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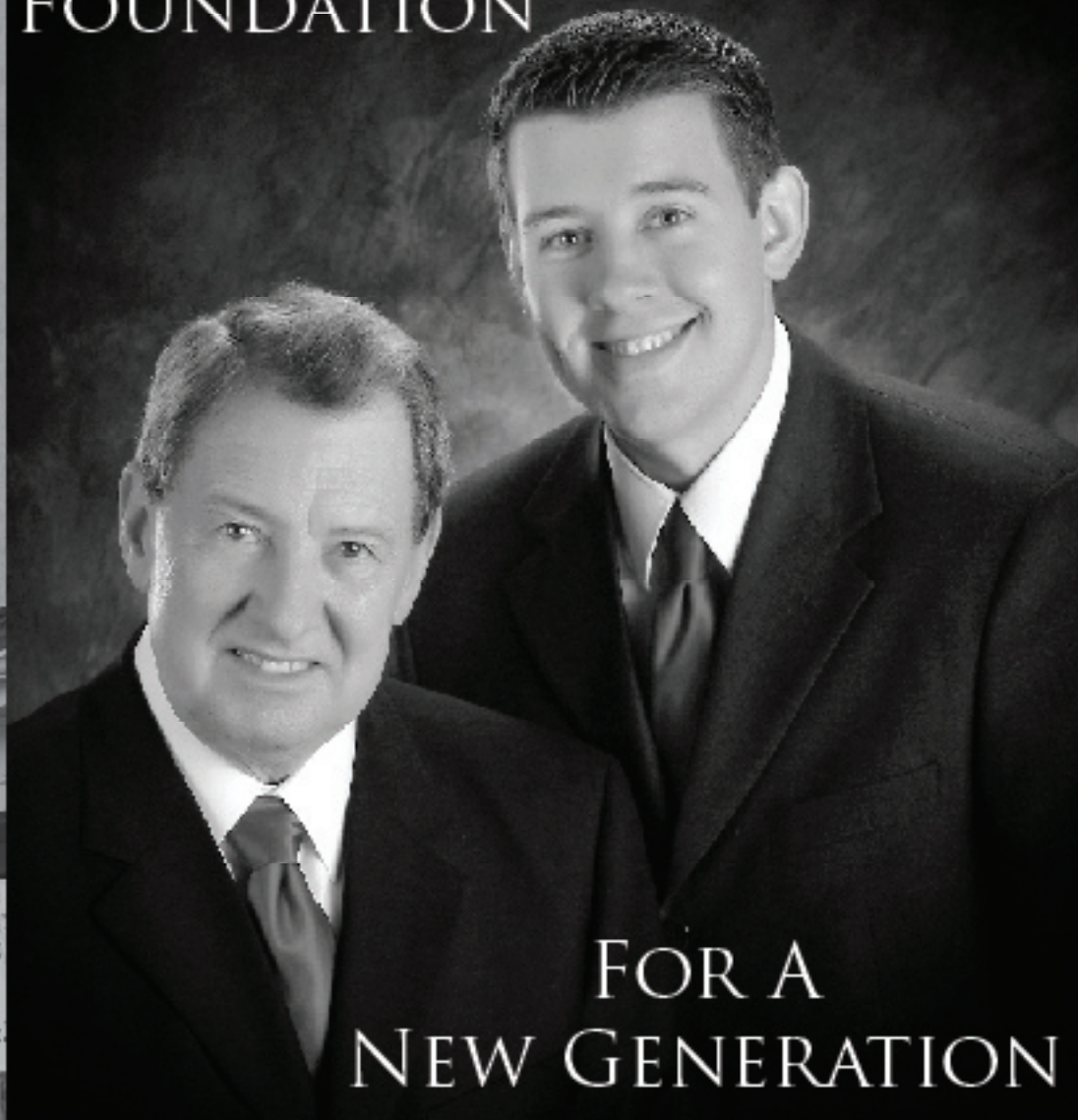
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## Editor's Notes

### *Warm Winter Thoughts...*

*In winter we lead a more inward life. Our hearts are warm and cheery, like cottages under drifts, whose windows and doors are half concealed, but from whose chimneys the smoke cheerfully ascends...*

Henry David Thoreau wrote those words 166 years ago in 1843. Then, as now, they are a lovely reminder that winter has many a bright spot.

As we start the New Year in Paris, Henry County and the Lake Area, PARIS! magazine continues to be a warm and cheery voice. In fact, that voice is expanding to include a new web site, [www.MyParisMagazine.com](http://www.MyParisMagazine.com) where viewers can find an assortment of "all things Paris and Henry County." Visit us



daily at [www.MyParisMagazine.com](http://www.MyParisMagazine.com), where it's all good.

This issue certainly reflects that philosophy with a variety of bright articles including winter gardening, the tale of a very giving group of youngsters and delicious recipes. We also have a spotlight article on our very own First Lady of Hunting®, a sweet tale of feathered friends, need-to-know information on upcoming photography contests and helpful tips from three great local photographers.

Two of my favorite articles include a compilation of responses from Henry Countians who answered the question, "Who would you like to visit with by the fire this winter?" The other piece explains why a popular Henry Countian is donating a bit of personal history (and a bit of himself) to the annual Helping Hand Radio Auction. You'll have to read it to believe it.

Don't forget to check out our other great departments, plus our Calendar of Events, Dining Guide, Helping Hand calendar and more. Grab a hot cup of cocoa, pull up your warm binky and enjoy PARIS! in the Winter.

### *On the Cover*



*A hike on his Puryear farm on a snowy afternoon resulted in this beautiful winter cover by Dr. Gene Gulish.*

*Susan Jones*

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# Hairiest

## Helping Hand Item

### Up for Grabs



*Leon Ridgeway  
now works topless.*

In its 30-year history, Helping Hand, Inc. has auctioned its share of oddities but the 2009 event may take the cake....or the hair piece. This year, the seven-week long fundraiser for community non-profits will have an interesting bit of history on the auction block: Leon Ridgeway's toupee.

Ridgeway has been "working topless" since May. The story of the local funeral director's transition from a hair-piece devotee to au natural began simply enough. "Chad Kennedy, who works at the funeral home, was thinking about growing a goatee. I told him that if he did, I'd get rid of my toupee." So this January, Ridgeway will bid farewell to his long-standing fashion statement and donate it to the radio auction.

Although he has worn a toup since he was 28 years old, this auction item will not be the original. "Far from it," said Ridgeway, who used to "go through two a year." For the serious collector who really wants to know what he's getting, the donor said that "this is not human hair, it's artificial. Human hair will oxidize and turn red," which is what happened to one of his first hairpieces. "I tried to dye it back to the original color, but that made the hair crawl up into the base and get all matted up." OK, that may be too much information.

The big question is, "What might the high bidder do with Ridgeway's hair piece?" A few interested parties have weighed in. "I could buy it and make portraits of people wearing it," said professional photographer Lisa Green. "I could put it on display in my shop as a historical item," said longtime downtown barber Jerry Maddox.

No matter who purchases it, this hairy auction item should provide a jolt of joviality to winter, boost the bottom line and make a bit of auction history.





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# A Very Berry Garden

By John Watkins

Is your winter garden giving you the blahs? The winter garden doesn't have to be a bleak wasteland void of color. One of the most colorful ways to brighten your winter garden is to select plants that have bright berries that will persist throughout the winter months. Apart from the aesthetic value, the berries produced by these plants can act as giant bird feeders providing food when it might otherwise be in short supply. One of the classic winter icons is the holly with its bright red berries on a background of dark green foliage. However, using berry-produc-

ing plants in the year-round landscape can go beyond the simple holly plant. And not all berrying plants have to be evergreen. There are some wonderful selections of deciduous plants whose berries have no foliage to compete with their splendor.

## **Designing with Winter Berrying Plants**

There are a few things to keep in mind when selecting and placing plants in your garden. Depending on their size and form, these plants may be used as background shrubs, foundation plants, or focal

points. The small trees make attractive accents near a patio. Ground covers and sprawling shrubs will provide the greatest effect when massed together. To encourage the greatest berry production, allow plants to grow naturally. Pruning should really be done only to shape the plants. A few berrying plants will only produce fruit if there are male plants nearby to pollinate them, so be careful in your selections.

## **Evergreen Plant Selections**

In thinking about evergreen berrying plants for the winter garden, the holly is probably the



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first one that comes to mind. With over 400 species to choose from, there's a holly out there for everyone. By selecting named cultivars, berry colors can range from red to white to yellow and several shades in between. Keep in mind most hollies require a male and female plant in order to pollinate and produce fruit.

Pyracantha is a plant that most people either love or hate. The love part is because of the beautiful white clusters of flowers in the spring and the outstanding display of red to orange berries in the winter. The hate part is if you've ever had the pleasure of pruning one of these beasts. They come armed with very sharp thorns hidden beneath the leaves.

Nandina or Heavenly Bamboo is a small to medium shrub that has multi-seasonal interest because of its colorful emerging foliage and white clusters of flowers in the spring. But it comes into glory in the winter when huge panicles of glossy red berries tower above the plant begging to be put into a wreath or used in arrangements.

Cotoneaster is a tough and handsome groundcover or small shrub that can be either evergreen or

deciduous. "Coral Beauty" has brilliant coral fruit and grows prostrate while *C. horizontalis* can reach 2-3 feet in height with an even greater spread.

### **Deciduous Plant Selections**

There are many fantastic deciduous hollies also. With no foliage to hide the berries, many of these selections are like Christmas on a stick. Winterberry can be rather large (6- 8 feet), but a cultivar called "Red Sprite" only reaches 2-3 feet and can fit into tighter places.

Beautyberry is great for the mixed border because of its 4-6 foot height and spread. "Profusion" is a cultivar known for its maroon spring foliage growth, flaming fall colors, and the brilliant berries it produces.

Hawthorns are deciduous trees that can grow to 25 feet, so give them a spot with room to grow and place in full sun for best performance. Very showy pink, red, or white flowers in spring are followed by colorful red fruit.

Viburnums can be either evergreen or deciduous. While all viburnums produce a fruit of some sort, some are showier than others. American Cranberrybush can



*Nandina is just one of the many species that produce beautiful berries to color the winter garden.*

be quite large (10ft. x 10ft.) but has abundant red fruits that persist longer into the winter than other species. "Blue Muffin" is a lovely viburnum that has truly blue berries beginning late fall and gorgeous white blossoms in the spring.

And there you have it: a great selection that can add some "bling" to your winter garden. With numerous choices to select from, you should have no problem selecting at least one to place in your own garden.



