aaron Williams is the director of choreography, and Tiffany Jackson is secretary. Among their top supporters are Gold Level Sponsors, LL's Bar and Grill, and Brandon and Tiffany Jackson.

The Diamonds are always looking for new members. After a short, early summer break they will be hosting an open house in mid-June. The event will showcase and explain more about the group, says Hilliard, who invites the community to "celebrate the Diamonds with us. Eat, drink and dance with this great group of girls."

Listen to Hilliard's interview on Paris Podcast at susanjonespr.com. Stay up to date with this group on Facebook (Diamond PariLettes) or by emailing diamondpiarlettesofParis@gmail.com.



Aurora: The Neighborhood Fox

BY KAREN GEARY

Mention the word "pet" and most people will think of a dog, cat, or hamster – perhaps even a rabbit, lizard or snake. But for Shaun Poole of Paris, his pet is an arctic fox named Aurora.

"I didn't get to have pets as a kid, and foxes were always my favorite animal due to their intelligence and the fact they stay fairly well hidden and silent," said Poole. "So as someone who didn't get an opportunity to have my own pets, I went all out and got my favorite animal as one."

Aurora was born at Frazier Farms near Gatlinburg, Tennessee, and Poole has owned her since she was about five weeks old. The foxes bred at Frazier Farms are highly domesticated, and "I would not classify them as wild animals personally," said Poole.

When Poole first got Aurora, she lived inside the house with him, but he couldn't manage to train her to a litter box. "Foxes are trainable for a litter box, and some people have an easier time with it," he said. "However, Aurora was a bit complicated, so I built her a pen outside to run around in. We go on walks like a dog when weather permits it."

What is like to own an arctic fox? According to Poole, "A fox is like taking care of a dog that acts like a cat. She really is not much different to care for and is very well domesticated. I've had kids in the neighborhood come by to hold her, feed her, and pet her. I have a two-year-old of my own who plays with her. She's very friendly."

Like most pets, Poole warns that Aurora can bite. "She has only bitten me when giving her food or if she thinks I'm trying to take her food."

Although Aurora is not native to Tennessee, Poole feels she is much friendlier than most other fox species. He was informed that his fox would be very anxious around people, but he has never had a problem during his first year with her. "She has been extremely nice and playful to anyone who approaches her, which is uncommon. Foxes usually come to you first, and it is hard to get them to trust you," he said. It took less than two months

for Aurora to come to him and let him pet her.

What do Poole's neighbors think about his unique pet? "All the neighbors reacted the same way – surprised! They usually ask the same three questions: 'Do you have to have a license?' 'Does she let you pet/hold her?' 'What does she eat.' Obviously, it's not normal to have an arctic fox in Tennessee so everyone is very intrigued, especially when I take her to the parks."

For those who are curious, Aurora likes to eat berries, yogurt, chicken, and dog food along with canned salmon cat food.

Poole offers this advice to anyone thinking about owning what would be considered a wild animal or an exotic as a pet. "You definitely need to know it's a lot of effort and you can't train them the same way as a cat or dog, so research and patience is definitely needed."

Aurora, the arctic fox, enjoys a good belly rub from her owner, Shaun Poole.

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GIMME THAT OLD-TIME GARDENING

BY JOHN WATKINS

Growing up, one of my fondest memories of summertime was getting to spend a week or two at my grandparent's farm "way out in the country" in Rives, Tennessee. Learning to ride a horse, feeding cattle, playing with the goats, and of course, working in the garden were just a part of the daily routine. Let me tell you something, you learn the difference between a weed and a prized Bachelor's Button real quick when Grandmama is coming after you with a wooden spoon!

One thing in particular that I remember is that the garden, and the whole yard for that matter, always had some of the prettiest and healthiest flowers and shrubs I've ever seen. And for good reason. Grandmama knew what plants were tried and true from her parents and grandparents. Plants that had been handed down for generations from seeds, cuttings, or divisions permeated the landscape. In fact, I still have a peony plant growing at my house that came from her and has been moved from Virginia to Georgia and back to Paris.

