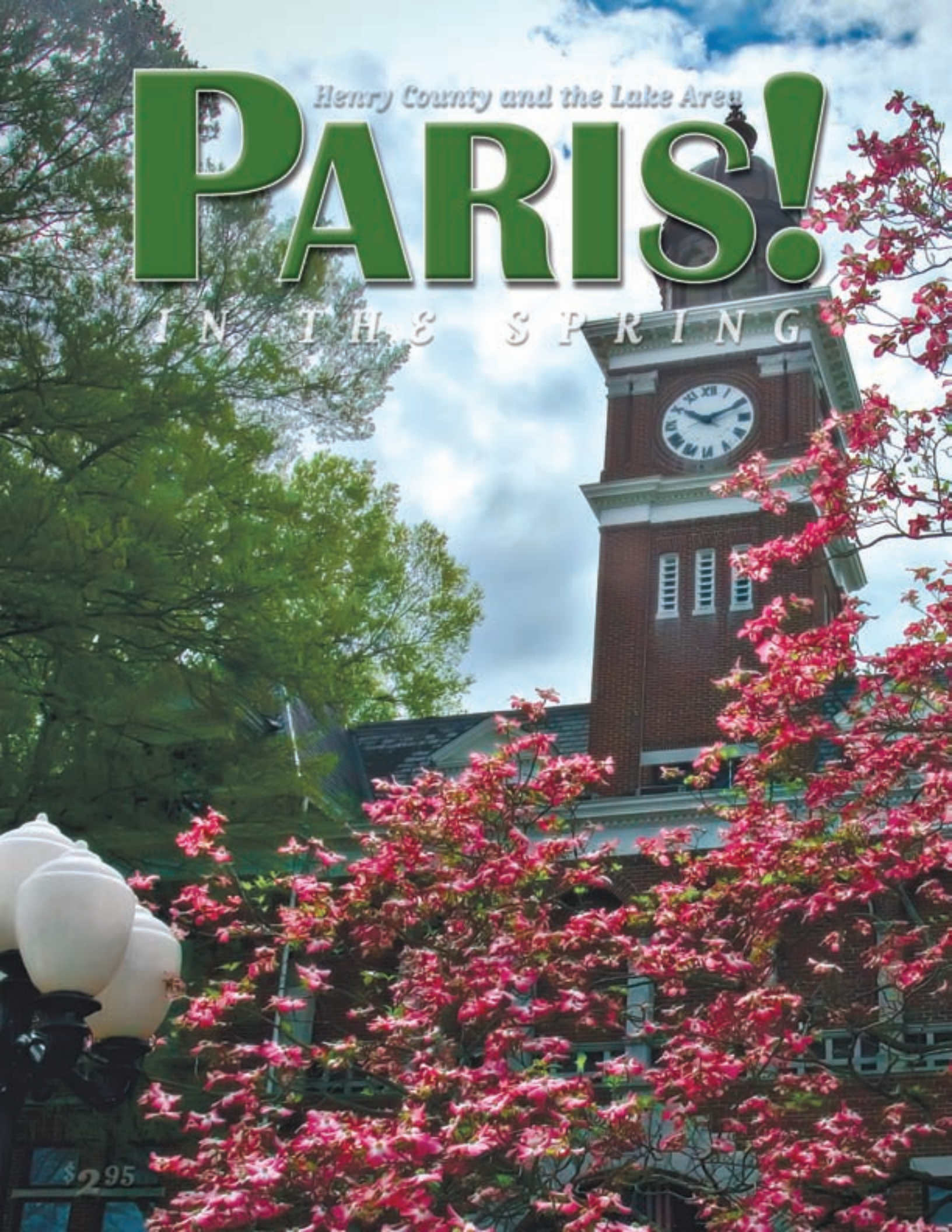


Henry County and the Lake Area

PARIS!

IN THE SPRING



\$2.95

HENRY COUNTY ORTHOPAEDIC SURGERY & SPORTS MEDICINE INC

1015 Kelley Drive, Suite 200 · Paris, Tennessee 38242 · 731-644-2271

HENRY COUNTY THERAPY CENTER

1015 Kelley Drive, Suite 101 · Paris, Tennessee 38242 · 731-642-0002



HENRY COUNTY
CENTER FOR MUSCULOSKELETAL HEALTH

**OPEN MONDAY thru FRIDAY
FROM 9 A.M. to 5 P.M.**

Gene F. Gulish, M.D., A.A.O.S.
Board Certified Orthopaedic Surgeon

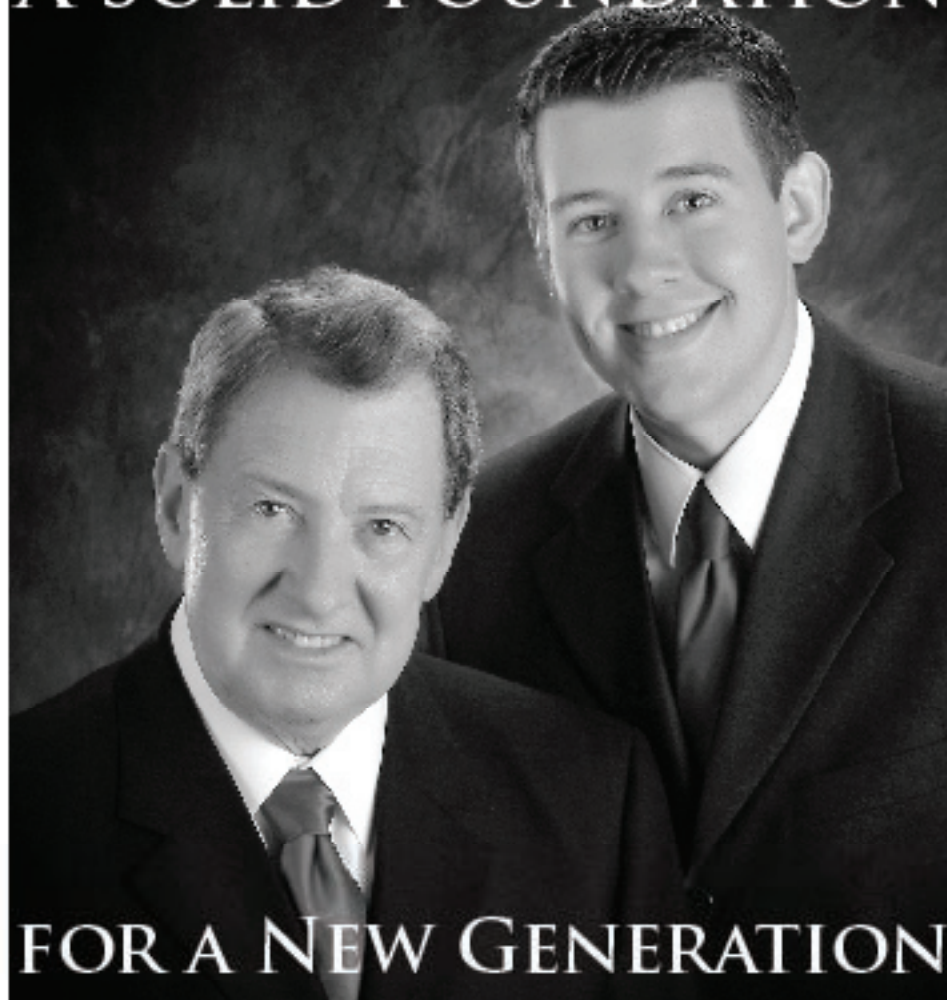
Heather A. Gladwell, M.D., A.A.O.S.
Board Certified Orthopaedic Surgeon

- Industrial Injuries
- Sports Injuries
- Arthroscopic Surgery
- Disability Evaluations
- Total Joint Replacement
- Carpal Tunnel Syndrome
- Small Incision Total Joint Replacement
- Physical & Occupational Therapy Services

www.henrycountyorthopaedicsurgery.com



A SOLID FOUNDATION



FOR A NEW GENERATION

CHARLES P. WILSON
Chairman & CEO
Paris

CHAD P. WILSON
Regional President
Jackson

Printing.
Packaging.
Perfecting.
And the list
goes on.



Document Services

We can print, collate and bind presentation materials, including complex and high-volume jobs.

Mailbox Services

We'll give your business a real street address, then sign for and receive your incoming packages.

Packaging and Shipping

Options include Next Day, Ground, International and Freight delivery.

230b Tyson Ave.
Paris, TN 38242
731.642.6269 Tel
731.642.6254 Fax
store3525@theupsstore.com

Mon-Fri 7:30a.m.-6:00p.m.
Sat 8:00a.m.-2:00p.m.

The UPS Store



Don't Miss

ACE

& TJ

on

**99.3 KF99 and
105.5 KQ105**

**Monday - Friday
5 - 9 a.m.**

**Listen online at
www.kf99kq105.com**



Table of Contents

Departments

- 7 Around Our Town
A Downtown Family Affair
- 34 Arts and Entertainment
Student Musicians Take to
the Road
- 30 Calendar of Events
The “Can’t Miss” Events of Spring in
Paris and Henry County
- 11 Eateries, Etc.
Delicious Area Dining
- 24 Faces and Places
A Snapshot of Life in Henry County
- 12 Healthy Ideas
What You May Need this Spring is a
Shot in the Arm!
- 37 In the Garden
Gardens that Help Charities Grow!
- 50 Paris Cuisine
Go for the Bold!



Sowing the Seeds 27
Agriculture Meets Tourism at
Mammy and Pappy's

Spotlight Interview 46
A Therapeutic Partnership

Thoughts of Home 44
Sanctuary in Small Things

Wish You Were Here 48
Winging it in the Wild, Wild West

Features

April in Paris
p. 16

From Clydesdales to Crossbows,
It's Camp Time!
p. 19

Home is Where the History Is
p. 32

Mules Return to Fish Fry Spotlight
p. 40

Editor's Notes

Spring, Glorious Spring!

Working on this issue of **PARIS!** always puts a spring in my step, and why not? It's full of exciting warm-weather related events, charming places, delicious recipes and remarkable Henry Countians.

In this issue, Chamber Executive Director Jennifer Wheatley has written an inspiring piece about the Downtown Paris Association, which is kicking off its honorary membership drive in March. Fans of our beautiful and historic downtown will want to support this worthy organization.

Sunny days encourage us to get out and about, and this issue offers two opportunities that are a delightful combination of entertainment and education. Mark your calendars now for the Athena Delphian's Spring Garden Walk and the Heritage Center's Historic Home Tour.

Thoughts of Home Editor Julie Perry tells us why a recent advertisement troubled her and why she wants everyone to take part in her "Five-Minute Challenge." Meanwhile, Katy and Danny Williams have had a challenge of their own. This couple shows how they've used the concept

of agri-tourism to turn Katy's farmhouse homeplace into an enchanting bed-and-breakfast.

In the Healthy Ideas Department, nurse Pat Terrell is thinking about shots and wonders why more of us aren't taking advantage of new vaccines for old ailments. Keeping on the topic of good health, the **PARIS!**



On the Cover



Photographer Al Gengler captured the Henry County Court House dressed for spring. Contact him at agengler@wk.net.

Spotlight shines on two partners who help a niche market retain their good physical and mental well-being.

And finally, it's not spring without a story on the World's Biggest Fish Fry. Paris-Henry County Jaycee Andrea Lamb explains how mules are upstaging the fish at a popular new grandstand event.

So put on your walking shoes, throw on your fish beads, grab your copy of **PARIS!** and get ready for another glorious spring in Paris, Henry County and the Lake Area.

Susan Jones

Henry County and the Lake Area **PARIS!**

Editor and Publisher
Susan Jones

Associate Editor
Kimberly Martin

Contributing Editors
*Arthur Lodge, Shannon McFarlin,
Julie Perry, Cindy Snyder,
Pat Terrell, Jennifer Wheatley*

Editorial Advisory Board
*Tim Check, Beverly Gardner,
Elizabeth Grimstead,
Noragene Harding, Gaines Hedges,
Mary Kate Ridgeway, Joe Snow*

Ad Manager
Lisa Rhodes

Cover Courtesy of
Al Gengler

Printing
West Tennessee Printing, Paris, TN

PARIS! is published five times annually by Nellen/Jones Public Relations for Paris, Tennessee and the surrounding communities. All contents copyright 2008 by **PARIS!** Reproduction or use of the contents without written permission is prohibited. Comments written in this magazine are those of the authors and do not necessarily reflect the opinion of the ownership or management of **PARIS!**

All subscriptions, advertising inquiries, remittances or reader inquiries should be made to the editor:

PARIS!
Nellen/Jones Public Relations
703 Walnut Street
Paris, TN 38242

(E) njpr@bellsouth.net
(V) 731-644-9926
(F) 731-644-3001

This magazine accepts no responsibility for unsolicited manuscripts, photography or artwork. All submissions may be edited for length, clarity and style.

MC EVOY FUNERAL HOME, INC.

Serving Paris and Henry County Since 1901

Mary Sue Looney, President

Gary S. Collier, Manager · William T. Looney, Vice President

Suzanne Looney Richter, Secretary

Dennis Campbell · Charles McDaniel · Randy McCarty · Angela Sparks

Carolyn Shankle · R.T. Miller · Dan Bundy · Jerry Fuqua · David Smith

www.mcevoyfuneralhome.com

507 W. Washington Street · P.O. Box 158 · Paris, TN 38242

Phone: 731-642-1441 Obit. Line: 731-344-2896 Fax: 731-644-3515



Becky Hedges Old Schools of Henry County prints.

Springville, Buchanan,
Old Henry, Puryear,
Lee, Cottage Grove,
Atkins Porter, and E.W. Grove.

To Order, Call:
642-5775



Free GED

With appropriate
Official Pre-test scores

Call Now For:

- ☐ Success
- ☐ Job Advancement
- ☐ Educational Opportunities
- ☐ Empowerment
- ☐ Personal Fulfillment
- ☐ Educational/Occupational Skills
- ☐ Educational Counseling
- ☐ Job Readiness Skills

Adult & Community Education

55 Jones Bend Road - Paris, TN
(731) 642-8055

This project is funded under an agreement with the
Department of Labor and Workforce Development.



Healthy Thyme

We add healthy time to your life.

- Nutritional Supplements
- Vitamins
- Ion Cleanses
- Reflexology
- Nutritional Counselor

20% off

*all healthy items
purchased with this
Wednesday of each month!*

803 E. Wood St. · Paris, TN
642-9528

M-F 10 a.m. to 5 p.m.
Sat. 10 a.m. to 4 p.m.

Cindy's to go

A division of Cindy's Catering Company

642-6110



**Casseroles & Desserts
available to go!**

2541 East Wood Street, Paris
www.cindyscateringcompany.com
cindyscatering@bellsouth.net



ALEXANDER
THOMPSON
ARNOLD
FLLC

Certified Public Accountants

Integrity is our business.

165 Peppers Drive, Paris

731.642.0771

www.atacpa.net



Jerry D. Smith, CPA
Member/Partner



*You're
Always
Welcome in
Downtown
Paris!*



RISTI'S CORNER

Kitchen Specialties Bridal Registry Distinctive Gifts

100 E. Washington Street • Paris, TN 38242 • 731-642-1564



Jack Jones
FLOWERS & GIFTS

JACK'S JAVA

Jack's Corner Books

118 N. Market St. • Paris, TN 38242
Ph. 642.5252
*Andrew and Lauren Davis, Owners
Vicky Hunt, Manager*



Antiques On The Square
Antiques • Collectibles

FAYE COOPER 731-644-2090

North Court Square
Paris, Tennessee

Tues.-Sat. 10-5
Sunday 1-5




Moan's Jewelry & Repair

- Diamonds
- Gold
- Silver
- Watches

*In-Store Jewelry Repair • Watch Repair Available
Watch Batteries Replaced While You Wait*

West Court Square, Downtown Paris

AUTHORIZED DEALER FOR
PERY • ADVANCEZ • YAMAHA

LEACH'S MUSIC, INC.