*John Watkins is a landscape designer and Certified Grounds Manager who resides in Henry County. Contact him via [www.MyParis-Magazine.com](http://www.MyParis-Magazine.com).*

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Thoughts of Home



*Photos by Jean Owens*



*Nurturing Nature*

Close your eyes for a moment and picture a white carpet of new-fallen snow splashed with bright yellow, blue, red and black. This is not abstract art; the color is provided by the goldfinches, cardinals and blue jays who have stopped to visit. This incredible work of nature's art can be just outside your window, with the right invitation: food.

Throwing some seed on the ground sounds simple enough, but there can be a bit more to it. In short, offer seeds and water. Many of the birds here in West Tennessee are seed eaters. In winter, the trees, grasses and wild flowers are no longer producing seeds. By setting up a bird feeding station, we can take a cue from nature and offer the kind of nourishment that birds want and need.

## What to Feed

One of my favorite childhood memories is helping my Memama Wilson prepare hot meals for "her" wild birds in the cold winter months. All year, she saved bits of corn and other goodies in the freezer. When winter arrived, she would prepare a hot, cooked meal of cornmeal, leftover biscuits or cornbread and bits from the freezer – all to be placed in the old pans that she had nailed to a tree in her back yard. These twice a day delicacies were accompanied by fresh, warm water in the bird bath. I could almost hear the birds asking, "Is this heaven?"

Few of us have the time or dedication to provide this type of bird catering service and we rely on

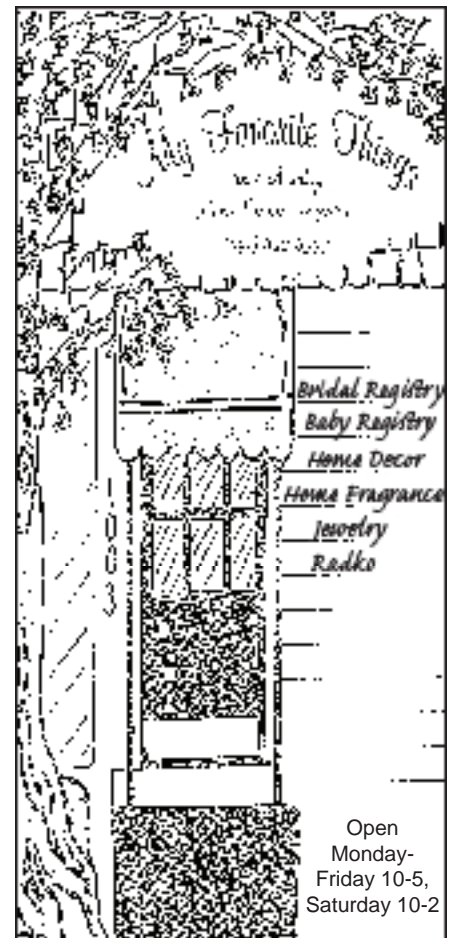
purchased seeds. The hands-down favorite birdseed is black sunflower seeds, sometimes called oil seeds. For those offering only one type of food, this is the best choice. A mix of food can attract a wider variety of birds, but beware of bags of mixed birdseed that contain mostly filler like red millet. Most birds won't eat it, so it's really not a bargain. Look carefully at the ingredient list; the best mixes contain mostly sunflower seeds or hearts, rather than filler seed. This may seem a bit more expensive at first, but it's a money saver in the long run. Quality bird food is readily available at places such as our local Co-Op, Lakeway IGA and some hardware stores.

## Here a Feeder, There a Feeder

Locate feeders where they can be seen and enjoyed from the den, bedroom or even from the kitchen sink. The simplest feeder is the ground itself. Sparrows, doves and bobwhite prefer to feed on the ground, and will appreciate scattered seed. You could also use a low table or tree stump. Other birds, like cardinals, blue jays and chickadees prefer hanging feeders. Offering both ground and hanging feeders will ensure a wide variety of birds for your viewing pleasure.

## Water, water everywhere!

As my grandmother knew, winter is the most important time to offer water; sometimes the birds suffer more for the lack of water than food. A beautiful bird bath makes a lovely addition to the landscape



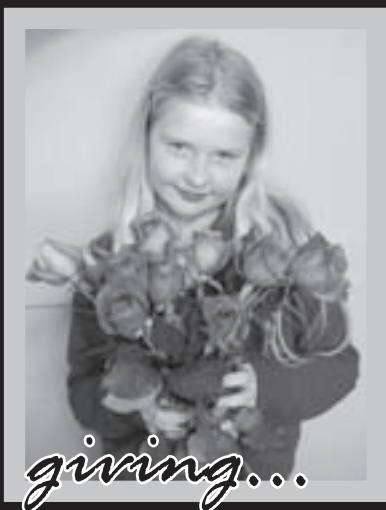
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and provides birds with a place to drink and bathe. Add a UL listed electric heater, connected to a GFIC outdoor socket to keep the water from freezing. Or, do it Memama's way and provide shallow pans of water, refreshed throughout the day.

When starting to feed birds in your yard, be patient. It may take several weeks before the birds discover your generosity. While you wait, be sure to keep the feeders filled. If you provide a generous, reliable source of food, the birds will gladly come and help themselves, up close, where it's convenient for you and your family to watch them.



*Julie Perry is a bird lover, but no longer a bird feeder, as her yard is home to a small herd of cats. Contact her via [www.MyParisMagazine.com](http://www.MyParisMagazine.com).*



*Friends of the Refuge help children make Peanut Butter Pine Cones and learn a little about birding during an event in Downtown Paris. Below is the recipe.*

### **"Peanut Butter-Suet Mix"**

You can pack this mixture into a pine cone or into holes drilled in a small log.

- 1 cup melted suet
- 1 cup peanut butter (smooth or crunchy)
- 1 cup flour
- 4 cups yellow cornmeal

Mix the suet and peanut butter, then add the flour and cornmeal.

You may need to adjust the amount of cornmeal if the mixture is too sticky or too dry. For variety, try adding one or more of these: 1 cup sunflower chips, 1 cup currants, 1 cup chopped peanuts.

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### Hong Kong

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## Faces & Places



▲Daniel Steele of Boy Scout Troop 28 prepares to present the colors at the Veterans Day Celebration Concert at the Krider Performing Arts Center. The event was sponsored by the Arts Council and Perkins Drugs. (photo submitted by the Arts Council).



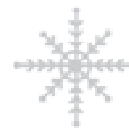
(L to R) Carol Solmon, Debbie Pryor, and Kisha Harris enjoy their Master Gardener Class during the group's regular Thursday night session. For info, call 731-642-2941. ▼



▲Cindi and Katlin Bruton enjoy Christmas Open Houses in downtown Paris.



◀The smile on Mary Beth Puckett's face is proof positive that she has finished decorating her My Favorite Things tree for Trees on the Square.



(L-R) Jennifer Trosper, Tammy Wimberley, Terri Saylor, and Billy Hopkins of Trinity United Methodist Church hold some of the tasty fixings for their annual potato bar fundraiser. ►



◀J.C. Gregory gives a lot of thought to what he is telling Santa during North Pole Family Fun Day.

Granville Cooley enjoys a tasty treat at Trolinger's annual food show. ►



Emily Goetz and Daniel Pardon, fourth graders in Mrs. Oliver's Paris Elementary School class, welcome veterans to a celebration held in their honor at the Career Center for Veteran's Day. ►

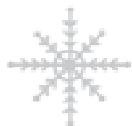




▲ Coach Joe Gaddis gives his team an after game lecture. The hardworking Patriots finished the season in the semi-finals with only one defeat.



▲ Members of the Food and Nutrition Services Department at Henry County Medical Center celebrate their recognition as the Non-Clinical TOPS Department of the Quarter.



Optimist Club members Jeff Morris and Bill Williams prepare the club's Christmas tree lot for the delivery of hundreds of fresh firs and pines.▶



▲ Pat Robinson (left) and Sue Carothers (foreground) select tasty treats at the annual Athena Delphian Club's holiday bake sale on a chilly morning on the Court House lawn.

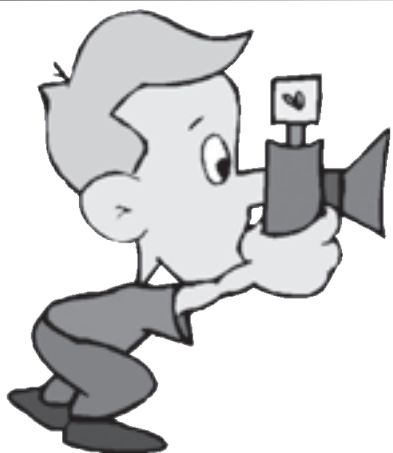
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# Shutterbugs Snap It Up

By Casey Northcutt

*Photography records the gamut of feelings written on the human face, the beauty of the earth and skies that man has inherited and the wealth and confusion man has created.* - Edward Steichen

With its abundant scenery and wildlife, Henry County and the surrounding area provide opportunities galore for photographers of all skill levels. Locally, seven organizations provide an outlet for photographers to display and compare their stunning images. These competitions reveal the creativity and skill of area shutterbugs, encouraging young and old alike to take a closer look at the world through their lenses.

