

A watercolor illustration of several large, vibrant autumn flowers, likely chrysanthemums, in shades of orange, red, and yellow. The flowers are set against a background of green foliage and a brown, textured element at the top. The overall style is soft and painterly.

Henry County and the Lake Area

# PARIS!

FALL IN AUTUMN

\$3.95

JAN  
BLANKENSHIP





## Henry County Orthopaedic Surgery & Sports Medicine, PC

1015 KELLEY DRIVE, SUITE 200 • PARIS, TENNESSEE 38242 • 731.644.2271

## Henry County Therapy Center

1015 KELLEY DRIVE, SUITE 101 • PARIS, TENNESSEE 38242 • 731.641.0002



Industrial Injuries

Sports Injuries

Arthroscopic Surgery

Disability Evaluations

Total Joint Replacement

Carpal Tunnel Syndrome

Small Incision Total Joint Replacement

Physical & Occupational Therapy Services



**GENE F. GULISH, M.D., A.A.O.S.** • BOARD CERTIFIED ORTHOPAEDIC SURGEON

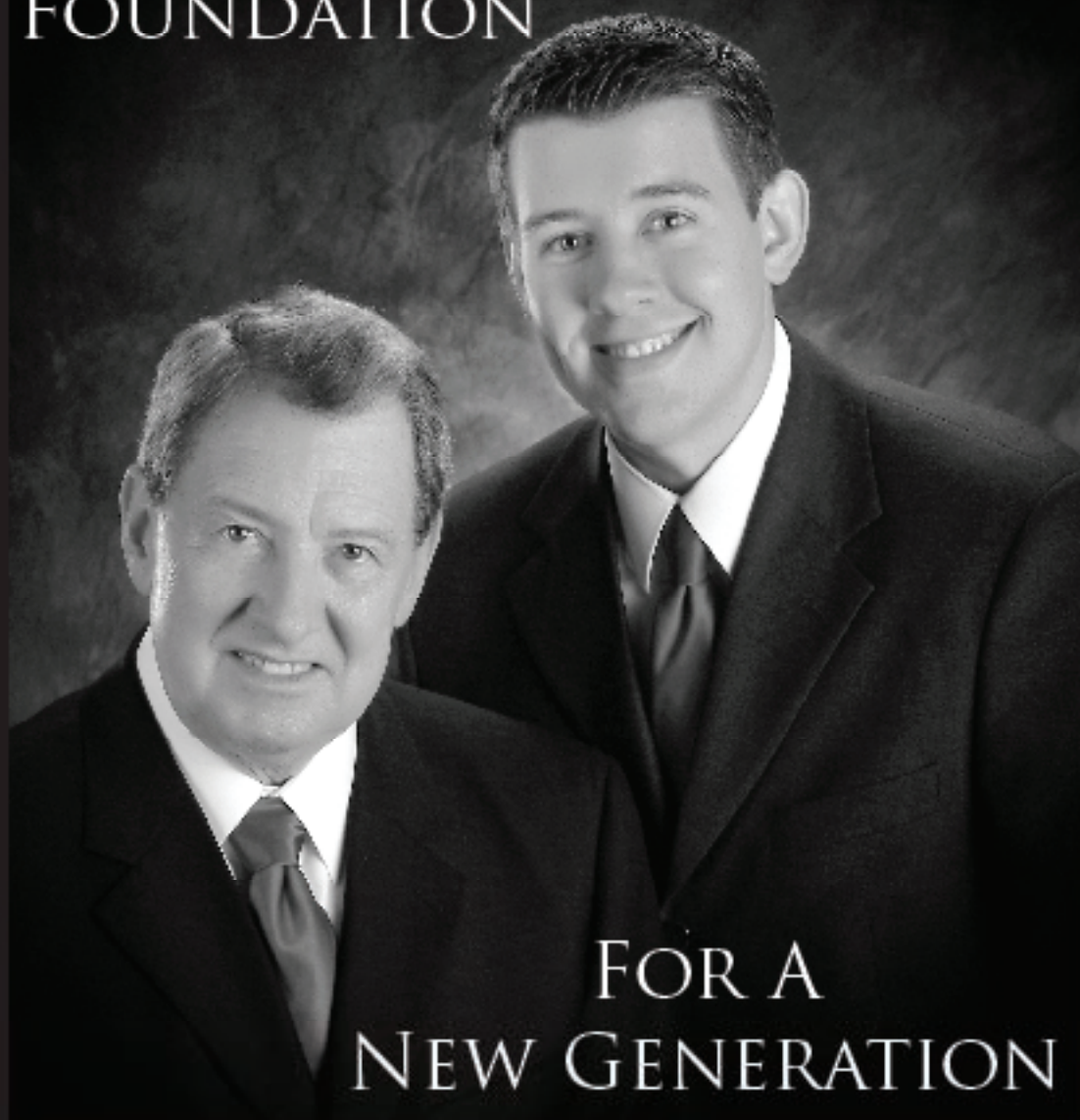
**HEATHER A. GLADWELL, M.D., A.A.O.S.** • BOARD CERTIFIED ORTHOPAEDIC SURGEON



**OPEN**  
Monday-Friday  
9:00 a.m. to 5:00 p.m.

[www.henrycountyortho.com](http://www.henrycountyortho.com)

A SOLID  
FOUNDATION



FOR A  
NEW GENERATION

FOUNDATION BANK



Printing.  
Packaging.  
Perfecting.  
And the list  
goes on.



**Document Services**

We can print, collate and bind presentation materials, including complex and high-volume jobs.

**Mailbox Services**

We'll give your business a real street address, then sign for and receive your incoming packages.

**Packaging and Shipping**

Options include Next Day, Ground, International and Freight delivery.

230b Tyson Ave.  
Paris, TN 38242  
731.642.6269 Tel  
731.642.6254 Fax  
store3525@theupsstore.com

Mon-Fri 7:30a.m.-6:00p.m.  
Sat 8:00a.m.-2:00p.m.

**The UPS Store**



Don't Miss

**ACE**

**& TJ**

on

**99.3 KF99 and  
105.5 KQ105**

**Monday - Friday  
5 - 9 a.m.**

**[www.kf99kq105.com](http://www.kf99kq105.com)**





# Table of Contents

## Departments

40 Around Our Town  
Fishing Tournaments--Henry County's  
Big Catch

7 Arts and Entertainment  
Artsy Days, Artsy Nights during  
Eye Full of Paris Weekend

30 Calendar of Events  
The "Can't Miss" Events of Autumn in  
Paris and Henry County



Reminiscence p. 38

29 Eateries, Etc.  
Delicious Area Dining

14 Faces and Places  
A Snapshot of Life in Henry County

20 Healthy Ideas  
Back to School Time for Germs

22 In the Garden  
Building the Outdoor Room

46 Paris Cuisine  
Tailgating Patriot-Style



Reminiscence 38  
Paradise Found on Boundbrook Drive

School of Thought 25  
Peppermint Twist

Spotlight Interview 10  
Robin Walker

Thoughts of Home 33  
A Private Club at Home

## Features

Blessing of the Pets  
page 17

Fundraising with the President  
from the hit TV show "24"  
page 28

Golfing Under the Eiffel Tower  
page 36

Get Out and Ride  
page 43



## Editor's Notes

### *Gallivanting Galore, Plus a Few Changes*

Autumn weekends are cool and colorful, my favorite time to get out and about. This issue has gallivanting ideas galore, including Eye Full of Paris Weekend (the last weekend in September), Patriot football tailgating and scenic Henry County bike rides. There's also Frisbee® Golf around the Eiffel Tower, the Downtown Spooktacular and the Blessing of the Pets, coming up in October.

If autumn is the season for changing colors, then perhaps it makes sense that other things change, as well. With this issue of PARIS! we have several new editors and departments.

First, we're saying good-bye to one of our original department editors, Cindy Snyder of Paris Cuisine. As Cindy tries to make a little extra time for herself (go girl!), she passes on the opportunity to share ideas and recipes.

While we will miss her culinary creativity, we are excited to welcome Lisa Ciarrocchi to the Paris Cuisine post. Lisa and husband Roger have opened Paris Winery and Lisa is full of "must-read" ideas.

Next, we are swapping out a couple of departments. "Schools of Thought" will take the place of "Wish You Were Here." Dawn Poole of the Henry County School System and Dr. Norma Gerrell of the Paris Special School District will take turns keeping readers

abreast of classroom activities that are above and beyond what readers might expect. Read Dawn's "Peppermint Twist" in this issue and prepare to be amazed.

Finally, while we'll continue to write about agriculture, those articles now will be features. In place of "Sowing the Seeds" will be "Reminiscence." The first in this series is written by Elise (Wright) Myers, who has compiled "Boundbrook Drive - Paradise Found." This wonderful slice of Paris history describes how neighborhoods are built and how they celebrate their pasts.

Enjoy autumn and enjoy PARIS! magazine.

*Susan Jones*



### *On the Cover*



This colorful watercolor by artist Jan Blankenship graces the cover for PARIS! in Autumn. A member of the Tennessee River Fine Arts League, Blankenship's cover was chosen during a friendly competition among league members. Contact her at 731-694-5208. See more of her work at [www.parisnartleague.com](http://www.parisnartleague.com).

*Henry County and the Lake Area*

## PARIS!

Editor and Publisher  
*Susan Jones*

Associate Editor  
*Kimberly Martin*

Contributing Editors  
*Lisa Ciarrocchi, Arthur Lodge,  
Shannon McFarlin, Julie Perry,  
Dawn Poole, Pat Terrell,  
Dan Townsend, Jennifer Wheatley*

Editorial Advisory Board  
*Beverly Gardner,  
Elizabeth Grimstead,  
Noragene Harding, Gaines Hedges,  
Mary Kate Ridgeway, Joe Snow*

Ad Manager  
*Lisa Rhodes*

Cover Courtesy of  
*Jan Blankenship*

Printing  
*West Tennessee Printing, Paris, TN*

PARIS! is published five times annually by Nellen/Jones Public Relations for Paris, Tennessee and the surrounding communities. All contents copyright 2008 by PARIS! Reproduction or use of the contents without written permission is prohibited. Comments written in this magazine are those of the authors and do not necessarily reflect the opinion of the ownership or management of PARIS!

All subscriptions, advertising inquiries, remittances or reader inquiries should be made to the editor:

**PARIS!**  
Nellen/Jones Public Relations  
703 Walnut Street  
Paris, TN 38242

(E) [njpr@bellsouth.net](mailto:njpr@bellsouth.net)  
(V) 731-693-2696

This magazine accepts no responsibility for unsolicited manuscripts, photography or artwork. All submissions may be edited for length, clarity and style.



# MCEVOY FUNERAL HOME, INC.

*Serving Paris and Henry County Since 1901*

Mary Sue Looney, President

Gary S. Collier, Manager · William T. Looney, Vice President

Suzanne Looney Richter, Secretary

Dennis Campbell · Charles McDaniel · Randy McCarty · Angela Sparks

Carolyn Shankle · R.T. Miller · Dan Bundy · Jerry Fuqua · David Smith

[www.mcevoyfuneralhome.com](http://www.mcevoyfuneralhome.com)

507 W. Washington Street · P.O. Box 158 · Paris, TN 38242

Phone: 731-642-1441 Obit. Line: 731-344-2896 Fax: 731-644-3515



Lee School

## Becky Hedges Old Schools of Henry County prints.

Springville, Buchanan,  
Old Henry, Puryear,  
Lee, Cottage Grove,  
Atkins Porter, and E.W. Grove.

To Order, Call:  
**642-5775**



# Free GED

With appropriate  
Official Pre-test scores

Call Now For:

- ☐ Success
- ☐ Job Advancement
- ☐ Educational Opportunities
- ☐ Empowerment
- ☐ Personal Fulfillment
- ☐ Educational/Occupational Skills
- ☐ Educational Counseling
- ☐ Job Readiness Skills

## Adult & Community Education

55 Jones Bend Road - Paris, TN  
(731) 642-8055

This project is funded under an agreement with the  
Department of Labor and Workforce Development.



**The Refuge  
Discovery Series:** all  
the fun of learning  
without the worry  
of taking tests. Find  
more info in the  
"Calendar of Events"  
on page 30, then  
come out to the refuge  
or the office and join  
us for a good time.



## Friends of Tennessee National Wildlife Refuge

To join or receive further  
information:

[www.tnwrfriends.org](http://www.tnwrfriends.org)

Or stop by the Refuge  
Office at:

3006 Dinkins  
Lane, Paris

Or call:  
**731-642-2091**

## Eye Full of Paris Finale

Daily Wine  
Tasting



Mon-Thurs  
10am-4pm  
Fri & Sat  
10am-4pm  
Sun 12pm-4pm

## Paris Winery

Live Music

Sun Sept 28

6pm-8:30pm

2982 Harvey Bowden Rd  
Paris, TN 38242

[www.pariswinery.com](http://www.pariswinery.com)  
(731) 644-9500



ALEXANDER  
THOMPSON  
ARNOLD  
FLLC

Certified Public Accountants

**Integrity is our business.**

165 Peppers Drive, Paris

731.642.0771

[www.atacpa.net](http://www.atacpa.net)



Jerry D. Smith, CPA  
Member/Partner





*You're  
Always  
Welcome in  
Downtown  
Paris!*

Purchase your copy of **PARIS!** magazine at:



Jack Jones Flowers & Gifts, Java and Books

Paris-Henry County Heritage Center gift shop

Paris Winery



Kitchen Specialties  
• Bridal Registry  
• Distinctive Gifts

## Kristi's Korner

100 E. Washington Street • Paris, TN 38242 • 731-642-1384



*Antiques On The Square*  
Antiques • Collectibles

FAYE COOPER 731-644-2090

North Court Square  
Paris, Tennessee



Tues.-Sat. 10-5  
Sunday 1-5



## Moan's Jewelry & Repair

- Diamonds
- Gold
- Silver
- Watches



*In-Store Jewelry Repair • Watch Repair Available  
Watch Batteries Replaced While You Wait*

*West Court Square, Downtown Paris*

AUTHORIZED DEALER FOR  
PEARCE • ALVAREZ • YAMAHA

## LEACH'S MUSIC, INC.

Guitars • Amps • PA Systems • Violins  
Electronic Pianos & Keyboards  
Church Sound Systems • Band Instruments  
HD TV's • HD Radios • Stereo and  
Surround Systems • Digital Network Dealer

**731-642-9271**

122 E. WASHINGTON ST. • PARIS

## First Baptist Church

Downtown Paris, Corner of Poplar and Ruff Streets

Live worship service broadcast  
Sundays on WTPR AM 710 at  
10:00 a.m.