Guitars • Amps • PA Systems • Violins
Electronic Pianos & Keyboards
Church Sound Systems • Band Instruments
HD TV's • HD Radios • Stereo and
Surround Systems • Digital Network Dealer

731-642-9271

122 E. WASHINGTON ST. • PARIS



First Baptist Church
Downtown Paris, Corner of Poplar
and Ruff Streets

Live worship service broadcast
Sundays on WTPR AM 710 at
10:00 a.m.

Television broadcast of Sunday
morning service Sunday and
Tuesday nights at 6:30 p.m. on
cable channels 3 and 19.

731-642-5074 • www.fbcparis.org



空手 Paris Karate

Teaching traditional Karate for Children-Teens-Adults
in downtown Paris since 1980

731-642-7425
pariskarate@bellsouth.net
www.pariskarate.com

Rick Conger, instructor

Beginner Classes Now Enrolling!



A Downtown *family* Affair

By Jennifer Wheatley

More “Waltons” than “Sopranos,” everyone is welcome at the Downtown Paris Association family table. The business owner who has been open for only a week is heard and respected as much as the timeless Charles Hopkins, owner of The Toggery. The weekly meetings are open for input and structured to create a sense of inclusion.

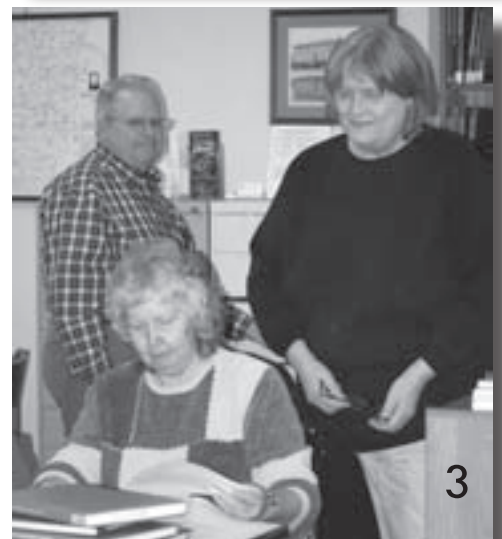
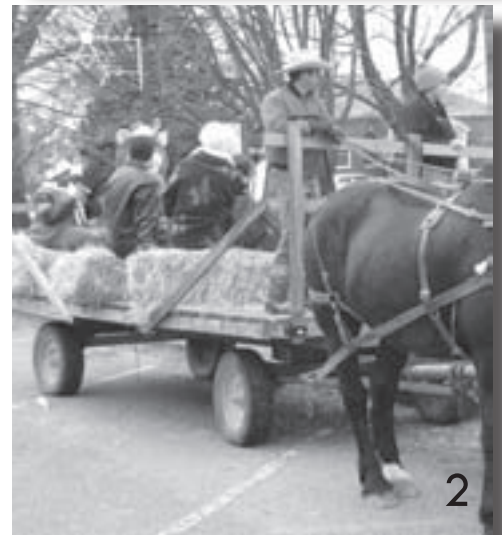
A growing family

DPA has evolved over the past few years, moving from merchant-based events to defining a footprint and embracing all the elements of preservation, recruitment and community involvement. The group morphed from the Downtown Business Association into the new Downtown Paris Association, replete with incentive packages, alliances with business and civic partners and a clear mission and definition. Operating under the new banner for two years, DPA has spent the winter dedicated to strategic planning. The goal is to

expand the immediate family by attracting new restaurants, retailers and residents downtown.

Partnerships and events

Much of the DPA's success in 2007 was based on fostering partnerships with the Arts Council, the Chamber of Commerce, Lee School, the Heritage Center, churches, the city and county, the media and a number of non-profit organizations. The group even boasts a slate of honorary members who support the DPA's goals as well as their festive events, such as the Downtown Spooktacular and



(1) From the loft of his business on Washington Street, J.C. Ramos, owner of Computer Help may have the best view of the courthouse in town. (2) John Townsend, his team of horses and the Henry County High School Future Farmers of America delighted visitors with rides during the annual North Pole Family Fun Day, sponsored by the DPA the day after Thanksgiving. (3) Stephanie Tayloe (right) assists a researcher at the Geneology Room at the W.G. Rhea Library. The geneology archives are looking for a permanent downtown home.

North Pole Family Fun Day.

While not all downtown events are sponsored by the DPA, the group is always ready to lend a hand to organizations interested in hosting activities in the footprint. Arts 'Round the Square (sponsored by the Arts Council and DPA), Noon on the Square (sponsored by Commercial Bank) and Trees on the Square (sponsored by the Chamber of Commerce) are just a handful of events that have helped spur interest in the area.

Food lovers rejoice

Food offerings are part of a vibrant downtown and especially important to over 500 downtown employees. Daniel's Choice, a vegetarian restaurant owned by Harley Hollis and Chris Morgan, is almost ready to begin serving. Morgan chose a downtown location on West Washington Street because of the professional workforce, whom he sees as being aware of health issues, but primarily working in sedentary jobs. Daniel's Choice will be completely animal-products free, but Morgan promises, "You won't miss them!" The menu will be served at lunch only and focuses



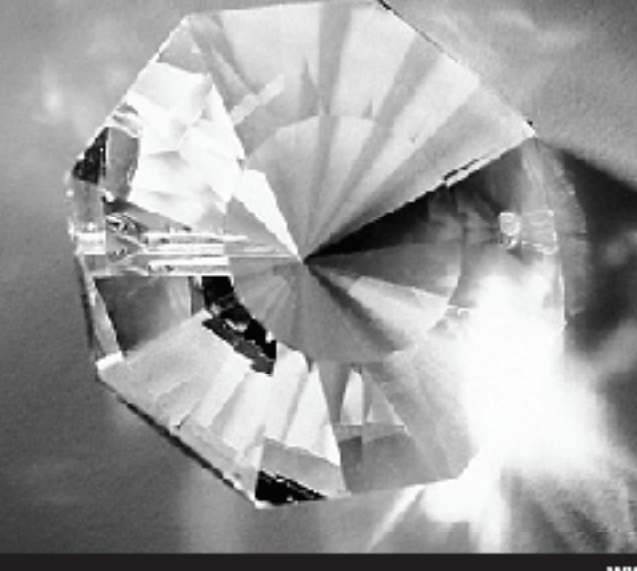
Area children and their families turn out by the hundreds for the annual Downtown Spooktacular the Saturday before Halloween.

on 12 primary dishes, along with a salad bar, soups, breads and sandwiches.

Melzoli's has opened on South Brewer Street, serving and delivering Italian food. The Take Me Back Café, owned by Richard Holland, is serving folks on North Caldwell Street, across from City Hall. Joining Paulette's, RJ's, Mel's, Knott's Landing and others, the variety of food available in downtown Paris continues to grow.

A new mix

New retail is also finding its way into the fold. Allure, a hair and nail boutique, has opened on West Washington Street below Paris Karate. Faye Potter and daughter Amy have purchased Najie's. (Najie's is having a contest for a new name. Entry forms are at the store. Contest ends March 31.) Niki Kenworthy has opened Endless Possibilities, a consignment furniture and décor store on North Market



When only the best
will do...
bank with us.

Commercial Bank
AND TRUST COMPANY
Established 1877 • Member FDIC

Paris • Union City • Henry • Memphis • Jackson

www.cbtcnet.com

Street. There is still a need for women's clothing stores and other retail, but our downtown is finding a new mix.

History abounds in downtown Paris, but local agencies want to make sharing the past even more accessible. Talks have begun to find a permanent downtown home for the Henry County Genealogy

Daniel's Choice will be completely animal-products free, but Morgan promises, "You won't miss them!"



**If you're 50 or older,
you're in the money!**

When you insure your home with us, through Auto-Owners Insurance Company, we'll save you money! Statistics show that your age group experiences fewer, less-costly losses, allowing us to pass the savings on to you. Contact our agency today for a customized proposal on your homeowners insurance protection.




Auto-Owners Insurance
1000 East
Tomball

**PARIS
INSURANCE AGENCY**

203 W. Wood St. Office (731) 642-0673
Paris, TN 38242 Fax (731)-624-0101

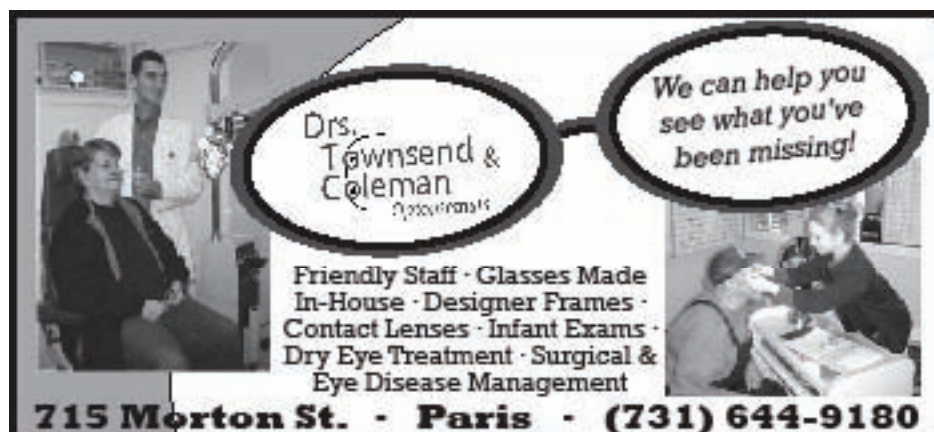
Tennessee Technology Center
at McKenzie



Steve Teem of Paris is the first graduate of the McKenzie Technology Center to earn the title of
ASE MASTER AUTOMOTIVE TECHNICIAN.

Students in the Automotive Program can now take all 8 certification tests before graduation. 83% of the McKenzie students are receiving a special lottery grant called the Wilder Naifeh Scholarship.

For more details, call (731) 352-5364



Dr. Townsend & Coleman
Optometrists

Friendly Staff • Glasses Made In-House • Designer Frames • Contact Lenses • Infant Exams • Dry Eye Treatment • Surgical & Eye Disease Management

715 Morton St. - Paris - (731) 644-9180

**Can't
Seem
to put us
Down?**



Neither can the 8,000 subscribers who read our newspaper daily

- Compelling News Stories
- Local Current Events Coverage
- Exciting Classifieds
- Much, Much More!

**Get a heads-up
subscribe to
The Paris Post-Intelligencer**

**The Paris
Post-Intelligencer**
205 East Wood St. • 731-643-2162
www.parispi.net

OUR STAND
WHEN YOU INSURE MORE, YOU SHOULD
PAY LESS.




Tim Beeler
BEELER INSURANCE
GROUP, LLC.
PARIS
731.644.2212
tbeeler@allstate.com

Call me today to see how you can save when
you combine your home & auto policies.

(731) 644-2212



Allstate
INSURANCE

Insurance coverage is provided through member companies of Allstate Insurance Company. Coverage is not available in all states. Please contact your agent for more information. ©2008 Allstate Insurance Company. All rights reserved.

and Archives offices, with the mission of making the search for family history easier for both locals and tourists. The Genealogy Room is now in the W.G. Rhea Library and the county archives are at the old Central School building, located on Jones Bend Road Extended. More than essential county records, these facilities were built with hundreds of hours of volunteer work, love and dedication by Linda Dunlap and Stephanie Tayloe.

Two other elements which factor into downtown success are residents and cultural activities. Randy Scholes is a Henry County son who has returned home with wife Garry and refurbished a home on North Poplar Street. Scholes brings his business background to DPA meetings, “painting with a big brush” and encouraging the group to dream about possibilities. He sees


the cultural, arts-based atmosphere of Paducah and other cities as real possibilities for downtown Paris. Other residents have converted upstairs portions of historic buildings, such as J.C. Ramos at Computer Help and Faye Cooper at Antiques on the Square.

The atmosphere of turn-of-the-century buildings, an interesting mix of occupants, the shade of the historic courthouse and the continuing work of the DPA promise to cultivate memories for our visitors and many future generations of Henry County families.




Jennifer Wheatley is the director of the Paris-Henry County Chamber of Commerce. Contact her at 731-642-3431 or jwheat@charterbn.com.

**Let us unlock
the door to your
dream home...**



**LANDMARK
REALTY**



**1507 East Wood St.
Paris, TN
(731) 642-0515
www.landmarkrealtyparis.com**



*Gretchen Priest
May of Plaid
Grass plays at
Lee Academy for
the Arts, a unique
venue in the
Downtown Paris
footprint.*

There's no shortage of delicious food in our area. Please peruse our restaurant guide and drop in for a meal.

Eateries, Etc.

Ace's*

1516 East Wood Street
644-0558

B&D's*

125 Cypress Road, Buchanan
232-8300

Beck's Oyster Bar*

5960 Hwy. 79 North
644-9720

Carmack's Fish Barn

2165 Hwy. 140 N, Cottage Grove
782-3518

Daniel's Choice

North Court Square
Opening Soon!

Eaker's Cafe*

1880 Hwy. 69 South
642-9236

El Vallarta*

1055 Mineral Wells Avenue
642-3626

El Vaquero*

600 Spruce Street
641-0404

4-Way Grill

6121 E. Antioch Road, Springville
641-0100

Fresh Market*

East Wood Street, next to Trollingers
644-1900

Golden Dragon

602 North Market Street
644-3288

Great Wall Buffet

1055 Mineral Wells Avenue
642-7778

Henry Station Cafe

9 Main Street, Henry
243-3630

Hong Kong

1021 Mineral Wells Avenue
644-1810

Huddle House

1502 East Wood Street
644-1515

The Kitchen Table

2613 East Wood Street
624-0274

Knott's Landing

209 North Poplar Street
642-4718

Largo's Bar and Grill*

4645 Hwy. 119, Buchanan
232-8323

Lepanto Steak House

1305 East Wood Street
641-1791

Mac's

12796 Hwy. 641 North, Puryear
247-5276

Melzoli's

105 S. Brewer Street
642-2455

Matt's Pub*

11180 Hwy. 79 North
642-6085

Mel's Wings & More

203 North Brewer Street
644-3432

Mr. Garfields

6425 E. Antioch Road, Buchanan
644-7519

The Mill

Downtown Cottage Grove
782-3737

Oak Tree Grill

785 Buchanan Resort Road, Springville
642-2828 (seasonal)

The Olive Pit*

905 Mineral Wells Avenue
642-5030

Paris Landing State Park Inn

400 Lodge Road
642-4311

Pizza Hut*

915 Mineral Wells Avenue
642-1308

Paulette's

200 South Market Street
644-3777

Riverfront Plantation

165 Plantation Lane, Dover
931-232-9492

Seaton's Mesquite Grill*

130 Tate Drive, Paris Landing
642-1819

Spanky's

9505 Hwy. 641 North, Puryear
247-5527

Take Me Back Cafe

101 N. Caldwell Street
642-1952

Tom's Pizza/Steakhouse

2501 East Wood Street
642-8842

Trolingers BBQ

2305 East Wood Street
642-2788

Vine's Vittles

9 Dogwood Street, Henry
243-2800



* Beer and/or other alcohol available.

What you may need this spring is...

A Shot in the Arm

By Pat Terrell

There has been a lot of attention in the media lately about new vaccines that help protect adults of various ages from a host of diseases, many of which may not have entered your mind since grade school.

Adult vaccinations are recommended for 14 illnesses, including chickenpox, measles, mumps, meningitis, hepatitis and HPV, according to the US Government's Centers for Disease Control and Prevention.

But few adults are taking advantage of acquired immunity that is now available from a group of new vaccinations which protect against cervical cancer, whooping cough and shingles.

While you may debate annually the need for a flu shot, or perhaps a pneumonia shot (if you are in your golden years), missing a vaccination may leave you open to major illness, needless suffering and perhaps even death.

Shingles vaccinations

One example is a recent development in the prevention of shingles, a painful localized skin rash that is caused by the varicella zoster virus. While this is the same virus that may have given you chickenpox

as a child, you haven't harbored an immunity to this sneaky devil. Varicella zoster remains in the nerve cells of the body long after the chickenpox goes away and can reappear as many as 50 years later. It's estimated that of the 1 million cases of shingles each year, about



200,000 sufferers have nerve pain that can persist anywhere from months to years. Common victims of shingles are individuals over 50, or those that have medical conditions or take medications that com-

promise the immune system.