While we all appreciate having those shiny new cultivars in our gardens to brag about, it's just hard to beat those old-fashioned flowers and shrubs. Now I realize the word **"old-fashioned"** sometimes has a negative connotation in our society, so digging out the old Thesaurus I came up with a few alternatives that I might just interject, if I may be so bold.

"VINTAGE" FLOWERS

While many of these older plants have been tweaked for color or size in recent years to create improved varieties, there's a reason the originals are still around so seek them out.

Four O'Clocks are **"retrograde"** tender perennials in our area but most commonly grown as an annual that can reseed itself quite abundantly. As the name suggests, the trumpet-shaped flowers (think petunia) open in the late afternoon and have a very pleasant jasmine-like scent. A low maintenance plant, they can get by with only occasional watering and will grow in almost any soil.

The **"atavistic"** Hollyhocks have big blossoms and luscious colors that make it a go-to plant in almost any garden. They can grow five to seven feet tall so you might think about placing them towards the back of the bed with some support to avoid wind damage.

If you have a shady area, you might consider the **"retro"** Bleeding Heart. This perennial pops up in early spring, grows very quickly and has heart-shaped flowers in shades of pink, red, or white that dangle from arching stems from spring to early summer. Don't be shocked when they die back shortly after flowering because they will return again in full glory the following spring.

I would be remiss without listing a couple of **"old-school"** climbing plants. The **"heirloom"** Sweet Pea likes

cooler weather and will need a little netting or trellis on which to climb but will make up for that with their soft palate of colors and undeniably sweet fragrance.

"Age-old" Morning Glories also need a little support (not the moral kind but more like a mailbox or trellis) on which to climb. They come in a huge variety of colors from blue to pink to purple.

"VENERABLE" SHRUBS

While many of these plants are commonly seen in almost all gardens (things like forsythia, hydrangea, or viburnum) here's a few you might not be familiar with.

The **"antiquated"** Weigela can grow from three to eight feet tall and wide and puts on a show of red or pink blooms in early summer. If you absolutely have to have the new-fangled varieties, they can come in a myriad of sizes and foliage colors from green and gold to deep burgundy.

Mock Orange (while not a true orange) is a dense, rounded **"traditional"** shrub that supposedly gets its name from the fragrant white flowers that resemble those of orange blossoms. While the bloom time might be considered a little short (only about a week or two) the dark green foliage keeps it looking good the rest of the season.

And finally, the **"superannuated"** Deutzia (or Fuzzy Deutzia) is covered in small, fragrant white flowers between early spring and mid-summer. They are extremely low-maintenance plants, once established, that will flower best in full sun. During the fall their leaves can take on a nice burgundy red hue and the peeling bark reveals a reddish-orange color over the winter.

Well, it's only a short list, but you might just find one of these to be your new **"old-fashioned"** favorite. At the least, even if you were already familiar with most of these plants, you might just have learned a few new synonyms to call your **"old-timey"** friends.

John Watkins is the grounds director at Discovery Park of America and resides in Henry County.

The delicate Bleeding Heart perrennial has been a favorite for many gardeners. It comes in shades of pink, red, or white.

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SUMMER CUCUMBERS ...So Cool!

With summer in full swing, there is no better way to rehydrate and rejuvenate than with a fresh snack from the garden. Tomatoes, onions, potatoes, carrots, peppers, cabbage, and herbs can all be found in our Tennessee vegetable gardens. But for some, the star of the show is the cucumber.

Cucumbers are made up of 95% water and are a good source of hydration in the summer heat. They are full of nutrients, vitamins and antioxidants and can aid in digestion, cardiovascular health and promote weight loss. Aside from the health benefits, cucumbers are versatile and can be made into pickles and can be used in marinades, dressings and relishes.