Television broadcast of Sunday  
morning service Sunday and  
Tuesday nights at 6:30 p.m. on  
cable channels 3 and 19.

731-642-5074 • [www.fbcparis.org](http://www.fbcparis.org)



## Paris Karate

Teaching traditional Karate for Children-Teens-Adults  
in downtown Paris since 1980

731-642-7425

[pariskarate@bellsouth.net](mailto:pariskarate@bellsouth.net)  
[www.pariskarate.com](http://www.pariskarate.com)

**Rick Conger**, instructor

Beginner classes start September 1 for  
children, teens and adults!





# Artsy Days, Artsy Nights

Arts & Entertainment

By Arthur Lodge



It's all art, all the time on the last weekend in September as Eye Full of Paris events fill the court square, Lee Academy for the Arts and even the Paris Winery. The 2008 event boasts new activities from Friends of the Wildlife Refuge, downtown churches, Commercial Bank and Paris Winery during three full days of visual and performing arts plus art demonstrations and delicious food.

Here's the line-up at press time. Double check the schedule and get information on specific artists and musicians by logging on the Arts Council web site at [www.phcart.com](http://www.phcart.com).

## Friday, September 25


- Eye Full of Paris kicks off with Commercial Bank's Noon on the Square concert, Friday September 26 on the stage in front of Henry County's historic courthouse. Enjoy concessions hot off the grill and great music. (BYOC - Bring your own chair.) Time is 12:00 - 1:00 p.m.



*Potter Lori Neal Nolen works magic with both children and clay during Eye Full of Paris 2007.*



during  
Eye Full of Paris   
weekend



*Expisite banking  
that's one  
of a kind...*

**Commercial Bank**  
AND TRUST COMPANY  
Established 1877 • Member FDIC

Paris • Union City  
Henry • Memphis • Jackson

[www.cbtcnet.com](http://www.cbtcnet.com)

- Wild for Life Art and Photography Show and Sale opens at Lee Academy for the Arts. Friends of the Wildlife Refuge host this event, which includes photography, painting, sculpting and carving that depict the region's stunning creatures and scenery. Interested in exhibiting? Call the Refuge office at 731-642-2091 or visit them online at [www.tnwrfriends.org](http://www.tnwrfriends.org). Time is 6 – 8 p.m.

### Saturday, September 27

- Arts Round the Square rolls onto the lawn surrounding Henry County's historic courthouse. Myriad artists, including potters, painters, jewelers, quilters, stained glass artists, fabric artists and photographers demonstrate and sell their wares throughout the day as a variety of musicians perform on the court square stage.

Children's theatre members will be on-site to entertain the crowds. Special musical activities and hands-on art demonstrations will engage youngsters, as hungry event-goers enjoy delicious local food offerings.

Interested in being an art or food vendor? Download your application at [www.phcart.com](http://www.phcart.com) or call 731-642-3955. Arts Round the Square takes place from 10 a.m. – 4 p.m.

- The new performance space at Lee Academy for the Arts is the location for an Eye Full of Paris live concert sponsored by Friends of the Wildlife Refuge. Tickets are on sale at Jack Jones Flowers and Gifts. Attendees also can get a second look at the Wild for Life Art and Photography Show and Sale in the academy's main hall. The show starts at 7 p.m.

### Sunday, September 28

- After Sunday services, grab your picnic basket (or get your restaurant meal to go) and enjoy Downtown Churches Rejoice! on the courthouse lawn. Sponsored by participating churches, this lively, ecumenical mixed bag offers live music from all genres for all ages. Downtown Churches Rejoice! begins at 12:30.

- Eye Full of Paris winds down on Sunday evening with a Concert in the Woods at Henry County's newest tourist destination, Paris Winery. Bring a picnic supper and a blanket and get comfortable as the day cools down, the music heats up and the wine flows. A friendly competition among picnic sites will liven up the final evening. For more information visit [www.ParisWinery.com](http://www.ParisWinery.com) or call 731-644-9500. The music and judging start at 6 p.m.

The rain location for all events scheduled on the court square stage will be held in the First United Methodist Church Christian Life Center.

The festival began with the Paris-Henry County Arts Council and Downtown Paris Association's first Arts Round the Square (ARTS) in June, 2006. Held on the courthouse lawn, ARTS was a major success. In 2007, Eye Full of Paris was created by the Downtown Paris Association as an umbrella event to encompass the additional dates and activities.

The DPA, the Arts Council and other partnering groups appreciate funding from the Tennessee River Resort Act.







*Above: A lawn chair is all that's needed to enjoy the finale of Eye Full of Paris at the Paris Winery on Sunday evening, September 28.*



*Left: Enjoy a steel drum band, along with other area musicians, at Arts on the Square, Saturday, September 27, 10 a.m. to 4 p.m.*



## Illusions

Hair Studio

Chaunda Michael, Owner  
Brandy Stancook · Jennifer Clark

Full-Service Salon  
112 E. Wood St., Paris, TN 38242  
**644-2004**

## Vicky Muzzall Tax Service

THE UNITED STATES OF AMERICA

IN GOD WE TRUST

Income Tax  
Bookkeeping  
Payroll  
Quarterly Reports

**731-642-8900**

203 North Pentress St. · Historic Train Depot · Paris, Tennessee





**Mimi's**

Aromatique  
Willow Tree  
Vera Bradley  
Yankee Candles  
Vietri Dinnerware  
Lee Owenby Prints  
Sally Lane's Candles  
Arthur Court Designs  
Park Designs Bakeware

**www.mimisparis.com**  
**112 West Washington St.**  
**Downtown Paris · 642-1956**

# Robin Walker

By Shannon McFarlin

Robin Walker seems to be everywhere, mentoring young people, playing violin in three different groups, doing mission work with her church, serving on Commercial Bank's Teen Advisory Board, Interact Club, 4-H Honors Club and the Leo Club. She is a member of the HCHS, Fish Fry, Henry County Fair and Tater Town Royalties, a Girl's State delegate, a member of the National Honor Society and Future Business Leaders of America, and that's just the beginning.

As she prepared for her freshman year at Ole Miss, Walker was trying to recall more activities, "Oh wait, I just remembered something else," was a familiar refrain.

Other young people are active of course, but what is remarkable about Walker is that on October 17, 1997, she and her family were driving through Milan when their car was struck by a drunk driver.

Walker, a second-grader who was "seven, just turning eight years old," was seriously injured; she spent several months in Memphis' Le Bonheur Hospital. "I spent Halloween, my birthday, Thanksgiving, Christmas and New Year's in the hospital," she said.

Physical therapy followed at Health South in Memphis during which she learned how to navigate a wheelchair with ease. "I was the youngest patient in the hospital at that time," she recalled with a smile. "So I got really spoiled."



*An enthusiastic volunteer, Walker helps with Supper with Santa at Rhea Elementary.*



*Walker with the other members of the Henry County Fairest of the Fair court last year.*



*Walker plays her violin with fellow musicians Katelyn Dewees and Madeline Lovett.*



Remarkably, she returned to school and finished second grade with the rest of her class later that year. "Actually, when I got back home after being at Health South, I went right back to using my old bedroom, which was upstairs," Walker said.

Walker credits her age when the accident occurred with her ability to adjust to life after the wreck. "I didn't know anything any different," she said. "The accident happened when I was so young. I didn't think of it as meaning that I couldn't do things. I still wanted to do the things I did before, so I just did them."

Walker does admit some trepidation when she first decided to compete in beauty pageants. "I like getting dressed up as much as any other girl," she said. "But I don't like feeling like people are thinking of me differently." She confesses that she was "nervous about it at first. It did take me a while to do it because I hate to be different."

It especially took her a while to compete in the Fairest of the Fair contest, she said, because until last year, the stage was not equipped for a wheelchair. "There were those steps and I really didn't want to hold things up for everybody, but my aunt had a ramp built for me and that made things easier."

Walker said she sees her activities as "opportunities".

"There are just so many opportunities, especially in Henry County.

There are so many things to do here and I wanted to do them all. I've worked with Helping Hand and Supper with Santa. I volunteered at a fair booth. I've been in Effort Scholars. Oh yeah, I'm the girls' basketball manager. I started out as 'water girl' and rose up the ranks. I did the stats on my Palm Pilot which was really fun because I love watching basketball."

As she looks ahead to her first year at Ole Miss, there's no doubt that this young Henry Countian intends to carry her enthusiasm for life to college. She plans to major in international studies because of the impact of a trip she took to Italy with Paris Strings in the spring. "I loved that atmosphere." But she's not ruling out fashion merchandising or television journalism. "I've always told my dad that I wanted to be Katie Couric," she laughed.

Her close friend from high school, Morgan Wilson, is her roommate and the two already are making plans. "They have the best tailgate parties at Ole Miss," she said, "and we want to join a sorority." In true Walker fashion, there's more. "They have a student Habitat for Humanity, and they have kayaking, and they have all these student organizations." It appears that in Oxford, Mississippi as in Paris, Tennessee, Robin Walker will be everywhere, and she will be loving it.



**THE Fogger**  
FINE MEN'S WEAR SINCE 1912

North Court Square • Downtown Paris • 642-5013

OUR STAND  
WHEN YOU INSURE MORE, YOU SHOULD  
**PAY LESS.**

**Tim Beeler**  
BEELER INSURANCE GROUP, LLC.  
PARIS  
615-721-6644 @allstate.com

Call me today to see how you can save when you combine your home & auto policies.

**(731) 644-2212**

**Allstate**  
THE ALLSTATE GROUP

Insurance policies are sold through independent agents and are subject to underwriting. Coverage is not available in all states. Allstate Insurance Company, 601 North Dearborn Street, Chicago, IL 60610. Allstate is a registered trademark of Allstate Insurance Company. ©2008 Allstate Insurance Company.

**Let us unlock the door to your dream home...**

**LANDMARK REALTY**  
eAuction REALTY

**1507 East Wood St.  
Paris, TN  
(731) 642-0515  
www.landmarkrealtyparis.com**



# Helping the Gas Crisis and Making Momma Proud

By Dan Townsend

In the South, we listen to our mothers. When my mother, Marilyn Townsend, told me to “do something to help our gas mileage,” I set out to do what I could. Two of my fellow instructors at the McKenzie Technology Center had been scouring the Internet for information about fuel economy. Together we created a simple, low cost, practical way for automobiles to burn hydrogen instead of just air in their fuel mixture. We “borrowed” the campus truck and converted it to a hydrogen-burning vehicle, increasing the gas mileage by 50%. Our V8 GMC truck now gets 32 miles per gallon.

## How does it work?

The process involves mixing water and lye in a glass container, running a current through it, and capturing the hydrogen gas produced. This gas is then fed into the air intake system. Hydrogen and gasoline are a much more combustible mixture than air and gas. With our process, hydrogen supplements the incoming air; this combination “tricks” the engine into using less gas while producing the same power. This is a safer process than some because there is no storage of hydrogen

gas. As soon as the current is turned off in the container, the hydrogen converts back to water. There is no volatile hydrogen gas stored.

## Needed supplies

The supplies are simple items found in your garage and the local hardware store. The parts list developed for the first class included Mason jars and stainless steel bolts. (They don’t have to be Mason jars but they do add a nice down-home

with a working knowledge of wiring and autos can learn how to modify their own vehicle in two Saturday classes. My fellow instructors, Donald Guerin and Bruce Moore began teaching folks, including Henry Countians Tim Check and Steve Hart, in their first class that ended on August 2. Students are installing their projects and will be monitoring their mileage with a sensor provided by the Technology Center. As they turn in their data, we will have a bet-

ter idea of the average increase people can expect from their conversion. Over 300 people have signed up to learn the process and more classes are scheduled.

Everybody complains about the high cost of gasoline but we’ve managed to help to do something about it. Mother, are you up for the next class?



*Steve Hart of Paris was one of the first to sign up for Tennessee Technology Center’s Hydrogen on Demand class at the McKenzie campus.*

touch.) The total cost for this parts list was \$35, and that’s if you don’t have a few galvanized nuts to contribute to the project and have to buy everything new.

## Do-it-yourself

The beauty of this process is that it is simple enough that someone

*Dan Townsend is a Henry Countian who teaches Automotive Technology at the Tennessee Technology Center’s McKenzie campus. Email him at dan.townsend@ttcmckenzie.edu. Find out more about hydrogen on demand and upcoming classes at [www.mckenzie.tec.tn.us/](http://www.mckenzie.tec.tn.us/).*





# Striving to Serve You Better!

Elliott "Eddie" Moody, founder of Moody Realty, has been honored by the National Association of Realtors for his 40 years of membership and for his valuable contributions to the real estate profession in his community.



## MOODY REALTY CO., INC.

"Serving Paris and Henry County Since 1956"



642-5093 • TOLL FREE 1-800-642-5093

E-Mail: [info@moodyrealty.com](mailto:info@moodyrealty.com) • [www.moodyrealty.com](http://www.moodyrealty.com)

### Coming your way next month...



## the 2009 Ford Flex

Drive one!

Flex is the latest in crossover design.

Seating for 2 in front, up to 3 in the middle, 2 in back.

It's loaded with technology, including: Available voice-activated communications and entertainment.

Its 3.5L V6 with 6-speed automatic delivers 24 highway mpg.

Joe Mahan Ford • 211 Memorial Drive, Paris • 731-642-4711 • [www.joemahanford.com](http://www.joemahanford.com)



## Faces & Places



▲Dottie Kendall and Will Wardlaw enjoy the Refuge Discovery Series photo workshop led by Dr. Danny Kimberlin and sponsored by Friends of the Refuge.

Jane and Johnny Gibson dine at the annual Grapes and Gourmet Heritage Center Fundraiser where Gibson's homemade wine brought a high dollar at the auction. (By Jean Owens)▼



Vicky Kesterson and Heather Bryant enjoy a tasty treat during a recent Chamber Business After Hours at Sally Lane's Candy Farm.▶

Matt Smith rings the bass notes in a recent Celebration Handbell Choir concert at First Baptist Church.▼



▲Roellen Rushing, Annette Arnold and Katie Grace Arnold enjoy the Freedom Fest parade at Cottage Grove.