To the rescue comes a new vaccine called Zostavax®. In a three-year study of about 38,000 individuals in the US over age 60 who received the vaccine, the occurrence of shingles was reduced by 50 percent and the lingering pain after a bout with shingles was reduced by 67 percent. Yet it is estimated that only about 2 percent of Americans age 60 and over decided to be vaccinated with Zostavax® in its first year of sales.

Whooping cough vaccine

Similarly, a new report from the CDC indicated that only about 2 percent of adults between the ages of 18 to 64 get a booster shot against whooping cough in the two years since the booster was introduced to a widespread market. Whooping cough is characterized by repeated periods of an inhalation whooping sound followed by violent coughing fits strong enough to break ribs. It's a very communicable disease due to the expulsive nature of the cough. While older patients usually recover unless secondary infections set in, the disease can be spread to non-vaccinated infants who are at higher risk of death because of their develop-

ing immune systems. A booster is needed in adults because those shots we got as babies or toddlers start wearing off by our teen years. The booster has now been added to the recommended vaccination against diphtheria and tetanus.

Cervical cancer vaccine

Another startling statistic from the CDC: Only about 10 percent of women ages 18 to 26 have opted to get the initial dose of a three-shot series that protects against the human papillomavirus, or HPV, that causes cervical cancer. The price may be one drawback. Whereas the Zostavax® vaccination against the shingles virus costs only about \$150, the recommended three-shot series against HPV runs in the neighborhood of \$300. And unlike child vaccines, there's currently no national program to grant access to those adults who can't afford them.

Good-by old standbys

While the public may be turning a deaf ear to information and encouragements about new vaccines, some of the more inexpensive old standbys are also being shunned. According to the CDC, only about 69 percent of senior citizens get an annual flu shot, only 66 percent have had the one-time pneumonia vaccine, and a mere 44 percent have bothered to update their tetanus shot in the past 10 years.

So, don't shun your shots. It's just one more way to keep oneself on the path to continued good health.



Pat Terrell is a registered nurse who lives and works in Henry County.

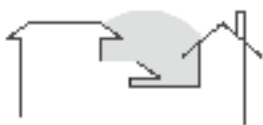


The Refuge Discovery Series:
all the fun of learning without the worry of taking tests. Find more info in the "Calendar of Events" on page 30, then come out to the refuge or the office and join us for a good time.

Friends of Tennessee National Wildlife Refuge

To join or receive further information:
www.tnwrfriends.org

Or stop by the Refuge Office at:
3006 Dinkins Lane, Paris
Or call: 731-642-2091



Bass Realty Company

104 Tyson Avenue • Paris, TN 38242

731-642-9612 • 800-642-9612

website: www.bassrealty.com

e-mail: info@bassrealty.com



Harold M. Bass, Jr.
Broker/Owner



This spacious home has 3 BR and 1 3/4 baths. The living room has open access to the kitchen/dining, utility room and garage. Level lot with mature shade trees. Priced at \$138,500. (#2569, MLS# 61392)



LAKE HOUSE - BEAUTIFUL HOME IN VERY NICE AREA OF KY LAKE - Close to state park, golf course and marina. 3 BR, 2.5 baths with huge vaulted great room open to formal dining, kitchen and breakfast area. Don't miss this one. Priced at \$169,500. (#2976, MLS# 61475)



Spacious brick family home, situated on a large corner lot. 4 BR, 2.5 baths with master suite. (#2973, MLS# 61451)



During a Breakdown be a decisive diva

It's inevitable. Even if a diva follows a smart automotive maintenance schedule, odds are she's eventually going to have car trouble. If the diva gods are feeling truly sporty the breakdown will be on Mineral Wells Avenue, Friday at 5:00 p.m.

Like any other emergency, divas need to know what to do before the problem arises. Here's a hint: having a cell phone is not the overall solution to this problem. Following are a few steps to take before and after phoning for help.

Step one

At the first sign of car trouble, gently take your foot off the accelerator. Do not brake hard or suddenly. Carefully work the vehicle toward the breakdown lane or the side of the road. If you are on an interstate, try to reach an exit. Signal your intentions to drivers behind you. If it is necessary to

change lanes, watch your mirrors and the traffic around you closely.

Step two

Divas like to be noticed, and there's no better time than an automotive emergency to strut your stuff. Once off the road, make your car as visible as possible. Put reflecting triangles behind your vehicle (all driving divas should have these in their emergency kits) to alert other drivers; use your emergency flashers. If it is dark, turn on the interior dome light.

Step three

Car repairs are no different from fingernails and hair: all three are best left to professionals. If the breakdown is local, use your cell phone to call your service facility for advice. They will probably call



After opening her hood, Driving Diva Lauren Presson ties a white cloth onto her antenna to let the police know that she needs help.

a tow truck to transport you and your vehicle to their shop.

Out of town breakdowns are trickier. Smart divas belong to AAA and can call them for help anywhere in the country. Otherwise, when out of town, call 911. To speed up the process, know what highway you're traveling and

The Cabinet Corner

**From rustic to refined.
the difference is in the design.**

Showroom Location:
2330 Lakeway Circle

Paris, Tennessee

642-5473

www.thecabinetcorner.com

Family-owned and operated since 1978.



what communities you are near.

"Awareness of your surroundings serves you well anytime," said Paris Chief of Police Tommy Cooper. "The ability to tell someone where you are with certainty is a huge help. Use mile markers, an obvious landmark, or the new and greatly improved GPS units."

If you do not have a cell phone (or you forgot to charge it before your jaunt), do not try to flag down other vehicles. Raise the hood and tie something white to the radio antenna or hang it out a window so police officers or tow truck operators will know help is needed.

Step four

If your car is safely out of traffic, wait inside the vehicle with the doors locked. If someone stops and offers to help, open the window slightly and ask them to call the police. Don't stand behind or next to your vehicle. If the car is in the roadway, stand away from the vehicle and wait for help to arrive.

Step five

Watch for a uniformed police officer or other emergency personnel. All interstate highways and major roads are patrolled regularly. Also, some highways have special "call-for-help" phones. "THP can be dialed on any interstate in Tennessee and you will be able to talk to a THP dispatcher," said Henry County Sheriff Monte Belew. "If it is an emergency 911 should be dialed, and that will direct your emergency to the closest 911 dispatch center."

It is a bad idea for divas or anyone else to walk on an interstate, especially during inclement weather. However, if you can reach a source of help on foot without jeopardizing your physical or personal safety, try the direct approach by walking. Keep as far from traffic as possible and walk on the right side of the roadway. Never attempt to cross a multi-lane, high-speed roadway.



Children's Theatre at the KRIDER PERFORMING ARTS CENTER



"Alice in Wonderland" (ages 12-18)
Registration May 10, 10-1:30, \$35 fee
Performance July 11-12

"Peter Pan" (ages 9-12)
Registration May 17, 10-1:30, \$35 fee
Performance June 27-28

"Down on the Farm" (ages 5-8)
Registration May 22, 10-2, \$25 fee
Performance June 14

Scholarships are available.

For more information visit our website
www.kridercenter.com,
or contact the Krider office at (731) 644-2517.

April in Paris

“A rose by any other name...”

Finally, Jackson and Perkins, a name synonymous with exquisite flowers and plants has recognized the remarkable town of Paris, Tenn. with the ultimate compliment – a namesake. “April in Paris” is one of their stunning new roses for 2008.

Perhaps the company had the “other Paris” in mind when they named the pale pink beauty, but don’t tell Mark Duncan of Wildwood Garden Center. “This is going to be a wonderful rose for our area,” said Duncan. “It’s a hybrid tea rose that will grow well in our region. It has all the virtues people look for in a flower: beauty, fragrance and easy care. Plus, it’s named after our town...sort of.”

The description of “April in Paris” from the J&P website reads like a romance novel:

When Pristine met New Zealand, the result was this remarkably romantic rose. Classic seashell buds slowly spiral open into pearly white blooms edged in a soft pink... There’s also the intense tearose scent, to be savored in bouquets and in the garden. On an attractive statuesque plant, dozens of elegant blooms are offset by dark green glossy foliage, creating an atmosphere of beauty and romance...

“April in Paris” is bound to catch the attention of local rose enthusiasts as names are often important to rose growers. Jena Barnes is one of them. “Some gardeners are more interested in color or fragrance,” she said, “but lots of growers enjoy the significance of the names.” Sometimes the name is just about the color, like one of her favorites, “Hot Cocoa”, a chocolate-colored, almost deep-purple rose with a sweet, spicy smell. “But some roses have a history,” she explained, “like the Peace Rose. It was formally introduced at the close of the World War II on April 29, 1945, the date of the fall of Berlin.” A beautiful yellowish-pink rose, the Peace rose is the most planted hybrid tea rose in the world.

Will “April in Paris” become the most planted hybrid tea rose in Henry County? “Based on the name, it’s possible,” said Duncan.

There will certainly be one in the Barnes’ rose garden.



Jess and Candy Hedges observe their son Colson as Suzanne Jackson works on his speech and hearing therapy.

"With professionalism and a personal touch, Suzanne Jackson and the staff at the Henry County Center for Wellness & Rehab were able to meet all of Colson's therapy needs, surpassing what he would have received in Nashville or Atlanta."

--Jess and Candy Hedges

**HC CENTER FOR
MC WELLNESS & REHAB**
731-642-2411 • www.hcmc-tn.org

We're the biggest little dealer you'll ever meet!

Come see the widest selection of vehicles in the Midsouth on our ten acre facility.



Peppers Automotive Group

2420 East Wood @ Peppers Lane • Paris, TN

731-642-5661 • Visit our website: peppersautomotive.com

LIKE A GOOD NEIGHBOR,
STATE FARM IS THERE.*
WE LIVE WHERE YOU LIVE.™



For your insurance and financial needs,
see one of these State Farm Agents:



Jane Coxart Reid, Agent
1314 East Wood Street
PO Box 416
Paris, TN 38242
Bus: 731-642-6621



Vera Siedly, Agent
310 East Wood Street
Paris, TN 38242
Bus: 731-642-5092



*Three designers on
staff to help you find
your look for Spring!*

**Morgan
FURNITURE CO.**

803 E. Washington Street
Paris, Tennessee
731-642-2681

Interior Design Service Available • Specializing in Flooring

> TWIN LAKES < DENTAL ASSOCIATES

Quality Family Dental Care

Marty L. Cathey, D.D.S., P.C.
J. Jackson Swain Jr., D.D.S., P.C.
Derek Y. Jones, D.D.S., P.C.
Andrew S. Troutt, D.D.S.

405 Tyson Avenue, Suite A • Paris, TN 38242

(731) 642-2244

Member of the American Dental Association



Office Hours: Monday thru Friday
By Appointment

My Favorite Things

Bridal Registry
Wedding Invitations and Supplies
China
Crystal
Flatware

Bridesmaids' and Groomsman's Gifts
Individualized Bridal Service

We have a great
"No Obligation" Policy

Corner of Tyson & Manley
Mon.-Fri. 10-5, Sat. 10-2 **642-8333**

Free Gift
Wrapping

Free City-
Wide Delivery



"A Bridal Store & So Much More."

Enjoying your PARIS! Magazine?
Share PARIS! with someone you love!

PARIS! in the Summer, June 1
PARIS! in Autumn, August 15
PARIS! for the Holidays, November 1
PARIS! in the Winter, January 2
PARIS! in the Spring, March 15

To order, mail the names and addresses of those you wish to receive PARIS! with \$20 per recipient to:
PARIS! Magazine, 703 Walnut Street, Paris, TN 38242. Please include the names for your gift card signature and your contact information.

For more information, call 731-644-9920.

**PERKINS
DRUGS**

**We'll help you
feel better.**

Gifts • Designer Brand Cosmetics • Collectible Items
Free Delivery Inside City Limits

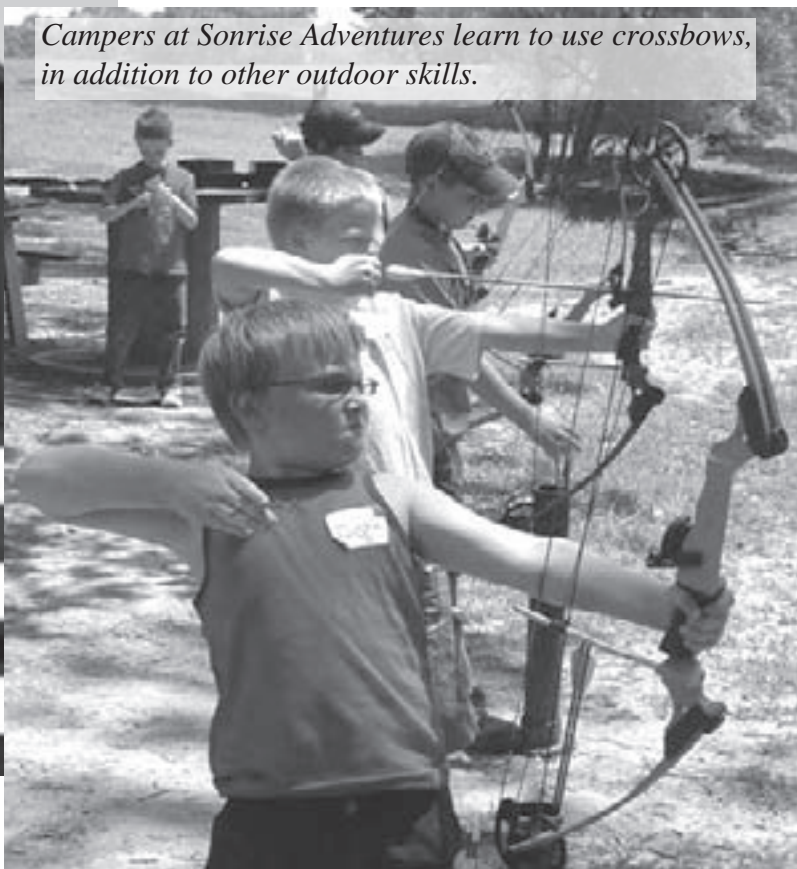
110 E. Washington • Paris, TN • Phones: 642-3531 • 642-3532
Owners: James H. Perkins • Marshall Perkins

from Clydesdales to

Crossbows



Mae Whitby learns to ride a Clydesdale at Lodestar Farms.



Campers at Sonrise Adventures learn to use crossbows, in addition to other outdoor skills.

it's CAMP time

By Casey Northcutt

A break from school doesn't have to turn children into couch potatoes, it offers a chance to learn something new and create lasting memories. Whether it's onstage monologues, hunting wild turkeys or brushing tangles out of horses' manes, summer in Henry County presents a host of opportunities.

For children, summer means freedom to enjoy the delights of swimming pools, local parks and the shores of Kentucky Lake—until they grow bored and beg their parents for something to do.

Cue the summer camp!

In Henry County youngsters can choose from a unique selection of summer programs offering more than stereotypical cabins, canoe rides and hiking trails. They can enroll in camps specifically tailored to their interests and engage in experiences ranging from theatrical training to bow hunting. Some are gender and age specific, and some are all-inclusive.

Camp Clydesdale

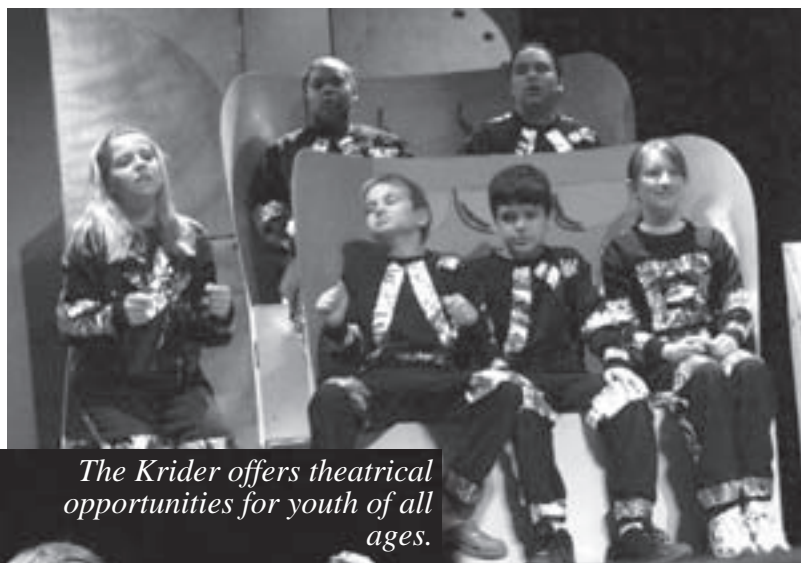
For girls who love horses, there's a real treat in store at Lodestar Farms in Buchanan. Jim and Meredith Vajda will house up to six students (girls ages 9-15) per week at their farm, integrating campers into the life of a horse breeder. Campers will sleep in a cozy house near the farm, rise at 6 a.m. and spend their days riding Clydesdales.