## 4-H Shutterbugs

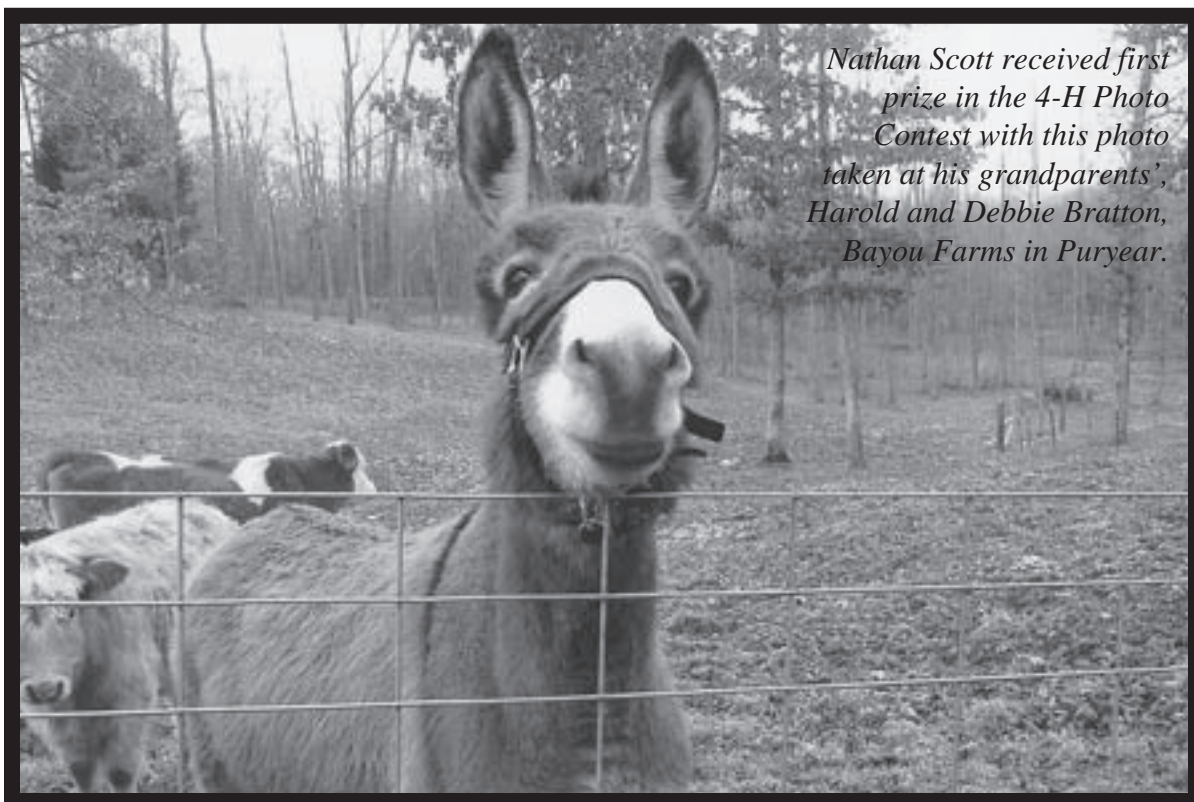
The Henry County 4-H photography contest occurs in February and is designed for children from grades four through 12. Henry County 4-H agent Michele Atkins coordinates the event.

"The kids are very excited about the contest each year," said Atkins. "They learn photography skills and how to focus in on a subject."

Individual clubs collect entries at the beginning of the semester for judging the last week of February.

Each student may enter two of his or her favorite masterpieces mounted on poster board or construction paper. They can capture anything they please on film, as long as it's titled. Every entrant gets a ribbon and all first place pieces are sent to the county competition, which is judged the first week in March. Last year, approximately 700 students participated.

For more information, call the Henry County Extension Office at (731) 642-2941.



*Nathan Scott received first prize in the 4-H Photo Contest with this photo taken at his grandparents', Harold and Debbie Bratton, Bayou Farms in Puryear.*

## Photo Showcase

The next photography competition is sponsored by the Paris-Henry County Arts Council on the first weekend in March. Held at the Rhea Public Library, the contest includes categories such as computer-enhanced images, student photography, adult photography and wildlife. Sponsored by Dr. Danny and Martha Jo Kimberlin, the council offers cash prizes and certificates to the top three images in each category, and the show remains in the library for the rest of the month. Arts Council Director Mary Lodge coordinates the contest and said 61 photographers entered 154 photographs last year.

"It's just another aspect of the amazing talent that is showcased in our area," she said. "It gives a nod to those in our community who express themselves through the lens."

For more details, visit [www.phcart.com](http://www.phcart.com).

## Land Between the Lakes

During the summer, Land Between the Lakes (LBL) gives local photographers a wealth of scenery to work with in preparation for the Friends of LBL photography contest.

"This was the first year for our contest," said Friends of LBL publicist Laura Dziekonski. "It was held in honor of Gene Bowes, who was very committed to the outdoors and who was a photographer. He loved Land Between the Lakes, so we decided to have this photography contest ... celebrating nature through photography."

The organization accepts entries from July 15 to September 15; entry fees are \$15 for members and \$20 for nonmembers. Anyone may enter; however they must take the photographs at the LBL wildlife reserve. Dziekonski says about 750 photographers competed for a total of \$3,500 in prizes. Visit [www.friendsoflbl.org](http://www.friendsoflbl.org) for information and to view last year's winners.

## Henry County Fair

The Henry County Fair, held annually in August, is an opportunity for photographers of all ages to take part in a contest that is growing by leaps and bounds. "It used to take just a couple of people to staff the photo booth," said volunteer Joe Snow. "This year it took six of us. There are a wide variety of categories, and even a little bit of prize money." Snow added that the fair show is free to enter. Categories may change, but



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generally include: collage, vacation scenes, animals, building or structure, people, scenery and more. For information log on [www.thehenry-countyfair.com](http://www.thehenry-countyfair.com).

### Paris Landing State Park

Paris Landing State Park also gives nature photographers the opportunity to display work during their fall competition. Any amateurs interested may submit up to three photographs from September 1 through October 31. Winning photographs will be displayed in the Paris Landing Hotel for one year. Contest organizer Gary McEntire said Paris Landing wants to encourage people to photograph and to participate in park life.

"Photography captures that moment in time," he said, "whether it's a sunset or grandma and grandpa sitting on the porch. It captures

that moment and preserves it so you can share it with others."

Photographers interested in Paris Landing's contest can contact McEntire at (731) 641-4450.

### Friends of the Tennessee National Wildlife Refuge

The Wild for Life Art Show and Photography Contest encourages appreciation for nature through photography but also through several other forms of art. Held at the Lee Academy for the Arts and sponsored by the Friends of the Tennessee National Wildlife Refuge, the contest focuses on images of animals and wildlife found in the reserve.

"The biggest thing is, it may influence one person or one child to grab a camera and get out into nature," said organization president Dan Dziekonski. "If we can con-

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nect people to nature through photography and through art, then that's one more avenue we have to reach them."

The group has not yet set a precise date for next year's event, but Dziekonski said it probably will be held in the fall. To find out the date and other info, visit [www.tn-wrfrriends.org](http://www.tn-wrfrriends.org).

## www.MyParisMagazine.com

With the creation of PARIS! magazine's new web site, [www.MyParisMagazine.com](http://www.MyParisMagazine.com), editor Susan Jones said she is excited about hosting an ongoing photo contest in 2009. "Online contests are a terrific way to showcase our region and give excellent photographers a way to share their work with the world." Jones invites visitors to enter the monthly competitions.

That completes a full year of Tennessee photo ops, so whether you like to photograph animals, landscapes or portraits, there are plenty of chances to display your work. Get snapping—deadlines are fast approaching.



Casey Northcutt is a feature writer who attends Murray State University. Contact her via [www.MyParisMagazine.com](http://www.MyParisMagazine.com).

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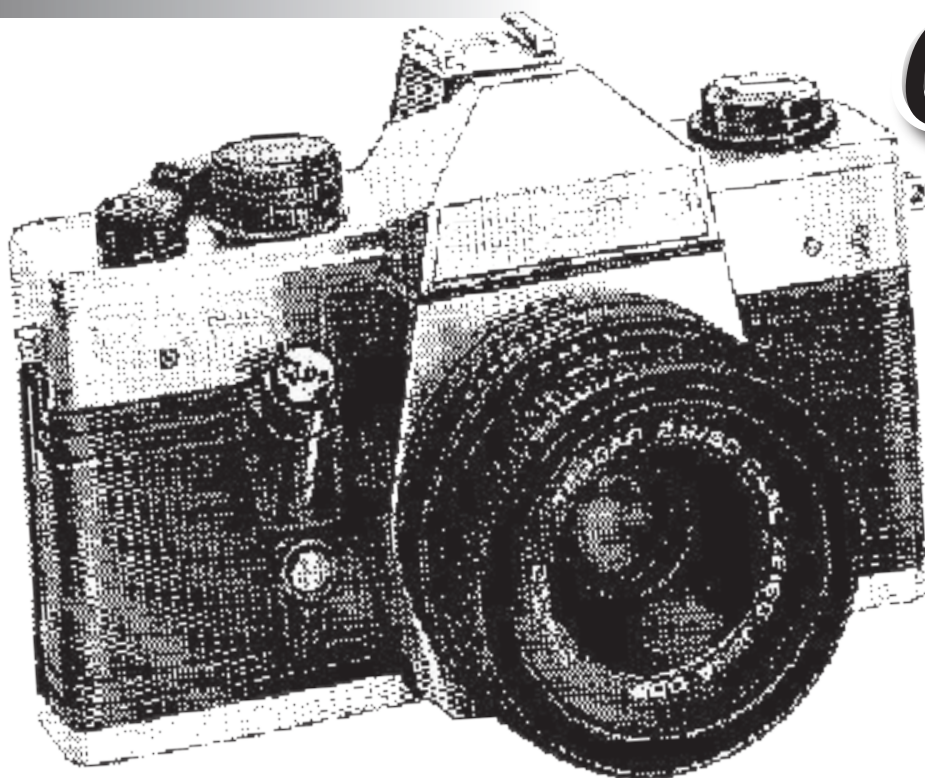
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# Getting the Right Shot

Lots of folks are at a loss when it's time to start snapping pictures. It's true, good photographs can be elusive. PARIS! asked photographers with three distinct levels of expertise to weigh in with their best advice to help both greenhorns as well as old hands improve their shots.

## **Lisa Green – professional photographer**

**1.** Imagine your viewfinder as a picture frame, and then frame the subject like you would want to see it on your wall.

**2.** Make images at the highest resolution that your camera will capture. If you get a great image, but it was made at low resolution, no computer program in the world can turn it into a sharp, satisfying printed photograph.

**3.** When creating family or group photos, don't line the individuals up like a firing squad. Get everyone's head on a different level.

**4.** For the normal snap shooter, it is best to avoid using a flash when photographing a subject in front of windows and/or mirrors. The flash causes a glare that will show up in the image like a big blue light.

**5.** Get close to the subject; when you think you are close enough, get closer!

**6.** The next generation may not have any "old images" if the hard drive crashes and the ink fades. I am the proud owner of trunks of old images and they are priceless, so I encourage all photographers to do two things: back up your images to a disk and print them the old fashioned way at the one-hour lab, not at home. Printing inkjet images

costs way more and fades far more quickly. Remember, we do not create the image for today, but for the memory.

*Visit Green and view her work at [www.lisagreenphotography.com](http://www.lisagreenphotography.com)*

## **Danny Kimberlin, MD - serious amateur nature photographer**

**1.** Avoid clutter. The temptation is to want to convey the entire Grand Canyon with one shot. It cannot be done. Instead, simplify your compositions in a sequence of well-designed photos.