◀Heather Voytek and McKenna Thomas were a hit as Tweedle Dee and Tweedle Dum in the Children's Theatre production of *Alice in Wonderland*.

## PARIS CIVIC CENTER

CUTTING EDGE FITNESS EQUIPMENT  
INDOOR POOL  
WALKING TRACK  
CERTIFIED PERSONAL TRAINER

650 VOLUNTEER DRIVE, PARIS  
WWW.PARISCIVICCENTER.ORG





Robert Newcomb gets his stamp from Chamber volunteer Niki Kenworthy of Endless Possibilities during the recent Chamber Water Run. ▼

◀Ruth and Jim Arthurs peruse the selections at Mole Hill Farms during a special 'open farm' and seminar day.



◀Dan Paschall and David Stone pause during a solemn moment at the annual Memorial Day ceremony on the Court House lawn. (By Jean Owen)

Drew Thach pays close attention during day camp at Paris Karate. ▼



▲Cancer survivor Margaret Pullen shares a hug with her husband Carlton during Relay for Life 2008.



# Oral & Maxillofacial Surgery

Michael L. Bobo, DDS, MD, FACS

**Tooth Extractions, Facial Injuries, TMJ Disorders, Dental Implants,  
Jaw Reconstruction, IV Anesthesia, Oral & Facial Pathology**

300 South 8th Street, Suite 100 • Murray, KY

**270-759-4063**

1320 Pleasant Valley Avenue • Union City, TN

**731-885-7891**

[www.kytnoralsurgery.com](http://www.kytnoralsurgery.com)

LIKE A GOOD NEIGHBOR,  
STATE FARM IS THERE.<sup>®</sup>  
WE LIVE WHERE YOU LIVE.<sup>™</sup>



For your insurance and financial needs,  
see one of these State Farm Agents:



**Jane Cozart Reid, Agent**  
1314 East Wood Street  
PO Box 416  
Paris, TN 38242  
Fax: 731-642-3092



**Vern Steedly, Agent**  
310 E Wood Street  
Paris, TN 38242  
Fax: 731-642-3092



# Maggies

Fine Antiques • FLAX Ladieswear  
Votive Candles • Pickles Baby Goods  
Skyros Pottery • Martin Puchall Pottery  
French Soaps • Pure Lavender  
Bridal Registry

**East Court Square • Downtown Paris  
642-0844**

## > TWIN LAKES < DENTAL ASSOCIATES

Quality Family Dental Care

Marty L. Cathey, D.D.S., P.C.  
J. Jackson Swain Jr., D.D.S., P.C.  
Derek Y. Jones, D.D.S., P.C.  
Andrew S. Troutt, D.D.S.

405 Tyson Avenue, Suite A • Paris, TN 38242

**(731) 642-2244**

Member of the American Dental Association



Office Hours: Monday thru Friday  
By Appointment

## A Home-Owned Bank Means

- *Not just a big city branch;  
our roots are in Henry County*
- *Dealing with decision makers,  
right here at home*
- *Knowledgeable and  
experienced personal bankers*
- *Lowest mortgage rates  
in the area*
- *No hassle refinancing*

**Experience the  
Home-Owned  
Difference**

**SECURITY BANK**  
**642-6644**  
[www.sbtcparis.net](http://www.sbtcparis.net)



**Enjoying your PARIS! Magazine?**  
Share PARIS! with someone you love!  
PARIS! for the Holidays, November 1  
PARIS! in the Winter, January 3  
PARIS! in the Spring, March 15  
PARIS! in the Summer, June 1  
PARIS! in Autumn, August 15

To order, mail the names and  
addresses of those you wish to  
receive PARIS! Magazine with \$25  
per recipient to: PARIS! Magazine,  
703 Walnut Street, Paris, TN  
38242. Please include your contact  
information.

For more information, call 731-693-2696.

**PERKINS  
DRUGS**

Gifts • Designer Brand Cosmetics • Collectible Items  
Free Delivery Inside City Limits

**110 E. Washington • Paris, TN • Phones: 642-3531 • 642-3532**  
Owners: James H. Perkins • Marshall Perkins

**We'll help you  
feel better.**



# Blessing of the Pets

*Chaplain Anne Hames offers  
a blessing to the waiting pets.*



*Each October, on the lawn of DPC right next to Memorial Park, a number of pets, their owners and a minister can be found celebrating and blessing God's creatures on the Day of Saint Francis of Assisi.*



Pick Up Your  
FREE Copy of  
**PARIS!**  
From These  
Advertisers

**ENTLED**  
Bass & L...  
104 Tyson Avenue

**Bone and Joint  
Specialists**  
1004 Cornerstone Drive

**Henry County  
Medical Center  
Gift Shop**  
301 Tyson Avenue

**Henry County  
Orthopaedic  
Surgery and  
Rehab-Center**  
1015 Kelley Drive

**Joe Mahan Ford**  
211 Memorial Drive

**Fourth Street Bank**  
1137 East Wood Street

**Spody Realty**  
410 Tyson Avenue

**Life Insurance  
Group**  
2420 East Wood Street

**RESTATE**  
1011 Loast Street



*Dylan Coleman and his  
beagle relax together be-  
fore the ceremony starts.*



*Feeling the need  
for an additional  
blessing, this pup  
drank the holy water.*

**Save money with our  
multi-policy discount!**

**W**hen you insure your car and home or  
move home with us, through Auto-Owners  
Insurance Company,  
we'll save you money  
with their multi-  
policy discount!  
Mature policyholders  
can earn even greater  
savings. Contact our  
agency today!

**Auto-Owners Insurance**  
of the Carolinas  
Member



**PARIS  
INSURANCE AGENCY**

203 W. Wood St.  
Paris, TN 38242

Office (731) 642-0673  
Fax (731) 624-0101

**E • S • C • A • P • E**

*A Day Spa*



*Full Service Salon*

Massage Therapy  
Hair Salon - Facials  
Hair Removal  
Spa Pedicures - Manicures

**Gift Certificates Available**

**731-642-3006  
731-644-9953**

1000 Cornerstone Drive - Paris



Sponsored by the First Christian Church, this year's Blessing of the Pets event is on Sunday, October 5 at 4:00 p.m. All pets are welcome.

The event "just sort of came about with so many pet-lovers in our church," said Susan Anderson. "I had read about a Christian Church in Nashville having one, and it sounded like a great thing to do. The first time we had it, there were some people walking in the park and they thought we were having a pet wedding."

It would be hard for St. Francis to imagine this scene. Eight hun-

dred years ago, the world would have looked very different to the patron saint of animals, birds and the environment--no pavement, no electric lines crisscrossing the sky. But the Roman Catholic friar would have to be pleased to see these individuals sitting on the grass with their four-legged friends, singing a hymn, joining in prayer and listening to the scriptures. "And God said, 'Let the earth bring forth living creatures of every kind: cattle and creeping things and wild animals of the earth of every kind.' And it was good."



## The Cabinet Corner, Inc.

*Family Owned and Operated Since 1978.*

More than 10,000 Cabinet Styles and Finishes Available!  
Granite, Quartz, Marble, Laminate and Solid Surface Countertops  
Professional Design and Installation - Free Estimates

**(731) 642-5473 – (800) 824-3519**

2330 Lakeway Circle, Paris – [www.thecabinetcorner.com](http://www.thecabinetcorner.com)

**INSULATE NOW.  
SAVE UP TO 20%  
ON YOUR  
HEATING AND COOLING  
ENERGY BILLS.\***

**Lakeway Building Products, Incorporated**

2324 Lakeway Circle  
Paris, Tennessee 731-642-9736



The money you add Ovens Closing  
PINK FIBERGLAS® insulation, the money  
you'll start saving money. To find out  
how—call 1-800-CEFFER® or  
visit [www.energysaver.com](http://www.energysaver.com).



Or go to your local retailer:

# Back to School Time for GERMS!

By Pat Terrell

Paris and Henry County youngsters have already started a new school year, and so have bugs and germs. This year, keep your little angels healthier by helping them head off easily acquired illnesses.

## Microorganism mania

Any confined area, such as a schoolroom, can be a fertile environment for the multiplication and spread of microorganisms. Common illnesses that spring up include colds, stomach flu, ear infections, conjunctivitis and sore throats. As a rule, schoolchildren have six and ten colds a year and may have a harder time shaking the symptoms than adults. Most kids feel better in about a week, but if symptoms persist, a physician should be consulted to rule

out any secondary respiratory infection.

## Say, "Ahhhhhhhh"

One familiar cold symptom to watch for is a sore throat, be it a dry scratchiness or painful swallowing. While most of these are the result of a cold, a small amount of sore throats are caused by strep throat. Usually seen in children between 5 and 15, strep throat can be diagnosed by a simple throat swab at the doctor's office. It can cause fevers above 101 degrees and difficulty swallowing resulting in decreased oral intake. Antibiotics are necessary to beat it.

## Ear infections, ouch!

Ear infections can also follow

bouts with the common cold. Occurring most often in children between 4 months and 5 years, it's sometimes hard to discern if an ear infection is caused by bacteria or a virus, especially if it occurs in the middle ear. If your child is over 6 months old and otherwise healthy, a watch and wait attitude is usually best, rather than subjecting them to rounds of antibiotics and possible side effects. If a child has repeated ear infections, shows signs of hearing loss or sustained fever, antibiotics or ear tubes may be warranted.

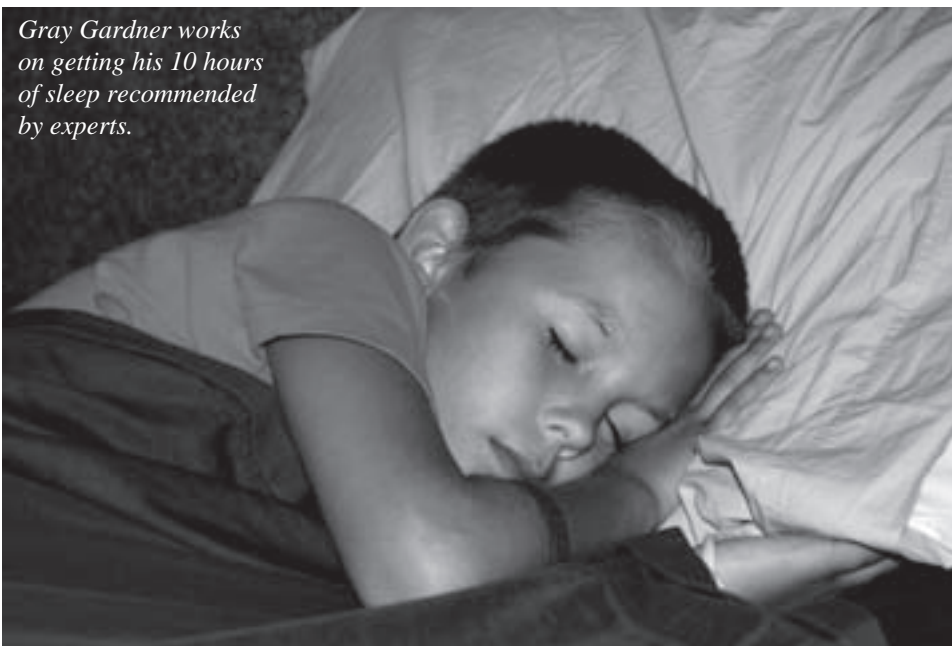
## Stomach flu, yuck!

Another denizen disease of the schoolyard is stomach flu or gastroenteritis. The most common concern of this malady is the possibility of dehydration. Parents should be alert for signs and symptoms such as excessive thirst, dry mouth, severe weakness or lethargy, nausea or vomiting.

## Problematic pink eye

Probably the most insidious and communicable disease in schools is "pink eye," or conjunctivitis. Resulting in an inflammation of the sclera and inner surface of the eyelids, it can be caused by a virus or bacteria and is easily spread by any type of contact. You should watch for symptoms such as tearing, redness or itching in one or both eyes as well as blurred vision or sensitivity to light.

*Gray Gardner works on getting his 10 hours of sleep recommended by experts.*





## Wash it away!

Overall, the most important behavior to reinforce in children is frequent and thorough hand washing. Encourage them to use plenty of soap and water and take time to sing a verse or two of their favorite song during the process.

## Z-z-Z-z-Z-z

Another way to boost a child's immunity (and possibly increase his energy and enthusiasm for school work) is to encourage adequate sleep. Experts recommend children between the ages of 6 and 9 get about 10 hours of good sleep a night, with preteens just a little over 9 hours. Indicators that a child may need more sleep include:

1. Irritability, restlessness or a short attention span
2. Atypical low activity or levels of energy
3. Unusual impatience, defensiveness, or anxiety.

While these signs can be the result of many problems, better quality sleep may be a starting point for solutions.

## Mom, I can't sleep

Children have their own sleep patterns. For example, some need more time to fall asleep and some tend to wake up several times during the night. Tips to try out on your children include:

1. Don't feed children a big meal close to bedtime and refrain from offering any food or drink with caffeine less than six hours before bedtime.
2. After dinner, encourage relaxing play followed by a calm time as they prepare for bed.
3. Establish a consistent bed time and don't let anyone else's schedule interfere with your child's need for sleep.

Parenting is hard work, and being a health conscious school parent can be even more difficult. But with common sense and consistency, healthy, wealthy and wise school-children could be your payback.



*Even at a young age, Meg Gardner knows the importance of frequent and thorough hand washing.*



*Pat Terrell is a registered nurse who lives and works in Henry County. He is a lover of music, dogs, good coffee and front porches. Contact him at [rpvt1@bellsouth.net](mailto:rpvt1@bellsouth.net).*

# Thanks for 60 years of support.

Paris Plumbing and Electric Supply  
and  
the Snow family

# Building the Outdoor room

By John Watkins



These days many homeowners are looking to their own backyards as retreats from the daily grind. And why not? As the cost of travel becomes increasingly expensive, the comforts of home seem ever more inviting. Enter the concept of the outdoor room.

While most people are familiar with landscaping around traditional wooden decks or patios, the concept of the outdoor room kicks it up a notch. As with most landscaping projects, there are some simple steps to help create the perfect outdoor room.