"In spite of their size, they're a very gentle, very smart breed of horse," Meredith Vajda said. "You can be very surprised how much fun it can be to ride and train and handle a horse that is so big."

Professional horse trainers and counselors teach the girls about riding safety, horse anatomy, bareback riding and horse showing as well as trail-clearing and horticulture.

"It's an intensive experience," Vajda said, "but it's small enough that each girl can get individual attention and can develop relationships with the other campers."

Those interested in the cowgirl life can visit the camp's website, Lodestarfarm.com, or email Jim and Meredith Vajda at lodestarfarmllc@wk.net.



The Krider offers theatrical opportunities for youth of all ages.



These hunters participated in the Sunrise Adventures boys' camp.



In addition to using a crossbow, campers at Sunrise Adventures also spent time fishing and learning about Christianity.

Outdoor adventures and more

For youngsters who enjoy the great outdoors, Sonrise Adventures holds a variety of camps at Covenant Ranch in Buchanan. Throughout the summer months, the organization attracts children from across the nation with five-day programs that expose campers to several aspects of hunting, such as bow-hunting, game-calling, archery and compass skills.

"As far as we know, it's the only camp of its kind in the country," executive director Jon Paul Moody said. "We're really committed to helping these young kids mature both personally and spiritually, as well. Hopefully, they will leave here with new-learned hunting skills ... but also they'll leave here with a closer relationship to Jesus Christ."

Boys and girls can sign up for Sportsman Camp or Sportsmen Day Camps to learn a wide variety of outdoor skills. Numerous special guest speakers visit camp. One of this year's girls' camps features an appearance by the First Lady of Hunting, Henry County's own Brenda Valentine.

Covenant Ranch limits its camps to 16 participants per week, so those interested should sign up quickly at www.sonriseadventures.com.

All the world's a stage

Over the past decade, the children's summer theatre program at the Krider Performing Arts Center has given students the opportunity to delve into almost every aspect of drama, from performing and technical operation to marketing management.

Advertising and marketing director Travis McLeese said the center's camp programs help fill up summer days for kids while teaching them about the arts in-depth. For example, program coordinator Rhonda Stanton teaches the camp's musical numbers accapella (no instrumental accompaniment), a technique that encourages young singers to rely on themselves and one another instead of the keyboard or taped music.

"It's teaching them much more than just being in the play and learning the lines and the music," McLeese says. "These students

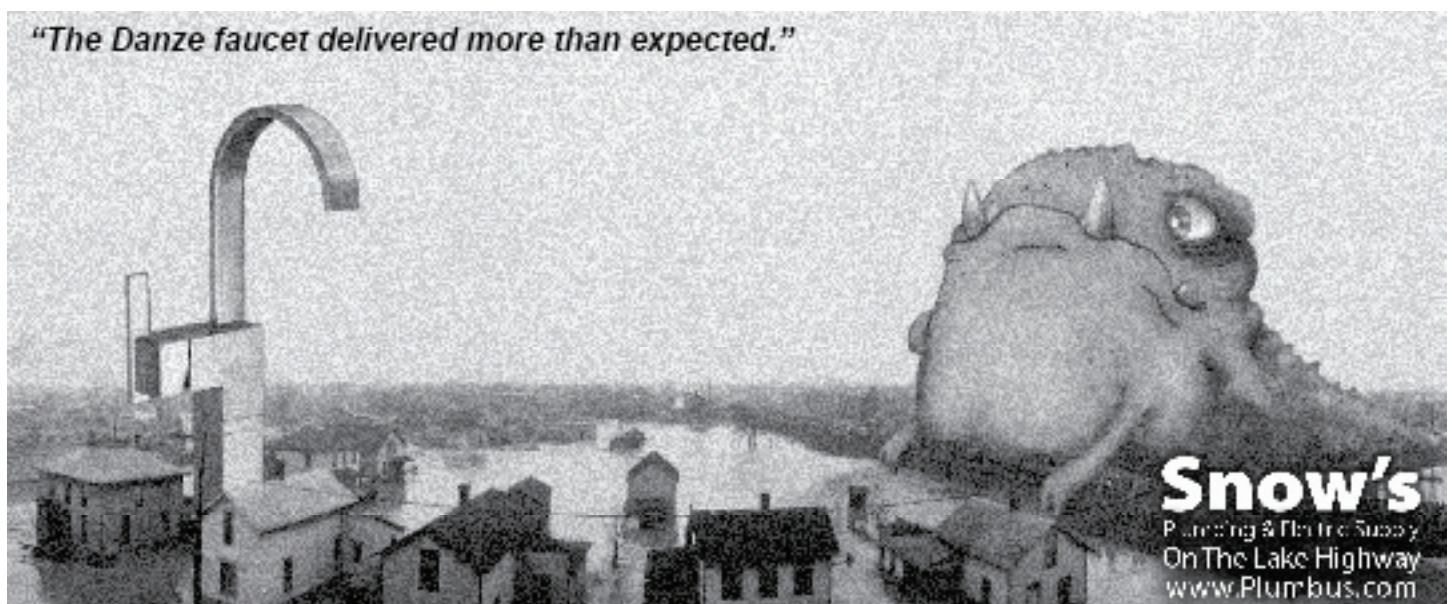
are learning techniques that most youngsters don't learn until high school, and that's something we take pride in."

The Krider staff directs three plays designed for various age groups, and rehearsals last five to eight weeks depending upon the group. Every student who auditions for the productions on May 28 will be cast, according to McLeese. Students who wish to work behind the scenes are welcome as well.

The show date for ages 5-8 is June 14 for "Down on the Farm"; "Peter Pan" will be performed by 9-12 year olds June 27-28; 13 -18 year olds will perform "Alice in Wonderland" July 11-12. Those interested should visit the center's website, www.Kridercenter.com. The camp is affordable and scholarships are available.

Arts Galore

Operating from an historic school building in Paris, the Robert E. Lee Academy for the Arts also introduces students to theatre, but gives attention to other artistic disciplines as well. The organization offers educational opportunities year-



round for both children and adults, allowing them to experience various areas of fine art.

Suzanne Richter, the school's volunteer headmistress, said the academy opened four years ago and registered 100 people on the first day. Since then it has continued to foster creative growth in the region "with organized creative arts education in a broad sense."

The instructors at the academy are paid professionals. The length of each class and the frequency with which it meets varies with the discipline. Children who attend dance classes might lace up ballet shoes from May to August while painters might set up their easels all year round.

The school does require tuition. However, it also provides scholarships for aspiring artists who need financial assistance. Prices vary with each class and can be found on the academy's website, www.schoolforthearts.org, along with a list of classes and schedules.



Children enjoy working with potter Joe Kendrick at Lee Academy for the Arts. (Photo by Ray Harding)



Acupuncture
practicing since 1987

- Pain Management
- Facial Rejuvenation
- Holistic Healthcare
- Allergies
- PMS
- Ear Candling

Dana Horvath, L.Ac.
Nutritional Support
Paris, Tennessee • (731) 644-1780
www.exploremamamatch.com
www.mannapages.com/cowgirl
Caring for people...

The Gallery

CUSTOM DRAPERIES
CUSTOM UPHOLSTERY
INTERIOR DESIGN
430 S. Lake St. - Paris, TN
642-2325

Carolyn Griffey - Registered Interior Designer

Home:
120 Post Oak Road
Camden, Tennessee 38320
(731) 684-4326

Legislative Office:
23LP
Nashville, Tennessee 37243
(615) 741-8804

WILLIE "BUTCH" BORCHERT
STATE REPRESENTATIVE
75th District
Benton Henry Stewart
rep.willie.borchert@legislature.state.tn.us
1-800-449-8366, Ext. 1-6804

YOGA CENTER FOR WELL BEING
Breathe • Stretch • Be Well

- Group Hatha Yoga Classes
- Private Individual Instruction
Yoga Therapy &
Craniocervical Therapy

Alicia KiegelisDane, RYT, CMT 731-782-3949
Academy of the Arts - 402 Lee Street, Paris, TN
www.yogacenterforwellbeing.org



Trolinger's

**Old Fashion
Butcher Shoppe**



Meats
Cut
To
Order

BAR-B-Q

2305 East Wood Street • Paris
731-642-8667
www.trolingers.com

mike's mufflers

(and a whole lot more)

204 E. Blythe • Downtown Paris

642-4992

"We Keep You Rolling."

Mike Weatherford • owner



"Mike explained why I get better gas mileage with a clean air filter. That's money in my pocket. That's why I trust Mike."

— Georgia Smyth

Eastwood Pharmacy



Vance Argo & his staff
are ready to serve you.
FREE CITY-WIDE DELIVERY
SENIOR CITIZEN DISCOUNT

1325 E. Wood St.
Paris
642-0451

www.eastwoodpharmacy.com

RE/MAX®

CORNERSTONE REAL ESTATE

1011 Locust Street - Paris, TN 38242
(Corner of Locust St. and Tyson Ave.)
Phone: (731) 642-7362
Toll Free: (800) 580-5560
Internet: www.parisremax.com



Stop by for a free visitors info package with your PARIS! magazine.



Julie Leach
Broker/Owner



Bob Leach
Owner



Laura Hays



Paula Childers



Johnny Pierce



Lesley Trudeau



Carol Powers



Jason Becham



Janice King

Faces and Places



Jan Carter and Dorothy Gale visit during the 80th anniversary tea of the Paris Garden Club held at Lee Academy for the Arts. ▼



Billy "Creek-water" Johnson croons an Elvis number during a Relay for Life Fundraiser at First United Methodist Church. (Photo submitted by FUMC) ►



(L-R) Dana Barrett, Club President Brian Rosa and Jim Barnett listen during an organizational meeting of the Henry County Bike Club. The group meets the fourth Thursday evening of each month at the Paris Civic Center on Volunteer Drive and plans scheduled group rides. ►



◀ Paris' new city manager, Jack Tarkington (L) and wife, Joan visit with Elizabeth (back to camera) and Tim Check at a reception held in Tarkington's honor prior to a concert at Lee Academy for the Arts.

Members of the Lions Club, (L-R) Joe Williams and Tim Williams serve up drinks at the group's annual Chili Day. ▼



Little Cannon Murphree clearly enjoys his afternoon at Helping Hand with Grandma Mary Jane Murphree. ▲



◀Bo and Sue Carothers are dressed to the nines at the Heritage Center's Mardi Gras Ball.



Roland Atkinson applauds during a special breakfast at Quinn Chapel AME Church honoring Martin Luther King, Jr Day.▶



(L-R) Cam McGee (Bun-Foo), Travis McLeese (Ching-Ho) and Katie McEntire (Ms. Meers) have a discussion in their best Chinese during the Henry County High School Thespian's production of the musical *Thoroughly Modern Millie*.▶



Madeline Hosford, Pam Hosford and Amanda Hendrix help unload some of the 1441 cases of cookies sold by Henry County's 17 local troops.▼



(R-L)Recorder Joe Snow, auctioneer Cindy Snyder and recorder John Taylor volunteer their time during the annual Helping Hand radio auction held during January and February in the Enoch Building at the Fairgrounds.▲



◀Poll worker Ralph Anderson helps Catha Caldwell prepare to vote at the Tennessee Technology Center during the presidential primary.



(L-R) Callie Foster and her new-found friend, Xylan Harris enjoy working on a craft together as part of Xylan's class' service learning project at Paris Healthcare. (Submitted by HC School System)▲

Celebrating Spring '08

The area's longest-standing hometown dealership
offers ever-increasing mpg and ever-decreasing emissions.

Come see and drive the 2008 Ford Fusion, Consumer Digest Best Buy



Left to right,
the 2008 Ford
Focus, Fusion
and Edge

Joe Mahan Ford • 211 Memorial Drive, Paris • 731-642-4711 • www.joemahanford.com

We're on **TOP** of Real Estate in Paris & Henry County!

SPRING '08
WILL BE A
GREAT SEASON
FOR HOME
SHOPPING!



Three times listed
among the top
100 retirement
communities in
the USA

MOODY REALTY CO INC.

"Serving Paris and Henry County Since 1956"

MLS
REALTOR



642-5093 • TOLL FREE 1-800-642-5093

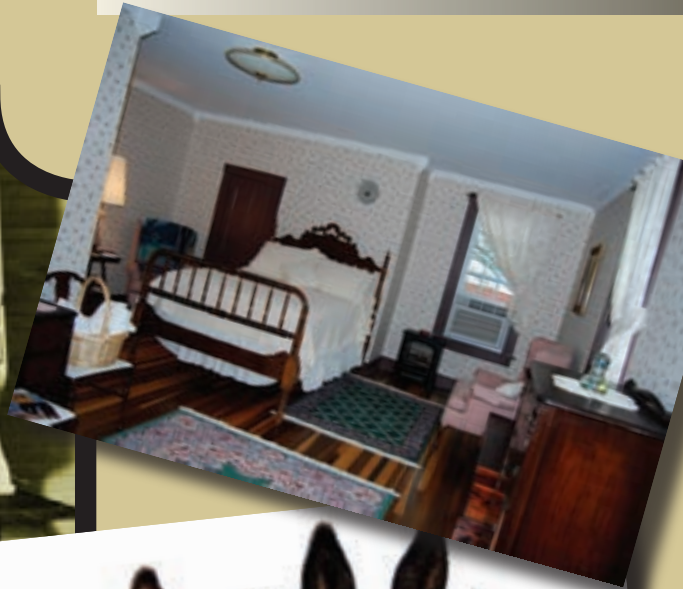
E-Mail: info@moodyrealty.com • www.moodyrealty.com

Agriculture Meets Tourism

Sowing the Seeds



The Clendenin family at home,
circa 1950.



at Mammy and Pappy's

By Shannon McFarlin

Agriculture and tourism are two words that rarely appear in the same sentence. But “agri-tourism” has proven to be an important supplement for many farm families’ incomes, pumping tens of millions of dollars into Tennessee’s economy each year. Upcoming issues of PARIS! look at three families who have embraced the concept of agri-tourism.

**Another bank
changes names...**

Enough is ENOUGH!

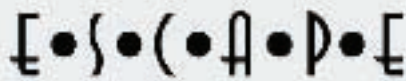
**Make the last change
you'll ever have to
make.**

**Try the difference 100
years of hometown,
hometown experience
can make.**

**Seven locations throughout
Henry County. Bank online at
www.sbtcpa.org.**



SECURITY BANK



A Day Spa

Full Service Salon

Massage Therapy

Hair Salon

Facials

Hair Removal

Spa Pedicures

Manicures

*Gift Certificates
are Available!*

731-642-3006

731-644-9953

1000 Cornerstone Drive, Paris

It feels like coming home.

Walking onto the grounds of Mammy and Pappy's Bed and Breakfast near Springville, visitors feel transported back in time. There's the two-story, 100-year-old farmhouse at the end of a tree-lined drive, good pasture land as far as the eye can see and ponds within walking distance. There's a friendly dog, a barn cat and a few mules in the pasture. This is what agri-tourism is all about – an alluring, agricultural setting that caters to paying customers.

Mammy and Pappy's B&B is the childhood home of Katie Williams. Katie grew up here with her parents Dave and Beatrice Clendenin, brother David (a musician known professionally as David Seay) and her late sister, Betty. She and her husband, Danny, have a home across the road.