My grandfather had a cucumber relish recipe made with cucumbers, celery, onions and green peppers that he would make when I was growing up. It's a good relish to have in the summer. We've also found a delicious cucumber dip that's very simple to make but very light and tasty. If you love a fresh summer salad, try the cucumber watermelon salad with feta cheese.

So next time you or a neighbor find your summer garden has an abundance of cucumbers and you're dreading having to can so many pickles, stop and try a few of these recipes. Your tastebuds will thank you!

CUCUMBER RELISH

- 8 cups cucumbers, peeled and diced
- 1 cup celery, diced
- 1 cup onion, diced
- 1 cup green pepper, diced
- 1 tablespoon salt
- 2 cups sugar
- 1 cup vinegar
- 1 tablespoon celery seed
- 1 tablespoon mustard seed

Mix first 4 ingredients together. Heat remaining ingredients to a boil and pour over first 4 ingredients. Let stand 30 minutes. Reheat to near boiling. Pour into hot jars and seal. Cucumbers, celery, onion and green pepper can be put through a shredder. It is much quicker and tastes the same.

CUCUMBER DIP

- 2-3 cucumbers
- 1 (8-oz) package cream cheese
- Dash of garlic powder
- Mayonnaise

Blend cucumbers, cream cheese and garlic powder in a food processor until smooth. Mayonnaise is added to thin the dip. Start with a heaping spoonful and mix. If thinner consistency is desired, add mayonnaise until you reach desired consistency.
Great as a spread for sandwiches instead of mayo and makes a good dip for vegetables.

CUCUMBER WATERMELON SALAD WITH FETA CHEESE

- 1 cup sugar
- 1 cup apple cider vinegar
- 1/2 cup water
- 1 teaspoon mustard seeds
- 1/2 teaspoon salt
- 1 large cucumber, sliced thin
- 3 tablespoons olive oil
- 2 tablespoons white wine or champagne vinegar
- 6 cups cubed watermelon, seeds removed
- 3 ounces crumbled feta cheese
- 1/4 cup fresh mint leaves, chopped
- 1/4 cup black olives, sliced
- 1/8 cup fresh dill, chopped

• Combine sugar, apple cider vinegar, water, mustard seeds and salt in a medium boiler over medium to high heat. Bring just to a boil and remove from heat. Cool completely. Place sliced cucumber in a large bowl, pour cooled vinegar/sugar mixture over cucumbers. Cover and chill for at least 8 hours. Strain liquid and seeds off cucumbers. Cover and refrigerate until time to serve.

• In a small bowl, whisk olive oil with white wine or champagne vinegar. Set aside.

• To serve, place 1/6th of cucumbers on a salad plate. Place 1 cup of watermelon cubes on the same plate. Top each plate evenly with feta cheese, mint, olives and fresh dill. Drizzle evenly with vinaigrette.

PUZZLE SOLVE (Puzzle on page 27)

ACROSS: 2. RIVER JAM, 4. DENEICIA, 8. HALEY, 10. FITZHUGH, 11. BULLFIGHTERS, 12. SMOKY, 13. HOLLYHOCKS, 14. STEVE, 16. ALLEGRO, 17. ROTARY, 19. WATERMELON, 20. ARCTIC, 21. CATHOLIC, 22. BLEEDING

DOWN: 1. RIDGEWAY, 3. WILLIAMS, 5. ELVIS, 6. CUCUMBER, 7. SPLASH PAD, 9. SULPHUR WELL, 10. FRAZIER, 12. SKILLET, 15. TENNESSEE, 18. DIAMOND

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TOO MUCH SUN? Come play inside at the Paris Civic Center's indoor pool, track, weights and fitness room. Pay by the visit or become a member. Located on Volunteer Drive. Call 731-644-2517.

Find your inner artist at **Paris Academy for the Arts**. For a schedule of singing, instrumental, pottery and other classes, visit www.SchoolForArts.org.