**2.** My mentor, Galen Rowell, said, "Look for the light and find a subject to go with it." Almost any subject looks good in good light but even great subjects look ordinary in ordinary light. Professional

nature photographers know to concentrate their work at the magic hours of dawn and dusk when most great photographs are made. Take a midday siesta.

**3.** Take lots of pictures and delete the bad ones. This has always been true, even when National Geographic photographers would shoot an average of 800 rolls of 36 exposure film for each article. Most of those articles use about 10 of those photos; the rest are trashed or archived.

**4.** Study the great masters. Pick several mentors and learn their philosophy and techniques. If you don't have one, may I suggest John Shaw, whom many professional photographers simply call "the Professor" because he is such a good teacher. His books on beginning photography are simply the best.

*Kimberlin and his wife Martha Jo are longtime sponsors of the Arts Council annual Photo Showcase. Find out more at [www.phcarts.com](http://www.phcarts.com). View his work at his office, Suite 103, 300 Hospital Circle.*

### **Mike Wilson – hobby photographer**

**1.** Keep your camera with you to stop and snap a few shots when there's something interesting.

**2.** When photographing friends and family, take them to places they might not go on their own. I have recently used the lake shoreline, railroad tracks, Johnson Park, downtown alleys and the porch at the Heritage Center.

**3.** Use photography to raise awareness of favorite destinations or events. For example, if antique cars are your passion, send photos from car shows to friends to raise awareness of this hobby or of a particular event.

**4.** Enter local contests. Last year I stopped on Gate 3 Road and took a random and casual picture of a retired school bus sitting peacefully in a pasture at sunset. I had it matted, titled it "Last Stop" and entered it in the Arts Council's Photo Showcase. It won a first place ribbon.

**5.** Surf the Internet. There are dozens of tutorials for newbies, photo-sharing websites and photo gift possibilities. I turn photography into unique gifts via photobooks, mugs and keychains. I even sometimes give an afternoon "photo shoot" to friends on a special occasion. It makes a great lasting memory for both of us.

**6.** Photography has caused me to slow down and to look at my surroundings with a different perspective. Let it do the same for you.

*Mike Wilson did not even own a camera until 2005. Some of Mike's photos can be seen at [http://www.photoworks.com/members/Mike\\_Wilson](http://www.photoworks.com/members/Mike_Wilson)*

*Learn more about upcoming photography contests on page 18 of this issue of PARIS! Enter the daily photo contest at [www.MyParis-Magazine.com](http://www.MyParis-Magazine.com).*



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School of Thought

# Seventeen Hearts



By Dawn Poole

When you were in first grade, if your mother was not exceptionally creative, your valentine box may have looked more like a Hush Puppy shoebox covered with last year's red foil Christmas paper than the one featured on the cover of "Ladies' Home Journal." Heart-shaped candies stamped with "Be Mine" were bought in bulk and cupcakes that tasted of chocolate were red instead of brown. Little has changed since you were in first grade.

Last February, as students at Lakewood Elementary School stuffed valentines into Crocs shoeboxes covered with last year's red Christmas paper, a knock was heard at the classroom door.

## Friends in Need

Months earlier, first-grade teacher Danette Jones began the school year by introducing a social studies unit on economics. A visit from representatives of the Family Resource Center provided students with information regarding needs facing citizens in Henry County. The students' silence was overwhelming as they listened to stories of children forced to live in dire circumstances. Quickly, students began to learn and understand the differences between things they wanted and things they needed.

## Making a Difference

Class discussions focused on how it is the responsibility of all citizens to help those who are in need and how they, as young children, working together as a class, could make a difference. The question of who they would help proved to be an important class discussion that ended in a unanimous decision – they would help other children. After an exchange of emails between the first grade class and the Family Resource Center, two young brothers were identified as the children the class would help.

## Little by Little

Students began bringing coins to school that were deposited weekly into a savings account and in early December, used to purchase Christmas items for the boys. The first collection day arrived with only two girls remembering to bring their coins to school. The change was divided among the groups of children and counted. In the following weeks and months, coins began to flow in with more regularity. Statements arrived once every three weeks from Foundation Bank. Both the students' savings and their level of excitement were growing exponentially. With the first week of December came the

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class's final bank statement of savings. Sitting in a circle with great anticipation, the students clapped with excitement as Mrs. Jones read the final figure - over \$270 had been saved for the two children they would help.



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## Needs vs. Wants

After much negotiation on the final list, it was decided that parent volunteers would purchase eleven items for each boy; ten identified from the needs list and one from the wants list. On Monday of the following week, parents came to the classroom with tape, scissors, boxes and paper. Twenty-two Christmas gifts were wrapped; seventeen first graders' hearts full.

## What is Giving?

As the project neared completion, Mrs. Jones explained the class' final activity. She asked, "What is giving? How do people feel when we give them something? What was your favorite part of our project?" Sitting with each child as he/she answered the questions, parents recorded the thoughtful yet humorous student responses. The end result would be a book written



*Children in Mrs. Jones' class wrap gifts for their specially chosen family as part of a class service learning project.*

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and illustrated by Danette Jones' first-grade students at Lakewood Elementary, appropriately titled *The Giving Class*.

### **The Giving Class**

The book was mailed to the publisher and months later as parents celebrated Valentine's Day with their students, a knock was heard at the classroom door. The books had finally arrived. The timing could not have been more perfect; their book about love and giving had arrived on the very day that celebrates it. *The Giving Class* was dedicated to the students' parents whose help was instrumental in the service-learning project.

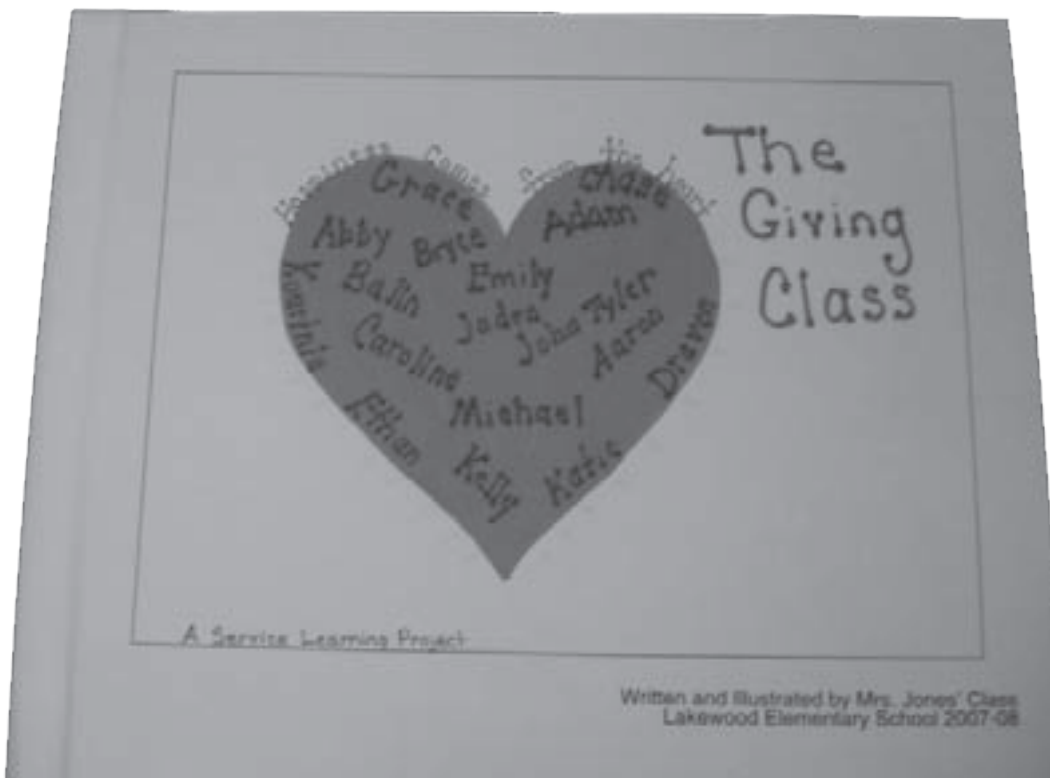
Approximately 30 course standards and 70 skills were learned during *The Giving Class* project. Year-end standardized test scores reflected the learning in Mrs. Jones' classroom with students perform-

ing higher than the state average in each subject. But the most important lesson learned would not be measured by test scores. It would be found on page 29 of *The Giving Class*.

"Giving is sharing with people you love. Sometimes we give to people we don't even know. We want to share to help others. Some people need clothes, toys or money. My favorite part of our class project was watching our money grow in the bank. It makes people feel good when we help."



*Dawn Poole is the Service Learning Coordinator for the Henry County School System. She shares the School of Thought department with Dr. Norma Gerrell, Supervisor of Instruction for the Paris Special School District. Contact her via [www.MyParisMagazine.com](http://www.MyParisMagazine.com).*



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# Brenda Valentine

*...living her dream*

By Deborah Turner

*Valentine's hunting skills have made her a household name in hunting circles and have helped put Henry County on the map.*



Henry Countians rarely appear in the *Wall Street Journal*, but Brenda Valentine recently made the cut when the newspaper was seeking insight into women and hunting. Valentine welcomed the Journal's Pulitzer Prize-winning Senior Editor Kevin Helliker to her home when his telephone interview proved too intriguing to forgo an in-depth, personal interview. It was a visit both apparently relished.

"I fed him deer roast, cornbread, chess pie, fresh tomatoes and stuff out of our garden," said Valentine, who also took him squirrel hunting afterwards. The interview itself took place while sitting on a stump on a white oak ridge on the Valentine farm. The First Lady of Hunting® seized the day and seized the opportunity to promote conservation issues, gun rights and women's participation in outdoor hunting activities, all while having a grand time. It's the stuff of fond memories and fine friendships; the kind that promises to bring the editor and his son back to Henry County this spring for a turkey hunt.

Soon afterward, Valentine put Henry County in the news again with an appearance on "Fox and Friends." While much of this mainstream media interest was due to



GOP Vice-Presidential Candidate Sarah Palin's interest in hunting, Valentine is no stranger to the outdoor media. Puryear, Tennessee is often the venue of nationally televised shows like "Bass Pro Shops' Real Hunting," hosted by Valentine, and "Bass Pro Shops' King of Bucks," in which she appears on a regular basis, as well as other outdoor features.

Originally a beautician, Valentine was influenced and inspired by her mother to pursue her dream as an outdoorswoman. Known nationally for hosting and appearing on myriad outdoors TV shows, Valentine speaks regularly at seminars and events and is an accomplished writer. She was the first female inducted into the Legends of the Outdoors Hall of Fame and is a member of the Henry County Sports Hall of Fame for numerous state, regional, and national 3-D Archery titles.