When her mother passed away in 1998, Katie and Danny had to begin thinking of new possibilities for the homeplace "We didn't want to sell it or rent it out. Turning it into a bed and breakfast was a good option."

The house was built around 1900 by Katie's grandparents, Will and Kate Clendenin. It was home to generations of Clendenins, and the atmosphere is still very much alive. There's the fireplace with old brass kettles inside, just as they were when they were last used by Beatrice Clendenin, or "Mammy" as she was known to family and friends.

Through the rest of the home, there are more endearing touches—the open Bible on the hallway table, the homemade shuck-bottom chairs, crocheted table covers, quilts and other handiworks created by Mammy Clendenin.

"I wanted Mama and Daddy here," said Katie, and they certainly

are. Reminders of her late parents' hard work and resourcefulness are everywhere.

It was the families' resourcefulness that first put their home on the map. In 1950 their farmhouse was selected as a "model home" by the Paris Board of Public Utilities.

Jimmy Huffman of BPU told the Parisian newspaper that the Clendenin home was selected because it was a typical farmhouse with resourceful owners. The demonstration was designed to show that farmers could have the most modern electrical installations relatively inexpensively if they would do some of the work themselves.

The home was completely rewired and remodeled with new appliances. Gone were the bare bulbs hanging from the ceilings. Gone were the extension cords snaking across the floors. New outlets and lighting fixtures appeared throughout the house. A new kitchen sink, range, refrigerator and storage cabinets were installed. "If you can believe it," Katie said, "that's when we got running water here, too." Visitors to Mammy and Pappy's enjoy a scrapbook that chronicles the family's adventures into the modern age.

Nearly 60 years later, it was time for another upgrade. The Williams' new endeavor started in earnest with Katie's retirement from local school systems and Danny's retirement from TVA. "In January of 2004 we really started working on the house," she said. "The floors have been refinished with a variety of wood including poplar, antique pine, maple and oak, with the green sheen of the poplar floors being especially unique." Katie made all new curtains, paneling has been painted, wallpaper hung, insulation added and the kitchen has been remodeled again.

Visitors to Mammy and Pappy's can choose from four bedrooms, each with its own bath. When they're not soaking up the country life (fishing, hunting, hiking, visiting with the livestock or stargazing), they can enjoy a little TV time, the VCR, games or puzzles. "We're close to the lake and the golf courses here," said Katie. "During deer and turkey seasons we include hunting privileges with the price of the visit. We also offer guests our swimming pool across the road."

Their stay includes Katie's specialty, a full country breakfast.

Occasionally she serves dishes that originate from the family's fruit trees or garden, right outside the back door. "That's been our garden spot as long as I can remember," said Katie, who fills three freezers with the farm's bounty each summer.

When visitors are at the B&B, either Katie or Danny stays in a small bedroom at the house, "in case they need us," she said. "But the guests pretty much have the run of the place while they're here."

Visitors come to Mammy and Pappy's for a variety of reasons. "Some come for corporate meet-

ings, Christmas parties, family reunions, funerals or just to get away," said Katie. "Some come to hunt or fish. Several have come here to get married; we've had weddings both in our gazebo and on our front lawn."

It was the weddings that spawned the Williams' latest idea for their bed and breakfast. "We realized that while a couple could get married here, we couldn't provide a place for the reception." So a new meeting/party facility is going up on the property. "It will fill a number of needs," said Katie, who also pointed out that it would make a great music venue.

Heading into their third summer with their new business, the Williams' enthusiasm is inspiring. "We've been told that it takes at least three to five years for a bed and breakfast to really catch hold," Katie said. "We're willing to wait. It's a labor of love."



Mammy and Pappy's is located at 7615 Elkhorn Rd., Springville. Contact them at 731-642-8129 or online at www.mammy-pappysbb.com

Innkeeper Katie Williams opens her childhood home to all who want to experience life in the country.



Oral & Maxillofacial Surgery

Michael L. Bobo, DDS, MD, FACS

**Tooth Extractions, Facial Injuries, TMJ Disorders, Dental Implants,
Jaw Reconstruction, IV Anesthesia, Oral & Facial Pathology**

300 South 8th Street, Suite 100 • Murray, KY

270-759-4063

1320 Pleasant Valley Avenue • Union City, TN

731-885-7891

www.kytmaxsurgery.com

Calendar of Events

On-Going Spring Entertainment

Trivia Night – Join the Paris Optimist Club on the **first Saturday of the month January - April**. Doors open at 6:30 p.m., game starts at 7:00 at the First United Methodist Church Christian Life Center. What a bargain, \$5.00! Call Vance Argo for information at 644-0187.

Pickin' n' Grinnin' – Jam with fellow country music lovers or just listen in. These pickers lay country faves (50 years or older) at the **Civic Center on volunteer Drive each Tuesday** (except the second Tuesday). As the weather warms up, you can find them at the pavilion at Memorial Park. Call Bob Perry at 641-7577 or Austin Cain 641-0562.

Splash-Splash – **Paris Civic Center pool is open** weekdays from 6 – 7:30 and 5 – 9:30 p.m., Saturdays from 9:30 a.m. – 5:00 and Sundays from 1 – 5:00 p.m. Call 644-2517 for information.

Great Flicks – **Enjoy six screens and the latest releases** at the Parisian Theatre on Jim Adams Drive. Info line is 642-7171.

Get in Shape for Summer – the Paris Civic Center has a track, weights and fitness machines. Pay by the visit or become a member. Hours are M-F, 6:00 a.m. – 9:30 p.m., Saturday 8:00 a.m. – 5:00 p.m. and Sunday 1-5:00 p.m. Located on Volunteer Drive. Call 644-2517 for information.

Third Thursday Book Club – Jack's Corner Books on the Court Square is the meeting place for the this discussion group at 6:00 p.m. Upcoming great reads are *The Dollmaker* for March, *The Disposable American* for April and *Marley and Me* for May. For more information email cdtstampdiva@bellsouth.net

Fourth Friday Art Show & Sale – From paintings to pottery, enjoy the art show and sale at **Lee Academy for the Arts** the fourth Friday of each month from 5:00 – 8:00 p.m. sponsored by the Tennessee River Fine Arts League. Call 642-3411 for more information.

Calendar of Events

March 2 – 26 - The Paris Henry County Arts Council with Dr. Danny and Martha Joe Kimberlin sponsor the **15th Annual Photo Showcase**, at the W.G. Rhea Library, 400 W. Washington Street. Log on to www.phcarts.com or call the Arts Council office at 731-642-3955.

March 14-23 – Bon Voyage to **Paris High School Strings** as they travel to Italy, visiting Rome, Venice and Florence. (See related article in this issue.)

March 17-21 – Yip, yip, yippppppeeee! **Spring Break** for all students in Paris and Henry County.

March 17 – Henry County High School **Marching Patriot Band competes** in Chicago's Famous St. Patrick's Day Parade. We wish you the luck of the Irish. (See related story in this issue.)

March 21 - Good Friday

March 19 and 26 – Need tax help? It's **VITA (the Volunteer Income Tax Assistance Program) to the rescue** at the Civic Center, 650 Volunteer Drive, from 9 a.m. until 5 p.m. Call 731-642-4178 for information and/or appointment.

March 22 – Ham it up at the **Puryear All-You-Can-Eat Ham Breakfast**, Puryear Community Center from 7 - 10 a.m. The cost is \$6.00 and WORTH EVERY PENNY! For more information, call Lisa Hart at 731-247-5288.

March 23 – **Easter**, Christ the Lord is Risen!

March 27 – The Paris Post-Intelligencer brings **The Taste of Home Cooking School** to the Krider at 6:30 p.m. Doors open at 4:30. Tickets are \$10.00 and may be purchased at the PI office. Call 731-642-1162 for information.

March 29 – Krider Performing Arts Center presents the Henry County High School **Patriot Idol youth competition** at 7:00 p.m. For information, call Travis McCleese at 731-336-2959.

March 29 – **Puryear Spring Fling Beauty Pageant** begins at 1:30 p.m. at Harrelson School. Ages for boys: 0 months-4 years old; ages for girls: 0 months-18 years. For more information, call Lisa Hart, 731-247-5288.

March 30-April 2 – Good luck to our 4-H members attending **4-H Congress** in Nashville.

April 2 – Haven't gotten your taxes done? **VITA (Volunteer Income Tax Assistance Program)** can help at the Civic Center, 650 Volunteer Drive, 9 a.m. - 5 p.m. Call 731-642-4178 for information and/or appointment.

April 8 – Slither over to the Refuge Discovery Series: **Snakes and Reptiles**. Enjoy critters that slither and crawl at the Refuge Office. This free class starts at 6:30. For more information, call 731-642-2091.

April 10 – **The Kindergarten Musical**, "Teach the World to Sing", is at Lakewood School at 6:30 p.m. For information, call 731-644-1600.

April 10 – Henry County High School Madrigals head to Milwaukee and Chicago to entertain and compete. You are fine ambassadors! (See article in this issue.)

April 15 – Senior Games begin at Union City and continue into May at Union City, Troy and UT Martin. Good Luck to the participants from Henry County. For information, call 731-642-2919.

April 19 – Knights of Columbus hosts their **annual rummage sale** at Holy Cross Catholic Church in the Holy Family Gymnasium. For information, call Leila Kackley at 731-642-4681.

April 20 – Attention lovers of history. **Heritage Center Tour of Historic Homes** is from 1:00 – 4:00 p.m. Linger inside and out while special characteristics of the homes are pointed out. Tickets are \$15. (See related article in this issue.)

April 21 – Put on those dancin' shoes. **Fish Fry Kick-Off Dance** at the Henry County Fairgrounds Pavilion, 7:00 – 9:00 p.m. Log on www.WorldsBiggestFishFry.com for info.

April 22 – **Carnival** opens at 5:00 – 11:00 p.m. at Fairgrounds. Country Dance starts at 7 p.m.

April 23 – **The first hushpuppy** of Fish Fry is tossed out at 5:00 p.m. to open the 2008 Fish Tent at the Fairgrounds. **Carnival and Christian Concert** also tonight. (Check out other events in the Fish Fry schedule in this issue.)

April 24 – **IPRA Fish Fry Rodeo** begins at Fairgrounds, nightly through Saturday. Carnival and Fish Tent continue. (Check out other events in the Fish Fry schedule in this issue.)

April 24 – Nothing but cute! It's the **Rhea School Kindergarten Parade**. For more information, call 731-642-0961.

April 25 – **Fish Fry Grand Parade!** All schools in Paris and Henry County closed. Hail to the catfish! Don't miss the rodeo, fish tent, arts and crafts and carnival at Fairgrounds. (View schedule in this issue or at www.worldsbiggestfishfry.com)

April 26 – Ladies and gentlemen, start your catfish! Fish Fry Festivities continue with the precious **Small Fry Parade and the spirited P.I. Catfish Races** on the square in Downtown Paris. Parade begins at 10 a.m.; races will follow on courthouse lawn. (Check out other events in the Fish Fry schedule in this issue.)

April 26 – An auditioned group of vivacious, singing, dancing high school teens. **Tennessee 4-H State Performing Arts Troupe**, hosted by the HC 4-H Club, performs at the Krider Performing Arts Center. Admission is school supplies (paper, pencils, glue, spiral notebooks, etc.) for the Family Resource Center. Call Pam Lee at 731-336-5991.

April 27 – Last chance to ride the Tilt-A-Whirl at the **carnival**, 1:00 – 6:00 p.m. at the fairgrounds.

May – Watch for information on **Bark in the Park** sponsored by Rolling Hills Humane Society. There will be a costume contest, Look-alike contest for owners and pets, pet tricks, etc. For information, contact Liz Argo at 731-644-0187.

May 1 – Strike up the band! **Inman Middle School Band Concert** is at 7:00 p.m. at KPAC. It is open for the whole community! Free concert. For more information, call 731-642-8131.

May 2 - 3 – They're back! **Great Pretenders** are at the Krider at 7:30 p.m. sponsored by Henry County Healthcare Foundation. For more information, call Robin Hunter at 731-642-1220.

May 3 – Prepare to be impressed at the Athena Delphian's **Spring Garden Walk** from 8:30 a.m. until 1:00 p.m. Proceeds

assist a number of local, charitable programs (see related article in this issue.) Tickets are \$10. Call 731-642-5813 for information.

May 8 and 9 – Beautify your home for summer at the **Annual Geranium Sale**. Held May 8 at Henry County High School Greenhouse; May 9 at Henry County Medical Center and Regions Bank until all plants are sold. Sponsored by Henry County Healthcare Foundation. For more information, call Robin Hunter at 731-642-1220

May 10 – **Refuge Discovery Series:** Celebrate International Migratory Bird Day with a bird watching hike at the Britton Ford Trail. Rise and shine and be on site at 6:30 a.m. to catch our visitors at the peak of their migration North. For more information, call 731-642-2091.

May 10 – Don't miss **Registration for Children's Theatre**, ages 12-18, at the Krider from 10:00 a.m. – 1:30 p.m. \$35 Fee. The children perform Alice in Wonderland on July 11-12. Scholarships available. Call 731-644-2517 for info.

May 11 – **Mother's Day!** Make her feel special.

May 13 – Catch a rising star at **Rhea School's Kindergarten Spring Music Program**, "Kindergarten Rocks" at the Krider. One show at 6:00 p.m.; one show at 7 p.m. Call 731-642-0961.

May 17 – **Puryear Day!** Come to Puryear and enjoy the day with activities beginning at 9 a.m. with the parade at 10 a.m. Enjoy the carnival, BBQ, ham or hot dog plates; arts and crafts; community-wide yard sale; antique tractors and petting zoo. Street dance and cake auction from 6 - 10 p.m. Call Lisa Hart at 731-247-5288.

May 10 – Is your child the next Tinker Bell? **Register for Children's Theatre**, ages 9-12, at the Krider from 10:00 a.m. – 1:30 p.m. \$35 Fee. The children perform Peter Pan on June 27-28. Scholarships available. Call 731-644-2517 for info.

May 22 – **Administrative Day** for Paris Special School District – No school for students. Hours will be set by principal. For information, call 731-642-9322.

May 22 – **Sign up for "Children's Theater"** at the Krider, ages 5-8 years old, 10:00 a.m. – 2:00 p.m. For information, call Linda Mitchell at 731-642-2490. Their show, "Down on the Farm" will be performed June 14. Scholarships available.

May 23 – **Report card day** for Paris Special School District. For information, call 731-642-9322.

May 23 – **Graduation Day** at Henry County High School! For information, call 731-642-5232. Congratulations, graduates!

May 23 – All night Henry County High School **Project Graduation Party** at the Krider. For information, call 731-642-5232.

May 23 – Welcome summer vacation! **Last Day of school** for students in Henry County School System. For information, call 731-642-9733.

May 31 – **Paris Opry** at the Krider. Tickets are \$700. Proceeds benefit Tomorrow's Hope. For more information, call (731) 363-0801.

Home *is* where the History is



108 North College Street--Magnuson



608 North Poplar Street--Doster



504 Hudson Avenue--Green



902 South Dunlap Street--Tayloe

While Henry County is home to many magnificent houses, few have the personality, history, grace and stories of the residences chosen for the Heritage Center's 2008 Historic Home Tour.

The four homes selected for this year's tour will be familiar to many Henry Countians, however, it will be a treat to be invited to linger both inside and out, while special traits of the homes are pointed out by the owners or Heritage Center members. The historic homes include:

- 902 South Dunlap Street, home of Stephanie Tayloe
- 608 North Poplar Street, home of Kenny and Carol Doster
- 504 Hudson Avenue, home of John and Sandee Green
- 108 North College Street, the Veranda Bed and Breakfast, home of John and Carole Magnuson (www.verandabandb.com)

"We have four great homes on tour this year. Each has its own unique style and architecture," said tour chairperson Gerry Scholes. "One of the houses even has a resident ghost," she laughed. "Of the four homes, three are located in historic neighborhoods, making the tour even more interesting. While the Tayloe home is not in an official historic area, it has a remarkable past. In addition, it rests at the foot of Grove Boulevard, home of historic E. W. Grove High School."

"Last year's Home Tour was a huge success for the Heritage Center," said Scholes. "We anticipate a large crowd again this year."