Swim beneath the Eiffel Tower at Eiffel Tower Park **swimming pool** and enjoy the new slides. Check out the **Splash Pad**, too. Pool is open daily 10am-6 pm, Sundays 1-6 pm. For more information call 731-644-2517.

Enjoy a summer blockbuster at the **Parisian Theatre** with daily matinees and nightly showing on all six screens during the summer. For movie schedule and times call the information line at 731-642-7171.

– JUNE –

JUNE 2 – Summer means blood shortages. Give from noon until 6 pm when Lifeline Bloodmobile visits First United Methodist Church in downtown Paris. For more information call 1-800-924-6572.

JUNE 4 – Looking for something to do? Head out to the KPAC and enjoy Eddie Miles Salute to Music Legends "An Intimate Solo Performance" at 7 pm. All seats are $27. For information call 731-642-2517.

JUNE 7 – The Paris-Henry County Arts Council presents **Farm-to-Table Fundraiser** at Westfalia Farms from 6-9 pm. The fundraiser will create culinary arts scholarships for students at HCHS. The evening will include food, live music, full bar and a silent auction. For more information call 731-642-3955.

JUNE 14 – **Flag Day!** Honor our flag and its meaning for the USA.

JUNE 14 – **Eiffel Tower Park Summer Series presents Soul Dog** playing the best of Motown and R&B at the park from 7-9 pm. FREE to the public. The splash park will be open and food trucks on site. For more information call 731-642-2517.

JUNE 16-19 – **Tennessee River Jam Music Festival** will be in full swing with multiple artists singing throughout Henry County and the Lake area. For more information see page 1 or call 731-642-3431.

JUNE 19 – **Father's Day!** Ballgames, vacations, hunting, bedtime stories – remember the fun times with your Dad and celebrate with him today!

JUNE 21 – **First official day of summer!**

JUNE 23 – Enjoy **Cheeseburger At Breakers**, a fundraiser for the Carl Perkins Center, from 6-10 pm at the Breaker's Marina. Food, fun and live music. For tickets or to reserve a table call 731-642-8455.

JUNE 23 – KPAC will host **Dino Encounters** at 3 pm. This is an immersive hands-on experience about the history of dinosaurs. Tickets are $10 for ages 3-12 and $12 for adults and teens. For more information call 731-642-2517.

JUNE 24 & 25- The KPAC Players will present **"The Drowsy Chaperone,"** a musical within a comedy. For more information call 731-642-2517.

JUNE 28 – **Johnny Mac** will be playing at the Eiffel Tower Park from 7-9 pm. The splash pad will be open and food trucks on site. FREE to the public. For more information call 731-642-2517.

– JULY –

JULY – Enjoy the **Paris Landing State Park Fishing Tournaments**. Many tournaments are scheduled during the summer. For more information on dates, times and weigh-ins call 731-641-4465.

JULY 1-2 – **PBR in Paris** will bring professional bullriders to the Fairgrounds both nights. For more information or tickets call 731-642-3431.

JULY 4 – **Celebrate our Independence!!** Fly that red, white, and blue with PRIDE.

JULY 4 – Water, live entertainment, picnicking and **fireworks** await you and your family at **Paris Landing State Park**. Enjoy from land or water. For more information call 641-4465.

JULY 4 – **Freedom Festival 2022** will be held in Cottage Grove's Cardinal Park, sponsored by Cottage Grove Volunteer Fire Department. Watch The P-I for schedule, including parade, music, food, and fireworks. For information, call 731-782-3657, 731-642-8270, or 731-782-3559.

JULY 7 – Summer means blood shortages. Give from noon until 6 pm when **Lifeline Bloodmobile** visits First United Methodist Church in downtown Paris. For information call 1-800-924-6572.

JULY 8 & 9 – **KPAC Young Artist will present "Disney's Winnie The Pooh Kids"** at the Krider Performing Arts Center. For times and tickets call 731-642-2517.