## Use of Space

Jot down some ideas about how the space will be used. From entertaining large numbers of guests to simply having an area for relaxing, a few minutes of planning brings to light the best use of the space. Web sites, magazine articles and newspaper clippings are good idea sources. Keep these in a notebook to be incorporated either now or later. It is also important to have an understanding of the home's architectural style so that the outdoor space will accentuate the indoor spaces.

## Food and Fire

These two elements usually are key to a well-designed outdoor room. Unlike the old barbecue grill, today's concept of outside cooking is more like a fully equipped outdoor culinary nirvana. I'm talking about sinks, refrigerators, food prep areas, keg coolers, built-in grills with storage, wok cookers, smokers, wood-fired pizza ovens, bar areas and more. Let your imagination run wild; there's probably some way of incorporating it into the outdoor kitchen. Correctly planned, it can be the centerpiece of the entire outdoor room and can be used year-round.

The concept of an outdoor fire pit or fireplace can





*All this outdoor room lacks is flowers and guests!*

greatly extend the seasonal use of your outdoor living area. While providing a beautiful ambiance, it can also double as zone heating during the cooler months. The source of the fire can be natural wood, propane or natural gas, depending on codes in your area. Structures can be as elaborate as a full-scale fireplace (often double-sided to increase exposure access) or as simple as a fire pit that can be moved.

## Structures

As with an interior room, the outdoor room can encompass similar features such as flooring, ceilings, and walls. The flooring material options are materials such as wood or wood composites (for decking), brick or concrete pavers, natural stone or a decorative concrete. The walls of the outdoor room don't necessarily have to be a "hardscaped" item like a fence or wall. Some of the best screens may be the correct selection of evergreen or other plant materials. Ceilings, likewise, may

be as simple as a canopy of large trees, but other options include awnings, pergolas, or trellises.

## Other Necessities

Dining and socializing areas will require furniture. Materials should be durable and rated for the outdoors with as little upkeep and maintenance as possible. Outdoor lighting should also be considered so that you can keep the party going well after dark. Low-voltage lighting in most cases will provide ample light while still achieving a sense of intimacy.

## The Gravy


It's those little extras that make the space one's own. The addition of plant materials (incorporated into planted areas or in interesting containers) will add to the charm. Entertainment areas may include stereo systems (rated for the outdoors) that can be built in or wirelessly controlled. If you're really into high-end entertainment, what could be better than an outdoor plasma TV to watch your favorite football team on Saturday evenings by the grill?

If all of these decisions seem a little overwhelming, remember to approach your outdoor room just as you would any other project. Colors and patterns, fun accessories and even a few quirky additions will keep your new room refreshed and inviting.



*John Watkins is a landscape designer and Certified Grounds Manager who resides in Henry County. Someday, he would like to have enough time to create his own outdoor room. Email him at [john-rhn@bellsouth.net](mailto:john-rhn@bellsouth.net).*

Home:  
120 Post Oak Road  
Camden, Tennessee 38320  
(731) 584-4326



Legislative Office:  
23LP  
Nashville, Tennessee 37243  
(615) 741-6804

**WILLIE "BUTCH" BORCHERT**  
STATE REPRESENTATIVE  
75th District  
Benton Henry Stewart  
[rep.willie.borchert@legislature.state.tn.us](mailto:rep.willie.borchert@legislature.state.tn.us)  
1-800-449-8366, Ext. 1-6804

## Acupuncture

practicing since 1987

- Pain Management
- Facial Rejuvenation
- Holistic Healthcare

- Allergies
- PMS
- Ear Candling

**Dana Horvath, L.Ac.**  
Nutritional Support  
Paris, Tennessee • (731) 644-1780  
[www.exploremannaftech.com](http://www.exploremannaftech.com)  
[www.mannapages.com/cowgirl](http://www.mannapages.com/cowgirl)  
*Caring for people...*

# RE/MAX<sup>®</sup>

## CORNERSTONE REAL ESTATE

1011 Locust Street - Paris, TN 38242  
 (Corner of Locust St. and Tyson Ave.)  
 Phone: (731) 642-7362  
 Toll Free: (800) 580-5500  
 Internet: [www.parisremax.com](http://www.parisremax.com)



**Stop by for a free visitors info package with your PARIS! magazine.**



**Julie Lesch**  
Broker/Owner



**Bob Lesch**  
Owner



**Laura Hays**



**Lesley Trudeau**



**JoAnn Pierce**



**Carol Powers**



**Jason Beedham**



**Janice King**



**Ron Cunningham**



**Mary Kay Dylus**

**Favorite Things**  
*celebrating 100 years*

Bridal Registry  
 Baby Registry  
 Home Decor  
 Home Fragrances  
 Jewelry  
 Radko

Monday - Friday  
 10:00 - 5:00  
 Saturday  
 10:00 - 2:00

DOWNTOWN PARIS  
 ASSOCIATION PRESENTS

## Spooktacular 2008

Contests,  
 prizes, activity  
 booths,  
 concessions,  
 and more!

COURTHOUSE LAWN  
 SATURDAY, OCTOBER 25  
 12 - 4 P.M.

**Can't  
 Seem  
 to put us  
 Down?**

Neither can the 8,000  
 subscribers who read our  
 newspaper daily

- Compelling News Stories
- Local Current Events Coverage
- Exciting Classifieds
- Much, Much More!

Get a heads-up  
 subscribe to  
**The Paris Post-Intelligencer**

The Paris  
**Post-Intelligencer**  
 205 East Wood St. • 731-643-2163  
[www.parispi.net](http://www.parispi.net)



# Peppermint Twist

By Dawn Poole



I had  
fun  
making  
it for  
you.  
Write  
too!

Love  
Mega

*Thoughts of second grade conjure up memories for everyone who is at least old enough to be in third grade. Feeling dizzy as you climbed the ladder on the back of the new slide; running to be first in line at the water fountain after recess; and wishing your mom hadn't cut your hair the night before. Last spring, second grade classes were promoted to the third grade becoming guardians of another year's worth of memories. One group of Henry Elementary School second graders carry a memory like no other; the sounds, the smell, and the taste of peppermint ice cream that changed their lives forever.*

Great ideas materialize from great passions. In July of 2006, Cindy Webb, second grade teacher at Henry Elementary School, was told that her mother had been diagnosed with cancer. After a year of experiences that no one emerges from unchanged, Mrs. Webb decided the upcoming school year would hold more for her students than learning to read, write and work arithmetic problems; in addition to the three R's, she and her students would learn to serve.

## The Lessons

After reading an article about the soothing affects of peppermint on patients undergoing chemotherapy and radiation treatments, Mrs. Webb developed a service-learning project that would ultimately address over 30 second grade Tennessee curriculum standards while providing a service for a special group of people. She and her students used what they learned in the classroom to reach beyond the school walls into the lives of the patients of the Cancer Care Center of Henry County.

During afternoon science lessons, students dropped pieces of peppermint candy into bowls of milk. They returned the following morning to discover the candy had dissolved; the matter had changed forms. Math became fun when lessons on measurement and fractions turned to the "real-world" measuring cup. Whipping cream was spilled and milk was splashed into bowls of sugar.

As the melted peppermint churned in a nearby ice cream freezer filled with precisely measured ingredients, the English lessons began. Students created

and wrote poems that were glued to ice cream cups. Handwriting and vocabulary skills were no longer dreaded assignments. Instead, students pressed hard on their number 2 pencils to scratch out a poem about how they hoped the ice cream helped; a poem that might be read by a patient or a loved one that same afternoon as they sat in the waiting room following treatment.

### Just Ask

One of the best things about living in Henry County is that when you ask for help, you often receive more than you requested. The students needed a small chest freezer in which to store the ice cream. First, there had to be a place made available at the Cancer Care Center for the freezer. Agreeing to work with the class on the project was one thing, but asking the staff to rearrange the office to accom-

modate a freezer was another. Not only did the center agree, but the staff cleared a place in the front office and suggested the students make a sign inviting patients to try the ice cream. A small freezer large enough to hold four-dozen cups was sold to the school system at cost by the local Lowe's Home Building Center. In a wire basket at the top of the freezer, students placed spoons, napkins, and hand wipes. Adding the final touch, a picture of the second grade class was draped across the front.

### New pen pals

An unanticipated learning experience came when patients began writing thank you notes to the class. Mrs. Webb saw a final opportunity for students to improve their academic skills. They would practice writing letters in response to the cards sent by patients and

their family members. Megan wrote to her new friend just prior to the end of the school year.

*Dear Sandra,*

*My name is Megan. I am 8 years old. Our class received your thank you card. I felt good inside when I heard it. I enjoy that you like it. While making it, I learned that peppermints help upset stomachs and sore throats. I also learned that peppermints go in gum, toothpaste, medicine, mouthwash, and a lot of other products. I had fun making it for you. Write soon!*

*Love,  
Megan*

### Delicious memories

During the warm summer months while the classrooms were empty, the freezer at the Cancer Care Center remained full. Mrs. Webb, her mother and her two daughters



**Eastwood Pharmacy**

Vance Argo & his staff are ready to serve you.  
FREE CITY-WIDE DELIVERY  
SENIOR CITIZEN DISCOUNT

1325 E. Wood St.  
Paris  
**642-0451**  
[www.eastwoodpharmacy.com](http://www.eastwoodpharmacy.com)



**mike's mufflers**  
(and a whole lot more)

204 E. Blythe • Downtown Paris  
**642-4992**

"We Keep You Rolling."  
Mike Weatherford • owner

"I never have a minute's trouble with my little pickup thanks to the regular maintenance from Mike and his guys. They keep me and my truck rollin'."  
— Becky Hedges



**Trolinger's**  
Old Fashion Butcher Shoppe

Meats Cut To Order

**B.A.R.-B.-Q**

2305 East Wood Street • Paris  
**731-642-8667**  
[www.trolingers.com](http://www.trolingers.com)





made their own memories as they splashed and spilled in a kitchen filled with the sounds, the smell and the taste of peppermint ice cream.

Next year, a new crop of second graders will enjoy learning, with a peppermint twist.



*Dawn Poole is the Service Learning Coordinator for the Henry County School System. Contact her at [pooled1@tennk12.net](mailto:pooled1@tennk12.net). Poole shares the School of Thought de-*

*partment with Dr. Norma Gerrell, Supervisor of Instruction for the Paris Special School District.*

It all looks so good in Lakeway IGA's meat department, you'll want at least several of our luscious Angus steaks or roasts to go home with you.

Call ahead; your order will be waiting for you.



**Lakeway IGA** 2601 E. Wood St. • Paris, TN • 642-1252

"I did not realize what effect my hearing loss had on my relationship with my wife. We can now

carry on a normal conversation! Living in the country, I can now hear wildlife sounds again, too. Thank you and your wonderful staff for restoring normalcy to my life."

-Dick Levesque, Marine Artist, Furze, TN



## AUDIOLOGY & HEARING AID CLINIC

R. David Gillespie, M.A., FAAA  
Clinical Audiologist

808 Joy St. • Paris, TN 38242

731-642-0800

800-888-7810 (TN)

## KEEPING HISTORY

*Alive*

### PARIS-HENRY COUNTY HERITAGE CENTER

The center collects, preserves and interprets historic artifacts, documents, photographs and other materials. The museum educates the public through exhibits, programs, lectures, oral history and other activities.

Mail tax deductible donation to:  
PHC Heritage Center  
PO Box 822, Paris, TN 38242

Questions? Call 731-642-1030 or  
log on [www.phcnc.com](http://www.phcnc.com)

### ANNUAL MEMBERSHIP DINNER

Tuesday evening, September 23, 2008.  
Tickets are \$10 each.

Membership levels: \$25 - Civic/Place Friend;  
\$50 - Legacy; \$100 - Century; \$250 - Historian;  
\$500 - Sponsor

# Fundraising with the President

from "24"

*When was the last time a sitting U.S. president visited Henry County? Never, but we're getting close. In April of next year, President Allison Taylor from the hit TV drama "24" will be in Paris for a series of fundraising events. President Taylor is portrayed on the drama by Paris native and Tony Award-winning actress Cherry Jones.*



*Paris native Cherry Jones hams it up in the Oval Office of the TV show "24" with Jim Lapidus, the show's costume designer.*

"True to the concept of the show, all of our fundraising events will take place within a 24 hour period," said Jones. "It's going to be such a fun day for folks who enjoy finding out more about how television shows work, but there are also great opportunities for collectors of "24" memorabilia. I've been busy collecting all kinds of fantastic things for the auction," she said.

A part of the Krider Performing Arts Center's Ten Year Anniversary Celebration, the event is sponsored by PARIS! magazine, WENK/WTPR and KF KQ radio stations, West Tennessee Printing and the Krider Performing Arts Center. The sponsors have tapped five downtown non-profit organizations as beneficiaries with 100% of the proceeds going to Lee Academy for the Arts, Paris-Henry County Arts Council, Paris-Henry County Heritage Center, Downtown Paris Association and Friends of the W.G. Rhea Library.

The series of events takes place on Saturday, April 18, 2009. Activities include:

- Photo-Op with President Allison Taylor (pricing, location and time to be announced).
- Silent Auction of "24" memorabilia. Many items are one-of-a-kind (location and time to be announced).
- Town Hall Meeting with President Allison Taylor at the Krider Performing Arts Center. Tickets are \$15 for general admission and \$20 for reserved seats. (Time to be announced).
- After Party at Lee Academy for the Arts. Tickets are \$50.
- Party takes place immediately after the Talk Back. Limit 100 guests.

Tickets go on sale at Jack Jones Flowers and Gifts, Court Square West on November 1, 2008; tickets must be paid for in cash. A seating chart will be available for those who are purchasing reserved seating for the Talk Back. Sponsors anticipate raising more than \$10,000 to be divided among the non-profits.

"The prequel for next season airs the Monday night after the election, November 23," said Jones who encourages viewers not to miss an episode. "It's pretty fast-paced," she said. "I hear that Mike Key may host viewing parties at Leach's in downtown Paris. Sounds like a good time to me."



There's no shortage of delicious food in our area. Please peruse our restaurant guide and drop in for a meal.