Homes may be visited in any order during the afternoon. The Heritage Center Board invites guests to stop by the center, located at 614 N. Poplar Street, in historic downtown Paris for refreshments on the front lawn (weather permitting).

The event takes place Sunday afternoon, April 20th from 1:00 – 4:00 p.m.; tickets are \$15. For ticket outlets or more information call the Paris-Henry County Heritage Center at 731-642-1030 or visit them online at www.phchc.com.



Lakeway IGA offers more than a bakery, a delicatessen or a snack stop. We're all of the above plus a party store and the source for most of your household necessities.



- Party Trays
- Cakes
- Cookies
- Cupcakes
- Fresh Donuts Daily

Let our talented bakery/deli team be your resource.
Lakeway IGA, 2601 East Wood St., Paris, TN • 642-1252

"I did not realize what affect my hearing loss had on my relationship with my wife. We can now carry on a normal conversation! Living in the country, I can now hear wildlife sounds again, too. Thank you and your wonderful staff for restoring normalcy to my life."



-Dick Levesque, Marine Artist, Puryear, TN

AUDIOLOGY & HEARING AID CLINIC

R. David Gillespie, M.A., FAAA
Clinical Audiologist

808 Joy St. - Paris, TN 38242
731-642-0800
800-888-7810 (TN)

Illusions

Hair Studio

Chawla McHair,
Owner

Franny Stancoak
Jennifer Clark

Full-Service Salon



112 E. Wood St.
Paris, TN 38242
644-2004

Medical Center Pharmacy • 642-3461 & Vital Care of Paris • 642-7308 256 Tyson Avenue • Paris, Tennessee



Restocking
Prescriptions • Major Health Supplies • Free Parking
Medical Equipment Sales & Rental • Invoce
Dates/Time Windows • Medication Products
Free City-Wide Delivery

Pharmacists
Leigh Ann Davis • Charles Brown
Jack Nichols • Bob Nichols • Heather McSwain

Paris Realty Company

"Serving Paris and Henry County Since 1959"



Mark
Johnson
Broker

Office: 731-642-6165
Toll Free: 800-489-6165

503 Tyson Avenue
Paris, TN 38242

Free Real Estate Guides
and Information Packets

- Residential
- Commercial
- Farm
- Lake



THE *Joggery*
FINE MEN'S WEAR SINCE 1912

North Court Square • Downtown Paris • 642-5013

www.parisrealty.com
Email: paris@realty.com

Student Musicians take to the Road

By Rev. Arthur Lodge

Paris is going to be a quieter town this spring, at least musically, as three different groups of student musicians take to the road, touring in the US and abroad. The young ambassadors for Paris and Henry County include members of the Henry County High School Madrigals, The HCHS Marching Patriot Band and the Paris High School Strings.

Prestigious invitation

When Director Jeremy O'Neal and his Madrigals received an invitation to perform at the Music Educators National Convention in Milwaukee, Wis., the elite group of talented singers knew they were doing something right. The 21 student musicians will represent "the epitome of high school choirs from across the nation" according to O'Neal.

In preparation for the competition, the group has mastered six pieces with lyrics in Latin, Russian and English. Many of the works O'Neal chose for this event are



Courtney Sutton, a member of the Paris High School Strings is looking forward to Italy in the spring.

college masters-level pieces.

From Milwaukee the group travels to Chicago where they'll encounter yet another tough audience. There, the group performs at the Heritage Festival of Gold, an annual, rigorous, nationwide competition from which the Madrigals regularly return with accolades.

The Madrigals spring travels are funded by calendar sales, CD sales, the "Miss Merry Christmas Pageant," their annual "Evening with the Madrigals," and donations from concerts around the area. Trip dates are April 10 – 16.

Kiss me, I'm Irish

HCHS Band Director Eric Majors dubbed the Chicago's St. Patrick's Day parade as "a once in a lifetime performance" for his students. Eighty-five band members and 24 chaperones will travel by bus to compete for awards in the prestigious event.

Marching Patriot band member Austin Travis readies himself for St. Patrick's Day in Chicago.



The band will entertain the crowds lining the parade route with selections that also may be heard at the Fish Fry Grand Parade and the Strawberry Festival in Humboldt. While in the Windy City, the group plans to visit the Field Museum, the Shedd Aquarium and the Museum of Science and Industry. They also will attend a performance of the Blue Man Group and take a dinner cruise on Lake Michigan.

The band and its booster club funded the trip through their annual fruit sale and chili supper, as well as car washes and Krispy Kreme donut sales. The group departs on March 12th and returns the 16th.

"Belle Italia"

The Paris High School Strings is a unique group of high school age musicians from Paris who perform under the direction of Dr. Nancy Steffa. The 19 students, along with Steffa and her husband, will travel to Italy this spring to tour Milan, Verona, Venice, Florence, Assisi and Rome.

Italy, the birthplace of modern string instruments, is the perfect destination for these students. In Florence they plan to see several famous stringed instruments made by such celebrated builders as Amati and Guarneri. In addition, they will

attend an opera.

The fortunate students will view some of Michelangelo's greatest works in the Sistine Chapel and in St. Peter's Basilica. They will tour ancient ruins such as the Colosseum, the Forum and the Pantheon and even toss a few coins in the Trevi Fountain.

"The students have viewed videos of Italy," said Steffa. "They have learned some Italian phrases and read specifically about the cities they will tour."

The group had a number of fundraisers. They sold first-aid kits, doughnuts and Burger King meals; held bake sales and auctions and performed concerts. The group will travel from March 12th through the 20th. After returning, the students will be performing at the Olive Pit in Paris for several weeks.

While it sounds like much of the county's musical pool is leaving the state, their directors tell us not to worry. All of these young people will return home in ample time for spring performances to share their talents with those who love them most and best.



Arthur Lodge is a retired Presbyterian minister, a model car collector and a soon-to-be father of the bride.



(L-R) Five of the 21 Madrigals, Taylor Kilpatrick, Mary Catherine Lowe, Jeana Margaret Pratt, Jimmy Green and Travis McLeese work on a number for their upcoming tour.

Pick Up Your
FREE Copy of
County and the Lake
PARIS!
From These
Advertisers

104 Tyson Avenue
Bone and Joint
Specialists
1004 Cornerstone Drive

**Henry County
Medical Center
Gift Shop
301 Tyson Avenue**

**Henry County
Orthopaedic
Surgery and
Rehab Center
1015 Kelley Drive**

**Joe Mahan Ford
211 Memorial Drive**

**Foundation Bank
1137 East Wood Street**

**Travis Leary
410 Tyson Avenue**

**Paris Veterinary
2982 Harvey Bowen Rd.**

**Peppercorn
Home Inspection Group
2420 East Wood Street**

**RE/MAX
Home Real Estate**
1011 Locust Street

**Watkins Equipment
85 218 Bypass**

Gardens

that help charities

GROW!

Members of the Athena Delphian wear many hats, but they share a common bond: they are all passionate fundraisers and cheerful givers.

Last October the group hosted a garden walk that was enjoyed by more than 200 local and out-of-town garden enthusiasts. On that tour, Delphian members promised a spring walk to showcase the “the landscape changes throughout the seasons,” said Peggy Williams, club member and garden hostess. Attendance at the autumn tour is not a pre-requisite for the spring event, which takes place on Saturday, May 3 from 8:30 a.m. until 1:00 p.m. Proceeds will assist a number of local charitable programs (see sidebar on page 39).

“Those with gardens on the tour are either Delphian members (Dianne Mahan and Peggy Williams) or past members (Carolyn Griffey and Kathy Caldwell),” she said. “That’s why they were chosen to be on the tour.”

The event was the brainchild of Peggy’s husband, garden guru Jimmy Williams. A regular contributor to the Paris Post-Intelligencer, Williams is the second generation to write “Down the Garden Path” and takes a special interest in getting people “poised for success in the garden.”

Williams promised that the spring tour would be “great for educational purposes, especially when it comes to plants. Guests will see a lot of unusual plants that they won’t find just everywhere. Plus, a spring walk is simply more inspirational than a fall event.

“Last year’s walk was at the end of our terrible drought,” said Williams, who cheerfully predicted stellar gardening weather for 2008. “We’re going to have a lot of rain, no late spring freezes and a late fall. Why, things will be blooming right up till Christmas,” he announced with the confidence of a gardener who is due a little cooperation from Mother Nature.

Bo and Kathy Caldwell – 1401 Hillside Drive

“One of Bo and Kathy’s star features is a stone retaining wall in the back,” Williams said. “Their Alpine bed is mulched with gravel so they can grow a lot of plants that won’t grow in our clay soil. They have several varieties of Japanese maples that will be freshly leafed out.”

Along with a lovely woodland garden path, there is an archway with stone steps behind their breakfast window. Looking out there is a large urn on a stone pedestal where Kathy keeps a nice combination of plants. “If we have a warm spring, we will get to see their D.D. Blanchard magnolias in bloom.”

Walter and Carolyn Griffey – 140 Paul Drive

“Last fall the big perennial border to the right of the drive was Carolyn’s big undertaking. It features 500 feet of shrubs and perennials in a horseshoe shape with a large, striking urn in the center,” said

Williams, who added that this is the largest mixed border in the area.

"Behind the house the late azaleas should be spectacular," said Williams. "The parterre garden is centered by a piece of bronze statuary and is interplanted, probably with pansies," he said. An allee (normally an ornamental feature, double row of trees or shrubs with a view to the far end of it) of Bradford pears borders the formal lawn.

Rhododendrons should be in bloom that week in the shade garden, according to Williams. "In the upper garden Carolyn has an elaborate pool with a beautiful bronze piece. Behind that pool is a trained espaliered Carolina jasmine - a beautiful feature on the brick retaining wall.

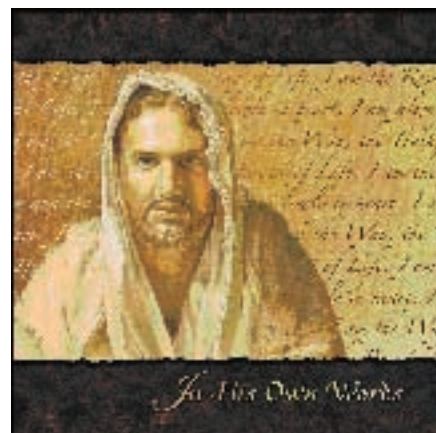
Joe and Diane Mahan – 435 Edgehill Lane

Each garden has its special attractions, according to Williams. "The Mahans have a number of large clumps of unusual hostas. There are a lot of double file viburnum at Diane and Joe's and at the Caldwell's that might be blooming."

A favorite feature at the Mahans last fall was the espaliered Rose of Sharon, growing on a retaining wall behind their Tuscany-in-



The Mahan's potting shed



In His Own Words

**Presented by the
First Baptist Church
Combined Choirs
and Orchestra.**

**Sat. April 19th, 7:00 p.m.
Sun. April 20th, 7:00 p.m.**

**First Baptist Church, Paris
731-642-5074
www.fbcparis.org
contact@fbcparis.org**



spired home. "It won't be blooming," said Williams, "but it will be in leaf. Another highlight is the old building that Diane uses for her potting shed. It's beautiful nestled back in the woods with a little footbridge leading to it."

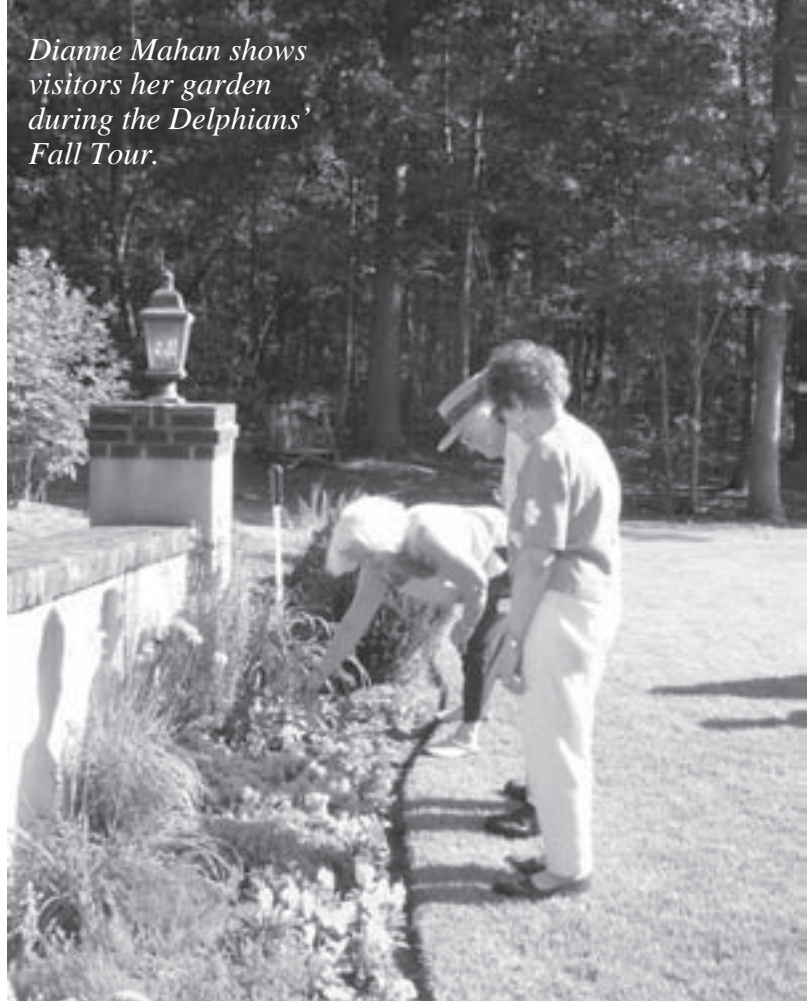
Jimmy and Peggy Williams – 1315 East Blythe Street

There was a day when Williams' spare time was spent hunting in Henry County's hills and hollers. Area wildlife must have breathed a sigh of relief as his interest in gardening grew into a passion.

Today his extended gardens include two water features, perennial borders, a densely-planted woodland garden, a rustic gazebo and a number of handmade cedar benches. Native plants cover the acreage, yet this garden features an extensive plant palette. A number of unusual trees tower above an impressive array of understory plants.

Tickets for the Spring Garden Walk are \$10 and are available from any Athena Delphian member. For more information call 731-642-5813.

Dianne Mahan shows visitors her garden during the Delphians' Fall Tour.





PARIS

winery

DAILY WINE TASTING & TOURS

(731) 644-9500

2982 HARVEY BOWDEN ROAD

PARIS, TN.

WWW.PARISWINERY.COM

OPENING APRIL 2008

Where does the money go?


The Athena Delphians donated money to a number of local charitable causes in 2007:

Families for Paris Parks
Lee Academy for the Arts
Camp Horizon (for child cancer victims)

Henry County 4-H
Henry County Youth Orchestra
Hoof Beats of Hope
Plus Endowment

Imagination Library
Family Resource Center
College scholarships for two graduating seniors from Henry County High School

The club donates more than \$6,000 to charities each year.



HENRY COUNTY MONUMENT WORKS
1203 Dunlap Street • Paris, Tennessee 38242
Located next to Maplewood Cemetery
(731) 642-2885
Designers • Builders
Leaders in Monument Values since 1924 by the Travis Family

Where you always find top quality at reasonable prices!



Wildwood
EST. IN 1971 • LANDSCAPE CENTER

Landscape & Aquascape & Design & Installation

We install courtyards, patios, sidewalks, retaining walls and irrigation systems.

306 MEMORIAL DRIVE • 642-2215

PARISIAN THEATRE
It's where Hollywood meets Paris...

INFOLINE: 642-7171

SIX SCREENS • LATEST RELEASES

JIM ADAMS DRIVE • PARIS, TN

Join us for Vacation Bible School!