This busy celebrity lives out her own dream in Henry County, her home and office tucked back into the West Tennessee woods where she lives with husband Barney. Like her mother before her, she holds dear a warm kitchen filled with delicious smells and the sounds of grandchildren. However, she can be in a tree stand before dawn, in the kitchen whipping up a culinary masterpiece, or in the living room visiting with friends. Valentine brings the heart of home no matter the setting □ desert, forest, grassland or tundra, cabin, boardroom or ballroom.

After decades of introducing women to hunting, Valentine is quick to dispel notions of a typical female hunter. "There is a broad spectrum of women who have discovered the rewards of hunting," she says, recalling three of her favorite inductees. One was the 87-year-old lady with a pacemaker who wanted to learn to shoot a bow and use a climbing tree stand. Another was a nine-year-old girl who, blind from birth, smiled radiantly upon hearing her

first wild turkey. Then there was the world-class gymnast who, by chance, discovered her true calling in training upland hunting dogs. "My list goes on and on with special women who treasure the hunting experience, but the truth remains - there are women hunters of every age and from every walk of life," she said.

Why do women hunt? According to Valentine, one big reason is the level playing field that equalizes participants in an arena where wealth, social status, appearance, race, age, physical adeptness, and education are nonfactors. "Additionally, most women relish the degree of self-sufficiency they discover when literally putting meat on the family table and the independent feeling of knowing how to safely and effectively handle a firearm or bow," she said.

Valentine's confident voice, heard around the world as well as in each individual ear that she guides along the way, holds age-old wisdom for those who listen: words of freedom, smart management, independence, and lots of fun and fellowship along the way. Find out more about Brenda Valentine at [www.MyParisMagazine.com](http://www.MyParisMagazine.com).



*Deborah Turner is a writer, a web designer, web master and owner of HeartandHearths.com. Contact her via [www.MyParisMagazine.com](http://www.MyParisMagazine.com).*



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**STATE REPRESENTATIVE**

**75th District**

**Benton Henry Stewart**

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# Calendar of Events – Winter 2009

January 1 through March 15, 2009

(For more events, or to add one of your own, log on [www.MyParisMagazine.com](http://www.MyParisMagazine.com))

### On-Going Winter Events

**Trivia Night** – Find the answers to life's burning questions at Paris Optimist Club Trivia Night, held the first Saturday of January, February, March and April. Doors open at 6:30, game starts at 7:00 at the First United Methodist Church Christian Life Center—only \$5 per person. For information call Joe Houston at 731-642-5594

**Helping Hand Radio Auction** – Bid away the winter at the Enoch Building, Monday –Saturday, January 5 through February 25. Go in person or listen on WTPR AM 710, beginning at 12:45 p.m. weekdays. Check times for Saturday auctions. Bid at 731-644-1695. Visit the Helping Hand Calendar online at [www.MyParisMagazine.com](http://www.MyParisMagazine.com), or on page 32-33 of this issue.

**Learn to Play Guitar and Piano, Sing, Paint, Create Pottery and More** – Call Lee Academy for the Arts at 731-642-3411 and sign up for classes.

**Fourth Friday Art Show and Sale** – From paintings to pottery, it's waiting for you at the art show and sale at Lee Academy for the Arts the fourth Friday of each month from 5 – 8 p.m. Sponsored by the Tennessee River Arts League. Call 731-642-3411.

**Stay Fit Indoors** – The Paris Civic Center has a track, weights, fitness machines, fitness instructors and a nice, warm pool! Pay by the visit or become a member. Located on Volunteer Drive. Call 731-644-2517 for information.

**Paint Pottery** – Wile away an afternoon painting pottery at "Studio J" upstairs at Jack Jones Flowers in Downtown Paris. Call 731-642-LALA for information.

**Latest Films** – Enjoy six screens and the latest releases at the Parisian Theatre on Jim Adams Drive. Info line is 731-642-7171.

**January 1** – Happy New Year!

Look for on-going special activities throughout 2009 as part of the **10th Anniversary of Krider Performing Arts Center**.

**January 3** – Join the Children's Theater at the Krider for the second **Winter Workshop Show** (Three one-act plays) at 7 p.m. Tickets will be \$5 for this event, sponsored by the Paris Parks Department. For information, call 731-644-2517.

**January 3** – **LBL Eagles Van Tours** are from 9 a.m. until noon and 1 - 4:30 p.m. Reservations and full deposits required. Call 270-924-2020.

**January 5** – Yippee, no school! **Administrative day** for Paris and Henry County Schools.

**January 5 – 31** - Attention good cooks: grab your spatulas and prepare your best dishes! Start bidding on all that good food during the **Helping Hand Radio Auction on WTPR AM 710**, beginning at 12:45 p.m. Bid often and bid high at 731-644-1695.

**January 6** – **First day of school** after Holidays.

**January 8** – Start the New Year right with a blood donation when **Lifeline Blood Mobile visits Paris** from noon to 6 p.m. at First United Methodist Church, 101 E. Blythe Street. For information call 731-642-2941.

**January 10** – Enjoy the **LBL Brunch with Eagles River Cruise (8:30 - 11:30 a.m.) and Lunch with Eagles River Cruise (1 - 4 p.m.)**. Cost is \$60.00; registration and deposit required. Call 270-924-2020.

**January 19** – **Martin Luther King Day**. No school in Paris or Henry County.

**January 20** – No school! **Administrative Day** for Paris and Henry County.

**January 20** – **Free Heart Healthy Cooking School**, sponsored by Henry County Medical Center and St. Thomas is at 12 p.m. at the HCMC. Pre-register is a must, call 731-644-3463. Enjoy heart healthy recipes prepared by a chef from St. Thomas.

**January 20 – Kindermusik classes for the little ones** (6 months – 6 years) at Lee Academy for the Arts. Call Elaine Conger at 731-644-3110 for more information or register at <http://elainekconger.kindermusik.net>.

**January 22 – Lee Academy for the Arts offers “Mountain Dulcimer for Adults”** on Thursdays 10 a.m. – 11:30 a.m. Cost is \$15.00 per lesson. For more information or to register, call 731-644-3110 or e-mail [CongerMusic@aol.com](mailto:CongerMusic@aol.com).

**January 24 – Henry County High School “Patriot Idol”** will be held at the KPAC. For more information, call Brad Jackson at 336-6657.

**January 26 – Learn Ballroom Dancing** at Lee Academy for the Arts at 6:30 p.m. Cost is \$125.00 for five weeks with instructor, “Boogie” Thurman. For information call Andy Hooper at 731-642-4512.

**January 27 – Cardiac Rehab Nutrition Class**, sponsored by Henry County Medical Center, Paris-Henry County Healthcare Foundation, and LeBonheur Delta Rural Grant at 12 p.m. in the private dining room at HCMC. Free class and lunch is provided. Pre-register at 731-644-3463.

**January 29 – HCMC Seminar on Cervical Cancer** presented by Dr. Pam Evans at 6 p.m. at HCMC Learning Center’s classrooms 2 & 3. For information, call 731-644-3463

**January 31 – Let the judging of the beauties begin! The Fish Fry Hostess Princess Beauty Pageant** is at the Krider. Fish Fry pageants for younger girls will be held on February 1, 7, and 8. For more information, call 731-644-2517.

**February is Black History Month** - Be on the lookout for special events at the W.G. Rhea Library, the Heritage Center and the local schools.

**February 2 – 25** - Continue to listen and bid for your favorite items on **Helping Hand Radio Auction** **Radio Auction on WTPR AM 710**, beginning at 12:45 p.m. Call in bids at 731-644-1695.

**February 4, 11, 18, 25 – YIKES! It’s tax time.** The **VITA Tax Service** will be at the Paris Civic Center, 650 Volunteer Drive, Paris from 9 a.m. with appointments until 5 p.m. For information, call Site Coordinator Carole Walsh at 731-642-4178.

**February 5 - Lifeline Blood Mobile visits Paris** from noon to 6 p.m. at First United Methodist Church, 101 E. Blythe Street, Paris. 731-642-2941.

**February 5 – Henry County Medical Center presents “How do you go Red in Your Life”** from 4:30 until 6:00 p.m. at the Paris Convention Center. Guest Speaker is Dr. David Gibson with The Heart Group from St. Thomas. Call 731-642-3463.

**February 7 – The Madrigals perform “An Evening with the Madrigals”** at the Paris Convention Center behind the Hampton Inn. Doors open at 6 p.m. with a silent auction. Tickets are \$15.00; tables are \$120.00. For tickets, see any Madrigal or Madrigal parent. For questions, call Cindy Lowe at 731-642-2717 or call 731-234-3856.

**February 7 – LBL presents its Fort Henry Anniversary Walk** from 1 - 4 p.m. Call 270-924-2020.

**February 7 – The Chamber of Commerce hosts the Annual**

**Healthcare Expo** from 8 a.m. until 12 p.m. at the Paris Civic Center on Volunteer Drive. For information, call 731-642-3431.

**February 16 – President’s Day**, no school in Paris and Henry County.

**February 16 – Enjoy LBL’s President’s Day Elk & Bison Prairie Tour** from 2 - 3:30 p.m. Cost is \$3; call 270-924-2020 for reservations.

**February 17 – No school! Administrative Day** for Henry County School System.

**February 21 – Let’s party at the Mardi Gras Ball** sponsored by the Heritage Center at the Hampton Inn. Attire is dressy (black tie optional) or costume. Includes meal, royalty, music, dancing. For information, call 731-642-1030.

**February 24 – Henry County Medical Center’s Lunch & Learn Event** features Dr. Andrew Lundburg on **“Blood Clots of the Vascular System.”** For information, call 731-643-3463.

**February 24 - Cardiac Rehab Nutrition Class**, presented by Kim Dempsey, MS, RD, LDN, is at noon at the hospital. The class is free, and lunch is provided. Participants must pre-register by calling 731-644-3463.

**February 26 – The Lakewood 3rd and 4th Grade Concert** is at the school. For more information, call 731-644-1600.

**March 1 – 26 – Get your photos ready for the Arts Council’s Annual Photo Showcase.** Sponsored by Dr. and Mrs. Danny Kimberlin, this excellent exhibit takes place at the W.G. Rhea Public Library. For information call 731-642-3955 or log on [www.phcart.com](http://www.phcart.com).