## Eateries, Etc.

### Ace's\*

1516 East Wood Street  
644-0558

### All Star Bar & Grill\*

Wal-Mart Shopping Center  
644-9252

### Ann & Dave's

1321 East Wood Street  
641-1334

### B&D's\*

125 Cypress Road, Buchanan  
232-8300

### Beck's Oyster Bar\*

5960 Hwy. 79 North  
644-9720

### Carmack's Fish Barn

2165 Hwy. 140 N, Cottage Grove  
782-3518

### Daniel's Choice

North Court Square  
Opening Soon!

### Eaker's Cafe

1880 Hwy. 69 South  
642-9236

### El Vallarta\*

1055 Mineral Wells Avenue  
642-3626

### El Vaquero\*

600 Spruce Street  
641-0404

### 4-Way Grill

6121 E. Antioch Road, Springville  
641-0100

### Fresh Market\*

East Wood Street, next to Trolinger's  
644-1900

### Golden Dragon

602 North Market Street  
644-3288

### Great Wall Buffet

1055 Mineral Wells Avenue  
642-7778

### Henry Station Cafe

9 Main Street, Henry  
243-3630

### Hong Kong

1021 Mineral Wells Avenue  
644-1810

### Huddle House

1502 East Wood Street  
644-1515

### Hungry Wolf

1401 E. Wood Street  
642-3766

### The Kitchen Table

2613 East Wood Street  
624-0274

### Knott's Landing

209 North Poplar Street  
642-4718

### Largo's Bar and Grill\*

4645 Hwy. 119, Buchanan  
232-8323

### Lepanto Steak House

1305 East Wood Street  
641-1791

### Melzoli's

105 S. Brewer Street  
642-2455

### Matt's Pub\*

11180 Hwy. 79 North  
642-6085

### Mel's Wings & More

Opening Soon in  
new location!

### Mr. Garfield's

6425 E. Antioch Road, Buchanan  
644-7519

### Oak Tree Grill

785 Buchanan Resort Road, Springville  
642-2828 (seasonal)

### The Olive Pit\*

905 Mineral Wells Avenue  
642-5030

### Paris Landing State Park Inn

400 Lodge Road  
642-4311

### Pizza Hut\*

915 Mineral Wells Avenue  
642-1308

### Paulette's

200 South Market Street  
644-3777

### Seaton's Mesquite Grill\*

130 Tate Drive, Paris Landing  
642-1819

### Spanky's

9505 Hwy. 641 North, Puryear  
247-5527

### Take Me Back Cafe

101 N. Caldwell Street  
642-1952

### Tom's Pizza/Steakhouse

2501 East Wood Street  
642-8842

### Trolinger's BBQ

2305 East Wood Street  
642-8667

### Vine's Vittles

9 Dogwood Street, Henry  
243-2800



\* Beer and/or other alcohol available.

# Calendar of Events

## On-Going Autumn Entertainment

**Noon on the Square**, sponsored by Commerical Bank and Trust Company, livens up the Courthouse lawn each Friday from noon until 1 p.m. Bring a lawn chair; concessions available. Call 642-3341 for the band lineup.

**Stay Cool During Workouts, Warm During Swim Laps** – the Paris Civic center has a track, weights, fitness machines and a pool. Pay by the visit or become a member. Located on Volunteer Drive. Call 644-2517 for information.

**Third Thursday Book Club** – Jack's Java on the Court Square is the meeting place for the this discussion group at 6:00 p.m. Upcoming great reads are *The Glass Castle* by Jeannette Walls for August and *The Book of Ruth* by Jane Hamilton for September. For more information email [cdtstampdiva@bellsouth.net](mailto:cdtstampdiva@bellsouth.net).

**Fourth Friday Art Show & Sale** – Prepare to be amazed. Lee Academy for the Arts is home to the Tennessee River Fine Arts League and its talented members. Paintings, pottery, jewelry and more are displayed and sold the fourth Friday of each month from 5 – 8 p.m. Call 642-3411 for more information.

**Farmers' Market** – Eat fresh from the patches of some of Henry County's greatest fruits and veggies growers. It's all at the Fairgrounds pavilion Tuesday, Friday and Saturday mornings at 6:30 a.m. and Friday afternoons at 2:30 through the last Saturday in September. For information call Staci Foy at 642-2941.

**Latest Films**– Enjoy six screens and the latest releases at the Parisian Theatre on Jim Adams Drive. Info line is 642-7171.

**August** – Watch for **"Treasurers From the Attic"** at the Paris-Henry County Heritage Center. Call 642-1030 or log on [www.phchc.com](http://www.phchc.com).

**August 23 - Refuge Discovery Series: Aquatics and Muscels.** A mussel biologist takes us into the water at Duck River Bottoms. Wear old shorts and sneakers and learn about our underwater friends. This FREE event sponsored by the Friends of Tennessee NWR. Call 642-2091 or log on [www.tnwrfriends.org](http://www.tnwrfriends.org).

**August 30 – Smokey Bear visits the LBL Nature Station** at intervals throughout the day; enjoy a storytelling fest from 1 – 4 p.m. For information, call 270-924-2000 or log on [www.lbl.org](http://www.lbl.org).

**August 30 – Pepsi/NFL Punt, Pass and Kick** for boys and girls ages 8 – 15. Start time 10 a.m. at Barton Field/Grove Stadium, free admission. Call 644-7932; sponsored by Paris Parks/Recreation.

**September 1 – Labor Day.** Salute the working men and women of America!

**September 2 – Administrative Day** for Henry County School System – No school for Henry County students.

**September 4 –Henry County Medical Center Screening** for Senior Stars at HCMC from 9 – 11 a.m. Call Becky Hedges at 644-8267 for information on becoming a Senior Star.

**September 6 – Kidsfest** is at Memorial Park from 2 – 4 p.m. Enjoy jumpy games and water fun at the front soccer field; call 644-2517 for information.

**September 6 – Last regularly scheduled horse show** for 2008 at the Henry Saddle Club. Start time is 7 p.m. Call 642-7436 or log on [www.henrycountysaddleclub.net](http://www.henrycountysaddleclub.net).

**September 6 - 7 – Paris Disc Golf Tournament** sponsored by Tennessee Disc Golf Trail and Paris Parks/Recreation Department. Spectators are FREE. Entry fees are based on division. Contact 644-2517 or [www.bluegrassdiscgolf.org](http://www.bluegrassdiscgolf.org).

**September 6 - 7 – The 2008 Craft Fair** is at Paris Landing State Park. Like to be an exhibitor or have questions? Call 641-0269. Sponsored by Paris and Lakeway Kiwanis Clubs.

**September 7** – Celebrate the **175th Anniversary of First Baptist Church in Paris!** Call 642-5074 or visit [www.fbcparis.org](http://www.fbcparis.org) for details.

**September 13** – W. G. Rhea Library's **"Safety Saturday in September"** with computer games on learning bike safety and fire safety. See fire trucks, policemen and the drug trailer. Times to be announced. For information call 642-1702.

**September 13 - Refuge Discovery Series: Astronomy and Star Gazing Party** at 8:30 p.m. at Britton Ford Hiking Trailhead at Tennessee National Wildlife Refuge. Call 642-2091 or log on [www.tnwrfriends.org](http://www.tnwrfriends.org).

**September 16 - Henry Pioneer Days** features a parade, games, music, live shoot out and more. The fun begins at 10 a.m. Call 731-243-3833 for information.

**September 19 – Parent Teacher Visitation** – No school for students in Henry County School System. For information, call 642-9733.

**September 22-26** – The W. G. Rhea Library hosts **traveling display on "Global Warming" with a speaker from Al Gore's volunteers.** Visitors will make items from recycled materials, view book displays, and receive info from BPU and other educational items. Times to be announced. Call 642-1702.

**September 22-27** – See it live or catch it on ESPN later. **Bass Masters Open** at Paris Landing and sponsored in part by Henry County Tennessee River Resort (TRRA). Log on to [www.sports.espn.go.com/outdoors/bassmasters/index](http://www.sports.espn.go.com/outdoors/bassmasters/index).

**September 25** – Attention HCHS Patriot Fans! **Homecoming Pep Rally** on the courthouse lawn. Wear your red, white and blue and enjoy a fun filled pep rally. Time to be announced. Call 642-5232 for info. (tentative date)



**September 26 – Parent Teacher Conference** for Paris Special School District; no school for PSSD students. For information, call 642-9322.

**September 26 – Eye Full of Paris** kicks off with **Commercial Bank's Noon on the Square concert** on the lawn of Henry County's historic courthouse. Bring your lawn chair; concessions available. Rain location First United Methodist Church Christian Life Center. **Official Eye Full of Paris event.**

**September 26 – Wild for Life Art and Photography Show and Sale** from 6 – 8 p.m. at Lee Academy for the Arts sponsored by Friends of the Wildlife Refuge. For info on entering or attending, call 642-2091 or log on [www.tnwrfriends.org](http://www.tnwrfriends.org). **Official Eye Full of Paris event.**

**September 26 – Henry County High School Homecoming** at Patriot Stadium. Call 642- 5232 for info. (tentative date)

**September 26 – Paris-Henry County Heritage Center** continues **"Treasurers from the Attic"** exhibit, add a collection of antique quilts to coincide with Eye Full of Paris. For more information, contact the center at 642-1030.

**September 27 – Myriad artists** demonstrate and sell their wares as a steel drum band and a variety of musicians perform on the courthouse lawn as part of **Arts Round the Square**. Hands-on activities for youngsters and tasty concessions abound. 10 a.m. – 4 p.m. Rain location First United Methodist Church Christian Life Center. **Official Eye Full of Paris event.**

**September 27 – Friends of the Refuge** host a **live concert** in Paris' newest music venue, The Lunchroom at Lee at 7 p.m. Concert **features folk rocker Kayte Strong**; tickets are \$15 and are available at Jack's Java. Call 642-2091 or log on [www.tnwrfriends.org](http://www.tnwrfriends.org). **Official Eye Full of Paris event.**

**September 27 – The Grove Class of 1948** has its **60-year class reunion** at the Fellowship Hall of First Presbyterian Church. Call Beverly Meals Wood at 642-2825.

**September 28 – Downtown Churches Rejoice!** A mixed bag of live music from participating downtown churches takes the stage on the courthouse lawn at 12:30 p.m. Bring a picnic lunch (or a restaurant meal to go) and listen, clap and sing along. Call Tim Williams at 731-336-5948 for information. **Official Eye Full of Paris event.** Rain location First United Methodist Church Christian Life Center.

**September 28 – Eye Full of Paris weekend** concludes with a live **Concert in the Woods at Paris Winery**. Bring a picnic basket and blanket as the day cools down, the music heats up, and the wine flows. 6 – 8:30 p.m. Call 644-9500 or visit [www.ParisWinery.com](http://www.ParisWinery.com). **Official Eye Full of Paris event.**

**October – Crows** dare not stop at the Heritage Center during the **Scarecrow Exhibit** on the lawn of this historic home. Watch for time and dates. For information, call 642-1030.

**October 2 – Band Boosters annual Chili Supper** begins at 4 p.m. and runs till 8 p.m. at the First United Methodist Church Christian Life Center. Enjoy homemade chili (all you can eat), hotdog, homemade dessert and drink for \$7. Don't miss the silent auction. Call 642-5232 ext.3342 (band room) or 731-336-3080 (Sherry Wagner-Band Booster President).

**October 4 – The 26th annual Oktoberfest** takes place at Holy Cross Church, 1210 E. Wood Street in Paris, 11 a.m. - 7

p.m. Enjoy both German and Mexican meals during those hours; booths, music and more. Cash prizes total \$2,000. Contact Leila Kackley at 642-4681.

**October 11 – Krider Idol** is at 7 p.m. at the Krider Performing Arts Center. Sponsored by the Paris-Henry County Arts Council. Call 642-3955.

**October 11 – Henry County textile artist Lydia Ruth Hickman** hosts **"Weaving at Home"** at the LBL Homeplace. Program free with Homeplace admission. For information, call 270-924-2000.

**October 13 – Columbus Day.** In fourteen hundred and ninety-two....and the rest is history.

**October 16 – Heads up, it's Boss' Day**

**October 17 & 18 – Antique Tractor Show** will be held at McNeill Park, sponsored by Paris Parks and Recreation Department. The event is FREE so come and enjoy the vintage farm equipment. See some new items as well. For information, call 642-4591.

**October 25 – Join the games, activity booths, costume contests** (children, adults and pets), and more during the fabulous **Downtown Spooktacular**. Held the Saturday before Halloween from noon - 4 p.m., this annual event is sponsored by the Downtown Paris Association.

**October 25 – If you like halftime as much as the football game,** the HCHS Band Parents' **Marching Band Competition** is for you. First band takes the field at 3 p.m. at Patriot Stadium. Call 642-5232 ext.3342 (band room) or (731) 336-3080 (Sherry Wagner-Band Booster President).

**October 26 – First Baptist Church - Trunk or Treat Celebration.** Call 642-5074 or visit [www.fbcparis.org](http://www.fbcparis.org) for details.

**October 28 – See many of Henry County's best small businesses** all under one roof at the **Small Business Expo**. Sponsored by the Chamber of Commerce, the new expo hours are from noon - 7 p.m. at the Paris Convention Center. For information, call 642-3431. HCMC Carevan/Screening onsite from 11 a.m. until 7 p.m.

**October 29 – Administrative Day** for Henry County School System – no school for students. For information, call 642-9733.

**October 30 and 31 – Fall Break** for ALL students in Paris and Henry County. For information, call 642-9733 or 642-9322.

**October 31 – Grab your wig and face paint, it's Halloween!** Watch out for little ghosts and goblins as you drive home.

### Coming Up:

**November 7, 8 and 9 – Start the holiday season with Christmas Open Houses in Downtown Paris** featuring old-fashioned buggy rides, live music and delicious treats. Candlelight open houses are on Friday and Saturday evenings, Sunday hours are 1 – 5 p.m.

**November 7 – "Love Lights a Tree"** begins at 6 p.m. on the north side of the Courthouse Lawn. For information on this Relay for Life fundraiser contact Joyce Bass at 642-6589.