JULY 16 – Raise your anchors! It's the **Annual Water Fun Run**, sponsored by the Paris-Henry County Chamber of Commerce. For more info call 731-642-3431 or visit www.paristnchamber.com.

JULY 22 & 23 – **KPAC Young Artists present "Disney's Beauty and the Beast, Jr."** at KPAC. For more information call Rhonda at 731-642-2517.

JULY 26 – Eiffel Tower Park will host **Jargon, an award-winning bluegrass band** from 7-9 pm. FREE to the public. The splash pad will be open and food trucks on site. For more information call 731-642-2517.

JULY 30 & 31 – Henry County Fair beauty pageants are being held early at the fairgrounds this year. For more information go to www.henrycountytn fair.com.

– AUGUST –

AUGUST – **Fishing tournaments** continue at Paris Landing State Park. For more information, call 731-641-4465.

AUGUST 1 - All kids in the Paris Special School District and the Henry County School System **return to school for the first day of classes!**

AUGUST 4 – Give Blood and Save a Life! The **Lifeline Blood Mobile** will visit First United Methodist Church from noon until 6 pm. For information call Tammy Hurst at 1-800-924-6572, extension 310.

AUGUST 6 – KPAC will host the **Ultimate Oldies in Concert** featuring music from the 50's, 60's and 70's at 7 pm. All seats are $27. For more information call 731-642-2517.

AUGUST 15 – **PARIS! In Autumn** hits the stands.

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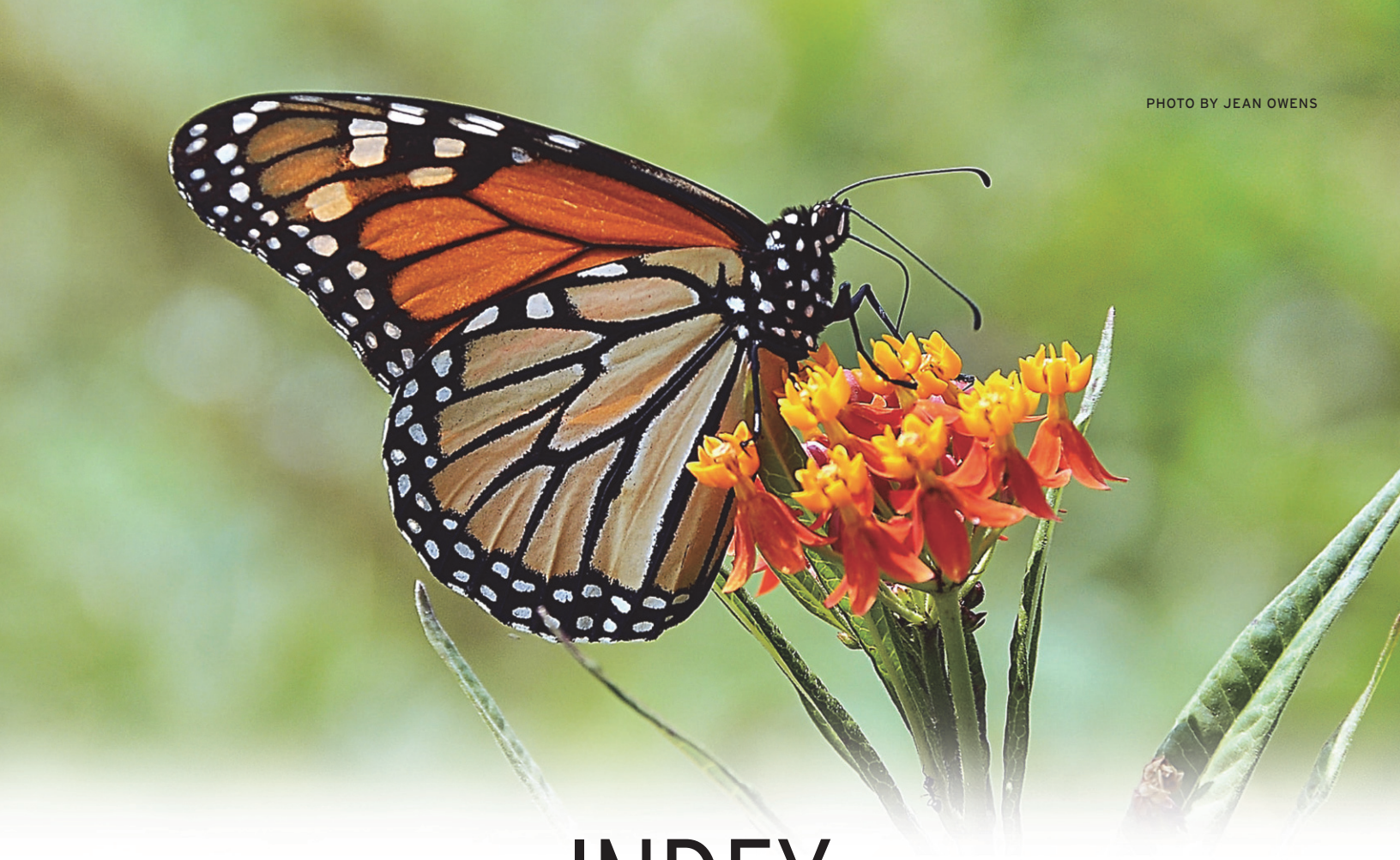