Power Lab -
Discovering Jesus'
Miraculous Power

June 9-13
9 a.m. to noon

Preschool to Sixth
Grade

Paris First United Methodist Church

E. Blythe at S. Poplar (Downtown Paris)

For more information, contact Kathy Collier at (731) 642-4764

Mules Return

to Fish Fry spotlight

Before the World's Biggest Fish Fry came into being, Mule Day was Paris' big hometown festival. It never seemed to bother the mules that they had been upstaged by a fish and were no longer invited to the party. In 2007, more than a half-century after Fish Fry began, a mule pull was added to the Fish Fry's grandstand events. In this article, Jaycee member Andrea Lamb explains how the mules worked their way back into the spotlight and made a big splash.

Q – *Fish Fry has its roots in Mule Day, so this is a nice tip of the hat to days gone by. Whose idea was the mule pull, and who's responsible for making it happen?*

A – The idea came from two local men, Jason McDaniel and Michael McDaniel. They asked me about adding a mule pull to the Fish Fry events. I proposed the idea to last year's General Manager, Loria Plunk, and after much discussion and a bit of schedule juggling, it was approved by the World's Biggest Fish Fry Board.

Q – *Describe a mule pull.*

A – A pull is where a team of two horses or two mules competes against one another pulling a weighted sled. The sled itself weighs approximately 1000 pounds before concrete blocks are added for more weight between each successful pull. A successful pull is considered

10 feet. The winner is the team that can pull the most weight the longest distance.

Q – *How many people came (pullers and audience) and what was their reaction to the event?*

A – We had approximately 250 people. We had a great announcer, Jackie Hamilton, who encouraged audience participation. As far as pullers, we had 10 teams of mules and nine teams of horses.

Q – *Who were you trying to target with this event?*

A – We really didn't target a specific group of people. The Jaycees wanted to provide an alternative event for people who didn't attend other activities going on that day. We expected an older crowd, but surprisingly, there were all different age groups. The older crowd was excited to see something brought back from years past, and the younger group was excited to see something new and different.

Q – *Where did your teams come from?*

A – The pullers that participated in the event were from Somerville, TN, Fredonia, KY, Clarksville, TN, Savannah, TN, Columbia, TN and there were six participants from Henry County.

Q – *I think people will wonder who*



still has mules these days and why? Do people keep them for fun or profit or both?

A- Jason and Michael McDaniel, Ted Cox and Terry Moon all use their horses and mules to log, which is their livelihood. But mules can also be found at Land Between the Lakes on any pretty weekend pulling wagons for recreation. For the most part, people that have mules and horses have them for a hobby and recreation.

Q – From the viewpoint of the Jaycees, why is it important to come up with unique grandstand events during Fish Fry?

A – The Jaycees want to ensure that we have something for everyone. We are always looking for ways to improve and add things that will entice people to come out to the events.

Q – What will you do differently this year than last year?

A – We will definitely make sure

that every puller has a helper. We also would like to advertise the event more.

Q – What is the time, date, location and cost of the pull?

A – Saturday, April 26. Weigh-in is from 7:00 a.m. to 9:00 a.m. The pull starts at 10:00 a.m. This is pretty much an all-day event. Last year it was over around 3:00. General admission is \$5.00 per person. There is no entry fee for participants or helpers. Concessions are provided and the Fish Tent is open.

Q – If an interested puller wanted to take part, where could he get more information?

A – By logging on www.worldsbiggestfishfry.com or by calling Jason McDaniel (731-642-7127 or 731-707-0188); Michael McDaniel (731-642-1941 or 731-676-9576); Andrea Lamb (731-642-8847) or World's Biggest Fish Fry Headquarters (731-644-1143).



PARIS FAMILY CHIROPRACTIC

Elizabeth Craig, D.C.
Brian Sykes, D.C.

- Advanced Proficiency Activator
- On Site X-ray
- Massage Therapy Available
- Most Insurance Accepted
- Traction Decompression Therapy
(non-surgical treatment of herniated and degenerative disc disease)

Monday, Tuesday, Wednesday, Friday
8 am - 5 pm

Thursday - 8 am - 6 pm

Saturday 8 am - 12 pm

For an appointment, please call:

(731) 642-3761

1203 East Wood Street

HARRISON EYE CLINIC & THE LENS CONNECTION

- Comprehensive Eye Exams
- Primary Care in Optometry
- Contact Lenses
- Latest in Designer Frames
- Treatment of Eye Diseases and Injuries
- Sunglasses



DR. MICHELLE HARRISON

731.644.1222

**813 E. Wood Street
Paris, Tennessee**

Pamela Evans, M.D.
Board Certified in Obstetrics and Gynecology

Specializing in
WOMEN'S HEALTH

For appointments, please call
731-644-7662

Medical Arts Building
300 Hospital Circle, Suite 102
Paris, Tennessee 38242


Frame Makers INC.

CUSTOM PICTURE FRAMING

Owners:
Bobby & Joann
Reaves

- Shadow Boxes
- Wedding Photos
- Needlepoint

3374 Hwy 79 N • Paris, TN • (731) 644-9314
Serving Paris and Henry County for 23 Years



Paris Pediatrics P.C.

Office Hours
Mon.-Fri.
8am-5pm
By Appointment
Only

Debra S. Selby, M.D.
John O. Jackson, M.D.
Jeff L. Mann, D.O.

Phone
644-
2747

Established 1992
243 JIM ADAMS DRIVE ~ PARIS, TENNESSEE

Jan Anderson's

HENRY COUNTY NEWS DIGEST

NEWS

@ the Click
of a Mouse



www.hcndigest.com



To advertise in

henry county and the cities near
PARIS!

contact Ad Manager

Lisa Rhodes at

(731) 243-2910 or

adchick26@hotmail.com.

"PARIS! Magazine is a credit to our community!"

--Dr. Joe Mobley, Jr., Paris, TN

PARIS VETERINARY CLINIC




Robert Gardner,
DVM

Twice voted
PI Readers Choice Award

Avid Microchipping Now
Available!

Total veterinary practice plus grooming and boarding.
2101 East Wood Street • Paris • 731-642-2263



He is
Risen

First Christian Church
Paris, TN

For more information call 731-642-2263 or visit our website
www.fccparis.org



Danny Kimberlin, M.D.
Obstetrics and Gynecology, Board Certified

Comprehensive Women's Care

300 Hospital Circle, Suite 103
Paris, Tennessee 38242

731-642-0016

A commitment to wellness



Ridgeway
FUNERAL HOME

Three Generations of Our Family Serving Your Family

Funeral Pre-planning Funeral Insurance Cremations
Cemetery and Mausoleum Information and Purchase
Grief Support Group Veterans and Pastoral Services

201 Dunlap Street Paris, TN 38242
(731) 642-2121 Obit Line: (731) 642-0282

 **SELECTION**
INDEPENDENT
F.O.B.A. 007402

2008 World's Biggest Fish Fry

Event	Location	Date	Time
HQ Grand Opening	East Wood St.	March 29	10 a.m.
Kick-off Dance	Fairgrounds	April 21	7-9 p.m.
Carnival	Fairgrounds	April 22-24	5-11 p.m.
		April 25-26	11 a.m.-12 a.m.
		April 27	1-6 p.m.
Country Dance	Fairgrounds	April 22	7-10 p.m.
Fish Tent	Fairgrounds	April 23-24	5-9 p.m.
		April 25-26	11 a.m.-9 p.m.
Christian Concert	Fairgrounds	April 23	7 p.m.
Arts & Crafts Show	Fairgrounds	April 24	5-8:30 p.m.
		April 25	8:30 a.m.-8:30 p.m.
		April 26	10 a.m.-8:30 p.m.
IPRA Rodeo	Fairgrounds	April 24-26	7:30 p.m.
Grand Parade	East Wood St.	April 25	10 a.m.
Horse & Mule Pull	Fairgrounds	April 26	10 a.m.
Small Fry Parade	Downtown	April 26	10 a.m.
Catfish Races	Downtown	April 26	10:30 a.m.
Jr. Fishing Rodeo	Williams Lake	April 26	noon-3 p.m.
Car Show	HCHS	April 26	TBA

Listen to the Fish Fry Grand Parade live on WTPR-AM 710 and WTPR 101.7!



GM: Kreg Kyle
 Asst. GM: Toni Kay Bowden
 Past GM: Loria Plunk
 Jaycee President: Dan Nichols
 Secretary: Andrea Lamb
 Treasurer: DJ Hrachovina
 Asst. Treasurer: David Stone



For more information about any events listed, contact the World's Biggest Fish Fry Headquarters at (731) 644-1143.

Sanctuary in Small Things

By Julie Perry

Homes are important to everyone...

Panera Bread Company recently mailed an ad to homes across the country. The front of the ad reads "Breakfast, lunch, dinner." Inside are the words, "Or sanctuary, refuge, haven?" The pictures are of a person sitting at a table working and drinking coffee, a roaring fireplace, and a mom cuddled with her daughter in a big comfy chair. Very appealing images, but why in the world do we choose to seek out these comforts in a restaurant, instead of in our own homes? Most of us have comfy chairs, tables at which to sit and drink coffee and tasty foods are readily available. It seems that far too many people long for home even though they have one.

A Homeward Direction

What if one small thing each day could move us all toward having that sanctuary, refuge and haven for our own? I'm inviting all of Henry County to join me in doing just one small thing each day to keep us moving in that direction, a homeward direction. This challenge is not about completing your "to-do" list, or even about having the perfect home. That idea is so overwhelming that I have a meltdown and don't want to do anything. Instead, I'm proposing taking just five minutes each day (set a timer if need be) to focus on the little things that matter beyond cleaning, cooking and paying the bills.

Sanctuary comes in threes

A sanctuary sounds marvelous, but with children, jobs, obligations and crazy schedules, how is this achieved? Begin the journey of finding sanctuary with three concepts: peace, order and beauty, five minutes at a time. By incorporating one of these elements into our lives each day, even in tiny ways, a home can soon turn into a haven. Here are some ideas to get started.

Peace

A peaceful atmosphere can benefit everyone, but it must be modeled. Curtailing extraneous noise at home can be relaxing. Whether the family is playing a board game, cooking, reading or working on a project, the soundtrack of our lives does not have to blare the triple murder on CSI. Turn off the TV at every opportunity.

Relationships can create a peaceful atmosphere. Pay attention to how family members treat one another. Encourage them to learn this phrase and repeat it often, "What can I do for you today?" Then follow through. Encourage children to resist the temptation to torment a sibling.

Peacefulness can include one's spiritual life. Small things here can include doing something simple for another person, like taking a tasty treat to a neighbor, praying for someone or simply sitting quietly and focusing on your breathing. Giving thanks at mealtime is a peaceful habit.

Another easy way to foster peace is to do something outside of your usual routine. For instance, talk to someone you frequently see but never speak to, take a different route home, go for a walk.

Beauty

This category deals with ways to make your home feel good, and they are deceptively simple. For example, take fresh fruit out of the fridge and set it in a bowl to create a centerpiece. This turns healthy eating into a thing of beauty. Find one of those candles that has been sitting around for a year and light it. Tend to a houseplant. Get a fish. Pick some flowers or even a little ivy to drop in a vase.

Order

This is the biggie where the majority of us need the most help. It's also where the five-minute challenge can create great, visible results. Try taking five minutes to move the clutter off the top of the bedroom dresser. Before going to bed pick up the den. Clean out your book bag or your purse, or put away that pile of shoes. Toss out a broken item. Go ahead and double that batch of chili so you have one night's dinner already made. Put out fresh towels in the bathroom, or gather up those old magazines and take them to our local library's bookstore.

Resources

Speaking of the library, seek out

ideas in books and online, and utilize good resources. One of these is the Agriculture Extension Service of the University of Tennessee. The local office at 1120 Tyson Avenue has a wealth of information on subjects useful in helping make your home a sanctuary.

"We provide information on general home-keeping, gardening and caring for houseplants for example, as well as information on nutrition, health and fitness," said Extension Agent Michele Atkins. These all are things that can help bring order, beauty and peace to our home and our lives.

This challenge of doing "small things in five minutes" is all about caring for your home and the people who live there. Here's to enlisting your family in the "five-minute challenge" and creating a sanctuary at home.



Julie Perry is an eclectic music fan, an avid reader and a collector of cookbooks. Tell her how you're doing with the "five-minute challenge" at njpr@bellsouth.net. Please put "Five Minute Challenge" in the subject line.



Michele Atkins, Phyllis Lemonds and Stacey Foy review the wide variety of materials at the Henry County Extension Office that can help turn a house into a home.



A bowl of fruit makes this home feel more relaxing and inviting for homeowners and guests alike.

HenryCountian.com
Your News. Your Source. Your Choice.

NEWS • FEATURES • OBITUARIES • EVENTS

P.O. BOX 100 • McKENZIE, TN 38201
1-800-748-9686 • 731-352-3323
FAX 1-877-352-3322 (Toll Free)
 A division of The McKenzie Banner
 editor@henrycountian.com

White & Associates Insurance

WIMBERLEY AGENCY, LLC

AUTO
HOME
LIFE
BUSINESS
HEALTH
GROUP



642-5132
 124 W. Washington • www.whiteandassociates.net



**For those who believe no detail is minor,
 there's only one window.**

Insist on getting precisely what you want. In windows and doors, that's elegant craftsmanship, as well as an anything-is-possible attitude. That's Marvin. Ask your building professional about Marvin Windows and Doors. Learn more at marvin.com or visit us today.

Lakeway Building Products, Inc
 2324 Lakeway Circle
 Paris, TN 38242
 731-642-9736



a therapeutic partnership

By Art Nellen

From Rodgers and Hammerstein to Woodward & Bernstein, partnerships can be valuable and inspiring. In the case of LuJan Meketi and Christi Glass, partnerships can also be therapeutic.

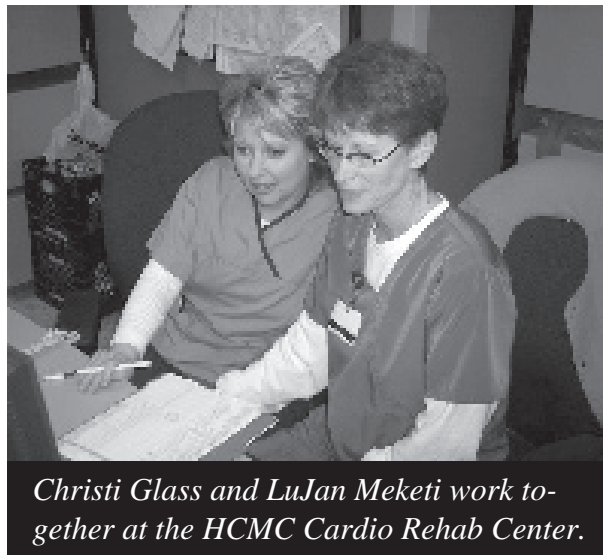
Meketi and Glass are registered nurses who supervise patients at Henry County Medical Center's Cardiac Rehab Center. They monitor the exercise programs of some 60 patients who come to the facility three times a week.

A big factor in the success of the program comes from the infectious personalities of the two nurses. No cardiologist ever could have expected a therapy program to succeed as this one has.

"We do a lot of kidding around with our patients," laughed Meketi, "and they joke among themselves. There's a spirit here that makes people feel at home. Despite our careful monitoring of everyone who requires it, this room has taken on an atmosphere of a sort of social exercise club. We try to provide an environment in which people look forward to spending an hour or so, knowing they'll feel better when they leave."

Both Meketi and Glass graduated from Methodist Hospital School of Nursing in the early eighties; both have more than 20 years of nursing experience.

After working at Methodist Hospital in Memphis, Meketi went to St. Thomas in Nashville and then on to work in Cardiology in Jackson; later, she joined HCMC in the area of Critical Care. For the past six years she has been in Cardiac Rehab.



Christi Glass and LuJan Meketi work together at the HCMC Cardio Rehab Center.

Glass worked at Methodist Hospital of Memphis in Critical Care and the Post-Anesthesia Care Unit for eight years. She moved to Henry County in 1990 and has worked at HCMC since 1997; she spent two years in Critical Care and the Emergency Room and the past eight years in Cardiac Rehab.

"Cardiac Rehab is therapeutic from the standpoints of both physical fitness and state of mind," emphasized Glass. "Our first mission is to learn the patient's medical history," she said. "Then, a little bit of pertinent personal history helps

us work more closely with everyone. We deal with a heart transplant patient quite differently than with someone who's just had a stent implanted or bypass surgery," said Glass.