*Dates and times are subject to change.*



# ***We're the biggest little dealer you'll ever meet!***

*Come see the widest selection of vehicles in the Midsouth on our ten acre facility.*



## ***Peppers Automotive Group***

**2420 East Wood @ Peppers Lane • Paris, TN**

**731-642-5661 • Visit our website: [peppersautomotive.com](http://peppersautomotive.com)**

**Noon on the Square Concert**  
Friday, Sept. 26, noon - 1 p.m.  
Henry County Courthouse Lawn  
Sponsored by Commercial Bank

**Wild for Life Art and Photography Show**  
Friday, Sept. 26, 6:00 - 8:00 p.m.  
Lee Academy for the Arts  
Sponsored by Friends of the Wildlife Refuge

**Arts Round the Square**  
Saturday, Sept. 27, 10:00 a.m. - 4:00 p.m.  
Henry County Courthouse Lawn

**Friends of the Refuge Live Concert featuring Folk Rocker Kayte Strong**  
Saturday, Sept. 27, 7:00 p.m., Lee Academy Lunch Room  
Sponsored by Friends of the Wildlife Refuge

**Downtown Churches Rejoice!**  
Sunday, Sept. 28, 12:30 p.m., Henry County Courthouse Lawn  
Sponsored by participating churches

**Concert in the Woods**  
Sunday, Sept. 28, 6:00-8:30 p.m., Paris Winery, Sponsored by Paris Winery

*Sponsored by Downtown Paris Association with help from TRRA*

# ***"Eye Full"*** ***of Paris*** ***Weekend*** ***Sept. 26-28, 2008***



**For more information, visit [www.phcart.com](http://www.phcart.com).**



# A Private Club... at Home

By Julie Perry



*Loral Burke shows Monnie VanDyck how two cans of soup can turn into valuable weights.*

Stuck at home with the kids? Think the gym is a little too public? Don't have time to visit the gym after work? Whatever your reason for not exercising on a regular basis, it can be overcome with your free "home gym membership."

## Benefits to "Home as a Gym"

One of the best benefits of exercising at home is that you can workout on your own schedule, rather than just when the health club is open. "Anytime is the best time for exercise," explained Loral Burke, local ACE Certified Personal Trainer and Group Fitness Instructor. "You can

exercise in the morning, afternoon or evening. It's up to you."

The opportunity to work out is with you every day as you pass by the stairs, a cushy rug or your equipment. For some people, the best part of home exercise is the privacy. "Currently, I am working with many women in Paris who love personal training in their homes. They enjoy the one-on-one attention, plus the privacy and convenience," she said. When you exercise at home, you don't need to impress anyone. Dress comfortably – an old t-shirt and some loose shorts will work just as well as the latest fashions.

## Home Exercise Economics

Exercising at home is economical. "Take a look around your house. You'll see many things you can use to exercise," said Burke. "If you do housework or yard work, you're doing yourself a favor. The stretching and lifting housework entails is good exercise. So is work you do outside. Yard work uses many muscle groups, especially activities like planting and working in the garden."

What about special equipment? "Invest in a good pair of running or walking shoes and you're ready to go," advised Burke. Some adjustable dumbbells and an exercise mat are also excellent low-cost investments, but don't underestimate what you can do with things that are already in your house like your stairs and chairs. And, there are a lot of exercises that require no equipment at all.

## Tips to Get Moving

1. Walking - If you have a flight of stairs, go up and down them several times each day; you could even grab a load of laundry as you're going up. This helps tone the legs. No stairs available? Then walk briskly around the house – it may not be very exciting but it will do the job.

**Cindy's**  
*to go*  
A division of Cindy's Catering Company

*Simply call*  
**642-6110**  
*for dinner tonight!*

**Casseroles & Desserts available to go!**

2541 East Wood Street, Paris  
www.cindyscateringcompany.com  
cindyscatering@bellsouth.net

**Paris Realty Company**  
"SERVING PARIS AND HENRY COUNTY SINCE 1959"

 **Mark Johnson**  
Broker

Office: 731-642-6165  
Toll Free: 800-489-6165  
503 Tyson Avenue  
Paris, TN 38242

Free Real Estate Guides and Information Packets

- Residential
- Commercial
- Farm
- Lake

 www.parisrealty.net  
Email: paris@bellsouth.net

**2.** Jogging - Jog in place while watching TV. Or, purchase a mini trampoline, whose foot print is no larger than that of a mid-size coffee table. Even getting up and marching or jogging in place during the commercials is a helpful start.

**3.** Dancing - Dancing is wonderful exercise that you can do at home as easily as in a night club: just move your body to some lively music. It is great for your heart and can lift your spirits as well.

**4.** Weight-Lifting - Invest in a pair of hand weights, or use what you have around the house. A couple of cans of soup work well for light weights; milk jugs, laundry detergent bottles or even water jugs are perfect for heavier weights. Just make sure you know the correct posture and that your movements are slow and controlled.

**5.** Swimming - If you have a pool, don't just sunbathe - run in the shallow end of the pool. This is even better if you are holding your little one. Hold the side of the pool and kick your legs out, or swim laps.

**6.** Take it outside - If the weather is nice, it's wonderful to get outside and enjoy your yard. Raking time

will be here soon; this motion uses arm and back muscles. Digging in the garden gives your arms and legs a good workout. And, gardening provides a bonus: more fresh vegetables and fruits to add to your diet. Or, bring back memories of childhood. Get the family together for a game of hide and seek, red rover or kick the can. Being active is really easy if you get a little creative.

As you can see, there are a lot of options available for bringing exercise into your home that will meet your individual needs and provide a lot of workout variety. The important thing is to get moving; you'll soon enjoy the benefits of working out at home.



*Loral Burke may be reached at loral1063@hotmail.com or check out her website at www.getloral.com. Julie Perry is faithfully wearing a pedometer and working toward 10,000 steps per day.*



*Monnie VanDyck shows how a chair can become exercise equipment.*





## Downtown Churches Rejoice!

Sunday, Sept. 28, after Sunday services, grab your picnic basket (or get your restaurant meal to go), and head to the Henry County Courthouse lawn to enjoy Downtown Churches Rejoice!

Sponsored by participating churches, this lively, ecumenical mixed bag offers live music from all genres for all ages beginning at 12:30. Rain location is the Paris First United Methodist Church Christian Life Center.

*Find out what else is happening during Eye Full of Paris Weekend at [www.phcart.com](http://www.phcart.com) or in this issue's calendar of events.*

**Saturday, Oct. 11  
7 p.m.**

## Krider Performing Arts Center

For more information, contact the  
Paris-Henry County Arts Council  
[www.phcart.com](http://www.phcart.com)  
642-3955

**VILLAGE OF PARIS**  
PARIS  **LANDING**

*a world by the water.*

*See what's happening in our  
community...*

**PARIS-HENRY  
COUNTY CHAMBER  
OF COMMERCE**

[www.paristnchamber.com](http://www.paristnchamber.com)  
[www.visithenryco.com](http://www.visithenryco.com)

Feature

# Golfing under the Eiffel Tower

By Tim Check



**Q:** When can a golfer tee off in the shadow of the Eiffel Tower?

**A:** When the game is disc golf in Memorial Park, home of the Eiffel Tower.

Disc golf is a low cost, healthy recreational alternative to the high-dollar, Tiger Woods variety of golf. Not only are there no greens fees, but the putters and drivers (differently shaped and weighted discs) are very affordable--\$10 on the low end. Or, discs may be checked out free-of-charge at the Paris Civic Center, just down the street from the local course in Memorial Park.

The City of Paris Parks and Recreation Department introduced disc or Frisbee® golf to Paris in the summer of 2007. "We first learned of the concept at a state recreation meeting," said Tony Lawrence, parks director. "Our intern at the time, Clay Boyd, attended Murray State and enjoyed playing the course that the Murray/Calloway County Parks Department had built. He urged us to investigate the possibility of developing a local course, and a few months later, we opened our front nine holes."

One of Lawrence's favorite aspects of disc golf is that it's great for all ages and experience levels. "It can be a life-long sport," he said. "It's so cool to see seven-year-olds, 17 year-olds and 70 year-olds all enjoying the same sport."

The basic principles that apply to regular golf apply to disc golf; the big differences are that instead of golf clubs and balls, players use Frisbees (discs). "They walk from hole to hole where the different



*Kara Jones aims for the "hole."*



*Paul Davis Lowe is all about form.*



*Mary Katherine Lowe throws for par at the Memorial Park disc golf course.*



*Evan Edwards enjoys the challenge of a game of disc golf.*



fairways provide unique challenges,” said Lawrence. Wherever a player’s disc lands, he throws from behind its resting point until he can land it the “hole” or more precisely, a metal basket. Each throw made is a “stroke,” just like in golf. There are different discs for each situation, but to begin playing the only disks needed are a driver and a putter. “As players become more proficient, they can purchase different discs for specific obstacles.” Each style of disc has an individual flight pattern which can be altered by the way the disc is thrown.

H.B. Clark of Kentucky created the professionally designed course. The front nine holes wind around the new playground, tennis courts, Eiffel Tower and the picnic shelters. The back nine meander around a four-acre lake on the west side of Volunteer Drive. The bridges,

water and wooded paths make for a challenging course while also offering the opportunity to see abundant wildlife and flora. The course is certified by the PDGA (Professional Disc Golf Association). Par is 62, or 31 per nine holes.

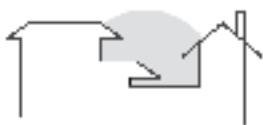
Disc golf is an ideal way to spend family time or have a unique youth group or work outing. “We have folks who play on a weekly and even daily basis,” said Lawrence. “Some disc golfers are really talented athletes and some are just out there to be with their friends, but it doesn’t matter, because they are all getting some exercise and enjoying the great outdoors via one of our beautiful Paris Parks. After all, where else can you play golf under the Eiffel Tower?”

As part of the Tennessee Trail Disc Golf Association, the Paris Parks Department is sponsoring a

disc golf tournament on Saturday and Sunday, September 6 and 7. Parks Director Tony Lawrence expects 80-100 participants. For more information, call 731-644-2517.



*Dick Bates putts on the number two hole.*



## Bass Realty Company

104 Tyson Avenue • Paris, TN 38242

731-642-9612 • 800-642-9612

website: [www.bassrealty.com](http://www.bassrealty.com)

e-mail: [info@bassrealty.com](mailto:info@bassrealty.com)



**MLS**



Harold M. Bass, Jr.  
Broker/Owner



Crestline Village in Paris features hardwood floors & cathedral ceilings. Located close to hospital, shopping, schools and churches. Low maintenance with fenced in yard and private deck. Move-in ready. (MLS# 100013)



Single story home with large front porch, located at the end of a cul de sac. Features many recent upgrades and an abundance of storage. (MLS# 100061)



Single story home with large front porch, located at the end of a cul de sac. Features many recent upgrades and an abundance of storage. (MLS# 100061)

## Reminiscence

*Last September, one of Paris' quietest and best-kept secrets, Boundbrook Drive became a beehive of activity. Four and half decades after the first house was built, more than 75 neighbors and former neighbors gathered to celebrate the history, the friendships and the magic of the little cove, nestled in the woods, just off Park Street. This is the reminiscence of Elise Wright Myers, who, along with Vita Humphreys Swindell, orchestrated the 2007 Labor Day Boundbrook Drive Reunion. Here, she offers a glimpse into how neighborhoods are formed, families take root, memories are made and lives are forever entwined. As in Thornton Wilder's "Our Town," we can all find a part of ourselves in her writing.*

# Paridise Found on BOUNDBROOK DRIVE

By Elise Wright Myers

In the early 1960's, Bud Humphreys of Humphrey's Lumber Company bought an unnoticed piece of wooded paradise between Edgewood Street and Whitehall Circle. Bound by two babbling brooks, it was named Boundbrook Drive. At the time, Humphreys lived on Glenhaven Road along with the K.B. Humphreys (no relation) and the Bill Wright families. These couples, several of whom were friends from childhood, soon would become the first three families on "the circle."

Humphreys, along with his wife, Louise and children, Vita and Karen, built the first house in 1962. Next, Paris dentist, Dr. K.B. Humphreys and wife, Mary Ellen, built their family's home. With Brooks and Margaret in tow, they joined their old friends on the circle.

While the Bill Wright family was building their home, tragedy struck the cove when Louise Humphreys was killed in a car crash in November of 1963. For the next three years, Humphrey's mother, Mrs. D.O. Humphreys, Sr. lived on the circle and cared for her two young granddaughters.

The Wright family moved into their Dutch Colonial home at the entrance of Boundbrook in 1964. My brother Bill quickly settled in and took over the neighborhood, and I was reunited with my first friend, Vita. The new, big white house was home to Don, Jane, Carolyn and Warren Dickinson. They also were no strangers to Paris. Jane was a native and her mother, Mrs. Betty Dinkins, would come to know many of the Boundbrook children at her Joyland Kindergarten.

Tom and Emma Williams built next and along came three girls, Vicky, Elaine and Cassandra, more playmates for Vita, Margaret and me. And play we did. We built sand castles on the hills of Sandy Banks, a huge sand dune that edged the brook. We waded the winding creek all the way to Park Street, where the huge pipe that stretched like a caterpillar underneath the pavement would become known as "Moolah-Moolah."

By 1965 the empty lot next door to our house was bustling with activity.

*Mainey Beard is one of the two original homeowners left on the cove.*



The Bernis Beard home was under construction and Bernis and Mainey, owners of The Toggery, would bring David and Susan with them to call Boundbrook Drive home. The next year, Bud Humphreys married Janet Key, and her two children, Lisa and Kelly Freeman, joined Vita and Karen as brother and sister. Construction began on their new house on the last available lot on Boundbrook. The eighth home in the circle would comfortably accommodate the new family of six. The Humphreys left their former home in good hands when John and Ann Myers, along with sons, Johnny, Doug, Tommy and Kenny moved in October, 1967.

The Dickinson family was the first to sell their home, but the big white house soon was occupied by another well known Paris family, Jerry and Gene Richardson, and their two daughters, Nancy and Anne. Gene taught piano lessons and in the summertime while we tromped in the woods, we could hear beautiful music floating over the treetops.

It wasn't long after Bud settled his new family in their rambling home that the pitter patter of little feet was heard. Jan Humphreys was the first baby to be born to a circle family. Soon after, in the summer of 1971, the Myers boys became big brothers to sister, Molly, the last baby to be born to a family on the circle to date.

In the mid-70s, Paris PI gossip columnist Joan Bell wrote that "two very lucky Paris families and neighbors would be united by marriage when John Myers III married Elise Wright on Valentine's Day 1976." The Boundbrook Drive circle of friends and families each had a part as Elaine Williams was my maid of honor, Vita Humphreys kept the guest register, Susan Beard served as a junior bridesmaid, and 4-year-old, sister-in-law to be, Molly Myers, was my flower girl.