**March 1 – All Land Between the Lakes facilities** (including the campgrounds) **re-open for the season.** The Homeplace, Nature Station, and Golden Pond Planetarium open Wednesday through Sunday during March and open daily beginning in April. For more information, call 1-800-525-7077 or visit [www.lbl.org](http://www.lbl.org).

**March 4, 11, 18, 25 and April 1 – Hurry, don’t be late! The VITA Tax Site** will be at the Paris Civic Center, 650 Volunteer Drive, at 9 a.m. with appointments until 5 p.m. Call Carole Walsh, at 731-642-4178.

**March 5 - Lifeline Blood Mobile** visits Paris from noon to 6 p.m. at First United Methodist Church, 101 E. Blythe Street.

#### Coming up:

**March 17 – The Lakewood 1st Grade Musical** is at the school. For more information, call 731-644-1600.

**March 19 – The Third Grade Swimming Program** is at Paris Elementary School at 6 p.m. at the Civic Center Pool. Admission is free. For more information, contact Sarah Luffman, PES Swim Instructor, at 731-642-3675.

*Events listed on the Calendar are subject to change. Please contact event sponsors for details.*





# HELPING HAND RADIO AUCTION 2009

## JANUARY 5 THROUGH FEBRUARY 25, 2009

**ORIG HOSTS**  
7 PM - 10 MINUTES  
AFTER AUCTIONS

**AUCTION PRIZES**  
644-1425  
OFFICE - 644-1425

Broadcast daily over WTPA-AM 710 12:45 PM to 1:00 PM... Wednesdays / 710 Noon on Saturday / Listen to QJ 105.5 for Saturday Night Auctions (check calendar first)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SATURDAY NIGHT
JANUARY 5	JANUARY 6	JANUARY 7	JANUARY 8	JANUARY 9	JANUARY 10	JANUARY 11
<b>PAUL LEMMONS CLUB</b> 642-1165 <b>PAUL LEMMONS CLUB</b> 642-1165 <b>SPENCER CAME</b> 642-1165 <b>LAURENCE BARNARD</b> 642-1165 <b>FRED MCELROY</b> 642-1165 <b>MAURITIA CHARTER CLUB</b> 642-1165 <b>BUCHANAN LOTUS 870</b> 642-1165 <b>BETTY MCELROY</b> 642-1165	<b>PAUL LEMMONS CLUB</b> 642-1165 <b>ED HUCKLEBERRY</b> 642-1165 <b>PAUL LEMMONS CLUB</b> 642-1165 <b>JOE BROWN</b> 642-1165 <b>PAUL LEMMONS CLUB</b> 642-1165 <b>REGIOLE</b> 642-1165 <b>STOCKWELL BLVD</b> 642-1165 <b>WHEEL MCELROY</b> 642-1165 <b>BETTY MCELROY</b> 642-1165	<b>HENRY CO. HUCKLEBERRY</b> 642-1165 <b>SEYMOUR BROWN</b> 642-1165 <b>SEYMOUR BROWN</b> 642-1165 <b>SEYMOUR BROWN</b> 642-1165 <b>SEYMOUR BROWN</b> 642-1165 <b>SEYMOUR BROWN</b> 642-1165 <b>SEYMOUR BROWN</b> 642-1165 <b>SEYMOUR BROWN</b> 642-1165	<b>PAUL LEMMONS CLUB</b> 642-1165 <b>ED HUCKLEBERRY</b> 642-1165 <b>PAUL LEMMONS CLUB</b> 642-1165 <b>JOE BROWN</b> 642-1165 <b>PAUL LEMMONS CLUB</b> 642-1165 <b>REGIOLE</b> 642-1165 <b>STOCKWELL BLVD</b> 642-1165 <b>WHEEL MCELROY</b> 642-1165 <b>BETTY MCELROY</b> 642-1165	<b>PAUL LEMMONS CLUB</b> 642-1165 <b>ED HUCKLEBERRY</b> 642-1165 <b>PAUL LEMMONS CLUB</b> 642-1165 <b>JOE BROWN</b> 642-1165 <b>PAUL LEMMONS CLUB</b> 642-1165 <b>REGIOLE</b> 642-1165 <b>STOCKWELL BLVD</b> 642-1165 <b>WHEEL MCELROY</b> 642-1165 <b>BETTY MCELROY</b> 642-1165	<b>PAUL LEMMONS CLUB</b> 642-1165 <b>ED HUCKLEBERRY</b> 642-1165 <b>PAUL LEMMONS CLUB</b> 642-1165 <b>JOE BROWN</b> 642-1165 <b>PAUL LEMMONS CLUB</b> 642-1165 <b>REGIOLE</b> 642-1165 <b>STOCKWELL BLVD</b> 642-1165 <b>WHEEL MCELROY</b> 642-1165 <b>BETTY MCELROY</b> 642-1165	<b>PAUL LEMMONS CLUB</b> 642-1165 <b>ED HUCKLEBERRY</b> 642-1165 <b>PAUL LEMMONS CLUB</b> 642-1165 <b>JOE BROWN</b> 642-1165 <b>PAUL LEMMONS CLUB</b> 642-1165 <b>REGIOLE</b> 642-1165 <b>STOCKWELL BLVD</b> 642-1165 <b>WHEEL MCELROY</b> 642-1165 <b>BETTY MCELROY</b> 642-1165
JANUARY 12	JANUARY 13	JANUARY 14	JANUARY 15	JANUARY 16	JANUARY 17	JANUARY 18
<b>TIMOTHY BROTHER BROTHER</b> 642-1165 <b>LAURENCE BARNARD</b> 642-1165 <b>LAURENCE BARNARD</b> 642-1165 <b>LAURENCE BARNARD</b> 642-1165 <b>LAURENCE BARNARD</b> 642-1165 <b>LAURENCE BARNARD</b> 642-1165 <b>LAURENCE BARNARD</b> 642-1165 <b>LAURENCE BARNARD</b> 642-1165	<b>CITY OF CHICAGO</b> 642-1165 <b>ED HUCKLEBERRY</b> 642-1165 <b>PAUL LEMMONS CLUB</b> 642-1165 <b>JOE BROWN</b> 642-1165 <b>PAUL LEMMONS CLUB</b> 642-1165 <b>REGIOLE</b> 642-1165 <b>STOCKWELL BLVD</b> 642-1165 <b>WHEEL MCELROY</b> 642-1165 <b>BETTY MCELROY</b> 642-1165	<b>TIMOTHY BROTHER BROTHER</b> 642-1165 <b>LAURENCE BARNARD</b> 642-1165 <b>LAURENCE BARNARD</b> 642-1165 <b>LAURENCE BARNARD</b> 642-1165 <b>LAURENCE BARNARD</b> 642-1165 <b>LAURENCE BARNARD</b> 642-1165 <b>LAURENCE BARNARD</b> 642-1165 <b>LAURENCE BARNARD</b> 642-1165	<b>PAUL LEMMONS CLUB</b> 642-1165 <b>ED HUCKLEBERRY</b> 642-1165 <b>PAUL LEMMONS CLUB</b> 642-1165 <b>JOE BROWN</b> 642-1165 <b>PAUL LEMMONS CLUB</b> 642-1165 <b>REGIOLE</b> 642-1165 <b>STOCKWELL BLVD</b> 642-1165 <b>WHEEL MCELROY</b> 642-1165 <b>BETTY MCELROY</b> 642-1165	<b>PAUL LEMMONS CLUB</b> 642-1165 <b>ED HUCKLEBERRY</b> 642-1165 <b>PAUL LEMMONS CLUB</b> 642-1165 <b>JOE BROWN</b> 642-1165 <b>PAUL LEMMONS CLUB</b> 642-1165 <b>REGIOLE</b> 642-1165 <b>STOCKWELL BLVD</b> 642-1165 <b>WHEEL MCELROY</b> 642-1165 <b>BETTY MCELROY</b> 642-1165	<b>PAUL LEMMONS CLUB</b> 642-1165 <b>ED HUCKLEBERRY</b> 642-1165 <b>PAUL LEMMONS CLUB</b> 642-1165 <b>JOE BROWN</b> 642-1165 <b>PAUL LEMMONS CLUB</b> 642-1165 <b>REGIOLE</b> 642-1165 <b>STOCKWELL BLVD</b> 642-1165 <b>WHEEL MCELROY</b> 642-1165 <b>BETTY MCELROY</b> 642-1165	<b>PAUL LEMMONS CLUB</b> 642-1165 <b>ED HUCKLEBERRY</b> 642-1165 <b>PAUL LEMMONS CLUB</b> 642-1165 <b>JOE BROWN</b> 642-1165 <b>PAUL LEMMONS CLUB</b> 642-1165 <b>REGIOLE</b> 642-1165 <b>STOCKWELL BLVD</b> 642-1165 <b>WHEEL MCELROY</b> 642-1165 <b>BETTY MCELROY</b> 642-1165
JANUARY 19	JANUARY 20	JANUARY 21	JANUARY 22	JANUARY 23	JANUARY 24	JANUARY 25
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# Hidden Treasure

By Shannon McFarlin

October 1, 1900.

On that particular date, the people of Paris had something special to be excited about. It was opening night of The Crete Opera House, and it was spectacular. The modern, four-story building had finally been completed and citizens would be getting their first peek at its elegant interior.

It's a hidden treasure, now housing the Henry County Courthouse annex. But when it was built, the

Crete was a majestic testament to architecture and craftsmanship.

Today, people come and go performing mundane duties of modern daily life: paying taxes, registering to vote, performing property transactions. Little do they realize that on the floors above them an earlier generation of Parisians thrilled to operatic music, elegant chandeliers, Broadway-style stage, colored electric lights, and lush velvet seats.

The news reporter at The Parisian

newspaper described it as a "thing of beauty," comparing to the "lofty pleasure dome of Kublai Khan in Xanadu."

"Coming inside you see foyer, promenade and aisles covered with a rich velvet carpet, so soft and elegant that to walk upon it made your humble scribe feel like a King or railroad president," he wrote. With floor seating as well as elegant private boxes in the balcony, there was not a bad seat in the house.

The Parisian paid tribute to the Crete for lifting the morals of Paris “to save them from the degraded and degrading entertainments that have cursed our town in the past.” To ensure that theatre-goers got the message, a sign was affixed to the wall: “No Spitting on the Floor.” The sets were elaborate, with large numbers of players and/or animals able to perform on stage at the same time and an orchestra pit in front.

The Opera House was the brain-child of Yancy Quitman Caldwell. Caldwell was the scion of one of Henry County’s most prominent families and was the son of Colonel R.D. and Emily Ann Caldwell.