PHOTO BY JEAN OWENS

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Boot Strut

SATURDAY, AUG. 20

Hoofin' It 5K Run

Dairy Show

BBQ Meat Turn-Ins

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MONDAY, AUG. 22

Competetive Exhibits Entries Accepted

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TUESDAY, AUG. 23

Century Farm Breakfast

Jr. Miss Fair Sweetheart
Miss Fair Sweetheart Pageants

Tom Evans - Karaoke

SKILLET TOSS

Pet Show

Cornbread Challenge

SCHEDULE SUBJECT TO CHANGE

WEDNESDAY, AUG. 24

Chamber Coffee
TN River Artist
Blacksmith Demo

Commercial Bldg. Exhibits Open

– CARNIVAL –

Jr. Market Hog Show

Henry County Bicentennial Celebration

Chainsaw Carving

THURSDAY, AUG. 25

Jr. Market Lamb Show

Jr. Market Goat Show

Jr. Market Steer Show

– CARNIVAL –

Tom Evans Karaoke

The Barons

Jr. Livestock Sale

FRIDAY, AUG. 26

Commercial Beef Cattle Show

– CARNIVAL –

Tom Evans Karaoke

Chainsaw Carving

USA Pullers Tractor Pull
General Admission $10
5 and under FREE

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SATURDAY, AUG. 27

Registered Beef Cattle Show

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Country Ham Sale

– CARNIVAL –

"ELVIS" starring Riley Jenkins

Chainsaw Carving

Demolition Derby
General Admission $10 6 and older
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Cash Give-A-Way

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LOOK FOR THE FAIR BOOKS IN JULY!

There's nothing like catching a fly ball at McNeil Park or catching that big bass on Kentucky Lake, but sometimes our warm weather activities can result in pain or injury.

Below are good summer habits that we use as physical therapy and sports rehab professionals. Follow our lead for a pain-free summer. If you need us, we're here for you, along with our colleagues at **West Tennessee Bone & Joint Clinic.**

- **Plan around the heat** – Schedule outdoor activities before 10 am and after 4 pm.
- **Remember the protein** – Snack on some protein within 30 minutes of physical activity.
- **Avoid the rays** – Hats and sunglasses are great, but sunscreen keeps harmful UV rays at bay.
- **Drink, drink, drink** – Hydrate before you go and keep plenty of water handy.
- **Bring a friend** – Everything's more fun with a pal and safer in case of injury.
- **Final word** – Stretch...we mean it.

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