The K.B. Humphreys' home was the next house on the circle to be sold when that family moved across the street from Dr. Humphrey's dental

practice on Dunlap Street. The Arthur family moved in and Jimmy and Alicia soon joined the ranks of the Boundbrook kids wading in the creeks and playing in Hudson Field, a vacant lot, at the top of the circle.

In 1977, with the birth of Ryan Myers, first son of John and Elise, the Wright and the Myers families became the first grandparents of Boundbrook Drive. Unlike most families, when we traveled home we could see everyone in our circle of family and friends with just one stop. In December of 1978, the Dennis Graham family with children, Deanna, Shannon and Josh, would become friends with all the other Boundbrook families, occupying the former Humphreys/Arthur home for the next 30 years into the new millennium. The next to move would be the Williamses. The Hopkins family, Charles, Edna, and Charla moved into #6 Boundbrook, right next door to Bernis and Mainey Beard. Retirement was soon approaching for the Beards and good luck prevailed as Charles and Edna bought The Toggery to carry on the tradition of fine men's wear started by Mainey's father, John Currier, 91 years ago this October.

In 1987, the Wrights sold their home and moved to East Tennessee making it the last of the first three houses to be sold. The Curtis Brown family called #4 Boundbrook Drive home for many years until they sold to the Chris and Fran Cashman family who now are the gatekeepers and welcome all who enter paradise.

After more than 40 years, Boundbrook Drive is still safely tucked away off Park Street, where now the grandchildren of all who live there, have made their own memories on the hills of Sandy Banks and waded the creek to Moolah-Moolah.



*Elise Myers resides in Georgia with her husband, John and sons, Ryan, Matthew and Sawyer. She is a local history buff and collector of all things Paris. Email her at bogart@windstream.net.*



*Every family in attendance at the Boundbrook Drive reunion last summer received a balloon with instructions to write a Boundbrook memory or a name of a family member in remembrance.*

*Friends Elaine Williams and Vita Humphreys Swindell, give each other a hug as the party begins.*



# Fishing Tournaments...

## *Henry County's Big Catch*

By Jennifer Wheatley

A big catfish on a pole lets people know they are in Paris, home of the "World's Biggest Fish Fry." A 15-minute drive puts them on the shores of Kentucky Lake, one of the most impressive bodies of water in the country where fishing tournaments are one of the key elements of our tourism industry.

### Fishing hot spot

"Kentucky Lake is known by bass and crappie fishermen throughout the U.S. and as far away as Japan, Spain and England," said Garry Mason, owner of Adventures Outdoors and director of Northwest Tennessee Tourism. "Places like the Big Sandy em-bayment have always been in the sights of serious fishermen."

### Spreading the word

It's part of Mason's job to increase knowledge about Kentucky Lake. Among his many techniques: sponsoring a forum for outdoor writers each year and working local booths at outdoor and recreation shows.

"Fishing magazines have written articles and outdoor TV crews have filmed shows for years about this sprawling wonderful waterway. Celebrities and everyday anglers alike love our area. One has only to go to an outdoor show in St. Louis

or Chicago and tell folks that you are from Kentucky Lake to draw a crowd."

### Desirable dollars

Fueled by funding from the Tennessee River Resort Act (TRRA), Henry County has become home to the American Bass Anglers, Crappie USA, Big Kat Kwest, a Triton Owners Tournament and other tournaments over the past two years. According to Mason, the leaders of Henry County were "handed a gift from the state in the form of a tax return when the Henry County Commission voted to accept the Tennessee River Resort Act." By all accounts, they've used it well.

"This money has helped Henry County become a destination for both amateur and professional fishing tournaments," he said. "Our local resorts have partnered with the county to form one of the greatest go to places in America for fishing tournaments such as the BASS Elite series and the Triton Boat Owners Tournament, both of which bring a huge amount of tourism dollars, prestige and publicity to this region. In the case of the upcoming BASS Elite, we're talking two years of ESPN coverage."

### Hard numbers

The economic impact of these

events was surprising to Carl Holder, CEO of the Henry County Alliance and administrator of the TRRA funds. He uses formulas from various universities to create a cost/benefit analysis for each event organizer who brings a proposal to the Tennessee River Resort Committee. Serving on that committee are Henry County Mayor Brent Greer; Paris Mayor David Travis; Puryear Mayor Kenny Paschall; a Henry County Commissioner from each district, Bobby Freeman, Elder James Travis, Earl Anderson, Paul Mathenia and Don Jones and Chamber Tourism Vice President Gary Benton.

"Being a non-fisherman, I had little understanding of the mechanics of tournament trails or of their value," said Holder. "Because most impact statements are vastly overstated, I was skeptical of the economic impact data supplied by these organizations."

Holder sought out different models for calculating economic impact. "While methodologies varied, the basic components were consistent and to my surprise the impact numbers supplied by the tournament organizations were within the parameters established through the research," he said.



## Money, prestige and publicity


"The bottom line is that Henry County receives \$20 for every dollar we spend on these tournaments." This is due to a number of factors. Tournaments feature several days of pre-fishing, spreading the economic impact over weeks, even months. Additionally, tournaments are professionally organized, minimizing adverse conflicts with local facilities and populace. The events are "clean" with minimal demands on local facilities, other than event days, and they place no burden on the local tax system.

Lake area businesses have benefited from the events, with Fish Tale Lodge and Seaton's Restaurant both posting record months in May 2008 when Crappie Master and Triton Boat tournaments took place. However, lake businesses

do their part to help lure tournaments. Local resorts, most notably Fish Tale Lodge, Buchanan Resort and Paris Landing State Park have often provided rooms and meals.

Local banker Andy Collins of Commercial Bank fishes the tournament trails and sees the potential for Henry County. "Recreation is an industry, and we already have the biggest piece of infrastructure to accommodate that industry, Kentucky Lake," he said. "It's now up to us to make our facilities the best they can be so we can be competitive."





## PARIS FAMILY CHIROPRACTIC

**Elizabeth Craig, D.C.**  
**Brian Sykes, D.C.**

- Advanced Reflexology Activator
- On Site X-ray
- Massage Therapy Available
- Most Insurance Accepted
- Traction Decompression Therapy  
(surgical treatment of herniated and degenerative disc disease)
- Chiropractic Acupuncture

**Monday, Tuesday, Wednesday, Friday**  
8 am - 5 pm

**Thursday** - 8 am - 6 pm

**Saturday** 8 am - 12 pm

For an appointment, please call:  
**(731) 642-9761**

**1203 East Wound Street**

## HARRISON EYE CLINIC & THE LENS CONNECTION

- Comprehensive Eye Exams
- Primary Care in Optometry
- Contact Lenses
- Latest in Designer Frames
- Treatment of Eye Diseases and Injuries
- Sunglasses



**DR. MICHELLE  
HARRISON**

**731.644.1222**

**813 E. Wood Street**  
**Paris, Tennessee**

*Pamela Evans, M.D.*  
Board Certified in Obstetrics and Gynecology

*Specializing in*  
**WOMEN'S HEALTH**

*For appointments, please call*  
**731-644-7662**

**Medical Arts Building**  
**300 Hospital Circle, Suite 102**  
**Paris, Tennessee 38242**



**Frame Makers INC.**  
**CUSTOM PICTURE FRAMING**

Owners:  
 Bobby & Joann Reaves

- Shadow Boxes
- Wedding Photos
- Needlepoint

3374 Hwy 79 N • Paris, TN • (731) 644-9314  
 Serving Paris and Henry County for 24 Years

**Paris Pediatrics P.C.**

Office Hours: Mon.-Fri. 8am-5pm By Appointment Only

Debra S. Selby, M.D.  
 John O. Jackson, M.D.  
 Jeff L. Mann, D.O.

Phone 644-2747

Established 1992  
 243 JIM ADAMS DRIVE ~ PARIS, TENNESSEE

Jan Anderson's  
**HENRY COUNTY NEWS DIGEST**

**NEWS**  
 @ the Click  
 of a Mouse

[www.hcndigest.com](http://www.hcndigest.com)

To advertise in  
**PARIS!**  
 contact Ad Manager  
 Lisa Rhodes at  
 (731) 243-2910 or  
 adchick26@hotmail.com.

"PARIS! magazine is one of the best ambassadors Paris and Henry County could have." --Ed and Wanda DeHay, Paris

**PARIS VETERINARY CLINIC**

Robert Gardner, DMV

Twice voted  
 PI Readers Choice Award

Avid Microchipping Now Available!

Total veterinary practice plus grooming and boarding.  
 2101 East Wood Street • Paris • 731-642-2263

**HenryCountian.com**  
 Your News. Your Source. Your Choice.

**NEWS • FEATURES • OBITUARIES • EVENTS**

P.O. BOX 100 • McKENZIE, TN 38201  
 1-800-748-9686 • 731-352-3323  
 FAX 1-877-352-3322 (Toll Free)  
 A division of The McKenzie Banner  
 editor@henrycountian.com

**Danny Kimberlin, M.D.**  
 Obstetrics and Gynecology, Board Certified

**Comprehensive Women's Care**

300 Hospital Circle, Suite 103  
 Paris, Tennessee 38242  
 731-642-0016

*A commitment to wellness*

**Ridgeway FUNERAL HOME**

Three Generations of Our Family Serving Your Family

Funeral Pre-planning • Funeral Insurance • Cremations  
 Cemetery and Mausoleum Information and Purchase  
 Grief Support Group • Veteran and Fraternal Services

301 Dunlap Street • Paris, TN 38242  
 (731) 642-2121 • 24hr Line: (731) 642-0252

SELECTED Independent F&B LICENSEE



# Get Out and *Ride*

By Tim Check  
Photos by Linda Reynolds

There was a certain thrill when the training wheels came off and your parents pushed you down the street, yelling, "Pedal harder!" You wobbled away, slowly building up speed, then doing it – riding a bike all by yourself. Ah, freedom!

There's a new group in town that encourages their fellow Henry Countians to get out their bikes and recapture that feeling. The club's goal is not to compete or see who has the most expensive gear; they want to provide an opportunity for healthy, leisure recreation.

## Meetings and rides

Formed last spring, the Paris-Henry County Bicycle Club meets at the Paris Civic Center at 6:30 p.m. on the third Thursday of every month. Weekly rides are scheduled on Saturday mornings at 6:00 a.m. from the Subway in Puryear. Thursday rides start at 6:15 p.m. from Tractor Supply on Hwy. 641 south, typically a 15 mile ride.

"The Saturday rides generally are very flat with winding roads and little traffic. Although these are 25-30 mile rides, there are plenty of points along the ride to turn around or take a different route to make it shorter. It's a great place to



Lots of new friends!



Brian Roosa's dog enjoyed the ride from inside her carrier.

# Regional Fave Rides

## Ashland City

One of my favorite regional rides is Ashland City's 10-20 mile bike trail on an old railroad grade along the Cumberland River. The route is flat. There's a quaint 50's diner in downtown Ashland City that is worth visiting.

## Tunnel Hill Trail

Only a few minutes from Paducah, the Tunnel Hill Trail in Southern Illinois at Vienna is another favorite. The trail goes from Harrisburg to Karnak for 47 miles where its numerous bridges span gorges with rock and waterfalls. Picnic stops with restrooms dot the trail, which passes through the Cache River bottoms and two nature areas with abundant wildlife. Bicycles can be rented in Vienna, and don't forget a flashlight for the tunnel. Plan on making new friends on your trip; more than 500,000 people ride Tunnel Hill Trail annually.

## Land Between the Lakes

LBL is a top-notch place for single-track mountain biking, as well as road riding on the Trace. Visit them at [www.lbl.org](http://www.lbl.org).

start riding if it's been a while since you've been on a bike."

## Comfort first

Club members are concerned that all participants feel comfortable with the group's treks. "The rides 'break off' into distances of 5, 15, and 30 miles," explained Brian Roosa, "which means folks can ride with confidence, staying in their comfort zone. After all, this is all about fun." Roosa is working on creating route maps for all rides so participants can be assured of no surprises. And don't forget your camera to record the numerous vistas along the routes.

## Road trips and riders

Periodically, these kindred spirits ride the Rails to Trails venues in Kentucky, Missouri, Illinois, and Tennessee where railroad tracks have been converted into bike trails.

The club currently boasts about 15 active members. While there are a number of fine competitive riders in Henry County, the majority of bike club riders are interested in distances of five or ten miles, generally in the local area. Friendship and mild exercise are the hallmarks of this group whose members appreciate an inexpensive, low impact sport.

## Inexpensive wheels

Don't have a bike? A bicycle that is suitable for leisure riding can be purchased at yard sales or second-hand. There are a number of people in the club that do repairs. This is one activity where the investment can be low and the dividends high: meeting new people and enjoying the wonderful Lake Region.

Find out more about this group that provides an outlet for fitness

♦ SPORTS BAR ♦ FAMILY ATMOSPHERE ♦



# Ace's

644-0558

1316 E. Wood St., Paris, TN

♦ Pizza ♦ Pasta ♦ Steaks ♦ Seafood ♦

♥ Quality Food, Fairly Priced, Everyday Lunch Buffet ♥

Voted "Best Pizza" in Paris! Outside Dining Available.