His great-niece, Ann Crosswy of Paris, said, “I was a little girl and barely remember Uncle Quint. I do know he wanted to see Paris grow.” He helped bring the first United States Post Office to Paris and he was very active in the Democratic Party. “I have letters he wrote to William Jennings Bryan and letters that Mr. Bryan wrote to him,” she said. “He was very political.”

Caldwell graduated from Eastman’s School of Business in New York and Crosswy speculated that his time in New York inspired him to build an opera house in Paris. “Paris was a very cultural town, especially for that time period,” she said. “He might have just thought it could be a real money-maker here.”

The history of the old Opera House has been lost to recent generations and mystery has surrounded its name, “Crete.” Some local folks had speculated that the owner of the opera house was broken-hearted over the death of his wife, who had been named Crete. The real answer to the mystery was hiding in plain sight.

The original name of the building, as shown by the blueprint

which Crosswy still has, was the Paris Opera House. But that soon changed. Inspired by the loveliness of his niece, Mary Crete Mitchell, Caldwell changed it to The Crete Opera House. “They said she was just beautiful,” Crosswy said, and the painting she has of the young woman proves it.

Caldwell must have received help from his mother in building the Opera House, since both their names are on the blueprint and both of their initials decorate the building. Looking closely at the front of the building, viewers can see them. His initials, “YQC” are on the top left, and hers, “EAC” are on the right.

That small bit of vanity is one of the few mementos of the Crete Opera House that exists today. In fact, touring groups became a thing of the past and the Crete operated only two years. Gone is the stage, the balcony seats, the orchestra pit and left is a storage area for the county.

There are some reminders of the Opera House around town, however: the chandeliers that once hung there are now at the home of Dr. Robert Adams on Chickasaw Road. The only known photograph of the interior of the Opera House—depicting the performance of “Camelot”—belongs to James and Edith Barnett.

And the “No Spitting on the Floor” sign? That is now the property of the Paris-Henry County Heritage Center. County Historian David Webb said, “I got up on a ladder and removed that myself—I didn’t want it to be lost.”



*Shannon McFarlin holds a masters degree in Public History. She is a freelance writer and lover of all things Henry County. Contact her via [www.MyParisMagazine.com](http://www.MyParisMagazine.com).*

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Every self-respecting Driving Diva knows it's unwise to head out in a marginally running vehicle. Add harsh winter conditions to the mix, and it's downright foolhardy.

Below are a few reminders that invariably are overlooked. Getting these four simple items taken care of will keep you and your family safer during the unpredictable winter months of the New Year.

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# WIN-ter Car Care

*is a win-win for motorists*

By Dan Townsend

## Windshield Wipers

Replace your old wiper blades. Your friendly service provider and even some parts stores will install them. Stock up on windshield washer solvent—you'll be surprised how much you use! Don't forget to always keep that ice-scraper handy.

## Fuel

Put a bottle of fuel de-icer in the tank once a month to help keep moisture from freezing in the fuel line. Remember, a gas tank that's kept full helps prevent moisture from forming; never let it get below a half-tank.

Here is an interesting tidbit that will impress your friends: A 13-gallon tank may be 1% contaminated with water; at ¼ tank the same gasoline becomes 4% contaminated. At 4%, not only do you risk moisture freezing in the fuel line, but at that level of contamination your expensive fuel pump is quickly deteriorating.

## Tires

Worn tires are dangerous in slippery winter weather.

- Take a look at your tire's tread and note any uneven tread wear.

- Check tire pressure once a month (a car's recommended pressure is on the door jamb or in the owner's manual). Low air pressure is a leading cause of premature tire wear. Plus, under-inflated tires make the engine work harder and thus use excess gasoline.

- Rotate as recommended; it will extend the life of your tires.

- Don't forget to care for your spare, and be sure the jack is in good condition.

## Battery

When getting your oil changed (every three months or 3,000 miles), have your service technician test the battery. Local parts stores will also do this. While the hood is up check the battery and surrounding area for that telltale greenish/white corrosion. Have this removed to ensure a good connection and a sure start.



*Dan Townsend is a Henry Countian who teaches Automotive Technology at the Tennessee Technology Center's McKenzie campus. Contact him via [www.MyParisMagazine.com](http://www.MyParisMagazine.com).*

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# A Fireside Chat on a Long Winter's NIGHT



Ahhhhhhh Winter, you're cold and your nights seem never-ending. You are the season for hot food, dear friends, a warm fire and good conversation. With this scene in mind, PARIS! asked

those who stopped by our Small Business Expo booth this question: "If you could cozy up by the fire and have a long chat with anyone (living or deceased), who would that person be and why?"

Many folks wanted to visit with deceased parents or grandparents, while others wanted to sit down with historic figures or even famous cooks. Who would you like to visit with this winter? Below are few interesting replies from fellow Henry Countians:

**My grandmother** - She is alive and living in Berlin. I would love to hear about her life in Berlin during WWII. Angie Pickett

**Abraham Lincoln** - I would like to hear how he handled all the stress of a divided nation. I admire his intelligence and character. Melanie Fry, Buchanan.

What sustained you through it all, Mr. President? Bill Williams, Paris

**Kenny Rogers** - I'd like to hear about his life. Jean Raymer, Paris

**My father** - He passed in 1989. I would love to chat with him about issues in my life, and to get his advice and outlook. Our relationship was cut so short due to cancer. I miss my dad. Ronald Watkins, Paris



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**Nostradamus** - I'd like him to explain all of his "predictions." Rachel Sturdivant, Paris

**Any of the past presidents** - I'd like to get their views on the state of our country during their time. Jenny Perry, Mansfield

**Viola Wilson** - She was my mentor. I love and miss her. Nykki Jumper

**Queen Elizabeth I of England** - She had a terrible childhood but managed to become the most powerful ruler in Europe. Brilliant woman and a real survivor. Pat Graff, Paris

**My mother** - She passed away when I was eight years old. I would love to show her my family and have her tell me about when I was young. Deb Patterson, Paris

**Billy Graham** - I can't begin to say all the things I would like to discuss with him, especially about the beginning of his ministry. Robert Walker, Paris

**My grandmother** - She raised me and passed away in 2000. She possessed every quality I long to have. Tracy Moyer, Springville

**Mother Teresa** - She was such a wonderful, gracious lady who has done so much for the world's needy.

Jan Doall, Paris

**My husband** - He will be leaving for deployment training and then to Iraq. Hope Taylor, Paris

**Jesus** - Only the Lord and Savior can answer the mysteries of life. Larry Plehn, Big Sandy

**Frank Sinatra** - He was always so cool. I would like to find out what it was like being a star in the 50's. Joshua Bowden, Paris

**Paula Dean** - So I could get recipes from her and pick her brain about cooking. Wendy West, Paris

**Uncle Duffy Martin** - He was born and raised in the old 23rd District until that area became the best catfishing spot in Tennessee. He has the best stories to tell of his family's experiences. Clark Womack, Paris

**My mom and dad** - They've been gone for 10 years and now have a grandson. I would love to tell them all about him. Robin Harris, Puryear

**Daniel Craig**, the new James Bond - Because he is soooo yummy. Patricia Smith, Paris

**All four of my grandparents** - I have yearned to have time with them so we could know each other better. Becky Overcast, Springville

**Brad Paisley** - I'm his biggest fan. I'd also love to talk with older

people who've lived in Paris their whole lives and hear their stories.

Kasey Fitzsimmons, Paris

**Peyton Manning** - I'd just love to chat with him, but I'll never get that chance. Mary Darnell, Paris

**My daddy** - He died when I was 18. There are too many things I never got to know about him and even more things I need his help with every day. More than anything, I'd love to see him just one more time. Amanda Malone, Paris

**W.O. Inman** - Because I'm always thinking of historical questions about Paris and Henry County. I'd just love to talk with him again. Bill McCutcheon, Paris

**General J.D.C. Atkins** - He served in both the United States and Confederate congress. Jerry Teague, Paris

**My mother** - I want to ask her about people in our family and about the history of our land. Katie Williams, Springville

**Charles Orr** - He knew so much about Paris and people. I really miss him. Anita Peale, Paris

**Dolly Madison** - Because of everything she did while she was the first lady. Blaine Brown, Paris



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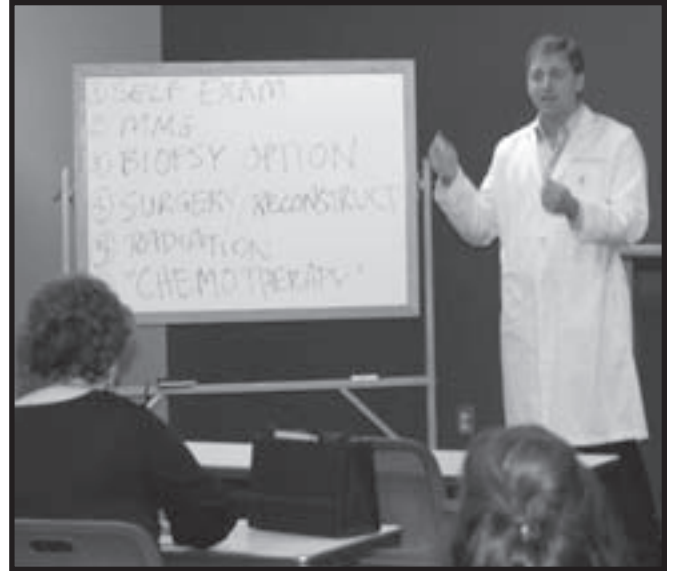
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# Where in this World of Winter Can I Find Health Information?



*Dr. Russell Boyd leads an HCMC Lunch and Learn event.*

By Pat Terrell, R.N.

This time of year, it may be difficult to find resources to soothe our need for health help. Fortunately, the winter world is not devoid of information. Whether you choose the internet, medical seminars and classes available locally, or the upcoming Healthcare Expo sponsored by the Paris-Henry County Chamber of Commerce, your needs can easily be met, mostly for free.

## Healthcare Expo 2009

A good “all in one place” local source for information, the Paris-Henry County Chamber of Commerce’s Healthcare Expo is traditionally set for the first Saturday of February. This year’s expo will be February 7 from 8 a.m. to noon at the Paris Civic Center, 650 Volunteer Drive. A wide variety of medi-

cal professionals will be on hand to offer screenings of blood sugar, blood pressure, body fat analysis and general health. Vendors such as hospitals, home health agencies, pharmacies, clinics, physical therapists, and local law enforcement and emergency agencies will also be available to answer your pressing questions. What’s more, it’s a great

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way to see the myriad of healthcare resources available to us right here in Henry County.