No matter the situation, these partners can bear witness that most every rehab patient benefits from a laugh and a smile. "It's an unwritten and unintentional part of the regimen," Glass said. "Laughter releases endorphins."

There is more to their job than joviality: the two address each patient by first name, which they commit to memory on day one. They also remember each patient's health idiosyncrasies. Multi-tasking also goes with the territory; the partners must be able to watch

and quickly react to monitors while simultaneously filing paperwork and talking to patients.

But as busy as they are, these two understand how to set a lively mood that is emotionally uplifting. "LuJan and Christie are the reason I went back the second time. People who have a hard time getting up in the morning, much less working out, go up there because of the fun atmosphere," said Martha McCollum, a rehab regular. She and her fellow patients give the partnership of Meketi and Glass credit for that.

The Nurse's Prayer

Let me dedicate my life today
To the care of those who come my way.

Let me touch each one
With the gentle art for which I stand.

And then tonight
When day is done,
Let me rest in peace
If I've helped just one.

*by LuJan
Meketi*



IT'S NOT JUST A PERSPECTIVE
ON THE WORLD.

IT'S A WORLD OF
PERSPECTIVES.

Substance. Independence.

Curiosity. Depth.

It's radio with a human voice.

Tune your radio to 91.3 every

day to hear the latest from

WKMS and NPR News.



♦ SPORTS BAR ♦ FAMILY ATMOSPHERE ♦



Ace's

644-0558
1316 E. Wood St., Paris, TN

♦ Pizza ♦ Pasta ♦ Steaks ♦ Seafood ♦
♥ Quality Food, Fairly Priced, Everyday Lunch Buffet ♥
Voted Reader's Choice "Best Pizza" two years!

Vicky Muzzall Tax Service

"Money is no puzzle with Vicky Muzzall."



- Income Tax
- Bookkeeping
- Payroll
- Quarterly Reports

203 North Fortress St.
Historic Train Depot
Paris, Tennessee
731-642-8900

Winging it IN THE WILD, WILD WEST



Jim Bundy enjoys the falls at Yellowstone.



On a trip out West, wildlife is never far away.

When the father-son duo of Jim and Eric Bundy head out on vacation, they pack their running shoes and their gas card because they cover a lot of territory. Their most recent sojourn was a six-day junket to Colorado, Wyoming and South Dakota.

To minimize travel time, the two flew into Colorado and rented a car. “We like to wing it,” said Eric. “We have a rough idea about the area we want to cover, then we base our sightseeing on how much time we have.”

First stop, Ft. Collins and Rocky Mountain National Park, where it didn’t take them long to encounter the wildlife. “The animals out there were amazing. At the park there was a moose within ten feet of us,” said Eric. This is also where the travelers saw their first elk herd and antelope.

The Rockies provided a respite from Tennessee’s summer heat. “It was chilly up there,” said Jim. Like most folks from the rolling hills of Henry County, the Bundys were fascinated by the topography of the mountains. “I thought it was interesting to see the tree line and the rock formations as we headed up. It was also neat to be on the Continental Divide.”

Like pioneers from the 19th Century, the Bundys stopped in Ft. Laramie, WY. Dubbed, “the crossroads of a nation moving West,” the fort is an interpretive center with historic cavalry barracks, officers’ quarters, a guard house and the old hospital ruins. At Fort Laramie the Bundys opted for a two-hour tour. “We like

taking tours,” said Eric. “You can learn so much. Plus, if you like an area, you can make time to come back the next day.”

Rapid City, SD, was the Bundy’s next stop. Taking their own advice, they signed up for an all-day excursion that included Custer National Park, Mt. Rushmore, Crazy Horse Memorial and dinner at an old-fashioned western hoedown.

“Of all the things we saw, Mt. Rushmore was my favorite,” said Eric. “The amount of time that went into building it is amazing, especially when you think about the number of men, the conditions and their tools.”

“It was my favorite, too,” said Jim. “It wasn’t diminished from the photos that I’d seen all my life. The detail was amazing, plus the fact that it was built off and on throughout the late twenties into the early forties; that’s just so interesting.”

Completed in 1941, Mount Rushmore represents the largest work of art on earth. Each face is 60 feet high, compared to the head on the Statue of Liberty, which is only 17 feet tall.

“The four presidents of Rushmore were chosen very deliberately,” said Jim. Washington was the father of our country and Jefferson had a vision of America that spanned from coast to coast. Lincoln was the “Great Emancipator” and Roosevelt completed the Panama Canal, connecting the waters of the Atlantic and Pacific oceans.

“Those who enjoy Rushmore should not miss the monument to the

American Indians, the Crazy Horse Memorial,” said the Bundys. “It’s a work in progress that they’ve been carving since the late forties.”

In 1948, sculptor Korczak Ziolkowski, who had worked on Rushmore, agreed to carve what would become the largest sculptural undertaking in the world. Once completed, the 563-foot-tall Crazy Horse Memorial will dwarf the four presidents of Rushmore. Although Ziolkowski died in 1982, the work continues, overseen by his family.

Using the presidential theme of nearby Mt. Rushmore, downtown Rapid City features life-sized bronze statues of US presidents throughout their downtown area, a feature that Jim and Eric found fascinating.

A trip West wouldn’t be complete for a pharmacist without a stop at the

famous Wall Drug Store, about 50 miles east of Rapid City. The store gained prominence when the owners began advertising free ice water to weary vacationers en route to Mt. Rushmore. “These days it’s more of a touristy place,” said Jim. “But there’s a pharmacy there, it just isn’t their main thing.”

The Bundys stopped briefly in Sturgis, SD, home of the largest annual Harley-Davidson rally in the world. They also made a detour to Devil’s Tower National Monument, which they found looking anything but devilish. “It was a bit of a disappointment,” said Jim. “It was totally fogged over, but we did hike around and get a great prairie dog photo.”

Next was Cody, WY, which took the pair of travelers through Big Horn National Forest. Although the

beauty was unmatched, the seemingly endless switchbacks that lead motorists up and down Granite Pass (9,033 feet) made driving “awfully tricky.”

In Cody, the town does a good job of drawing on its Wild West reputation, according to the Bundys. “They set an entire stage up in the street every evening,” said Eric. “They have a saloon, a bank, a jail. A storyteller dressed as Calamity Jane told a lot of history of the town, then they do a performance that includes Bill Cody, Doc Holladay and others.” In typical Wild West fashion, there’s an obligatory gunfight. The Bundys also recommend the Buffalo Bill Historical Center.

From there they hit the trail and didn’t stop until they pulled into Yellowstone National Park. “Yellowstone was great, but we just didn’t have enough time to experience it. The scenery was so beautiful and varied with the geysers and huge waterfalls,” explained Jim.

“Yellowstone is so enormous,” said Eric. “There was a forest fire going on while we were there, yet you could still travel around the park. We saw a lot of areas that had been burned but were coming back to life.”

To top off their trip, they headed south to where the Grand Tetons stand watch over scenic Jackson Hole, WY. They had reservations in “a little 12-room, rustic inn,” said Jim. “I wanted something with a feel of the area. When we got there, the owners had gone to bed and left an envelope with our key taped to the door. Now that’s a Jackson Hole mom and pop hotel.” Too soon, it was time to head to the Denver airport.

What would they add to their itinerary? “I’d like to see more of the Badlands,” said Jim. “And spend more time in Yellowstone,” added Eric. Other than that, their “winging it” travel philosophy served the Bundys well in the wild, wild West.

(L-R) Eric and Jim Bundy pause for a photo op with Buffalo Bill Cody.



In Jackson Hole, the local scouts built this impressive arch.



Go for the BOLD

By Cindy Snyder

We love southern. But as our palates mature and we reach out of our tasting comfort zones to try new things, the trend seems to be “go for the bold.” That doesn’t always mean hot and spicy; it just means a little kick to dishes that we love.

Grandma’s fried chicken now has a shot of hot sauce or cayenne in the batter. A greens and beans dish now features spinach. Spinach dip, once a staple at parties, now has artichokes, cheese and bacon. Grits are delicious with everything from brie to bacon to chilies. White soup beans, a tradition at our holiday meals, are making way for a new side dish: tasty black-eyed peas.

Even our turkey sandwiches are dressing up with pears and cheese.

One ingredient that seems to be constant with several of these recipes is chicken broth. When a recipe calls for cooking with water, substitute chicken, vegetable or beef broth. It definitely gives grits, potatoes and rice a new, robust flavor.

We have fun recipes to share with you that are full of flavor. We hope you like them and as always, we hope 2008 brings you peace.

Cindy

Tasty Black-Eyed Peas

(Note - We did not soak the beans overnight. I just added everything together and cooked it in the crock pot overnight.)

- 1 16 oz. bag of dried black-eyed peas
- 2 cups of chicken broth
- 1 onion, chopped
- 1 red pepper, chopped
- 3 stalks of celery with leaves, chopped
- 1 cup diced country ham
- 2 to 4 chipotle chilies with adobo sauce, chopped and seeded
- ½ tsp. thyme
- ½ tsp. rubbed sage
- ½ tsp. marjoram
- 2 bay leaves
- 1 bottle of beer
- 1 Tbsp. salt
- Chicken stock to cover peas

Bring 2 cups chicken stock to a boil. Add dried peas and turn off heat. Soak over night. Place all ingredients into a crock pot, stir well and cook on low for 8 to 10 hours. Be sure that liquid covers peas. You may need to add a little more liquid.

Our Favorite Grits

- 2 cans of chicken broth
- 1 cups of grits
- ½ tsp. salt

*Oven-Fried
Chicken and
Tasty Black-
Eyed Peas*



1 can of tomatoes and green chilies
 1 cup of shredded cheddar cheese
 (I have also used Monterrey jack and brie)
 ½ cup real bacon pieces

Bring chicken broth to a boil, add salt and tomatoes and chilies. Simmer for 15 minutes, till grits are thick and creamy. Remove from heat and add cheese and bacon. Mix thoroughly and serve.

Greens and Beans

1 Tbsp. extra virgin olive oil
 1 small onion, chopped
 1 clove garlic, chopped
 1 bag of baby spinach
 1 tsp. hot sauce or more to taste
 1 can of vegetable or chicken broth
 4 cans of beans, undrained (I use black beans, navy beans, pintos and you guessed it, black-eyed peas.)
 Salt and pepper to taste

You will need a skillet large enough to hold all of this. Start with the oil. Sauté the onion and garlic. Add spinach and hot sauce. Cook only until spinach is wilted. Add broth and beans, liquid and all. Season with salt and pepper. (Watch the salt. With four cans of beans you won't need much, if any.) Cook for 30 minutes, stirring occasionally.

Oven Fried Chicken

Chicken pieces. (I used 4 bone-in, skinless thighs and 4 bone-in skinless breasts)
 ½ cup or less good quality mayonnaise (You can also use light mayo.)
 2 cup of breadcrumbs (I use Japanese breadcrumbs. They are crispier.)
 Salt and pepper

2 tsp. dried thyme
 2 tsp. paprika
 2 tsp. garlic powder

Mix seasonings with breadcrumbs. Coat chicken with mayo and dredge in breadcrumbs. Here's the trick. Place chicken on a rack in a bread pan. It will keep the bottom from being soggy. Cook bone-in pieces for 45 minutes at 350 degrees. If using boneless chicken pieces, cook at 350 degrees for 20 minutes.

Turkey Croissants

1 lb. deli turkey, shaved
 6 croissants, sliced
 1 small container of Brie, sliced
 1 pear, peeled and sliced thin
 1 Tbsp. butter

Melt butter in skillet. Add pear slices and cook till light brown on each side. Place brie slices on one side of croissant, add hot pear slice, top with turkey and add another slice of pear. Top with other half of croissant.



Turkey Croissants



Advertisers' Index

Ace's	47	Mahan Ford*	26
Acupuncture, Dana Horvath.....	22	McEvoy Funeral Home	5
Adult and Community Education	5	Medical Center Pharmacy	33
Alexander Thompson Arnold, PLLC	5	Mike's Mufflers	23
Allstate	10	Moody Realty*	66
Antiques on the Square	6	Moon's Jewelry & Repair	6
Audiology and Hearing Aid Clinic	33	Morgan Furniture Company	18
Bass Realty*	13	My Favorite Things	18
Becky Hedges Studio	5	PARIS! Advertising	45
Bone and Joint Specialists	inside back cover	Paris Family Chiropractic	41
Borchert, Willie	22	Paris Insurance Agency	9
Cabinet Corner, The	14	Paris Karate	6
Charleston's Wines and Spirits	51	PARIS! Magazine Distribution Locations	35
Children's Theatre.....	15	PARIS! Magazine Subscriptions	18
Cindy's Catering Company	5	Paris Pediatrics	42
Commercial Bank & Trust	8	Paris Post-Intelligencer	9
Dr. Michael Bobo.....	29	Paris Realty	33
Drs. Townsend & Coleman, Optometrists	9	Paris Veterinary Clinic	42
Eastwood Pharmacy	23	Paris Winery*.....	38
Escape, A Day Spa	28	Parisian Theatre	39
Evans, Pamela, MD	41	Peppers Automotive Group*	17
First Baptist Church	6, 37	Perkins Drugs	18
First Christian Church	42	RE/MAX-Cornerstone Real Estate*	23
First United Methodist Church	22	Ridgeway Funeral Home.....	42
Foundation Bank*	1	Security Bank	28
Frame Makers, Inc.	42	Snow's Plumbing & Electric	21
Friends of the Wildlife Refuge	13	State Farm	18
Gallery, The	22	Tennessee Technology Center.....	9
Harrison Eye Clinic & The Lens Connection	41	Toggery, The	33
Healthy Thyme	5	Trolinger's	23
Henry County Medical Center	17	Twin Lakes Dental	18
Henry County Monument Works	39	UPS Store	2
Henry County News Digest	42	Vicky Muzzall Tax Service	47
Henry County Orthopaedic Surgery*.....	inside front cover	Watkins Equipment*.....	back cover
Henry County Therapy Center*.....	inside front cover	WKMS	47
Henrycountian.com	45	WTPR	2
Illusions Salon	33	Wildwood Garden Center	39
Jack Jones Flowers & Gifts	6	Wimberly Agency	45
Kimberlin, Danny, MD	42	World's Biggest Fish Fry.....	43
Kristi's Korner	6	Yoga Center for Well Being	22
Lakeway Building Products	45		
Lakeway IGA	33		
Landmark Realty	10		
Leach's Music.....	6		

*Pick up your free copy of **PARIS!** Magazine at this advertiser's location. **PARIS!** Magazine is also on sale at Jack Jones Flowers & Gifts, Java and Books.

This new zero-turn runs circles around performance.



ZD300 Series

Engineered for commercial power, durability and performance, ZD300 Series zero-turn mowers feature 21, 26 or 31 HP; long-life, fuel-efficient Kubota diesel engines. A smooth HST transmission, a new deeper mower deck, an 11.9-gallon fuel tank, and a hands-free hydraulic deck lift ensure the high quality and ease of operation demanded by commercial operators and landscape professionals.

WATKINS EQUIPMENT

85 Highway 218 ♦ Paris, TN 38242

731-642-5210

Kubota
EVERYTHING YOU VALUE

www.kubota.com



G. Blake Chandler, M.D., AAOS
Board Certified Orthopaedic Surgeon

Dr. Chandler, a Henry County native, has been committed to serving his hometown's orthopedic needs for the past 7 years.



We provide a comprehensive range of medical and surgical orthopedic services including:

- Minimal Incision Joint Replacement
- Knee, Shoulder, and Hip Surgery
- Hand Surgery / Carpal Tunnel
- Arthroscopic Surgery (*including Rotator Cuff Repair*)
- Work Related Injuries

Throughout the treatment process, we focus on your individual needs before and after your procedure allowing for a successful return to your pre-injury lifestyle. Call our office today at 731-644-0474 or 866-470-BONE, we have appointment times available in Paris, Union City, and Milan.



bone & joint
SPECIALISTS
P L L C

1004 Cornerstone Drive • Paris, Tennessee