## Medical Center Pharmacy · 642-2451

## & Vital Care of Paris · 642-7365

234 Tyson Avenue · Paris, Tennessee



Prescriptions · Home Health Supplies  
Medical Equipment Sales & Rental  
Braces · Drive Thru Window  
Mastectomy Products  
Free City-Wide Delivery

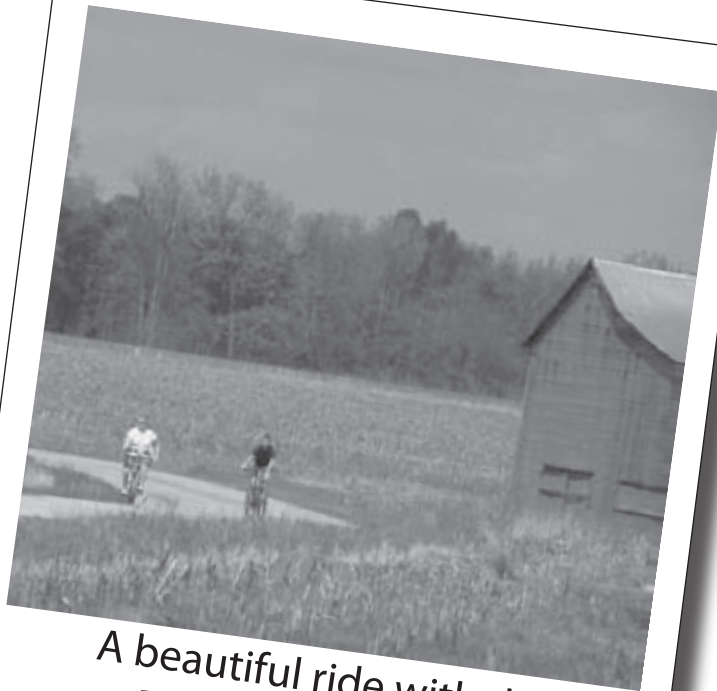
Pharmacists  
Leigh Ann Davis · Rob Nichols · Heather McSwain



and health, seeing new territory and meeting new people. Contact Club President Brian Roosa at (731) 644-0693 or email him at [parispedler@gmail.com](mailto:parispedler@gmail.com). Happy pedaling.



*Tim Check is a biker/hiker. He spends the weekends visiting interesting locales throughout the region. Email him at [spokes@dishmail.net](mailto:spokes@dishmail.net).*



A beautiful ride with the  
Paris-Henry County  
Bike Club

**PARISIAN  
THEATRE**  
*It's where Hollywood meets Paris...*

**INFOLINE: 642-7171**

SIX SCREENS • LATEST RELEASES

**JIM ADAMS DRIVE • PARIS, TN**

*Fall* into place  
at First Christian Church

Sunday School 9:15 | Sunday Service 11:00  
101 S. Dunlap St., Paris, TN 38242 • 731/642-2181 | [firstchristianparis.org](http://firstchristianparis.org)



**HENRY COUNTY MONUMENT WORKS**  
1203 Dunlap Street • Paris, Tennessee 38242  
Located next to Maplewood Cemetery  
**(731) 642-2885**  
*Leaders in Monument Values since 1924 by the Travis Family*

Where you always find top quality at  
reasonable prices!

**Wildwood**  
EST. IN 1961 • LANDSCAPE CENTER

Landscape & Aquascape • Design & Installation

We install courtyards, patios, sidewalks,  
retaining walls and irrigation systems.  
**306 MEMORIAL DRIVE • 642-2215**

**WA** White & Associates Insurance

**WIMBERLEY AGENCY, LLC**



**642-5132**  
124 W. Washington • [www.whiteandassociates.net](http://www.whiteandassociates.net)

**AUTO  
HOME  
LIFE  
BUSINESS  
HEALTH  
GROUP**



# Tailgating PATRIOT-STYLE

By Lisa Ciarrocchi

I am so excited to be the new editor of Paris Cuisine. Retiring Editor Cindy Snyder, of Cindy's Catering, has shared her time and her fantastic recipes since the inception of PARIS! in 2004. Visit Cindy in her shop in Lakeway Village and give her plenty of kudos for her fine columns.

I may be a transplant, but I feel like I was born and raised here. The Downtown Paris Association, the Master Gardners, the Henry County Chamber, our church, the lake community and many other groups have given me the TLC that they give any newcomer. That's Paris and Henry County!

So what does a transplant know about tailgating? For that we went to the experts. Hansel and Theresa McCadams and a host of others tailgate at Patriot Stadium on Friday nights during football season.

Patriot tailgaters include seasoned supporters like Andrew and Sherry Norman, T.J and Heather Gladwell, the Harrisons (there are more Harrisons than we can name), David and Leslie Burden, Dan and Janette Collins, Teresa and Ron Haley, Melissa and Derrick Allen, Jan and Mickey Norman and many more.

The tailgaters can be found on the practice field or near the gate around 5:00, and sometimes as early as Thursday night prepping for the party. The menu includes everything from burgers, ribs, stews, a mean BBQ bologna, and several secret recipes. These lovers of food, foot-

ball and fun feed players, coaches, friends, family and even foes.

"The other team is always welcome and has usually not eaten before the game so that works out perfect," said Teresa. "We keep the coffee and hot chocolate going on cold evenings."

Not into tailgating? The student council generally sells burgers and hot dogs. Below are some of the tailgaters favorite recipes. GO BIG RED!

*Lisa*



*Lisa Ciarrocchi and her husband, Roger own Paris Winery. Visit them online at [www.ParisWinery.com](http://www.ParisWinery.com).*

## Lightside Potato Soup

By Theresa McCadams

6 large baking potatoes  
½ cup sliced carrots  
6 cups chicken broth, divided  
1 ½ cup chopped celery  
1 cup finely chopped onions  
1 ½ cup skim milk  
2 Tbsp. cooking oil  
2 Tbsp. lowfat sour cream  
2 Tbsp. margarine  
1 Tbsp. worcestershire sauce  
2 Tbsp. lemon juice  
10 drops hot pepper sauce or Tabasco  
3 Tbsp. instant mashed potato flakes  
Dash of dill weed

Cook potatoes and carrots in stock pot covered with 4 cups chicken broth for

20 minutes. Then mash half of the potatoes and carrots. Meanwhile, in skillet, cook celery and onion in cooking oil until tender. Add it to the potatoes. Stir in remaining 2 cups chicken broth, skim milk, sour cream, margarine, worcestershire sauce, lemon juice and hot pepper sauce. Cook for 10 minutes. Add the potato flakes 1 Tbsp. at a time until desired consistency. Garnish with dill weed if desired. Makes 6 Servings

\*\*\* "Needless to say for Tailgating, I triple this recipe", says Theresa.

## Black Bean Dip

By T.J. Gladwell

1 block cream cheese  
1 jar of salsa  
1 can black beans, drained  
2 cups shredded cheddar cheese

Spread cream cheese in 9" pie plate. Cover with black beans and spread. Add the salsa and spread, then cover with cheddar cheese. Bake at 350 degrees until hot, approximately 20 minutes. Serve with your favorite chips.

## Alabama Cornbread

By Jan Norman

1 cup self-rising cornmeal  
1 cup sour cream  
2 eggs, beaten  
½ cup canola oil

8 oz. can cream style corn  
Mix all ingredients together. Bake at 400 degrees for 20 minutes or until golden brown.



## Teresa's Potato Salad

By Teresa Haley

8 medium potatoes  
2 Tbsp. mustard  
4 hard boiled eggs, chopped (reserve one to slice for garnish)  
Approximately  $\frac{3}{4}$  - 1 cup creamy salad dressing (add more salad dressing if necessary or enough to hold potatoes together)  
 $\frac{1}{4}$  cup sliced green olives  
1 tsp. salt  
 $\frac{1}{2}$  tsp. pepper  
1 medium onion, chopped  
Dash of paprika, to garnish

In large pot cover whole potatoes with water and boil until tender. Drain and completely cool. Remove skin and cut into chunks. Add the next seven ingredients. Taste and add additional seasoning, if desired. Transfer to serving dish. Stir well. Top with reserved egg slices and sprinkle with paprika, if desired.

## Louisiana Chicken Spaghetti for a Crowd

By Theresa McAdams

15 lbs. fryer parts  
1  $\frac{1}{2}$  cup margarine  
12 cups celery, chopped  
3 onions, chopped  
3 green bell peppers, chopped  
3 cloves garlic, minced  
3 (10  $\frac{3}{4}$  oz) cans tomato soup  
3 (10  $\frac{3}{4}$  oz.) cans cream of mushroom soup  
4 cups chicken broth

2 lbs. spaghetti  
24 oz. Velveeta cheese  
6 Tbsp. chili powder  
Salt & garlic salt, to taste  
Dash of cayenne (if you're brave)

Preheat oven to 350 degrees. Boil chicken in enough water to cover for 5 minutes. Reduce heat and simmer until tender (approximately 2 hours). Skin, bone and chop chicken. RESERVE BROTH. In large pan melt margarine and sauté chopped vegetables; add garlic. Stir in soups, broth and seasonings. Simmer 45 minutes. Add chicken. Cook spaghetti according to package directions; drain and mix with sauce and cheese. Season with cayenne, to taste. Bake in 3 quart casserole dishes for 45 minutes. Serves 30

## Butterfinger Cake


By Melissa and Derrick Allen

1 box Duncan Hines Butter Recipe cake mix, bake as directed on box, cooled, and crumbled into small pieces  
3 egg yolks  
 $\frac{3}{4}$  stick margarine melted  
2 cups powdered sugar  
2 - 8 oz. containers Cool Whip  
3 Butterfinger candy bars, crushed

Mix egg, margarine, sugar, and Cool Whip. Layer  $\frac{1}{3}$  crumbled cake,  $\frac{1}{3}$  filling, and sprinkle with  $\frac{1}{3}$  crushed candy bars. Repeat three times. Butterfinger candy should be on top. Place in refrigerator. Best if made one day ahead.



Sam (left) and Jay (right) McCadams and their parents Theresa and Hansel enjoy tailgating at Patriot Stadium and at the University of Memphis.




**WKMS is  
My Source for  
Classical Music.**

— Linda Haag  
Henry County, TN

**WKMS is  
My Source for  
music from the past.**

— Chuck Haag  
Henry County, TN

**MY  
SOURCE** 

**wkms**

**npr 91.3 fm**

Listener Supported Public Radio  
from Murray State University

[www.wkms.org](http://www.wkms.org)

# Advertisers' Index

Ace's .....	44
Acupuncture, Dana Horvath.....	23
Adult and Community Education .....	5
Alexander Thompson Arnold, PLLC .....	5
Allstate .....	11
Antiques on the Square .....	6
Audiology and Hearing Aid Clinic .....	27
Bass Realty* .....	37
Becky Hedges Studio .....	5
Bone and Joint Specialists* .....	inside back cover
Borchert, Willie .....	23
Cabinet Corner, The .....	19
Cindy's Catering Company .....	34
Commercial Bank & Trust .....	8
Eastwood Pharmacy .....	26
Escape, A Day Spa .....	18
Evans, Pamela, MD .....	41
Eyefull of Paris .....	32
First Baptist Church .....	6
First Christian Church .....	45
First United Methodist Church .....	35
Foundation Bank* .....	1
Frame Makers, Inc. ....	42
Friends of the Wildlife Refuge .....	5
Harrison Eye Clinic & The Lens Connection .....	41
Henry County Medical Center*.....	back cover
Henry County Monument Works .....	45
Henry County News Digest .....	42
Henry County Orthopaedic Surgery*.....	inside front cover
Henry County Therapy Center*.....	inside front cover
Henrycountian.com .....	42
Illusions Salon .....	9
Jack Jones Flowers & Gifts .....	6
Kimberlin, Danny, MD .....	42
Krider Idol .....	35
Kristi's Korner .....	6
Lakeway Building Products .....	19
Lakeway IGA .....	27
Landmark Realty .....	11
Leach's Music.....	6
Maggie's.....	16
Mahan Ford* .....	13
McEvoy Funeral Home .....	5
Medical Center Pharmacy .....	44

Mike's Mufflers .....	26
Mimi's, A Paris Original.....	9
Moody Realty* .....	13
Moon's Jewelry & Repair .....	6
My Favorite Things .....	24
Oral & Maxillo Facial Surgery .....	15
PARIS! Advertising .....	42
Paris Civic Center.....	14
Paris Family Chiropractic .....	41
Paris-Henry County Chamber of Commerce .....	35
Paris Henry County Heritage Center .....	27
Paris Insurance Agency .....	18
Paris Karate .....	6
PARIS! Magazine Distribution Locations .....	18
PARIS! Magazine Subscriptions .....	16
Paris Pediatrics .....	42
Paris Post-Intelligencer .....	24
Paris Realty .....	34
Paris Veterinary Clinic .....	42
Paris Winery.....	5
Parisian Theatre .....	45
Peppers Automotive Group* .....	32
Perkins Drugs .....	16
RE/MAX-Cornerstone Real Estate* .....	24
Ridgeway Funeral Home .....	42
Security Bank .....	16
Snow's Plumbing & Electric .....	21
Spooktacular.....	24
State Farm .....	16
Toggery, The.....	11
Trolinger's .....	26
Twin Lakes Dental .....	16
UPS Store .....	2
Vicky Muzzall Tax Service .....	9
WKMS .....	47
WTPR .....	2
Wildwood Garden Center .....	45
Wimberley Agency .....	45

\*Pick up your free copy of PARIS! Magazine at this advertiser's location. PARIS! Magazine is also on sale at Jack Jones Flowers & Gifts, Java and Books, the Henry County Heritage Center gift shop, and Paris Winery.





## Helping Hands

**S**ometimes we all need a little help, especially when we are tending to a loved one who requires round the clock care. At Henry County Healthcare Center, our staff can provide you that helping hand through our Respite Care program. Respite care provides time off for caregivers, offering housing and care for a day, a weekend or for that much needed vacation. Everyone needs a break, and you can trust that the staff at HCHC will nurture and care for your loved one like family.

**H**elping Hands providing Quality Care.

**Quality**<sup>™</sup>  
in COMMUNITY  
HEALTHCARE

**HIC**  
**MIC**  
**HENRY COUNTY**  
**HEALTHCARE CENTER**

731.642.5700 . [www.hcmc-tn.org](http://www.hcmc-tn.org)

*We Have Appointment Times Available  
in Paris, Union City and Milan.*

**G. Blake Chandler, M.D., AAOS**  
*Board Certified Orthopaedic Surgeon*



**We provide a comprehensive range of medical and surgical orthopedic services including:**

- Minimal Incision Joint Replacement
- Knee, Shoulder, and Hip Surgery
- Hand Surgery/Carpal Tunnel
- Arthroscopic Surgery (*including Rotator Cuff Repair*)
- Work Related Injuries

Throughout the treatment process, we focus on your individual needs before and after your procedure allowing for a successful return to your pre-injury lifestyle. Call our office today at 731-644-0474 or 866-470-BONE, we have appointment times available in Paris, Union City, and Milan.



**bone & joint**  
SPECIALISTS  
P L L C

**1004 Cornerstone Drive • Paris, TN • [boneandjointparis.com](http://boneandjointparis.com)**