## Henry County Medical Center Opportunities

In addition to listing the wide variety of healthcare seminars classes, and support groups offered to the public locally by Henry County Medical Center, their website [www.hcmc-tn.org](http://www.hcmc-tn.org) is a wealth of information. It includes a very handy "Health Interactives" section which allows you to derive information on such topics as allergies, blood pressure, your body mass index and caloric content of common foods, personal assessments of depression, signs and symptoms of several types of cancer and prevention, the risks and symptoms of diabetes, exercise benefits and suggestions, tips for smoking cessation, and staying healthy during pregnancy. Even tips for the safe use of outdoor grills and buying and storing produce are part of the makeup of this far-reaching resource.

Upcoming events listed on the HCMC website include a Heart

Healthy Cooking School on January 20 at noon sponsored with St. Thomas Hospital, which features heart-healthy recipes prepared by a chef from St. Thomas, a cardiac rehab nutrition class offered January 27, February 24, and March 24 beginning at noon and sponsored with Paris-Henry County Healthcare Foundation and LeBonheur Delta Rural Grant, and ongoing childbirth education classes occurring all day on one Saturday each month. Space is limited for all classes, so call the hospital at (731) 644-3463 to pre-register or get more information.

## Internet Sites

While you are venturing out along the information superhighway, another very useful site is [www.webmd.com](http://www.webmd.com) which covers topics such as drugs; men's, women's, and children's health; breaking health news; and opportunities to blog and participate in message boards with people who might be going through the same malady you are facing. This website is organized and written in a format that is easy to read for everyone,

regardless of health expertise or experience. Other similar sites include [www.everydayhealth.com](http://www.everydayhealth.com), [www.mayoclinic.com](http://www.mayoclinic.com), and [www.healingwell.com](http://www.healingwell.com).

However, just typing a topic or term into any popular search engine will yield a plethora of information resources. The important thing to remember is to gather and compare as much information as you can on the topic, and, as always, consult a physician or medical professional before following the advice of online sources.

So, there's not a reason to feel isolated from healthcare information and resources this winter. Whether it's a healthcare expo, seminars, classes or the internet, a little effort will keep you rolling on the road to continued good health.



*Pat Terrell is a registered nurse who lives and works in Henry County. Contact him via [www.MyParisMagazine.com](http://www.MyParisMagazine.com)*

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# Listen to the Helping Hand Radio Auction on WTPR AM 710

January 5, 2009 through February 25, 2009.

## HELPING HAND FAQ

**Q:** What is Helping Hand?

**A:** An annual radio auction to benefit non profit groups in Henry County.

**Q:** When does it take place?

**A:** Monday-Saturday,  
January 8-February 28.

**Q:** Where is it located?

**A:** Enoch Building at the HC Fairgrounds

**Q:** When and where can I hear it?

**A:** WTPR AM 710 at 12:45 Mon.-Fri. &  
Noon Sat.

**Q:** How many organizations does it help?

**A:** It varies according to how many apply and their eligibility. Approximately 60 organizations receive checks from HH.



**Q:** How many communities or organizations will participate this year?

**A:** Approximately 130.

**Q:** How much money was raised in 2008?

**A:** \$255,000.00

**Q:** How much are operating costs?

**A:** They average about 2.5 percent.

**Q:** Where can I get a HH calender?

**A:** On [www.MyParisMagazine.com](http://www.MyParisMagazine.com),  
[www.VisitDowntownParis.com](http://www.VisitDowntownParis.com), or on  
pages 32-33 of this issue!



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# Living the Dream: Cherry Jones on "24" and Henry County

By Arthur Lodge

Forget everything you have heard since the presidential election on November 4th. The President of the United States is a woman named Allison Taylor (a.k.a. Cherry Jones). President Noah Daniels has passed the torch to a new generation and our hometown girl is ready for the challenge of leading the nation with everyone's favorite bad boy, Jack Bauer.

## Get Your Tickets

Jones plays the U.S. President on the hit TV drama "24," which stars Kiefer Sutherland and Jon Voight. "24" begins its seventh season in January on the Fox network. The two-time Tony Award-winning actress will appear in Paris on Saturday, April 18, 2009 for four consecutive fundraising events. The activities are centered on "24." One hundred percent of the proceeds will be divided among Lee School Academy for the Arts, Paris-Henry County Arts Council, Friends of the W.G. Rhea Library, the Paris-Henry County Heritage Center and the Downtown Paris Association. The events are sponsored by PARIS!, WENK/WTPR-KF 99/KQ 105, West Tennessee Printing and the Krider Performing Arts Center.

Jones took a break from filming to comment on the challenges of portraying the President, the pace of shooting a television show, and how her hometown helped created her character.

## "24" Newbie

It was not until she was cast in "24" that she began watching the show "to understand the style and thrust of the work." To Jones, who has appeared in *Ocean's Twelve*, *The Village*, *Signs*, *The Perfect Storm*, *The Horse Whisperer*, and other movies, the TV show looks and feels more like a film. She attributes the show's top ratings to the production values, writing and casting choices.

Unlike her work on Broadway, there is no "arc of character building with each scene to the final moments of the play." The writers of "24" intentionally keep the past



Kiefer Sutherland and Cherry Jones



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and future of the characters a secret. Jones admits that she doesn't know if her character will "morph into a bum or stay noble."

## Henry County President?

How much of Paris and Henry County does she bring to the role of President Allison Taylor? Jones said that so far, the script does not specify Taylor's home state, but Henry County is never far from her character. "The origin of this role, and every role I've ever done, began playing in the woods with the Wall kids, my dog Lassie and my sister Susan." She's made President Taylor "pretty tough, but at the same time gracious and always concerned about those around her."

## Inspiration

A number of viewers who

watched Jones' performance in "Redemption," the new season's prequel, noted the actress' likeness to her mother – long-time high school English teacher Joan Jones. "I use a bit of Momma in everything I do. I admire her inherent dignity and use this in the character of President Taylor."

The mere mention of Jones playing the President of the United States makes her mother chuckle because "it's so wonderfully ludicrous," said the actress. Although she has had a lifelong fascination with politics, Jones admitted "having a hard time telling friends with a straight face" that she is "playing this role."

## Window of Opportunity

Although she returns to Paris frequently, the hometown girl is par-

ticularly excited to visit this spring. "Look, fame and celebrity are fleeting, and the thought that I can take this brief window of opportunity to raise money for these five remarkable organizations makes me happy. I always talk with great pride about Paris because I believe in the living spirit of the place."

For more information on the "24" fund-raising events, log on [www.MyParisMagazine.com](http://www.MyParisMagazine.com).



*Arthur Lodge is a retired Presbyterian minister and wordsmith who enjoys politics, real or fictional.*

*Contact him at [www.MyParisMagazine.com](http://www.MyParisMagazine.com).*

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# Warm Winter Fixin's

By Lisa Ciarrocchi

Winter brings thoughts of mom's apple pie and homemade bread, steaming hot from the pan with a blob of butter and homemade strawberry jam. It also brings on the possibility for yet another deer in the freezer.

For most Henry Countians deer hunting is nothing new, but for us Californians, it is still quite exciting. Roger's first deer (actually his second, the first one included a Jeep and no gun) is proudly displayed over the hangar door. Unlike most trophies, it is a doe. A friend said, "You know, it's the buck you are supposed to mount; I have a ten pointer." But Roger doesn't care; it's a beauty.

So I have learned to cook deer now. Our favorite way to eat it is cooked like a steak or fillet, either on the barbeque or the stove, but always marinated in Allegro. We use Original, but the Game Tame may be favorable to some. Marinate at least 24 hours, but 48 is better, turning at least once. Barbeque, pan-fry or broil as desired.

This year we also plan to make jerky with a friend's recipe. He uses one pound coarsely ground pure deer meat (no fat added),

marinated overnight in half a bottle of soy sauce. Place on dehydrator using jerky shooter. Cook for eight hours, or until the meat reaches a jerky consistency.

Those who don't have a deer in the freezer will appreciate the winter favorites below. Double them and use the extra as a delicious three-course dinner box for Helping Hand!

*Lisa*

*Lisa Ciarrocchi and her husband, Roger, own Paris Winery. Email her at [www.ParisWinery.com](http://www.ParisWinery.com)*

## **Cheesy Potato Soup**

1 lb. Velveeta cheese  
10 lbs. potatoes  
1 lb. bacon sautéed & crumbled  
1 onion sautéed in bacon grease

Cook bacon crisp and crumble. Retain the grease and sauté the onion. Boil potatoes in large pot covered in water until just above the potatoes. Do not dump the remaining water. Add to the remaining water Velveeta cheese, sautéed onion and crumbled bacon. Serves a bunch.

## **Easy Coconut & Pecan Cake**

1 cup pecans  
1 box German Chocolate cake mix  
1-8 oz pkg. softened cream cheese  
1 lb. box powdered sugar  
1 cup coconut  
½ cup margarine  
1 tsp. vanilla

Place pecans and coconut in greased 13 X 9 X 2 casserole pan. Prepare cake mix according to directions on package. Pour cake mix over the top of pecans and coconut. Beat cream cheese, margarine, sugar and vanilla until well-blended. Spoon over uncooked batter. Bake at 350 degrees for 45-50 minutes.

## **Chardonnay Artichoke Chicken**

Gail Humphreys won our Tasty Morsel Contest during "Eye Full" of Paris Weekend with this recipe. See if you can make it as tasty as she did!

2 boneless chicken breasts  
1 Tbsp. olive oil  
2 Tbsp. Butter  
4 Tbsp. Paris Winery Chardonnay wine

½ tsp. garlic cloves  
 Salt and pepper  
 4 - 1/8 inch slices of tomato  
 1 jar marinated artichokes  
 4 slices mozzarella cheese  
 2 Tbsp. lemon juice

Slice chicken breasts in half length-wise into cutlets. Salt and pepper cutlets, then dredge in flour. Heat olive oil and one tablespoon of butter in skillet until hot. Brown chicken until cooked through. Remove chicken and keep warm. Add garlic, wine and lemon juice to pan. Simmer until reduced by half. Add 1 Tbsp. of butter and swirl. Place chicken in oven-proof pan. Pour wine sauce over chicken. Chop or slice artichoke hearts and place on top of chicken. Place sliced tomato on chicken followed by sliced cheese. Place in oven and bake or broil until cheese melts. Serves four.



*Gail Humphreys won the "Eye-Full of Paris" weekend Tasty Morsel contest with her Chardonnay Artichoke Chicken.*



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